

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, OCTOBER 11, 2017

NO. 42

INSIDE YOUR FORUM

OUR TOWN



A Big Stink

Neighbors turn their noses up at regional park's waste dump site

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LIVING



Fall for Apples

Apples always seem to be the favorite fruit of the fall harvest

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H&F



Healthy Habits

Pediatric patients to receive a book at the end of each doctor visit

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PHONE: (510) 537-1792



PHOTO BY SCOTT HARRISON - COLDWELL BANKER

Two cars were destroyed and a nearby building was singed by a fire in the CV BART parking lot last week. The fire began at around 11:30 a.m. on Oct. 2 and also damaged the side of a unit in the Colonial Plaza Building at 20999 Redwood Road. The south-bound lanes of Redwood Road were closed temporarily as two fire trucks quickly doused the blaze. No injuries were reported and the cause of the fire is under investigation.

A Candlelight Vigil Held for Las Vegas Shooting Victims

By Linda Sandsmark
CASTRO VALLEY FORUM

A somber gathering of around 200 people assembled at the corner of Castro Valley Boulevard and Redwood Road Sunday evening, holding a candlelight vigil for victims of last weekend's deadly shooting in Las Vegas.

The vigil was hosted by Congressman Eric Swalwell and was attended by relatives of victim Denise Cohen, a 1977 graduate of California High in San Ramon.

"It's heartening to see so many of you come out to remember the victims of last week's tragedy," said Swalwell, adding that a country music concert is the last place one would expect something like this to happen.

Bay Area TV stations covered the event, which was led as a memorial service by the Rev. Dr. Arlene Nehring of Eden United Church of Christ.

In her opening prayer, Nehring expressed hopes for "a better way and a better day for all of us."

Swalwell said that though we should honor the traditions of our country, he nonetheless wondered,



PHOTO BY LARRY ROSA

Congressman Eric Swalwell addresses a solemn gathering of about 200 people at a candlelight vigil Sunday evening in Castro Valley in memory of the victims of last week's deadly shooting rampage in Las Vegas.

"why anyone but a warrior should have a weapon of war." He added that lawmakers should at least have the courage to discuss such issues.

People at the memorial appeared to come from a wide variety of backgrounds, expressing sadness about the killings and consequences.

see VIGIL on page 15



This design by artist Robert Minervini of Oakland is the Alameda County Arts Commission's selection for the Community Identified to go on the Interstate 580 Overpass at Redwood Road in CV. Work is expected to begin in late Spring of 2018.

CASTRO VALLEY TO FINALLY GET ITS SIGN

Oakland artist Robert Minervini has been selected to create the official Castro Valley sign, the Alameda County Arts Commission announced on Friday.

Minervini's design for the Castro Valley mural (called the "Community Identifier") is a panoramic landscape that features Lake Chabot and the Bay. It will stretch across the I-580 Overpass at Redwood Road.

Minervini was one of three artists selected for local overpass murals. Nico Berry was chosen for the Ashland-Cherryland sign on the I-238 Highway Overpass at Mission Blvd. and E. 14th Street, and John Wehrle's won with his design destined for the I-880 Highway Overpass at Hesperian Blvd. in San Lorenzo.

The artists and their designs were chosen by three separate

selection committees made up of local community members.

But don't expect to see paint being slathered on those overpasses right away. The designs are headed for several more layers of bureaucracy.

The recommendation of each selected artist and their proposal design will be presented to community groups this month and then be forwarded to the Arts

Commission for review and approval at their meeting on Nov. 8 (at 4 p.m. at 1401 Lakeside Drive, Oakland).

The artists' contracts will then be presented to the County Board of Supervisors this winter for approval and finally go before Caltrans for its OK.

The three artists are expected to begin hand-painting the signs late next Spring.

Homecoming Is This Friday

Castro Valley High School will celebrate its Annual Homecoming this Friday.

Hundreds of family members and other spectators are expected to line the sidewalks along the path of the parade, which begins at 1 p.m., at the high school on Santa Maria Ave. and winds its way up to Wilson Ave., then to Redwood Road and ends on Mabel Avenue.

An assembly will follow at about 2 p.m.

The Annual Homecoming football games will be held Friday evening against Bishop O'Dowd of Hayward. The junior varsity game begins at 4:30 p.m., the varsity game at 7 p.m.

Castro Valley Weather Oct. 11 - 15, 2017



Wednesday
Sunny
High 72° Low 47°



Thursday
Sunny
High 70° Low 47°



Friday
Sunny
High 72° Low 57°



Saturday
Sunny
High 75° Low 50°



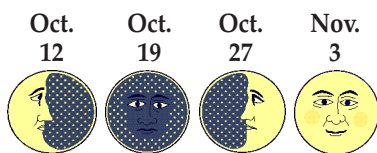
Sunday
Sunny
High 78° Low 52

Almanac



Past Week's Rain: 00.00
Season To Date: 00.13
Normal To Date: 00.08
Season Average: 21.22

Moon Phases



Sun sets at 6:36 p.m. today, rises at 7:16 a.m. Thursday.

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CVSAN STUDENT SCHOLARSHIP



Castro Valley Sanitary District (CVSan) is pleased to announce the 2017/18 CVSan Environmental Leader in Waste Reduction Scholarship for high school seniors. Up to two students who help their school reduce waste may each be awarded a \$500 scholarship.

Download the Scholarship Application from CVSan's website: www.cvsan.org/studentscholarship

Instructions are provided in the application. Applications must be received by **Friday, March 30, 2018 by 2:00 p.m.**, no exceptions. It's not too early to start your application!

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PHOTO BY GARY BOSLEY

HONORARY MEMBER OF THE CLUB: Linda Parker (center) pictured with (from left) Rowell Ranch Rodeo Parade Announcer Bruce Johnson, CV Rotary President Jim Negri, and parade committee members Cliff Sherwood and Dwight Perry.

Parker Honored by Castro Valley Rotary

Castro Valley Rotary last week honored Linda Parker for her 28 years of dedication and expertise in serving the local community by making her an honorary member of the Club.

Parker was recognized for her work collecting, reviewing and editing every entry in the annual Rowell Ranch Rodeo Parade, and also setting the order of entries to ensure that no children follow big vehicles or the equestrian entries are not near the bands.

The Rotary Club of Castro Valley has been sponsoring the parade since 1981.

Parker provides a color-coded spreadsheet to all Rotarians and other parade volunteers to assist in merging the entries as they come into the parade route from various staging areas.

Because she is also the person who merges entries at Norbridge and Nunes avenues, she has never seen the parade live!

CV Rotary President Jim Negri has worked with Linda on the parade since 2010.

"Linda has been the calm voice on the other end of my radio calling the equestrian entries out of the BART lot and merging them

into the parade route all the while letting parade announcer Bruce Johnson know the order or if entry numbers have changed or that a new entry was added," said Negri.

"She creates order out of chaos and remains smiling throughout. Few see the incredible behind-the-scenes work that she does the day of the parade as well as the weeks leading up to the parade to ensure the community enjoys a great parade year after year."

In regular life, Parker is a Computer Marketing Specialist for North American Title in Pleasanton.



Join Castro Valley Sports Foundation & Eden Health District's inaugural run to help raise funds to provide charitable assistance and support for youth sports and athletics in Castro Valley. The scenic course begins at the Chabot Staging Area and continues to the upper San Leandro Reservoir and back. Course is measured and chip timed.

