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AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

THURSDAY, JANUARY 9, 2020 **SAN LEANDRO • CALIFORNIA**



The East Bay's first baby of 2020, Christopher Santiago Tercero, with mom Ursula and dad Roberto at San Leandro Kaiser Hospital on New Year's Day.

First Baby of Year Born at 12:05

year – and new decade – was born at San to Kaiser spokesman Jonathan Bair. Leandro Kaiser Hospital at 12:05 a.m. on New Year's Day.

Castro Valley, weighed in at 8 pounds, 5 a.m.

The East Bay's first baby of the new ounces and was 21 inches long, according

Christopher might have been the first baby born in 2020 in the entire Bay Area, Christopher Santiago Tercero, third but Valley Medical Center in San Jose child of Robert and Ursula Tercero of claims a baby girl arrived there at 12:04

Christopher joins his sisters Bianca and Aliana to make a sibling trio. Fittingly, the family name Tercero means "third" in Spanish.

Roberto and Ursula are both originally from Nicaragua but met in the United

88 Year Old Lucy Tarin Not Ready to Retire

By Jim Knowles

San Leandro Times

regular customers who go for the ington Manor and Marina High. great steamed hot dogs.

retire. She's only 88.

sick, or if nothing else I'll do- Company on Davis Street. nate my time to St. Felicitas," Tarin said.

Manor since she and her late hus-

Kasper's at the Greenhouse band Joseph moved there in 1950. Marketplace will close on Jan. 19 They raised four kids who all and that means something to the went to school at Dayton, Wash-

Tarin has always been in the But Lucy Tarin isn't ready to food business. She worked at the Del Monte cannery in Oakland "Most likely I'll fill in at the from 1955 to 1970, and then other stores when somebody's went to work at Regal Packing

After she retired in 1996, she started working with her daughter Tarin has lived in Washington who was manager of the Kasper's



see LUCY, page 10 Lucy Tarin says she loves working at Kasper's.

City Council Approves New Police Contract

By Mike McGuire San Leandro Times

approved a new labor agreement change in the new agreement. with the San Leandro Police Police officers are generally able Officers Association (SLPOA) at to retire at 90 percent of their base its Jan. 6 meeting that would raise pay for officers and sergeants about 9 percent over 3 years.

The vote was 7-0 on the agreement, which was considered along with several other items in the "consent calendar" part of the the "consent calendar" part of the meeting devoted to routine actions. The contract runs from Jan.

One of the Council members approving the agreement was Pete Ballew, who is a retired San Leandro police officer.

After the initial 1 percent 2 at the age of 96. rise in the new contract, a police officer would start out at \$96,924 in Northern California, near a year, while a new officer hired Chico, where he after Oct. 1, 2022 would start worked on dairy at \$104,916 annually. Police farms, raised officers' pay goes up with ex- hogs and chickperience, so that an officer at ens, and worked the top of the scale would make plow horses. He \$123,708 after the initial rise this later went to Howard Kerr month, and \$133,896 by 2022.

A sergeant new in the position UCLA. would make \$116,316 after the make \$148,440 a year, rising to passed away in 2008. \$166,668 by Oct. 1, 2022.

tions for police officers through and daughter Mary. the Public Employee Retire-

The San Leandro Council ment System (CalPERS) did not

see CONTRACT, page 10

Former 1 of this year until Dec. 31,2022. **Kerr Dies**

Former City Councilman Howard Kerr passed away on Jan.

Kerr was born and raised

UC Davis and



Kerr met Eleanor Grace Gilinitial raise this month, and a boy, an attractive young nurse, at sergeant who began the position a dance and they were married in after Oct. 1, 2022 would start at 1950. The same year, the couple \$125,892. After the initial pay bought their first house in the raise this month, a sergeant who Washington Manor neighborhood has served long enough to be at of San Leandro where they lived the top of the pay scale would the rest of their lives. Eleanor

Howard and Eleanor raised The city's pension contribu- three children, sons Jay and Rich,

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HEALTH

Ten health tips for the new year. Page 7 38,500 EVERY THURSDAY

THE LARGEST FREE-DELIVERED NEWSPAPER IN THE EAST BA

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San Teandro Times THURSDAY, JANUARY 9, 2020

San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

EDITORIAL

Fred Zehnder

Jim Knowles jimk@ebpublishing.com

Mike McGuire

Steve Schaefer

PRODUCTIO

Howard Morrison

Kayla Steinorth

Moxie Morrison

OPERATIONS

Claudette Morrison

ADVERT

Display Advertising **Claudette Morrison**

Classified Advertising **Patrick Vadnais**

HOW TO REACH US

San Leandro Times 2060 Washington Ave. San Leandro, California 94577

Office hours: Weekdays, 9 a.m. to 5 p.m.

Main Office: (510) 614-1555 www.ebpublishing.com

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Project Literacy at The SL Library Looking for Tutors

adult and family literacy pro- 2 on Saturday, Feb. 1, from 10 gram, Project Literacy, is seeking a.m. to 3 p.m., also at the Main volunteer literacy tutors. Find Library. out how you can help others learn to read by attending Project attend all three sessions. Literacy's Tutor Orientation on Wednesday, Jan. 22, from 6 to Saturday training sessions. For 8 p.m. at the San Leandro Main more information or to regis-Library, 300 Estudillo Ave.

trainings: Tutor Training Part 1 sanleandrolibrary.org under the on Saturday, Jan. 25, from 10 a.m. 'Services' tab.

San Leandro Public Library's to 3 p.m.; and Tutor Training Part

All prospective tutors must

Lunch is provided on both ter, please call 577-3944. Visit Additional required tutor Project Literacy on the web at

Library to Host Drawing Workshop on Saturday

The San Leandro Public Lithis Saturday from 1 to 3 p.m. at will be served. the Main Library, 300 Estudillo

The artist will give a tutorial on how to ink traditional pieces attached flyer or call the Informaand fix up line art.

The program is for ages 16 brary invites the community to and older. Admission is free and come draw with artist and social no registration is required. Limmedia influencer Komun Horangi ited seating. Light refreshments

> Find the artist on Instagram and Twitter @KomunHorangi.

> For more information, see the tion Desk at 510-577-3971.



Annual Holiday Basket Program Helps a Thousand Local Families

More than 100 staff and vol- Lorenzo, Ashland, Cherryland, California Highway Patrol, San unteers handed out food baskets and Castro Valley area. and toys to nearly 1,000 families Dec. 23.

49th Annual Davis Street Holiday received new toys or gift cards Basket Program at 6:30 a.m. thanks to the community. to prepare for the families and seniors enrolled in the program partment, Local 55 Firefight- including 173 seniors and 1,723

in need at the Davis Street Family containing a complete holiday tributed food and toys to families Resource Center on Monday, meal, including a turkey, fresh produce and all the fixings. Chil-They began setting up for the dren enrolled in the program support from the community,

throughout San Leandro, San ers Union of Alameda County, children.

Leandro Police Department, and Families received a basket other community volunteers disin need.

With the many donations and Davis Street was able to provide food and toys to nearly 1,000 Alameda County Fire De- families and 3,164 individuals

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Full Gym • Over 40 Group Exercise Classes • Lap Swimming Year-round Aqua Aerobics • Swim Lessons • Pro Tennis Lessons • Kids Pool **Pickleball Groups & Socials! & Babysitting \$3**



*When you join early and pay your first 2 months dues. Subject to change without notice. Offer exp. 2/1/20

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Singles = \$228

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H.A.R.D. Senior Softball Season Gearing Up for Its 30th Year

The Hayward Area Recre- Thursday mornings. ation District's senior softball 2020 season and its 30th year.

to play are now available online at hardseniorsoftball.com. The league is open to men and women.

The league will consist of the following three age divisions-50s, 60s and 70s. The 60s

New players need to attend program is gearing up for the one of the practice sessions, play on March 17 at the Alden E. The initial meeting will be Valley Community Center on levard in Hayward and continue held at 10 a.m. Tuesday, Jan. 21, Lake Chabot Road at 10 a.m. on through September, finishing at the San Felipe Center, 2058 the dates of February 4, 11, and after the playoffs and champion-D St. in Hayward. Applications 18. There will be a draft after the ship games.

last practice session.

