

WEEKEND WEATHER
RAINY Occasional showers this weekend
 HIGHS: 55-60
 0 10 20 30 40 50 60 70 80 90 100 110
 LOWS: 45-50

FRIDAY

SATURDAY

SUNDAY

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 30 • NO. 13

THURSDAY, MARCH 26, 2020

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Wilson Elementary School Principal Virginia Quock carries lunches to an awaiting car as Joanne Clark assists at one of the school lunch distribution centers at John Muir Middle School.

Families Snapping Up School Lunches

By Jim Knowles
San Leandro Times

School's out but lunch is still on. San Leandro school employees handed out bag lunches as fast as the cars pull up at three sites around town – San Leandro High, John Muir Middle School, and Monroe Elementary.

The lunch program started last week with the beginning of the school shutdown to assure that kids who rely on their school lunch get their meals.

At John Muir, they're passing out around 400 meals per day, said Muir cafeteria manager Theresa Pond.

Pond was fast at work on Monday, along

with other school district employees, trying to keep up with the flow of cars driving into the Muir parking lot to pick up lunches.

Wilson Elementary School Principal Virginia Quock handed the lunches through the window of each car driving up, along with Joanne Clark who works at the school

see LUNCH, page 12

BART Cuts Back Hours: Closing 9 p.m.

Ridership plummets amid coronavirus shut down

BART took swift action this week to reduce operating costs as ridership levels have declined by 90 percent as a result of the COVID-19 pandemic and shelter-in-place orders.

After an exhaustive review of ridership and train car loads, the transit agency is making the following changes in hours of operation until further notice:

- Beginning this past Monday, BART began providing weekday service from 5 a.m. to 9 p.m., instead of ending service at midnight, but the frequency of trains will remain the same.

- Starting this Saturday, March 28, weekend service will be from 8 a.m. to 9 p.m.

All riders must be in the system by 8:45 p.m. to have a guaranteed ride to their destination.

BART will monitor ridership data each day to determine how long these service hours will be in effect.

Data-Based Decision

Ridership after 9 p.m. has dropped substantially and now represents only 3 percent of total daily ridership.

BART officials say closing early is a better option than running less frequently or running shorter trains after 9 p.m. because the system will be able to save money by reassigning some of its staff to other projects.

"We are taking a data-driven

approach to these decisions to ensure as few people as possible are impacted," BART General Manager Bob Powers stated.

see BART, page 12

County Sees Its First Death from Coronavirus

By Michael Singer
San Leandro Times

One person has died, and 112 people are confirmed infected with the coronavirus in Alameda County, health officials reported Monday as more efforts are being taken to screen those at risk.

The Alameda County Public Health Department's website (<http://www.acphd.org/>) notes the person, who had been hospitalized, was elderly and had underlying conditions that placed them at greater risk of serious illness. The person likely contracted the virus through community-acquired transmission, a health official said.

The number of reported cases does not include Berkeley, which

see CORONAVIRUS, page 3

Publisher's Statement

The San Leandro Times is operating under reduced circumstances due to a shortfall in advertising revenue. For the past several years, EastBay Publishing Corporation has made no profit from the Times or the Castro Valley Forum. We are going to do our best to continue publishing both newspapers weekly with a smaller staff. Any financial donations, no matter the size, will help keep us going, but keep in mind that they are not tax-deductible.

Because of the cutbacks, you might not receive a copy of the Times by home delivery, but you will be able to find a PDF version at sanleandrotimes.com. In addition, print copies of both newspapers will be available from the rack at the Times' office at 2060 Washington Ave. in San Leandro while supplies last.

—Fred Zehnder, Publisher

Farmers' Market To Enact Precautions

The seasonal opening of the Downtown San Leandro Farmers' Market has been delayed for two weeks due to the shelter-in-place order.

The market will open on Wednesday, April 8, its usual hours of 4 p.m. to 8 p.m., at Parrott St. and East 14th Street.

The Pacific Coast Farmers' Market Association (PCFMA) will be practicing health safety precautions during this time to create a safer environment. So there will be no food sampling, no musical entertainment, no public seating.

As many items as possible will be pre-bagged for grab-n-go. Farmers and producers are encouraged to bring hand-washing stations and wear gloves.

There will also be increased space between vendors' stalls for additional safety.

Customers are encouraged to thoroughly wash all fresh fruits and vegetables and practice social distancing.

Wash your hands thoroughly and see MARKET, page 4

INSIDE YOUR TIMES

NEWS

Shutdown keeps DJ out of work.

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CRIME

Woman hijacked in Safeway parking lot.

Page 3

TRANSIT

AC Transit cancels fares during emergency.

Page 10

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MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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Alameda County Women's Hall Of Fame

Thirteen local women representing the region's rich diversity as well as a remarkable range of achievement have been selected to be inducted into the Alameda County Women's Hall of Fame.

The 2020 inductees are:

- Business and Professions: Reign Free
- Community Service: Candi Thornton-McCreary
- Culture & Arts: Judith Smith
- Education: Susan A. Cota, Ed.D.
- Emerging Leader: Nazineen Kandahari
- Environment: Fatemeh Shirazi, Ph.D.
- Health: Cynthia Carey-Grant
- Justice: Sonya L. Smallets
- Non-Traditional Careers: Jean Bjork
- Philanthropy: Nicole Kyauk
- Science, Technology, Engineering: Rashim Mogha
- Sports & Athletics: Teri McKeever
- Youth: Valeria Cruz

Due to the impact of the coronavirus pandemic, the 27th Annual Women's Hall of Fame Luncheon and Awards Ceremony has been postponed until the fall.

The program is co-sponsored by the Alameda County Board of Supervisors and the County's Commission on the Status of Women and raises funds to support important local partners serving women and families in Alameda County.

For more information on the Alameda County Women's Hall of Fame and the 2020 inductees, please visit whof.acgov.org.

Exchange Student Program Looking for Host Families

The Pro-American Educational and Cultural Exchange is still in need of local volunteer host families for foreign exchange students.

Students have their own spending money and are fully insured. They will attend local high schools in order to learn

more about American culture, make friends, participate in sports and student activities, volunteer in the community, become a lasting member of your family and community.

To host or for more information, call 800-377-2239 or visit www.peace-inc.org.

Shutdown Makes for Slow Times For DJ Streak of San Leandro

By Jim Knowles
San Leandro Times

The shutdown is the pits for show business.

One San Leandro DJ has been completely shut down.

Manual Llanes of San Leandro, who goes by DJ Streak on stage, has lost all of his bookings for the foreseeable future.

"It's terrible," Llanes said. "I make a living as a DJ. It pays my bills."

All of the shows Llanes had lined up for the next couple of months were nixed.

"All the way through April and Cinco de Mayo, everything's canceled," he said.

Llanes works half the time on land, and half at sea on cruise ships, alternating a month at a time.

And you know how it's going for the cruise ship industry these days. Business is deadlier than the Titanic.

Llanes said he would work on cruise ships out of Miami through the Caribbean, but it's all shut down now.

As a DJ, Llanes is self-employed, so he can't get unemployment.

"I'm just living on a little savings for now," Llanes said.

Llanes' website (www.djstreak.com) has some samples



Manual Llanes, known as DJ Streak, was in demand and working constantly as a DJ until this month when all his jobs were canceled due to the coronavirus shutdown.

of him in action.

The site proclaims, "DJ Streak brings pure excitement behind the DJ Console along with the contagious energy and a microphone as his magic wand."



PHOTO BY JIM KNOWLES

Manual Llanes, aka DJ Streak, waited for his order by Nation's in downtown San Leandro last week.

