

**CELEBRATE
4TH OF JULY
ON TUESDAY**



SUMMER HOME IMPROVEMENT

TACKLE DO-IT-YOURSELF PROJECTS DURING THE EARLY SUMMER TO HELP KEEP YOUR HOME IN TIP-TOP SHAPE ALL YEAR LONG



PAGES
7-9

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, JUNE 28, 2017

NO. 26

INSIDE YOUR FORUM

LIVING



Dog Days

Celebrate the fourth of July by firing up the grill and making hot dogs

Page 5

H&F



Summer Safety

Regional Park District offers summer safety tips when visiting the park

Page 6

NEWS



Olympian Awards

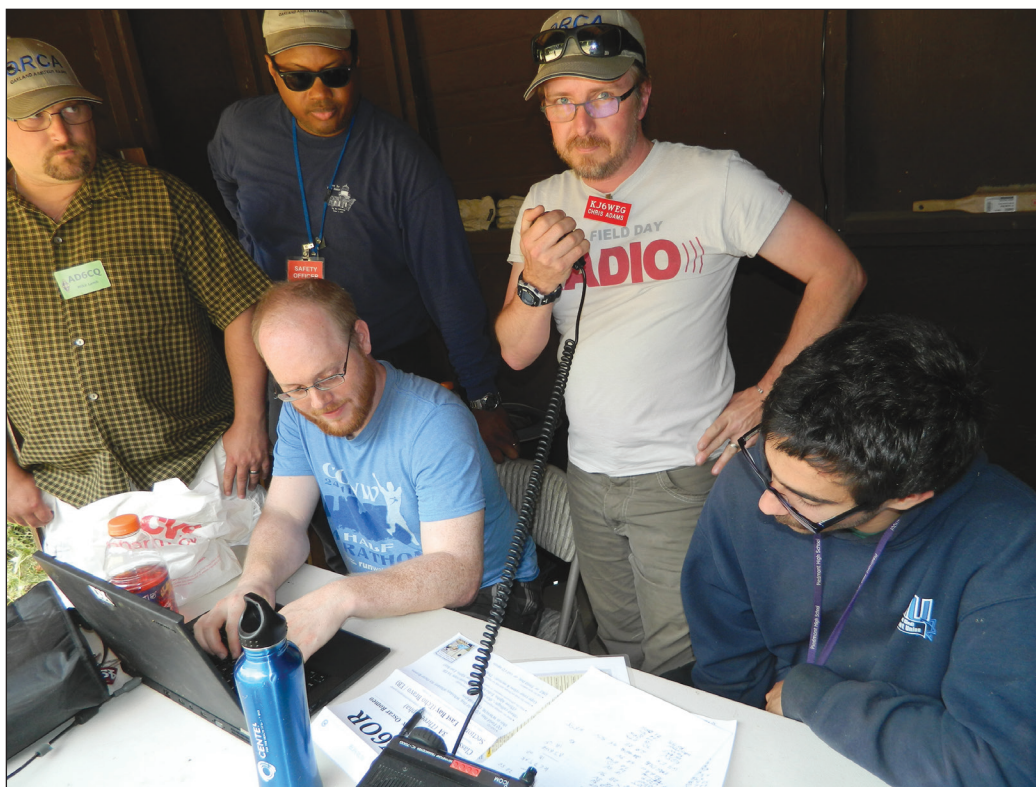
This school year has been very rewarding for CVHS school newspaper

Page 11

INDEX

Classified Ads	12
Community Calendar ...	4
Crosswords	14
East Bay Living	5
Health & Fitness	6
Homes	10
Horoscope	4
Letters to Editor	14
Obituaries	14
Weather	2

PHONE: (510) 537-1792



Local 'Hams' Annual Field Day

For Amateur Radio Operators known as "hams," Field Day is the most popular on-the-air event held annually in the US and Canada. During serious emergencies, ham operators are often the only link between a community and the outside world. This past Saturday, this group of local hams made 753 contacts across the U.S. from Alaska and Hawaii to Maine and Southern Florida, working their radio gear on emergency power and using big antennas set up in the Oakland Hills. They were joined by more than 35,000 other radio amateurs operating from remote locations across the country for the 24-hour event.



PHOTOS BY FRED ZEHNDER

July 4th Travel Expected to be at Record Level

The American Automobile Association is projecting the highest travel volume on record for this long Independence Day weekend.

More than 5.1 million Californians are projected to travel over the Fourth of July holiday, an increase of 2.8 percent over last year.

"Fourth of July is typically the busiest summer travel holiday, with 225,000 more Californians traveling compared to the long Memorial Day weekend," says AAA Northern Cali-

fornia spokesperson Mike Blasky.

The Memorial Day holiday travel period begins this Friday, June 30, and continues through Tuesday, July 4.

While gas prices remain slightly above year-ago levels, prices remain historically low for the summer travel season. About 80 percent of California travelers will drive to their Fourth of July destinations.

The bad news is that AAA expects their big yellow trucks to rescue more than 338,000 motorists across the

country over the weekend, with the primary reasons being lockouts, flat tires and battery-related issues.

So, before heading out of town, drivers would do well to take their vehicle to a trusted repair facility for a thorough inspection.

Airfare, car rentals and hotels are trending lower this year, which is contributing to a lift in air travel. More than 642,000 Californians will take to the skies this Independence Day, a 5.6 percent jump over last year.

POT DISPENSARY LAW

MAC Feels Ignored by The County

By Amy Sylvestri
CASTRO VALLEY FORUM

Saying that they felt ignored by the county, the Castro Valley Municipal Advisory Council (MAC) members made their own amendments to a proposed medical marijuana dispensary ordinance at their meeting on Monday night.

For 18 months, the Alameda County Board of Supervisors has been discussing an expanded medical marijuana ordinance that would allow up to five dispensaries within the county's unincorporated areas. Two dispensaries are already in business in Ashland and Cherryland.

The ordinance would further allow marijuana cultivation on-site and the sale of edible cannabis products, two things the MAC has repeatedly opposed.

Council members said they felt they had been "force fed" the ordinance by the Board of Supervisors and that previous amendments made by the MAC have been pushed aside.

"I'm really concerned," said MAC member Linda Tangren. "The recommendations we have made have not been implemented."

Monday night's meeting continued the discussion, with the MAC making a counter resolution that was virtually identical to one they had proposed back in February and which the county has largely ignored.

"It's clear to me that this is an exercise for the public and the supervisors are going to do what they want," said MAC member Ken Carbone.

The MAC has long been tough on the medical marijuana ordinance, repeatedly asking for guarantees that the new dispensaries not be located in Castro Valley.

It is currently expected that two dispensaries will be in eastern part of the county. The third west-county dispensary will likely be at Fairmont Hospital, a county-owned property.

The possibility of more dispensaries in the Eden area has proved more popular with the public than with the MAC. At Monday's meeting, several speakers urged the MAC to approve the ordinance, though some of the speakers did acknowledge that they had ties with the medical marijuana industry.

Such financial ties have been a part of the discussion all along. Former MAC member Cheryl Miraglia went so far as to suggest the Supervisor Nate Miley introduced the ordinance after being influenced by campaign donations from cannabis retailers.

In the end, Monday's unanimous resolution from the MAC included recommendations that the Fairmont site be the only additional dispensary in the western part of the county, that any cultivation and sales of marijuana be at two different locations, that no edible products be sold until state regulations for such products are in place, and that all tax revenue from the sale of marijuana go to the sheriff's office.

After consideration of the MAC's newest motion, as well as responses from the county Planning Commission, the Board of Supervisors is now expected to vote on the proposed dispensary ordinance on August 1.

Castro Valley Weather June 28 - July 2, 2017



Wednesday
Clouds then Sun
High 74° Low 56°



Thursday
Clouds then Sun
High 75° Low 56°



Friday
Clouds then Sun
High 77° Low 57°



Saturday
Clouds then Sun
High 79° Low 58°



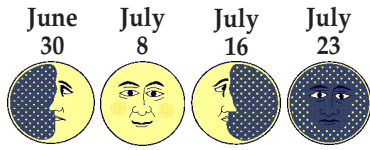
Sunday
Clouds then Sun
High 78° Low 58°

Almanac



Past Week's Rain: 00.00
Season To Date: 36.22
Normal To Date: 21.22
Season Average: 21.22

Moon Phases



Sun sets at 8:35 p.m. today, rises at 5:50 a.m. Thursday.

Michele Markovich Antiques
20407 Santa Maria Ave. and 2510 San Carlos Ave.
michele.estatesales@gmail.com

ESTATE LIQUIDATION
Estate Sales & Consignments
Cell- 882-3242

GOT A NEWS TIP? CALL (510) 537-1792
OR EMAIL: fredz@ebpublishing.com

New County Budget Surpasses \$3 Billion

By Amy Sylvestri
CASTRO VALLEY FORUM

The Alameda County Board of Supervisors is expected to approve a \$3.1 billion county budget for the upcoming fiscal year this Friday.

Proposed by County Administrator Susan Muranishi, the spending plan for 2017-2018 is about \$116 million over the current budget and would close this year's \$108.5 million funding gap.

Muranishi said the biggest part of the budget gap was \$40 million caused by Gov. Jerry Brown's ini-

tiative to end a state and county cost-sharing set up for home health care for the elderly and disabled.

The county was able to close part of the gap by using \$31 million saved by various departments in previous years, according to Muranishi. The rest, she said, was covered using one-time funding, such as grants and spending reductions.

While the proposed budget avoids staff layoffs and cuts to services, Muranishi warned that changes on the federal level could jeopardize some county funding in

the near future.

President Trump's desire to repeal and replace the Affordable Care Act would be "devastating" to the county budget while safety-net services are more in demand than ever, she said.

Rising property values meant the county received a 7 percent increase in property taxes this year. But high rents and housing payments have left many struggling to pay for basic services and to rely on various forms of public assistance. And the county anticipates *BUDGET on page 15*

New Principal of Independent Elementary

The Castro Valley School Board has appointed Patrick Hansen-Schmitt as Principal for Independent Elementary School. He will replace Jim Kentris who was recently appointed to the position of Director of Student Services.

Hansen-Schmitt has been the Director of Leadership and Engagement for Teach for America in Hawaii. Previously, he served as Assistant Principal for Chicago

Public Schools.

He earned his Masters in School Leadership from Harvard University and his Bachelor of Music Education from the University of Wisconsin.

"We are fortunate to have Mr. Hansen-Schmitt join us as the Principal of Independent Elementary School," said Superintendent Parvin Ahmadi. "He will be a great addition to our team."



Patrick Hansen-Schmitt

ALAMEDA COUNTY FAIR

JUNE 16-JULY 9

BEST. SUMMER. EVER.

ANIMALS TO LOVE
MEET THEM ALL!

SIP, SAJOR & WAGER WINE FEST
JULY 1 - TICKETS ON SALE NOW!

LIVE HORSE RACING
FREE WITH FAIR ADMISSION

RIDES & ATTRACTIONS
FUN FOR THE WHOLE FAMILY!

BEST. CONCERTS. EVER.

MATTRESSFIRM AMPHITHEATER 8PM

WYNONNA & THE BIG NOISE
JULY 5

JOURNEY REVISITED
JULY 6

FOREVERLAND
JULY 7

JODY WATLEY FEATURING SHALAMAR RELOADED
JULY 8

NIGHT RANGER
JULY 9

SUN	MON	TUES	WED	THURS	FRI	SAT
FAIR SCHEDULE Fair Hours: 11AM-11PM Daily Carnival Hours: Wed-Thurs, 12PM-Closing, Fri-Sun & July 3 & 4, 11AM-Closing Big O Tires Concert Series: 8PM, followed by Fireworks Show Nightly 4th of July Fireworks Spectacular: 9:30PM Budweiser Grandstand. No admission after 6PM. Military FREE: All Day Every Day, with valid Military I.D. Veterans are free with proof of service.					JUNE 16 Opening Day Cattle Drive Kids Free Until 5PM* Presented by xfinity Western Weekend Sugar Ray	JUNE 17 Western Weekend Con Funk Shun
JUNE 18 Father's Day Dads Free Until 5PM* Western Weekend Plain White T's	JUNE 19 CLOSED	JUNE 20 CLOSED	JUNE 21 Foster Kids Clothing Drive Until 5PM* Presented by MATTRESSFIRM \$1 Rides Until 5PM* Jana Kramer	JUNE 22 Seniors Free Until 5PM* \$2 Taste of Fair Until 5PM* Tower of Power Horse Racing	JUNE 23 Kids Free Until 5PM* Presented by xfinity Extreme Rodeo John Michael Montgomery Horse Racing	JUNE 24 Red, White & Brew Fest Extreme Rodeo ASIA Featuring John Payne Horse Racing
JUNE 25 Festival Latino Fiesta Del Charro Rose Royce Horse Racing	JUNE 26 CLOSED	JUNE 27 CLOSED	JUNE 28 Feed the Need Food Drive Until 5PM* \$1 Rides Until 5PM* Clint Black	JUNE 29 Seniors Free Until 5PM* \$2 Taste of Fair Until 5PM* Ann Wilson of Heart	JUNE 30 Kids Free Until 5PM* Presented by xfinity Monster Trucks Super Diamond Horse Racing	JULY 1 Sip, Savor & Wager Wine Fest Monster Trucks Sheila E Horse Racing
JULY 2 Monster Trucks America Horse Racing	JULY 3 Queen Nation Horse Racing	JULY 4 Fireworks Spectacular Presented by MATTRESSFIRM Red, White & Blues Festival First Responders Day Until 5PM* Horse Racing	JULY 5 \$1 Admission & \$1 Rides Until 5PM* Wynonna & the Big Noise	JULY 6 Seniors Free Until 5PM* \$2 Taste of Fair Until 5PM* Journey Revisited	JULY 7 Kids Free Until 5PM* Presented by xfinity Demo Derby Foreverland Tribute to Michael Jackson Horse Racing	JULY 8 Demo Derby Featuring Shalamar Reloaded Horse Racing
JULY 9 RV Demo Derby Night Ranger Horse Racing	ALL DISCOUNTS END AT 5PM * Check website for details. Schedule subject to change. alamedacountyfair.com					

JP's

Family Restaurant and Sports Lounge

Now Open

Breakfast, Lunch, Dinner

Full Bar with 12 TV's

24 Beers on Tap

WEEKDAY'S HAPPY HOUR SPECIALS!