The leagues will begin league which will be held at the Castro Oliver Fields on Hesperian Bou-

Register on Saturday for San Leandro Girls Softball

San Leandro Girls Softball in San Leandro. division will play on Tuesday League will have a walk-in regmorning, the 70s division will istration on Saturday, Jan. 11, 6 to 14 of all playing abilities. For play on Wednesday mornings, from noon to 2 p.m. at Mountain more info contact Leo Sheridan at and the 50s division will play on Mike's Pizza, 2150 Marina Blvd. leosheridan@gmail.com.

The league is open to girls age





SIRs Meets Monthly at Metropolitan Golf Links

SIRs, an organization of retired men, meets on the second Wednesday of each month at the Wedgewood Center at the Metropolitan Golf Links, 10051 Doolittle Drive in Oakland, Happy hour starts at 11 a.m., followed by lunch at noon.

CROSSWORD ANSWERS KOREA A R O M A S LANDVINEGAR I N S D A I L Y L I E METS BAND TIARAMOUNT DUTY WEPT BAALAMOPEA S A L A D D R E S S I N G S I M O O M C O R P S

POLICE & FIRE

June Fire's Cause Is Still Unknown

By Mike McGuire San Leandro Times

The Alameda County Fire the cause of the fire that destroyed East 14th Street at Georgia Way in June 2019.

or out, according to Fire Department spokesman Brian Centoni.

Centoni said there is not a investigation and issuance of the report.

Earlier, Fire Chief David Rocha had said length of investigations can vary greatly and are hard to pin down. He denied one businessman's assertion that the cause might never be known because demolition crews arrived before fire inspectors did, perhaps disrupting evidence.

Rocha said that the site investigation did occur and was done properly.

The fire, on the night of June 21, 2019, destroyed the Fabric City clothing store and Knops Upholstery next door, badly damaged Sweet Fingers restaurant, and caused lesser damage to several adjacent stores. At the other end of the block, Bluebird Pizza's building was undamaged,

freezer were shut off for hours to fight the fire.

Bluebird and several other Department is still investigating businesses reopened quickly, but Sweet Fingers has not and or damaged several businesses on its building is up for sale. Knops Upholstery moved in temporarily with Gaitan Upholstery a few No causes have been ruled in doors down, which is owned by a family friend and serves a different set of customers.

The final displaced business,



target date for completion of the Fabric City, has reopened in Fabric City reopened at 19 Dutton Ave. after its former smaller quarters a block away at location was destroyed in the East 14th Street fire.



PHOTO BY MIKE MCGUIRE

but all their food spoiled when the Sweet Fingers, a well-liked Jamaican restaurant on East 14th Street, did not reopen power for their refrigerator and after the fire. Its building is up for sale.

Police Tips To Prevent License Plate Theft

The San Leandro Police Department report that license plate thefts are on the rise in the area. They suggest a number of things you can do to make it less likely you will be a victim.

They suggest parking your car as far away from the street as possible. Put the car in the garage if you can, or else park in your driveway if you have one. If neither is possible, try to park in a well-lit area, or by security motion lights.

alarm in the car, and surveillance cameras near it.

There are anti-theft license plate fasteners one can install. as well as license plate security screws.

The security screws use a unique head such as a Torx bit.

Thieves are less likely to bring along a specialty screwdriver in addition to the flathead and Phillips head screwdrivers they may already have.

Lacking the proper tool, they will quickly realize they should try a different vehicle.

The police also caution that registration sticker theft is also

You can help prevent it by carefully cutting lines into it with a razor after you have placed it on the license plate. The thief will not be able to remove the sicker in one piece and hopefully move on.

If your plates do get stolen, They suggest installing an vou need to report the stolen plates not only to the police department but also to the Department of Motor Vehicles. You can call the police department at 510-577-2740.

> DMV requires a police report to replace the plates.

> The police don't want your plates ending up on a vehicle used to commit a crime, and neither do you. They are happy to look for your plates on a different car or truck around town.



By Rob Rosas

IF YOU suffer from lower back pain and sciatica, you are among four out of five Americans who will suffer with

this crippling spinal condition.

Shooting, stabbing and burning pains from the lower back region, often teamed with pain through the buttocks and down the legs are all classic symptoms of Sciatica or "pinched nerves"

In severe cases, it often leads to muscle wasting and or numbness with a constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

New Treatment Discovery

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Non-Surgical Re-Constructive Spinal

The excellent results of this treatment have been published in major medical journals. Success rates as high as 90% now have some leading back surgeons recommending their patients to try this treatment first before considering back surgery.

In Pleasanton, you can try Non-Surgical Re-constructive Spinal Care at the Intero Chiropractic – the office of the man who has dedicated helping hundreds of people with low back pain and sciatica

Jerry and his team of fully trained spinal care specialists have helped hundreds of patients find relief from their agonizing back pain and sciatica. Special SAN LEANDRO TIMES Reader Offer

Got a Painful Nerve?

Is your Sciatic nerve causing you crippling leg and lower back pain?

According to Jerry, "We use a combination of ultra-advanced technology, not found elsewhere in Pleasanton, for precisely diagnosing the cause of your lower back pain and sciatica. From this, a unique program for reconstructing the damaged area causing the pain is designed; this means superior long-term results for most people.

Personal Tailored Recovery Plan

Because the treatment is nonsurgical, safe and easy, most patients report an almost immediate relief from their pain.

Patient Hector H. says, "My back pain was unbearable but the worst thing was the searing burning pain I felt in my buttock and leg.

I couldn't work or do anything useful and the drugs my GP prescribed hardly did anything.

My wife insisted I respond to one of these ads, I thought it would be a total waste of time, but I'm so glad she kept

Thank goodness I called your number, I'm so much better in just a couple of weeks.

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your lower back pain and sciatica...

Rossmoor News has teamed up with the spine therapy specialists at Intero Chiropractic to help readers find relief from their persistent back and sciatic

All you have to do to receive a thorough diagnostic examination with their advanced technology and a comprehensive easy to understand report on your state of health is call (925)255-5805.

- Mention this article CODE: BOS20SCMS7b and Jerry will happily reduce his usual consultation fee \$100 to just \$20.
- That's a saving of \$80 So hurry, due to obvious reasons - this is a time limited offer
- Only 100 reader consultations available at this exclusively discounted rate.

My advice, don't suffer a moment

Find out if Non-Surgical Re-Constructive Spinal Care can help you, book a consultation with Peter and his team now by calling (925)255-5805, they are waiting to take your call today.

They actually treat the cause of your health problem, not just your symptoms.

That's why hundreds of grateful patients tell them "You gave me back

Over the years, they've treated hundreds of patients with back

problems and sciatica. The vast majority of them have enjoyed a superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Why Prolong Your Agony?

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$20, the normal cost of such an exam is \$100!

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

Call them now at (925)255-5805 and cut out or tear off this valuable article to take to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to lasting relief! Don't delay your important diagnosis and treatment another moment!

Please note, if you call during the week, they are very busy, so if they don't pick up straight away leave a message. You can even call at the weekend and leave a message to secure your spot.



Dr. Jerry Hsieh, DC says," I've never seen a treatment as effective as Non-Surgical Re-Constructive Spinal Care for patients with sciatica or lower back pain."

They can't help everyone at this reduced price, so please call NOW to secure your special opportunity.

Special Reader Opportunity is limited to the first 100 reader consultations. Don't delay, call (925)255-5805 and Quote Special Offer Code BOS20SCMS7b.

PAID ADVERTISEMENT

San Leandro Times THURSDAY, JANUARY 9, 2020

NEIGHBORS



Seniors Meet and Walk at the Mall

with friends. People of all ages are welcome to Darlene Cozzette Daevu and Fred Simon.

The City of San Leandro Senior Commission come as well to join in the fun and meet San host a walk every third Saturday of the month at Leandro seniors. The group meets in the center 9:30 a.m. for seniors to come out and have fun of the mall. Senior Commissioners in the photo while strengthening their bodies and meeting include Jan Woycheshin, Mary Jo Kuneven,

ARTS & ENTIERTAINMENT

❖ Annual Juried Exhibition at PhotoCentral Gallery

PhotoCentral galleries at 1099 E through Friday from 9 a.m. to 5 PhotoCentral Gallery presents the St. in Hayward. Photo Central is p.m. The downstairs gallery is 42nd Area Artists' Annual Juried part of the Hayward Area Park open Monday from 5 to 10 p.m., Exhibition photo exhibit from and Recreation District. Two re- Tuesday and Thursday from 10 Jan. 25 to March 7. The popu-ceptions will be held on Saturday, a.m. to 1 p.m., and by appointlar annual exhibition, juried by Jan. 25, and on Saturday, March ment. For more information. Diane Zuliani, will present \$150 7, from 2 to 4 p.m. The exhibit call 510-881-6735 or email Merit Awards and non-monetary will be in both galleries. The adobegallery@haywardrec.org.

