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YEAR 38 | WEDNESDAY, NOVEMBER 4, 2026 | NO. 43

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Scan the QR code above for the latest news!

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Castro Valley's Ernie Cartwright Turns 100

By Lori Wadhwa & Glen Cartwright
Special to the Forum

Castro Valley resident since 1964Suggested feature draft | For the editor to adapt A century of service, from the Philippines to the classroomOn November 6, Ernest L. Cartwright, known to friends and family as Ernie, will turn 100, marking a century thathas spanned military service in the Philippines, a long career in public education, and a family life rooted in theEast Bay. Cartwright was attending San Jose State and playing college basketball when he was called into the U.S. Army asa young man.

His recollections describe training at Fort Ord and Fort Benning, becoming a second lieutenant,and helping train other soldiers at stateside posts before departing for the Philippines. Before he went overseas,he and Helen married, beginning a partnership that would last 62 years.In the Philippines, Cartwright recalls arriving in Manila and later serving at Camp O'Donnell, the site previouslyused by Japanese forces to imprison survivors of the Bataan Death March.



According to the family's recentinterview, his responsibilities included leading and training Filipino soldiers during the postwar reorganization ofthe Philippine Scouts. He recalls a severe storm that prompted a move of the entire camp, includingapproximately 100–150 prison-

see 100 on page 8

Castro Valley Historic Survey Moves Ahead

CASTRO VALLEY FORUM

A revised 127-page draft of the county's Castro Valley Historic Resources Survey goes before the Alameda County Parks, Recreation and Historical Commission on Thursday, Nov. 5, a step toward identifying older buildings that may qualify for historic listing.

The draft, dated Oct. 29 and prepared by Garavaglia Architecture, organizes Castro Valley's past into 12 themes, from Ohlone settlement and Guillermo Castro's rancho through the poultry era of 1910 to 1970, postwar tract housing and the Cold War years of the Nike missile site near Lake Chabot. The consultant says it addresses the commission's comments on the earlier draft.

The survey builds on a 2008 county survey and extends coverage to 1981. The next step is a reconnaissance survey of properties roughly 45 years old or older, aided by four to six trained volunteers. The team will then shortlist 50 properties and choose 25 for intensive research. The Board of Supervisors approved the contract in May. The consultant's timeline, labeled approximate, shows presentations to the MAC, Planning Commission and Board in 2027 and adoption that fall.

At the Oct. 1 meeting, members discussed the small number of properties slated for intensive study, which the minutes attribute to budget

see SURVEY on page 4

County Drafts Rival to $30 Wage Measure

Special to the Forum

A voter initiative that would raise the minimum wage to $30 an hour in Castro Valley and the rest of unincorporated Alameda County is headed to the March 2028 ballot, and county supervisors are now drafting a competing measure to run alongside it.

The Unincorporated Services Committee voted 2-0 on Oct. 28 to direct County Counsel and the Economic and Civic Development Department to prepare an alternative. Supervisor Nate Miley, who chairs the committee, will also appoint an ad hoc working group to give input. A progress report is due Jan. 27.

The initiative would phase in the $30 wage by employer size: large businesses by 2030, medium by 2035 and small by 2037. It applies only

see WAGE MEASURE on page 2

WEATHER AND YOU:

Significant Rain for November

By Mike Pechner
Special to the Forum

After Election Days light morning rain, a ridge of high pressure moves in for a week of dry, mild weather is in store with mostly light winds .Fantastic outdoor weather for hiking in the East Bay Regional Park system. One of my favorites is Fremont Peak with great views of the entire Central and South Bay. The first significant rain of November could be Veterans Day or the day after. Its too early to say how much but at least .25 to .50" Bayside and over an in the Coast Range where its needed most. The FIRE danger has been greatly reduced by the light rains in October and early November and cool temperatures and light winds. Historically, at least 2" is needed especially in the watershed of the regional parks to put an end to the Fire season. It certainly looks possible that the end of this season could be around mid-month. Looming on the horizon is another round of King Tides for Thanksgiving and Christmas. The National Weather Service says these tides could be, "off the Charts" because of their height above the historic mean sea level measurement. Early estimates, combining the effects of El Niño warming the Pacific and the KELVIN waves adding to the already high KING TIDES, some estimates put high water mark 3 to 6' beyond what we have seen so far. Combine that with a heavy rain event could send Bay waters further inland, inundating areas that have never been covered by tides. Preparation is most important and getting sand bags now to protect property could limit water damage. -30-

WAGE MEASURE

continued from Front page

county-owned and leased property, but the entire county votes on it. If both measures pass, the one with more votes prevails.