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82-Year-Old Recounts Harrowing Ordeal

By Jim Knowles
San Leandro Times

Michiko Kusano was just going to Safeway to buy groceries on Monday, March 16, but the day turned out differently.

Kusano pulled into the parking lot of the Bancroft Avenue Safeway at about 10:30 in the morning. But before she could get out of the car, a man opened the door, pushed her out of the way and got behind the wheel. A woman got in the back seat, right behind her.

"He said, 'How much money is in your wallet?'" recalls the 82 year old. "I was scared."

She said the man was big and looked mean, and the woman was big, too. The man asked her about her credit cards and told her to call her phone number for some reason.

The man started to drive her car, putting paper on his hands so he wasn't touching the steering wheel, Kusano said.

Kusano asked the man his name and who he was.

"He said, 'Mike,' and he said

"He said, how much money is in your wallet?"

— 82-year-old Michiko Kusano

he worked in real estate," Kusano said. She told him to stop but he kept driving.

Kusano had a Union Bank card and the man drove to the Union Bank at East 14th and Davis streets. He told her to go in the bank and take out \$20,000, Kusano said.

She went in and asked for the \$20,000. The teller wouldn't give her that much but gave her \$5,000 in an envelope.

Kusano said she followed the man's instructions because she was afraid something would happen to her if she didn't.

"He told me that if they ask anything, 'Just say it's a personal matter, don't say anything else,'" she said.

When she got back to the car, the man told her to put the money in the glove compartment. He didn't touch it.

"Then he drove to the Union Bank on B Street in Hayward," Kusano said.

It was the same routine in Hayward but Kusano said the teller asked why she was coming in

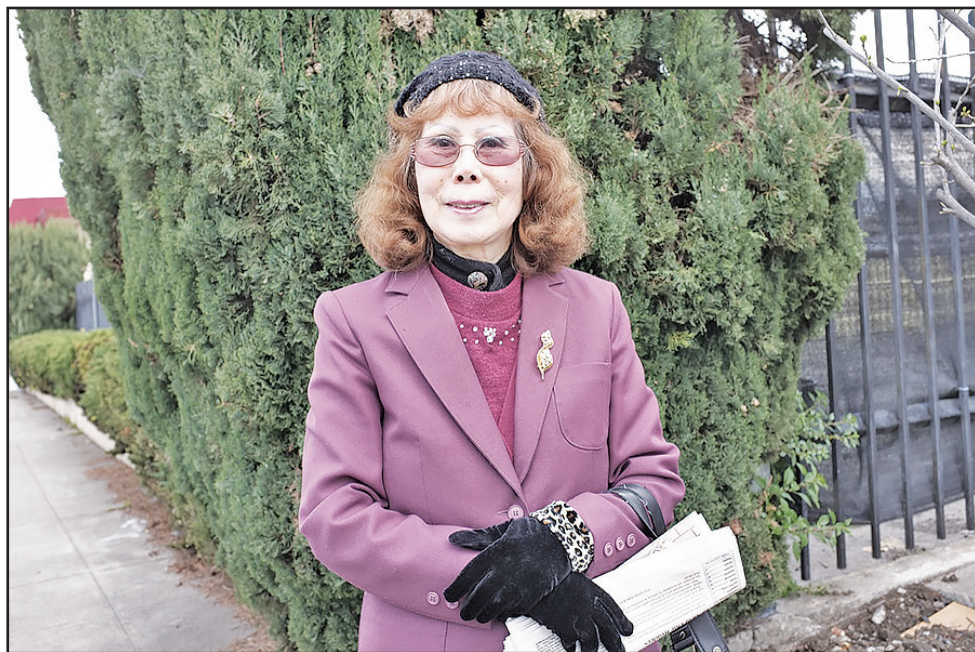


PHOTO BY JIM KNOWLES

Michiko Kusano never expected her trip the the grocery store would turn out the way it did.

for a withdraw for a second time.

"It's a personal matter," she replied, following instructions.

Next they headed for the Union Bank in Pleasanton.

"I asked him, 'How do you know where all the Union Banks are?'" Kusano said. "He said, 'My wife used to work at Union Bank.'"

At the Pleasanton Union Bank, Kusano said they asked for her identification and took a long time. Again she said it was a personal matter.

They had one more stop, the Union Bank in Danville.

"He knew exactly where the bank was," Kusano said.

Another \$5,000 brought the total in the glove compartment to \$20,000.

Kusano noticed that the man parked far out in the parking lot where the bank's cameras wouldn't record him.

"He said, 'Why did you take so long?'" she said. "He looked so mean. I didn't know if he had a gun or a knife."

They drove back to where it all began, the Bancroft Safeway,

where the woman in the back seat told Kusano to put all the money

in a plastic bag and give it to her.

The couple got out and walked away, in opposite directions, talking on their cell phones.

"I looked around the corner and they were gone," Kusano said.

Kusano called 911 and the police came. She said the policeman said, "You're number three," meaning the third person this has happened to.

Meanwhile, Kusano is looking into whether her homeowner's insurance will cover the loss. It's something that's hard to

get out your mind.

"I can't sleep," she said.

Since then, Kusano has gone to the downtown Safeway instead. Because of the lines, she goes when they have hours for seniors.

"I went today (Tuesday), because it's senior day," she said.

City to Update Website for Emergency

The City of San Leandro will be posting COVID-19 updates on its website, www.sanleandro.org, resources to help get through the emergency, said City Manager Jeff Kay.

Coronavirus: Stay at home, social distancing

continued from front page

currently stands at 10 people infected. Last week, Alameda County reported 45 confirmed positive cases.

Health officials continue to urge the public to follow the everyday preventive actions to help curtail the spread of virus by staying home, not touching your face, practicing social distancing, cleaning and disinfecting frequently touched surfaces and objects, and covering a cough or sneeze with a tissue which should then be thrown in the trash.

This week, the Hayward Fire Department opened a screening station at the city's fire station at 28270 Huntwood Avenue. The free testing can handle up to 370 tests a day.

People were lined up in their cars and on foot in a nearby park as early as 6 a.m. Monday. The tests are set up for those displaying symptoms, first-responders, and health care workers with recent suspected exposures to the coronavirus.

Results are expected anywhere between 6 to 24 hours. Hayward officials said they purchased the tests from Avelino

Labs in Menlo Park.

The Alameda County Public Health Department says it supports Hayward's screening site and will work with them to expand access to testing in other parts of the county.

Rep. Eric Swalwell said his office will be collecting N-95 masks from those in his district who have them in bulk – building contractors, etc. – for redistribution to local health care facilities. The congressman made the statement during a virtual town hall where he also underscored the importance of making coronavirus tests available to all Americans as soon as possible.

Swalwell announced he will hold a Facebook Live town hall for 15th Congressional District residents on Thursday, March 26 with special guest Dr. Stephen Lockhart, Chief Medical Officer of Sutter Health, to discuss the next steps for combatting the COVID-19 outbreak.

The Facebook Live town hall will take place at 1:30 p.m. Pacific Time. The town hall is free and will be archived on the Congressman's official Facebook page.

Short updates will also be provided on the city radio station 1610 AM. The city's TV station, (Channel 99 on AT&T, and Channel 15 on Comcast) plans to give more detailed information. They

both broadcast around the clock.

Additional information can be found on Alameda County's website: www.acgov.org and then following the links to their COVID-19 webpage.

CROSSWORD ANSWERS

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M	A	D	E	L	E	A	I	N	C	A
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COMMUNITY CALENDAR

Due to the number of events that have been postponed or canceled because of the shelter in place order, the calendar will not be running this week. The calendar will return in the future.