Honorable Mention awards at the upstairs gallery is open Monday

HOROSCOPE by Salomé **Interpretive Center**



ARIES (March 21 to April 19) That lower-than-acceptable performance you're getting from others in your group might be the result of munication. If so, correct it before serious problems arise later on.



TAURUS (April 20 to May 20) An unexpected situation could call for a change of plans. If so, you might feel that this is unfair. But it's best to make the needed adjustments now. There'll be time later for rescheduling. GEMINI (May 21 to June 20) The new year brings opportunities you



might want to look into. Some might be more interesting than others. But take time to look at all of them before you make any decisions. CANCER (June 21 to July 22) It's a good idea to be careful about



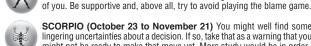
expenses until you've worked out that pesky financial problem. You might find it advisable to get some solid advice on how to proceed.



LEO (July 23 to August 22) Romance looms large over the Leonine Single Lions looking for love should find Cupid very cooperative. Paired Cats can expect a renewed closeness in their relationships VIRGO (August 23 to September 22) Making contact with a former colleague might not be high on your list of priorities. But it could pay off personally



as well as professionally. Avoid bringing up any negatives about the past. LIBRA (September 23 to October 22) A personal relationship could face added stress because of a situation involving someone close to both



SCORPIO (October 23 to November 21) You might well find some lingering uncertainties about a decision. If so, take that as a warning that you might not be ready to make that move yet. More study would be in order.



SAGITTARIUS (November 22 to December 21) Music is a dominant theme for Sagittarians right now, and it should remind you to make a greater effort to restore some much-needed harmony in that very special relationship.



CAPRICORN (December 22 to January 19) Although family matters might demand much of the Sea Goat's attention this week, you'll want to try to make time to handle those all-important workplace situations as well.



AQUARIUS (January 20 to February 18) A recurring unresolved issue might need to be revisited before you can move forward. Consider asking someone familiar with the situation to act as an impartial counselor.



PISCES (February 19 to March 20) Ignore pressure to make a decision Keeping your options open is still the wisest course, at least until you're sure you've learned all you need to know about the matter at hand.

* Reception for Photography **Exhibit Shoreline**

Come for the opening of the Hayward Shoreline Interpretive Center's Spring 2020 Exhibit by artist Becky Jaffe, a photographer, naturalist, and educator on Saturday, Feb. 1, from 2 to 4 p.m. at the Interpretive Center, 4901 Breakwater Ave. in Hayward. Using in-camera techniques that stretch the photographic medium to create painterly effects, she fuses an artist's sensibility with a biologist's curiosity in order to communicate reverence for the natural world. Free and open to the public. Light refreshments available. For more information, call 510-670-7270.

RECYCLE!



COMMUNITY CALENDAR

Deadline for Calendar Items is Friday for the Following Week

❖ Meeting of the Libertarian Party

The Libertarian Party of Alameda County will hold its officer elections tonight, Thursday, Jan. 9, 7:15 p.m. at the Tribune Tavern, 401 13th St. in Oakland. Membership not required to attend, but membership to the Libertarian Party and residency in Alameda County is required for officer eligibility.

***** Hearing Loss Association Meeting

The Hearing Loss Association Meeting will be on Saturday, Jan. 11, at the Oakland Kaiser Hospital, Fabiola Bldg., 3801 Howe St., lower level, room G26. Refreshments are at 9:30 a.m with the program beginning at 10 a.m. Topic for discussion will be *Music* Appreciation for those with Hearing Loss. The speaker will be Dr. Peg Lisi, Audiologist and a member of the SF Symphony Chorus. Dr. Lisi has done research in music-related hearing loss and secondary effects. Audience participation is encouraged, so please come prepared to share a funny story, or a frustration you have recently experienced. Parking is free on Saturdays at the garage on Howe St. For more information, call 510-221-6080 or email info@hearinglosseb.org.

Second Protography Field Trip

Join the Hayward Shoreline Interpretive Center's (4901 Breakwater Ave. in Hayward) annual bird walk to the Cosumnes River Preserve northwest of Lodi will be on Saturday, Jan. 11, from 1 to 6 p.m. The trip will partner with PhotoCentral to add a photographic component to this year's excursion. See Sandhill Cranes and the late afternoon fly-in of thousands of waterfowl. Pre-register to attend. Organized carpools available with further information provided upon registration. For ages 12 and older, Fee: \$30 per person. For more information or to register, call 510-670-7270.

❖ I.D.E.S. Lunch & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have a roast beef lunch and bingo on Saturday, Jan. 11, at noon. Tickets are \$10 per person. Lunch includes roast beef, dessert and 4 bingo cards. Additional cards may be purchased for 25¢ each. Prize raffle. For more information or tickets, call Darlene at 510-589-6536, Willie at 510-635-6326.

❖ Science Night at the CV Library

Science Night at the Castro Valley Library, 3600 Norbridge Ave. in Castro Valley, will present Julie Hui, PhD candidate at UC Berkeley on Tuesday, Jan. 14 at 7 p.m. The talk will be The Best Animal Minds, examples of animal intelligence, language studies in animals, and attempts to place human intelligence within our own environmental context. Register on EventBrite at: http://bit.ly/animal-talk

❖ St. Felicitas Young @ Heart Luncheon

St. Felicitas Church Young at Heart senior luncheon is Wednesday, Jan. 15, at Monsignor McGinty Hall located behind the church at 1662 Manor Blvd. in San Leandro. Doors open at 11:15 a.m. and lunch is served at noon. January's luncheon will feature meat loaf with dessert and a beverage including door prizes. Tickets can be purchased at the church office located to the right of the church. Last day to buy tickets is Friday, Jan. 10 before noon. No ticket sales at the door. The cost of the lunch is \$6. All seniors are welcomed. For more information, call 510-351-5244.

❖ Adult Collage Program at Manor Library

Design a vision board for the new year at the Manor Branch Library, 1241 Manor Blvd. on Thursday, Jan. 16, from 5:30 to 7:30 p.m. Make your goals visible and get your plans in action. Open to the first 25 attendees. Magazines, images and posterboard will be provided for you to create your collage. You're welcome to bring a picture of yourself and any images or quotes you might like to include. For more information, call 510-577-7971.

❖ Veterans Art Project

A group exhibition of artwork created by local veterans and presented by the County Arts Commission and the Hayward Arts Council, will be on view at the John O'Lague Galleria at Hayward City Hall, 777 B St., through Jan. 17.

❖ Sons of Norway Lodge Crab Feed

The Sons of Norway Lodge 6-061 in Hayward will host its annual crab feed on Saturday, Jan. 25, at the Hill & Valley Club, 1808 B St. in Hayward, No-host social starts at 6 p.m. and dinner begins at 6:30 p.m., followed by music and dancing. Tickets are \$55 for Snorre Lodge members (13 and up), \$60 for non-members, \$25 for 12 and under, and under 5 admitted free. Send payment to club secretary Aunda Arndt, 1016 Apache St., Livermore, CA

***** Fishing Fun at Hayward Shoreline

Hike out to the bay and learn the basics of rigging, casting, and possibly catching fish on Saturday, Jan. 25, from 9:30 a.m. to 12:30 p.m. at the Hayward Shoreline Interpretive Center's, 4901 Breakwater Ave. in Hayward. No experience needed. Gear provided. For ages 16 years and over. The tide will be opportune for fishing on this day. Must have a fishing license available online by visiting ca.gov. Feel free to bring a zero waste (all reusable or compostable) lunch or snack. Fee: \$12 per angler. For more information, call 510-670-7270.