Register at <https://runsignup.com/runtothedam>

What/When/Where:

5K Walk/Run and 10K Trail Run
Sunday, October 29, 2017
7:30 am Packet Pickup & Race Day Registration
8:30 am 5K Run/Walk & 10K Run Start Time
Chabot Staging Area
Redwood Road & Miller Road
(just past Redwood Canyon Golf Course by the Castro Valley Tree Farm)

Packet Pick-up:

Bibs and Shirts will be available for pick up on race day at the event location. Shirts are only guaranteed to pre-registered participants. You must register by October 13th, 2017 to be guaranteed a shirt. Race day t-shirts will be "first-come, first-served" basis.

Awards:

Placement medals to overall top three Male & Female Winners (5K & 10K)
Awards Ceremony will be held at 10 am.

Registration:

Early Bird Discount:
\$35 for 5K Walk/Run; \$45 for 10K Run, Online/Mail by Oct. 13th
\$40 for 5K Walk/Run; \$50 for 10K Run, Online/Mail by Oct. 25th
Day of Registration:
\$45 for 5K Walk/Run; \$55 for 10K Run (Checks or Cash Only)
Group/Corporate Discount: Save \$5/entry for groups of 3 or more regardless of distance selected, must register in one transaction. Online/Mail by October 25th
Event is RAIN/SHINE. No refunds. Sorry, no strollers or dogs.

Volunteers Needed:

An event of this nature can't be accomplished without our wonderful volunteers. If you are interested in volunteering, please go to:
<http://www.signupgenius.com/go/8050c4aaca2b0-inaugural>
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CASTRO VALLEY FORUM



Neighbors Cry Foul to Dump Site

By Michael Singer
CASTRO VALLEY FORUM

Residents living close to Lake Chabot's southwest border say foul odors coming from the nearby park grounds are affecting their health and their quality of life.

The culprit seems to be a manhole used to dispose sewage and waste from portable toilets and similar holding containers. The manhole can be found a few yards north of a road used to access East Bay Regional Park's Public Safety Headquarters and Corporation Yard, which begins at Lake Chabot Road.

People who live near the intersection of Carmel Drive and Arcadian Drive are currently the most vocal about the smell that has permeated the neighborhood on and off since May.

"As my husband was leaving for work, he saw an EBRPD truck at the dump site," said Carmel Drive resident, Theresa Menchini. "He instantly noticed the foul odor from the truck. He got my attention and I went outside and also smelled it and it was very strong. The weather was extremely cool and still. The smell also permeated our home."

The waste is collected from various East Bay Regional Park District properties, carried by tanker see **FOUL** on back page



PHOTO BY BRUCE JOHNSON

Three Crosses Get Touch-Up of Paint

WAY UP THERE: Painters from Greg Severs' S&S Painting in Castro Valley add a FRESH coat to the top of the 100-foot-tall Three Crosses landmark in Castro Valley. The structures were erected in 1968 and are believed to be the tallest crosses anywhere around, according to 3 Crosses Church Business Administrator Jim Bellig, who says the cleaning, prep and painting of the soaring crosses will take a couple of weeks.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • SPECIAL TO THE FORUM



Living in Storage Unit

Sunday, October 8: at 9:13 p.m., Sheriff's deputies arrested a 54-year-old man on suspicion of camping out behind a business on Redwood Road near Lessley Avenue. The man was spotted frequently behind a storage unit in the rear of the building. Deputies were called to investigate and found him living inside the storage compartment. The man was handcuffed and taken into custody.

Drugged, Passed Out

Sunday, October 8: at 10:44 p.m., a 30-year-old man from Murphys (Calaveras County) was arrested on suspicion of possession of illegal drug paraphernalia and stolen property. Deputies found the man in the parking lot of a grocery store on Redwood Road near Castro Valley Boulevard. The man was found passed out in the front seat of the car with the lights on and a syringe on the dashboard. Deputies found more syringes in his pockets and his backpack. The man was also wanted as part of a warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$12,500 in bail.

Date Night Ends in Arrests

Saturday, October 7: at 10:23 p.m., deputies pulled over and arrested two people from San Francisco following a traffic stop on Cull Canyon Road near Rifle Range

Road. The driver, a 33-year-old woman was charged with possession of stolen property and violating the terms of her probation. The passenger, a 39-year-old man was charged with possession of illegal narcotics. The couple was handcuffed and taken into custody. The car was impounded for evidence.

Street-Fighting Woman

Friday, October 6: at 2:57 p.m., a 41-year-old woman from Castro Valley was arrested on suspicion of assault and battery, possession of illegal narcotics, and possession of illegal drug paraphernalia. Deputies were called to a home on Rahlves Drive near Madison Avenue following an emergency call about a domestic dispute. The

woman also had a warrant issued for her arrest. Deputies were instructed to not return the woman to her home as she was prone to arguing with the family with a "potential to escalate to violence." The woman was taken to Santa Rita Jail pending \$4,000 in bail.

Driving Drunk, Drugged

Saturday, October 7: at 3:29 a.m., deputies pulled over and arrested a 29-year-old man from San Ramon on suspicion of driving under the influence of drugs and alcohol, driving with a suspended license, and violating the terms of his probation. The man was traveling on Palomares Road near East Castro Valley Boulevard when deputies see **REPORTS** on page 11

Child Treated for Minor Injuries After Being Struck by Motorist

A three-year-old boy was treated for minor injuries at a local hospital after being struck by a motorist last Thursday morning at about 8 a.m. on Alana Road near Omega Ave. in Castro Valley.

The California Highway Patrol said the youngster was walking with his mother and older brother

on the sidewalk along Alana Road when he ran from the sidewalk into the crosswalk and was hit by the car and knocked to the ground.

The driver stayed at the scene. The CHP said that neither drugs nor alcohol appeared to have played a role in the accident, which remains under investigation.

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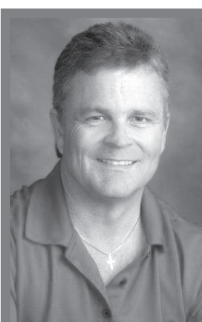
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The Week Ahead

● Wednesday, October 11: Free Flu Shots

Free flu shots and screenings will be available to everyone ages 7 and above from 4 to 7 p.m. today under the large white tent at St. Rose Hospital, 27200 Calaroga Ave. in Hayward.

● Thursday, October 12: School Board Meeting

The Castro Valley Board of Education will hold a regular open meeting beginning at 7 p.m. tomorrow at the School District Headquarters, 4400 Alma Avenue. The complete agenda and board packet are available at bit.ly/CVUSDBBoardMeetings

● Friday, October 13: Hope Flight Foundation Dinner

The Hope Flight Foundation, which provides free medical flights for children with cancer and other life-threatening illnesses, will hold its 12th Year Anniversary buffet-style dinner of rice, beans, chips/salsa, bar, and fountain drinks from 5 to 9 p.m. this Friday at Los Pericos Restaurant, 24369 Southland Drive in Hayward. First 20 guests receive a Hope Flight gift. For tickets, info, visit HopeFlightFoundation.org

● Saturday, October 14: Who are the Unitarian Universalists?

Learn about the origins, beliefs, values, and practices of this progressive faith focused on social justice from members of Hayward's Starr King Unitarian Universalist Church from 2 to 4 p.m. this Saturday at the Castro Valley Library. This is part of the Eden Area Interfaith Council-sponsored series describing the beliefs and practices of the people who live in our Eden Area community. It is increasingly important in these times of religious intolerance, for us to come together and learn from each other.

