COUSINS®

FRESH MARKET

COUSIN'S FRESH MARKET HALAL MEAT

Fresh Chicken Drumsticks
10 LB. $8.99

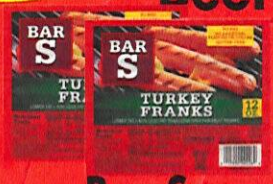
Fresh Beef T-Bone Steak
LB. $7.99

FRESH LEAN Ground Beef
3 LB. $10

Dietz & Watson 42oz. Pkg Deli Beef Franks
$14.99

Kewl or GLACIER LAKES Spring Water 24 Pack
3 FOR $12

31/40 Ct. 1 Lb. Bag Raw Shrimp
$9.99



Bar S Hot Dogs 12 Oz. Chicken or Turkey
2 FOR $4

Fresh Sliced White American Cheese
LB. $4.99

FREE DELIVERY

10 Pack Capri Sun Drinks
2 FOR $6

Hawaiian Punch Gallon
SELECT VARIETIES
3 FOR $12

Hi-C 8 Pack Juice
48 OZ. SEL. VAR.
2 FOR $6

Little Hugs Fruit Barrel 20 Pack
SEL. VAR
2 FOR $12

Pepsi or Canada Dry Can Soda
Sel. Var. 12 Pack 12 oz. Oz.
$6.99

Goya Yellow Rice
7 OZ.
2 FOR $4

San Giorgio or Essential Everyday Pasta
12-16 OZ. SEL. VAR
3 FOR $5

Essential Everyday Ketchup
24 OZ.
3 FOR $5

Snack Pack Gelatin or Pudding
13 OZ. SEL. VAR.
3 FOR $5

Shopper's Value Yellow Mustard
14 OZ.
4 FOR $5

StarKist Chunk Light Tuna
5 OZ. SEL. VAR
4 FOR $5

Post Cereal
10 - 14 Sel Var.
2 FOR $10

General Mills Family Size Cereal
CINNAMON TOAST CRUNCH, HONEY NUT CHEERIOS, LUCKY CHARMS
18-19.5 OZ., SEL. VAR.
2 FOR $10

Essential Everyday Dressing
16 Oz.
2 FOR $5

Best Yet Hamburger Or Hot Dog Rolls
8 PACK SEL. VAR.
2 FOR $5

Tropicana Twister or Minute Maid Punch Drinks
2 FOR $5

Smucker's Uncrustables
7.2 - 8 OZ. SEL. VAR.
2 FOR $8

StoneRide Ice Cream
48 oz. sel. var
2 FOR $8

Xtra Laundry Detergent
56-57.6 Oz. Sel. Var.
$3.99

Ragu Pasta Sauce
23.9 Oz. Sel. Var.
2 FOR $6

Kraft Velveeta Mac & Cheese
12 OZ.
SEL. VAR.
2 FOR $6

6411 Woodland Ave.	5429 West Girard Ave.	5704 Baltimore Ave.	Chester 3117 W. 9th St,
Philadelphia, PA 19142	Philadelphia, PA 19131	Philadelphia, PA 19143	Chester, PA 19013
215-729-1515	215-877-8500	215-747-8700	484-483-2500

STORE HOURS:
SUNDAY 8AM - 5PM
MON. THRU SAT. 8AM - 8PM

SALE DATES:
SEPTEMBER 1 - OCTOBER 31, 2024

FREE DELIVERY ON PACKAGES & GROCERY ORDERS
WITH PURCHASE OF $100.00 OR MORE CALL FOR MORE INFORMATION

MoneyGram. AVAILABLE AT ALL LOCATIONS!

We Accept: ACCESS VISA MasterCard MAC

WIC AVAILABLE

DO TO SUPPLY CHAIN ISSUES, PRICES MAY CHANGE © Sale items not for retailers or wholesalers. We reserve the right to limit quantities. Not responsible for typographical errors. Some artwork for display purposes only & may not represent actual product.