* Kiwanis Club of San Leandro

The San Leandro Kiwanis Club will hold its annual crab feed on Saturday, Feb. 1, at the Marina Community Center, 15301 Wicks Blvd. in San Leandro. Social hour begins at 5:30 p.m. with dinner being served at 6:30 p.m. Tickets are \$50 per person, which includes allyou-can-eat crab, pasta, salad and hot garlic bread. Local band, The Kopi Katz, will provide classic rock 'n' roll oldies for post-dinner dancing. The event is assigned seating only. To purchase tickets or for more information, call Terri Neumann at 510-895-4425. Proceeds support the San Leandro Kiwanis Club.

❖ Discovery Channel's Gold Rush Tour

Volvo Construction and Equipment Services, 1944 Marina Blvd. in San Leandro, is hosting the Discovery Channel's Gold Rush, gold painted excavator tour on Saturday, Jan. 25, from 10 a.m. to 2 p.m. See the Gold Rush excavator up close and meet Dave Turin from the Gold Rush show. Enjoy great food, fun and raffles while checking out the latest Volvo construction equipment. The event is free, including the food, and the goal is to bring awareness to the San Leandro Education Foundation (SLED), which supports local public schools, and to kick off the 10th season of Gold Rush.

IFESTYLE

150 Years of Defining American Food Traditions



Workers label and pack cans for distribution, circa 1905.

Campbell Soup Company played decades. a role during those important moments around the table. An American icon, Campbell is celebrating its 150th anniversary in 2020.

From tomato soup and grilled cheese on a cold day to green bean casserole, generations of home cooks have made Campbell food, snacks and recipes part of their daily and holiday food traditions.

Campbell Soup Company was founded four years after the Civil War ended in 1869 by a fruit merchant and an icebox manufacturer. By the turn of the century, the carrots company flourished as a result of 3 pounds boneless beef several innovations -- including Dr. John T. Dorrance's invention of condensed soup, which made nutritious soup more affordable to millions of Americans at just 10 cents per can.

Campbell food was served during WWI and WWII, and during the Apollo missions, offering troops and astronauts comfort and a taste of home.

Campbell's influence can be seen in American pop culture throughout the years, from Andy Warhol's iconic paintings HIGH for 4 to 5 hours. of Campbell's Soup cans to the enduring "M'm! M'm! Good!" jingle to other cultural icons like the Campbell Kids.

• The Green Bean Casserole, invented by Campbell employee Dorcas Reilly in 1955, was served at 20 million dinners this past Thanksgiving.

During the holiday season, Green Bean Casserole recipes were viewed more than 6 million times on the Campbell's Kitchen website.

• Campbell's tomato growers harvest over 1.5 billion pounds of tomatoes per year. Eighty percent

Think back on some of your of Campbell's tomato growers and favorite family meals over their families have worked with the years and it's likely that the company for more than two

SAVORY SLOW-COOKER POT ROAST

- (10-1/2 oz) can Campbell's Condensed Cream of Mushroom Soup
- envelope (about 1 ounce) dry onion recipe soup &
- 6 medium red potato (about 2 3/4 pounds), cut in half
- cups baby-cut carrots or 2-inch pieces peeled

chuck roast (1 roast)

Stir the mushroom soup, soup mix, potatoes and carrots in a 4 1/2-quart slow cooker. Season the beef with salt and pepper as desired. Add the beef to the cooker and turn to coat.

Cover and cook on LOW for 6 to 7 hours or until the beef is fork-tender.

Serve sprinkled with fresh chopped parsley, if desired.

Cook's Tip: To save some time, this recipe may also be cooked on

TOMATO SOUP SPAGHETTI SAUCE

- pound ground beef 1 small onion, diced
- green pepper, diced 1 small can mushroom pieces, drained
- clove garlic, minced can diced tomatoes
- can Campbell's Tomato Soup
- teaspoon sugar Salt and pepper to taste

Brown ground beef in skillet

over medium-high heat. Add next 4 ingredients and cook until the onion and peppers begin to soft-

Add diced tomatoes, tomato soup and sugar. Let sauce heat through for a few minutes.

BAKED CORN CASSEROLE

- (10-1/2 oz) can Campbell's Condensed Cream of Chicken Soup
- 1/2 cup reduced fat milk
- can (about 16 oz) whole kernel corn, drained
- package (8 oz) corn muffin
- 1/4 cup Parmesan cheese
- (2.8 oz) can French fried onions (about 1-1/3 cups)

Heat the oven to 350°F. Beat the soup, milk and eggs in a medium bowl with a fork or whisk. Stir in the corn, corn muffin mix, cheese, and 2/3 cup onions.

Pour the soup mixture into a 1 1/2-quart casserole.

Bake for 30 minutes or until the mixture is hot.

Top with the remaining onions. Bake for 5 minutes or until the onions are golden brown. Yields 6 servings.

SWEDISH MEAT BALLS

- pound ground turkey or ground beef
- 1/2 cup plain panko (bread crumbs)
- small onion, minced 1/2 teaspoon salt
- 1/8 teaspoon ground nutmeg 2 tablespoons vegetable oil 3/4 cup beef broth
- (10-1/2 oz) can Campbell's Condensed Cream of Mushroom Soup
- 2 tablespoons sour cream
- 4 cups hot cooked egg noodles (8 ounces dry)



A Slow-Cooker Pot Roast made with Campbell's Condensed Cream of Mushroom Soup

1 tablespoon chopped fresh parsley

Thoroughly mix the turkey, egg, bread crumbs, onion, salt and nutmeg in a large bowl. Shape the turkey mixture firmly into about 20 meatballs.

Heat the oil in a 12-inch nonstick skillet over medium-high heat. Add the meatballs and cook until well browned on all sides (make sure the skillet and oil are hot before adding the meatballs to prevent sticking).

Pour off any fat.

Add the broth to the skillet and heat to a boil, stirring to scrape up the browned bits from the bottom of the skillet.

Stir in the soup and sour cream. Reduce the heat to low. Cover and cook for 5 minutes or until the meatballs are cooked through. Serve the meatballs and sauce over the noodles. Sprinkle with the parsley.

Yields about 5 servings.

SPICY TOMATO SOUP CUPCAKES

- 1 (about 18 oz) box spice cake mix
- (10-3/4 oz) can Campbell's Condensed Tomato Soup
- 1/2 cup water
- 2 eggs
- 6 ounces store-bought or homemade cream cheese frosting

liners into 24-cup muffin tin.

Combine the cake mix, soup, water and eggs in a large bowl and mix according to the package directions. Spoon the batter into the muffin-pan cups.

Bake for 20 minutes or until a toothpick inserted in the center of a cupcake comes out clean.

Let the cupcakes cool for 10 minutes. Remove from the pans and let cool completely.

Frost with the cream cheese Heat the oven to 350°F. Place frosting. Yields 24 cupcakes.

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from The Lovewell Team

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Thank you for your contributions in helping those in need in our communities! The Lovewell Team - Re/Max Accord Castro Valley (#00689931 & #01912817)

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LESTATE GALLERY



By Carl Medford, CRS

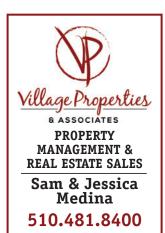


Our Homes: The Last Bastian Of Privacy

s the new decade begins, moving us deeper into the Information Age, we are reminded that, while experiencing levels of connectedness and knowledge previously unimagined, it comes at the cost of the erosion of our privacy.

We are tracked when we go online or use our phones. Everywhere we travel we encounter cameras monitoring every move: even my doorbell has facial recognition technology.

It seems one of the few remaining privacies we still enjoy is the sanctum of our homes.



"Your Neighbor & Realtor!"

Not just our primary financial asset, home is where we can truly unwind and "let down our hair."

Here we can peel away the coverings that protect us, engage in intimate conversations with loved ones, be truly "real" without having to modify our behavior to adapt to the preferences of those around us.

Here we belt out Sinatra favorites in the shower, emulate Wolfgang Puck in the kitchen and dance like Fred Astaire down the hallway.

Realtors help make "home" happen. Unfortunately, as important as they have been through the decades, 2019 saw the emergence of numerous companies with billions of dollars trying to remove Realtors from the equation. Even Zillow states, "We'll help you find a place you love.'

Near the end of the movie "You've Got Mail." Tom Hanks' character Joe Fox proposes to Kathleen Kelly (portrayed by Meg Ryan). Since Kathleen is clearly confused by the choices before her, Joe sums up her dilemma with the classic statement, "If only."