● Saturday, October 14: Discussion of "Trump's Unfitness"

"Duty to Warn," an association of mental health professionals who believe it is their ethical duty to warn the public that Donald Trump is psychologically unfit to be president, will host a Town Hall meeting from 10 a.m. to 12:30 p.m. this Saturday at the Castro Valley Library, followed by a solemn march. Reserve free tickets at Eventbrite. This is one of a group of nationwide events advocating Trumps removal under the 25th Amendment.

● Saturday, October 14: Hearing Loss Association Meeting

Dr. Troy Cascia, UCSF Audiology Clinic, will speak on the Neuro-monics therapy for tinnitus (ringing in the ears) this Saturday, discussing causes and tips to minimize the impact of tinnitus on one's quality of life. Refreshments at 9:30 a.m.; program at 10, at the Oakland Kaiser Permanente Hospital, Fabiola Bldg., 3801 Howe St., Lower Level, Room G26. Park free on Saturday in garage across Howe. Email: athos.artist@att.net or call Kay at 510/886-4717.

● Saturday, October 14: Autumn Allegro with Owls

Experience the beauty of Sulphur Creek Nature Center's forest at 1801 D St. in Hayward while walking and listening for an owl's serenade, from 6:30 to 8 p.m. this Saturday. You'll also meet the Center's native owls up-close and share their East Bay habitats. Advance registration (adults only) required as space is limited. Register online (\$20) at www.haywardrec.org

● Saturday, October 14: Amador Quilters

The Who, What, When, and Where of Friendship Groups will be the theme of the general meeting of the Amador Valley Quilters from 1:30 to 4 p.m. this Saturday, at Pleasanton Middle School, 5001 Case Ave. in Pleasanton. Presenters will discuss the focus of their groups; which range from basic to modern quilting and how members can learn to share, challenge, and support one another. Guests are welcome.

● Saturday & Sunday, Oct. 14-15: SLz Library Book Sale

The Friends of the San Lorenzo Library are sponsoring a book sale from 10 a.m. to 4:30 p.m. this Saturday, and from 1 to 4:30 p.m. Sunday at the library, 395 Paseo Grande. Lots of books, CDs and DVDs. Most books range from 25¢ to \$1.50. Books will be discounted after 2:30 p.m. Sunday. Funds raised will go to the library for its community programs. Free admission. Email friendsofslz@gmail.com for more info.

● Sunday, October 15: Fact & Fiction in Mystery Writing

Castro Valley Library will host a panel discussion from 2 to 3:30 p.m. this Sunday on the challenges mystery writers face when conducting research for their books. Local writer Camille Minichino will moderate the discussion which will include Janet Dawson, Jim Gugli, Judith Overmier, and Ann Parker, followed by a book sale and signing. No tickets are necessary for this free library event.

● Tuesday, October 17: ACT v. SAT: What to Expect

Teens are invited to a Princeton Review workshop from 6:30 to 8 p.m. on Oct. 17 at the Castro Valley Library to find out about the differences between the SAT and ACT tests, and how to score better in both. Is the ACT easier than the SAT? Many students and parents begin the college prep process by comparing the ACT and SAT. Colleges don't prefer one over the other, so explore both tests to decide which one is right for you.

● Wednesday, October 18: East Bay Rose Society Meeting

Society Vice President Barbara Wilson will give a presentation on roses, gardens and the history of David Austin Roses, loved by rosarians around the world for their wonderful fragrances, at the next meeting of the East Bay Rose Society at 7:30 p.m. on Oct. 18 at the Lakeside Garden Center, 666 Bellevue, Oakland. Come and enjoy snacks, meet people who talk roses, and enjoy the show. For more information, visit www.eastbayroses.org

● Wednesday, October 18: Learn About SOS Meals on Wheels

The Castro Valley Women's Club invites the public to its Oct. 18 meeting at the Clubhouse, 18330 Redwood Road at 1 p.m. to hear a speaker from SOS Wheels on Meals talk about the current local programs and issues — a great opportunity to hear how the organization helps homebound seniors right here in our own community. For more info, please call 510-461-7692.

● Thursday, October 19: State of Education in the Eden Area

The Eden Area League of Women Voters will host a panel of local educators on Oct. 19 to discuss challenges facing Eden Area schools and how the community can participate in improving the educational system. The free public forum, to be held from 6 to 8 p.m. at the San Leandro Senior Center at 13909 E. 14th Street, will be moderated by Jim Negri, past superintendent of the Castro Valley School District. For additional information, visit lwvea.org or call 510-826-6674.

● Friday, October 20: Free Smalltown October Gathering

The Smalltown Society celebrates its one-year anniversary from 7 to 9 p.m. on Oct. 20 at 22222 Redwood Road in Castro Valley, highlighting the music of Aisea Taimani and Minor Islands as they host a kickstarter launch for their upcoming LP release. For more info, check www.smalltownsociety.com

● Saturday, October 21: Free Plant Exchange Day

Join the plant exchange on Saturday, Oct. 21 at 4500 Lincoln Ave. in Oakland as it celebrates its 10th anniversary. To participate, gardening fans must bring plants to exchange, or garden items, such as pots, decorative items, tools, equipment, books on gardening, etc. All types of plants are welcome, from cuttings to full size. Interactive gardening demos at 11 a.m. The exchange begins at noon and continues till 4 p.m. For more info, visit www.theplantexchange.org or call 510-866-8482.

● Saturday, October 21: San Lorenzo High 1967 Reunion

Members of the San Lorenzo High School Class of 1967 will celebrate their 50th Class Reunion on Saturday, Oct. 21, at the Wedgewood Wedding and Banquet Center (formerly Willow Park) in Castro Valley. Invitations are being sent to all Classmates on the mailing list. For more information, or if you're not on the mailing list, call Glenda Smith Fore 703-0933. No tickets will be available at the door.

Arts & Entertainment

THEATRICAL & MUSICAL PERFORMANCES

● **"The Addams Family,"** a magnificently macabre musical comedy, is being presented by Chanticleers Theatre through Sunday, Nov. 5. In the kooky, upside-down world of the Addams Family, a grave crisis is brewing. It is every father's worst nightmare but in reverse. Curtain time for Friday and Saturday evenings is 8 p.m., and Sunday matinees start at 2 p.m. (no show on Oct. 8). For tickets (general-\$25, seniors and students-\$20), call SEELIVE (733-5483) or visit chanticleers.org. Chanticleers is in Castro Valley Community Park at 3583 Quail Avenue.

AT THE GALLERIES

● **Free Botanical Watercolor Demonstration** will be presented by Kate Hardwig from 2 to 4 p.m. this Saturday, Oct. 14, at the Adobe Art Center's Redwood Studio 1 at 20395 San Miguel Ave. in Castro Valley. Botanical artists are interested in creating paintings that are scientifically accurate and also have an artistic component, according to Hardwig who says "the little details count." She will show how she uses ink and watercolor to produce highly detailed works.

● **"Celebrate Women,"** an exhibit featuring the works of 50 artists from the members of Nor Cal Pen Women, will be on display through Nov. 17 at the John O'League Galleria in Hayward's City Hall at 777 B Street, sponsored by the Hayward Arts Council. Gallery hours are Monday through Friday 9 a.m. to 5 p.m. Visit haywardartscouncil.org for more info.

● **The 40th Area Artists Annual** continues at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The exhibit explore the relationship between process, materials and expression. Emphasis is placed on the essential connection between what the artists use to express themselves and how meaning is discovered through their hand. Open Thursday to Saturday from 11 a.m. to 3 p.m. and by appointment. The exhibit will continue until Nov. 11. Visit www.adobegallery.org for info.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center.