A consultant study found about 26,400 private-sector workers and 3,100 businesses, mostly small, in the unincorporated area, where the median wage is about $28.30. The county's own cost could reach $34 million a year because the measure covers public agencies.

Eileen Dalton, the county's economic development director, warned that Castro Valley businesses could simply move. "A lot of people don't know they're in the unincorporated county," she said, noting Hayward and San Leandro would have lower wage floors.

Miley said he was "not advocating for or against" the initiative but called its potential consequences "astronomical." Supervisor Lena Tam supported the alternative and hoped the initiative's backers could join the working group.

One caller said her husband, a chef, believes the measure "is going to crush every restaurant in the area."



Castro Valley Native Completes Navy Basic Training

Castro Valley native, graduated Sept. 24 from Naval Recruit Training Center Command in Great Lakes, Illinois. DeMartini is a 2026 graduate of Castro Valley High School. He is now stationed in Goose Creek, South Carolina, where he is training to become a Machinist's Mate. On completing that course, he will attend the Navy's Nuclear Power School before receiving his assignment to the fleet.

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18639 Lake Chabot Rd,
Castro Valley 94546
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Castro Valley 94552
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4101 Toddika Ln,
Castro Valley 94546
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Castro Valley Native Brings Stories of International Development Home

By Tammy Durston
CASTRO VALLEY FORUM

Daniel Lavin to discuss Peace Corps, USAID and community-driven development at November 3 presentation

As an international volunteer, Daniel Lavin has traveled to some of the world's more remote communities. Daniel is the third speaker in the Castro Valley Arts Foundation Speaker Series, Tuesday, November 3, in the Exhibition Room at the Castro Valley Center for the Arts at 7:00pm. His presentation "Peace Corps, USAID, and Beyond," offers a chance to hear firsthand how international development works in practice—and why lasting progress may depend less on outside solutions than on the priorities and initiative of the people who live there. From rural communities in Africa to small businesses and farming cooperatives around the world, Daniel Lavin has spent much of his career helping people develop the skills and resources to build stronger communities.



PHOTO COURTESY OF CHP

Lavin attended Castro Valley High School before earning a bachelor's degree in political science from the University of California, San Diego. His international development work began with the Peace Corps, where he served in Sierra Leone from 1988 to 1990, specializing in inland valley aquaculture. After returning to the United States, Lavin studied finance and small-business accounting and spent 26 years providing accounting services to businesses and nonprofit organizations in the greater Seattle area. He also continued working internationally, helping coordinate postwar relief efforts and microfinance programs in Sierra Leone before taking on development assignments in Kenya and Ghana.

In 2021, Lavin joined USAID's Farmer-to-Farmer program, teaching financial literacy and business skills to entrepreneurs, farmers and community organizations. Over the next four years, he completed 40 assignments across South America, Central America, the Caribbean, Southeast Asia and Africa. His work included strategic business planning, entrepreneurial training and other areas of financial literacy.

When USAID was defunded in January 2025, Lavin chose to continue his international work independently. He reached out directly to field coordinators from prior assignments, rebuilding existing programs with a community-led focus. His approach encourages students to invest in themselves; establishing their own agenda, coordinating their own logistics and providing for themselves. Rather than assuming that outside experts know what communities need, Lavin's work emphasizes allowing local people to establish their own priorities, determine training schedules, invest in their own development and train others to carry the work forward.

His talk will explore the challenges of sustainable development, the difference between donor-driven and community-driven projects, the role of technology, and alternative approaches to microfinance, including village savings and loan programs. He will also examine the importance of recognizing that good intentions alone do not guarantee successful outcomes.

All tickets are $10 and available at the door. For advanced purchase: cvartsfoundation.org or call 510-889-8961. Wheelchair accessible. Free parking. 19501 Redwood Road, Castro Valley.









The Month of October Tiny Art Display
Castro Valley Library
Come enjoy the Castro Valley Community, Tiny Art Display. We will be showcasing all the Tiny Art in our two lobby display cases and also in the Children's Area. Tiny Art is fun to make and fun to see as well! Paintings, mosaics, clay creations and more

Saturday November 5
EBBC Networking Mixer – November 5th!
Bay Area business owners are invited to join East Bay Business Connection (EBBC) on Thursday, November 5th, from 5:30–7:30 PM at the Castro Valley Moose Lodge, 20835 Rutledge Rd. Meet local business owners, explore member business displays, and make valuable connections! Light hors d'oeuvres will be served. Business owners only. Please RSVP to Marlon Gomez at 510-303-8049 or Aaron Lewis at 510-283-3760. We hope to see you there!

