



AS SEEN ON



— BY —
HAND & FORK

1617 N. Wheeling Ave.
Muncie, IN 47303

765-896-8717

www.byhandandfork.com

VISIT OUR SOCIAL MEDIA SITES



By Hand & Fork

EGG BREAKFASTS

Served with Toast, options are White, Wheat, Rye, Sourdough or Texas,
(Upgrade to an English Muffin, Multi-grain or Cinnamon Raisin toast for an additional 49¢),
or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

*Substitute Egg Whites - 1.49 extra

ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.49 or make it signature with Honey Bear, PB Lover's,
S'mores or Strawberry & Banana Paradise - 3.99

ADD ONS TO HASH BROWNS:

HILLBILLY: Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

SPICY: Add Onions, Peppers, Jalapeño & Pepperjack - 2.99

***ONE FARM FRESH EGG**

Cooked just the way you like - 6.99

With Sausage Patties or Links - 8.99

With Bacon or Turkey Bacon - 9.49

***TWO FARM FRESH EGGS**

Cooked just the way you like - 7.49

With Sausage Patties or Links - 9.49

With Bacon or Turkey Bacon - 9.99

FOR THE HUNGRIER CROWD

Served with Two Eggs* any style, Toast, options are White, Wheat, Rye, Sourdough or Texas,
(Upgrade to an English Muffin, Multi-grain or Cinnamon Raisin toast for an additional 49¢),
or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

*Substitute Egg Whites - 1.49 extra

ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.49 or make it signature with Honey Bear, PB Lover's,
S'mores or Strawberry & Banana Paradise - 3.99

ADD ONS TO HASH BROWNS:

HILLBILLY: Add Onions, Peppers, Cheddar & Sausage Gravy - 2.99

SPICY: Add Onions, Peppers, Jalapeño & Pepperjack - 2.99

***FILET MIGNON TIPS**

With sautéed onions and
mushrooms - 13.99

***CORNED BEEF HASH**

A taste of Ireland - 9.99

***COUNTRY HAM STEAK**

Oh so good! - 11.99

***AUTHENTIC PORK GYRO MEAT**

No processed meat here.
Properly prepared and seasoned
Greek style - 9.99

***SMOKED SAUSAGE**

Old Southern favorite! - 9.99



***COUNTRY FRIED STEAK**

Covered in sausage gravy - 11.99



***ITALIAN SAUSAGE**

Just like in "the old country" - 9.99

***GRILLED CHICKEN TENDERS**

Juicy, tender goodness - 9.99



***RIBEYE STEAK**

12oz. Choice Ribeye Steak - 20.99

***GRILLED PORK CHOP**

8oz. of pure yumminess - 11.99

***CHOPPED STEAK**

8 oz. Chopped Steak served
how you like it - 10.99

BISCUITS & GRAVY

HALF ORDER - 4.99

FULL ORDER - 6.99

***COMBO**

Bring your appetite with this one! Comes with a full order of Biscuits & Gravy with two eggs
and your choice of two sausage links, one sausage patty or two strips of bacon - 9.99

SKILLET

Topped with two eggs* any style, served with Toast, options are White, Wheat, Rye, Sourdough or Texas, (Upgrade to an English Muffin, Multi-grain, or Cinnamon Raisin toast for an additional 49¢), or Pancakes or French Toast.

*Substitute Egg Whites - 1.49 extra

ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.49 or make it signature with Honey Bear, PB Lover's, S'mores or Strawberry & Banana Paradise - 3.99



***VEGETARIAN SKILLET**

For the veggie lovers out there!
Mushrooms, tomatoes, onions, green peppers and cheddar cheese - 9.99



***SMOKED SAUSAGE SKILLET**

Onions and peppers smothered in mozzarella cheese - 9.99

***CHICKEN FAJITA SKILLET**

With tomatoes, onions, peppers and cheddar cheese! - 10.99

***MEAT LOVER'S SKILLET**

We hope you carnivores are hungry!
Loaded with ham, sausage, bacon and cheddar cheese - 9.99

***CORNED BEEF HASH SKILLET**

An Irish favorite that's topped with onions, peppers and mozzarella cheese- 9.99

***ITALIAN SKILLET**

Italian sausage, mozzarella cheese, onions and green peppers - 9.99

***EGGS IN A SKILLET**

Topped with mozzarella and cheddar cheese - 8.99

***GREEK SKILLET**

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek style with onions, peppers, tomatoes and Feta cheese. Delicious! - 10.99

***COUNTRY FRIED STEAK SKILLET**

Covered in sausage gravy and cheddar cheese - 11.99

EGGS BENEDICTS

Served with Hash Browns or Fresh Fruit.

