

FROM OUR JUICE BAR: All juice is fresh squeezed on premise, no additives or preservatives.

Fresh Squeezed Orange or Grapefruit: 12oz \$6.25 16oz \$8.25

Carrot Juice—made to order as it should be: 12oz \$6.25 16oz \$8.25. 20oz \$10.25 Carrot is the base add any 3 of the following: Kale, cucumber, green apple, parsley, lime, lemon, ginger, garlic, spinach, celery, broccoli, green pepper, cabbage, cauliflower or beets. Each additional after 3 is .50. Add organic wheat grass \$1.25.

Organic Carrot Juice: 12 oz \$7.25 16oz \$9.25 **Green Juice** 12oz \$9.25 16oz \$11.25 a combination of celery and cucumber. **Organic Wheat Grass Shots:** 1oz \$3.50 2oz \$6.25 **Apple Cider Vinegar Shots** 2oz \$1.95

ALL FRUIT SMOOTHIES 16oz \$7.95 Smoothies are made with 100% fruit juice and frozen unsweetened fruit juice.

Green your smoothie: add spinach or kale .50. Omega Size: Flax or Chia Seeds .50 Add a scoop of protein powder, vegan protein powder, hemp powder, Peanut Butter Powder, Acai Powder, Ceremonial Matcha Tea or Organic Microalgae Powder \$1.25 Choice of Milks: 2%, Coconut, Soy, Almond and Oat.

BASHFUL SMOOTHIE- apple juice, & banana with choice of: Strawberry, Blueberry, Peach, Raspberry, Mango & Pineapple.

PINEAPPLE EXPRESS—Pineapple juice with mango and strawberry

JAMAICAN JOY—Papaya Nectar with banana, and raspberries.

MANGO TANGO-Apple juice with peaches, and mango .

BERRY BLUEBERRY-Cranberry juice with banana, blueberry and strawberry.

BERRY YOGURT—Apple juice with banana, strawberry, pineapple, peach and organic Greek yogurt.

PUMPKIN PIE SMOOTHIE—Pumpkin, spices, maple syrup and choice of milk.

ALGAE SHAKE \$8.95 - Organic microalgae powder, banana & choice of milk.

SMOOTHIE BOWLS \$8.95 Thicker than a smoothie with cool toppings and eaten with a spoon.

BLUEBERRY ACAI BOWL-Blueberries, banana, raspberry, Acai powder, & Acai juice blended and topped with blueberries, chia and almonds.

PEANUT BUTTER BOWL—Banana, Peanut Butter & Almond Milk blended and topped with peanut butter, chocolate chips and banana.

TROPICAL SMOOTHIE BOWL—Mango, banana, pineapple & coconut milk blended and topped with strawberry, coconut, pepitas and chia.

AMBROSIA—Apple juice with banana, strawberries and mango.

PEANUT BUTTER CUP—Banana, peanut butter and our own all fruit fudge sauce, with choice of milk.

CARIBBEAN COOLER—Apple juice with banana, strawberries and peach .

CHOCOLATE BANANA—Banana with our own all fruit fudge sauce, & choice of milk.

BANANA TURMERIC—Banana, pineapple, organic turmeric, & choice of milk.

PINK LADY \$8.50—Fresh squeezed pink grapefruit juice, raspberries and strawberries.

MATCHA TEA SHAKE (Shaken not blended)- Organic Protein powder, Organic Match tea, organic Turmeric, fresh ground pepper and (low Cal).

SUNRISE -\$8.50 Fresh Squeezed Grapefruit juice, Mango, & Strawberry .

GREEN SMOOTHIE BOWL—Organic microalgae powder, mango, banana and coconut milk topped with granola, coconut, chia and strawberry.

MANGO TANGO SMOOTHIE BOWL—Banana, mango, & almond milk blended and topped with strawberry, pepitas, almonds & flax.

RAINBOW BOWL Bananas, strawberries, mangos & almond milk blended and topped with strawberry, kiwi, blueberry & banana.

MATCHA TEA SMOOTHIE BOWL —Banana, Matcha tea, coconut milk, pineapple and spinach topped with flaxseed, chia, pepitas & Kiwi.