LEGAL NOTICE

FILED
FEBRUARY 11, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568476

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): RSH SERVICES located at 15397 Norton St., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): (1) Alvan Phillip and (2) Victoria Phillip, 15397 Norton St., San Leandro, CA 94579. This business is conducted by a married couple. This business commenced January 4, 2000.

/s/ Alvan Phillip, Victoria Phillip
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 11, 2025

MAR 05, 12, 19, 26, 2020
0240-SLT

FILED
FEBRUARY 11, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568469

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): JPS Drafting LLC located at 77 Estabrook St. Apt. #303, San Leandro, CA 94577 in Alameda County, is hereby registered by the following owner(s): JPS Drafting LLC, 77 Estabrook St. Apt. #303, San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced N/A.

/s/ JPS Drafting LLC
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 11, 2025

MAR 05, 12, 19, 26, 2020
0236-SLT

FILED
MARCH 03, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 569245

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Sterling Scalp located at 1515 Aurora Drive Suite 102D, San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Vinh Nguyen, 2605 14th Ave., Oakland, CA 94606. This business is conducted by an individual. This business commenced N/A.

/s/ Vinh Nguyen
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 3, 2025

MAR 12, 19, 26, APR 02, 2020
0247-SLT

FILED
MARCH 03, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 569210

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): A&A CPA Accountancy located at 14651 Juniper Street, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Guozhong Lu, 14651 Ju-

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Derrick's Trucking Inc. located at 15327 Ruggles Street, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Derrick's Trucking Inc., 15327 Ruggles Street, San Leandro, CA 94579. This business is conducted by a corporation. This business commenced 01/02/2020.

/s/ Derrick's Trucking Inc.
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 3, 2025

MAR 12, 19, 26, APR 02, 2020
0245-SLT

FILED
FEBRUARY 20, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568742

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Clancy's Ice Cream Parlor located at 1234 Manor Blvd., San Leandro, CA 94579, mailing address 14011 Corvallis St., San Leandro, CA 94579 in Alameda County, is hereby registered by the following owner(s): (1) Jack Lin and (2) Chau Tang, 14011 Corvallis St., San Leandro, CA 94579. This business is conducted by a married couple. This business commenced 2015.

/s/ Jack Lin, Chau Tang
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 20, 2025

MAR 05, 12, 19, 26, 2020
0237-SLT

FILED
FEBRUARY 24, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568870

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Street Mode Specialist located at 22355 Fuller Ave., Hayward, CA 94541, in Alameda County, is hereby registered by the following owner(s): Bianca Mayorga, 22355 Fuller Ave., Hayward, CA 94541. This business is conducted by an individual. This business commenced 2/13/2020.

/s/ Bianca Mayorga
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 24, 2025

MAR 19, 26, APR 02, 09, 2020
0249-SLT

FILED
MARCH 04, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 569320

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): A&A CPA Accountancy located at 14651 Juniper Street, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Guozhong Lu, 14651 Ju-

niper Street, San Leandro, CA 94579. This business is conducted by an individual. This business commenced N/A.

/s/ Guozhong Lu
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 4, 2025

MAR 12, 19, 26, APR 02, 2020
0246-SLT

FILED
FEBRUARY 25, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568932

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): JAlchery Productions located at 15501 Oceanside Way, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Joshua Siapno, 15501 Oceanside Way, San Leandro, CA 94579. This business is conducted by an individual. This business commenced N/A.

/s/ Joshua Siapno
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 25, 2025

MAR 05, 12, 19, 26, 2020
0238-SLT

FILED
MARCH 11, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 569521

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Studio Lafayette located at 1271 Washington Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): MGN Lafayette, LLC, 572 Lafayette Ave., San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced 2/4/20.

/s/ MGN Lafayette, LLC
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 11, 2025

MAR 19, 26, APR 02, 09, 2020
SLT

FILED
FEBRUARY 25, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 568899

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Irma's House Cleaning Bay Area located at 1769 140th Ave., San Leandro, CA 94578, in Alameda County, is hereby registered by the following owner(s): (1) Irma Ramirez, (2) Roxanne Mata, 1769 140th Ave., San Leandro, CA 94578. This business is conducted by co-partners. This business commenced N/A.

/s/ Irma Ramirez, Roxanne Mata
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 25, 2025

MAR 26, APR 02, 09, 16, 2020

Meals on Wheels Keeps Rolling

Many local seniors rely on the daily knock on the door and the friendly smile of a Meals on Wheels volunteer, as a reason to get up in the morning.

Meals on Wheels programs, like many essential services, are still operating under Alameda County's shelter-in-place orders due to the Coronavirus (COVID-19) pandemic.

These programs provide critically needed nutritious meal deliveries to 2,400 homebound seniors who cannot shop or prepare food because of a variety of reasons including poor health, immobility and poverty.

More often than not, the volunteers are the only people who are going to drop by to check in on their wellbeing at the same time every day. Because these seniors respond well to continuity, they feel safe when their environment and schedule are the same every day.

With the onset of the pandemic, three local Meals on Wheels programs have experienced a mass of urgent calls from vulnerable at-risk seniors who fear hunger from not being able to shop for food because of a combination of their living situations, lack of a support system and inability to compete with panic buying at stores.



With the onset of the Coronavirus, Meals on Wheels workers are working harder than ever to meet the increasing needs of homebound seniors in Alameda County.

This means local programs are working harder than ever to limit

service interruptions.

Due to this increase in demand for Meals on Wheels, Alameda County's programs need the community's financial support. Gifts can be made online at www.feedingseniors.org or mailed to Meals on Wheels of Alameda County, 1721 Broadway, No. 201, Oakland, CA 94612.

Market: New rules at farmers' market

continued from front page

Only touch food that you intend to buy

often for at least 20 seconds. If you are sick, stay home and ask a friend or family member to pick things up for you instead. Wash your reusable produce bags between visits.

Only touch fruit and vegetables that you intend to buy or have the farmer pick out your produce.



The downtown San Leandro Farmers' Market on Parrott Street will open on Wednesday, April 8.

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): An unexpected problem should be handled as quickly as possible so that it doesn't cause too much of a delay. Someone who knows what you're facing could provide needed advice.



TAURUS (April 20 - May 20): An unsettling situation seems to be taking forever to be resolved. Fortunately, your Bovine aptitude for patience is strong this week, so you'll be more than able to wait it out.



GEMINI (May 21 - June 20): Taking a stand against an uncalled-for situation involving a friend or co-worker isn't easy, but somehow you'll rise to the challenge and do it. Rely on advice from someone you trust.



CANCER (June 21 - July 22): There are still some questions on all sides that need to be dealt with in order to allow hurt feelings to heal. Get your workplace tasks done early so that you can devote more time to loved ones.



LEO (July 23 - August 22): Consider a new spring makeover that will show all you Leos and Leonas in your best light. A new hairdo and some fashionable new clothes can help put a fresh glow on your image.



VIRGO (August 23 - Sept. 22): Some stormy, emotional weather can blow in the workplace when an irate co-worker has strong words for you. But if you believe right is on your side, you'll be able to ride it out.



LIBRA (Sept. 23 - October 22): Creating more balance in your life is especially important now so that you're not distracted when you get into projects that will make demands on both your physical and mental energies.



SCORPIO (October 23 - November 21): As much as you enjoy being right when others are not, show your generous side by offering to use what you know to everyone's benefit. This way, you gain admirers and avoid resentment.



SAGITTARIUS (Nov. 22 - Dec. 21): This is a good week for the Archer to aim at healing relationships. Whether it's at home, at work or among your friends, get everyone to set things straight and make a fresh start.



