

Women In Business
THIS SPECIAL SECTION SALUTES THE TOP WOMEN EMPLOYEES AND ENTREPRENEURS OF OUR COMMUNITY 10 & 11

Stop Calling Me
WITH ROBOCALLS ON THE RISE, HERE ARE TIPS TO COMBAT THEM 14

WEEKEND WEATHER
MILD A rainy and overcast weekend
HIGHS: 60-65
0 10 20 30 40 50 60 70 80 90 100 110
LOWS: 45-50

FRIDAY **SATURDAY** **SUNDAY**

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 29 • NO. 12

THURSDAY, MARCH 21, 2019

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

At lunchtime on Friday, Arroyo students joined other students around the world airing their views on climate change.

Arroyo Students Rally to Curb Emissions

By Jim Knowles
San Leandro Times

Arroyo High School student leaders gathered the whole student body together in the quad at lunchtime last Friday to call attention to climate change. The student organizers got on a bullhorn to call everybody to the outdoor stage in

the quad where four students took turns speaking to the crowd of several hundred. Everyone should get with the Green New Deal, said Paulina Rubio, one of the student organizers. "If we don't turn back emissions the Earth will become uninhabitable," Rubio said.

The Green New Deal is a plan proposed by Democrats in Congress that combines economic stimulus programs with rebuilding the infrastructure to one that runs on clean energy and renewables. The rally at Arroyo was in conjunction with the worldwide student walkout on see RALLY, page 5

County Loses Funding for Urban Shield

Homeland Security drops \$5.5 million grant after supervisors slash program

By Amy Sylvestri
San Leandro Times

The U.S. Department of Homeland Security revoked a \$5.5 million public safety grant to Alameda County for the Urban Shield exercise after the Alameda County Board of Supervisors made drastic changes to the regional emergency preparedness event. and jeopardize the grant. Ahern met with the Bay Area Urban Areas Security Initiative (UASI) last Thursday and, as he predicted, they took back see DROPPED, page 18

The county supervisors made a series of changes to Urban Shield which shifted the training from anti-terrorism and SWAT exercises to community emergency preparedness. A citizen's group had argued that Urban Shield promotes the militarization of local police departments. The board voted 3-2 last Tuesday to make changes to the program despite the threat of losing the Homeland Security money. Supervisors Wilma Chan, Keith Carson, and Richard Valle voted to make the changes, and Supervisors Nate Miley and Scott Haggerty dissented.

"I am not going to take any action to jeopardize the funding," said Miley last Tuesday. Before the vote, Alameda County Sheriff Greg Ahern warned the supervisors that the elimination of anti-terror exercises would violate the county's current agreement with the U.S. Department Homeland Security

Kids to Get Wish At George Mark House

By Amy Sylvestri
San Leandro Times

The seriously ill kids at the George Mark Children's House received a special visit from the team at the Make-a-Wish Foundation last Saturday. Eleven kids who are chronically or terminally ill sat down with the "wish granters" for an interview to begin to think about what wish they want the foundation to make come true. A wish could be anything from a trip to Europe to the creation of an accessible playground for kids see WISH, page 20

City Council Okays Recreational Pot Sales

By Amy Sylvestri
San Leandro Times

Recreational pot will soon be sold in San Leandro, as the City Council voted Monday night to approve an amendment to its marijuana sales ordinance to allow adults to buy cannabis products. And as soon as that was approved, pot shop officials asked the city to slash the tax on pot sales so their businesses can be more competitive with stores in other cities. So far Blum is the only dispensary open in San Leandro, limited to selling to people with prescriptions. The other two shops – Harborside and NUG (formerly the Davis Street Wellness Center) have yet to open

after numerous delays despite getting their permits to sell in 2015 and 2016, respectively. To address that, the City Council further amended the marijuana sales ordinance to include a "shot clock" clause – if Harborside and NUG don't open by Dec. 31, their permits to operate will be revoked. The council voted to allow adult use and establish the deadline, 6-1, with City Councilman Pete Ballew dissenting. Ballew didn't comment during Monday night's discussion of the ordinance, but has been critical of cannabis sales in the past because he says many of his constituents have told him they don't support it.



Pot interests now want the City Council to lower their tax rate.

Speakers representing the cannabis shops thanked the City Council for their approval of adult use, and then asked that the city's pot ordinance be further modified to lower taxes on

cannabis sales. The city currently has a special 6 percent tax on marijuana sales revenue, which is set to be raised to 7 percent in July of this year and 8 percent in 2021 – in addition to the 9.75 percent sales tax. Dispensaries have to battle with each other as well as pot delivery services to attract customers, according to Arturo Sanchez, a compliance director with Terra Tech, the company that owns Blum. "We hope the City Council will take the tax rate into future consideration and lower it so we can be more competitive with other cities," said Sanchez. see POT, page 10

INSIDE YOUR TIMES

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MEETING SCHEDULES

CITY COUNCIL
Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD
Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



Pets of the Week



Luigi



Scarlett

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Luigi the cat and Scarlett the dog.

Luigi is a handsome 4-year-old who's easygoing, friendly and leans in for pets, ear rubs, and chin scratches. He doesn't like loud noises. He's okay with being picked up and carried.

Scarlett is a sweet, 2-year-old who wants nothing more than to be your lifelong companion. She's calm, yet playful, when playing fetch.

She plays well with both humans and dogs. May be okay with families with younger kids.

For more information on Luigi or Scarlett, call the Hayward Animal Shelter at 293-7200.