3 PM TO 6 PM

Serving Bottomless Mimosa Sat-Sun 7AM-3PM

JULY'S SPECIAL OFFERS

1/2 OFF BREAKFAST

Saturday and Sunday only from 7AM-9AM
*Excludes mix drinks

BREAKFAST SPECIAL MENU \$4.90 & up

Served Monday-Friday 7AM-10AM
*Excludes holidays

LUNCH SPECIAL MENU \$7.99

Served Monday-Friday 11AM-2PM
*Excludes holidays

Jp's Family Restaurant and Sports Lounge

3600 Castro Valley Blvd., Castro Valley
(510) 876-5151



Eye in the Sky: CV Car Show

The Castro Valley Car Show, which attracted upwards of 8,000 spectators to the Boulevard on June 17, was captured in this spectacular photo taken by Ken Carbone of Dolphin Graphics with his DJI Inspire 2 drone equipped with an X5S high resolution camera. For more information, visit dolphingraphicsmedia.com

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • SPECIAL TO THE FORUM



Trespassing in Restricted Area at Eden Hospital
Sunday, June 25: at 6:30 a.m., Sheriff's deputies arrested a 57-year-old woman from Oakland on suspicion of trespassing in a restricted area of Eden Medical Center on Lake Chabot Road. The woman was also wanted as part of a warrant issued for her arrest. Hospital security spotted the woman jumping a fence on a closed-circuit camera and determined that backup was needed. Deputies took the woman to Santa Rita Jail pending \$2,500 in bail.

Child Abduction Suspect Caught
Saturday, June 24: at 7:22 p.m., a 36-year-old man from El Sobranite (Contra Costa County) was arrested on suspicion of abducting a child that he had no custody rights to, suspicion of child endangerment, breaking and entering, and violating a court-issued restraining order. Deputies stopped the man at the intersection of John Drive and Castro Valley Boulevard following an emergency call about an abducted child. The man was taken into custody. The child was taken into protective services.

Possession of a Stolen Vehicle
Friday, June 23: at 1:40 p.m., deputies arrested a 31-year-old man from San Leandro on suspicion of possession of a stolen vehicle. The man was traveling on Center Street near Castro Valley Boulevard when deputies pulled him over for a traffic infraction. The man was also wanted as part of a warrant issued for his arrest. Deputies took the man to Santa Rita Jail where he was held without bail.

Can't Stay Away
Saturday, June 24: at 12:21 a.m., a 911 call about a suspicious person in the neighborhood sent deputies to a home on Santa Maria Avenue near Santa Maria Court. There, they arrested a 26-year-old woman with no permanent address on suspicion of violating a court-issued restraining order, using a cell phone to verbally harass someone, assault on a spouse, resisting arrest, possession of methamphetamine drugs, and illegal drug par-

see **REPORTS** on back page

Town Hall Meeting Friday Will Focus on Immigration

A grassroots coalition led by local chapters of the volunteer movement "People Power" has organized a town hall meeting this Friday, June 30, with Alameda County Sheriff Gregory Ahern. The focus of the moderated conversation will be the policies and handling of undocumented immigrants by the sheriff's office. In a press statement, the county-wide grassroots coalition said

it is concerned about the sheriff's office's practice of notifying ICE when undocumented immigrants are released from the Santa Rita County Jail, among other practices. The meeting will be held from 5-7 p.m. at the Hayward Adult School, 22100 Princeton St., and is free and open to the public. Visit: [facebook.com/PeoplePower.CA.AlamedaCo](https://www.facebook.com/PeoplePower.CA.AlamedaCo) for more.

NOW REGISTERING FOR SUMMER!

PATTI'S SWIM SCHOOL

We Have Taught Over 50,000 Individuals To Swim!

VOTED BEST SWIM CLASSES BY BAY AREA PARENTS & PARENTS' PRESS

Where Swimming Happens

- Indoor Swim during Fall & Winter
- Ages 6 Months thru Adult
- Ideal for Children with Learning Differences
- Weekly and Intensive Lessons

(510) 331-6610
4621 JAMES AVE. • CASTRO VALLEY • (OFF REDWOOD ROAD)
WWW.PATTISWIMSCHOOL.COM

HAPPY 4TH OF JULY!

Contact the Lovell Team for all of your real estate needs.
Over 38 years of experience in Real Estate

Lovell Team
(#00689931 & #01912817)

"Lovell Team" is a dynamic, award-winning Real Estate team
Call 510-351-5555 or visit us at www.Lovellteam.com
— A team you can love and trust —
Re/Max Accord Castro Valley

Village Barber Shop *Made In The U.S.A. An Old Fashioned Barber Shop*

In The Village Shopping Center
3372 Village Dr., Castro Valley
881-9555
Just Walk In
Open: Tuesday-Friday 9am - 5:30pm
Saturday 8am - 4pm
www.villagebarbershop.com

World Famous TURF CLUB Hayward, California

The Mark Banning Band
8pm, FRI, JUNE 30

Touch of Class
5pm, SAT, JULY 1

Simms Band
4pm, SUN, JULY 2

Live Music Karaoke
MON & WED 8PM

Game Night
EVERY TUES 4PM

DJ Music
FRI 10PM & SAT 9PM

Student I.D. Discounts • WorldFamousTurfClub.com
22519 Main St, Hayward 510.881.9877

Bay-O-Vista
Family Fitness, Gym, Swim & Tennis Club, Inc.
1881 Astor Dr., San Leandro, Corner of Astor Dr. & Lake Chabot Rd., by lake at San Leandro/Castro Valley City border
510-357-8366 • email: swim@bovswim.com
Join Today - Only A Few Membership Spots Available this year!

ONE MONTH FREE DUES IN JUNE
If You Sign-Up Early
JOIN TODAY DON'T MISS OUT
Limited slots

Summer Special!
Initiation FEE:
Family - \$550 up to 6 members
Single - \$275

Previous Members of 12 months or Less are Not eligible for this Promo. Can't be combined with other offers. Offer expires on 6/30/17

- 5 Aqua Classes Weekly
- 50 Fitness Classes Weekly
- Yoga & Pilates Classes
- New Pickleball Courts!
- Massage Therapy
- Sauna, Hot Tub, Steam Room
- Spin-Cycle Classes
- GYM & Tennis
- \$1 Hour Babysitting
- Family BBQ's/Picnic Area's

Visit Our Website and Watch Our Video.
\$198 Family Monthly Dues includes the whole family up to 6 members. \$192 Mo. Dues for singles. Dues paid Annually Receive 8% Discount.
Visit Our Website: www.bovswim.com

castro valley pride
awareness - community - diversity

JULY 8, 2017
12:00-5:00 PM

CASTRO VALLEY HIGH SCHOOL
19501 REDWOOD RD.
NEAR HEYER AVE.

VENDORS, FOOD AND MUSIC
FAMILY-FRIENDLY, ALCOHOL FREE, LGBTQ PRIDE EVENT

ENTERTAINMENT BY
MC CHARMALINA
BAD ASS BOOTS
STANDOFF
JOANNE LEBLANC
DEUCES & DIAMONDS
KIPPY MARKS

CASTROVALLEYPRIDE@GMAIL.COM
FACEBOOK.COM/CVPRIDE

The Week Ahead

● Thursday, June 29: CV Ventures Business Networking

Get ready to network with local business owners, entrepreneurs, managers and business decision-makers from 9 to 10:30 a.m. tomorrow at Castro Valley School Of Music, 3300 East Castro Valley Blvd. For more info, call 510-397-0721 or visit www.cvsom.com

● Friday, June 30: Violet Duo Saxophone Concert

The public is invited to an evening of beautiful saxophone music by Brian Bosley and Cecily Terhune, founders of the Violet Duo, this Friday at 8 p.m. at the Castro Valley School of Music, 3300 E. Castro Valley Blvd. For more info, visit www.cvsom.com or call 510-397-0721.

● Saturday, July 1: Paradise Community Garden Open House

Come see what your neighbors are growing at Paradise Community Garden, 20095 Mission Blvd. in Hayward from 10 a.m. till 2 p.m. this Saturday, featuring a seminar on "Herbal Infusions for Optimal Health" at 11 a.m. Call Rick Hatcher 510-909-4077 for more info.

● Tuesday, July 4: Flag Ceremony, Parade and Breakfast

The Castro Valley LDS Church at 3900 Seven Hills Road will have a flag-raising ceremony at 8 a.m. on July 4th, followed by a bike parade and breakfast. All children are invited to decorate their bakes with a patriotic theme and participate in the festivities.

INDEPENDENCE DAY SCHEDULES Tuesday, July 4, 2017

Government Operations
All Federal, State, County and City offices will be closed on Friday, except for emergency services.

Business Offices
Financial institutions and stock exchanges will be closed. Most business offices, including The Forum, will be closed.

Stores & Restaurants
Some will be open but may be operating on reduced schedules so check ahead to be sure.

Public Transportation
BART and AC Transit buses will operate on a Sunday schedule on July 4.

Garbage Collection
Garbage collection services will occur as scheduled by Waste Management of Alameda County, Inc. (WMAC). For solid waste service questions, call 510-537-5500 (residential) or 510-613-8700 (commercial/business). WMAC offices, the 98th Ave. Cashier, and Call Center will be open but the Hayward Pay Station will be closed July 4th.

Castro Valley Sanitary District (CVSan) offices will be closed on July 4th. Call 510-506-5821 for sewer emergencies only. For other information regarding CVSan, visit www.cvsan.org. Call 510-506-5821 for sewer emergencies. For other information regarding CVSan services and programs, visit www.cvsan.org.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cv.k12.ca.us/cfa; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. phone 889-8961; or at the CV Adult School, 4430 Alma Ave.

● **"Wizard of Oz, Jr."** will be presented by the Castro Valley Theater Academy at 7 p.m. on Friday, July 28, and at 1 p.m. on Saturday, July 29. For tickets (\$5-\$10-\$12), see above.

● **"Winnie the Pooh Kids,"** will be presented by the Castro Valley Theater Academy at 3 p.m. on Saturday, July 29 and at 3 p.m. on Sunday, July 30. For tickets (\$5-\$10-\$12), see above.

● **"Chorus Line High School Edition,"** will be presented by the Castro Valley Theater Academy at 5 p.m. on Saturday, July 29, and at 1 p.m. on Sunday, July 20. For tickets (\$5-\$10-\$12), see above.

● Season Tickets on Sale

Tickets for the Castro Valley Arts Foundation 2017-2018 Series are now on sale. If subscribers wish to keep their same seats, please go to the box office by June 30th. Seats will be blocked out for new series subscribers until July 14. The series includes: "The Filharmonic" on Aug. 19, "The Spouse Whisperer" on Sept. 16, "New Year's Eve Cabaret" on Dec. 31, "Super Diamond: The Neil Diamond Tribute" on Jan. 27, "Wake the Dead" on Feb. 24, and "Franc D' Ambrosio's Broadway" on March 31.

THEATRICAL & MUSICAL PERFORMANCES

● **"Elvis Has Left the Building,"** a comedic farce, will be presented by Chanticleers Theatre, 3683 Quail Avenue in Castro Valley from June 30 to July 23. It is December 20, 1970 and Elvis Presley has disappeared. No one, not even his wily manager "The Colonel," knows of his whereabouts. Hi-jinks abound as the Colonel takes desperate measures to replace a man who is irreplaceable. This hilariously funny story will keep you guessing until the end. General admission is \$25 (\$20 for seniors 60+ and military). For more information or tickets, call 510-733-3483 or visit chanticleers.org

● **"Mamma Mia!,"** the stage musical, will be presented by Producers Associates, Inc. with a live orchestra at 8 p.m. on July 7, 8, 9, 13, 14, 15 and 16 at the Woodminster Amphitheater in Joaquin Miller Park, Joaquin Miller Road at upper Sanborn Drive, Oakland. For tickets, call 510-531-9597 or visit www.woodminster.com

● **"Flavors of Latin America,"** a summer concert, will be presented by the Morrison Theatre Chorus under the direction of César Cancino at 8 p.m. on Friday and Saturday, July 21-22, and at 2 p.m. on Sunday, July 23, at the Douglas Morrison Theatre, 22311 North 3rd St. in Hayward. For tickets (\$18-\$15-\$12), call 510-881-6777 or visit www.dmtonline.org

ART GALLERIES & EVENTS

● **"Wake, Sleep, Repeat: Repetition in the Everyday,"** an exhibition open to all Bay Area artists and featuring a variety of media encompassing the numerous ways repetition is embedded in our daily lives, is on display at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. For more information, call 510-881-6735, or visit adobe-gallery@haywardrec.org

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Begin something new or work on an unfinished art project. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center, 20395 San Miguel Ave., Castro Valley.

● **"Unmentionable: The Indiscreet Stories of Artifacts,"** an original exhibition exploring topics and artifacts that we, as a society, find uncomfortable to talk about, including race, lifestyle, politics and personal adornment, will be on exhibit thru July 30 at the HAHS Museum, 22380 Foothill Blvd., Hayward.

● **"Welcome Home Project"** and **"In My Own Backyard,"** a dual exhibition, continues at the John O'Lague Galleria in Hayward City Hall, sponsored by the Hayward Arts Council. "The Welcome Home Project" is a collection of 20 stories and photos of formerly incarcerated Alameda County residents who were able to turn their lives in a positive way. "In My Own Backyard" features digital prints of 35 Hayward landmarks by Jeanne Bertolina.

● **San Leandro Art Association** members' paintings will be on display at Zocalo Coffeehouse, 645 Bancroft Ave. in San Leandro thru July 31.

...and Beyond

● Thursday, July 6: Ice Cream Social Luau

The Aitken Senior & Community Center will hold its annual Ice Cream Social Luau from 1:30 to 3 p.m. on July 6. Beat the summer heat and enjoy an ice cream sundae with your friends and family. Dress in Hawaiian attire and watch the center's Ukulele and Hawaiian Hula Dance Class perform. All ages welcome. Sundaes cost \$1.50 (please bring exact change or small bills). A special thanks to the sponsor, the St. John Kronstadt Health Care Center.

● Friday, July 7: Eden Area Village

Eden Area Village is developing a non-profit membership based neighborhood "Village" that will help people in the Castro Valley, Hayward, and the San Lorenzo areas stay in their homes as they age. Public outreach meetings are held the first Friday of each month at 2 p.m. at Hayward City Hall. Next meeting is Friday July 7th.

● Saturday, July 8: Castro Valley Pride Celebration

Castro Valley Pride returns for its 7th year from noon to 5 p.m. on July 8, once again transforming the Castro Valley High School Redwood Road parking lot into a fun-filled space with food trucks, vendors, and live music on two stages, as it creates a safe and welcoming space for the LGBTQ community and gives its friends, family, neighbors, and allies a place to enjoy a beautiful summer day together. For vendor or group booth opportunities, visit www.castrovalleypride.com.