Friday November 6
Ken Seideman Trio to Play at The Bistro
The Ken Seideman Jazz Trio will perform on Friday, Nov. 6, from 8 to 11 p.m. at The Bistro, 1001 B St. in Hayward. No cover charge. The trio plays jazz, rock, blues and reggae. Ken Seideman on piano and synthesizer, Ed Molyneaux on bass and vocals, and Tim Caldwell on drums.

Saturday November 7
Hill and Valley Club Holiday Boutique
The Hill and Valley Club, 1808 B St. in Hayward, will hold its annual scholarship holiday boutique on Saturday, Nov. 7, from 9 a.m. to 2 p.m., featuring jewelry, handmade items, holiday decorations, gift baskets, plants, candy, baked goods, and more, just in time for your holiday shopping. Proceeds pay for scholarships for high school seniors and nursing students. This is an indoor boutique that will be held rain or shine. Plenty of parking available. Cash, checks, and credit/debit cards accepted. For more information, visit: www.hillvalley.club.

Saturday November 11
Veterans Day Ceremony Nov 11
Veterans of Foreign Wars of Castro Valley welcome community to attend ceremony honoring Veterans at Castro Valley Veterans Memorial locate on Castro Valley community Center property off of Quail Avenue. The ceremony will take place on Veterans Day November 11at 11 o'clock. This day was originally known as an Armistice Day and in the United Kingdom it is a remembrance day. Buddy puppies are used as a remembrance of all the soldiers and sailors that perished during World War I. Our featured speaker will be Major Pohan. She is an Iraq war veteran. Please come to Honor our Veteran

Saturday December 5
Castro Valley Women's Club Open House & Poinsettia Sale Saturday, December 5, 9am–1pm · 18330 Redwood Road, Castro Valley Go big this season! Our poinsettias have earned a reputation as the freshest, fullest, and biggest in town, and they're still just $20 each. Stop by the Castro Valley Women's Club to pick up a few for your home, your table, or anyone on your list. Then stay a while to meet and socializ2e with club members and learn about our club's activities. Each plant you take home supports our Castro Valley High School Scholarship Fund. Don't forget to mark your calendar!

Days on the Market Increasing

By Carl Medford, CRS
Special to the Forum

A real estate agent, meeting with a potential seller recently, engaged in a conversation around pricing. The seller was not happy with the agent's recommended list price and stated, "I know what my house is worth – I'm going to list at that price and I know I'll get a seller." Fast forward 6 weeks and, as the agent had predicted, there were not only no offers, but there was also virtually no activity as well.

Homeowners in California have seen dramatic increases averaging 45.7% from Q1 2020 to Q2 2026, according to statistics from NAR (National Association of Realtors). In other words, an average home in an average neighborhood in California that was worth $800,000 in 2020 is now worth an average price of $1,165,600. The average in Alameda County for the same period is slightly higher at 51.9%.

As a result of this surge in values, some homeowners have concluded that prices will continue to rise and homes will be snapped up by buyers in a few days. Unfortunately, that is no longer the case in many corners of the Bay Area.

Prior to May, 2022, the majority of real estate sales followed a predictable pattern: homes would go on the market mid-week, go through a single weekend of open houses with multiple offers pouring in the following Monday or Tuesday. Once rates began to spike upwards, however, things changed dramatically. Home prices continued to rise due to the shortage of available listings, but so did the average Days on the Market (DOM).

While DOMs fluctuate seasonally, overall they are increasing. Nationally, the average DOM in May, 2022 was 21 days. Currently it stands at 40. In Alameda County, the average DOM for the 1,093 homes that sold in September 2021 was 14 days. In September 2026, that DOM had climbed to 23 with a decline in sales to 664.

This is a trend that will not be changing any time soon. It is projected that post-election we may see 2-3 more rate increases before year end. The message here is clear: the quick and easy sales prior to 2022 are gone and now, if a seller wants to beat the numbers, they need to price ahead of the market, not by looking in the rearview mirror. This means pricing realistically lower than previous sales with the understanding that if no offers appear, a price reduction is in order.

Carl Medford is an active licensed Realtor with Keller Williams Advisors and a licensed general contractor.contractor.

continued from Front page 1

At the Oct. 1 meeting, members discussed the small number of properties slated for intensive study, which the minutes attribute to budget constraints, and the importance of including the histories of ordinary residents and working-class communities.

The same meeting takes up the Chouinard Barn on Palomares Road as an action item. In October, Commissioner Linda Willis, the District 4 member, summarized research indicating the barn dates to the 1920s, is built of hand-cut redwood and is tied to the agricultural history of Palomares Canyon.