PHOTO BY JIM KNOWLES

New Tanks Installed

The Chevron station at 1117 East 14th St. has been closed for construction of new fuel tanks, lines, and dispensers. The station will be open again in mid-April, said a Chevron spokesman.

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SL Demo Club to Meet on March 28

The San Leandro Democratic Club will have its monthly meeting on Thursday, March 28, from 6:30 to 8 p.m. in the Trustee Room of the San Leandro Main Library, 300 Estudillo Ave.

“The true harbinger of spring is not crocuses or swallows returning to Capistrano, but the sound of the bat on the ball.”
—Bill Veeck

SL Art Association Presents Show at the Senior Center

The San Leandro Art Association invites you to a viewing of 48 pieces of art hanging at the San Leandro Senior Community Center until March 27.

Artwork shown are in the following media: acrylic, oil, watercolor, photography, digital art, collage, alcohol ink, marquetry and acrylic pour.

SLAA presents to the public

the very fine professional artists who live in the East Bay. Membership is open to all individuals, businesses, professionals, teachers, and high school and college students who are interested in fine arts. Check out its Facebook page and www.slartassociation.org for details and e-mail info@slartassociation.org on how to become a member now.

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Downtown Farmers Market Returns Next Wednesday

The Downtown Farmers' Market will kick off its twelfth season with a ribbon cutting ceremony at 5:30 p.m. on Wednesday, March 27, on Parrott Street in downtown San Leandro.

The market will run every Wednesday from 4 to 8 p.m. through Oct. 9.

Weekly themes at the market

include cooking demonstrations, green market days, and wine tastings.

This year the market will bring back the "Made in San Leandro" theme on the third Wednesday of every month when local manufacturers will be at the Merchant at the Market table to tell visitors about their products.

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POLICE & FIRE



PHOTO COURTESY OF ACFD

Fire Guts San Lorenzo Home

Alameda County firefighters put out a blaze at a home on the 600 block of Drew Street in San Lorenzo on March 15 shortly before midnight. The fire began in the living room of the one-story home and was caused by an accident, according to the fire department. Three adults and one dog were able to get out of the home before firefighters arrived and no one was injured.

Motorcyclist Killed in Big Rig Collision on Hesperian Blvd.

A San Lorenzo man was killed when he pulled his motorcycle in front of a semi truck at the intersection of Hesperian Boulevard and College Street Tuesday.

The California Highway Patrol said the victim – identified as Gregory Ott, 64 – collided with the truck at a traffic signal at around 9:20 a.m.

Ott was unresponsive when Alameda County Fire Department paramedics arrived and he was pronounced dead at the scene.

Investigators said the truck driver had stopped in the left-turn lane and was waiting for the green light to enter the ramp to southbound I-238. Ott pulled his motorcycle alongside the truck

and then in front of it and when the light turned green, the truck driver pulled forward and hit Ott on his motorcycle.

The truck driver stayed at the scene and cooperated with officers, the CHP said.

The northbound lanes of Hesperian were closed to traffic for two hours while investigators processed the scene.

San Leandro Shoplifter Shot And Killed by ACSO Deputies

A man was fatally shot by Alameda County sheriff's deputies after a shoplifting call at the Thrift Town store in the unincorporated area at 16160 East 14th Street last week.

Charles Ballard, a 41-year-old San Leandro resident, allegedly stole from the store at around 4:30 p.m. on March 13 and two deputies responded, according to Sgt. Ray Kelly of the Alameda County Sheriff's office.

Ballard was standing outside his SUV in the parking lot when the deputies contacted him, but he got in the car and put it into

reverse and accelerated towards the deputies, Kelly said.

The deputies were pinned by the car door and dragged 20 feet, according to Kelly. He said Ballard then put his car into drive and aimed it toward a third officer who had arrived at the scene.

Kelly said the deputies were in fear for their lives when they opened fire on Ballard's vehicle. The three cops fired a total of 24 shots. Ballard was hit multiple times and was pronounced dead at the scene.

There was a woman who was a passenger in Ballard's vehicle

and suffered a gunshot wound and she was taken to the hospital with injuries that weren't considered life-threatening.

The female deputy who was dragged by the vehicle suffered significant injuries to her knee and ankle. The male deputy who was dragged had a shoulder injury.

The third deputy and a dog that was in Ballard's car were not injured.

Police say Ballard was out on probation, had a warrant out for his arrest, and was in possession of methamphetamine at the time of the shooting.

Man With Ax Goes on Smashing Spree in Downtown San Leandro

A man wielding an ax went on three separate window smashing sprees beginning in late February and ended with his arrest for vandalism on March 10.

The suspect, a 28-year-old San Leandro resident, allegedly used an ax to break windows at the Bank of America at 1400 East 14th Street and also damaged four ATMs in the middle of the night of Feb. 23,

according to Lt. Isaac Benabou of the San Leandro police.

That same night, he broke windows at the Peet's Coffee and Habit Burger in the Village shopping center and stole a bag of granola from Peet's.

He is also suspected of breaking windows at the Food Mart at 17786 Bancroft Avenue in another incident on Feb. 17, according

to Benabou.

He was caught when the windows of several cars on Sybil Avenue were smashed overnight on March 10 and a responding officer recognized him from surveillance video as the suspect in the previous incidents.

The suspect is currently in custody at Santa Rita jail and has a court date scheduled for March 27.