ADD ONS TO HASH BROWNS:

HILLBILLY: Add Onions, Peppers, Cheddar & Sausage Gravy -2.99

SPICY: Add Onions, Peppers, Jalapeño & Pepperjack - 2.99



***SMOKED SALMON EGGS BENEDICT**

Layered with salmon, spinach and tomato, topped with hollandaise sauce, sprinkled with dill - 13.99

***COUNTRY HAM EGGS BENEDICT**

Traditional style eggs Benedict with a thick slice of country ham topped with hollandaise - 12.99

***SMOKED BBQ BRISKET EGGS BENEDICT**

BBQ brisket layered with sweet corn and topped with BBQ hollandaise sauce - 13.99



***FILET MIGNON EGGS BENEDICT**

Layered with sautéed onion and mushrooms topped with hollandaise sauce - 13.99



***SPINACH, TOMATO, & MOZZARELLA EGGS BENEDICT**

Layered with spinach, tomato and mozzarella topped with hollandaise sauce - 10.99

***FRIED GREEN TOMATO & BACON EGGS BENEDICT**

Layered with fried green tomatoes and bacon, topped with basil balsamic hollandaise sauce - 13.99

***SPICY CHIPOTLE BRISKET EGGS BENEDICT**

Smoked brisket layered with jalapeños and pepper jack cheese, topped with hollandaise sauce - 13.99

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.
+ Prices and items are subject to change.

OMELETTES

All omelettes are served with Toast, options are White, Wheat, Rye, Sourdough or Texas, (Upgrade to an English Muffin, Multi-grain or Cinnamon Raisin toast for an additional 49¢), or Pancakes or French Toast and choice of Hash Browns, Fresh Fruit or Oatmeal.

*Substitute Egg Whites - 1.49 extra

ADD ONS TO PANCAKES or FRENCH TOAST:

Add Fruit Topping - 2.49 or make it signature with Honey Bear, PB Lover's, S'mores, or Strawberry & Banana Paradise - 3.99

ADD ONS TO HASH BROWNS:

HILLBILLY: Add Onions, Peppers, Cheddar & Sausage Gravy -2.99

SPICY: Add Onions, Peppers, Jalapeño & Pepper Jack - 2.99

BY HAND & FORK SPECIALTY INTERNATIONAL OMELETTES



THE ALL-AMERICAN

Filled with decadent hamburger, and American cheese, topped with tomato, pickle, onion and even more decadent hamburger then drizzled with ketchup and mustard! - 10.99



SOUTH OF THE BORDER

Amazing chorizo sausage, pepperjack cheese, onion, and green pepper. Topped with even more chorizo sausage, tomatoes and jalapeños and drizzled with queso blanco - 10.99



LUCK OF THE IRISH

Corned beef with Swiss cheese, topped with even more corned beef, tomato and spinach drizzled with hollandaise - 10.99



THE MEDITERRANEAN

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek-style and feta inside, topped with gyro meat, tomato, red onion and drizzled with traditional Greek tzatziki sauce - 10.99



ROMAN

Seasoned grilled chicken and mozzarella topped with more grilled chicken, tomato and spinach. Drizzled with Alfredo sauce - 10.99



TEXAS BBQ BRISKET

Tender brisket, onions and green peppers and pepper jack topped with more brisket and sweet corn. Drizzled with BBQ sauce - 10.99



TOUR OF ITALY

Succulent Italian sausage, green peppers, onions and mozzarella topped with more Italian sausage, spinach and marinara - 10.99

TRADITIONAL OMELETTES

MEATLOVER'S

Ham, sausage, bacon and American cheese - 9.99

SAUSAGE & CHEESE

Savory sausage with American cheese - 9.99

HAM & CHEESE

Ham with American cheese - 9.99

BACON & CHEESE

Hickory smoked bacon with American cheese - 9.99

HOUSE

Ham, mushrooms, onion, green peppers and American cheese - 9.99

THREE CHEESE

Swiss, American and Cheddar cheese - 9.99

MUSHROOMS & SWISS

Mushrooms with aromatic Swiss cheese - 9.99

SPINACH & FETA

Yummy! - 9.99

VEGETARIAN

Green peppers, onions, tomatoes and mushrooms - 9.99

BUILD YOUR OWN OMELETTE

Start with any three of the following ingredients - 9.99 Then add your favorites for an additional 99¢ each