● **"Made By Hand" Photography,** an exhibition of handmade photographs featuring the artwork of nationally recognized practitioners of unique contemporary and historic processes, will run through Nov. 27 at the PhotoCentral Gallery, Lower Level, HARD Offices, 1099 E St. in Hayward. Info at www.photocentral.org/

● **Paintings by James Sayre,** an exhibition of original works by this Castro Valley artist, are currently on display at the Kenneth C. Aitken Community Center at 17800 Redwood Road in Castro Valley.

CASTRO VALLEY FORUM

CASTROVALLEYFORUM.COM

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I	N	C	L	E	M	E	N	T		C	P	A
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		G	O		R	A	D	I	O			
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18774 Center Street	94546	\$773,000	4 BD - 1,576 SF - 1954
19004 Clemans Drive	94546	\$735,000	3 BD - 2,316 SF - 1955
4247 David Street	94546	\$468,000	3 BD - 1,141 SF - 1952
19115 Garrison Avenue	94546	\$645,000	3 BD - 1,012 SF - 1949
4222 Gem Avenue	94546	\$575,000	2 BD - 888 SF - 1947
19293 Holland Place	94546	\$1,050,000	4 BD - 2,790 SF - 2006
18834 Parsons Avenue	94546	\$1,145,000	4 BD - 2,436 SF - 1935
20017 Santa Maria Ave	94546	\$605,000	N/ABD - 1,797 SF - 1980
2757 Talbot Lane	94546	\$245,000	N/A BD - N/A SF - N/A
21661 Justco Lane	94552	\$820,000	4 BD - 1,741 SF - 1989
19165 Lamar Loop	94552	\$830,000	4 BD - 1,887 SF - 2000
22245 West Lyndon Loop	94552	\$900,000	4 BD - 2,240 SF - N/A

LOWEST AMOUNT: \$245,000

MEDIAN AMOUNT: \$747,500

HIGHEST AMOUNT: \$1,145,000

AVERAGE AMOUNT: \$729,357

San Lorenzo

1874 Bandoni Avenue	94580	\$630,000	3 BD - 1,252 SF - 1955
1320 Mattox Road	94580	\$500,000	2 BD - 1,531 SF - 2005
15835 Paseo Largavista	94580	\$615,000	3 BD - 1,000 SF - 1944
15765 Via Arroyo	94580	\$650,000	3 BD - 1,077 SF - 1951
16124 Via Arroyo	94580	\$675,000	3 BD - 1,407 SF - 1950
17313 Via Carmen	94580	\$655,000	4 BD - 1,564 SF - 1953
17273 Via Estrella	94580	\$565,000	2 BD - 868 SF - 1948
17292 Via Flores	94580	\$180,000	3 BD - 1,051 SF - 1947
17316 Via Frances	94580	\$700,000	3 BD - 1,573 SF - 1953
16031 Via Granada	94580	\$780,000	3 BD - 1,011 SF - 1950
17363 Via San Ardo	94580	\$385,000	3 BD - 1,031 SF - 1951
17454 Via Valencia	94580	\$625,000	3 BD - 1,077 SF - 1951
18049 Via Valencia	94580	\$680,000	3 BD - 1,717 SF - 1951

LOWEST AMOUNT: \$180,000

MEDIAN AMOUNT: \$630,000

HIGHEST AMOUNT: \$780,000

AVERAGE AMOUNT: \$587,692

Mortgage Rates Rise Up Again

Long-term fixed mortgage rates ticked up last week to their highest mark in six weeks, according to Freddie Mac's weekly survey.

The 30-year fixed-rate mortgage averaged 3.85 percent, up from 3.83 percent a week earlier. A year ago at this time, the 30-year fixed rate averaged 3.42 percent.

Fifteen-year home loans averaged 3.15 percent, up from 3.13 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.18 percent last week, down from 3.20 percent.



Bulbs

Fall bulbs for spring bloom are in abundance at nurseries and garden centers. Daffodils (narcissus), bearded iris and fragrant freesias should be planted as soon as possible.

Hold off on anemone, ranunculus and tulips until the soil cools in late October and November.

For the vegetable garden, look for onion sets for yellow, white or red onions.



Amazing Bay and Valley Views from this newly updated throughout 1,700 sq. ft. 3 bedroom, 2 bath family home situated on a .65 acre lot with 2 car garage, side access and off street parking. Situated in the hills of San Leandro, this homes features include a formal living and dining room with vaulted beamed ceilings, newly installed hardwood flooring, wall of windows, fireplace and slider to patio and yard. Eat-in kitchen with quartz counters, tile flooring, all new appliances and lighting. Master bedroom with large walk-in closet, master bath with granite counters, tile flooring, double sinks and stall shower. 2 additional bedrooms and hall bath with jetted tub, tile flooring and granite counter. Entertain, garden, relax or play in the oversized backyard with many fruit trees, plants and meandering paths. All this and so much more!



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B	1-4	1-4	16131 Via Sonora	\$575,000	3/1.5	J. Rockcliff Realtors	Lisa Ferraris	510-304-1271
A	—	2-4	1563 136th Avenue	\$689,000	4/2	Rinetti & Co. Realtors	Carrie Miles	510-735-5223
A	1-4	1-4	15950 Gramercy Drive	\$799,000	3/2	Berkshire Hathaway	The Brent Team	510-333-9404
SR	—	1-4	9408 Alcosta Boulevard	\$875,000	3/2	J. Rockcliff Realtors	Lisa Ferraris	510-304-1271
C	1-4	—	20950 Manter Road	\$995,000	5/3.5	J. Rockcliff Realtors	Peixoto Team	925-251-2536
C	—	1-4	9150 Crow Canyon Road	\$1,399,000	3/2	J. Rockcliff Realtors	Peixoto Team	925-251-2536
C	1-4	—	5812 Jensen Road	\$1,900,000	5/4.5	J. Rockcliff Realtors	Peixoto Team	925-251-2536

CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = KNIGHTSEN
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA

REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Top Ten Moving Fails

While relocating can be exciting, the move can be a killer. Avoid our Top 10 Fails — they can turn the dream into a nightmare.

■ **Failure to Plan:** Moving requires extensive planning. Start at least 60 days prior to ensure everything is effectively organized, including finalizing your mover. Establish a day-by-day plan, dividing tasks into manageable chunks. Stick to your schedule.

Do not plan to move the day your escrow is supposed to close — delays ruin moving plans. Ask for rentback to provide flexibility.

■ **Failure to Shop:** Not all

moving companies are the same. Check at least three different ones and call references.

Compare levels of service, confirm who will be performing the actual move, and check out reviews. Confirm they are licensed, insured, BBB accredited, registered with the DOT and an American Moving and Storage Association member.

■ **Failure to Count Actual Costs:** The number one moving company complaint is the difference between the estimate and the final bill. Discuss this in detail to eliminate surprises. Solid oak furniture? Grand piano? Extra insur-

ance? Do not settle for an online quote — have them come to your home and provide a firm estimate. Stairs on the other end? Fully disclose everything you know about the destination property.

DIY? Include fuel, truck rental, insurance, drop-off fee, and LOTS of extra miles and extra days when doing your calculations.

■ **Failure to Effectively Schedule:** Want to move at the end of the month? So does everyone else. Ask your mover for the best time to move — they may provide discounts for moving outside the peak times.

Avoid summer moves if possible. Not only is this peak moving time, highways are clogged with vacationers and road construction can add significant delays.