Woman Suffering Opioid Overdose Revived by San Leandro Officers

A woman suffering a drug overdose at a fast food restaurant was saved by a San Leandro police officer carrying Narcan, an opioid antidote, last week.

Police were called to the Taco Bell at 15501 Hesperian Blvd. on March 14 and found an unresponsive 28-year-old woman outside the restaurant suffering from an apparent drug overdose, according to a police department press release.

Officers now carry Narcan, which counteracts the effects of the drug.

They administered the medication to the woman in an effort to revive her. The Narcan had an immediate effect and she regained consciousness and began breathing normally. Paramedics arrived on scene and resumed care for the woman who was transported to a local hospital for further treatment.

According to the Center for Disease Control, 47,600 people died of an opioid-related overdose in 2017, which accounts for 68 percent of all drug-related overdose deaths.

Late last year, the San Leandro police responded to this epidemic by working alongside the Alameda County Medical Director and the San Leandro City Attorney's Office to develop an opioid overdose response program that authorizes police officers to carry and administer Narcan.

The San Leandro police have developed a policy that includes training staff in recognizing symptoms of an opioid overdose and the proper way to administer the Narcan.

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REC	UR	YAM
	KERN	WEDGE
SHER	WOOD	NEON
CAN	SUMOS	CGI
AVOW	EAST	WOOD
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NEIGHBORS



Ryan Beck and Mickey Montealegre, present a check to Boys & Girls Club Executive Director Bob Glotch.

Helping the Boys & Girls Club

The San Leandro Boys & Girls Club Capital Campaign to renovate the Club facility on Marina Blvd. is in the last phase. The 10 million dollar campaign is only one million short of that goal but, the balance must be raised by April 30.

The San Leandro community at large is being asked to help the Club get to the finish line in time. Every dollar raised is important and there is no gift too small.

Anyone who cares about the Boys & Girls Club is encouraged to participate.

Boys & Girls Club Executive Director, Bob Glotch, shared a story demonstrating this point. Recently, two 4th grade students at Vintage Hills Elementary School in Pleasanton, Ryan Beck and Mikey Montealegre, decided to become involved in the Boys & Girls Club project when their teacher challenged the students to

do a kindness project in an effort to make the world a better place. The idea behind the project was to have the kids choose a topic they feel passionate about, identify a problem that exists around their topic, and then carry out a plan to solve the problem.

Mikey's brother had volunteered at a Boys & Girls Club and when researching the San Leandro Club, it was evident that there was a need to raise funds to renovate the facility. They wanted to help. The boys raised funds for the club by recycling bottles and cans donated by friends and neighbors. They also canvassed neighborhoods, knocking on doors and passing out flyers. Over a two month period the boys recycled enough bottles and cans to raise \$160 which they recently delivered to Mr. Glotch.

"I have always said that one of the great joys of my job with the Boys & Girls Club, is that you just never know what adventure your day will bring," Glotch said. "Mrs. Beck and the boys just showed up, out of the blue, with a check for \$160 and one of the most unselfish, inspiring stories I have ever heard. Anyone who knows me, knows that I wear my emotions on my sleeve and I must admit, I was misting up pretty bad as the kids were sharing their story".

"We are really close to achieving our goal and it is my hope that anyone reading this story will also be inspired by the kindness of these two boys, from Pleasanton, no less, and help the Boys & Girls Club. We need the San Leandro community to get us across that finish line by April 30, 2019", Glotch said.

Visit the Boys & Girls Club's website, www.bgcsl.org to donate or find out more about the Capital Campaign.

COMMUNITY CALENDAR



❖ Science Night at Bancroft Middle School

Everyone is invited to the annual Family Science Night at Bancroft Middle School, 1150 Bancroft Ave., tonight, March 21, from 6 to 8 p.m. Science demonstrations and interactive fun will include topics on energy, chemistry, engineering, experimentation, and invention. Come see the Science Magic Show and enjoy liquid nitrogen ice cream. A Taco Truck will be on location. This event is co-sponsored by Xtreme Science Magic, The Lawrence Hall of Science, and The American Chemical Society.

❖ San Leandro Sports Hall of Fame

The San Leandro Sports Foundation (SLSF) is hosting an All American Evening on Friday, March 22, from 4:30 to 8 p.m. at the Zero Net Energy Center 14600 Catalina St. in San Leandro. Celebrate the induction of 13 San Leandro sports stars to the SLSF Hall of Fame. The evening includes food and drinks and a short presentation from each of the inductees. The public is welcome. For more information, list of Hall of Fame inductees, and ticket purchases, visit www.slsf.org. Tickets are not available at the door.

❖ Soccer League Registration

The Southern Alameda County Youth Soccer League will hold registration at the Marina Community Center, 15301 Wicks Blvd. in San Leandro, on Saturday, March 23, from 10 a.m. to 3 p.m.; Wednesday, April 10, from 7 to 9 p.m.; and Saturday, April 27, from 10 a.m. to 3 p.m. Registration fees are \$100 to \$205 depending on age group. \$15 off during March. Cash or check. Birth certificate required. For more information, call 278-SOCR or visit www.sacysl.com.

❖ Documentary film on Frances Marion

A documentary film on the Hollywood scriptwriter Frances Marion will be shown on Saturday, March 23, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave. No charge for admission. Marion was a pioneer woman who fought for equal recognition and obtained it in Hollywood's male-dominated industry. From 1915 to 1939, she was one of the most powerful talents in the movie industry. Now her fascinating life and times come alive in this documentary narrated by Uma Thurman and Kathy Bates. Footage from more than twenty of Marion's movies aligns with commentary by Leonard Maltin.