That's my response to Zillow

and other companies who fail to acknowledge fundamental facts: it is Realtors who secure listings, Realtors who hold seller's hands through the preparation process, Realtors who place homes on the market and pay for the marketing, Realtors who open the doors so buyers can gain access, Realtors who write up offers, negotiate contracts, navigate the complexities of escrow and more.

Zillow is nothing more than a data aggregator that provides a convenient point of access to listings and automated market analysis.

Ironically, most Realtors have the exact same thing in the form of convenient apps branded to their brokerage and as anyone knows, a Comparative Market Analysis from a Realtor trumps a "Zestimate" or other automated valuation every time.

Need real estate assistance in 2020? Instead of engaging online and losing more privacy, engage a local Realtor who will not only guard your information, but will help you find your way home.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



Right now there are only 16 single family homes on the market in Castro Valley making this the PERFECTTIME TO SELL!

Give me a call to help you as well to get your home ready for sale and to obtain a price that you will definitely be happy with.



20203 Catalina Dr., Castro Valley Sold for \$805,000

This updated 3 bedroom, 1.5 bath, 1,332 sq. ft., single level family home boasts a formal living room with hardwood flooring, wood burning fireplace and dining area that opens to newly remodeled kitchen with new cabinets, quartz counters, new appliances and laminate flooring all opening to the step down family room with 1/2 bath and slider to patio and large backyard. Additional features include new roof, all new interior paint, new carpeting, new light fixtures, refinished hardwood flooring, and new vanity and mirror in both bathrooms. Centrally located.



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Trumpet Vine Damage Doesn't Mean Death

By Buzz Bertolero

Special to the Times We have a trumpet vine that has been severely damaged by the frost. My husband wants to remove the unsightly and damaged foliage. I think we should wait for a couple of weeks, and then only remove some of the dead material. I'm afraid that if we prune too much we'll be encouraging the plants to grow which might do them in. I've also heard that this ugly-looking dead foliage may help protect the plants from further frost damage. What should we do?

For the present time, you should leave the damaged plants alone. With trumpet vines, citrus, hibiscus, and others, it's not unusual for them to suffer some type of damage in the form of burnt leaves from the previous cold spell.

Although unsightly, the damaged tissue can act as an umbrella and protect the rest of the plant from any additional cold weather. It is very likely we will have one or two cold spells before the end of winter.

The time to prune is anytime between the end of February

and the middle of March when the damage of frost is past and the days are getting longer and warmer. Also, if your plants are still covered from the last frost, unwrap them now or you will damage the plants.

Plants need the light and they need to breath; otherwise, they defoliate and or sweat with day time temperatures over 50°F. Plants should be covered only during the evening and early morning hours. By mid-morning, they should be uncovered during cool spells.

The exception would be those plants that produce basal shoots should such as fountain grass. Here the growth is damaged to the soil line and should be cut off at the point. It's not imperative that it be done right away.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com

and questions can BUZZ BERTOLER be sent by email to buzz@dirtgardener. com or on Facebook at Facebook. com/Buzz.Bertolero





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tions. Store them safely to pre-

9. Make sure your family is

10. Manage stress. A good

7-1/.2 hours per night), daily

10 Health Tips for the New Year

Four in 10 adults in the U.S. sional determines that you need have two or more chronic dis- antibiotics, take them exactly eases, according to the Centers as prescribed. Antibiotic resisfor Disease Control and Preventance is a serious public health gum-related symptoms you

While certain conditions and make you feel better if you have risk factors are beyond one's a virus, such as a cold or flu. control, the new year is the perfect time to consider the many so in moderation as defined by lifestyle choices you can make the U.S. Dietary Guidelines for for improved health.

"With too many holiday daily for women and two drinks sweets and not enough exercise daily for men, and only by adults sis, which can be fatal. likely in the rearview mirror, of legal drinking age. now is the perfect time to consider your personal goals and about tobacco and e-cigarette ver, rapid breathing, abnormally how you can make positive use (or vaping) and how to quit. high or low blood pressure, and/ health choices in the coming Declare your home and car year," says Dr. Patrice A. Harris, President of the American inate secondhand exposure. Medical Association. easy steps you can take that will opioids or other medications, set you on the right track for a follow your doctor's instruchealthier 2020."

To get you started, the AMA vent misuse and properly disoffers these wellness tips for the pose of any leftover medication. new year:

1. Steps you take now can up-to-date on vaccines, includof type 2 diabetes. Learn your for everyone age six months risk by taking the self-screening or older. If you're pregnant, test at DoIHavePrediabetes.org. you can receive the flu vaccine

2. Be more physically active. during any trimester, but should Adults should do at least 150 receive the Tdap vaccine early minutes a week of moderate-intensity activity, or 75 minutes a yourself against flu and whoopweek of vigorous-intensity activity.

LowerYourHBP. diet, sufficient sleep (at least 3. Visit org to better understand blood pressure numbers and take nec- exercise and wellness activiessary steps to get high blood ties, like yoga and meditation, pressure – also known as hyper- are key ingredients to maintaintension -- under control. Doing ing and improving your mental so will reduce your risk of heart health, but don't hesitate to ask attack or stroke.

4. Reduce your intake of professional when you need it. processed foods, especially those with added sodium and sugar. Eat less red meat and processed meats, and add more plant-based foods, such as olive oil, nuts and seeds to your diet. Also reduce your consumption of sugar-sweetened beverages and drink more water instead. Drinking sugary beverages -even 100% fruit juices -- is associated with a higher all-cause mortality risk, a new study published in JAMA Network Open suggests.

5. If your health care profes-

Dental Emergencies: When To Seek Immediate Help, When You Can Wait

By Dr. Jamie Reynolds Special to the Times

Maybe a tooth broke as you snacked on popcorn. Or perhaps you joined a pickup basketball game and an elbow to the mouth knocked out a tooth completely.

Mouth mishaps aren't that unusual, but how do you know whether such dental predicaments are a minor annoyance or a true emergency?

In some cases, a couple of days won't matter and you don't need to go rushing to your dentist's office or the emergency

But other cases can be serious and you'll want treatment as quickly as you can get it.

Some examples of tooth or problem and antibiotics will not might encounter, and whether emergency treatment is warrant-

• Severe pain with symptoms of infection. An infection can quickly spread, so get treatment immediately. In the worst-case scenario, this could lead to sep-

Symptoms that indicate the infection has spread include feor confusion.

Symptoms in the mouth include severe pain, swelling in the gums, swelling in the face, bad good news is that there are a few al. If you're taking prescription breath, and pus or fluids coming from the infected area.

• *Toothache*. Toothaches are no fun. If the pain is just an annoyance, and you don't have any other symptoms, you can wait a day or two to see a dentist. However, putting off treatment help prevent or delay the onset ing the annual influenza vaccine of a sore tooth can lead to serious infection and/or increase the potential need for root canal treatment and tooth loss.

If the pain is anything more than mild hot/cold sensitivity, get in the third trimester to protect a dental appointment ASAP.

• Tooth knocked out. If a tooth is knocked out and you want to have any chance of saving it, you need to act immediately. The American Association of Endodontists reports that your best bet is to pick up the tooth without touching the exposed

If the tooth is dirty, rinse it for help from a mental health with water only, and place it back in the socket right away. Hold the -StatePoint tooth in place and keep it moist.

If you can't put it back in the socket, keep it between your cheek and gums, or place it in a cup of milk, the association says.

You increase the odds of saving the tooth if you can get to a dentist or endodontist's office within 30 minutes. If that's not possible, go to the emergency room.

• Chipped or broken tooth. If a tooth becomes chipped or broken, but not knocked out entirely, you're in better shape. Yes, you will want to see your dentist as soon as you can, but it's not an emergency. That means get an appointment as soon as possible, but you don't need to drop everything and rush to the office.

• Bleeding in the mouth. If you have uncontrolled mouth bleeding caused by cuts, seek immediate care. On the other hand, it's not uncommon to experience minor bleeding caused by

minor cuts.

Assuming the bleeding stops on its own, there's no need for immediate treatment. But mention the bleeding to your dentist at your next appointment. While these are good guidelines, if you're uncertain and you can't get hold of your dentist's office for advice because it's after hours, go ahead and seek treatment.

If nothing else, it will give you peace of mind, and you may end up saving your tooth or – in the case of a significant infection even saving your life.

Dr. Jamie Reynolds (www. AskDrReynolds.com) is a national and international lecturer on high-tech digital orthodontics and practice management, and author of the book, "World Class Smiles Made in Detroit."