■ **Failure to Properly Insure:** Basic mover insurance is 60 cents a pound. Many of your items are worth significantly more, so discuss insurance with your mover to ensure you are fully covered. Ask about total loss coverage.

Additionally, talk to your insurance company about a separate relocation insurance binder. Make sure you know who is responsible for what: a mover will not assume liability for items packed by you. The extra cost to have a moving company pack everything may be worth knowing they are on the hook for any breakages or damage.

See next week's article for the remaining 5 Fails.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

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ATHLETE OF THE WEEK



Garret Kaleo Lee

This week's Athlete of the Week is Garret Kaleo Lee, a senior at Moreau Catholic High School. He has been recognized as an Academic All-American water polo player by USA Water Polo.

Lee was among student athletes honored for their achievements in the classroom and the pool with nearly 775 receiving Outstanding Achievers awards for 4.0 GPAs.

Lee is one of the founding members of Moreau's water polo program, established three years ago. He is the team's goalie, but most recently, as he trains his replacement, has played other positions, scoring 7 goals with 5 steals.

He also plays on a USA water polo team and competed in the Junior Olympics tournament at Chapman College last Spring and Summer. Several schools have contacted him to play water polo in college, including the University of Toronto.

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Bear in Creekside Classroom

Patrick Laird of the Cal Bears visited Creekside Middle School 6th graders in Alex McMurray's language arts class last Thursday to encourage a love of reading. "There's a book out there for everyone," Laird said. Patrick Laird's love of reading is seen on the field with a unique touchdown celebration turning the pages of an imaginary book. Students were inspired by the visit and determined to complete their 40-Book Reading Challenge by the end of the year. Thank you, Patrick Laird and Gooooooooo Bears!

SPORTS NOTES

Battle of the Valley

The 19th Annual Battle of the Valley will be held on Friday, October 20. Gates open at 5:30 p.m. and the game starts at 6:15 p.m. Creekside Middle School will host Canyon Middle School in this epic flag football game at CVHS Stadium. Bring the whole family for a fun-filled evening.

Basketball

If you need to get ready for Middle School or High School basketball tryouts, Swag is providing an opportunity for basketball players to work out with their experienced coaches during 4 scheduled basketball camps. There is a \$20 fee per camp. Camps will be held from 2 to 4 p.m. on the Sundays

of Oct. 22, Nov. 5 and Nov. 19, at Bancroft Middle School, 1150 Bancroft Ave. in San Leandro. For more info email: joseph@ebswag.com or dina@ebswag.com

Volleyball

NorCal Top Gun Girls Volleyball Club will hold tryouts for their 2018 club season. For U18 girls, tryouts will be held on Saturday, Nov. 4, from 10 a.m. to noon. Tryouts for U12 and U13 girls on will be held on the weekend of Nov. 4 and 5, from 8-10 a.m. Tryout fee is \$20 per player. No open gym scheduled for Top Gun. For online registration and tryout locations, please visit norcaltopgun.com or contact Kathy Yao at bgyao@meayao.net.



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CV 7, ARROYO 0

SINGLES

1. Anya Mortensen (CV) - Clara Martinez 6-0, 6-0
2. Gaby Madison (CV) - Rebecca Martinez 6-1, 6-1
3. Samantha (10) Lee (CV) - Yahwen Lin 6-0, 6-0
4. Samantha Cheung (CV) - Victorian Arenas 6-1, 6-0

DOUBLES

1. Victoria Vitton / Riley Powers (CV) - Kelly Wu / Kelly Tse 6-3, 6-2
2. Kele Fong / Alex Tam (CV) - Nancy Zheng / Phuong Nguyen 6-3, 6-0
3. Tania Beringer / Alisha Grewal (CV) - Brittney Wong / Karen La 6-3, 3-6, 7-6(2)

HAYWARD AT CV
ON TUES., OCT. 3
CV 7, HAYWARD 0

SINGLES

1. Lauren Fung (CV) - Vi Nguyen 6-0, 6-0
2. Sky Kim (CV) - Sarah Aunger 1-6, 6-4, 6-0
3. Tania Beringer (CV) - Jade Gonzalez 6-2, 6-1
4. Matilda Kristiansen (CV) - Zaina Alqaddi 6-2, 6-0

DOUBLES

1. Elizabeth Cheung / Sammie Lee (CV) - Tina Troung / Ayami Attend 2-6, 7-6 (3), 6-2
2. Geneva Low / Ashley Fang (CV) - Sunhwa / Diane Pham 6-4, 6-2
3. Raspberry Carpenter / Camile Canoro (CV) - Araceli Rivera / Kiyouni Tatend 6-2, 6-1

Know the Facts About Thrombosis: How To Prevent Potentially Deadly Blood Clots

When you think of potentially deadly health issues, do you think of a blood clot? According to a recent U.S. survey, only 7 percent of people say they are concerned about blood clots, known by the medical term thrombosis.

However, what they might not know is one in four people worldwide die from conditions caused by thrombosis, making it a leading cause of global death and disability.

So, what is thrombosis?

- Thrombosis is the formation of potentially deadly blood clots in the artery (arterial thrombosis) or vein (venous thrombosis).

- When a blood clot forms in the deep veins of the leg, it is known as deep vein thrombosis (DVT).

- If a blood clot travels in the circulation and lodges in the lungs, it is known as a pulmonary embolism (PE).

- Together, DVT and PE are known as venous thromboembolism (VTE), a dangerous and potentially deadly medical condition.

"Thrombosis is a significant public health issue about which many people are unfortunately unaware," says Dr. Gary Raskob, Ph.D., chairman of the World Thrombosis Day Steering Committee. "Understanding the risk factors for thrombosis and if you are at risk, as well as the signs and symptoms, is knowledge that could save your life."

Some signs and symptoms of DVT include pain or tenderness in the calf and/or thigh; swelling of the leg, foot and/or ankle; redness and/or noticeable discoloration; and warmth.

People with PE often experience shortness of breath, rapid breathing, chest pain (which may be worse during deep breath), rapid heart rate, lightheadedness and/or fainting.

The risk for VTE includes many factors: hospitalization, surgery, cancer, prolonged immobility, family history, estrogen-containing medications and pregnancy or recent birth.



A LEADING CAUSE OF GLOBAL DEATH AND DISABILITY: When it comes to thrombosis, knowing the signs, symptoms and risk factors can help you keep life flowing.

Given that up to 60 percent of VTE cases occur during or after hospitalization, it's important to ask your doctor for a risk assessment anytime you are admitted to the hospital.

"Knowing the facts about thrombosis can save your life," says Mike Albanese, a performer living with AFib, a common type of irregular heartbeat, or arrhythmia, which can lead to the forma-

tion of a deadly blood clot. "I try to use my shows as a platform to educate others about thrombosis, which can be preventable when you know what to look for."

VTE-related events cause more deaths each year in the U.S. and Europe than breast cancer, AIDS and motor vehicle crashes combined.

That's why the International Society on Thrombosis and Hae-

mostasis (ISTH) created a global movement called World Thrombosis Day this Friday, Oct. 13 to increase awareness of this often-overlooked condition.

For more information about thrombosis, visit worldthrombosisday.org.

—BrandPoint

REACH OUT AND READ

CHILDREN GET A BOOK AFTER DOCTOR VISITS

By Clayton Warren
SPECIAL TO THE FORUM

When Dr. Susan Adham was a little girl growing up in Sunnyvale, she fondly remembered going to the library and reading book after book with her father.