● Saturday, July 8: St. Gerard's Country Hoedown

Polish those boots and shake out them jeans on July 8 for St. Gerard Women's Club Country Hoedown, beginning with a no-host bar at 5:30, followed by a Texas Roadhouse dinner at 7:30 p.m., dancing and a lot of prizes, at St. John's Church, 264 E. Lewelling Blvd., San Lorenzo. Dress is country casual. For tickets (\$20 advance, \$25 at the door), contact Pat Forsythe "Marshall" at 510-278-4161.

● Saturday, July 8: Raptors Catching the Currents

Explore the dynamics of raptors in flight as they compile barometric and weather-vane statistics to utilize the air currents for maneuverability and speed in capturing prey. Learn how to identify California's raptors as you meet Sulphur Creek's hawks, falcons and eagle at this exclusive adult nature presentation from 3:30 to 5 p.m. at Sulphur Creek Nature Center, 1801 D St. in Hayward. Advance registration (\$18) required, by calling 510-881-6700 or visiting www.haywardrec.org

● Wednesday, July 12: Sons In Retirement Meeting

SIRs, an organization of retired men, meets on the second Wednesday of each month in the Wedgewood Center at the Metropolitan Golf Links, 10051 Doolittle Drive in Oakland. Happy Hour at 11 a.m., followed by lunch at noon. Guests are welcome. Come and meet new friends. For more information call Mel at 510-357-0601.

● Saturday, July 29: "Bark for Life" Fundraiser

The Hayward Relay for Life is hosting a "Bark for Life" at the Hayward Dog Park at Eden Greenway on Saturday, July 29. This is an American Cancer Society fundraiser where we have some fun while we honor our caregiving loving dogs. For more information, please visit www.relayforlife.org/BarkHaywardCa

CASTRO VALLEY FORUM

CASTROVALLEYFORUM.COM

ESTABLISHED: 1989 • CIRCULATION 22,500
© 2017 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp.
2060 Washington Ave., San Leandro 94577
Corporate Address: P.O. Box 2897, Alameda, CA 94501
Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher fredz@ebpublishing.com	Claudette E. Morrison, Business Mgr. cm@ebpublishing.com
Howard Morrison, Assoc. Publisher howardm@ebpublishing.com	Patrick Vadnais, Classified Ads / Obituaries patrickv@ebpublishing.com
Helen Burkett, Advertising Design Mgr. helenb@ebpublishing.com	Mary Florence, Advertising Sales 861-3270 Mpominville4582@aol.com
Moxie Morrison, Layout Design moxmore@yahoo.com	Linda Nakhai, Advertising Sales 915-1513 lnakhai@comcast.net

Contributors:

Amy Sylvestri, News amys@ebpublishing.com 510-614-1561	Thomas Lorentzen Winda Shimizu Linda Sandsmark	Jim Carrizo, Sports jimcvsports@gmail.com 510-967-3759
Linette Escobar Terry Liebowitz	Trevin Smith Simon Wong	Carl Medford Michael Singer

Submissions to The Forum

To submit Calendar listings or news stories for possible publication, send information by the prior Friday in an email, or attach a document with photos to: fredz@ebpublishing.com, or fax information to 510-814-9691.

HOROSCOPE by Salomé

© 2017 King Features Synd., Inc.

ARIES (March 21 - April 19): Information you need might be coming in sporadically, but at least what you're getting is valuable. Continue to wait until more is available before acting on that career move.

TAURUS (April 20 - May 20): You continue on an upbeat cycle, and with that strong Taurian energy you should see favorable results from your hard work. A pleasant surprise awaits you in your private life.

GEMINI (May 21 - June 20): A misunderstanding needs more time to be worked out. Don't give up on it just yet. Remain open to providing explanations, if called for. Another friend offers good advice.

CANCER (June 21 - July 22): Fast action can correct a seemingly minor problem that has taken on some unexpectedly difficult aspects. Stay with it until it's resolved. News on a more positive note is due soon.

LEO (July 23 - August 22): Some snags could cause delays in those plans you're eager to see put into operation. But be patient. The Clever Cat will soon have good reason to celebrate a job well done.

VIRGO (August 23 - Sept. 22): Be careful not to let that Virgan sensitivity dissuade you from being the hardheaded realist you should be at this time. Your goals are in sight. Stay focused on them.

LIBRA (Sept. 23 - October 22): A more positive aspect opens up, allowing you to make some important changes in a personal situation. Remember to seek balance and avoid extremes as you proceed.

SCORPIO (October 23 - November 21): This is a good week to get out and enjoy the fine times you missed while you were so deep in those workaday projects. Be sure to share it with that special person.

SAGITTARIUS (Nov. 22 - Dec. 21): Work and play are in balance this week. However, expect news that could tip things toward the workplace for quite a while. But all to a good end.

CAPRICORN (Dec. 22 - Jan. 19): You're more productive on the job than you have been in some time. That's good. But be careful not to overlook some situations developing in your private life.

AQUARIUS (Jan. 20 - Feb. 18): You've been doing a lot for others (as usual). But now it's time to focus on your needs, including finally going on that long-delayed trip you've been hoping to make.

PISCES (Feb. 19 - March 20): It's all smoothly going on 'twixt you and that very special person in your life. But a colleague causes some disruption on the job that you might be called on to help settle.

ATHLETES OF THE WEEK



CV Little League's Minor A Yankees

This week's Athletes of the Week are the members of the Castro Valley Little League's Minor A Yankees.

This team finished in first place, with a regular season record of 16-4. As the first place finishers, the Yankees continued their season representing Castro Valley in the District 45's Tournament of Champions (TOCs).

They kept their winning streak going, with 3 more victories, over Little League teams from surrounding cities, San Leandro 14-4, Union City National 15-12, and San Lorenzo 9-3 to win the District 45 Tournament of Champions.

The final game saw two home runs hit by Kevin Ding, with Alex Nicol and Arthur Sims each hitting solo homers.

Riley Eagan and Ethan Lunes combined for a strong pitching performance that helped secure the Championship.

PICTURED ABOVE: Front row from left: Ethan Lunes, Alex Nicol, Robert Bosco, Riley Eagan, Arthur Sims, (Joshua Batteate not present); Middle row: Zander Calderon, Hudson Whitney, Elliot Simon, Aiden Worstell, Kevin Ding, Gavin Fanucchi; Back row: Manger Gerry Nicol, Coach Rich Fanucchi, Coach Sean Kerns

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE

Youth Baseball and Flag Football Programs

www.CVSPORTSLEAGUE.org

A Better Map of The Brain

By Glen Jett
SPECIAL TO THE FORUM

From phone lines passing sound, to wires passing electrical current, neuroscientists have developed many metaphors to describe how information is transmitted in the brain and sent to the body.

These figures of speech help us talk about the complex structures – neural pathways – hidden inside the brain, and help us appreciate how critical they are to everyday activities.

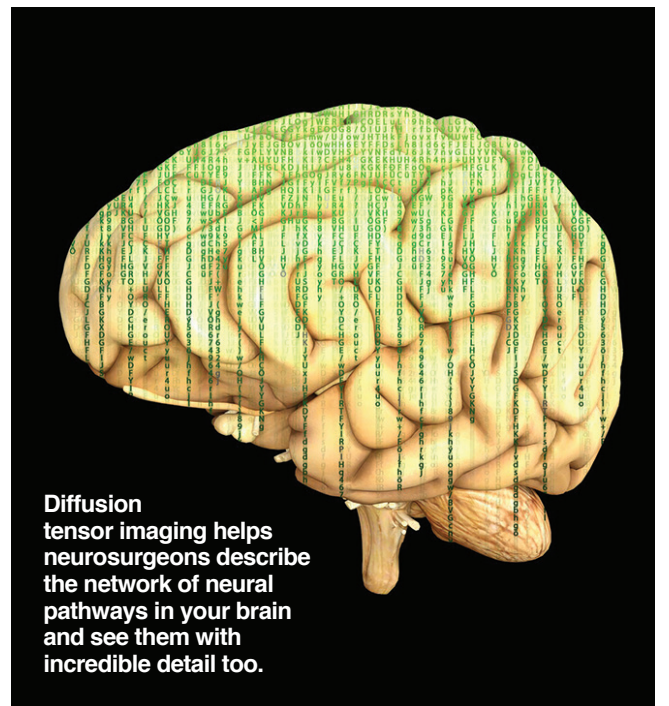
Using a technique called diffusion tensor imaging, neurosurgeons at Eden Medical Center can not only describe the network of neural pathways in your brain with more clarity, but they can see them with incredible detail too!

A Much Better Map

“Until recently, we’ve had to spend six to 10 hours, mapping brain fibers one at a time – the equivalent of drawing a topographic map one elevation line at a time,” says Jenny Chen, Neuroradiologist at Eden Medical Center.

“With new software, we can perform this process for all brain fibers in minutes and use it to guide decisions in the operating room.”

Moreover, instead of manually moving the map from one system to another – for instance, from the MRI scanner to the operating room tools and monitors – the map



Diffusion tensor imaging helps neurosurgeons describe the network of neural pathways in your brain and see them with incredible detail too.

is available seamlessly across all systems.

This is the equivalent of your phone showing the map you looked up on your computer at home, knowing your location and destination, and lighting up a path between the two.

This fast, full-brain mapping and integration with equipment in the operating room is important because it's these delicate fibers in the brain that control countless physical and mental activities – from allowing you to see and speak, solve problems and process thoughts, to making your muscles move.

Leads to Safer Surgery

The skill of neurosurgeons lies in their expertise navigating surgical instruments around healthy tissue, veins, and nerve fibers in the brain without damaging them, which could cause disability.

With a complete 3-D map of a patient's brain fibers, surgeons can now maneuver their instruments around these important connections to reach deep-seated tumors and blood clots.

“This technology gives me more options to reach my target without damaging a neural pathway in the process” said Eden Neurosurgeon Dr. Lawrence Dickinson.

Using new technology called BrightMatter, surgeons will be able to see what was previously hidden or seen in much less detail; reducing the risk of injury and opening up new avenues to remove tumors or repair damaged parts of the brain.

Better Outcomes

This technology can improve outcomes for patients with brain tumors, stroke, head and spine
see BRAIN on back page

Regional Park District Offers Tips for Dealing With Summer Heat at Parks

Temperatures are expected to exceed 100 degrees this summer in many areas of the East Bay Regional Park District. The District offers these summer safety recommendations when visiting a park.

- Be sure to wear sunscreen and lightweight, light-colored clothing to reflect some of the sun's energy;
- During the hottest parts of the day, keep physical activities to a minimum. Stay in the shade.
- Drink plenty of water even if you do not feel thirsty;

- Slow down while hiking. Avoid exertion during the hottest part of the day. If you must do strenuous activity, do it during the coolest part of the day – in the morning between 7 and 10 a.m., and in the evening;
- Never leave infants, children or the frail elderly unattended in a parked car. The same goes for your pets! Dogs are vulnerable to heat-related illnesses. Protect your canine companion by keeping him home on hot days.

“We need the public to be aware of the dangers of heat-related illness and to use precautionary measures to avoid a medical emergency,” said Park District Assistant Fire Chief Paul Cutino. “Every summer emergency services are called on a frequent basis to assist visitors who have become overheated. Prevent a life-threatening situation this summer by being summer heat smart. Stay cool and stay hydrated.”

Visit: ebparks.org/parks/safety.

Mental Health Grant: County Awarded \$6-Million Grant to Prevent Recidivism

Alameda County has received a boost in its efforts to address the challenges facing those returning from jail and prison who were arrested and convicted of a criminal offense, and who have a history of mental health issues and substance-use disorders.

Under County Prop. 47, passed in 2014, some low-level crimes were reclassified from felonies to misdemeanors with the resulting state savings directed toward pre-

venting recidivism.

The California Board of State and Community Corrections recently awarded a \$6 million grant to the County's Health Care Services Agency to fund rehabilitative programs over the course of the next three years.

70% of grant will be dedicated to community organizations to:

- Provide two mental health treatment and case management teams to serve formerly incarcerated

people with severe to moderate mental health disorders.

- Expanded community-based services for people with substance-use disorders.
- Fund support to address emergency housing needs of formerly incarcerated people with mental health or substance use disorders.

A Local Advisory Council will meet on at least a quarterly basis to oversee implementation of the grant over its three-year period.

Is Your Store Empty when Others are Full?

Advertise in the Castro Valley Forum

THE ONLY LOCALLY OWNED NEWSPAPERS DELIVERED FREE TO 99% OF HOMES AND BUSINESSES IN CASTRO VALLEY!

To Advertise Call:
Mary Florence: 861-3270 or
Linda Nakhai: 915-1513

CASTRO VALLEY FORUM
www.castrovalleyforum.com

San Leandro Times
www.sanleandrotimes.com

SUMMER HOME IMPROVEMENT GUIDE

A Simple Tool Takes Home Improvements To a Whole New Level

Whether your idea of a home improvement project involves DIY construction or hanging pictures, there's one tool that saves time on these jobs and more—the self-leveling cross-line laser.

The highly functional cross-line laser projects bright horizontal and vertical laser lines against a surface to ensure straight and level placement. You can use a line laser for wall positioning or to simplify time-consuming tasks like hanging artwork or placing holiday decorations.

For example, if you want to install a shelf the most important task is making sure it's level. Some DIYers use a tape measure and a carpenter's level for this project, but the accuracy can be spotty.

However, with a self-leveling cross-line laser the light beams both horizontally and vertically to outline precise shelf placement that's perfectly level.

For an expert finish, just double check that your lines are at the right height and wall location. That also goes for installing items like a wall sconce or light fixture.

• Picture-Hanging Hints

1. Set your horizontal line at preferred height

2. Set vertical line to intersect at

lower left corner of picture frame

3. Measure distance from top of picture frame to hanging wire

4. Mark preferred location of hanging wire on wall

5. Locate nail or fastener on wall

6. Use laser to ensure picture is level top and bottom.

Any room or surface where a straight or level line is required will benefit from a self-leveling cross-line laser. Easy to use, it makes any job faster, offers extreme accuracy and can often mean you can polish off a two-person job by yourself.

Just set the laser on a tripod or mounting device and you're ready for almost any project — from installing ceiling tile to precise chair rail placement.

One self-leveling cross-line laser that fits homeowner requirements is the Bosch GLL 30. It features a compact design for easy movement around the home and projects easy-to-see cross lines at distances up to 30 ft. And it comes with a flexible mounting device with micro-fine adjustment that clamps on virtually any surface to project lines from every height or angle.

Visit Boschtools.com for more.
—North American Precip Synd., Inc.



HOME SCAMS

While home repairs are a standard part of homeownership, they can open the door to scam artists seeking to prey on vulnerable older adults.

Recent research suggests older Americans lose over \$36 billion annually to a range of financial exploitation schemes, including home improvement scams. But you can avoid being a target.

Scammers use a variety of strategies to target homeowners, from charging inflated prices and delivering substandard work, to using high-pressure tactics to sell services. Older adults are prime targets for this type of exploitation because they often own homes with equity, tend to be more trusting and may be less likely to report an incident.