County staff said the East Bay Regional Park District is leading the effort and that any comments were due by Oct. 13. The commission wrote the district in February 2025 urging it to preserve the barn. No demolition request has been received, staff said, and if one is submitted, the property would return to the commission if the site is identified in a county survey. Commissioners asked that the barn return as an action item so they could discuss their comments before any demolition permit is considered.

On Sept. 3, commissioners voted 7-0 to require more documentation on a request to demolish an agricultural barn at 5198 Proctor Road, which staff linked to the Borloz Farm poultry district, and continued the item. Staff reported Oct. 1 that the planning director approved the demolition after the Historic Preservation Ordinance's 45-day review period expired. Commissioners discussed a 90-day period and special meetings when deadlines fall between regular meetings, and Vice Chair Maximilian Orlando Thomas has the demolition process on Thursday's agenda.

The meeting begins at 3:30 p.m. in Room 160, 224 W. Winton Ave., Hayward, with Zoom access listed on the agenda.

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LIBRARY Castro Valley

November @ Castro Valley Library

On Saturday November 7 at 11 am, in honor of Native American Heritage Month, visit the library for a conversation with artist Kalie Granier and Ohlone Culture Bearers Gloria E. Arellano-Gómez and Monica V. Arellano as they explore the interdisciplinary art project, *Mákkin Mak Wárep*.

These tapestries reconnect Muwekma Ohlone descendants with their ancestral lands. Created using pigments made from lichens on the Djerassi lands, the tapestries will remain on display Saturday, November 7 and Sunday, November 8.



There are many more wonderful programs happening at the library this month, including a genealogy workshop and activities during Thanksgiving break for families.

Visit our website to learn more and register: www.aclibrary.org.

RECENT HOME SALES

Castro Valley

2002 167th Avenue 94578: $410,000 [2 BD - 861 SF - 1961
14682 Darius Way 94578: $598,000 [3 BD - 1,015 SF - 1954
2337 Bentley Court 94546: $940,000 [3 BD - 1,262 SF - 1960
4516 Edwards Lane 94546: $1,008,000 [3 BD - 1,275 SF - 1963
5775 Cold Water Drive 94552: $1,300,000 [3 BD - 1,944 SF - 1967
16982 Hinton Street 94546: $1,301,000 [3 BD - 2,003 SF - 1966
18019 Center Street 94546: $1,550,000 [3 BD - 2,655 SF - 1985
25657 Crestfield Drive 94552: $2,170,000 [3,526 SF - 2000

TOTAL SALES: 8
LOWEST AMOUNT: $410,000 MEDIAN AMOUNT: $1,154,000
HIGHEST AMOUNT: $2,170,000 AVERAGE AMOUNT: $1,159,625

SAN LEANDRO

1253 139th Avenue 94578: $600,000 [3 BD - 1,090 SF - 1947
226 Bristol Boulevard 94577: $660,000 [2 BD - 1,323 SF - 1943
1118 Lucille Street 94577: $719,000 [2 BD - 1,327 SF - 1946
15344 Ruggles Street 94579: $918,000 [3 BD - 1,295 SF - 1955
943 Helen Avenue 94577: $948,000 [3 BD - 1,278 SF - 1926
1051 San Rafael Street 94577: $1,025,000 [2 BD - 1,483 SF - 1950
790 Cary Drive 94577: $1,400,000 [3 BD - 2,015 SF - 1936

TOTAL SALES: 7
LOWEST AMOUNT: $600,000 MEDIAN AMOUNT: $918,000
HIGHEST AMOUNT: $1,400,000 AVERAGE AMOUNT: $895,714

SAN LORENZO

17468 Via Primero 94580: $792,000 [4 BD - 1,288 SF - 1944
518 Shirley Avenue 94541: $810,000 [3 BD - 1,430 SF - 1951
1676 Via Hermana 94580: $919,000 [3 BD - 1,219 SF - 1955

TOTAL SALES: 3
LOWEST AMOUNT: $792,000 MEDIAN AMOUNT: $810,000
HIGHEST AMOUNT: $919,000 AVERAGE AMOUNT : $840,333

HAYWARD

27427 Stoneridge Court #7 94544: $425,000 [2 BD - 1,008 SF - 1984
21062 Gary Drive #118 94546: $475,000 [2 BD - 1,050 SF - 1980
29212 Mission Boulevard 94544: $569,000
18003 Incline Road 94541: $573,000 [2 BD - 1,270 SF - 1973
724 Bluefield Lane 94541: $625,000 [3 BD - 1,647 SF - 1956
23019 Amador Street 94541: $665,000 [3 BD - 1,032 SF - 1950
26673 Huntwood Avenue 94544: $760,000 [3 BD - 1,250 SF - 1954
26604 Calaroga Avenue 94545: $770,000 [3 BD - 1,301 SF - 1956
973 Phillips Way 94541: $778,000 [3 BD - 971 SF - 1951