MEATS

Ham • Sausage • Bacon

VEGETABLES

Tomatoes • Green Peppers
Mushrooms • Spinach
Onions

CHEESE

Swiss • Cheddar • Pepper Jack
Mozzarella • American • Feta

HOT OFF THE GRIDDLE

FRENCH TOAST

PANCAKES

BELGIAN WAFFLE

Served with warm maple syrup - 6.99

With choice of specialty topping - 8.99

Strawberry • Cinnamon Apple • Banana • Blueberry • Pecans

----- OR -----

*With choice of Sausage Patties, or Links - 8.99

*With Bacon, Turkey Bacon, Ham Steak, Corned Beef Hash, Polish Sausage or Italian Sausage - 9.99

BY HAND & FORK SIGNATURE GRIDDLE FEATURES



HONEY BEAR

(For Pancakes, French Toast or Belgium Waffle) Drizzled in honey, sprinkled in pecans and topped with bananas. Dynamite! - 9.99

CARROT CAKE WAFFLE

Yep! You read it right! We mix the batter and put it right into the waffle iron! We serve it along with our Orange Marmalade-Strawberry butter! A definite must have! - 8.99

PEANUT BUTTER LOVER'S

(For Pancakes, French Toast or Belgian Waffle) Layered with creamy peanut butter, drizzled with white and dark chocolate, topped with Reese's Peanut Butter cups! Yummm! - 9.99



STRAWBERRY & BANANA PARADISE

(For Pancakes, French Toast or Belgium Waffle) Loads of strawberries and bananas, layered with cream cheese and drizzled with white and dark chocolate. Delicious! - 9.99



OUR SIGNATURE CHICKEN & WAFFLE

- A BY HAND & FORK FAVORITE - Sweet and spicy cornmeal waffle with an Orange Marmalade Strawberry Butter and hand breaded chicken tenders - 11.99

S'MORES

(For Pancakes, French Toast or Belgium Waffle) Delightful graham cereal drizzled with marshmallow sauce and Hershey's chocolate syrup - 9.99

BREAKFAST SIDE ITEMS

SAUSAGE PATTIES * - 3.99

SAUSAGE LINKS * - 3.99

BACON * - 4.49

TURKEY BACON * - 4.49

ITALIAN SAUSAGE * - 4.49

SMOKED SAUSAGE * - 4.49

HAM STEAK - 4.49

SIDE OF CORNED BEEF HASH - 4.49

SIDE OF SAUSAGE GRAVY - 2.99

1 EGG * (Any Style) - 1.99

2 EGGS * (Any Style) - 2.99

HASH BROWNS - 3.49

FRESH FRUIT CUP - 4.49

BISCUIT - 2.49

RAISIN TOAST - 2.99

MULTI-GRAIN TOAST - 2.99

ENGLISH MUFFIN - 2.99

SIDE OF PANCAKES (2) - 4.49

SIDE OF FRENCH TOAST (1PC.) - 4.49

OLD FASHIONED OATMEAL Bowl - 3.99

OATMEAL WITH TOAST - 4.99

Add Fresh Blueberries, Bananas, Strawberries or Pecans For 99¢ Each

TOAST White, Wheat, Texas, Sourdough Or Rye - 2.49

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.
+ Prices and items are subject to change.

- LUNCH MENU -

STARTERS

QUESADILLAS

CHEESE - 6.99

CHICKEN & CHEESE - with onions, green peppers and tomatoes. Garnished with lettuce, tomato and sour cream - 8.99

FRIED GREEN TOMATOES - 7.99

CHIPS & QUESO - 6.99

BONELESS WINGS

Tender pieces of juicy chicken breasts deep fried and dipped in our Signature BBQ sauce or in a mild Buffalo sauce - 7.99

GRANDE NACHOS

Crisp tortilla chips covered in seasoned taco meat, cheddar cheese, lettuce, tomato and jalapeño - 7.99



SALADS

You may exchange Salad Greens for Spinach for a 99¢ up-charge.