Home repair scams can jeopardize the independence of older adults by robbing them of money and equity in their home, as well as threatening their safety.

see SCAM on page 8

Summer DIY Home Projects

By Scott McGillivray
SPECIAL TO THE FORUM

Tackling a few do-it-yourself projects during the early summer can help you keep your home in tip-top shape all year long.

Inspect Your Roof

Winter can be especially hard on a roof. Look wind or water damage and replace any cracked or missing shingles and clear any debris.

Clean Your Gutters It's not glamorous work, but your home's gutters play an essential role in moving water away from your home and preventing damage. Consider installing gutter guards to ensure your gutters remain functional and free from debris.

Inspect Windows, Doors

Recaulk where necessary. Because a proper seal is essential in both heating and cooling seasons, this job should be performed twice a year to protect against drafts and moisture, and to keep insects out. Worn weather stripping should also be replaced.

Top Up Attic Insulation

Many older homes have inadequate levels of insulation in the attic that wouldn't meet today's
see SUMMER on page 9

INSIDE THE GUIDE: DECLUTTER YOUR HOME • PAGE 9



R&S Overhead Garage Door Inc.
510-483-9700
www.rsdoors.com
WE CAN FIX IT TODAY!

Lic.# 321078

• Noisy Garage Door? • Dented Steel Sections?
• Rotten Wood Panels? • Broken Springs?

Tune-Up Special • Complete Lubrication
• Tighten All Fasteners
• Operator Adjustment
• Adjust Springs
• Safety Check

\$89 New Customers Only
Exp. 9/15/17

With coupon. Not valid with any other offers.

Weekends are for relaxing!

So, how do you keep up on the maintenance of your home and have fun too?

Preserve your home's worth! Select projects that provide the **best cost vs. value!**

Call me for a consultation to prepare your home for updates or renovation to help you:

- Determine "where to start" based on your goals
- Get a Pest and Home Inspection – your To Do List
- Choose from an extensive list of known qualified local vendors
- Review de-clutter options and assist with organizing for donation and recycling
- Assist you with all of your real estate needs and questions

Do you DIY searches and estimates on your home?

DO YOU KNOW that online technologies cannot really determine the real value of your home; it is missing the human factor.

Give me a call, I will provide a value that matters.

Murline Monat, Realtor®

510.406.0114 | Lic. #01824992

mmonat@paragon-re.com

www.murlinemonat.com



WORLEY'S



Home Design Center

"The One-Stop Decorating Store Since 1952"

Interior Design

- Custom Reupholstery
- All types Window Coverings
- Flooring of every type
- Bath/Kitchen Remodeling
- Cabinets/Wall Beds
- Base/Crown Moldings
- Antique Refurbishing
- Custom Draperies
- Custom Area Rugs
- Counter tops
- Wallpaper/Paintings
- Fireplace Refacing

510-582-6400

2751 Castro Valley Blvd., Castro Valley
www.WorleysHomeDesignCenter.com



Choosing the Right Paint Color: How to Make it as Easy as 1-2-3

Whether it's the sifting through mountains of swatches or trying to remember unique names for the color blue, selecting a new paint color for your home can be a daunting task. However, Chris Stigliano, painting expert at Lowe's, says there are three stress-free steps you can take to ensure you choose the right color.

1. Size Up Your Room

- Consider its shape and size: A lighter color can make a small room feel more spacious, while a darker color can help an immense room seem cozier.

- Take architectural details into account: Think molding, trim, columns and brackets. What's attractive and what's not? Varied intensities and hues can complement architecture, furnishings and art. The right paint can accentuate a room's features or hide them.

- Factor in function: Will the main purpose of the room be eating, sleeping, working, entertaining or something else entirely? A warm color in the living room or family room creates a more comfortable and inviting atmosphere for guests than a cooler one.

2. Determine Color Palette

- Consider yourself: Paint color should reflect your mood and personality. What are your favorite colors? If you're having trouble selecting a shade, try looking in your closet. The colors you enjoy wearing are the ones that make you feel good. You're the one who has to live in the space so live with the shades you love.

- Emotional response: Studies show that room color can affect your mood. Hues of blue, green and neutrals—such as beige, gray and white—can create an overall sense of calm. On the other hand, shades of red, orange and bright yellow provoke high energy. Find out the colors that work best in each area of your home.

- Work with what's already there: If you've already chosen an



two groups: bolds—reds, greens, pinks, blues, greens and purples—and neutrals—pastels, beiges, grays and whites.

Neutrals are generally considered to be a safer choice because they blend with many different decor styles, meaning if you plan to change your decor later, you can often keep the same color walls.

- Get three or four colors you like: Colors in the store often look different at home because of the changes in light. Rather than running the risk of getting a gallon of paint you don't like, try a few samples first. Samples are an inexpensive way to ensure you're making a good choice.

- Test: Paint a one-foot square in each color on your wall. Over several days, watch the colors at different times of day, comparing natural sunlight and artificial light.

By following these simple steps, you will increase your color confidence. So don't be afraid to paint bold and bright. If you love a vibrant color such as peacock blue or fuchsia, go for it!

For more painting ideas, tips and product solutions, visit Lowe.com/Paint.

—North American Precip Synd., Inc.

interior decor or if you're working with a room that's already furnished, focus on a favorite fabric color, piece of art or furniture, or other object. Bring a pillow, piece of fabric or even a favorite pair of shoes to Lowe's and an associate will custom blend a paint shade to match.

3. Get Samples

- Ask for a color wheel: The color wheel has thousands of hues to choose from so bear in mind that paint is generally divided into

DOES YOUR PLAN MAKE FINANCIAL SENSE?

By Jason Alderman
SPECIAL TO THE FORUM

My wife and I survived two major home improvement projects and we've got the battle scars to prove it. Like most people feeling cramped for space – thanks to two growing children in our case – we weighed the pluses and minuses of remodeling versus moving to a larger home. Because we live in a great neighborhood with strong local schools, we ultimately decided to stay put and remodel, but everyone's case is different.

Here are a few considerations to weigh before you decide on a major home improvement or remodeling project:

Wishes vs. Needs

How necessary are the improvements you want? The days when many improvements paid for themselves in increased home

value are over for now, especially such strictly cosmetic upgrades as new kitchen cabinets or a bathroom skylight. That doesn't mean certain projects aren't worthwhile. For instance:

Repairing a leaky roof or faulty plumbing might spare you from water or mold damage.

CONSIDERATIONS TO WEIGH BEFORE YOU DECIDE ON A HOME IMPROVEMENT PROJECT

Installing attic and wall insulation and energy-efficient windows or replacing older appliances and light fixtures will lower utility bills and may be tax-deductible (visit www.energystar.gov for information on tax credits and rebates).

Budgeting

Gather cost estimates for each job or item and create a chart with

columns for high-, medium- and low-cost options. Don't forget supplies for do-it-yourself projects and always add an extra 20 percent or more for unexpected expenses.

If contracted labor is involved, gather three estimates and carefully check references and business licenses. Also, ask about discounts for grouping multiple projects together.

Financing Options

Ideally, you've already established a home improvement savings plan. But if you're planning to borrow, proceed with caution. Just a few years ago, home values were skyrocketing and many people took out a home equity loan (HEL) or line of credit (HELOC) to tap their home's equity. But the real estate market's collapse left many people owing more than their homes were worth.

Jason Alderman directs Visa's financial education programs.

Scam: Reduce Your Risk

continued from page 7

Fortunately, there are solutions. A new brochure, "Home Improvement Scams—Tools for Reducing Your Risk," has been released by the Eldercare Locator to provide detailed recommendations that seniors can use to safeguard their financial future.

The brochure provides information and resources that can help older adults avoid being targeted in the first place and guidance on what to do if you are a victim of this type of scam. It also features a handy checklist to help homeowners select a reputable contractor.

This is an essential publication for any older adult interested in undertaking a home repair project armed with information that will help to ensure it is a success. To order a copy, visit www.n4a.org/Files/N4a-HI-Scams-brochure-access.pdf.

The Eldercare Locator, a public service of the U.S. Department of Health and Human Services, is a nationwide service that connects older adults and their caregivers with information and referrals to local providers and programs. The toll-free number is 800-677-1116.

—North American Precip Synd., Inc.

U-LOAD WE-HAUL U-SAVE \$
510-468-HAUL (4285) \$269⁰⁰ ^{Dump Fee}

9 Yard
15 Yard

U-LOAD WE-HAUL U-SAVE \$
Dumpster starting at \$199⁰⁰ + Dump Fees

Propane Available
\$1⁰⁰ Off*
SPECIAL!
*With this ad. Exp. 7/31/17

Valley Truck & Trailer
510-468-HAUL (4285) • 20630 John Dr., Castro Valley
Email: valleytruckcv@yahoo.com

30% OFF On Any Budget Blinds Products

Great Selection of Attractive Styles to Handle Light, Privacy and Energy Issues.

We have the Best Warranties in the Business!

Shutters • Draperies • Wood Blinds
Honeycomb Shades • Roller Shades
Vertical Blinds • Silhouettes®
Woven Woods

Professional Measuring and Installation.
Quality, Convenience, Value!

925-216-4857
Lafayette, Moraga, Orinda, Oakland, Berkeley, Castro Valley & Hayward
FREE In-Home Consultation & Estimates
Locally Owned & Operated

Budget Blinds
a style for every budget.
www.budgetblinds.com

FENCE LEANING?

Don't Replace... Repair & Save!

CALL NOW FOR YOUR FREE ESTIMATE!

510-706-6189
Randy McFarland



Pave the Way to a Better Home

What's *in* these days is enjoying outdoor living rooms, dining rooms, kitchens and more.

An easy and elegant way to bring your home up to style and expand your living area is with colorful, durable concrete pavers. They can improve your family's quality of life now and your home's curb appeal when the time comes to sell.

Wherever you put pavers, real estate experts say, it can be easy to recoup the cost when you sell the house.

Many homeowners and prospective homeowners consider pavers a much more attractive way to go than other pavement systems. They're also easier to maintain and last longer without needing to be repaired.

Pavers provide a safe, slip-re-

sistant surface in beautiful beige, coral, variegated or darker blended colors, as well as blends with flashed tones to harmonize with a home's exterior cladding. They can easily be put into patterns that complement the architectural style of your home because there's such a wide variety of styles available.

Where To Pave

The most popular places to put pavers include:

- Patios: A well-designed patio made of interlocking concrete pavements can enhance the character and value of your home and provide extra entertaining space that can include fire pits, fireplaces, lounging areas and even kitchens.

- Pool decks: Concrete pavers are an excellent way to visually integrate the pool into your land-

scaping design.

- Walkways: A properly paved walkway can frame your home. To lend more grace to an entrance, walkways should be at least three feet wide and gently curved.

- Driveways: Concrete pavers can add a touch of class that is inviting and durable, while also enhancing your home's curb appeal.

When choosing a contractor to help design and complete your project, make sure you hire a contractor who is an ICPI Certified Concrete Paver Installer. They are knowledgeable of industry best practices, have passed an exam and possess the required experience.

For more information about concrete pavers, visit www.concretepavers.org.

—North American Precip Synd., Inc.

Declutter Your Home and Give Unused Items 'Second Chance'

Here are five simple, effective tips to help you clean out any junk you've accumulated — and make some quick cash in the process.

1. Start with storage spaces. Formulate a plan and take it one room at a time, starting with closets, basement, attic and the garage. You'll need the space as you move through each room and reorganize your items.

If you find that you haven't used the things in your storage spaces since last year, you can sell them on 5miles, a free local marketplace app.

2. Use the "Four Bucket" method. This makes it simple and efficient to organize your clutter. In every room, evaluate each item and pick one of four buckets:

- *Store it*—If you think it's use-

ful and necessary to keep in your home.

- *Sell it*—Make some money off your old items (or donate them).

- *Trash it*—If it's worn out or broken, just toss it.

- *Recycle it*—Determine which items, if any, can be recycled.

Separate all the items in each room or space into the four categories, and move forward accordingly.

3. Ruthlessly purge. For some, it can be hard to get rid of old items. However, it's worth clearing out old junk for the joy of a clear, uncluttered home.

When deciding what to do with an item, ask yourself: Does it improve your life? Does it really hold sentimental value? Would it be hard to replace? If the answer to

those questions is no, it's time for that item to go.

4. Give things a chance. For items that are in good condition, give them a second chance by listing them in the Free & Donations category on the 5miles app. There's always someone in need so not only are you clearing up space in your home, you are also helping others find something they've been looking for.

5. Sell as you go. Selling your items can be as simple as snapping a few pictures, writing a quick description, and uploading them to the app. Keep your phone handy so you can easily post items as you move along.

For more information, visit www.5milesapp.com

—North American Precip Synd., Inc.

Power is the Priority in At-Home Office; Install Backup Generator

According to the U.S. Census Bureau, a summary of trends indicates that 3.7 million employees now telecommute at least half of their work week. And millions of others are self-employed in home-based businesses.

These work trends support an urgent need for undisturbed electricity in the home to reduce lost work time and other avoidable disruptions.

Working from home has a number of employee benefits: The morning commute can't be beat and every day is casual Friday. And one perk that benefits both employee and employer is that studies show individuals tend to work more productively from a quieter, well-connected environment.

However, when hot weather threatening threatens brown-outs or black-outs, the flow of work from home to corporate office may also be at risk. Formulating a backup plan in the case of a power outage should be a significant part of a home office business model.

Every responsible home office business model should consider a continuous source of power. Home standby generators, like the Guardian series by Generac Power Systems, turn on automatically

when utility power goes out and stay on until utility power is restored.

The benefits of installing a backup power system include uninterrupted, continuous power; communications connectivity for all business and home needs; protection for expensive computer equipment; and overall peace of mind.

More than just an inconvenience, a power outage also means productivity losses that can ultimately result in lost income and missed opportunities.

It's also important to prioritize those items the home office will need in order to stay up and running.

For facts and advice about investing in a reliable backup power system, visit www.Generac.com.

—North American Precip Synd., Inc.

Summer: Do-It-Yourself Home Improvement Projects

continued from page 7

building code. Topping it up with an easy-to-install product like Roxul Comfortbatt insulation will help to save on energy consumption and keep your house cooler in the summer months. It cuts simply with a serrated blade or

bread knife, and protects against fire, moisture and mold. Aim for a depth of 16 inches (an R-value of 50).

Insulating properly could also provide added benefits such as improving the longevity of your air conditioner by reducing stress on

the unit as temperatures rise.

Other simple jobs include fixing leaky faucets, repairing and resealing decks, inspecting the foundation, and scheduling a checkup for your HVAC system.