COUSINS FRESH MARKET — LOWEST PRICES IN TOWN!

GROCERY!

Quaker
Cap 'n Crunch Cereal
10.3-12.6 OZ., SEL. VAR.
2 FOR $10

Kellogg's
12 Ct. Pop-Tarts
20.3 OZ., SEL. VAR.
$4.99

Nabisco
Oreo Cookies
11.78-18.71 OZ., SEL. VAR.
$4.99

Nabisco
Chips Ahoy!
7-13 OZ., SEL. VAR.
$3.99

Post
Fruit Pebbles
ONLY, 19 OZ.
2 FOR $12

Post
Cereal
10-16.6 OZ., SEL. VAR.
2 FOR $10

V8 Splash
Fruit Drinks
64 OZ., SEL. VAR.
2 FOR $7

Hungry Jack
Pancake Mix or Syrup
24-32 OZ., SEL. VAR.
$3.99

Quaker
Instant Oatmeal
7.4-15.1 OZ., SEL. VAR.
$3.99

Snack Pack
Gelatin or Pudding
13 OZ., SEL. VAR.
3 FOR $5

ACT II
Microwave Popcorn
8.25 OZ., SEL. VAR.
2 FOR $5

Lay's
Stax Crisps
5.5-5.75 OZ., SEL. VAR.
2 FOR $5

Essential Everyday
Oats
18 OZ., QUICK OR OLD FASHIONED
2 FOR $6

Essential Everyday
Apple Sauce 6 Pack
24 OZ., SEL. VAR.
2 FOR $6

Essential Everyday
Pasta Sauce
24 OZ., SEL. VAR.
2 FOR $5

Essential Everyday
Apple Juice
64 OZ., SEL. VAR.
2 FOR $6

Mazola
Corn Oil
40 OZ.
$5.99

Essential Everyday
Steak Sauce
10 OZ.
$3.99

Essential Everyday
Peanut Butter
28 OZ., CREAMY, CRUNCHY
$4.99

Knorr
Rice or Pasta Dishes
4-5.8 OZ., SEL. VAR.
3 FOR $5

Zatarain's
Rice Mixes
7-8 OZ., SEL. VAR.
2 FOR $5

Ragu
Pasta Sauce
16-24 OZ., SEL. VAR.
2 FOR $6

Old El Paso
Dinner or Bowl Kits
8.8-12.5 OZ., SEL. VAR.
$3.99

Old El Paso
Stand n' Stuff Shells or Bowls
5.4-6.7 OZ., SEL. VAR.
$3.99

Shoppers Value
Vegetable Oil
40 OZ.
$4.99

Hunt's
Canned Tomatoes
28 OZ., SEL. VAR.
2 FOR $5

College Inn
Broth
32 OZ., SEL. VAR.
2 FOR $6

Wish-bone
Salad Dressing
8 OZ., SEL. VAR.
2 FOR $5

Heinz
Ketchup
20 OZ.
$3.99

Heinz
Gravy
12 OZ., SEL. VAR.
2 FOR $6

Hunt's
Spaghetti Sauce
24 OZ., SEL. VAR.
2 FOR $4

Rice-A-Roni
Pasta or Rice Sides
1.97-7.2 OZ., SEL. VAR.
2 FOR $5

Rice-A-Roni
Heat & Eat Pouches
8.8 OZ., SEL. VAR.
2 FOR $6

Snapple
6 Pack Teas & Drinks
96 OZ., SEL. VAR.
$6.99

Xtra
Liquid Laundry Detergent
56-57.6 OZ., SEL. VAR.
$3.99

Febreze
Air Fresheners
.25 OR 8.8 OZ., SEL. VAR.
$3.99

MORE GROCERY!