SOUP & SALAD

A bowl of one of our homemade soups and side salad - 7.99

Loaded with Bacon, Egg and Shredded Cheese - 2.49

CHEF SALAD

Mixed greens topped with ham, turkey, red onions, Swiss and American cheese, egg, tomato, cucumber and croutons - 10.99



TACO SALAD

Mixed greens, seasoned taco meat, cheddar cheese, tomato, red onions, topped with chips. Served with sour cream and salsa - 10.99

BBQ CHICKEN SALAD

Mixed greens, marinated grilled or fried chicken tenders, mozzarella cheese, corn, tomatoes, cucumbers, red onions, croutons and crunchy tortilla chips. Salsa and sour cream upon request - 10.99



GREEK SALAD

Mixed greens topped with egg, tomato, cucumber, red onions, feta cheese, Kalamata olives and croutons - 10.99

Add Gyro Meat properly prepared and seasoned Greek-style or Grilled Chicken - 3.99

CHICKEN TENDERS SALAD

Fried or grilled chicken over mixed greens topped with egg, tomato, cucumber, red onions, shredded cheddar cheese and croutons - 10.99

BOWL OF HOMEMADE SOUP

Ask your server for today's Soup of the Day selection.

CHICKEN & RICE • LOADED BAKED POTATO • BEEF VEGETABLE
3.99

SEASONAL CHILI - 4.99

Cheese and onion upon request at no charge.

FRESH FRUIT

FRESH FRUIT PLATE

Assorted fresh seasonal fruit served with cottage cheese and raisin toast - 10.99



LITE & FRESH

Assorted fresh fruit served with cottage cheese and raisin toast and choice of one of the following:
8oz. Chopped Steak • Chicken Salad
Grilled Chicken Tenders - 11.99

INDIVIDUAL SIDE ITEMS

MASHED POTATO & GRAVY

(beef, chicken or country) - 3.49

FRENCH FRIES - 3.49

BUTTERED CORN - 3.49

GREEN BEANS - 3.49

MAC & CHEESE - 4.49

SIDE SALAD - 4.49

(loaded with bacon, egg and cheese) - 2.99

COTTAGE CHEESE - 4.49

APPLESAUCE - 3.49

BOWL OF SOUP - 3.99

SANDWICHES

All Sandwiches, Burgers & Wraps served with Choice of one of the following sides: Soup, Applesauce, Mashed Potato & Gravy, Corn or Green Beans. Lettuce, Tomato, Pickle, Onion upon request.
Substitute for Side Salad - add 2.49 • Cottage Cheese - 1.99 • Cup of Fresh Fruit - 2.49 • Mac & Cheese - 2.49

Make it a Platter and add French Fries - 1.99



GYRO

Authentic pork gyro meat, no processed meat here. Properly prepared and seasoned Greek style, with onion, tomato and Tzatziki sauce...Delicious! - 8.99

BBQ BEEF

Sweet and spicy BBQ sauce tops this low and slow cooked favorite - 7.99

BBQ BEEF BRISKET

Topped with pepperjack served on a sesame bun - 9.99

WILD CAUGHT CATFISH SANDWICH

Best fried catfish around on a sesame bun with tartar sauce - 8.99

CORNER BEEF & SWISS

Succulent corned beef on grilled rye with Swiss - 9.99

CHICKEN TENDERS SANDWICH

Grilled or fried chicken served on a sesame bun - 7.99

CLUB CHICKEN SANDWICH

Chicken tenders, fried or grilled, Swiss cheese and applewood bacon served on a sesame bun - 8.99

CHICKEN SALAD SANDWICH

Served on toasted white bread - 7.99

TURKEY MELT

Roasted turkey slices and ham with scrumptious Swiss cheese on grilled rye - 8.99

B.L.T.

Applewood bacon, crisp lettuce and garden fresh tomato - 7.99

TURKEY B.L.T.

Classic B.L.T. with oven roasted turkey - 8.99



BREADED PORK TENDERLOIN

An Indiana Favorite - 8.99

GRILLED CHEESE

Comforting melted goodness - 6.99

GRILLED BACON & CHEESE

Applewood bacon and American cheese - 7.99

GRILLED HAM & CHEESE

Oven baked ham and American cheese - 7.99

MONTE CRISTO

Oven roasted turkey and succulent ham with Swiss cheese on French toast bread - 8.99

BURGERS

All burgers are charbroiled. Lettuce, tomato, pickle and onion upon request.

