

# HARRISBURG YOUTH ATHLETICS

## SHETLAND BOYS & GIRLS

### 5 and Under LEAGUE RULES: Boys and Girls

Shetland League focuses totally on instruction of beginning players.

#### PLAYING FIELDS

- A. Distance between bases: 50 feet

#### EQUIPMENT

- A. The batter, players in the on-deck batting area, and base runners are required to wear batting helmets.
- B. Each team will be issued 4 batting helmets, 1 dozen baseballs or softballs, batting tee, equipment bag, and a key, which opens the storage shed, lights, and restrooms.
- C. STORAGE BOX: Bases are always kept in storage box. Batting tees will also be kept in fields 2, 3, and 5 storage box.

#### PLAYING RULES

- A. Each player shall play the entire game.
- B. **There will be no three out rule as everyone bats each inning. We will reverse the order of batting every inning. For example, in the first inning, batters 1-7 bat. In the second inning, it will be batters 7-1. This will alternate each inning.**
- C. No bunting is allowed and the batter must take a full swing.
- D. Runners must stay on the base until the ball is hit.
- E. If there is an overthrow, each base runner may advance one base ONLY.
- F. No official score will be kept.
- G. The home team shall occupy the third base dugout.

## PITCHING RULES

The ball shall **NOT** be pitched, but hit off an adjustable batting tee at home plate **ONLY**. Coaches will place ball on the tee and please limit to **FIVE (5)** swings.

## SCHEDULE

- A. Scheduling and re-scheduling of league games shall be the responsibility of HYA. Coaches cannot make changes in schedules without approval of the HYA Board.
- B. Rain date: Supervisors will do all the re-scheduling.
- C. Every effort should be made to **START THE GAMES ON TIME** and end them on time.
- D. Games will last forty-five minutes. No new inning will start after forty-five minutes.

## MANAGERS AND COACHES

- A. Adult coaches may be used in either or both the first and third base coaching boxes, a dugout coach and wherever else needed.
- B. Coaches, when your team is in the field on defense, then you should be out there to help them and teach them the positions.
- C. Coaches, the time between innings is very important. Do everything you can to be organized and to speed the game up
- D. Each coach shall have the players' medical release form on hand for all practices and games.
- E. Each team is responsible for any TRASH in their dugout or general area. So pick up **TRASH after every game and throw away** in trash cans in each dugout.

(Feb. 9, 2020)