Niagara
24 Pack Water
8 OZ. BTL.
3 FOR $12

Kewl or Glacier Lakes
24 Pack Water
16.9 OZ. BTL.
3 FOR $12

Kellogg's
Family Size Cereal
APPLE JACKS, FROOT LOOPS, CORN POPS, FROSTED FLAKES
19.4-24 OZ., SEL. VAR.
2 FOR $12

General Mills
Family Size Cereal
CINNAMON TOAST CRUNCH, HONEY NUT CHEERIOS, LUCKY CHARMS
18-19.5 OZ., SEL. VAR.
2 FOR $10

Day's
2 Liter Soda
SEL. VAR.
3 FOR $5

Day's
12 Pack Soda
12 OZ. CANS, SEL. VAR
3 FOR $18

Herr's
Chips Box
28 CT.
$15.99

PRODUCE!

COUSINS FRESH MARKET HALAL MEAT

5 Lb. Bag
Apples
2 FOR $10

Jumbo Yams
5 LBS. $5.00

Fresh Mangos
2 FOR $4

5 Lb. Bag
Oranges
$6.99

Loose
Fresh Carrots
$1.99 LB.

Fresh Cabbage
3 LBS. $2.00

10 oz. Bag
Fresh Spinach
2 FOR $6

2 Lb. Bag
Onions
$2.99

Fresh Collard Greens
5 LBS. $5.00

Fresh Express
Salad Mix
7-9 OZ., SEL. VAR.
2 FOR $7

COUSINS FRESH MARKET — LOWEST PRICES IN TOWN!

MEAT!

- FRESH Chicken Drumsticks — 10 LBS. $8.99
- FRESH Boneless Chicken Breast — 3 LBS. $12.00
- FRESH Whole Chicken — $2.99 LB.
- FRESH T-Bone Steaks — $7.99 LB.
- FRESH Ground Turkey — 2 LBS. $10
- FRESH Goat Meat — $5.99 LB.
- FRESH Lamb Chops — $6.99 LB.
- FRESH Pork Ribs — $3.99 LB.
- FRESH Center Cut Pork Chops — 3 LBS. $9.99
- FRESH Pig Feet — $2.49 LB.
- FRESH Lean Ground Beef — 3 LBS. $10.00
- FRESH BEEF Pepper Steaks — $6.99 LB.
- FRESH Shoulder Steaks — $5.99 LB.
- FRESH Beef Cubes — $5.99 LB.
- Beef Top Round Steak — $5.99 LB.
- FRESH Beef Back Ribs — 3 LBS. $12.00

DELI!

- FRESH SLICED, WHITE American Cheese — $4.99 LB
- CAROLINA Turkey Ham — $6.99 LB.
- DIETZ & WATSON Buffalo Chicken — $7.99 LB.
- FRESH SLICED Turkey Pastrami — $6.99 LB.
- FRESH SLICED Roast Beef — $6.99 LB.
- DIETZ & WATSON Provolone Cheese — $6.99 LB.
- FRESH SLICED Turkey — $6.99 LB.
- FRESH SLICED Cooper Cheese — $5.99 LB.
- FRESH SLICED Turkey Bacon — $5.99 LB.
- FRESH SLICED Pork Bacon — $5.99 LB.
- FRESH SLICED Beef Bacon — $8.99 LB.
- SMITHFIELD Pork Bacon 16 OZ. — $5.99 EA.
- FRESH Pork Sausage — $6.99 LB.
- DIETZ & WATSON Chicken Breast — $6.99 LB.
- DIETZ & WATSON Smoked Sausage 48 OZ. — $15.99 EA.

SEAFOOD!

- WHOLEY Whiting Fillets — 2 LB. BAG $8.99
- WHOLEY Whole Mussels — 2 LB. BAG $8.99
- WHOLEY Salmon Fillets — 1 LB. BAG $8.99
- Raw Shrimp — 31/40 CT. 1 LB. BAG $9.99
- Imitation Crab Sticks — 1 LB. BAG $3.99
- WHOLEY Tilapia Fillets — 1 LB. BAG $6.99
- Flounder or Swai Fillet — 2 LB. BAG $12.99
- Imitation Crabmeat — 1 LB. $3.99

DAIRY!