CAPRICORN (Dec. 22 - Jan. 19): Although you like things done your way, this is a good time to listen to ideas from others. You might even find yourself agreeing with one or more of their suggestions.



AQUARIUS (Jan. 20 - Feb. 18): Aspects favor positive action to reclaim your ideas from someone who might want the glory without doing any of the work. Expect to find many people rallying to support you.



PISCES (Feb. 19 - March 20): You might feel uneasy about taking that step forward at work or in your private life. But who knows better than you that while treading water keeps you afloat, it doesn't get you anywhere.

Swalwell to Host Facebook Townhall

Congressman Eric Swalwell will hold a Facebook Live town hall for 15th Congressional District residents on Thursday, March 26, at 1:30 p.m. with special guest Dr. Stephen Lockhart, Chief Medical Officer of Sutter Health, to discuss the next steps for combatting the COVID-19 outbreak.

The town hall meeting can be found at: [Facebook.com/CongressmanEricSwalwell](https://www.facebook.com/CongressmanEricSwalwell).

Lockhart is a board-certified anesthesiologist, a Rhodes Scholar, who obtained his masters degree in Economics from Oxford University, and M.D. and Ph.D. degrees from Cornell.

As Chief Medical Officer, he has responsibility for quality, patient safety, research and education. He also led the formation of a regional credentialing verification office, a model which he later used to create a system-wide shared services credentialing function, for which he continues to provide leadership.

REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Bay Area Realtors Grappling with Spreading Coronavirus

With the spread of COVID-19, amidst obvious concerns for those infected by the virus, questions are emerging about the health of the housing market. While still too soon to state definitively, it appears we are beginning to see some effects.

The primary concern is how to avoid contact with anyone potentially infected. With the CDC recommending a six-foot distance between others at gatherings, major events are being cancelled across the country and the State of California is asking that non-essential meetings be limited to 250 people or less.

In a statement from the Governor's office, issued 03/11/2020, Governor Newsome declared, "Changing our actions for a short period of time will save the life of one or more people you know. That's the choice before us. Each of us has extraordinary power to slow the spread of this disease. Not holding that concert or community event can have cascading effects — saving dozens of lives and preserving critical health care resources that your family may need a month from now." He continued, "The people in our lives who are most at risk — seniors and those with underlying health conditions — are depending on all of us to make the right choice."

Bay Area Realtors are wrestling with the new realities. Realty offices are asking agents and employees to work from home and regional marketing meetings are cancelled. Agents showing homes have been urged to carry hand sanitizer and wipes. While it is currently generally agreed that, with proper precautions, there should be no issue showing or holding open houses for vacant properties, concerns are being raised for homes currently occupied, especially by seniors or those with weakened immune systems.

Washington State's King

County has been a hotspot for virus activity and Seattle-based Redfin CEO Glenn Kelman stated in a recent blog that he had noticed a "significant drop in demand" from area sellers and buyers. Bay Area Realtors are not currently seeing significantly decreased activity, however a few transactions have cancelled due to buyer concerns over the plummeting stock market and a few sellers are keeping their homes off the market. Some buyers have seen down payments reduced by lower stock

prices. Others indicate concern over how the stock market's gyrations may effect housing values.

Realtors across the region are urging calm. We have weathered crises in the past and, with common sense and adequate precautions, we will navigate this one as well.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Managing Screen Time While Kids Are Home From School

With many kids out of school and spending more time at home, finding ways to fill the time is essential. As most parents know, it can be tempting to allow children to pass some of the extra hours using digital devices, however, research shows that managing screen time is vital for developing minds.

When used in moderation and under parental supervision, devices of course can be incredibly powerful learning and communication tools, and in many cases, they will be vital to kids' continued academic progress while campuses are closed. However, people aren't meant to spend all their time in front of screens, especially kids. Excessive screen time can lead to:

- Impaired mental and physical well-being.
- A loss of quality sleep.
- Impaired impulse control -- for kids, impulse control is already hard enough!
- Poor communication skills (nonverbal cues are learned in face-to-face interaction, not through device-to-device communication).
- Addictive behaviors, and even violent tendencies.
- Vision problems.
- An increased risk of obesity.

With all that said, here are a few ways to manage your

children's screen time:

- Create a routine. Post a schedule each morning in a place that's easy for kids to see. Include such items as doing chores, reading books, practicing an instrument, creating artwork, playing in the backyard and any other activity that will help ensure chunks of the day are spent away from screens doing something productive.
- Talk. Be extra proactive about starting conversations with your kids. Check in with them about progress on assigned homework. Ask them how they are feeling. Children are used to being surrounded by fellow students and teachers all day, so be sure to give them opportunities to practice social skills.
- Use tech tools. Every

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A unique and special fact about this near-custom, 3-bedroom home is that the sole, original owner was a master carpenter and part of the construction crew, in 1951, when the house was built. With his wife, they selected this prime location in the neighborhood and raised their five children - who all have fond memories of their neighbors and the park down the street. In addition to special craftsmanship, the home features an updated bathroom, updated bonus 1/2 bath, and large bonus room with sliding glass doors accessing the covered patio. A wood-burning stove insert in the corner masonry fireplace is custom built with high-quality brickwork. Additionally, there is an enclosed, and attached, hobby/tool shed at the rear of the home. A nice retreat, the backyard has attractive slate tiles and ample entertainment and gardening areas. Other recent updates include a freshly painted interior, new carpet in the large family room, new flooring in the kitchen, dining room and laundry room, and refinished hardwood floors in the living room and bedrooms. Conveniently located with easy access to Highway 880, and 1.5 miles from BART, yet tucked into the neighborhood so that there is no through traffic. For more information contact The Lovewell Team, of Re/Max Accord, at (510)351-5555.



HOME of the WEEK



parent knows the struggle of limiting device use. But new tech tools can help you make rules that stick. One such tool is a parental control app called OurPact. To start, parents sign up for a free account. After pairing their child's devices, they're able to manage them remotely through at-a-touch blocking or automated schedules. Customizable, flexible and easy to use, it's great for setting bedtime schedules, ensuring devices are being used safely and properly, and enjoying ping-free family meals. It works on Wi-Fi and all cellular connections, meaning you can manage access all the time. To learn more or download, visit OurPact.com.

You may be spending more time together as a family these

days, which makes this a key opportunity to be a good role model when it comes to proper device use. For example, if you don't want your child to use their device in the middle

of dinner, hold yourself to the same rule.

- StatePoint

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SPRING HOME IMPROVEMENT



Four Spring Home Improvement Tips That Could Help you Save Thousands

By Christopher O'Rourke
San Leandro Times

Longer daylight hours, and budding trees and flowers are early signs that warmer weather and spring are here. That means more time outside to enjoy nature, but it's also a sign it might be time for a little spring cleaning.

It isn't just about getting rid of belongings you no longer want or need — it's also a time to get your home in tip-top shape so you can enjoy it throughout the rest of the year.

Here are four tips to welcome

the new season and save some money down the road.

Clean your Gutters

Gutters collect debris over time, especially when wind and rain cause twigs, pine needles and leaves to settle on your roof and in your rain gutters.

Accumulated debris can create blockages that direct water into the home or, in drought season, can act as kindling in the event of a fire. Buildup also allows mildew and mold to develop, which can slowly decay a home's exterior and roof.

Preventable damage like mold

or mildew that develops and rots a home's exterior isn't covered by homeowners insurance. It's important to routinely clean out gutters — even if you have gutter guards installed, they don't completely protect against debris building up eventually.

An hour or two spent cleaning or checking your gutters is time well spent compared to the alternative."

