

### **LGBT-Q Resources**

#### **AA Group**

St. Anne's Episcopal Church, 419 Woodland Street

- o Free to Be Group- Meeting time: 6:30 p.m. on Wednesdays

#### **The Tennessee Vals Support Group**

Nashville, TN; Confidential Address

- o Support group for transgendered community (meets 2nd Saturday of month)
- o Advocacy and education about transgender persons to the community
- o Social Activities (Val's Night Out-3rd Saturday of month)

Contact (615) 664-6883 for more information.

### **Nashville CARES**

(633 Thompson Lane, Nashville, TN, 37204; Monday-Friday 9:00 a.m.-5:00 p.m.)

Services offered:

- o Educational Programs
- o Counseling
- o HIV Prevention
- o LGBT Outreach
- o Support Groups
- o Food and Nutrition Programs
- o MTA Bus Passes and Gas Cards
- o Short-Term Bill Assistance (based on qualification)

Contact (615) 259-4866 for more information.

### **My House**

(442 Metroplex Drive, Bldg D, Nashville, TN, 37211)

Services offered:

- o Pre-Exposure Medication Administration
- o HIV Testing
- o Comprehensive Health Care Treatment
- o Educational Programs

Contact (615-499-7502.

### **Vanderbilt University Medical Center**

- o Trans Buddy Program offers help scheduling appointments and accessing care.

Contact (615) 936-3879 for more information.

## **Winter Shelter Information (Nov. 1-March 31)**

### **Launch Pad (18-24 years)**

Location varies

Use website [www.nashvillelaunchpad.com](http://www.nashvillelaunchpad.com) to reserve bed.

### **Oasis Winter Shelter (18-24 years old)**

1704 Charlotte Ave. Ste. 200, Nashville, TN 37202; 9 p.m.-8 a.m.)

Contact (615) 327-4455.

### **Room in The Inn (Women/Men)**

705 Drexel St., Nashville, TN 37203

o Shelter for Men- arrive daily by 5:15 p.m.

o Shelter for Women- arrive daily by 2:30 p.m.

Contact (615) 251-7019 for more information.

### **Nashville Rescue Mission (Women)**

1716 Rosa L. Parks Blvd., Nashville, TN 37208

o New guests may arrive at any time; otherwise check-in is from 3:00-6:30 p.m.

Contact (615) 312-1574 for more information.