- La Yogurt Yogurt — 6 OZ., SEL. VAR. 10 FOR $10
- Turkey Hill Teas or Drinks — 128 OZ., SEL. VAR. $4.99
- TURKEY HILL Teas or Drinks — 64 OZ., SEL. VAR 2 FOR $6
- ESSENTIAL EVERYDAY Orange Juice — 52 OZ., SEL. VAR. 2 FOR $8
- ESSENTIAL EVERYDAY Shredded or Chunk Cheese — 6-8 OZ., SEL. VAR. 2 FOR $6
- ESSENTIAL EVERYDAY Butter Quarters — 16 OZ., SEL. VAR. $4.99
- PILLSBURY Cookie Dough — 7-16.8 OZ., SEL. VAR. $5.99
- INTERNATIONAL DELIGHT Lemonade or Creamer — 32 OZ., SEL. VAR. $3.99
- TROPICANA TWISTER OR MINUTE MAID Punches & Ades — 59 OZ., SEL. VAR. 2 FOR $5
- PILLSBURY Grands Biscuits — 16.3 OZ., SEL. VAR. $3.99

FROZEN!

- Hot Pockets — 8.5-9 OZ., SEL. VAR. 2 FOR $8
- Hungry Man Double Bowls — 15 OZ., SEL. VAR. 2 FOR $8
- Stone Ridge Ice Cream — 48 OZ., SEL. VAR. 2 FOR $8
- JIMMY DEAN DELIGHTS Sandwich or Wraps — 12-20.8 OZ., SEL. VAR. $7.99
- SMUCKER'S Uncrustables — 7.2-8 OZ., SEL. VAR. 2 FOR $8
- EGGO Waffles — 23.2-29.6 OZ., SEL. VAR. $6.99
- TGI FRIDAYS Appetizers — 8-11 OZ. SEL. VAR. $4.99
- ON-COR Family Dinners — 24-28 OZ., SEL. VAR. 2 FOR $10
- MCCAIN Potatoes — 12-32 OZ., SEL. VAR. $3.99
- ESSENTIAL EVERYDAY Potatoes — 19.05-32 OZ., SEL. VAR. $3.99
- FARM RICH Appetizers — 14.3-22 OZ., SEL. VAR. $6.99
- FURLANI Texas Toast — 6.75-11.25 OZ., SEL. VAR. 2 FOR $5
- JIMMY DEAN DELIGHTS Breakfast Bowls — 4-9 OZ., SEL. VAR. $3.99
- MRS. PAUL'S Breaded Fish — 18-24.6 OZ., SEL. VAR. $5.99
- TURKEY HILL Ice Cream — 46 OZ., SEL. VAR. $4.99
- ESSENTIAL EVERYDAY Vegetables — 12-16 OZ., SEL. VAR. 2 FOR $5
- FRIENDLY'S Ice Cream — 48 OZ., SEL. VAR. $4.99
- PILLSBURY Toaster Pastries — 7.2-11.7 OZ., SEL. VAR. $3.99

COUSINS FRESH MARKET MEAT & DELI PACKAGES!

FREE HOME DELIVERY

ON PACKAGES & GROCERY ORDERS $100.00 OR MORE

FOR MORE INFORMATION BY PHONE:

WEST GIRARD AVE. 215-877-8500 • WOODLAND AVE. 215-729-1515 • BALTIMORE AVE. 215-747-8700 • CHESTER 484-483-2500

COUSINS FRESH MARKET

MEAT PLAN #1

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 2 LB. FRESH BEEF SHORT RIBS
- 3 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES

$79.99

COUSINS FRESH MARKET

MEAT PLAN #2

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAK

$99.99

COUSINS FRESH MARKET

MEAT PLAN #3

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMSTICKS
- 3 LB. FRESH BEEF BUTTER STEAK
- 2 LB. FRESH BEEF SHORT RIBS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBE
- 2 PKG. BAR-S HOT DOGS CHICKEN OR TURKEY