Trim Branches and Remove Dangerous Trees

High winds can occur year round, so it's best to get a jump on tree maintenance in early



spring. Regularly trimming tree branches reduces their chance of breaking during a storm, which could cause power outages or property damage.

Properly trimmed branches present a lower risk of falling onto your home, power lines or possibly injuring someone on your property. In areas that are prone to wildfires, trimmed trees create a buffer zone to help lower the chances of flames easily jumping onto your roof.

Consider having the trees on your property inspected by an arborist to determine their health and have diseased trees removed before they topple over unexpectedly.

Watch Out For Service Lines

Homeowners who want to plant gardens, trees or install additional landscape features to enhance their outdoor living space should be aware of potential underground utility lines.

Most service lines — a network of exterior, underground utility lines or pipes that supply a home with electricity, gas, water and sewer functions — are only buried a few inches beneath the ground. Accidentally hitting one when digging can result in loss of service, expensive repairs or a serious injury.

If a break to a service line happens on a homeowner's property, special machinery may be needed to excavate pipes from beneath the ground, which may require digging under your home, garden or driveway.

To be safe, homeowners should call 811 before any digging so the utility companies can send a locator to mark the approximate locations of underground service lines.

Service Your

Air Conditioning Unit

Regular maintenance of heating, ventilation and air conditioning (HVAC) systems is

essential to ensure the equipment is in proper working order, which can save money on energy bills, as well as protect against expensive repair and replacement costs.

You should also change your air filter to make sure it's operating at its highest efficiency, so when that heat wave hits you'll be nice and cool inside your home.

Have a professional inspect your HVAC unit to make sure its exterior condenser coil and compressor are clean and free from blockages — the average cost for an inspection is about \$300.

Your home will bring you security and joy for many years to come. Taking the time to maintain it is well worth the investment.

Christopher O'Rourke is vice president of property claims for Mercury Insurance.

—BrandPoint

Don't Overlook these Springtime Chores

Home improvements won't just help owners enjoy their properties more; they'll also keep energy costs down as hot weather rolls in.

This list will help you save on your utility bills and avoid big repairs later on.

• **Clean your dryer vent.** Not all lint is caught in the lint trap; some makes its way into the dryer vent. A clear vent will save you money by reducing the time your dryer has to run. A plugged vent not only wastes money, but could also cause a house fire.

• **Check washing machine fill hose.** Look for cracks that could become leaks. A leaky hose under pressure can cause major damage in a short period of time.

• **Repair (or install) window screens.** Trying to reduce your electric bills this summer? You can keep your house cool (at least at night) by opening windows. Gently scrub screens on a flat surface with soapy water and patch small holes, as needed. If you don't have window screens,

consider installing them now.

• **Clean decks, driveways, fences and other outside surfaces.** A pressure washer makes the work much easier. If you don't have one, borrow one from a neighbor or rent one from a home center. While you're cleaning, inspect for damage that needs mending.

• **Fix cracks in your walks, driveway and the outside of your home.** Unlike the human body, cracks in asphalt, concrete or stucco don't heal themselves. Fortunately, most of these repairs are fairly easy if done immediately.

• **Repair any cracked or peeling paint.** A good paint job makes your home look nice, while providing a protective barrier from the elements. Touchup painting is easy to do and inexpensive.

• **Vacuum your refrigerator coils.** The coils you'll find on the bottom or back of your refrigerator conduct the hot air from inside the unit. If they're coated with dust, they do the job less efficiently and cause your fridge

to work harder. That means a higher electric bill for you. Use a vacuum cleaner hose or a brush to clean the coils.

• **Replace smoke detector batteries.** You never know when you'll need them. Sometimes, it's a matter of life or death, so take the time to change the batteries now.

• **Prepare your lawn mower for summer.** Change the engine oil and sharpen the cutting blade. You'll lengthen the life of the mower and improve the look of your lawn.

• **Check seals around windows and doors.** Winter weather can crack and harden caulk and other weather seals. Inspect them now and repair and replace as needed. You'll reduce your air-conditioning bill and could prevent water from entering your home and causing damage.

• **Drain your water heater.** Sediment builds up in your water heater tank. Use the spigot near the bottom of the heater to drain it. By doing so, you'll prolong its life and reduce your electric bill.

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Tips on Choosing Paint Colors

Always buy a sample can to make sure you are happy with the color before purchasing the amount you need. Check the sample color in various lighting conditions on the surface you want to paint.

Choosing Colors

Light colors reflect light, and make a room appear bigger. Blues and Greens are cool colors, and are ideal for a relaxing, calming atmosphere.

Reds and oranges are stimulating, and ideal for dining rooms or anywhere food is eaten.

Whites (of which there are

hundreds!) are popular at the moment because minimalism is in fashion. They accentuate everything else in the room, which may include art or pieces of furniture.

Don't use pure white unless you are painting a medical clinic or a laboratory. Choose an off-white and the subtle tones will help you achieve what you want without being extreme.

Darker colors or feature walls can be dramatic, and can make a room feel cozy and warm. Use them sparingly.

Consider the furniture or art-

work you already have in the room. Choose complimentary or contrasting shades to highlight their colours. It's easier to pick a color that matches your furniture than to buy new furniture to match your walls!

Trims such as doors, windows and architraves should not be features, so try to pick a color for them that you can carry through the building and tie all the rooms together with a common theme. If you don't, you risk making your interior look too busy, and it will cost you a lot more in extra labor and materials.

If you have a large room or high ceilings, don't be afraid to be bold and use color creatively. Conversely, if the interior is small be careful about how many colors you use. Three is enough for any room, and yes, ceiling white is a color!



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LIFESTYLE

Tips to Keep in Mind from Alameda County Health Dept.

The Alameda County Health Officer Dr. Erica Pan joined six other Bay Area public health jurisdictions to issue an order for all Alameda County residents to shelter in place to slow the spread of novel coronavirus (COVID-19) and preserve critical health care capacity across the region.

The Alameda County Public Health Department recommends these precautions to limit the spread

of the coronavirus:

- If possible, avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Avoid touching your eyes, nose and mouth before thoroughly washing your hands
- Wash your hands often with soap and water for at least 20 seconds using normal household cleaners

• Frequently clean and disinfect touched objects and surfaces

• Stay at home when you are sick except to get medical care

• Use alternatives to shaking hands, like an elbow bump or wave

If you are experiencing symptoms of COVID-19, may have had contact with a person with COVID-19, or recently traveled to countries with apparent community spread, call your health care provider or local public health department first before seeking medical care so that appropriate precautions can be taken.

Unfortunately, this virus can cause severe symptoms in some people and can also be fatal.

Some who get the virus, especially those over 60 years old, those who are immunosuppressed (have weak immune systems), and those with various medical conditions, can end up with serious complications that include fever, pneumonia, and even in some instances death.

There is no approved treatment or cure for COVID-19. That means that people who get very sick need medical intervention such as oxygen or help breathing.

It is mandatory to follow the shelter-in-place order under the authority of California law to prevent the spread of COVID-19 and protect themselves, their loved ones, friends, neighbors and the whole community.

Going Bananas

It's no surprise that bananas are the world's most widely consumed fruit. Available year-round, they're delicious, nutritious and easy to eat raw.

But if all you ever do is slice them up over your corn flakes for breakfast, you're missing out on a world of flavors. Bananas can be cooked as a vegetable and used in salads and sauces, though they're most often used in a variety of drinks and desserts.

Bananas are picked and shipped green. They are the only fruit that develops a better color, aroma, texture and sweetness when ripened after harvest.

They ripen quickly—often too quickly—and also hasten the ripening of other fruits that may be stored nearby. So, when selecting bananas, consider when you plan to use them. If that won't be for a couple of days, select those that are slightly green. Avoid those with bruises.