***HAMBURGER** - 6.99

***BACON CHEESEBURGER**

Applewood bacon and American cheese - 8.99

***BBQ RANCHER BURGER**

Applewood bacon and aged cheddar with sweet and spicy BBQ...delicious! - 8.99



***CHEESEBURGER** - 7.99

***MUSHROOM & SWISS BURGER**

Flavorful sautéed mushrooms and gooey Swiss - 8.99

***THE RISE & SHINE**

Applewood bacon, fried egg and American cheese - 8.99

WRAPS

MEDITERRANEAN

Grilled chicken, feta, red onions, spinach, salad greens, tomato and Greek dressing - 8.99

ITALIAN WRAP

Grilled chicken, mozzarella cheese, spinach, tomato, red onions, salad greens and Caesar dressing - 8.99

VEGGIE

Mozzarella, mushroom, red onions, spinach, salad greens, green pepper, tomato and Greek dressing - 7.99

MANHATTANS

Served open faced with Mashed Potatoes and Gravy as well as one of the following sides:

Soup, Applesauce, Mashed Potato & Gravy, Corn or Green Beans.

Substitutions: Side Salad - 2.49 • Cottage Cheese - 1.99 • Cup of Fresh Fruit - 2.49 • Mac & Cheese - 2.49

TURKEY - 9.99

BEEF - 9.99

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.
+ Prices and items are subject to change.

STEAKS, CHOPS, FISH, CHICKEN & MORE

All are served with your choice of any two sides unless otherwise noted.
Upgrade side for a Cup of Fresh Fruit or Mac & Cheese - 2.49

*** 12 OZ. RIBEYE** - 20.99

***8OZ. CHOPPED STEAK**
Smothered in onions - 10.99

 ***GREEK PORK CHOPS**
Two 8 oz. chops, flavored from Greece! - 15.99

***CHICKEN TENDERS**

Fried or grilled to perfection - 11.99

WILD CAUGHT FRIED CATFISH DINNER
Best fried catfish around! - 13.99

BREADED PORK TENDERLOIN
Accompanied with brown gravy - 9.99

SENIOR MENU

For our friends 55 and older.

BREAKFAST

***MORNING RISE**

One egg* any style, choice of one pancake or toast, hash browns and choice of two strips of bacon, two sausage links or one sausage patty - 6.99

***1/2 BISCUITS & GRAVY**

Served with one egg* any style - 6.99

***WAFFLE COMBO**

1/2 waffle served with choice of two strips of bacon* or two sausage links - 6.99

LUNCH

Comes with choice of one side.
Upgrade side for a Cup of Fresh Fruit or Mac & Cheese - 2.49

***8OZ. CHOPPED STEAK**
Smothered in onions - 9.99

WILD CAUGHT FRIED CATFISH - 10.99

 **8OZ. GREEK PORK CHOP** - 10.99

***CHICKEN TENDERS**
Fried or grilled to perfection - 8.99

BEVERAGES

^Free Refills

^PEPSI PRODUCTS - 2.79

^ICED TEA - 2.79

^LEMONADE - 2.79

^HOT TEA - 2.59

^COFFEE - 2.59

^HOT CHOCOLATE - 2.59

CAPPUCCINO - 2.59

FRESH SQUEEZED OJ - 4.49

ROOT BEER FLOAT - 3.99

MILK - 2.99

Add Chocolate or Strawberry Flavor - 3.49

• • • Please ask to see our Alcohol menu. • • •

KID'S MENU

Ages 12 and younger.

BREAKFAST

*** 1 EGG ANY STYLE**

With hash browns, two slices of bacon* or two sausage links and one slice of toast - 4.99

***1/2 FRENCH TOAST**

With two slices of bacon* or two sausage links - 4.99

***SILVER DOLLAR PANCAKES**

With two slices of bacon* or two sausage links - 4.99

KID'S BEVERAGES

^Free Refills

^Pepsi Products - 99¢ • ^Iced Tea - 99¢

^Lemonade - 99¢ • ^Hot Chocolate - 99¢

Fresh Squeezed OJ - 3.49

Milk - 1.49 Add Chocolate or Strawberry Flavor - 1.99

LUNCH

Comes with choice of one side.
Side choices are French Fries, Soup, Applesauce, Mashed Potato & Gravy, Corn or Green Beans.
Substitute for Side Salad - add 2.49
Cottage Cheese - 1.99 • Cup of Fresh Fruit - 2.49
Mac & Cheese - 2.49

GRILLED CHEESE - 4.49

***HAMBURGER** - 4.99

***CHEESEBURGER** - 5.49

KRAFT WHITE MAC-N-CHEESE - 4.99

***CHICKEN TENDERS** - 5.99

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risks of foodborne illness.
+ Prices and items are subject to change.