The key is being honest about what you can handle and, when in

doubt, calling in the pros.

For more information, visit www.roxul.com.

Scott McGillivray is a full-time real estate investor, contractor, author and educator. Follow him on Twitter @smcgillivray.

—North American Precip Synd., Inc.

HOME GALLERY STORE CLOSING!
BEDroom EXpress
925-364-7272
6769 Dublin Blvd., Dublin
Limited Time Offer

LOST OUR LEASE! EVERYTHING MUST GO!
Sofas • Mattresses • Recliners • Bedroom Furniture
Casual & Formal Dining • Home Entertainment & Office
www.shophomegallery.com

Better Built By *Serving the Bay Area for 4 Generations*

Vanderbilt FAMILY BUILDERS Inc.
Complete Design & Building Services Available for:
• New Construction • Remodeling
• Additions • Kitchens/Baths
Lic. #637460
2555 Castro Valley Blvd., C.V. • 510-886-5450

RECLINING SOFA
Available in Black or Brown Bonded Leather. Loveseat sold separately.

ON SALE NOW FOR ONLY \$59900

SAVINGS IN ALL DEPARTMENTS!

"Make your house a Dupree's home"
Dupree's FURNITURE
43 Years Experience
1900 E. 14th St. • San Leandro
357-3000
www.Duprees-Furniture.com
OPEN MONDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY

Tender Loving Care
House Cleaning Service • Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY
Specializing in detailed cleaning tailored to your home
FREE ESTIMATES
EMPLOYEES COVERED BY WORKERS' COMP. STATE DISABILITY INSURANCE
Email: PATTYATTLIC@AOL.COM
www.tlc-housecleaning.com
510-481-9193
BONDED & INSURED PL-PD ALL TAXES PAID

FREE In-Home Consultation!
We help you improve your home entertainment and home automation systems one step at a time.

"Quality Home Theater at a Reasonable Price"

510-473-2887
Castro Valley
brian@nextstepae.com | www.nextstepae.com

NextStep
AUDIO ENHANCEMENT

REAL ESTATE GALLERY



HOME of the WEEK

Private, Peaceful, Perfect

Move right in to this meticulously cared for home with over \$200,000 in permitted upgrades. Enjoy preparing meals for family and friends in the gourmet kitchen with granite counters, stainless appliances, gas stove, center island and beverage refrigerator.

This home features 3 bedrooms and 2 full baths in the main home and one bedroom, kitchen and bath in the newly remodeled in-law unit with private entrance. Stunning hardwood floors throughout the main house, wood beamed ceilings in the living room with gas fireplace and recessed lighting. Soak in the sun on the backyard deck while taking in gorgeous valley views. Close to BART, freeway access, shopping and award winning Castro Valley schools.



2901 Susan Lane, Castro Valley • \$925,000



Call the Leslie Peterson Team to get your home sold!

Leslie Peterson
510-697-1208

leslie@lesliepetersonsteam.com
www.lesliepetersonsteam.com



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Market Doldrums Slow June Activity

S eafaring mariners who relied on wind to keep them moving dreaded sailing through the Inter-Tropical Convergence Zone (ITCZ).

Sometimes known as "the itch," the zone is a belt circling the earth approximately five degrees north and south of the equator. Here, trade winds from the northern hemisphere, blowing southeast, collide with the southern hemisphere's north-easterly blowing trade winds, effectively canceling each other out.

This band of still air was known to sailors as the Doldrums, and it was not uncommon for ships to be becalmed for days or even weeks at a time.

We have our own doldrums in real estate called, "the Month of

June." Every year, we greet June with no small amount of trepidation, not knowing if we will sail clear through the month with no loss in market momentum, or we will be becalmed for a few weeks, a month or even more.

June 2005 was the first time I saw the doldrum effect. Up until then, the market had been full speed ahead in much the same fashion as our current market. Multiple offers were the norm and homes averaged less than two weeks on the market.

The weekend of June 22nd, 2005, however, everything changed. Inventory spiked in a one week period and the seller's market turned on its heel overnight and became a buyer's market.

What causes June's doldrum effect? Historically, June is the month which averages the highest amount of inventory. As the school year winds down, families looking to relocate get their homes on the market hoping to be in a new location for the coming September.

As homes begin flooding the market, school graduations, Father's Day and other June events take the focus away from buying a home. Consequently, as inventory climbs, the buyer pool typically hits the pause button.

The effect can be quite dramatic and cause panic attacks in sellers. Used to seeing homes come and go in mere days, it's a shock to see a sudden, sharp decline in market activity.

This year has been no exception. Many sellers have been caught off guard by homes passing offer deadlines with no contracts. Our advice? Hang tight. Normally, things get back to normal in July as the summer kicks in.

Are we seeing another 2005? No. A market slowdown? While it's too soon to tell, if this pattern persists into July, then the answer could be... maybe.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.

WEEKEND GARDENER

Mulch

Keep adding to mulches throughout the summer to keep roots cool, foil weeds and help to conserve water. Always water well before adding the mulch or you will insulate dry soil rather than moist. Pile mulch two to six inches deep under shrubs, trees, vines, flower and vegetable beds. Let grass clippings dry out a bit before piling them up or they will clump into a mat that is impervious to water.

RECENT HOME SALES

Castro Valley			
5050 August Court	94546	\$750,000	3 BD - 1,238 SF - 1953
18650 Center Street	94546	\$774,000	3 BD - 1,508 SF - 1955
2259 Farley Street	94546	\$670,000	3 BD - 1,237 SF - 1948
18500 Hastings Way	94546	\$796,000	4 BD - 1,809 SF - 1950
19800 John Drive #U15B	94546	\$840,000	4 BD - 2,091 SF - 1999
20959 Nunes Avenue	94546	\$735,000	3 BD - 1,215 SF - 1948
4973 Proctor Road	94546	\$635,000	1 BD - 888 SF - 1952
5089 Rahlves Drive	94546	\$860,000	3 BD - 1,238 SF - 1953
18898 Santa Maria Ave	94546	\$708,000	3 BD - 1,148 SF - 1950
4482 Seven Hills Road	94546	\$800,000	3 BD - 1,987 SF - 1956
20111 West Ridge Ct #33	94546	\$550,000	2 BD - 1,467 SF - 1977
5392 Crown Court	94552	\$1,175,000	4 BD - 1,834 SF - 1960
16891 Hallmark Court	94552	\$1,050,000	4 BD - 2,216 SF - 1987
TOTAL SALES:	13		
LOWEST AMOUNT:	\$550,000	MEDIAN AMOUNT:	\$774,000
HIGHEST AMOUNT:	\$1,175,000	AVERAGE AMOUNT:	\$795,615
San Lorenzo			
600 Heritage Circle	94580	\$570,000	4 BD - 1,451 SF - 2004
16033 Via Alamitos	94580	\$475,000	2 BD - 898 SF - 1947
670 Via Mirabel	94580	\$500,000	3 BD - 1,555 SF - 1944
1601 Via Toyon	94580	\$617,000	3 BD - 1,078 SF - 1955
17541 Wickman Place	94580	\$385,000	3 BD - 1,170 SF - 1971
TOTAL SALES:	5		
LOWEST AMOUNT:	\$385,000	MEDIAN AMOUNT:	\$500,000
HIGHEST AMOUNT:	\$617,000	AVERAGE AMOUNT:	\$509,400

Mortgage Rates Continue to Hold

Average mortgage rates continued to hold at year-to-date lows last week amidst ongoing economic uncertainty.

The 30-year fixed-rate mortgage averaged 3.90 percent last week, down from 3.91 percent the week before. A year ago at this time, the 30-year rate averaged 3.56 percent.

Fifteen-year fixed rates averaged 3.17 percent, down from 3.18 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.14 percent, down from 3.15 percent.

Realtors - Advertise in our Monthly Agents in Action



This Could Be You!



Your Name
Real Estate Company
Email address
Phone number

How would you like your image and message to be delivered to households and news racks in Castro Valley, San Leandro, and Sheffield Village?

The Next Issue of Agents in Action is July 5 & 6

If you would like to be a part of this exciting advertising opportunity, call your Account Executive today!



Mary Florence
510-861-3270
Castro Valley
mpominville4582@aol.com



Linda Nakhai
510-915-1513
Castro Valley
lnakhai@comcast.net



Claudette Morrison
510-614-1559
San Leandro
ClaudetteM@ebpublishing.com

OPEN HOMES SATURDAY & SUNDAY JULY 1ST & 2ND

There are no Open Homes scheduled for this weekend...



CITY GUIDE A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = BERKELEY
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA

**CVHS OLYMPIAN
2016-17 AWARD
WINNERS:**

- Haley Booth: Reporter of the Year
- Brittany Bracy: Quill and Scroll, opinion writing; California Press Women, feature writing; California Press Women, feature video; Olympian Hall of Fame
- Desiree Broome: Calif. News Publishers Association, sports writing; California Press Women, news video; Calif. Press Women, feature video; Journalism Education Assoc., news photo; Olympian Hall of Fame
- Elizabeth Chan: Quill and Scroll, news reporting
- Da Di: Calif. News Publishers Assoc., illustration
- Lauren Eisenman: Calif. Press Women, news video
- Caitlin Forbes (2016 graduate): Bay Area Sports Hall of Fame, Art Rosenbaum Sports Writing Scholarship
- Gavin Halloran: Calif. News Publishers Assoc., sports writing; Journalism Education Assoc., sports photo; Olympian Photographer of the Year
- Stella Ho: Calif. Press Women, opinion writing
- Hannah Johansson: Journalism Education Assoc., editorial cartoon; Quill and Scroll, news reporting; Calif. News Publishers Assoc., news photo
- Molly Koch: Calif. News Publishers Assoc., best writing, California Press Women, video feature
- Nisha Lal: Journalism Education Association, feature photo
- Anastasia Le: Quill and Scroll, news reporting; Calif. News Publishers Assoc., feature writing; Journalism Education Assoc., editorial cartoon
- Halley Lin-Jones: Calif. News Publishers Assoc., opinion writing; Calif. News Publishers Assoc., news photo; Quill and Scroll, news reporting; Quill and Scroll, opinion writing; Calif. Press Women, feature writing; Calif. Press Women, news photo; National Federation of Press Women, news photo; Journalism Education Assoc., news photo; Olympian Editor of the Year; Olympian Hall of Fame
- Jessica Mi: Calif. Press Women, editorial writing; Quill and Scroll, news reporting; Olympian Editor of the Year; Olympian Hall of Fame
- Mara Moysen: Calif. Press Women, feature video
- Sarah Nosseir: Calif. Press Women, opinion writing
- Ria Panjwani: Calif. Press Women, opinion writing; Calif. Press Women, feature writing; Olympian Rookie of the Year
- Fiona Richter: Quill and Scroll, news reporting
- Jacob Schoenfeld: Calif. Press Women, sports photo; National Federation of Press Women, sports photo; Journalism Education Assoc., sports photo; Olympian MVP; Olympian Hall of Fame
- Wailea Siler: Olympian Rookie of the Year
- Will Stein: Calif. Press Women, opinion writing



The Olympian, Castro Valley High School's newspaper, has won 37 different awards for the 2016-2017 school year. This is the most awards The Olympian has ever won

CVHS Olympian Wins Big in Annual Newspaper Contests

By Audrey Manzano
SPECIAL TO THE FORUM

This 2016-2017 school year has been very rewarding for the Castro Valley High School newspaper. The Olympian won 37 different awards from off-campus groups such as the Quill and Scroll Society, Journalism Education Association, California Press Women and California News Publishers Association for videos, pictures, stories, and columns.

This is the most awards The Olympian has ever won and Olympian staff members were pleased with their success.

Editor-in-chief Halley Lin-Jones received eight awards from five different off-campus groups for her stories as well as photos and is very appreciative of her efforts as well as the rest of the class.

"I feel so grateful that my work was recognized and evaluated by real journalists in the industry, and I'm proud of everyone in our class for the success we've had in this year's contests.

**A COMPLETE LIST
OF THIS YEAR'S
WINNERS AT LEFT**

"For me, I have felt most proud of the CNPA award for my columns. To have those really personal opinion pieces supported was truly touching and gratifying," Lin-Jones explained.

California News Publishers Association awarded Lin-Jones first-place honors in both column writing and news photography. CNPA also honored artist Da Di for an illustration, and copy editor Anas-

tasia Le for her feature story about Castro Valley natives Eugene Yoon and Arthur Renowitzky.

Video editor Desiree Broome won four awards: two for videos, one for sports writing, and one for a news photo.

"I'm really excited about winning the awards!" Broome said. "For me to have been a part of the class for three years and to win so many awards just shows how worth it all of the work was."

The Olympian publishes 13 print editions per year and online at cvhsolympian.com, where information about subscriptions and advertising can be found.

Audrey Manzano is a CVHS journalism student and The Olympian's new business manager.

BART Okays 'Safe Transit' Policy; Ends Seat-Hog Law

The BART Board of Directors approved a policy last Thursday that attempts to shield its riders from immigration raids and forbids the gathering of immigration information on its employees or on prospective hires.

The so-called "safe transit" policy does not mention the word "sanctuary," but it would keep BART police from spending money or other resources to help enforce immigration laws "except as required by federal or state law or court order."

The approval of the new policy came on an 8-1 vote during a meeting in which directors approved a \$1.92 billion budget for fiscal year 2018 that includes a fare-evasion prevention initiative; more cleaners at some stations, and youth discounts for older teens.

The budget allows BART to put

new rail cars into service before the end of 2017, allocating \$671 million towards the purchase of 775 new rail cars for its eventual "Fleet of the Future."

The board also rescinded a seat-hog law that took effect last October but has never been enforced because of a lack of agreement on exactly how to enforce it.

The transit agency is devoting \$2.7 million towards limiting fare evasion by raising barriers and service gates to a uniform height of 60 inches, hiring extra community service officers, and eliminating non-fare gates other than those next to station agents' booths, while ensuring that fare gates would open for exit during an emergency.

The board also extended the youth discount - currently through age 12 - through age 18, effective Jan. 1, 2018.

Free Lunches Available for Children Age 18 and Under

Food insecurity and hunger continue to affect one out of three children in Alameda County's low-income households, who miss out on free and reduced-price lunches when school lets out for the summer.

The county has identified 15 neighborhoods with child poverty rates above 50 percent and another 36 where it exceeds 32 percent.

Lack of nutritious meals during the summer months can contribute to illness, poor academic retention, and other health issues, such as obesity.

Although so-called "safety net" services face uncertainty nationwide, the Alameda County Social Services Agency is continuing to participate as a sponsor in California's Summer Food Service Pro-

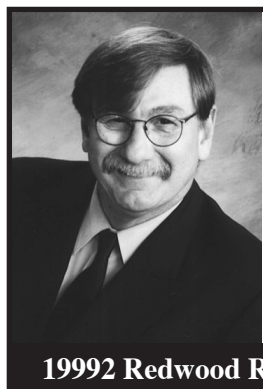
gram, offering free lunch to kids and teens at four sites.