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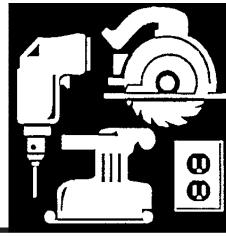
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Hayward 1-bedrooms \$1,675, 2-bedrooms \$1,800 - \$1,950 (check availability). Patios, balconies, pool, parking, storage, spacious. 510-887-6633.

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San Leandro Times/Castro Valley Forum

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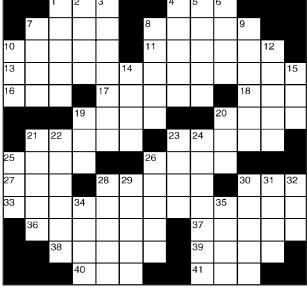


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DOWN

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9

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15

21

23

25

26

28

30

Throws hard

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Danger

Black wood

Quarter, e.g.

Information

Spring month

20 On the other hand

_ Kapital

Big brass

Scarlet

CSA president

Overcoat sleeve

Epithet for Simon

Japanese pond carp

Templar (with The)

Slanted, as lettering

Viral Web phenom

One skilled in playing

Goes up a few degrees

Parkinson's treatment

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Neighborhood

: spoken :: libel :

ACROSS

- Ringlet
- Preclude
- M*A*S*H setting
- 11 Scents

- The __ Show With Jon
- Citi Field team

- 25 Responsibility
- Lawyers' org.
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ANSWERS ON PAGE 2

Doctor's orders?

Out of control



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- 31 32

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- 10
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- Marching musicmakers
- Cried 26
- Shooter ammo
- 36 African desert wind
- 37 Ointment
- 39 40 Mauna _
- 41 More, to Manuel
- 34

Lucy: Fresh tomatoes, onions sliced every morning at Kasper's

continued from front page in Castro Valley. When a job Marketplace store, she took it.

"I love it," Tarin said. "My bosses are like family to me. stores have closed. Kasper's and said Jamie Miller-Pearson. They're good people to work Casper's are easily confused but for."

closing, due to higher costs such of the same family. as wages and utilities. The costs owners say.

utilities are outlandishly high, say this same Kasper's since he was mom's the best."

the owners.

Kasper's still has another opened up at the Greenhouse store nearby on Hesperian Boulevard, which will stay open.

the two chains are related, liter- in town to get a part for her car. A few of the Kasper's are ally. They're owned by relatives

About noon last Friday, two were just getting so high that the firemen stopped in for lunch, body and that's what she's known store wasn't making money, the Captain Steve O'Neal and Fire- for, said her son Eddie. fighter Michael Houghtelling. You can only charge so much Tarin fixed them up with a couple hugs," Eddie said. "I don't care for a hot dog. San Leandro now of hot dogs. They mentioned that who you are, bikers, everybody." has a \$15 minimum wage and Houghtelling has been coming to

a student at Arroyo High.

Another customer came in for the first time.

"I just googled it. It's the first But a few of the chain's time I've been in this Kasper's,"

Miller-Pearson said she was She usually goes to the Kasper's in North Oakland.

Tarin is friendly with every-

"My mom gives everybody

People always say, 'Your



Alameda County firefighters Michael Houghtelling and Steve O'Neal stop in at Kasper's in the Greenhouse Marketplace as Lucy Tarin prepares their lunch.

Design a Vision Board at Manor Library

Design a vision board for the and get your plans in action. new year at the Manor Branch

7:30 p.m. Make your goals visible for you to create your collage. 577-7971.

You're welcome to bring a picture Open to the first 25 attend- of yourself and any images or Library, 1241 Manor Blvd. on ees. Magazines, images and quotes you might like to include. Thursday, Jan. 16, from 5:30 to posterboard will be provided For more information, call 510-

Contract: Extra pay for specialized duties and advanced training

continued from front page they are at least 50 years of age.

Human Resources Manager to the Council, said that before the contract was negotiated, San Leandro police were paid slightly less than officers in nearby Bay Area communities.

A study of police compensation had shown our police earning of those communities.

"As more SLPOA employees

Hung had added that police

candidate pools than in the past. as it currently contributes to

Emily Hung, in a written report become eligible for retirement, it tribute more to health benefits coverage. is critical to provide a compensa- for the police, matching Kaiser's tion package that maintains the 2020 premium for each level of who contribute to a 457 deferred City's market position to support coverage. However, police offi- compensation plan (similar to a recruitment efforts to attract cers and sergeants would cover 401-K, but for public employees) qualified candidates," Hung told 30 percent of annual premium will have their contributions increases in future years.

The City also agreed to con- other city employees' disability

Police officers and sergeants matched up to 1 percent of their San Leandro will also conbase salary in 2020 and 1.75

pay after 30 years of service if median (half above, half below) are also competing for smaller long-term disability insurance matched those contributions previously, Hung said.

> duties and trainings were in- per day extra, compared with \$40 creased as well.

> to officers completing advanced a month, Hung told the council. training beyond what they learned in the academy through the Cal-Training) program, Hung said.

increase in base pay for those previous agreement. completing the most advanced

about 3 percent less than the departments here and elsewhere tribute the same amount to police percent in 2021. The City hadn't level of POST training, she said.

Officers assigned to added duties as field technicians at Pay for some special police crime scenes will now get \$50 previously. Bilingual pay will in-Small pay increases are given crease slightly, from \$185 to \$200

Specialized police duties such as Investigation, Traffic or Adminifornia POST (Commission on istration have qualified officers for Peace Officer Standards and extra pay in the past, Hung said. The Assignment Differential will Those pay bumps were in-rise from 3 percent to 5 percent creased slightly in the new agree- in the new labor agreement, up ment, up to a total of an 8 percent from a 3 percent differential in the

see CONTRACT, page 12

LOCAL DEATHS

Sean Alston

November 7, 1958 ~ January 3, 2020

Sean Alston passed away peacefully and went to be with The Lord on January 3, 2020 at Saint Rose Hospital in Hayward, CA with his family and close loving friends at his side. Sean courageously fought a heroic lifelong battle with cerebral palsy from birth with a courage, a humor and a fortitude that was unmatched.

Sean was born on November 7, 1958 in Berkeley, CA to his most dearly beloved mother and father, the late Philomena Alston (Piscitello) and the late Oscar William Alston. Sean was the loving brother to the late Brian Anderson Alston and the late Sheila Ann Alston who both passed away in early infancy.

Sean was the most loving nephew of the late John Joseph Vallerga Jr. "Uncle Joe" and the late Virginia Vallerga, the late Michaelangelo Piscitello Sr. and the late Concetta "Tina" Piscitello, the late Karl Alston and the late Josephine Alston, and the late Doreen Wilhelm.

Sean was the loving grandson to his grandparents of the Alston and Piscitello families. Sean was the most dearly beloved cousin to his many cousins: Joseph "Joey" Vallerga, Edward "Eddie" Vallerga, Michael "Bungie" Piscitello Jr., Marcella "Tot" Schantz, Aurelia and

Serena Alston "The Twins", Arion Alston, Chiron Alston, Carli Johnson, Mark Schantz Jr., Michelle Schantz, Aurelia T. Alston and Alison Alston. Sean was the most loving family member to numerous other family members and the loving friend to numerous family friends.

Sean was adored and cared for by his loving mother and father, Philomena Alston and Oscar W. Alston throughout his entire life and he never left his mother's side no matter the circumstance.

Sean's favorite activities were being with his large, extended family and Sean was always the first family member to join in the laughter and fun no matter the occasion. Sean loved watching any televised sporting event and he himself participated in many Special Olympic Games in his youth, winning several medals and ribbons in the Softball Throw. Sean was most comfortable when he was in the company of his large, extended family and friends joining in the laughter and fun.

Sean will be dearly missed by his entire, large extended family and friends.

Funeral services for Sean will be provided by Santos-Robinson Mortuary, 160 Estudillo Ave., San Leandro, CA, on Saturday January 18, 2020 at 11 a.m. Sean will be interred at Sacramento Valley National Cemetery in Dixon, CA with his ashes being placed next to his most beloved mother and father, Philomena Alston and Oscar W. Alston and alongside his siblings, Brian Alston and Sheila Alston.



ALSTON, Sean

may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number. For help, call 510-614-1555.