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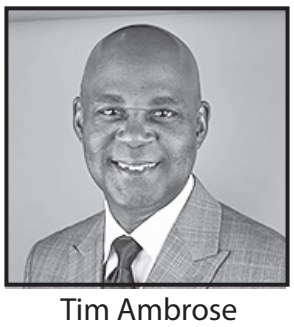
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LEGAL NOTICES

ABANDONMENT FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER. 585900

The following person has abandoned the use of the fictitious business name:
Gourmet Micros,
at 5355 San Simeon Place, Castro Valley Ca 94552, in Alameda County. Full name of registrant is:
Raymond Wong,
at 5355 San Simeon Place, Castro Valley Ca 94552.
The Fictitious Business Name Statement
Gourmet Micros
was filed on 1/25/2022 in the county of Alameda. Original File Number 527512. I declare that all information in this statement is true and correct. (A registrant who declares as true information, which he or she knows to be false, is guilty of a crime).
This statement was filed with the County clerk of Alameda County on: top right stamp date. NOTICE - This fictitious name statement expires five years from the date it was filed on, in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see Section 14400, et seq., B&P Code.) This statement was filed with the County Clerk-Recorder of Alameda County on 10/07/2026
OCT 14, 21, 28, NOV 04, 2026
0391-SLT

FILED August 25 , 2026
MELISSA WILK County Clerk
ALAMEDA COUNTY
By----------, Deputy
FILE NO. 625580

FICTITIOUS BUSINESS NAME STATEMENT
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es):
Boaz Physical Therapy located at 18903 Brickell Way, Castro Valley, CA 94546 Alameda County, is hereby registered by the following owner(s): Renito Rayo located at 18903 Brickell Way, Castro Valley, CA 94546. This business is conducted by An Individual This business commenced 8/17/2026
/s/ Renito Rayo
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 24, 2031

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Finding the What, How, and Why in Relationships

By Ronald Mah
SPECIAL TO THE FORUM



How you respond to ansensical… if not outright outrageous, sabotaging, and destructive or disruptive.

Making choices or behaving so off- "That's a no-brainer." Well, you don't operate with their brain, but with your personality, history, values, and models. And they, theirs. The three simple words: "what, how, and why" lead to understanding and more productive interactions.

Not folding clothes, driving too fast, overeating or drinking, procrastination, forgetting chores… dating one jerk or loser after another, and so forth. The "What" identifies what's problematic. Then there's "How," which identifies the process. How does not folding clothes develop? They dress from the laundry basket, do not do their own laundry, and are distracted by other things. Driving too fast may be poor time management, rushing from being late…or a sense of immortality. Being a serial jerk or loser dater occurs from loneliness and desperation, ignoring the negative cues, thinking that they can fix them, and/or deceiving themselves that this time will be different.

Once the "What" and "How" are identified, the fix can be identified as well. Cut it out. Stop it. If simple enough, recognition might be sufficient to change. Identifying not to replicate behavior might be sufficient. "I'm getting distracted by Instagram or TikTok… again. Stop, finish what you're doing first." "I sense… see jerkiness. Stop dating this dude."

However, some people know exactly what they are doing and how they are doing it and cannot stop. They know they're drawn to or distracted from, but they go ahead anyway. They cringe at what the jerk/loser does, like the last two or three jerk/losers, and even know that they're doing wishful thinking to change and fix… but continue dating the jerk/loser. Knowing it's wrong- a no-brainer. Thus, feeling shame and doom. And behavior continues, UNLESS there's enough awareness, attention, and insight about behavior and the choices behind "Why" they do it.

The Why issues can be personality, family or cultural models, but they could also be deeper issues or needs about self-esteem, stress, trauma, and so forth. Why does the person ignore the cues (much less the warnings of their friends)? There may be something as important and profound as trying to prove oneself worthy from being treated as unimportant and insignificant while growing up. There's a whole lot to that, and it cannot be worked out in this simple article. The "Why" can run deep and be very difficult to work through. However, ignoring or minimizing that often means that dysfunction and problems continue and repeat… sometimes for years… a lifetime. When figuring out the What and the How isn't enough to change (or heal), it may be important to figure out the Why

Road Resurfacing Begins Across Castro Valley

By Michael Singer
CASTRO VALLEY FORUM

Castro Valley residents can expect a series of roadway improvements over the coming weeks, as the Alameda County Public Works Agency (PWA) launched a resurfacing project across several local streets this past Monday.

Construction is expected to continue through the end of May, though officials note the timeline could shift depending on weather and work conditions.