OLD-FASHIONED BANANA CREAM PIE

- 1 (9 inch) pie crust, baked
- 3 cups whole milk
- 3/4 cup white sugar
- 1/3 cup all-purpose flour
- 1/4 teaspoon salt
- 3 egg yolks, slightly beaten



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- 2 tablespoons butter
- 1 teaspoon vanilla
- 3 bananas

Have the baked 9-inch pie shell ready.

In a large saucepan, scald the milk. In another saucepan, combine the sugar, flour and salt; gradually stir in the scalded milk. Over medium heat, stirring constantly, cook until thickened.

Cover and, stirring occasionally, cook for two minutes longer.

In a small bowl, have the 3 egg yolks, slightly beaten, ready; stir a small amount of the hot mixture into beaten yolks; when thoroughly combined, stir yolks into hot mixture.

Cook for one minute longer, stirring constantly. Remove from heat and blend in the butter and vanilla. Let sit until lukewarm.

When ready to pour, slice bananas and scatter in pie shell; pour warm mixture over bananas. Let the pie cool and serve.

CLASSIC BANANA BREAD

- 2 cups all-purpose flour
- 3/4 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup sugar
- 1/4 cup butter, softened
- 2 large eggs
- 3 ripe bananas, mashed
- 1/3 cup plain low-fat yogurt
- 1 teaspoon vanilla extract
- Cooking spray

Preheat oven to 350°F.

Lightly spoon flour into dry measuring cups; level with a knife. Combine the flour, baking soda, and salt, stirring with a whisk.

Place sugar and butter in a large bowl, and beat with a mixer at medium speed until well blended (about 1 minute). Add the eggs, 1 at a time, beating well after each addition. Add banana, yogurt, and vanilla; beat until blended. Add flour mixture; beat at low speed just until moist. Spoon batter into an 8-1/2 by 4-1/2-inch loaf pan coated with cooking spray.

Bake at 350°F for 1 hour or until a wooden pick inserted in center comes out clean. Cool 10 minutes in pan on a wire rack; remove from pan. Cool completely on wire rack. Yields 1 loaf, about 12 servings.

BANANA NUT CAKE

- 1/2 cup butter, softened
- 1 cup sugar

- 2 eggs
- 1 cup mashed, very ripe bananas
- 1 teaspoon vanilla
- 2 cups all-purpose flour
- 3/4 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon mace
- 1/2 cup buttermilk
- 2/3 cup chopped walnuts

Preheat oven to 350°F. Grease and flour two 8- or 9-inch cake pans.

Cream butter and sugar with an electric beater for 2 minutes. Add eggs, banana and vanilla; beat for 3 minutes.

Mix together the flour, baking soda, baking powder, salt and mace.

Add to banana mixture alternately with buttermilk, beating until no trace of flour remains. Fold in the nuts and pour batter into prepared pans.

Bake for 30 minutes, or until the cakes test done. Cool completely.

Cream Cheese Frosting

- 1 (8-ounce) package cream cheese, softened
- 2/3 cup powdered sugar
- 1 teaspoon vanilla
- 3 tablespoons cream or milk

Beat the cream cheese with about 1/2 cup of powdered sugar until light and smooth, adding more sugar as needed.

Add vanilla and thin to spreadable consistency with cream or milk. Use to fill and frost cake.

If desired, add banana slices to the frosting between the layers. Serves 6 to 8.

BANANA PUDDING

- 1 cup sugar
- 3 eggs, beaten
- Dash salt
- 2 tablespoons cornstarch
- 2 cups milk
- 1 teaspoon vanilla
- 3-4 ripe bananas, sliced
- vanilla wafer

Mix sugar and eggs together. Add salt, cornstarch, and milk. Bring to a boil over medium-high heat, stirring constantly; cook until thickened.

Remove from heat; add vanilla and mix well.

In serving bowl, layer the wafers, bananas, and the pudding. Serves 6

PETS OF THE WEEK



Tilly



Cory

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Tilly the dog and Cory the senior kitty.

Tilly is a 2-year-old pit mix, a cuddler and loves to curl up next to you. She's well behaved on walks, doesn't mind baths and loves to look out the window. Okay with teens.

Cory is an outgoing,

10-year-old boy who loves head scratches and exploring his new environment. Neutered. His previous guardian fell on hard times and sadly, had to re-home him.

For more information on Tilly or Cory, call the Hayward Animal Shelter at 510-293-7200 or go to www.haywardanimals.org.

Please do not visit the shelter without an appointment.

Hayward Animal Shelter Adapts During Emergency

The shelter in place restrictions have affected the Hayward Animal Shelter, too.

To adopt a pet from the shelter, go to www.haywardanimals.org. All the available pets are posted on the shelter Facebook page: <https://www.facebook.com/pg/haywardanimalshelter/posts/>

Hayward Animal Shelter will still be providing services essential to public safety and the safety of animals in the community during the county wide shelter-in-place.

With the reduction in non-essential services, the shelter is looking for adopters and temporary foster homes for adoptable pets.

Please submit your application to animal.services@hayward-ca.gov. All applications will be reviewed and initial conversations conducted by phone. Appointments to meet with your new permanent or temporary family member will be made at that time.

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Necessary workers can board AC Transit buses by the rear door without paying until further notice, due to the restrictions during the coronavirus outbreak.

PHOTO BY JIM KNOWLES

No Fare on AC Transit Buses

Bus fares are free until further notice, due to the shelter-in-place order over the coronavirus outbreak.

The Alameda-Contra Costa Transit District (AC Transit) is not charging fares. Riders should board the bus by the rear door, leaving the front of the bus clear

“Passengers should practice social distancing.”

for just the driver and people in wheelchairs.

Passengers should try to keep a 6-foot distance from other passengers to prevent the spread of the coronavirus.

Passengers in wheelchairs, or who need priority seating, can

still board through the front door.

With most people staying home except for necessary work-

ers, the buses are running with just a few passengers, enabling people to maintain social distancing.

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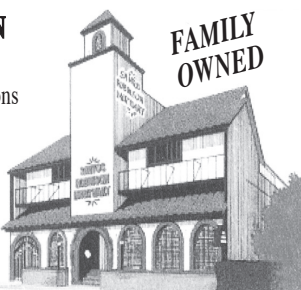
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City Council Halts Evictions During State of Emergency

The San Leandro City Council unanimously passed an urgency ordinance to temporarily halt evictions for non-payment of rent due to a substantial loss of income because of the COVID-19 pandemic.

The new rules are effective immediately and remain in place through May 31 or the expiration of the emergency.

The ordinance provides all commercial and residential tenants, including mobile home tenants and recreational vehicle owners, a defense in an eviction proceeding for failure to pay rent.

Many tenants have lost their income as a result of the COVID-19 pandemic and the statewide shelter-in-place order.

The ordinance would protect tenants for a number of reasons, including missing work due to COVID-19 illness, self-quarantine because of exposure, a reduction in work hours, job loss due to closure of the business, the need to care for a child or children whose school is closed, inability

to operate a non-essential business because of the shelter-in-place order, lack of business due to no customers.

The new ordinance is consistent with Governor Newsom's March 16th Executive Order that allows cities to stop landlords of residential and commercial property from evictions due to

non-payment of rent. The ordinance does not relieve tenants from paying any unpaid rent within 120 to 180 days after the ordinance expires.

For more information on the ordinance, contact Community Development Director Tom Liao at tliao@sanleandro.org or 510-577-6003.

Bay Area School Districts Closed Until May 4

School closures have been extended until May, school officials announced on Wednesday.