❖ Next Meeting of the Eden Garden Club

The next meeting of the Eden garden club will be Monday, March 25, at 9:30 a.m. at the Moose Lodge, 20835 Rutledge Road in Castro Valley. The speaker will be Colette Castellino, a Master Gardener and member of our club, who will be doing a presentation on perennial herbs and how to make the best use of what you grow. Meetings are free and guests are always welcome. For more information, call 397-1268.

❖ Taste of San Leandro

The 24th Taste of San Leandro will be on Tuesday, March 26, from 5 to 8 p.m. at the 21st Amendment Brewery, 2010 Williams Street in San Leandro. Enjoy an evening of unlimited food and drinks from over 25 food vendors, breweries and wineries, networking, entertainment, silent auction, and games. Visit

www.bit.ly/Taste_SL2019 to purchase your tickets before they sell out.

❖ San Leandro Rotary Evening Mixer

San Leandro Rotary will host its monthly evening mixer on Wednesday, March 27, from 6:30 to 8 p.m. at The Cooler, 1517 East 14th St. Network and meet local leaders. Tickets are \$10 to \$15 per guest at the door. Light refreshments provided with a no-host bar. Advance registration suggested. For more information about the club and upcoming events, e-mail Leah Hall at lhall.rotarysl@gmail.com or visit www.sanleandrorotary.org. RSVP at Rotary-AtTheCooler.eventbrite.com.

❖ Joint LeTip Mixer

The San Leandro, Oakland and the Hayward Castro Valley LeTip Chapters are holding a joint mixer to share the success of LeTip membership on Thursday, March 28, from 5:30 to 7:30 p.m. at The Vine Wine and Tapas, 135 Parrott St. in San Leandro. LeTip is a professional organization whose purpose is the exchange of business leads. Come see how LeTip can help your business sales grow. For more information, call Robert at 912-0555 or Aaron at 283-3760.

❖ Meeting of the SL Democratic Club

The San Leandro Democratic Club will have its monthly meeting on Thursday, March 28, from 6:30 to 8 p.m. in the Trustee Room of the San Leandro Main Library, 300 Estudillo Ave.

❖ SLHS Crab Feed and Silent Auction

The annual SLHS Crab Feed with Silent Auction will be held on Saturday, April 6, beginning at 6 p.m. at the Senior Community Center, located at 13909 E. 14th Street. This is the biggest fundraiser of the year for SLHS athletics and the United Parents group. There will be a DJ, plus loads of crab, pasta, and salad. No-host wine and beer. A portion of your ticket price will go towards the team or parent group of your choice. Tickets must be purchased in advance at www.slhsunitedparents.com

❖ Buon Tempo Club Anniversary Dinner

The Buon Tempo Club is having its 61st Anniversary Dinner on Tuesday, April 2, at 7 p.m. (happy hour at 6 P.M.) at Transfiguration Church 4000 E. Castro Valley Blvd. in Castro Valley. The dinner is open to everyone. Chef Joseph Sotello and his crew will be serving a five course roast beef and potatoes family style dinner, including red and white wine, sodas, and dessert. The cost is \$15 for members, and \$20 for non-members. Make reservations by Friday, March 30 by calling the Buon Tempo Dinner line at 483-6929 or for more information, go to the website at www.buontempo.org.

❖ San Leandro Museum Auditorium

The San Leandro Players will present *You Can't Take It With You*, one of America's best loved classic comedies, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave., running until April 14. The show runs Saturdays at 8 p.m. and Sundays at 2 p.m., plus two Fridays at 8 p.m. on April 5 and April 12. Tickets are \$20 general, and \$15 for seniors TBA members, under 12 and students. For information or reservations call 895-2573, or order tickets online at www.slplayers.org.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.

HOROSCOPE by Salomé

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ARIES (March 21 to April 19) Putting yourself in someone else's shoes isn't easy for you. But if you do it, you'll gain a better perspective of what you need to do to achieve your goals. Be open to new ideas.

TAURUS (April 20 to May 20) There are still some problems you might have to deal with before moving on to your next project. It's a good idea to accept help from those who share your objectives.

GEMINI (May 21 to June 20) It's time to recognize the difference between those who are truly concerned for you and those who simply plan to use your good nature to their advantage. New ideas become increasingly attractive.

CANCER (June 21 to July 22) Depending on a promise made becoming a promise kept could be more than a mite unwise at this time. It's best to proceed on your own rather than wait for aid that might never arrive.

LEO (July 23 to August 22) A recently revitalized relationship might not be quite what the Big Cat expected. But give yourself more time to deal with the changes. A little flexibility can go a long way. Good luck.

VIRGO (August 23 to September 22) A major change could prompt more adjustments. Some of them might be difficult to deal with at first. But hang in there, and before you know it, you'll be coasting to your next goal.

LIBRA (September 23 to October 22) Your sense of justice prompts you to speak out against an unfair situation, even if you seem to be the only one who feels that way. But you soon learn that many others agree with you.

SCORPIO (October 23 to November 21) Creating a fuss is not usually your style. But that doesn't mean you should tolerate an ill-mannered attitude. Speak up for yourself, and you'll earn the respect of others.

SAGITTARIUS (November 22 to December 21) You might have a few loose ends to tie up before you can stamp your project as complete. But once that's done, you might want to celebrate with someone special in your life.