The project will focus on improving road quality along several key corridors, including Redwood Road between Castro Valley Boulevard and Charlene Way. Additional work will take place along the entire length of Columbia Drive, Brecon Court, Independent School Road, Lobert Street, and Tanglewood Drive.

A PWA spokesperson said crews will grind down existing pavement, repair deteriorated sections of roadway, and apply new asphalt. The work is intended to extend the lifespan of the roads and improve overall driving conditions.

To reduce disruptions on heavily traveled routes, work on Redwood Road will occur overnight, between 9 p.m. and 5 a.m. In contrast, construction on the remaining streets will take place during daytime hours, from 8:30 a.m. to 4:30 p.m.

Motorists and residents should prepare for temporary lane closures and traffic control measures. Drivers may encounter delays in work zones. While PWA says it will maintain access to homes, there may be brief periods of restricted entry as crews complete paving operations.

Residents living near the construction areas, particularly along Redwood Road, may also notice increased noise, lighting, and heavy equipment activity during overnight work hours.

Despite the temporary inconveniences, county officials say the project is part of a broader effort to maintain safe and reliable infrastructure throughout the community.

For more information or to report concerns, residents can contact the Alameda County Public Works Agency Construction Hotline at (510) 670-5591 or email info@acpwa.org.







MAPS COURTESY OF ALAMEDA COUNTY PUBLIC WORKS AGENCY

School Board Gives Commissioners, Self a Raise

continued from front page

The increases are in line with state law (Assembly Bill AB 1390), which took effect on January 1. The law allows for an increase in the maximum monthly compensation for school board members to up to five times the current statutory limits.

According to the staff report, the changes are based on a district's average daily attendance and have not been updated since 1984.

While the board collectively said it did not want to negatively impact student funding, each member noted that increasing compensation for meetings would encourage more people to run for a seat on the school board or serve on a commission.

"When I was just a teacher and a single mom with two kids, a compensation of $240 per meeting… I couldn't do it," said Trustee Dolly Adams. "I wouldn't have been able to work my full-time job and then spend that evening time and other events we attend. It would have been impossible. So, I think a higher compensation would work, one, because it's fair… and two, because it allows for more people to be on this board."

In other Board news, the Trustees heard an update on Castro Valley's Welcoming, Inclusive, Equitable, Safe Spaces (WIES) program.

Jaliza Eagles, CVUSD Diversity, Equity, and Inclusion Coordinator, outlined the district's efforts to better engage its Black and Latino student population. Its recent focus has been placed on reflecting on one's cultural lens, recognizing and redressing bias in the system, drawing on students' culture to shape curriculum and instruction, and communicating in linguistically and culturally responsive ways. The program covers all CVUSD elementary, middle, and high school campuses.

School site leaders are learning to engage all students using 16 strategies based on behavioral work pioneered by Sharroky Hollie, who found that some misunderstood student behaviors, such as lack of eye contact, verbal overlap, and high movement, are more rooted in cultural norms than in defiance of school norms.

Eagles added that the district will continue focused training, ongoing teacher support, and help administrators understand what these look like in the classroom.

The CVUSD Board of Trustees is scheduled to meet next on April 22.



PHOTO BY SUTTER HEALTH

Sutter continues to grow its regional footprint in Castro Valley to deliver specialized, compassionate care in a more accessible, community-based setting.

Sutter Focuses on Prevention, Early Detection

continued from front page

ceiving care close to home can significantly ease the burden on patients and their families.

A key feature of the new facility is its integrated care model. By housing heart and cancer specialists in the same location, providers can collaborate more closely on patient care, leading to more coordinated treatment plans and potentially better outcomes.

Dr. Rob Nordgren, chief medical officer for Sutter's Greater San Francisco and East Bay Division, said the center represents a shift toward a more comprehensive, patient-focused approach. He emphasized the importance of combining advanced diagnostics, modern technology, and a whole-person view of health to guide treatment decisions.

The center also works closely with nearby Eden Medical Center, helping ensure continuity of care from diagnosis through treatment and follow-up.

For cardiology patients, the facility emphasizes prevention and early detection. Physicians say that by identifying cardiovascular risks earlier, often before symptoms develop, they can help patients make lifestyle changes and receive treatment sooner, potentially avoiding more serious complications.

Cancer patients may also benefit from the center's location. Receiving oncology care locally can reduce travel time and stress, especially for those undergoing frequent treatments. Doctors say this convenience can improve both the patient experience and overall care coordination.

Healthcare leaders credited the project's success to collaboration among physicians, nurses, staff, and community partners. They say the new center is part of a larger plan to expand services throughout the East Bay.