Free lunches for children ages 18 and under are available on a first-come, first-served basis at one Hayward site and at three Oakland locations from 11 a.m. to 1 p.m. weekdays through Aug. 10 (except for the July 4th holiday).

Free Lunch Locations:

The locations are the Eden Area Multi-service Center at 24100 Amador St. in Hayward, and in Oakland at the Eastmont Self-Sufficiency Center at 6955 Foothill Blvd., Room 100; the Thomas L. Berkley Self-Sufficiency Center, 2000 San Pablo Ave.; and Youth Uprising at 8711 MacArthur Boulevard.

The hot, nutritious lunches are prepared by Revolution Foods.

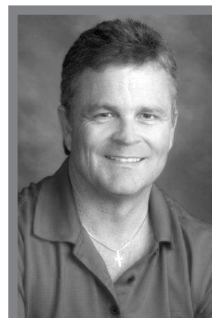


Alan D. West
Attorney at Law
Specializing in Estate Planning

LIVING TRUSTS
...Avoid probate
...Eliminate or significantly reduce estate taxes

510-889-6692

19992 Redwood Rd., Castro Valley, CA 94546



TOM NOHR, CFP REC
Comprehensive Financial Planning
for Your Lifestyle in Retirement
Since 1986

Phone: **510-888-7171**
www.tomnohr.com

Securities and Advisory Services offered through National Planning Corporation (NPC) member FINRA, SIPC & a Registered Investment Adviser. NPC & Successful Financial Education Workshops are Separate & Unrelated Companies.

20632 Redwood Road Ste. E, Castro Valley

**CROSSWORD
PUZZLE
ANSWERS**

P	A	P	A	S	A	D	G	A	Z	E	
E	V	I	D	E	N	C	E	A	X	E	L
R	E	N	O	V	A	T	E	M	I	R	A
R	I	G	P	O	I	S	O	N			
E	A	S	E	L	F	E	R	N			
E	F	T	S	R	E	N	E	G	E	D	
L	A	Y	M	A	T	E	S	V	E	E	
R	E	N	A	M	E	D	B	E	A	T	
A	L	P	S	P	A	N	D	A			
C	H	O	R	E	A	K	I	N			
H	E	R	R	E	N	T	A	C	A	R	
A	L	S	O	T	R	I	A	N	G	L	E
P	L	O	W	S	E	T	A	I	L	S	

**DAVE'S TAVERN
TAXI SERVICE**

Mon - Sat 7am - 7pm
Off Sunday Airports & Amtrack Transportation Open 24 Hours



TO OAKLAND AIRPORT **Only \$30**

TO/FROM BART **\$600 - \$12**

TO SF or SJ AIRPORT **\$60**

510-303-3478

**Think a penny
has no value?
Think Again.**



**For Less than a
Penny Per Paper
You Can Promote
Your Business.**

To Advertise Call...
Mary Florence
510-861-3270 Or
Linda Nakhai
510-915-1513

castrovalleyforum.com



**Tender Loving Care
Pet Grooming** 25 years Experience

Walk-Ins Welcome
DOG GROOMING: Just
Sm. Dog \$40 / Med. Dog \$45 / Lrg. Dog \$55
Includes: Bath, Haircut, Ear Cleaning,
Anal Cleaning, Nail Trimming, Brush Teeth

To make an appointment call:
510-589-6801
Sat. - Thur.: 9am-5pm
Closed Friday

BATH: Only
Sm. Dog \$25 / Med. Dog \$30 / Lrg. Dog \$40
Nail Trimming Only, \$5 to \$8
CAT GROOMING: \$55 (Exp. 7/31/17)

16242 E. 14th Street, San Leandro

ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

TO PLACE A CLASSIFIED AD

CALL 510-614-1558
FAX 510-483-4209
EMAIL Classifieds@ebpublishing.com
ONLINE www.ebpublishing.com

TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day
www.sanleandrotimes.com
www.castrovalleyforum.com
2060 Washington Ave., San Leandro, CA 94577

CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:
MONDAY BY 5:00 P.M.
Call 510-614-1558 (Mon. - Fri., 9 a.m - 5 p.m.)
VISA, MASTERCARD & DISCOVER ACCEPTED

AUTOS / TRUCKS
\$35 10 words
(3 weeks)

GARAGE SALES
\$30 10 words
(1 week)

HELP WANTED
\$35 10 words
(1 week)

MISC. FOR SALE
\$30 10 words
(3 weeks)

RENTALS
\$35 10 words
(1 week)

SERVICES
\$30 10 words
(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH
CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

PLACE YOUR CLASSIFIED AD ON OUR WEBSITE AND SAVE \$5 PER WEEK OFF THE ABOVE PRICES!

ANTIQUES WANTED

RECORDS WANTED:
Jazz, Rock & Soul. Also Reel to Reel Tapes. Call 510-969-8988 or slsouth467@gmail.com

CONCRETE SERVICE

***MP CONCRETE.** Driveway, Patio, Retaining Wall, Asphalt, Hauling. Lic.#1004427. Milo 510-502-9336.

***NAI CONCRETE & LANDSCAPING** Patios, Driveways, Walkways, Asphalt, Foundations, Stamp Concrete, Retaining Walls, Landscaping, Sprinklers, Tree Service, Drainage, Fencing. Lic.#570826. 510-967-2447.

CASTRO VALLEY CONCRETE. FREE Estimates. Excellent Quality Work for over 25 years. Lic.#870781. 510-772-2537.

CONTRACTOR SERVICE

NOTICE TO READERS
California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.
Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY!
- A vacancy day is money lost forever -
To place an ad call **510-614-1558**

ELECTRICAL SERVICE

***NEIL ELECTRIC.** Commercial/ Residential/ Remodels. No Job to Small. Lic.#882448. Troy 510-470-2695/ 510-584-7810.

EMPLOYMENT WANTED

***LOOKING FOR WORK?**
Check the **Help Wanted** ads on the next page of this newspaper. Also: **Limited Time Offer!** You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call **510-614-1558** to place an ad or for more info. (Some restrictions may apply)
NEED - MUSIC LESSONS or PIANO TUNING?
Check the Classified Ads under **"MUSICAL SERVICES"** for help.

FENCES/DECKS

A.T. WOOD FENCES & DECKS Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

THANK-YOU
for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

GARAGE SALES



CASTRO VALLEY

HUGE YARD SALE Fri. 6/30, Sat. 7/1 & Sun. 7/2, 9am-5pm. Antiques, collectibles, art, jewelry, sporting items, ephemera, toys, oddities (items added daily). 4183 Berdina Road, Castro Valley.

LANDLORDS - Advertise your units!
- A vacancy day is money lost forever -
R. Bowman

GARAGE SALES

SAN LEANDRO
MOVING SALE 6/22 thru 6/30. 3978 Monterey Blvd., San Leandro. Call anytime 510-303-7398 or text.

GARAGE SALE 7/1, 8am-4pm. 910 Maud Avenue (between Bancroft & MacArthur) San Leandro.

GARDENING

***ANY YARD WORK.** Cleanups & Maintenance. Free Estimates. Call 510-798-1833.

***BEAUTY GARDEN LANDSCAPING** Design - Construction - Maintenance. Cleanups, New Lawn, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/ Decks. Free Estimates! Lic.#925130. 510-691-8852

HOME SERVICES DIRECTORY

Whatever your specialty...
The place to advertise is in the...
HOME SERVICES DIRECTORY
Delivered to over 20,000 homes in Castro Valley, 32,736 homes in San Leandro, and another 8,264 are delivered to businesses and libraries.



Construction
BUILDERS UNLIMITED INC.
General Contractor
● Residential & Commercial
○ New Construction
○ Remodels / Additions
○ Bathrooms / Kitchens
○ C-8 Concrete License
● Tenant Improvements
● Soft Story Seismic Retrofits
● Free Estimates
510-783-1979
builders-unlimited.com
LIC. #894212

Construction
GOLDEN GATE ENTERPRISES, INC.
GENERAL CONTRACTOR
Additions / Remodels
Kitchens / Baths • French Drains
Foundations / Dry Rot
Retaining Walls / Patios
Decks / Construction & Repair
(510) 909-8552
FREE ESTIMATES • LIC. #818840
www.bayareacontractor.com

Earthquake Retrofitting
AVANT-GARDE
Your Local FEMA
Trained Earthquake
Brace + Bolt Specialist
Also Additions
Remodels &
New Construction
FREE ESTIMATES
510-881-6573
LICENSE #1005420
www.Avant-GardeCE.com

Fences/Decks
Fence Leaning? Don't Replace... Repair & Save!
CALL NOW FOR YOUR FREE ESTIMATE!
510-706-6189
Randy McFarland

Gardening
MY GARDENER
Get your yards ready for summer enjoyment!
English Speaking
One-time Yard Cleanups
Weekly, Monthly & Quarterly Services
Call 510-537-0464
License #769174 • Insured

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
Thank-You...
Handyman Services for advertising with us for over 9 years!
HANDYMAN SERVICES
Serving Castro Valley & San Leandro for 28 Years
Big or Small - We Do It All!
(925) 548-4202
We truly appreciate all of our advertisers!
San Leandro Times / Castro Valley Forum
★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Landscaping
HANSEN LANDSCAPE CONTRACTOR
Beat the Summer Rush
Call Us Today!
Come visit our beautiful 1/2-acre outdoor educational landscape show yard!
Call 510-537-0464
www.hansenlandscape.com
CA LIC. # 440372
Bonded/Insured

Landscaping
Oakland Landscaping
ESTABLISHED 1976
COMMERCIAL & RESIDENTIAL IRRIGATION SYSTEMS/DRAINAGE
BRICK • CONCRETE • MASONRY
DROUGHT-TOLERANT LANDSCAPES
GARDEN LIGHTING • FENCING • SOD LAWNS
EROSION CONTROL
RETAINING WALLS: ROCK • STONE • WOOD • BLOCK
FREE ESTIMATES
CA LIC. #662406
SINCE 1976
510-917-8033
5900 COLISEUM WAY • OAKLAND, CALIFORNIA

REACH OVER 60,000 READERS
Call today for ad rates and availability.
HOME SERVICES DIRECTORY
Call **614-1558**

Painting
Diego Painting
● Residential/ Commercial
● Interior/ Exterior
● Power Washing
FREE ESTIMATES
Lic. #855054 • diegopainting@comcast.net
www.diegopainting.com
(510) 331-6152

Roofing
Lic. #311818
K REED ROOFING
Complete Residential & Commercial Roof Systems
(510) 357-5116
Call Now For A Free Written Roof Analysis & Estimate
Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.
SINCE 1975 / FULLY INSURED

Roofing / Gutters / Solar
RIDOUT ROOFING CO.
~ SINCE 1922 ~
ALL TYPES OF ROOFING & GUTTERS
P.V. SOLAR / SKYLIGHTS
FREE ESTIMATES SENIOR DISCOUNTS
VISA (510) 351-1922 MASTERCARD
621-A WILLIAMS • SAN LEANDRO
STATE CONTRACTORS LICENSE NUMBER 260176

Whatever your specialty, the place to advertise is in the...
HOME SERVICES DIRECTORY
Delivered to 32,736 homes in San Leandro, over 20,000 homes in Castro Valley, and another 8,264 are delivered to businesses and libraries.



GARDENING

***NAVA'S COMPLETE LANDSCAPING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857/510-356-8166.

GARCIA'S FENCE & TREE SERVICE & LANDSCAPING. Lic# 524226. Free Estimate Call Anytime 24/7. All Work Guaranteed. Call 510 210-2716

HERRERA LANDSCAPING. Cleanups, Maintenance, Tree Work, new Lawns/Sprinklers, etc. FREE Estimates. Bus.Lic.#113660. 510-258-3559.

JAIME'S GARDENING Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/Timers. FREE Estimates. Insured. 510-299-9583

LOSOYA TREE SERVICE Residential/ Commercial. 18-years experience. Pruning, Removal, Cleanups, etc. Free Estimates. Insured. Gustavo 510-302-9675, unlicensed.

LUIS GARDENING & HAULING SERVICE. Maintenance, Mowing, Weeding, Cleanups, Hauling, etc. Insured. Unlicensed. 510-499-5453

MY GARDENER. English speaking professional gardening services. CA Lic.#440372/ Insured. Specializing in one time yard cleanups. 510-537-0464.

GIVEAWAYS

FREE - 5 drawer desk (made of heavy particle board) good condition. Call 510-614-0519.

FREE - Firewood - Redwood logs, already cut & split (you dry out at home). Call 7am - 3pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

GIVEAWAYS

FREE - Firewood for camping. All cut and ready to go. Call 7am - 3pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

FREE - Firewood only - Construction leftovers. Large truck loads only. Call 7am - 3pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

FREE - SOIL/DIRT, take some or all 1 yard. Near Chabot school. Call 415-819-3219.

FREE - Truck frame (about 30' long), axle & motor, circa 1940's Ford. Must be cut up and hauled away for scrap. Call 7am - 3pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

HANDYMAN SERVICE

ENRISA CONSTRUCTION. Remodeling, Kitchens, Baths, Drainage, Foundations, Retaining Walls, Painting/ Landscaping. Lic.#1022942. FREE Estimates. Hablamos Español. Juan 510-798-2959 EnrisaConstruction@gmail.com

HONEST RELIABLE HANDYMAN (510) 385-1544 Lmramos@comcast.net

KING CONSTRUCTION, a Father & Sons Remodeling and Plumbing Company since 1972. Construction and Plumbing Specialists. Room Additions, Baths, Kitchens, Decks, Seismic Retrofits, Furnace, Hot Water Heaters, and ALL Home Repairs. Lic.#273546. Bonded/Insured. Call George King 510-483-7126 or 510-882-5169. gwkconstruction@gmail.com

Semi-retired contractor w/ 45 years experience seeks work. All Phase Construction... small jobs appreciated. Lic.#762750. Ron 510-677-9290.

HANDYMAN SERVICE

TORRES, A PERFECT HANDYMAN •Honest •Dependable •Responsible Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

TORRES, A PERFECT HANDYMAN •Honest •Dependable •Responsible Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

HAULING SERVICE

***SMALL/LARGE JOBS.** Wood, trash, concrete, furniture. Low rates. 510-268-1412/ 510-328-8616

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/outside cleanups. 510-715-1578.

HELP WANTED

BOOKKEEPING

Bookkeeping position. Must have knowledge of Quick Books, Filing & General Office. Full Time. Apply in person with resume at 20630 John Dr., Castro Valley.