CAPRICORN (December 22 to January 19) Disappointment darkens the Goat's mood. But close friends rally to pull you through with words of encouragement. Use their confidence in you to rebuild your own self-esteem.

AQUARIUS (January 20 to February 18) An upcoming decision might be more difficult with inaccurate information. Best to recheck the data you have at hand right now to be sure it won't mislead you later.

PISCES (February 19 to March 20) An offer you previously turned down might no longer be available. But if you do some checking around, you could find something else that would suit you just fine.

Rally: Arroyo students promise to hold another rally on Earth Day

continued from front page

Friday. The adults of the world haven't cut emissions, so students decided to take the reins for the sake of their future.

"California is the biggest state, so it will make a substantial difference if we get things started right here," said student James Molina.

The crowd of students in the quad stood by during the talk, some chatting with friends or checking their phones, but a good number listened to the speakers.

"If you make a change right now it will definitely have an impact on the future," Sahara Ang told the crowd.

"The Earth is like our mom, so we need to do this," added Sosi Agatupu.

At the end of the speeches, Molina said that this isn't a one-and-done. It's something that has to be followed up on.

"I hope to see all of you next month," he told the crowd, referring Earth Day coming up in April.

“Patriotism means to stand by the country. It does not mean to stand by the president or any other public official.

— Theodore Roosevelt



PHOTO BY JIM KNOWLES

Arroyo High students listened to speakers in the quad at lunchtime on Friday speak about the need to control emissions for the future of the planet.



SL Players' Present Classic Comedy

The San Leandro Players will present *You Can't Take It With You*, one of America's best loved classic comedies, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave., running through April 14. The show is on Saturdays at 8 p.m. and Sundays at 2 p.m., plus two Fridays at 8 p.m. on April 5 and April 12. Tickets are \$20 general, and \$15 for seniors TBA members, under 12 and students. For information or reservations call 895-2573, or order tickets online at www.slplayers.org.

CryptoQuote

AXYDLBAAXR
is **LONGFELLOW**

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

ADPHMCMV XCOSLZO OSLZVSO

CE APGLH ALEO; OSLZVSO

XCOSLZO ADPHMCMV

CE WDHCALZE.

— JLMQZJCZE

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DATE: Saturday, April 6, 2019

TIME: 9:00 am - 1:00 pm

LOCATION: City of San Leandro ~ Public Works
14200 Chapman Rd, San Leandro

SHREDDING & TECHNO TRASH RECYCLING EVENT

SHREDDING EVENT REQUIREMENTS:

- Ⓞ Limit - 4 record boxes (12" x 10" x 15") (approx. 40 lbs. total weight) per household
- Ⓞ All paper documents accepted (no binders/notebooks)
- Ⓞ Envelopes & manila file folders ok
- Ⓞ Paper clips & staples ok (no large binder clips)
- Ⓞ Picture ID with San Leandro address



ITEMS TO CONSIDER SHREDDING:

- Ⓞ Bank statements
- Ⓞ Credit card statements & preapproved credit card applications
- Ⓞ Tax returns & legal documents
- Ⓞ Employment records (W2s, pay stubs, etc.)

San Leandro Residents Only

No Businesses

WHAT YOU CAN BRING TO RECYCLE:

- Ⓞ CDs, DVDs, and floppy disks
- Ⓞ Jewel cases
- Ⓞ Audio & video tapes
- Ⓞ Cell phones & cell phone chargers
- Ⓞ Empty toner cartridges



Shredding and Techno Trash Must be Packaged Separately

No Computers, Monitors, Printers, TVs, VCRs, Stereos, etc.



For more information:

www.RecycleSanLeandro.org • (510) 577-6026 • Recycle@SanLeandro.org

City to Host Meetings On FLEX Paratransit's Proposed New Routes

The City of San Leandro will host three meetings to gather comments about the FLEX Paratransit Program, which has served San Leandro's seniors since 2002, and its proposed new routes.

The meetings will take place both at the San Leandro Senior Community Center and Marina Community Center at the following date and times:

San Leandro Senior Community Center, 13909 East

14th St.: Sunday, March 24, from 2:30 to 4:30 p.m.; and Tuesday, March 26, from 6:30 to 8:30 p.m.

San Leandro Marina Community Center, 15301 Wicks Boulevard: Tuesday, March 26, from 1:30 to 3:30 p.m.

The original FLEX Shuttle single loop route expanded to a double loop in 2010.

A recent study offers four alternate route revisions to provide more destinations requested by

FLEX Shuttle riders and lower wait times.

Learn about San Leandro's low cost transportation option for older adults 60 and over and those with disabilities and those who may benefit from these services and review the proposed routes for expansion of the shuttle service.

Light refreshments will be served. Gifts and raffle prizes. Translation services provided in Chinese and Spanish.

For more information about the meetings and FLEX Paratransit Program, call Susan Criswell with Recreation and Human Services at 577-6053.

Cherry City Toastmasters Meet Weekly

The Cherry City Toastmasters Club meets every Tuesday from 12:05 to 1:05 p.m. in the Trustees Room on the first floor at the San Leandro Main Library, 300 Estudillo Ave.

Ukulele Jam Held on Wednesdays at Senior Center

The newly organized San Leandro Ukulele Jam for adults 50 and over holds a meet-up on Wednesdays from 1 to 2:30 p.m. at the Senior Community Center,

13909 East 14th St. The drop-in fee is \$1. The jam is for anyone who already plays the ukulele or if you're just learning and want to experience how awesome it is to play with others.

