

August  
2020

Lascassas Baptist Preschool



Hello to all of our returning students and welcome to all of our new students!! We have many great things planned and we know that everyone will have a fantastic year!

We have again been nominated for Favorite Religious Preschool in the DNJ Ruthies Awards! We are in the category called "Entertainment, People, and Places". Be sure to register and then vote for us daily!!!  
[dnj.secondstreetapp.com/Ruthies-2020/](http://dnj.secondstreetapp.com/Ruthies-2020/)  
[www.facebook.com/RuthiesAwards](http://www.facebook.com/RuthiesAwards)

Thanks for the donations we have been receiving all through the summer and now continuing into the fall! You have no idea how helpful that is to our little school. We have a few things that we always like to have extras of listed at the bottom of our newsletter if anyone would like to contribute.



**Add us to your email address book!**

Jenny@LascassasBaptistPreschool.com  
LascassasBaptistPreschool@gmail.com  
Michelle@LascassasBaptistPreschool.com

**Join our text messaging service!**

To receive messages, text @763agcg3c6 to 81010. More info can be found in your Parent Handbook and also online at [www.LascassasBaptistPreschool.com](http://www.LascassasBaptistPreschool.com).

---

**Important Reminders!**

- The Teacher/Family Communication Folder needs to come to school EVERY DAY!!! This is so important, especially since you will not be seeing your child's teacher face-to-face.
- Keep your child's bag FREE from medicines; only non-prescription diaper rash cream and sunscreen are allowed. Also provide diapers/pull-ups and wipes every day if your child isn't potty trained. Remember a full change of clothes in every child's bag every day.
- Your child needs to pack a lunch every day. Lunches from should be USDA ready. You have a reference in your folder of guidelines to follow. Lunches are not refrigerated. Use cool packs and Thermos' when necessary and use a child-sized school lunch box.
- Remember that each lunch should also contain FLUID milk This can be plain white, vanilla, chocolate, strawberry, organic, almond, or soy, but it must be fluid. We need a doctor's note explaining an intolerance or allergy if you don't send milk.
- Tuition is due on the 1<sup>st</sup> and late on the 5<sup>th</sup>, unless otherwise noted. Tuition for this month is due by **Friday, August 14<sup>th</sup>**!

---

**Wish List Items**

Dry erase markers      Mr. Bubbles Foam Soap      Kleenex      Paper plates  
Baby wipes      Coffee filters      Lysol spray      Paper towels

**September Sneak-Peek**

- September 7<sup>th</sup> - LBP Closed - Labor Day

# Lascassas Baptist Preschool Monthly Devotion

Here's a word of encouragement for you!

*"Many are the plans in a person's heart, but it is the LORD's purpose that prevails." Proverbs 19:21*

It was just a sheet of paper hanging on the fridge with a magnet that happened to catch my eye as I was washing dishes. A reminder to come to my daughter's school to watch her present a project on a specific date several months ago, back in April. The date was in my calendar. I had requested to take a few hours off work. I had moved a few things around in order to be there. I had planned. But, as we are all too aware, no one was in school in April. Only certain industries were at work in April. Our plans changed. All of them.

The graduation announcements, wedding invitations, party invitations, school presentation reminders, and anything ranging from the mundane to the life-altering that dangled under the weight of a refrigerator magnet became solemn reminders. Reminders that no matter how painstakingly we plan, nor how we move appointments in our calendars like we're playing a master game of Tetris, it won't necessarily all fit in. And that is really hard for someone like me who likes to plan ahead and be in control.

My calendar is a color-coded digital work of art. I account for things like travel time, painstakingly send invites to anyone else who might need to attend or know where I am during those moments, and find joy in uncovering just the right timeframe to slot a task or activity. But if God laughs when we tell Him our plans, He has certainly found a giant measure of hilarity in my confidence at predicting what my schedule will look like — one week from now, one month from now and even one year from now.

We learn more about this in Proverbs 19:21, which says; "Many are the plans in a person's heart, but it is the LORD's purpose that prevails." It's so easy to get wrapped up in what we want in our hearts, but especially in things that have gone beyond our hearts and onto our schedules — projects we've worked on, event details pored over, job interviews prepped for, reservations booked.

But even when our plans move from our dreams to near-reality without being fulfilled, God will use all this for good. It may seem like upheaval. It may seem unfair. It might seem as if we're living a Chutes and Ladders game-reality where we're sent swirling back to the beginning after nearly claiming victory. But victory can be found in heading back up that slide. In the waiting. In the shifting and redirecting. Because sometimes, as we're sliding down and hitting the bottom, we somehow remember the One who's always waiting to lift us up, help us refocus and prayerfully redirect.

If you find yourself at the bottom of the slide today, I encourage you to seek God's direction and purpose for your next move as you're dusting yourself off and pulling yourself up. The victory He has for us is far sweeter than any combination of plans we could ever pack in our calendars.

*"Going a little farther, he fell with his face to the ground and prayed, 'My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.'" Matthew 26:39*

*Adapted from: [www.crosswalk.com/devotionals/encouragement/encouragement-for-today-july-4-2020.html](http://www.crosswalk.com/devotionals/encouragement/encouragement-for-today-july-4-2020.html)*

## Healthy Recipe of the Month

### Gluten Free Chicken Tenders

*(These are great served cold in lunchboxes!)*

#### Ingredients:

1 pound chicken breasts (3 or 4)	Salt & pepper to taste
2 - 3 cups of almond flour	Paprika to taste
2 eggs lightly beaten	Oregano to taste

Cooking oil (palm preferred)

#### Directions:

Preheat oven to 400 degrees if baking them. Cut chicken breasts in to strips. In a medium size bowl place the eggs lightly beaten. Place a big piece of parchment paper on your counter. Place the almond flour there and add salt and pepper. You can also add paprika and oregano if you like. Dip each strip in the eggs first then dredge in the almond flour mixture. Place on top of parchment paper with some cooking oil and bake for about 20 minutes turning them once half way. If you are frying, heat the oil in a large skillet (medium to high heat). Place your strip a few minutes each side then turn heat to medium and let them cook completely (about 15 minutes).

*Adapted from: [www.creativehealthyfamily.com/perfect-gluten-free-chicken-tenders/?swcfdc=1](http://www.creativehealthyfamily.com/perfect-gluten-free-chicken-tenders/?swcfdc=1)*