County floats $3 million unincorporated housing fund

Supervisor Nate Miley's office is pitching a dedicated housing trust fund for unincorporated Alameda County, and the proposal reaches the Fairview Municipal Advisory Council on Nov. 5 at the Castro Valley Library.

The fund would acquire and rehabilitate small rental buildings of two to 40 units, unsubsidized affordable housing and mobile home parks before they are lost to speculative sale, with community land trusts and housing cooperatives prioritized as developers. It would contribute $150,000 to $200,000 per unit and be managed by the county's Housing and Community Development Department.

The proposal was developed by District 4 and My Eden Voice with support from the Partnership for the Bay's Future. Its brief says the urban unincorporated area, home to more than 150,000 residents, would be the county's fourth-largest city if incorporated but has no dedicated housing resources. The area's Measure A1 bond allocation is exhausted, and federal block grants cannot fund flexible acquisition.

More than 45 percent of unincorporated residents rent. The brief says the area has the county's highest overcrowding rates and cites a 2023 report finding one in three renters living below habitability standards. In Fairview, 38 percent of renters are cost-burdened.

The recommended seed money is $3 million: $2 million a year in additional Measure W allocations through 2030, plus $1 million from a Local Housing Trust Fund allocation that is pending renewal. For a permanent source, the presentation lists options from the county's adopted housing plan: a parcel tax, a half-cent sales tax, a countywide bond or an inclusionary housing fee.

The roadshow was scheduled to start at the Castro Valley MAC on Oct. 19. After Fairview, it goes to the Eden Area MAC on Nov. 12, the HCD Advisory Committee on Nov. 18 and the Board's Unincorporated Services Committee on Dec. 2. A full research paper is due in November.

Sheriff to Present Taser, Body Cam Renewal Nov. 5

The Alameda County Sheriff's Office will present two technology proposals to the Fairview Municipal Advisory Council on Nov. 5 at the Castro Valley Library: an early five-year renewal of its Axon contract and plans to seek bids for a Real Time Information Center.

The Axon renewal, presented by Capt. Dan Brodie, would upgrade deputies from Taser 7 to Taser 10, which has a 45-foot range and up to 10 individually targeted probes. It adds in-car video, body camera livestreaming that deputies or supervisors can activate during contentious encounters, real-time two-way translation through body cameras, and Draft One, an AI tool that drafts report narratives from recorded audio. The slides say deputies must review and approve every narrative, and Draft One deployment would be phased through August to allow policy development and training.

The package also includes a Fusus real-time information platform with "community camera integration," AI-assisted 911 call-taking and dispatch, a policy chatbot for deputies, and a jump in third-party data storage from 37 to 130 terabytes.

The current contract runs through August 2027. The Sheriff's Office says renewing in 2026 locks in current pricing, cutting the projected five-year cost by about 21.5 percent, with no payment due until August 2027. No dollar figure appears in the presentation.

The slides state that license plate recognition built into the in-car cameras "will remain disabled." A separate item, presented by Sgt. Fenton Culley, covers the office's intent to issue a request for proposals for the Real Time Information Center, which the agenda says includes automated license plate readers, pan-tilt-zoom cameras and a drone first responder program. No attachment was posted for that item.

Both are informational; the council will take comment but not vote. The Axon presentation repeats at the Eden Area MAC on Nov. 12

Back to Baseball?

By Thomas Lorentzen
SPECIAL TO THE FORUM

With the World Series now over, the baseball season hibernates for the winter. As 2027 enters in a couple of months, it will spring another season for all to experience. We call baseball "America's Favorite Pastime." It is part of the heart and soul of our country's past, present, and future. When we hear umpires shout "play ball," we know we have returned to play and watch a sport of hope upon the "fields of dreams" that cover our nation. Its importance is because it is a uniquely American sport – born and ripened upon the vines of everyday communities. It also reflects the moods and motions within us. Times and tensions often test us as individuals, as well as our society. Baseball was born as a game. The game became part of who we are as a people and a nation.

As a seasoned person, I reflect upon a time when big league baseball maintained a balance with the business it became. With the passage of decades, its popularity graduated into a form of industrialism. My last attendance at a "big league" game left me empty of interest. I saw little baseball being played. Instead, I saw the size of money had seized the game. Science, mathematics, and money were what mattered most. There were no hitting singles to get on base. No base stealing if you got on base. There was no bunting to advance a runner from one base to another base. With quietude, I wondered where the game had gone. It gave the feeling of mass entertainment. It felt industrial. I felt uncomfortable.