If you want a relaxing and supportive afternoon of singing, playing and having fun, then come and join the group.

For more information, email SLukejam@gmail.com

LEGAL NOTICE

FILED
FEBRUARY 01, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 554783

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Ben's Sign Co. located at 4217 David Street, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Ben M. Gurule, 4217 David Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced in 1959.

/s/Ben M. Gurule
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 01, 2024

FEB. 28, MAR. 7, 14, 21, 2019
0022-SLT

FILED
FEBRUARY 22, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555608

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Rose Garden Restaurant located at 15754 E. 14th Street, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Wei Zhong Guo, 1383 Chapel Avenue, San Leandro, CA 94579. This business is conducted by an individual. This business commenced on 06-01-2002.

/s/Wei Zhong Guo
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 22, 2024

MAR. 7, 14, 21, 28, 2019
0023-SLT

FILED
FEBRUARY 27, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555765

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Alameda County Appliance located at 2039 Juneau Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): 1. Michael J. Herrera and 2. Edelmira Herrera, 2039 Juneau Street, San Leandro, CA 94577. This business is conducted by a married couple. This business commenced in 2000.

/s/Michael J. Herrera, Edelmira Herrera
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

MAR. 7, 14, 21, 28, 2019
0024-SLT

FILED
FEBRUARY 26, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555751

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Nate's Electrical Services located at 812 Adeline Street, Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Nate Munoz, 812 Adeline Street, Hayward, CA 94544. This business is conducted by an individual. This business commenced on 05-20-09.

/s/Nate Munoz
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

MAR. 7, 14, 21, 28, 2019
0025-SLT

FILED
FEBRUARY 26, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555755

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: East Bay Frame & Axle located at 1366 Doolittle Drive #3, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): EBF Holdings, LLC, 15768 Washington Avenue, San Lorenzo, CA 94580. This business is conducted by a Limited Liability Company. This business commenced on N/A.

/s/EBF Holdings, LLC
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

MAR. 7, 14, 21, 28, 2019
0026-SLT

FILED
FEBRUARY 13, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555165

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Star Transit located at 16859 Train Station Court, Lathrop, CA 95330, in San Joaquin County is hereby registered by the following owner(s): Goswami Son's Inc., 16859 Train Station Court, Lathrop, CA 95330. This business is conducted by a corporation. This business commenced on N/A.

/s/Goswami Son's Inc.
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 13, 2024

MAR. 7, 14, 21, 28, 2019
0027-SLT

FILED
FEBRUARY 19, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555434

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: BD Consulting Services located at 961 Lee Avenue, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Bettina Sanchez Barreal, 961 Lee Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Bettina Sanchez Barreal
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 19, 2024

MAR. 7, 14, 21, 28, 2019
0028-SLT

FILED
FEBRUARY 21, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555539

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: EDUCARE Educational Childcare located at 1362 Carpentier Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Nelida Ricardo, 1362 Carpentier Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Nelida Ricardo
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 21, 2024

MAR. 14, 21, 28, APR. 4, 2019
0029-SLT

FILED
MARCH 06, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 556067

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: M&R Apartments located at 2424 94th Avenue, Oakland, CA 94603, in Alameda County is hereby registered by the following owner(s): (1) Irma Ramirez and (2) Jose Mata, 1769 140th Avenue, San Leandro, CA 94578. This business is conducted by a married couple. This business commenced in 2000.

/s/Irma Ramirez, Jose Mata
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 06, 2024

MAR. 14, 21, 28, APR. 4, 2019
0030-SLT

Public Notice Registered Assumed Name

State, California, Alameda County

Please be advised that Comeaux, Julian, living at 1159 Sandelin Ave, San Leandro, CA [94577], is Executor/Beneficiary/Name holder of the business now being carried on at 1159 Sandelin Ave, San Leandro, CA [94577], in the following assumed name, to wit: JULIAN COMEAUX; and the nature of the said business is commerce

File Number: 1073184100023,
Date Filed: March 7, 2019

Status: Active/Good Standing.

MAR. 14, 21, 28, APR. 4, 2019
0031-SLT

FILED
MARCH 11, 2019
STEVE MANNING
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 556294

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Melissa Michelle Grooming located at 1109 MacArthur Blvd, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Melissa Tillman, 875 Begier Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Melissa Tillman
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 11, 2024

MAR. 21, 28, APR. 4, 11, 2019
0032-SLT

FILED
FEBRUARY 14, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555305

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Aniki's Sushi located at 3810 Mowry Avenue, Fremont, CA 94538, in Alameda County is hereby registered by the following owner(s): White on White, INC., 3810 Mowry Avenue, Fremont, CA 94538. This business is conducted by a corporation. This business commenced in 01-02-19.

/s/White on White, INC.
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 14, 2024

MAR. 14, 21, 28, APR. 4, 2019
0033-SLT

FILED
FEBRUARY 11, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555154

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Red Lion Plumbing and Rooter located at 824 Williams Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Luis Martinez, 824 Williams Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.

/s/Luis Martinez
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 11, 2024

MAR. 21, 28, APR. 4, 11, 2019
0034-SLT

FILED
FEBRUARY 13, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555208

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Al's Detailing located at 15785 Washington Avenue, San Lorenzo, CA 94580, in Alameda County is hereby registered by the following owner(s): Alan Quisenberry, 281 Juana Avenue, Apt. 305, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on 02-06-12.