So, when she learned about a non-profit program called Reach Out and Read that incorporates books as part of pediatric care and encourages families to read to their children, she jumped at the chance to replicate the program in the East Bay.

Pediatricians with the Sutter East Bay Medical Foundation Care Center in Castro Valley will now provide books to children ages six months to five years at the end of each office visit. All children will receive an age-appropriate book that they can choose from with their parents.

"Encouraging children to read at an early age promotes healthy brain development and provides a foundation for success," says Dr. Adham. "Several studies have shown that exposing babies and young children to language, and

reading books in the first few years of their lives, is vital in preparing them for kindergarten and beyond."

Pediatricians are uniquely positioned to help bridge the literacy gap, says Adham, as they are heavily involved with the care of their patients and their families.

"Literacy opens up so many doors in life and encouraging parents to create a daily reading ritual with their infants, toddlers and preschoolers is just as important as promoting good nutrition and other healthy habits," she says.

The program was funded by a charitable gift from Better Health East Bay, a Sutter foundation.

The Castro Valley Care Center is located at 20101 Lake Chabot Road. The pediatric department can be reached at 510-886-3400.

To learn more about Reach Out and Read, visit www.reachoutandread.org

Clayton Warren is Communications Manager at Sutter Health.

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NMLS ID #291773

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Reports: Driver on Drugs; Ignored Restraining Order

continued from page 3

spotted him driving erratically. The man was handcuffed and taken into custody.

Mother and Son Go to Jail

Thursday, October 5: at 9:52 p.m., a mother and son from Castro Valley were arrested during a probation check of the young man at a home on Summer Glen Place near Villareal Drive. Deputies arrived on scene to check on the probation status of a 21-year-old man at the residence. The man was previously issued a warrant for his arrest on a separate charge. Deputies entered the home and found the man with illegal drug paraphernalia in his possession. As deputies were headed out the door, the suspect's 44-year-old mother was found in possession of illegal narcotics and drug paraphernalia. The woman also had a warrant issued for her capture. The pair were taken to Santa Rita Jail pending a court appearance.

Can't Stay Away

Thursday, October 5: at 11:11 p.m., deputies arrested a 54-year-old woman who refused to give an address on suspicion of violating a court-issued restraining order. An emergency call about a suspicious person outside a home on Sargent Avenue near Center Street sent deputies to the scene. There, they found the suspect fitting the description complete with a warrant issued for her capture. Deputies took the woman to Santa Rita Jail pending \$20,000 in bail.

Shoplifting Couple

Thursday, October 5: at 9:22 p.m., a 50-year-old woman from Oakland and a 43-year-old man with no permanent address were arrested on charges related to a shoplifting attempt at a grocery store on Redwood Road near Castro Valley Boulevard. Deputies were called to the scene after store security caught the pair leaving with unpaid merchandise. The man assaulted the security officer but could not get away. The woman initially gave deputies a false identification and was found to be in violation of her probation. The man was also wanted on a bench warrant for his arrest. Deputies took the pair into custody. The man was then transferred to Santa Rita Jail pending \$17,500 in bail.

Petty Theft

Thursday, October 5: at 5:03 p.m., deputies arrested a 43-year-old woman from San Leandro on suspicion of petty theft from a local business on Redwood Road near Redwood Court. The woman was spotted leaving with unpaid merchandise when she was apprehended. Deputies handcuffed the woman and took her into custody.

Five-Finger Discount

Thursday, October 5: at 2:04 p.m., a 58-year-old man with no permanent address was arrested on suspicion of shoplifting from a grocery store on Redwood Road

near Castro Valley Boulevard. Store security stopped the man from leaving the parking lot after observing him walk out with an unspecified amount of unpaid merchandise. Deputies took the man into custody.

Driver on Drugs

Thursday, October 5: at 6:30 p.m., deputies arrested a 31-year-old man from Chico (Butte County) on suspicion of driving while under the influence of drugs, possession of illegal narcotics, and two counts of possession of stolen property. The man was traveling on Redwood Road near Castro Valley Boulevard when deputies pulled him over into the parking lot of a nearby grocery store. The man was also found to have a warrant issued for his capture. Deputies took the man to Santa Rita Jail pending \$15,000 in bail.

Ignored Restraining Order

Wednesday, October 4: at 9:46 a.m., a 33-year-old man with no permanent address was arrested on suspicion of violating a court-issued restraining order against him. Deputies responded to a business on Redwood Road near Grove Way after the store manager called about the suspect's premature return. The man was taken to Santa Rita Jail pending \$6,000 in bail.

Domestic Assault

Tuesday, October 3: at 3:57 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a business on Redwood Road near Jamison Way. There, they arrested a 26-year-old man from San Leandro on suspicion of assault on a family member. The man was taken into custody. The victim was treated at the scene.

Joy Ride Ends in Arrest

Tuesday, October 3: at 11:43 a.m., deputies arrested a 25-year-old man from Hayward on suspicion of possession of a stolen vehicle, driving a stolen vehicle, possession of illegal narcotics, possession of illegal drug paraphernalia, possession of lock-picking equipment, and violating the terms of his probation. The man was traveling on Strobbridge Avenue and John Drive when deputies pulled him over and discovered his stash. Deputies describe the burglar tools as "shaved keys" capable of breaking and driving different cars. The man was taken into custody.

Couples Fight

Monday, October 2: at 9:07 p.m., an emergency call about a domestic dispute sent deputies to a home on Yeandle Avenue near Catalina Drive. There they arrested a 39-year-old woman and a 39-year-old man—both from Castro Valley—on suspicion of assault on a spouse. Deputies reported that the wife was the aggressor in the argument and handcuffed her. During questioning, deputies discovered the man had a "crack pipe" in his pocket. The couple were taken into custody.

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Terry Martinez
Broker / Owner / Notary

So much of Real Estate is relationships. San Leandro has been my home for 18 years. Being local gives me more than just a competitive edge... it also means I have a vested interest in our community. I have worked hard at establishing my career as a Broker and business owner in the same community where I live, shop and am raising my five children! I get great pleasure from seeing past clients at community events, and knowing that business can evolve into friendship.

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Tianne Rinetti-Vittoria
REALTOR® / Owner

Born and reared in San Leandro, I was exposed to Real Estate my entire life, as my father, Al Rinetti, opened the doors to Rinetti & Co in 1970! I joined the family business in 1999 and now, 17 years later, I find myself appreciating everything that I have been taught, learned and loved doing on a daily basis is still very much alive within me. We have a fantastic team of professional associates, both family and friends that have made the success of my father's business survive and thrive for many years beyond his mentoring. We continue to make a difference in our community by helping sellers with the difficulties in selling their homes and buyers navigate through the stresses of entering into the market. This career is much more than a business to me, it is a life I chose to dedicate my time, love, patience and professionalism to.

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Serean Kimmel, Realtor®
ReMax Accord, CA DRE#01770629

Serean Kimmel leased JP's Family Restaurant (formally known as Dinos) which will be opening shortly. Contact Serean if you want the inside scoop.

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Teri Martinez

Invisalign • Registered Dental Assistant

Teri has been the "Right Hand Person" for Dr. Bruce Stephenson in San Leandro for almost 20 years. Since July 2013, the two of them have formed an entirely new dental practice limited to only Invisalign, Clear Braces and Cosmetic Dentistry. "I love this aspect of dentistry," says Teri. "Often people are not too crazy about going to the dentist but our patients are really happy about it! Every time they see us, we make their smile better! Because we treat so many patients with Invisalign and other types of clear braces, we have the experience to do cases that other dentists thought were impossible. It's really fun and very rewarding!" When Teri is not busy creating great smiles, she enjoys all the myriad activities in San Francisco where she lives and staying in great shape doing "boot camps" and "extreme workouts."