This year, however, a friend tipped me off on something that was happening to challenge the opulent orthodoxy of the game. There was a team that was hitting to get on base. They would try to steal a base if possible. They were bunting to forward a runner. They were not one of the opulent teams of industry. They were a team of players playing the game it once had been. They were playing according to the roots of the game – not to the tunes of industry and mass production. With hope, I started to pay attention. The team was from one of the smaller franchises – the Milwaukee Brewers. They were playing old fashioned baseball. They were also winning. They continued winning. Eventually, they won the 2026 World Series.

The victory of the Brewers upset the plans of the rich and the powerful that dominated the Major Leagues. For baseball fans with the religion of the sport in their souls, we watched David beat the Goliaths. Baseball was back on the field. A bleacher team beat the box seat teams. A good feeling emerged among many of us. Hope does "spring eternal" within us. Given this rediscovery, I wonder if the individuals we call our "leaders" of industry and democracy can find a way to play ball again upon the fields of dreams of our nation. If not, let them try baseball for a change. They might discover something of value.

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101 continued from Front page 1

from Japanese soldiers in the hills who apparently had not learned the war had ended. These are his personalrecollections; the prisoners' nationality, exact dates and unit designations await confirmation. After his Army service, Cartwright joined the reserves and returned to San Jose State to complete his degree.Helen supported them while working as a clothing buyer for Hale's department store. He began teaching eighthgrade at Bret Harte Junior High School in Hayward in 1950 and earned a master's degree at Stanford Universitywhile working evenings and weekends. His years in education included teaching and school leadership at Bret Harte, Strobridge Junior High, WintonJunior High and Markham Elementary. He served as principal at Strobridge from 1962 to 1978 and retired fromeducation in June 1984. Generations of Hayward-area students knew him as a teacher and principal.Ernest and Helen moved from Hayward to Castro Valley in 1964, and he continues to live in the same home. Theyraised two children, Glen and Lori, who attended Canyon High School and Castro Valley High School,respectively. Helen died in 2006 after 62 years of marriage. His children remember a quiet man who rarely spoke about his own accomplishments. Glen recalls asking hisfather, when he was young, how he approached his work as a school principal. Ernest said he hoped he had beenfair to everyone. Glen remembers another lesson from childhood: after he proudly told Dad how decisively hehad beaten a neighborhood friend in a street baseball game, Ernest reminded him that he did not need to brag—people would see what he could do. Lori recalls that her father carried a similar saying in his wallet for years,about letting accomplishments speak for themselves.Ernest's quiet, friendly nature has earned him the respect and affection of colleagues, friends, and those whohave known him throughout the years. Never one to seek recognition, he has always believed in treating othersfairly and letting his actions speak for themselves. On November 6, his family will celebrate his 100th birthday.Family background for editorial use • Ernest L. Cartwright • 100th birthday, November 6, 2026Quick facts for the newsroom• Full name: Ernest L. Cartwright (known as Ernie); born November 6, 1926; turns 100 November 6, 2026.• Early life: San Jose area; attended San Jose State and played basketball before Army service.• Army: second lieutenant; stateside training at Fort Ord, Fort Benning and posts in Utah and Montana (familyinterview).• Philippines: Manila and Camp O'Donnell; training/command responsibilities involving Filipino troops (familyinterview).• Education: Bret Harte Jr. High teacher, 1950–55; Strobridge vice principal beginning 1955; Strobridgeprincipal, 1962–78; Winton principal beginning 1978; Markham Elementary principal, 1979–84; retired June1984.• Family: wife Helen (married 62 years; died 2006); children Glen and Lori; Castro Valley resident and same-home homeowner since 1964.EDITORIAL NOTES & PHOTO PLANFor Mike and the Castro Valley Forum • Please treat the family interview as the source for Ernest's personalrecollections. Enclosed photographs: Recent photo, military photos, and Strobridge/career photos topick from. Historical research reference — not evidence of Ernest's individual postingPhilippine Scouts Heritage Society, "The Post-WWII Philippine Scouts": http

ATHLETES OF THE WEEK



The CVSC Boys U12 Yellow Team made a thrilling run at the Creek Cup Oktoberfest Tournament! After a scoreless championship match, it all came down to a penalty shootout, where CVSC delivered a decisive 4-1 victory! An incredible display of teamwork, resilience, and determination.

Top row, from left to right: assistant coach Attram Ako-Adjei, assistant coach Ramy Ugarte, Teoman Yalcin, Matthew Chlebinski, head coach Gabe Morfin, Marcus Tibbets, Sufiyan Raoufi, Chit Wan Jayden Hui Bottom row, from left to right: Abraham Contreras Ochoa, Silas Naidu, Noah Ali, Miles Ako-Adjei, Noah Ugarte, Nicholas Lum, Matteo Espinoza Santoyo, Maverick Marquez-Estes


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