$119.99

COUSINS FRESH MARKET

MEAT PLAN #4

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN DRUMS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH GROUND BEEF
- 3 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAKS

$129.99

COUSINS FRESH MARKET

MEAT PLAN #5

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMS
- 3 LB. FRESH GROUND BEEF
- 5 LB. FRESH CHICKEN LEG QUARTERS
- 3 LB. FRESH BEEF BACK RIBS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH BEEF OXTAILS
- 3 LB. FRESH SHOULDER STEAKS
- 2 LB. FRESH BEEF SHORT RIBS
- (2) 1 LB. PKG. HOT DOGS CHICKEN OR TURKEY

$149.99

COUSINS FRESH MARKET

FAMILY COMBO PLAN #6

- 10 LB. CHICKEN WINGS
- 10 LB. CHICKEN LEG QUARTERS
- 5 LB. CHICKEN DRUMSTICKS
- 2 WHOLE CHICKENS
- 3 LB. T-BONE STEAK
- 3 LB. BEEF SHORT RIBS
- 3 LB. GROUND BEEF
- 1 BAG SHRIMP
- 1 BAG TILAPIA
- 4 LB. TURKEY BABY WINGS
- 4 LB. TURKEY CHOPS

$199.99

DELI PLAN #1 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. SMOKED TURKEY BREAST
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA

$9.99

DELI PLAN #2 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY PASTRAMI
- 1/2 LB. ROAST BEEF
- 1/2 LB. SMOKED TURKEY BREAST

$10.99

DELI PLAN #3 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA
- 1/2 LB. CORNED BEEF
- 1/2 LB. TURKEY BREAST

$13.99

DELI PLAN #4 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. ROAST BEEF
- 1/2 LB. TURKEY HAM
- 1/2 LB. HONEY TURKEY BREAST
- 1/2 LB. BEEF BOLOGNA

$14.99

DELI PLAN #5 COUSINS FRESH MARKET

DIETZ & WATSON SPECIALS

- 1/2 LB. BUFFALO CHICKEN BREAST
- 1/2 LB. PEPPER TURKEY BREAST
- 1/2 LB. BEEF BOLOGNA
- 1/2 LB. BBQ CHICKEN BREAST

$15.99

DELI PLAN #6 COUSINS FRESH MARKET

- 1 LB. TURKEY BREAST
- 1 LB. TURKEY PASTRAMI
- 1 LB. TURKEY HAM
- 1 LB. BEEF BOLOGNA

$18.99

DELI PLAN #7 COUSINS FRESH MARKET

- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. BUFFALO CHICKEN
- 1 LB. GOURMET TURKEY
- 1 LB. TURKEY HAM

$25.99

DELI PLAN #8 COUSINS FRESH MARKET

- 1 LB. CORNED OR ROAST BEEF
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. PEPPER TURKEY BREAST
- 1 LB. BUFFALO CHICKEN
- 1 LB. BEEF BOLOGNA

$30.99

COUSINS FRESH MARKET

BREAKFAST PORK PLAN #1

- 1 LB. PORK BACON
- 1 LB. PORK SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. PORK SCRAPPLE

$25.99

COUSINS FRESH MARKET

BREAKFAST TURKEY PLAN #2

- 1 LB. TURKEY BACON
- 1 LB. TURKEY SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. TURKEY SCRAPPLE

$24.99

COUSINS FRESH MARKET

BREAKFAST BEEF PLAN #3

- 1 LB. BEEF BACON
- 1 LB. BEEF SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. BEEF SCRAPPLE

$34.99

* SALE ITEMS ARE NOT FOR RETAILERS OR WHOLESALERS * ALL MEAT SALES ARE FOR OVER THE COUNTER SALES ONLY.
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