School districts in seven Bay Area counties, including Alameda County, made the decision this week in order to slow the spread of the coronavirus.

In Alameda, Contra Costa, Marin, San Francisco, San Mateo and Santa Clara counties, schools

will reopen on Monday, May 4.

Originally, the schools were to re-open on April 6. Now schools will be closed for at least another four weeks, leaving parents in a bind on what to do with their kids during the day, as well as seeing that they get an education.

Counties could eventually extend the closures if that becomes necessary.

LOCAL DEATHS

Alane Paul Castro

Alane Paul Castro died unexpectedly on March 16, 2020 in San Leandro, California from cardiac arrest. Daughter of Nancy A. (Budd) and Howard E. Paul, Alane was the middle child of five siblings and grew up in Amherst, MA. She graduated from Hampshire College with a concentration in Education and earned a Masters from University of Massachusetts, Amherst, and her National Board Certification.



Alane was a teacher first, always and foremost. She began her career in a primary school in Costa Rica and went on to teach children and adults in a variety of settings and cities across the globe. While teaching in San Francisco, Alane won the prestigious Golden Apple Fellowship where she studied arts integration at UC Berkeley. More recently, she held leadership roles for the San Leandro Unified School District as an Instructional Coach and Interim Principal. Her passion for education and justice and the arts reached far and wide, inspiring teachers and students alike to advocate, create, and learn from each other.

No matter where she was in the world, Alane was never far away. She made a point to spend time with the people she loved, whether it was traveling with her best friend, Jordene Hale, enjoying a book with her mom, or spending time with her siblings in Vermont. With her three grandchildren, 'Abuela' shared in the delight of painting, exploring, and making a mess. Alane brought joy and humor to all that she did and she is already missed tremendously.

Alane will be lovingly remembered by her husband Eric Castro, son Lucas, and her daughter Alejandra Castro-Petmezis, son-in-law Konstantinos Petmezis and her beloved grandchildren Maximus, Cecilia, and Eliana; her mother Nancy A. Paul, her sister Robbin Suprenant and her husband James, her brothers Howard R. (Randy) Paul, Lawrence B. Paul and his wife Chiyo, and Scott A. Paul and his wife Allison.

Alane's humor and love and advice will always be treasured by her many nieces and nephews, their spouses and children as well.

A Celebration of Life will be held at a later date.

SAN LEANDRO TIMES OBITUARIES

may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number. A fee will apply depending on the length. A photo can be added for an additional cost. For assistance, call 510-614-1555.

Frank Galvan

Lifetime resident of San Leandro and graduate of San Leandro High School.

Frank passed away on March 20, 2020 peacefully at home on March 20, 2020 at the age of 97. Frank was a loving husband, father, brother, grandfather, great grandfather, uncle and friend.

He was preceded in death by his loving wife of 68 years, Elizabeth

(Betty); his parents Cristobal and Maria; his brothers Andy, Sam, Chris, Tony and Al; sisters Ann and Margaret; sisters-in-law Jessie, Vicki, Olga, Dorothy and Dorothy Ferreira; brothers-in-law Fred Supriano, Ray Jiminez, Joe Ferreira and Clarence Macedo. He will be deeply missed and fondly remembered by his daughters Marlene Mikus and Paula Crosetti (Michael); grandchildren Dawn Mikus, Don Mikus, Matthew Crosetti and Marc Crosetti; five great grandchildren; three great great grandchildren; sister-law Rose Galvan; niece Gerry Borges and many other nieces and nephews. He also leaves behind many devoted and dearly loved friends.

Frank was a World War II veteran serving in Italy and Africa. He was self-employed owning and operating several businesses in San Leandro and Hayward. Frank and Betty were a happy couple married 68 years enjoying vacations in Hawaii, Alaska and Caribbean cruises, trips to Reno, playing various card games (he was an especially skillful Pedro player) and just spending time with their grandchildren. Frank was a member of the Elks Club, PFSA Club of Ashland and the Sons in Retirement, he loved people and made friends easily. He will be greatly missed by all who knew and loved him.

A Celebration of Life will be scheduled when the COVID-19 virus subsides. Donations in Frank's memory may be made to Vitas Community Connection, P.O. Box 645352, Cincinnati, OH 45264-5352 or the charity of your choice.



OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and *must be under 300 words*. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Crime is Down in San Leandro

Editor:

The media is doing a fantastic job keeping us scared and thinking that crime has increased. Furthermore, for some reason some older residents have memories of safer times in our town. But I have good news. The fact is that crime is down in San Leandro.

In 1980, San Leandro's population was 63,952 and 87.5% white (*1).

According to the 1980 FBI unified crime report (*2), in 1979 there were: 4 murders, 17 reported rapes, 198 robberies, 110 aggravated assaults, 1098 burglaries, 3188 larceny-theft, and 352 motor vehicle theft in San Leandro alone. The San Leandro police records show a total of 5,028 crimes in 1980 (*3).

In 2019, the total number of crimes were 4,575 (*3), while the population had increased to 88,329 (*4) and diversity had flourished to Caucasian 28.8%, Hispanic/ Latino 39.9%, Asian/Pacific Islander 32.3%, African American 13.90%, American Indian 2.5%.

So this means crime has gone down from 78.6 to 51.7 crimes per thousand people. A 34% reduction in crime.

Don't let anyone tell you that you should be afraid of being surrounded by people that don't look like you. Diversity brings prosperity and safer cities.

Yes, stay vigilant and reasonably alert, but there is no reason to be scared or extra suspicious of others.

—Antonio Mantilla
San Leandro

Marina a Blighted Eyesore

Editor:

I am in favor of developing the Shoreline Marina area. After all, as commercial property it is a blighted eyesore that has been neglected over the past thirty years.

At the expense of the most visited sections – the Marina golf course and the picnic grounds – and over the objections of nearby residents and park users, what is proposed is a terrible idea.

No wonder it has taken 10 years and 100 meetings to put in place. Good plans go together quickly and have community support; bad plans are forced through the system and wear people down. Who truly benefits with packed housing that supplants public recreation? Maybe we should call it the Sardine Can instead of Monarch Bay.

—Reed Pendleton
San Leandro

Trump's 'Abysmal' Response

Editor:

Donald J. Trump needs to resign! The Trump administration response to the Coronavirus has been abysmal. We have now topped China in the number of cases per capita.

China, with a population of 1.1 billion people, has kept its infection rate of 81,496 (.0001%). The US with a population of 330 million is now approaching 36,000 infections

(.00011%). For a nation that's supposed to be the best on the planet at everything, the tremendous numbers simply don't bear that out.

Based on population the US is only behind Italy in the amount of infections per capita. I'm pretty confident this is not a statistic that the largest number is the "winner."

Had the Trump administration acted decisively in January when they had access to the World Health Organization test kits and isolated the hot spots in the US, the infection rate would be significantly less. The lack of decisive action has spooked markets and instilled panic among the population.

Hospital ships that will take 3 weeks to be able to use (China built a 1,000-bed temporary hospital in 3 days). The Defense Protection Act invoked 10 days ago has yet to produce 1 item. Where's the leadership?

We are now faced with a real catastrophe that will affect lives, and livelihoods bringing our economy to it's knees for months and likely years to come.

Worried more about re-election, Donald Trump is a deer in the headlights when it comes to taking action in a crisis. When leadership is needed the most, he has failed us a nation. Step aside and give Mike Pence a chance to show us what he's made of, and if that doesn't work, Nov. 5th is just around the corner.

—Cecil Yother
San Leandro

Time for Some Intolerance?