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LETTERS TO THE EDITOR

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Claims BART is Not Safe – That There is No Security

Editor:

In its conception, the Bay Area Rapid Transit District (BART) would provide quick access to Bay Area travelers as well as commuters.

Unfortunately, BART has become a safe haven for the undesirables of society.

Returning from a great day enjoying Fleet Week in San Francisco, I found myself in an uncomfortable situation on a train. A “loud-mouth” got on my train.

Free to voice his opinion...he stated it loudly. I made an off-the-cuff comment and found myself quickly in a confrontation. I won't say that I was “assaulted” per se, though he *did* put hands on me trying to egg me into a fight.

The way I saw it...he had his right to his opinion and I had mine. It ended with no violence.

Now to my point: BART is *not* safe. There is no security what-so-ever. Bums (I won't dignify them as homeless) make the stations their own. They sneak through the gates without paying. They camp in the stations. Anyone who challenges them are met with danger.

Because the system traverses so many jurisdictions, local law enforcement is literally helpless. That *must* change.

Any transit system in America, be it a train, bus or airplane, needs to be fully protected. As citizens we have the right to commute safely.

Most of us pay for our passage. We deserve more from our fees. Stop allowing these “free-loaders.” Make BART a safe means again.

—Kevin Welsh
Castro Valley

No Sidewalk ... No Safe Place to Park on Somerset

Editor:

What do we have to do to get decent sidewalks on all of Somerset?

My nephew and his wife come every Sunday morning from Carmichael to take his mother-in-law from a board and care home on Somerset and Lake Chabot to Mass at Our Lady of Grace Church down the street on Somerset in a wheelchair. That is the only way she can be transported there.

There is sidewalk on only one side of Somerset most of the way, and only safe crossing at Lake Chabot and Somerset at the light and at Al's Market.

There is also no really safe place to park on Somerset where there is no actual sidewalk, as it blocks the way, and you can get a ticket for parking there.

I told my nephew that Castro Valley is pretty much a one-horse town, because we are not a city, and just get whatever some board thinks is good for Castro Valley, and we are pretty much at their mercy, whether we like it or not.

I remember when Livermore looked that way, but they have come a long way, and hopefully someday maybe Castro Valley can improve too.

I'm a 50 year resident of Castro Valley, and I have always hoped to see improvements in Castro Valley, and I'm still waiting. There have been a few improvements, but it's so slow.

—Barbara Lang
Castro Valley

Says Castro Valley Should Take “A Good Hard Look At Incorporation

Editor:

Three cheers for the letter sent in by Carey Sanchez Para (“Urges a Vote for an Elected Municipal Advisory Council,” Letters, Oct. 4)!

Castro Valley should elect members to the Castro Valley Municipal Advisory Board also known as MAC! Citizens should be able to select from a ballot just who we want.

We should also take a good hard look at incorporation – to become a the City of Castro Valley.

I understand the citizens of Castro Valley are concerned about taxes and the cost that would raise the tax base. However, I do not think the tax base would change that much.

Unincorporation now means that our tax dollars, property and other taxes, go to the Alameda County treasurer's funds. Our tax dollars do not come back to us as much as we pay. Those tax dollars go to ALL of the unincorporated portions of the county!

We have law enforcement and fire protection paid by our taxes now. Yes, there would be a higher cost for the Sheriff's Department to continue enforcement of law, but not that much higher. The same for the fire department.

We, as a city, would elect those members, mayor and city council, who live within our city limits. As it stands now, our tax dollars go to help pay for the county seat officials that don't live here and in truth, I doubt that they care that much, though they say they do. We need to govern our Castro Valley!

—Dick Purdee
Castro Valley

Retired Teachers' Reunion Photo Brings Back Delightful Memories

Editor:

What a delightful surprise ... to see Mrs. Wheeler's smiling face again, after sixty years! (“CVHS Teachers' Birthday Reunion,” Page 3, *The Forum*, Oct. 4)

During the two years that Mrs. Wheeler taught me Latin, I did well because I liked her so much, and I really wanted to please her.

Thanks for the memories.

—Dennis O'Reilly
Castro Valley

LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not withhold names or print unsigned letters. Email letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897,

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): Although you love being the focus of attention, it's a good idea to take a few steps back right now to just watch the action. What you see can help with an upcoming decision.



TAURUS (April 20 - May 20): “Caution” continues to be your watchword this week, as a former colleague tries to reconnect old links. There are still some dark places that need to be illuminated.



GEMINI (May 21 - June 20): Making a good first impression is important. Revealing your often hidden sense of humor can help you get through some of the more awkward situations.



CANCER (June 21 - July 22): Taking that Cancer Crab image too seriously? Lighten up. Instead of complaining about your problems, start resolving them. A friend would be happy to help.



LEO (July 23 - August 22): A widening distance between you and that special person needs to be handled with honesty and sensitivity. Don't let jealousy create an even greater gap between you two.



VIRGO (August 23 - Sept. 22): Congratulations. Your handling of a delicate family matter rates kudos. But no resting on your laurels just yet. You still have to resolve that on-the-job problem.



LIBRA (Sept. 23 - October 22): You might surprise everyone by being unusually impulsive this week. But even level-headed Libras need to do the unexpected now and then.



SCORPIO (October 23 - November 21): A period of turmoil gives way to a calmer, more settled environment. Use this quieter time to patch up neglected personal and/or professional relationships.



SAGITTARIUS (Nov. 22 - Dec. 21): A new relationship could create resentment among family and friends who feel left out of your life. Show them you care by making more time for them.



CAPRICORN (Dec. 22 - Jan. 19): Concentrate on completing all your unfinished tasks before deadline. You'll then be able to use this freed-up time to research new career opportunities.



AQUARIUS (Jan. 20 - Feb. 18): You're right to try to help colleagues resolve their heated differences. But keep your objectivity and avoid showing any favoritism 'twixt the two sides.



PISCES (Feb. 19 - March 20): Your personal life continues to show positive changes. Enjoy this happy turn of events, by all means. But be careful not to neglect your workplace obligations.

THE FORUM CROSSWORD

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ACROSS

- 1 Stroller
- 5 Goya subject
- 9 Playwright Levin
- 12 Emanation
- 13 Press agent?
- 14 Affirmative action?
- 15 Stormy, as weather
- 17 IRS employee
- 18 Dwell
- 19 Bygone anesthetic
- 21 “Monopoly” corner
- 22 “Car Talk” medium
- 24 Clone
- 27 Solidify
- 28 Coconut provider
- 31 Many millennia
- 32 Lubricate
- 33 Afternoon social
- 34 Ness or Lomond
- 36 Whatever number
- 37 Membership
- 38 Takes a break
- 40 Roker or Yankovic
- 41 Brother of Curly
- 43 Public celebration
- 47 Extinct kin of the kiwi
- 48 April payment
- 51 Boom times
- 52 Twice-monthly tide
- 53 String instrument
- 54 “Holy cow!”
- 55 Recedes
- 56 Gaelic

DOWN

- 1 Twosome
- 2 Mysterious character
- 3 Curved paths
- 4 Speak evil of
- 5 Marceau's specialty
- 6 Exist
- 7 Stewart of Comedy Central
- 8 Chipped in a chip
- 9 Not fully developed
- 10 Lasso
- 11 Hebrew month
- 16 Tokyo's old name
- 20 Gratuity
- 22 Jockey's handful
- 23 Partner
- 24 Aviv preceder
- 25 Court
- 26 Grow
- 27 Capricorn
- 29 Meadow
- 30 Wrestling surface
- 35 Height of fashion?
- 37 Record holder
- 39 Backbone
- 40 Intent
- 41 Self-satisfied
- 42 Crosby pal
- 43 Dandies
- 44 Use a teaspoon
- 45 New Mexico art colony
- 46 Wheelbase terminus
- 49 Kan. neighbor
- 50 Taxi

ANSWERS ON PAGE 4

Obituaries

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PHOTOS BY LARRY ROSA

The names of all 58 victims in last week's Las Vegas shooting were read at Sunday evening's candlelight vigil in Castro Valley. Many in attendance left in tears.