♥ Happy 27th Birthday. ♥ We know God is holding you in his arms. Nothing will ever be the same. You are loved beyond this lifetime and are truly and greatly missed by many.

You left behind a precious daughter Juliana whom we will make sure will never forget her mommy. Remembering you today and always mom Juliana, Ray, Daniel, Grandma Velma, Grandpa Bob, Savanna, Sara, Aunt Lisa. Family and friends all love and miss you so much! Love Always **

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CA LIC. FD-81



San Leandro Times THURSDAY, JANUARY 9, 2020

Castro Valley VFW Breaks Ground on New Memorial

The VFW Post of Castro Valley broke ground on the Castro Valley Veterans Memorial Expansion Project last week at 3683 Quail Ave., behind the Community Center on Lake Chabot Road.

The Memorial was dedicated on Nov. 11, 2012, built so that family members or groups could memorialize service members close to them from the local area.

The memorial has service stones from each branch of service (including Coast Guard and Merchant Marine) with space on the back to engrave the names of the service members to be honored.

What was thought to be enough space to last a few decades quickly filled up. Many residents expressed a desire for more space.

The Post, seeing the need to add space, began to design plans and raise funds for an expansion. The Post has finally achieved the goal of raising the needed funds. Thanks to a very generous bid by a local contractor (Bridge Construction), the project is under way and is expected to be complete in two months. have a forum calling for the withdrawal of the Socialist Workers Party. A \$5

The public is invited to visit the site and see the expansion being constructed. When completed, the new expansion will have laser engraved pictures depicting life in each branch of service.

There will be space available for those interested in having a service member memorialized on a Service Stone or Paver Brick. For more information, go to To Fight Climate Change," (Dec. 26, her daughter Emily Breslin is a board www.cvvm.info or call Post commander Steve West at 510-432-4346 or Kasey the co-founders of the community group's work can email them at Info@ Warner at 530-391-3330.



The VFW Post of Castro Valley recently expanded the Veterans Memorial.

Lodge in CV. For tickets, contact the at the door.

A Crab Feed in support of the project above names or Pat Flanagan at 510will be held on Feb. 29 at the Moose 459-6177. Tickets will not be for sale

Socialist Workers Party to Meet

The Socialist Workers Party will land. The speaker will be Andrea Morrel

of United States military forces from donation is asked, \$1 if unemployed. For Iraq, Syria and the rest of the Middle East more information, call 510-686-1351. on Friday, Jan. 10, at 7:30 p.m. at 675 The nearest BART station is Coliseum. Hegenberger Road, Suite 250, in Oak- Call if you need a ride from the station.

Correction

2019) the positions were switched for member. People interested in the group San Leandro 2050. Patty Bres-sanleandro 2050.org.

In the story "San Leandrans Plan lin is the executive director, while

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Tougher Standards on Lead

Lead is toxic. This is not news. It hides in our paint, dust and even in our drinking water.

Doctors say that there is no safe level of lead for our kids, and it can cause lowered IQs and behavioral issues.

Still, California allowed plumbing systems to use lead bearing parts until 2010, and current state regulations allow dangerous levels of lead in our drinking water.

In the state, schools have found over 2,000 water outlets contaminated by lead. In San Lorenzo, about half our schools found lead in the drinking water.

There are affordable ways of correcting this, such as replacing lead pipe fittings and installing water bottle filling stations with filters.

As a parent and as a teacher in the San Lorenzo School District I want all students to have safe drinking water at school where they learn and

To make sure that happens, I'm urging the local school boards to

protect students by adopting the pediatrician-recommended 1 ppb standard.

-Claudia McDonagh Castro Valley

Salute to SLPD Professionalsim

Editor:

I wanted to salute the San Leandro Police Officers and Technicians for their professionalism and kindness. I have been living in a very unhealthy living situation for the past year, which has included verbal and physical abuse.

The SLPD for the most part, did their job, and treated me as a human being. With all the stories these days of unfortunate events surrounding various police officers nationwide, I did not have a terrible experience.

-Robyn Pixley San Leandro

Supports Newsom Recall

Assembly Bill 5 (AB5), which was approved by Gov. Newsom on Sept. 18th last year, has ruined the freelance economy in California.

It was voted for by our local state representatives Assembly member Bill Quirk and state Sen. Bob Wiec-

AB5 is a travesty of poorly crafted legislation that has adversely affected not only those who work for Uber and Lyft, but independent truckers, freelance journalists and cartoonists, yoga instructors and many others.

What AB5 has done is made illegal flexible working opportunities, especially for many women who work as freelancers to work around schedules for their families.

An addition, California now pays the highest gas taxes in the nation, yet Gov. Newsom decided to subvert some of these tax funds to pay for his pet "green project." Newsom just heaps on more taxes and regulations, which is causing many businesses to flee the state.

California has been regularly rated as one of the least business friendly states in the U.S. and Newsom only makes it worse with more regulations and more taxes.

It is because of Newsom's terrible stewardship of California I support the recall of Gavin Newsom. If you want to sign this petition, you can do so at Elite Armory and Solar Tactical, both in Castro Valley or download a petition from the site RANAF.ORG. The deadline is Feb. 13, 2020.

> —Elizabeth Stump Castro Valley

The Pets of the Week at the Havward Animal Shelter, 16 Barnes Court in Hayward, are Piper the puppy and Jayson the dog.

Piper is a sweet, curious, 9-month old pit bull mix. She ex-

udes joy when meeting new people and dogs.

Bursting with energy, she will benefit from training. Due to that energy, she would do best with teens and up.



playing with other dogs. He seeks attention from people who go slow with him and needs a patient family who

Jayson is a



will give him TLC to build up his confidence. Okay with teens.

For more information on Piper or Jayson, call the Hayward Animal Shelter at 510-293-7200.

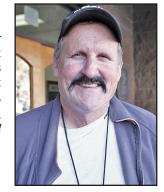
INQUIRING REPORTER

What's your prediction for 2020?

- Asked downtown

I think it's going to be another good year, financially, just as 2019 was. The elections should be interesting. So it should be a pretty good year.

Jack Nelson Oakland





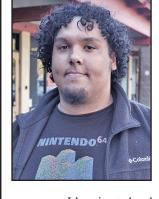
I think if we don't come together again we're going to lose everything as a country. You can't be going at it all the time.

Doretha Evans San Leandro

I predict the climate will be warmer than last year, according to the scientific data we have.

> Jason Ranieri San Leandro





I think a lot more people are going to start moving to San Leandro and Oakland. In my own neighborhood I see a lot of new faces.

Michael Kakos Oakland

It's going to be glorious. I think Christ will return. Maybe not this year but in the near future. Trump is doing the right thing. He's protecting our country, and Congress is just trying to divide us. A lot more will happen in the Middle East.

> Ron Ruhl San Leandro



Kerr: Won eight consecutive elections Contract: \$23,000 for Alta Mira Club

continued from front page

"He was a wonderful father," said Mary. "He was always involved, coaching numerous teams, attending sporting events and encouraging educational endeavors. And he was always honest, and he taught us that."

Kerr worked for the City of Oakland for 34 years as an urban renewal representative. After retiring, he was elected to the board of directors of the Oro Loma Sanitary District. He went on to win eight consecutive elections, serving on the board for 29 years, retiring in 2015 at the age of 92.

In 1992, Kerr was elected to the San Leandro City Council. He served on many boards and committees and was Vice Mayor for a term.

Kerr once told the newspaper that he first got involved in local politics in 1952 when Washington Manor flooded during a heavy rainy season. The water was mostly limited to people's garages, but it's an issue that's still going on today in areas that are built on or near former marshland.

the betterment of the city for sevlife that touched many people.

Services include a visitation at Grissom's Mortuary in San

Eleanor and Howard Kerr lived in the same house in Washington Manor since 1950.

Altogether, Kerr worked for Lorenzo today (Thursday, Jan. can be made to Shriners Hospitals 9) from 4 to 8 p.m. The funeral for Children or St. Jude Chilen decades, leading a productive will be on Friday, Jan. 10, at 11 dren's Research Hospital. a.m. at Heritage Baptist Church, 2960 Merced St. in San Leandro.

In lieu of flowers, donations

continued from page 10

other employee benefits that are they are not also covered by Sogenerally similar to other city cial Security, as most other city employees.