CHILD CARE

Child Care assistant needed P/T to F/T. No experience necessary. \$10-\$12/hr. Fingerprinting clearance. Must enjoy children. 510-562-1756.

CONSTRUCTION

Construction helper/van driver. Need clean driving record. Call 510 677-8606.

NEED - MUSIC LESSONS or PIANO TUNING? Check the Classified Ads under "MUSICAL SERVICES" for help.

HELP WANTED

GENERAL

SALES/ TIRE TECH. Full-time position. Hourly & Comm. Exp not needed/ but helpful. Contact Mario @ Big-O-Tires 510-351-5022 or email: Bigotires5017@attl.net

Landscape / Gardening assistants needed. Full and part-time positions available. Based out of Castro Valley. \$16 start. Must have CDL, good DMV. Please visit www.hansenlandscape.com "About Us" for full benefits. Please do not call, please kindly email hansen.steve@comcast.net

House Cleaner needed. P/T-F/T. Must have car, phone, driver's license & insurance. No evenings, no weekends. San Leandro through Fremont area. Tender Loving Care 510-481-9193.

HOUSE CLEANING

***CONNIE'S NATURAL CLEANING** Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment www.conniesnatural.com Call 510-506-5053

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

Dolly's House Cleaning. Free Estimates. Reliable/ Licensed/ Bonded & Insured. Call 510-969-4611.

WALTON'S JANITORIAL Licensed / Bonded / Local For a SPARKLE CLEAN OFFICE or Home • Windows • Floors • Carpets • Restrooms Phone 352-7948 Member of S.L. Chamber of Comm.

MISC. FOR SALE

APPLIANCES

FRIGIDAIRE Side-by-side refrigerator (stainless steel/black), like new \$550. 510-717-3415.

FURNITURE Twin size mattress (new in plastic) \$50. 510-886-0297.

HOUSEHOLD

Double size air mattress (new condition) no holes. \$30 o.b.o. Call 510-813-6550.

PETS

Rescued black & white kitten needs a loving home. Donation and references required. Call 510-357-8842.

MUSICAL SERVICES LESSONS

EAST BAY MUSICIAN - Lessons, Good with Kids. Call 510-427-3955.

REAL ESTATE AGENTS



Are you interested in buying or selling a home or property? Would you like the help of a Professional Agent? For assistance call ...

***SCOTT HARRISON - Realtor** Coldwell Banker 510-388-4536

REAL ESTATE

Beautiful duplex 2 bedroom each unit asking only 780K. 510-512-2053.

RENTALS

APARTMENTS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$1,995. 510-582-8389. www.bartplazaapartments.com

Hayward 1-bedrooms \$1,245 - \$1,345, 2-bedrooms \$1,545 & up (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

Hayward spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

RENTALS/ROOMS

***SAN LEANDRO** very small room \$595+, sunny, quiet. No smoking/ illegal drugs/ pets. Male preferred. 1-year minimum. 510-638-8492. near BART.

SERVICES

SELL YOUR CAR OR TRUCK with a Classified Ad For more info or to place an ad call 510-614-1558 San Leandro Times/Castro Valley Forum

TREE SERVICE

***A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. FREE Estimates. Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY! - A vacancy day is money lost forever - To place an ad call 510-614-1558

CLASSIFIED AD DEADLINE: Monday 5:00 p.m.

LANDLORDS - Advertise your units! - A vacancy day is money lost forever - R. Bowman

YOUR INFO

LANDLORDS - Advertise your units! - A vacancy day is money lost forever - R. Bowman

NEED - MUSIC LESSONS or PIANO TUNING? Check the Classified Ads under "MUSICAL SERVICES" for help.

All real estate advertised in the CASTRO VALLEY FORUM and SAN LEANDRO TIMES is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, religion, sex, handicap, marital status, national origin or intention to make any such preference, limitation or discrimination.

EASTBAY PUBLISHING, INC. will not knowingly accept any advertisements for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

BUY, SELL & SAVE HERE IN YOUR LOCAL MARKETPLACE

CastroValleyForum.com
SanLeandroTimes.com

PLACE YOUR CLASSIFIED ADS ONLINE!

CastroValleyForum.com
SanLeandroTimes.com

Help for the homeowner means business for you!

ADVERTISE YOUR BUSINESS IN OUR HOME SERVICES DIRECTORY CALL 614-1558

Need Remodeling? How about a new kitchen or bath?

CHECK OUT OUR CLASSIFIED ADS & HOME SERVICES FOR HELP!

THANK-YOU for supporting the Castro Valley Forum and San Leandro Times!

We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

HOME SERVICES DIRECTORY

Gardening / Tree Service

PEREZ Gardening & Maintenance TREE SERVICE

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

CALL 510-385-2122
FREE ESTIMATES
EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

Handyman

HANDYMAN SERVICES

Serving Castro Valley & San Leandro for 28 Years

Big or Small - We Do It All!
(925) 548-4202

Hardwood Flooring

FERREIRA'S HARDWOOD FLOORING

Sand • Install • Refinish
Glista • Oil Base
25 Years Experience
FREE ESTIMATES
Call Jeff Today!
510-366-6491
Lic. #803455

House Cleaning

Tender Loving Care
House Cleaning Service
Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY

EMPLOYEES COVERED BY WORKERS' COMP STATE DISABILITY INSURANCE

Specializing in detailed cleaning tailored to your home

FREE ESTIMATES
Email: PATTYATLTC@AOL.COM
www.tlc-housecleaning.com
510-481-9193
BONDED & INSURED • ALL TAXES PAID

REACH OVER 60,000 READERS

Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM
San Leandro Times

HOME SERVICES DIRECTORY

For More Information, Call 614-1558

Plumbing

CAPELLI PLUMBING & DRAIN CLEANING

Compare Our Prices!
FREE ESTIMATES 24/7 SERVICE

Military & Senior Discounts
Family Owned & Operated

510-969-4358
LIC. #904794

Plumbing

Z AND Z PLUMBING

Specializing in all your plumbing needs with very affordable rates.

- LICENSED & INSURED -
License #896116

(510) 708-4237
FAX (510) 351-3300
www.ZandZplumbing.com

Roofing

Wonderlin ROOFING SYSTEMS

Castro Valley Lic. #642517 • Insured/Bonded

FAMILY OWNED & OPERATED
Over 25 Years Experience
Reroofs • Repairs • Inspections
Dry Rot Repair • Seamless Gutters (Pre-painted)
FREE ESTIMATES

\$200.00 OFF
COMPLETE REROOFING WITH TEAR-OFF
One Coupon Per Customer • Expires 8/31/17

(510) 538-1530
We Specialize in Residential Roofing

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Thank-You...
Builders Unlimited for advertising with us for over 6 years!

We truly appreciate all of our advertisers!

San Leandro Times / Castro Valley Forum

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY! - A vacancy day is money lost forever - To place an ad call 510-614-1558

CLASSIFIED AD DEADLINE: Monday 5:00 p.m.

LANDLORDS - Advertise your units! - A vacancy day is money lost forever - R. Bowman

LETTERS TO THE EDITOR

FREDZ@EBPUBLISHING.COM



Admonishes MAC for Cell Tower Delay

Editor:
As reported on page 1 of the June 14 Forum, MAC rejected Verizon's proposal for a cell tower. This highlights MAC's inability to move forward and meet the needs of the populace it is in place to help.
We have been without adequate cell service because

neither Verizon nor ATT had a local tower. Now that Verizon is willing to make this financial investment, MAC wants to study it some more, because neither a tower nor a bell tower meet their aesthetics.
And to delay it interminably to study "artificial leaf and bark samples" for a "tree" is unconscionable. Shades of the Daughtrey building, where they

can't reach consensus after 20 years!
It is time for the MAC realize what is good for the people in Castro Valley and not focus on their own selfish artistic interests.
—Robert Harley,
Castro Valley

Wants More Cell Towers – Her Phone Useless in CV

Editor:
My letter is in response to the opposition to cell towers in less affluent neighborhoods (Letters, June 21).
I don't consider my neighborhood, which is in the Sandy Road-Seaview Ave. area, less affluent.
I don't know where Mr. Kelly

lives but this kind of snobbery is ridiculous. Obviously, I'm pro more cell towers in the Castro Valley area.
My cell phone is basically useless in most of Castro Valley, including my home. I am forced to keep a land line because of this issue.
—Judi Molini
Castro Valley

In Response to Nate Miley's Open Letter

Editor:
I write this because of Supervisor Miley's "open letter" published on page 1 on June 21, regarding "racism" in Castro Valley.
While I agree bigotry on any level is ignorance, I can't help but notice Nathan Miley's racial comments. His item opened discussing "African-American" issues.
I am puzzled. Is an African-American a person who was born in Africa and came here to become an American? Does the term "African-American" imply all black people are "African"? Aren't those born in the United States simply... "Americans"? Aren't those who came here for a better life and became legal

citizens "Americans"?
Is it equally wrong to refer a person of different skin tone as a Mexican, an Asian? An Indian or such? I see nothing wrong with respecting one's ancestry and heritage.
Many business owners in Castro Valley stem from a vast amount of cultures. As does it's residents. They are people. Americans. Period.
—Kevin Welsh
Castro Valley

Says CV Not a Political West Coast Stereotype

Editor:
When I look at the map, I can see that Castro Valley voted overwhelmingly blue. But at least on my street, I feel that Castro Valley is a bit more representative than a West Coast stereotype.
My neighbors lean evangelical, and clearly favor a conservative approach to government. Still, I'm looking forward to warm evenings this summer watching kids ride bikes on the cul de sac, sharing a lemonade or sampling the latest homebrew. I'll be in the minority, but my views will be welcomed, and I will learn something.
I like to imagine that com-

munities like ours could be the source of a transformation that takes power back from the wings with increasing partisanship and intellectual isolation being forced on us by social technology
—Alexandre Tumlinson
San Leandro

Hats Off to People Who Train Guide Dogs

Editor:
I recently observed a class of Guide Dogs for the Blind families taking their teen-age dogs for a training walk in our neighborhood. It was fun to watch.
One of the obstacles was a sewage drain in the street.
The dogs were supposed to walk past it calmly. One young dog at the end of the line, refused to go past.
He seemed afraid. He balked. He stopped, he refused. His young owner was very patient and eventually got him to go past it.
I just wanted to suggest to the owner that possibly the reason the dog was reluctant to go near, was because that just happens to be where a big family of raccoons lives. There is a big aggressive male who protects it. Maybe the dog had a sixth sense that there was potential trouble there?
Kudos to the families raising these wonderful dogs for such a noble cause. My hat's off to you!
—Linda Rudiak
Castro Valley

Sharks Need Protection

Editor:
People need to stop killing sharks. Sharks are actually peaceful creatures.
Humans think they are dangerous, but we are the ones that make them dangerous.
For example, fishermen pull sharks onto their boats then cut off half of their neck, often killing them. Then they cut off their fins. They throw the shark into the water, sometimes still alive, and let them sink to the bottom of the sea, causing them to suffer.
Sharks are killed for several reasons. They are killed for trophies, souvenirs, and for their fins. People kill Great Whites, Hammerheads, Blues, Black Tips and the Mako for trophies, and they use the teeth for necklaces.
At some Chinese weddings, shark fin soup is served as a special meal.
Killing sharks causes many problems. First, the population of sharks will go down – maybe even down to zero. Second, more animals will die because sharks keep a balance.
—Katherine Y. Siopack
Castro Valley

Obituaries

CASTRO VALLEY FORUM OBITUARIES
may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. For help, call Patrick Vadnais at 510-614-1558

MESSINGER, Duane M. REID, Les Montgomery
■ **Messinger, Duane M.**, born December 31, 1934 and resident of Hayward, passed away unexpectedly on June 10, 2017 at the age of 82. Many know him as the owner of The Villa in San Lorenzo. Visitations were held

on June 26 at Grissom's Mortuary in San Lorenzo. Funeral Service was held on June 27, also at Grissom's. Internment at Mt. Eden Cemetery in Hayward. In lieu of flowers, donations can be made to a charity of your choice. Arrangements made by Grissom's Mortuary (510-278-2800, www.grissomsmortuary.com).

Les Montgomery Reid
April 16, 1966 – June 19, 2017



Les passed away suddenly Monday, June 19, 2017 at the young age of 51. He was born in Oakland on April 16, 1966 and, as being part of a military family, he lived in several places in the United States and then in Europe, graduating high school in Heidelberg, Germany in 1984. After returning to the U.S., he met and married Cheryl Mohar in September 1989 and lived in San Lorenzo, but settled in Castro Valley in 2002 to raise their daughter, Trinity Alyse.
Les was such a proud father, watching his daughter, Trinity, growing up, seeing her many accomplishments, and watching her play soccer. She was his greatest pride and joy; there was no one in this world he loved more than his little girl.
Les was an incredible man with the kindest of hearts who was always there for all he knew. He enjoyed being with family and friends watching sports. He was passionate about his Oakland Raiders and Golden State Warriors. He also loved BBQs in their backyard, camping, going for long rides on his Harley with Cheryl and his beloved dog, Maxi, who was always by his side.
Les is survived by his wife, Cheryl, of 28 years; his beautiful daughter, Trinity; parents, Eric and Pat; brothers, Rick and Dan; nieces, Maxine and Rebecca; and many uncles, aunts, cousins and friends near and far who will always carry him in their hearts.
A celebration of Les's life will be held for family and friends on Sunday, July 23, at 2 p.m. at 5 Canyons Recreation Center, 5150 Recreation Center Road in Castro Valley.
In lieu of flowers, donations can be made to American Heart Association, the SPCA or Breast Cancer Research Foundation.

Castro Valley FORUM OBITUARIES
For information on placing an obituary display ad please call **Patrick Vadnais at 510-614-1558**

SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985



GRISSOM'S CHAPEL & MORTUARY INC.
PRIVATE CREMATORY
267

Proudly providing compassionate and exceptional services to our diverse community. Family owned with a private onsite crematory, reception facilities, premium video system and ample parking.



Grissom's Chapel & Mortuary, Inc.
267 East Lewelling Blvd.
San Lorenzo • 510-278-2800
www.grissomsmortuary.com | FD 1205

Lisa M. Bradshaw **Family Owned Since 1957**

Since 1965

Jess C. Spencer Mortuary & Crematory
21228 Redwood Rd., Castro Valley
581-9133

A Family Tradition of Quality Service and Care in Castro Valley for over 50 Years.