/s/Alan Quisenberry
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 13, 2024

MAR. 21, 28, APR. 4, 11, 2019
0035-SLT

FILED
NOVEMBER 02, 2018
STEVE MANNING
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 551524

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: Carrie's Learning Space located at 1471 166th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Carrie Banks, 1471 166th Avenue, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on 4/20/2018.

/s/Carrie Banks
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires NOVEMBER 02, 2023

MAR. 21, 28, APR. 4, 11, 2019
0037-SLT

FILED
FEBRUARY 26, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 555717

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: The New Fairmont Beauty Salon located at 1596 150th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Violante Pereira, 593 Grove Way, Hayward, CA 94541. This business is conducted by an individual. This business commenced on 2-1-2010.

/s/Violante Pereira
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 26, 2024

MAR. 21, 28, APR. 4, 11, 2019
0036-SLT

Starting a New Business?

File your Fictitious Business Name Statement with us Today

Stop by or call Patrick V. at (510) 614-1558

2060 Washington Ave, San Leandro, CA 94577

Runners Hit the Track at SL Invitational

By Andrew Joseph
San Leandro Times

At the annual San Leandro Invitational on Saturday hundreds of girls and boys from San Leandro, San Lorenzo, Arroyo, Castro Valley and several other high schools competed in the first major local track and field event of the year.

This is the time of year where athletes get a feel for what events are their strengths and realize what needs work before competing at Stanford later this season.

"The importance of doing well here today is that you want to try to place in the top 4 (to qualify for Arcadia and Stanford) and just do the best that you can," said junior Nyah Paulding of Castro Valley. "I'm looking forward to the CIF state finals this year—if I qualify this will be my first year going to state."

The athletes have been working all off-season for this outdoor season to begin so they can put all their hard work to use and see their expected results come to fruition.

"We ran very hard during practice this week focusing on speed and endurance because we wanted to get our times better in the 4x100 in preparation for today," said Obinna Elendu of San Leandro. "The focus this season for us as a team is to go to CIF State finals for the 4x100, 100, 200, and 4x400. My personal focus is to hit the 10 second mark in the 100 and the 22 second mark in the 200."

Overall Castro Valley performed the best at the meet winning the girls 4x100, going 2nd and 3rd in the girls triple jump, and winning 1st through 4th in the boys shot put.

San Leandro also proved to be a major factor this season with multiple athletes finishing top 4 qualifying for the upcoming Stanford Invitational.

"We've been working a lot on speed-work in practice lately to get our speed up for the 100 meter," said Nichole Fairley of San Leandro. "The importance of performing well here is to be able to qualify for Stanford (the Stanford Invitational), which is the first big invite of the year. My goals this season are to break 12.5 seconds this season in my 100 meter time, break 26 seconds in my 200 meter time, and also help my 4x100 team run a 48 flat."

San Leandro field coach Brad Bowers is excited for the new season and expects to have many local top performers to qualify for Stanford and even CIF state finals.

"The thought process going into the San Leandro Invite is that it is the last opportunity to get good times and marks in before the bigger meets like Stanford and Mt. SAC," said coach Bowers. "Jordan Meeks and Obinna Elendu are two sprinters from our 4x100 team to keep an eye on this season."

The Stanford Invitational will



Runners head for the finish line in the first heat of the girls varsity 100 meter dash, San Lorenzo in lane 1 and San Leandro in lane 4.

PHOTOS BY ANDREW JOSEPH

be held at Stanford in Palo Alto from March 29 and 30, and the top 4 finishers in each event from last Saturday's meet automatically qualify to compete.

The following is a list of list of boys and girls notables in the major events:

Notables for the girls 4 x 100 meter event are Castro Valley who placed first with a time of 50.80 and San Leandro who placed fourth with a time of 51.47. Notables for the boys in

that event are San Leandro who placed first with a time of 42.90 and Arroyo who placed 11th with a time of 45.96.

Notables for the boys shot put is Conner Kincaid of Castro Valley earning 1st place with a mark of 46'10.50", Enrico Giovannoni of Castro Valley earning 2nd place with 42'1", Lennart Richter of Castro Valley earning 3rd place with 39'9.50" and Matthew Tognolini also of Castro Valley earning 4th place

with 34'2".

In the the boys discus is Enrico Giovannoni of Castro Valley earning 1st place with a mark of 122'6" and Conner Kincaid of Castro Valley with 3rd place after a mark of 106'4".

In the girls discus Olivia Gilman-Chun of Castro Valley earned 2nd with 74'2" and Alyssa Tung of Castro Valley with a 71'9" for 4th place.

In the girls 100 meter dash was Nichole Fairley of San Leandro with a time of 13 flat for 7th place. Notables for the boys in the 100 meter include Obinna Elendu of San Leandro with a time of 11.22 for 4th place, Dante Johnson also of San Leandro with a time of 11.24 for 5th place, and Jacari Ward also from San Leandro for 7th place with a time of 11.39.

In the girls triple jump, Nyah Paulding of Castro Valley had a jump of 35'10.75" for 2nd place and Victoria Nelson of Castro Valley had a jump of 35'7.25" for 3rd place. For the boys in that event is Jaylen Allen of San Leandro who placed 6th with a

jump of 39'7.50".

In the boys long jump Trevon Caldwell of San Leandro jumped of 17'7.75" for 4th place. For the girls, Sahvanah Prescott from San Leandro placed 4th with a jump of 15'10.50" and Nyjah Paulding from Castro Valley placed 5th with a jump of 15'9."