Vigil: Names of All 58 Victims Read Aloud

continued from front page
cern for the future — balancing the rights of gun owners with the right of citizens to live in peace.

"I'm just here to stand with the community and support the victims," said Jerry White of San Leandro. "These things always end with knee-jerk solutions on gun control, but that's not the only solution. The Second Amendment is not going anywhere."

Swalwell said another Cal High graduate, Stacey Etcheber (class of 1985) of Novato, was killed in the Las Vegas attack. Local friends of another victim, Michelle Vo of

San Jose, displayed photos of her as well.

The names of all 58 victims were read aloud, along with descriptions of their lives and the families they left behind. Many people at the gathering left in tears.

Swalwell said it meant a lot to the victims' families for so many to attend the candlelight vigil and show their support. He recalled the last time such a vigil was held here in June 2016, following a mass shooting at the Pulse nightclub in Florida.

"I hope we will not have to gather like this again," said Swalwell.



Ever Wanted to Work for CVUSD?

By Linette Escobar
SPECIAL TO THE FORUM

Castro Valley is a great place to live, but where are the jobs?

The second-largest employer in town is the Castro Valley School District, and there are many jobs available beyond teaching.

In order to increase the number of successful applicants for these non-teaching "classified" positions, Castro Valley Adult & Career Education is offering a free, 3-day class from 8:30 a.m. to 2:00 p.m. on the Fridays of Oct. 20, Oct. 27 and Nov. 3.

The school district has a wide variety of classified positions — from working as a paraprofessional with special needs students, office and administrative support, and food service — to grounds-keeping, maintenance, and transportation.

All positions require a high school diploma, in addition to a multi-step application process.

Participants will learn about the different positions from school district staff. They will explore which positions may be right for

them while learning about the district's "merit-based" hiring policy and how the employment process works.

They will practice test-taking strategies, review basic math and English skills, polish interviewing skills, and learn to put their best foot forward in a job interview.

At the end of the course, students will know what to expect and how to stand out.

The class will be taught by Jon Foster, an experienced teacher who currently teaches the English as a Second Language Bridge to Career and College class at the Adult School.

"We're delighted to offer this new course to help connect com-

munity members with fulfilling classified careers in the school district," said Assistant Principal Sharon Travers. "There are many opportunities within a school district besides teaching, and this is a great way for enthusiastic, capable individuals to discover all the district has to offer."

"Explore and Prepare to Apply for CVUSD Classified Employment" on the three Fridays: Oct. 20 and 27, and Nov. 3 from 8:30 a.m. to 2 p.m. The course is free. Visit www.cvadult.org or call 510-886-1000 to learn more or sign up. And register by next Tuesday, Oct. 17.

Linette Escobar is Marketing Chair for Castro Valley Adult and Career Education.

\$20 Pet Adoptions for Oct.

The Hayward Animal Shelter is bursting at the seams with cats and kittens and they're running out of cage space for incoming "kids".

To hopefully open up space, the shelter is offering \$20 cat/kitten adoptions to qualified homes through the remainder of October.

Compounding the problem, a lot of the Rescues who pull pets from the shelter are also full. Some of those Rescues took in pets from Texas, Florida and Puerto Rico, making it more difficult to transfer Hayward Shelter pets out to those Rescues. Call: (510) 293-7200.



BART PHOTO

Robbery Suspect

BART police are asking for the public's help in locating a suspect who robbed a woman aboard a BART train near Hayward the morning of Monday, Sept. 11. He's identified as 37-year-old Fredachi Stone who stands 5'9" and weighs 187 pounds. He should be considered armed and dangerous. Anyone with information should call BART PD at 510-464-7040 or Detective Krehbiel at 510-464-7053, or the anonymous tip line at 510-464-7011 or email rkrehbi@bart.gov.

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- CVSan's Center Street Property
- Wastewater and/or Fats, Oils, and Grease (FOG) programs
- Reduce, Reuse, Recycle & Rot – How to Practice the 4Rs in CV
- Commercial Recycling - How to Reduce Waste and your Bottom Line
- Food Scrap Recycling: From the Kitchen to Finished Compost
- Less Stuff, More of What's Meaningful
- What Goes Where?

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LANCELOT is a quiet 6-month old kitten who likes to cuddle. He needs a little extra TLC to help him blossom into a confident kitty. Info: Hayward Animal Shelter. (510) 293-7200.



SHADOW is a 6-months-old tuxedo kitten that was found abandoned in a field. She is rather quiet and would probably do best in a home with adults. Visit: www.dustypawsrescue.org



DIANA is an approximately 3 years old, 18 lb., adorably unusual mixed breed terrier - our guess is a Shih Tzu/Boston Terrier cross. For more info., please visit: dustypawsrescue.org

Foul: Complaints of Odor

continued from page 3

trucks, and then discharged into the manhole where it will eventually be processed at a sanitary facility. Castro Valley Sanitary District (CVSan) has had a 45-year contract with EBRPD to manage its sewage and disposal sites.

Prior to May, EBRPD trucks would discharge the waste further up the hill, closer to Arcadian Drive and Mayflower Drive. The site is no longer usable, according to CVSan because the pipes are too small. The current discharge station began operating in May 2017. The sanitary district sent letters to neighbors in April, with followup letters sent in August, and September alerting them to the project and asking them to continue helping monitor the area for odors.

"We take odor complaints like this very seriously," CVSan General Manager Roland Williams told the Castro Valley Forum. "We are now focusing our attention on these complaints and we will have our staff out there while checking the next time that the trucks are discharging to see if we can also detect the odors that people are complaining about."

The project has two weeks to go before CVSan reviews its findings including public feedback to East Bay Regional Parks management.

East Bay Regional Parks spokesman Dave Mason said the District will work with CVSan and the neighbors to come up with a viable solution. He noted that the discharge station is a closed system and is regularly monitored, but EBRPD staff has not detected the apparent odors reported by the neighbors.

Meanwhile, the neighbors are holding their noses at the situation. "We don't care about the changing the way the dump site is handled, we want it gone," Menchini says. "It affects our property values. That is right near where people park and where people walk with their pets into the park. There are small children in the neighborhood that are being babysat during the day. If there is any kind leak or airborne bacteria coming out of there, that is an issue."

Neither EBRPD nor CVSan could say what an alternative plan would entail if the current discharge site was deemed unfit for use.



ALAMEDA COUNTY FIRE DEPT. PHOTO

Worker Falls from Bridge

Alameda County firefighters rescue a construction worker who had fallen about 15 feet from a bridge being built at Crow Canyon Place Friday evening. The man was transported for treatment of injuries to his leg.

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