Editor:

Well I have been humbled. Given that the San Leandro Times' primary mouth piece has decreed that I am "intolerant" how can I not embrace the mantle. After some soul searching and inner reflection I came to the conclusion that Mr. W. (need I utter his name) finally hit a nail on the head.

Being "intolerant" of bigotry, bullying, belittling, and turning a blind eye to legitimate expressions of concern for the long-term well being of our planet is, or should be by any measure, an admirable attribute.

If only more of our citizenry had the gumption to be "intolerant" we wouldn't be subjected to politicians who short circuit legitimate constitutional proceedings while deriding the same as "a hoax," or to labeling the historical fourth pillar of our democracy "fake news," or to summarily dismissing scientific research and analysis as somehow flawed or just plain not legitimate.

Oh, did I forget to mention the explicit goal of deconstructing the federal government. Who needs or benefits from a functioning federal government?

Leo and his ilk attack the messenger rather than address the arguments and concerns they express. I might find his opinions palatable or worthy of consideration if he'd refrained from his obnoxious pit-bull tactics and focused on civil discourse and argument.

Is that too much to ask?

—John Quillen
San Leandro

Don't Respond to Provocations

Editor:

I'd like to make the following suggestion to the readers and writers of the opinion letter section of the San Leandro Times (which I find to be a very worthwhile local paper).

I see that Leo T. West is a very frequent letter writer. It appears to me that his main goal for his letters is to be a provocateur. Overtime, his views and view point have been expressed quite thoroughly, and regular readers do not gain much new from reading his opinions.

My suggestion, to balance his impact on the opinion letter section, is for readers who disagree with his views to not respond to his provocations. Obviously, he has a right to express his point-of-view, as we all do; but as an individual, is he behaving reasonably to post his opinions weekly (perhaps he can devote some of his energies to acquiring a regular column in a suitable publication or a blog)?

To my mind, his provocations don't need to be commented on; negative responses are exactly what he's seeking to keep his presence in the opinion letter section.

Please trust that a majority of readers are competent in seeing the letters for what they are, provocations. I've yet to see any point in responding to one of his letters, and it only adds fuel to his continuing presence in the opinion letter section.

—Wendy Smith
San Leandro

Ode to Closure

Editor:

Life without lentils is nothing to brag,
Soup-less March turns hope to a pout.

"Closed Early," I leave with my bag.

Next store, lentils all sold out.
I hear a masked woman shout,
"Stay six feet away from me!"
Strangers gawk, her arms flail about.

Bottom shelf sack, I text wife,
"Split pea?"

Flashback: "Check your email," they said.

News from the Sup: "School's closed,"

I held back tears as I read.

Young faces lit, I remained composed.

Students' cheers and shock superposed,

Fast forward, bird songs fill our empty city,

I stare out the window, feeling enclosed.

A bowl without lentils, is hunger without pity.

—Lee Rosenberg (Teacher at Bancroft Middle School for 23 years)

Good Deeds

Editor:

Do not fear that you may die. The best comes to those who try To do good deeds for someone who Definitely will remember you.

—George Z. Banks
San Leandro



INQUIRING REPORTER

How are you coping with the coronavirus?

— Asked downtown

We walk around the neighborhood. We were going to go to Disneyland but it's closed so we had to cancel, but the airline's not giving us our deposit back. We have to use it by December. Now I'm helping my cousin get groceries.

Bernardo Edward Martinez
Oakland



I'm retired so I'm staying at home and I go out for a walk every day and get some fresh air. Every Friday I go shopping. I'm just getting a few things, but I need to find some distilled water for my respirator. They were sold out last week.

John Wills
Oakland



I'm trying to stay in and just pray for everybody that they don't get sick. You do what you have to and work at home and stay secure from the virus. I hope everybody can work together and we'll get through this.

Alexis Williams and Arianna
San Leandro



It's crazy. I work at a hospital and it's very stressful. Every day we're seeing more of it. They don't have enough masks, only one for the whole day, but you need to change them because you sweat. I'm working overtime because people are scared to come in to work.

Angelica Contreras
Oakland



It's really unfortunate that this is happening. I have faith in God and I pray that there's a cure for the virus and for the people who tested positive. It's just important to wash your hands and keep a social distance.

Douglas Washington
Oakland



Sutter Health Accepting Donations Of Personal Protective Equipment

Sutter Health is accepting donations of personal protective equipment to help the frontline medical staff prepare for the surge on COVID-19 patients.

Sutter Health anticipates a shortage of medical supplies, including personal protective equipment (PPE), like all hospitals and health systems during this health emergency.

We are pursuing additional avenues to bolster and conserve our supplies, so we can meet critical community need while maintaining patient and

frontline staff safety, said Rishi Sikka, M.D., president of Sutter Health System Enterprises. "Our top priority continues to be the health and safety of our patients, providers and communities."

Sutter is asking for business and community donations of the following new items in original packaging:

- N95 masks
- Powered, air-purifying respirator (PAPR) Hoods
- Surgical masks
- Procedure masks

- Isolation gowns
- Paper masks (with ties or elastic)
- Paper protective gowns
- Protective glasses/goggles
- Industrial face shields (e.g., industrial face shields)
- Painters smocks (impermeable)

To make a donation, please contact local Sutter affiliates or call 1-844-987-6099. A Sutter Health representative will provide specific guidance on how to make a delivery. For large local donations, a courier service can be arranged.

PG&E Donates N95 Masks

Pacific Gas and Electric Company (PG&E) is donating 480,000 N95 masks and 470,000 surgical masks to the Governor's Office of Emergency Services (Cal OES) for distribution to California hospitals and other first responders facing a critical shortage of Personal Protective Equipment (PPE) due to the COVID-19 pandemic.

PG&E said it has delivered 20,000 N95 masks and 20,000 surgical masks directly to the Kaiser Permanente Livermore receiving center. Kaiser has an immediate and critical need for the protective masks for its medical professionals, PG&E said this week.

PG&E employees also are collecting masks and other equip-

ment from their personal emergency kits to donate to hospitals and emergency services responders in their local areas.

The company maintains a supply of several types of masks to protect utility crews working in construction zones or responding to wildfires. Each year before wildfire season the company replenishes its stock of masks.



PHOTO BY JIM KNOWLES

School district employees bagged lunches as fast as cars pulled up in the parking lot of John Muir Middle School.

Lunch: BBQ chicken sandwiches

continued from front page district office.

Others kept the the pace going, sorting out the items on lunch tables set up on the sidewalk by the parking lot. Milk cartons, fruit, chips, and a hot barbecued

chicken sandwich in each lunch.

Most of the food is packaged by the companies that supply the district to minimize handling, and the hot entrees are heated at the kitchen at San Leandro High, said Asst. Superintendent

Kevin Collins.

A total of 8,000 meals were distributed last week, about 1,200 per day, Collins said.

"And it ramped up during the week, so we're expecting even more this week," Collins said.

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TIMES FILE PHOTO

BART is operating during the emergency with a drastic reduction in fares since the shelter-in-place order went into effect.

BART: Canceled overtime

continued from front page

"Our system operates using public dollars and we have an obligation to make financially sound decisions about service levels."

BART has initiated a hiring freeze except for its police department and has canceled all overtime except for critical functions. It is also seeking

emergency funds from all levels of government during this crisis.

Don't Flush Wipes

Wipes clog pipes, so don't flush them.

The Oro Loma Sanitary District reminds people to not flush disinfectant wipes down the toilet. They go in the trash.

Flushing things like wipes down the toilet clogs the pipes because they don't break up like toilet paper does.

Think before you flush and reduce the risk of having a sewer backup in your home, or the main sewer line, says Oro Loma.

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