

FROM OUR JUICE BAR: All juice is fresh squeezed on premise, no additives or preservatives, tax included.

Fresh Squeezed Orange or Grapefruit: 12oz \$7.50 16oz \$9.50

Carrot Juice—Fresh squeezed to order: 12oz \$7.50 16oz \$9.50. Carrot with choice of 3 other ingredients: Kale, cucumber, green apple, parsley, lime, lemon, ginger, spinach, celery, broccoli or beets. Each additional after 3 is .60. Add organic wheat grass \$2.00. **Green Juice** 12oz \$10.50 combination of celery & cucumber

Organic Wheat Grass Shots: 2oz \$6.25 **Apple Cider Vinegar Shots** 2oz \$2.50

ALL FRUIT SMOOTHIES 16oz \$10.50 Tax included. Choice of milk: 2%, Coconut, Almond or Oat . Green your smoothie: add spinach, kale, flax or chia .50. Add protein powder, vegan protein powder, hemp powder, Peanut Butter Powder, Acai Powder, Maqui Powder, Ceremonial Matcha Tea or Organic Microalgae Powder \$1.50. Add 2 oz fresh squeezed wheat grass ice cubes \$2.00

BASHFUL SMOOTHIE— apple juice, & banana with choice of: Strawberry, Blueberry, Peach , Raspberry, Mango & Pineapple.

PINEAPPLE EXPRESS— Pineapple juice with mango and strawberry

JAMAICAN JOY— Papaya Nectar with banana, and raspberries.

MANGO TANGO—Apple juice with peaches, and mango .

BERRY BLUEBERRY—Cranberry juice with banana, blueberry and strawberry.

BERRY YOGURT— Apple juice with banana, strawberry, pineapple, peach and organic Greek yogurt.

PUMPKIN PIE SMOOTHIE— Pumpkin, banana, spices, maple syrup and choice of milk.

ALGAE SHAKE \$11.50 - Organic microalgae powder, banana & choice of milk.

AMBROSIA— Apple juice with banana, strawberries and mango.

SMOOTHIE BOWLS \$11.95 Tax included.

Thicker than a smoothie with cool toppings and eaten with a spoon.

BLUEBERRY ACAI BOWL—Blueberries, banana, raspberry, Acai base blended and topped with blueberries, chia and almonds.

PEANUT BUTTER BOWL— Banana, Peanut Butter & Almond Milk blended and topped with peanut butter, chocolate chips and banana.

ACAI GRANOLA BOWL— Acai base topped with banana, coconut, honey and granola.

OATMEAL SMOOTHIE— Oats, banana, almond milk, peanut butter, maple syrup, cinnamon and salt.

PEANUT BUTTER CUP—Banana, peanut butter and our own all fruit fudge sauce, with choice of milk.

CARIBBEAN COOLER— Apple juice with banana, strawberries and peach .

CHOCOLATE BANANA— Banana with our own all fruit fudge sauce, & choice of milk.

BANANA TURMERIC— Banana, pineapple, organic turmeric, & choice of milk.

PINK LADY \$11.50— Fresh squeezed pink grapefruit juice, raspberries and strawberries.

BLUEBERRY PIE OATMEAL SMOOTHIE—Oats, banana, blueberry, Organic Greek yogurt, almond butter, cinnamon, choice of milk and maple syrup.

KALE PINEAPPLE— Banana, mango, kale, Organic Greek yogurt, pineapple, pineapple juice, and almond butter.

TROPICAL MAQUI SMOOTHIE BOWL— Mango, banana, pineapple, maqui powder & coconut milk blended topped with strawberry, coconut, pepitas & chia.

RAINBOW BOWL Bananas, strawberries, mangos & almond milk blended and topped with strawberry, kiwi, blueberry & banana.

BLUEBERRY PIE OATMEAL BOWL Banana, oatmeal, blueberries, yogurt, almond butter, cinnamon & maple syrup with Banana, Blueberries & Granola.