For instance, they get meda substantial city contribution, 12 days a year in sick leave, an initial 12 days of vacation rising to 25 days a year after 18 years of service, 3 days funeral leave for immediate family members (5 if travel is needed outside the 9 Bay Area counties), an Employee Assistance Plan that provides help after traumatic incidents, and a \$50,000 insurance policy for life, accidental death and dismemberment.

police work include a 5 percent overnight shift differential, 5 percent added to base pay for canine officers and a maintenance allowance for the dog, and hourly pay at overtime rates for court appearances, which are carried out on days when the officer is not scheduled for regular duty.

Police do not get holidays off, but they receive 7 percent the building's historic stained more in their salaries in lieu of holiday pay. They get 1 floating

Police continue to receive covered by CalPERS retirement, Mayor for the upcoming year. employees are.

The city contributes to health ical and dental insurance with and dental insurance coverage for retired officers until they

> The council also voted to end effort to set a campaign contribution limit.

Benefits more specific to Medi-Gap plan and dental plan up to age 70.

In Other Council Business

for \$23,000 to the Alta Mira limits for municipal elections. Club for emergency repairs at AB 571 sets a limit of \$4,700 per the historic building on Lafayette Street. The club had earlier told the Council that deteriorating tee had previously discussed the window frames were endangering lower limits, but had struggled to glass windows.

Councilman Pete Ballew was use of city staff time.

holiday per year. While they are chosen over Benny Lee as Vice

Lee was nominated first, but failed to get a majority vote in his favor when the council voted 3-3 with 1 abstention. Voting "yes" (for Lee) were Council members Benny Lee, Corina Lopez and qualify for Medicare, usually at Victor Aguilar, while voting "no" age 65. The city contributes to a were Ed Hernandez, Deborah Cox and Mayor Pauline Cutter. Councilman Ballew abstained.

> Ballew was nominated, and was elected on a vote of 4-1 with 2 abstentions. Voting "yes" (for Ballew) were Councilmembers Cox, Hernandez, Lopez and Mayor Cutter. Councilman Lee voted "no," while Councilmen Ballew and Aguilar abstained.

The Council also voted to end its efforts to set a lower campaign contribution limit for city elective offices than are contained in a The City presented a check new state law that sets statewide contributor, taking effect in 2021.

> The council's rules commitagree on a workable system that could be enforced without undue

LEGAL NOTICES

Lunch Menu at The Senior Center

Lunch provided by Spectrum Community Services

A low-cost senior lunch weekdays at the San Leandro potato soup, fruit. Senior Center, 13909 East

Everyone age 60 and up donation is \$3.75, but no one is rice, fruit. refused for lack of funds. (\$10 for those under 60.)

serve a lunch (1-510-825-9793) wheat rolls, fruit. or sign up at the Senior Center.

week, Jan. 13 to Jan. 17, is:

Monday - Beef burger with provided by Spectrum Com- lettuce, tomato, onion and pickmunity Services is served on le on whole wheat bun, cheddar

> Tuesday - Turkey chili, garden salad, cornbread, fruit.

Wednesday - Chicken gumcan have lunch. A suggested bo with okra, red beans, brown

Thursday – Baked cod, orzo with spinach, chickpea and Call 24 hours ahead to relemon, vegetable blend, whole

Friday - Spinach lasagna, The menu for lunch next tossed vegetable salad, whole wheat roll, fruit.

FILED **DECEMBER 10, 2019** MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Depart

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Superior Auto Sales located at 109 Jackson Street Suite 220, Hayward, CA 94541, in Alameda County, is hereby registered by the following owner(s): Jannet Ranita-Deo Pratap, 567 Dean Street, Hayward, CA 94541. This business is conducted by an individual. This business commenced N/A. /s/ Jannet Ranita-Deo Pratap

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires DECEMBER 10, 2024

DEC 19, 26, 2019 JAN 02, 09, 2020 0193-SLT

DECEMBER 10, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 566339

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

MeeMe Hair Studio located at 703 MacArthur Blvd., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Jameelah Atchison, 868 61st Street, Oakland, CA 94608. This business is conducted by an individual. This business commenced 11-10-19. /s/ Jameelah Atchison

This statement was filed with the County Clerk of Alameda County on date indicated Expires DECEMBER 10, 2024

DEC 19, 26, 2019 JAN 02, 09, 2020 0194-SLT

NOVEMBER 20, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY --. Deputy FILE NO. 565639

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Drift Plants located at 19577 Center Street, Castro Valley, CA 94546, in Alameda Counmailing address 5385 Elaine Ct., Castro Valley, CA 94546, is hereby registered by the following owner(s): Drift Succulents LLC, 5385 Elaine Ct., Castro Valley, CA 94546. This business is conducted by a limited liability company. This business commenced N/A. /s/ Drift Succulents LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires NOVEMBER 20, 2024 DEC 19, 26, 2019 JAN 02, 09, 2020 0198-SLT

FILED **DECEMBER 09. 2019** MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Depart --, Deputy

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Saeology located at 14036 Reed Ave., San Leandro, CA 94578, in Alameda County, is hereby registered by the following owner(s): Chan Saeteurn, 14036 Reed Ave., San Leandro, CA 94578. This business is conducted by an individual. This business commenced 08/01/18.

/s/ Chan Saeteurn This statement was filed with the County Clerk of Alameda County on date indicated

by file stamp above Expires DECEMBER 09, 2024

DEC 26, 2019 JAN 02, 09, 16, 2020 0196-SLT

Winter Youth Basketball **Season Begins in January**

20th year in San Leandro.

Middle School.

non-competitive environment 15301 Wicks Boulevard. where beginners and veterans a Jr. Warriors' jersey, instruction, org.

The City of San Leandro is and league play. This program is pleased to announce that Junior co-sponsored by the Golden State Warriors Basketball is back for its Warriors, the NBA, WNBA, and the City of San Leandro.

The program is open to boys Pre-registration is required. The name of the business(es): and girls 5 to 14 years of age. Register with the San Leandro Meza Electric located at 1665 Orchard The 2020 season will be held on Recreation and Human Services Saturdays beginning Jan. 11, and Department online at www. run through March 14 at the San sanleandrorec.org. Walk-in reg-Leandro High Korematsu Cam- istrations are also available at the pus, and at Washington Manor San Leandro Senior Community Center, 13909 East 14th St., or at The program offers a the Marina Community Center,

For more information, conalike can improve their skills tact Lydia Rodriguez, Recreation through weekly games and in- Supervisor at 510-577-3477 or struction. All players will receive email lrodriguez@sanleandro.

DECEMBER 17, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY --. Deputy FILE NO. 566567 **FICTITIOUS BUSINESS**

NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Alejandro Meza-Mendez, 1665 Orchard Ave., San Leandro, CA 94577. This business is conducted by an individual. This business commenced 12/17/19.

/s/ Alejandro Meza-Mendez This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

cpires DECEMBER 17, 2024 DEC 26, 2019 JAN 02, 09, 16, 2020 0199-SLT

DECEMBER 17, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY . Deputy By-FILE NO. 566566

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Plaza Center Building located at Liberty Street, San Leandro, CA 94578, in Alameda County, is hereby registered by the following owner(s): Thomas Pedemonte, 3067 Massachusetts Street, Castro Vallev. CA 94546 and Cheryl Damgen, 4 Elizabeth Lane. Danville. CA 94526. This business is conducted by a general partnership. This business commenced May 1, 1969.

/s/ Thomas Pedemonte, Cheryl Damgen This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires DECEMBER 17, 2024

DEC 26, 2019 JAN 02, 09, 16, 2020 0201-SLT

DECEMBER 17, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY -. Deputy FILE NO. 566579

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

IAMPHRESHCUTS located at 16360 Foothill Blvd., San Leandro, CA 94578, in Alameda County, mailing address 2600 San Leandro Blvd. Apt #514, San Leandro, CA 94578, in Alameda County, is hereby registered by the following owner(s): William Agustin, 2600 San Leandro Blvd. Apt #514, San Leandro, CA 94578. This business is conducted by an individual. This business commenced September 11, 2018.

/s/ William Agustin This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires DECEMBER 17, 2024

JAN 09, 16, 23, 30, 2020 0204-SLT

Starting a New **Business?**

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Stop by or call Patrick V. at (510) 614-1558

2060 Washington Ave, San Leandro, CA 94577