FD 1168 CR49

THE FORUM CROSSWORD

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15								16		
			17			18	19			
20	21	22			23					
24				25				26	27	
28				29				30		31
	32		33					34		
			35				36			
37	38	39				40				
41				42	43			44	45	46
47				48						
49				50				51		

ACROSS

- One of the Three Bears
- Unhappy
- Stare
- Exhibit "A," e.g.
- Figure-skating leap
- Give a home a makeover
- Actress Sorvino
- 18-wheeler
- Toxin
- Support for a painting
- Plant with fronds
- Small salamanders
- Went back on a promise
- Put (down)
- Partners
- Churchill's gesture
- Changed the title
- Tempo
- Matterhorn's range
- Bamboo-eating critter
- Nervous system disorder
- Relatives
- Frau's mister
- Hertz deal
- Too
- Geometric figure
- Farm implement
- Collection
- Isn't well

DOWN

- Apiece
- "Hail, Caesar!"
- Bowling target
- Worships
- Unseen problem
- Performance
- Intensified
- Casino doings
- Center of rotation
- Nil
- Verve
- Satan's specialty
- Raw minerals
- Moray, for one
- In the distance
- Eyelid woe
- Big parties
- "O'er the ___ we watched ..."
- Divisible by two
- Out of play
- Masculine
- Greek vowel
- Not wide
- One of the bunch?
- Pocket bread
- Fellow
- War, to Gen. Sherman
- Approximately
- Make a sweater
- Before
- Hollywood trickery, for short
- The whole enchilada
- In medias ___

ANSWERS ON PAGE 11

LETTERS TO THE EDITOR
must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary.
Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501



PHOTO COURTESY OF CV SANITARY DISTRICT

Green Ribbon Certifications were made during the June 6th CVSan Board meeting. Shown above are Green Ribbon School Representatives, CVSan Board Members and CVSan Staff.

15 CV 'Green Ribbon' Schools

The Castro Valley Sanitary District has certified 15 local schools as Green Ribbon Schools for 2016-17 for their efforts in reducing the amount of waste going into landfill.

Launched by CVSan in 2007, the Green Ribbon Program required schools to complete a minimum of 40 activities this year, such as providing recycling and organics containers in all classrooms. All schools had to achieve a minimum 70% diversion rate.

Cash awards to each school began at \$1,500 plus extra for each school's size, other activities, and excellence in diversion. The awards totaled \$27,675.

The schools and their awards were:

- Canyon (\$2,020)
- CV Adult School (\$2,430)
- CV Elementary (\$1,815)
- Chabot Elementary (\$1,815)
- Creekside (\$1,800)
- Independent Elementary (\$1,845)
- Jensen Ranch Elementary (\$1,790)

- Marshall Elementary (\$1,750)
- Our Lady of Grace (\$1,710)
- Palomares Elementary (\$1,745)
- Proctor Elementary (\$1,790)
- Redwood High (\$1,780)
- Stanton Elementary (\$1,830)
- Sterling West Anchor (\$1,795)
- Vannoy Elementary (\$1,760)

All 17 public and private schools within the CVSan and Castro Valley school districts were eligible to participate.

For more information, visit www.cvsan.org/schools.

Graduations, Honor Rolls and Dean's List

Outstanding Castro Valley students attending colleges and universities away from the Bay Area made news in June.

Graduations

Hayley Mason graduated from Emerson College in Boston, Mass. with a Bachelor of Fine Arts degree in Musical Theatre at the college's 137th commencement ceremony, held on May 14, 2017. Some 975 bachelor's degrees were conferred during the undergraduate exercises.

Nicole Fong graduated with Honors from San Diego State University. Of the more than 10,000 students who graduated from SDSU this year, only a select group earned recognition as honors graduates. Fong, who received a degree in Psychology, graduated Magna Cum Laude.

Alan Thomas Grier graduated from the University of Rochester on Sunday, May 21, with a bachelor of science degree in mechanical engineering, at the university's 167th commencement. Grier is a graduate of The Athenian School in Danville. He graduated cum laude. The University of

Rochester is a private research university located in Rochester, N.Y., on the south shore of Lake Ontario.

Kelly A. Dorman received a Bachelor of Science, Cum Laude, Human Development and Family Sciences degree during graduation ceremonies at the Corvallis campus of Oregon State University on June 17. OSU is one of the few large universities in the nation to hand out students' actual diplomas during the commencement ceremony.

Honor Rolls

Three students from Castro Valley made the Scholastic Honor

Roll Spring term at Oregon State University in Corvallis.

Bryan A. Cmelak, a senior in Mechanical Engineering; **Corley Stanford**, a junior in Sociology; and **Shelbi L. Wakamatsu**, a senior in Business Administration, all earned a -plus or better to make the listing.

Dean's List

Madison Webb earned a spot on the Spring 2017 Dean's List at Hofstra University in Hempstead, N.Y., achieving a GPA of at least 3.5. Hofstra is a nationally ranked private university just 25 miles from New York City.

Budget: Over \$3 Billion

continued from page 2

pates an eventual dip in property tax revenue as the economy slows, Muranishi said.

The county also has over \$2.7 billion in long-term debt obligations, including \$1.6 billion in pensions for retired employees.

Muranishi herself will draw a pension of over \$500,000 annually for the rest of her life when she

retires. She currently has an annual salary, plus benefits, of over \$500,000.

Other long-term debt includes repairs and construction on Juvenile Hall, Santa Rita Jail, county hospitals, and the \$95 million in estimated debt still owed Alameda County and the city of Oakland for the 1995 Oakland Coliseum upgrades for the Raiders.



NOTHING bundt CAKES

Free Bundtlet
with the purchase of a Bundtlet

San Leandro
699 Lewelling Boulevard #210 • San Leandro, CA 94579 • (510) 895-4422

Dublin
7106 Dublin Boulevard • Dublin, CA 94568 • (925) 803-9210

Walnut Creek
1551 Botelho Drive • Walnut Creek, CA 94596 • (925) 979-9131

Expires 7/31/17. Limit one coupon per guest. Cannot be combined with any other offer. Redeemable only at the bakery listed. Must be claimed in-bakery during normal business hours. No cash value.



HOMEOWNERS:

NEED TO REPLACE THAT LEAKY SEWER LATERAL?

Grants up to \$2,000 available

LATERAL REPLACEMENT GRANT PROGRAM

.....

Castro Valley Sanitary District (CVSan) is pleased to announce the continuance of the Lateral Replacement Grant Program (LRGP) for the 2017/2018 Fiscal Year. \$50,000 in total funding has been approved and the program is scheduled to start **Monday, July 10, 2017** at 7:30 a.m. Financial assistance is available for replacement or repair of more than 50% of the building lateral, up to 50% of the total cost of the lowest bid, up to a maximum of \$2,000 per building lateral (subject to availability of funds).

IMPORTANT INFORMATION:

Condition Ratings
Laterals are to be video inspected by the property owner's contractor and witnessed by CVSan. CVSan will evaluate the condition of the lateral and assign a condition rating. Only those laterals with a rating above a certain designation will be eligible for the grant.

Qualified Contractors
CVSan will make a list of qualified contractors available to the public. Only those qualified will be allowed to work on LRGP projects. Qualified contractors are properly licensed to replace sewer laterals, have no outstanding matters with CVSan, and have not presented misleading or confusing print media to the community about the program.

For information, please contact Castro Valley Sanitary District
21040 Marshall Street, Castro Valley, CA 94546
(510) 606-1300 | www.cvsan.org/grants







Comment on the Proposal Designs for the Community Identifier Project in Castro Valley!

View the proposals online or in-person and submit your comments! Don't miss this opportunity! Comment period closes August 27th! Your input is very important!

The Community Identifier Project involves designing and hand-painting the name of the community along with other simple design elements on freeway overpasses in Castro Valley, San Lorenzo and Ashland/Cherryland.

Castro Valley Proposal Display (Castro Valley proposals only)
June 26 - July 26: Castro Valley Library, 3600 Norbridge Ave, Castro Valley
Hours: Sun 1-5pm, Mon & Tues 12-8pm, Wed & Thurs 10am-6pm, Sat 10am-5pm.
Closed Fridays and July 4.

ONLINE - View all of the Proposals and Submit Your Comments
Now through August 27, view the proposals for all 3 sites and submit comments online at: bit.ly/CIPProjectsPD

For more information, visit: Alameda County Arts Commission at www.acgov.org/arts ("What's New")

Brain: Better Outcome for The Patients

continued from page 6
trauma, as well as patients with chronic neck and back pain.

This advancement may also offer surgery as an option for patients with conditions previously deemed to be inoperable – bringing new hope for meaningful treatment.

“This technology will revolutionize the way we manage neurological patients,” said Dickinson. “Patients can now have surgery with much less risk of disturbing the important pathways of the brain, and surgeons can reach places they couldn’t before. This advancement may also allow for smaller incisions and shorter patient recovery time.”

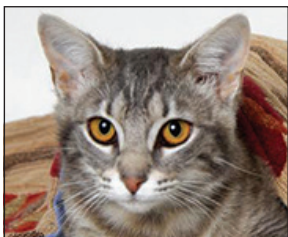
Eden Medical Center thanks the donors to Better Health East Bay for providing the funding to bring the BrightMatter technology to Northern California.

Glen Jett, MSN, RN, BC, NE-BC is the administrative director of the Neuroscience Center at Sutter Health Eden Medical Center.

ADOPT-A-PET



MISTER warms up quickly. He’s good on leash, likes to be close to his human and is gentle. Best in a calm home. OK with kids 16 years+. Info: Hayward Animal Shelter. (510) 293-7200.



MYE is a shy gal who needs a safe spot to get her bearings. She’s gentle and likes pets. Best in a calm home with a patient family. Info: Hayward Animal Shelter. (510) 293-7200.



DILLON is about a year old. He is a mostly white cat, possibly part Siamese. Dillon has become very bonded to his foster sister GiGi. It would be very nice for them to be adopted together.



GIGI is a bright, petite grey tabby with white paws, approximately 1 year old as of 3/20/17. For more information please complete an application at: www.dustypawsrescue.org

Eagle Scout Project Provides School Playground Container

In spite of sizzling temperatures this past weekend, Boy Scout Troop 708 and several members of its sponsoring Castro Valley Rotary Club joined in constructing a large outdoor recreation storage facility at Castro Valley Elementary School.

The storage area provides for tricycles, wagons, balls, and other playground equipment for the kindergarten classes.

The project was planned and led by Scout Luc Dochterman, to fulfill a major requirement to achieve the coveted Eagle Scout badge. Luc will be a senior at Castro Valley High School.

He expressed his personal appreciation to all of the Scouts and volunteers for assisting in providing this useful facility for Castro Valley Elementary School students.

Rotary members were helpful in providing the electrical tools and experience necessary to construct the 12-by-4 foot cabinet, and donating funds to purchase lumber and hardware.

Especially helpful were Randy Vanderbilt, John Aufdermauer, Dan Willits, Gerard DeMiguel and Jeff Moore.

Luc is the son of Ceta Dochterman of Castro Valley.



Above Luc Dochterman with Boy Scout crew working on his Eagle Project, from left, Nick Hoo, Luc, Daniel Ma, Sean Dunn, Skyler Malmstrom, Dylan Vilala and Natalie Ma (sister of Daniel). Below, Dochterman with the finished project.



Reports: Public Intoxication; Trespassing

continued from page 3

aphernalia. The man also had a warrant issued for his capture. Deputies handcuffed the man and took him to Santa Rita Jail pending \$10,000 in jail.

Public Intoxication
Friday, June 23: at 11:30 p.m., a 52-year-old man from Castro Valley was arrested on suspicion of public intoxication. Deputies stopped the man for questioning near the intersection of Castro Valley Boulevard and Santa Maria Avenue when they noticed alcohol on his breath. The man was also wanted as part of a warrant issued for his capture. Deputies took the man to Santa Rita Jail pending \$2,500 in bail.

Drunk and Disorderly
Friday, June 23: at 9:15 p.m., deputies arrested a 58-year-old man on suspicion of assault on another person. An emergency call about an altercation sent deputies to the front of a business on Castro Valley Boulevard near Redwood Road. The man was also wanted as part of a court-issued warrant for his arrest. Deputies stopped the man for questioning, but when they made the identification, they noticed the man smelled of alcohol. The man failed his field sobriety test and was taken to Santa Rita Jail pending \$2,500. The victim was treated at the scene.

Waving Around a Deadly Weapon

Thursday, June 22: a 23-year-old man from Castro Valley was arrested on suspicion of brandishing a deadly weapon. The man was also wanted as part of a warrant issued for his arrest. Deputies caught up with the man as he was outside a grocery store on Redwood Road near Castro Valley Boulevard. The man was handcuffed and taken to Santa Rita Jail pending \$5,000.

Drugs Behind the Pet Hospital

Thursday, June 22: at 7:52 a.m., deputies arrested a 34-year-old man with no permanent address on suspicion of possession of a controlled substance. The man was hanging out behind a pet hospital on Castro Valley Boulevard near Redwood Road. Deputies handcuffed the man and took him into custody.

Spousal Assault and Child Endangerment

Thursday, June 22: at 1:10 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Lenard Drive near Alvertus Avenue. There, they arrested a 37-year-old man from Castro Valley on suspicion of spousal assault and child endangerment. The man was taken into custody. The victims were treated at the scene.

Intoxicated Biker On the Freeway

Thursday, June 22: at 9:20 p.m., deputies arrested a 50-year-old man from Oakland on suspicion of public intoxication and riding his bicycle on a freeway off-ramp. The man was spotted traveling on Strobridge Avenue near a fast food restaurant when deputies stopped him for questioning and smelled alcohol on his breath. The man failed his field sobriety test and was taken into custody.

Arrested for Trespassing

Thursday, June 22: at 2:19 a.m., a 30-year-old woman from Castro Valley was arrested on suspicion of trespassing on private property. The woman was also wanted as part of her warrant issued for her arrest. Deputies were called to a home on Meg Court near Lake Chabot Road following an anonymous tip. The woman was spotted outside and was handcuffed. Deputies took the woman to Santa Rita Jail.

Violated Restraining Order

Monday, June 19: at 3:48 p.m., deputies arrested a 39-year-old man from Castro Valley on violating court-issued restraining orders against him. The man was spotted parked outside at a home on Palomares Road when deputies were called to investigate. The man was handcuffed and taken into custody.

Congratulations

to the

The Blackman Family

of

Castro Valley Autohaus

The Staff at
Kevin L. Hinkley Auto Tech
want to thank
The Blackman Family
for 71 years of Dedicated
Automotive Service in Castro Valley

The Best of Health and Happiness
in their Retirement!

Kevin L. Hinkley Auto Tech

49 years in Castro Valley

Professional Automotive Repair
Foreign & Domestic

5269 Crow Canyon Road, Castro Valley,
(510) 881-1052 • WWW.KLHAUTOTECH.COM

Open Monday-Friday 7 a.m. to 5:30 p.m.

WISHING OUR READERS A HAPPY 4TH OF JULY!