

FIRST AID Written Exam (2020 ECC Guidelines)

Training Center: Health Solutions of Idaho, LLC Location: Boise, Idaho

Name: _____ Date: _____

1. List three situations in which you should always call 911.

2. List three of the four actions that you must follow to have protection from civil liability under the Good Samaritan Law.

3. Where should you look for medical identification jewelry?

4. When providing FIRST AID and there is blood and bodily fluids, make sure you are wearing PPE. List three PPE items that would protect you from bloodborne pathogens or bodily fluids.

5. List the four steps in conducting a FIRST AID assessment.

6. What are the first three treatment steps for when someone is bleeding?

7. How far above a bleeding injury should you place a tourniquet?

8. When someone has a nose bleed, they should tilt their head backwards.

Circle: *YES or NO*

9. When someone has an impaled object located in any part of their body, should you remove the object?

Circle: *YES or NO*

10. List four ways you can help someone who is going into shock.

11. If the scene is *safe*, the injured person is responsive and has a suspected head, neck, or spinal injury, should you move the injured person?

Circle: *YES* or *NO*

12. What are four signs of someone who has a broken bone?

13. What is the best way to cool a first-degree burn?

14. When dealing with a victim that has an eye injury of any sort, do you cover just the injured eye or both eyes? Why or why not?

15. What are the signs of a person who is having a diabetic emergency?

16. When should you call 911 for someone who is having a diabetic emergency?

17. What should the treatment be for someone who is having a seizure?

18. Should you ever put anything in someone's mouth that is having a seizure?

Circle: *YES* or *NO*

19. What are four signs of someone who is having a severe allergic reaction?

20. Would you ever apply a second EpiPen dose to a person who is having a severe allergic reaction? If so, why?

21. List three warning signs of someone who is having a heart attack.

22. List three warning signs of someone who is having a stroke.

23. When should Naloxone or Narcan be used?

24. What is the treatment for someone who has heat exhaustion or heat stroke?

25. What are four signs of someone who is in hypothermia?

26. Should you rub or use friction to warm up any body part that has frostbite?

Circle: *YES or NO*

27. Should you suck out the venom or cut and bleed out the venom of any snake bite?

Circle: *YES or NO*

28. What are four signs of a poisonous spider bite?

29. If a person is stung by a bee and the stinger is still present, how should you remove the stinger?

30. If there is a child victim present, who is NOT injured and can be moved farther from a traumatic situation, should you move them? Why?

31. List four warning signs of child abuse.

32. Are childcare providers required to report child abuse?

Circle: *YES or NO*

33. When performing first aid with a child and the injury is a first-degree burn, what do you need to be cautious of when cooling the burn on a child?

34. What are four signs that a child has swallowed or been exposed to something poisonous?

35. What is the phone number for the Poison Control Center? _____