In the girls high jump, Tan-ya Binthapad of Castro Valley leaped of 4'6" for 5th place and notables for the boys are Miles Bennett of Castro Valley with a jump of 6'2" for 3rd place, Njata Holland also from Castro Valley for 5th place with a jump of 5'10" and Paul Randall of San Leandro with a jump of 6'2" for 4th place.



Castro Valley junior Nyah Paulding jumps a 35'10.75" in the girls triple jump Saturday to earn 2nd place.

Tickets on Sale for SL Sports Hall of Fame Dinner

The San Leandro Sports Foundation (SLSF) is hosting an All American Evening on March 22, from 4:30 to 8 p.m. at the Zero Net Energy Center 14600 Catalina St. in San Leandro. Celebrate the induction of 13 San Leandro sports stars to the SLSF Hall of

Fame. The evening includes food and drinks and a short presentation from each of the inductees. The public is welcome. For more information, list of Hall of Fame inductees, and ticket purchases, visit www.slsfi.org. Tickets are not available at the door.

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- We believe there are many paths to God.
- We show you how to transform your life through practical spiritual principles.
- Everyone is welcome.

www.unitysanleandro.org

SUNDAY 11:11 A.M.

Unity Church of San Leandro

Meeting at 13909 E. 14th St. • San Leandro • 510 483-2132

KIM BROS. JEWELRY • 357-4069

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CITY OF SAN LEANDRO • MARCH 25, 2019

STATE of the CITY

MARCH 25, 2019
SENIOR COMMUNITY CENTER, 13909 E. 14th St. San Leandro
6:30 pm to 8:00 pm
Reception: 6:30 to 7pm • State of the City Address: 7:00 to 8:00pm

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SAN LEANDRO CITY OF CALIFORNIA

AUTOMOTIVE

i8 Roadster is Electrified Supercar

By Steve Schaefer
San Leandro Times

“It’s a BMW Ferrari!” Nothing says it better than this comment from a passerby when I was (carefully) parking BMW’s magnificent i8 plug-in hybrid sports roadster. It really grabs attention, even though most people probably have no idea that it’s partially motivated by electrons.

The i8 is one of BMW’s original two i-series electrified cars, along with the i3 hatchback. While the i3 comes with either an electric motor only or combined with a range-extending, battery-charging tiny engine, the i8 has always been a plug-in hybrid. It runs as far as 17 miles on pure electricity, which you can select using the E-Drive button. However, it normally switches back and forth from engine to motor—or uses both—to maximize performance and efficiency.

Believe it or not, the i8 uses a turbocharged three-cylinder engine—but it puts out 228 horsepower and 236 lb.-ft. of torque. Combined with the electric motor’s 141 horsepower and 184 lb.-ft. of torque, you get a nice 369 horsepower and 420 lb.-ft. of torque, good for a 4.6-second 0-60 sprint.

This drivetrain, with a six-speed automatic for the engine and two-speed automatic for the motor, makes

the car something of a rocket, but I sensed a slight hesitation sometimes. It’s not the raw power of a V8, but the good news is in the numbers: 69 MPGe with electricity plus gasoline and 27 mpg when using gas only. I averaged 40.2 mpg per the car’s gauges, which I think is pretty amazing for a 3,516-pound sports car. EPA Green scores are a fine 8 for Greenhouse Gas but a mere 3 for Smog.

Charging is easy. Plug in at home using household current and you’re done in 4.5 hours. With Level 2 240-volt charging, it’s under 3 hours.

The car’s styling is definitely attention-grabbing. The nose wears the signature BMW twin-kidney grille, but the sides, as they sweep back, evoke the Batmobile, making curves not seen since the finned vehicles of the late 1950s. It’s about highly efficient airflow, but it also excites the eye no matter which angle you’re looking from.

The Roadster follows the original coupe and manages to convey much the same effect. However, its sealed fabric roof panel z-folds and drops vertically behind the front (and only) seats in less than 15 seconds—at up to 31 mph.

The i8 Roadster flaunts the same amazing scissor doors as the coupe. They combine with a high threshold—particularly important for a strong structure for the open top as well as carrying the battery

below. Once you learn to sit on the wide edge and slide yourself into the bucket seat, it’s not much of a deal, but of the three people who shared my car (one at a time), my son slipped in easily, my wife hated the experience, and my 6-foot-4 bandmate was willing to put up with the discomfort to get to ride in the car.

You certainly won’t acquire the i8 Roadster for any practical reasons. There is 3.5 cubic feet of space behind the pair of seats, but it’s not easy to access it. There is a microscopic 3.1-cubic-foot trunk that was good for holding one paper grocery bag and the charging cable.

Driving the i8 is very much a familiar BMW experience. My car had the E-Coppper leather package inside, but beyond that, the dash, steering wheel, trim, and electronics looked familiar from the sedans—and even the i3. This is a brand that finesses vehicle control and provides steering and road feel, and a sense of solid connection to the machinery.

Everything is included—a long list of electronics, safety equipment, and leather and carbon fiber throughout the cabin. It has high-tech propulsion and high-tech assembly, including use of 3-D printing. It has the first application of “non-dazzling BMW Laserlights,” which illuminate the road farther ahead than the normal bulbs.



The sealed fabric roof panel z-folds and drops vertically behind the front (and only) seats in less than 15 seconds—at up to 31 mph.

The LifeDrive vehicle architecture combines lightweight aluminum Drive Module components with a carbon fiber reinforced plastic (CFRP) passenger cell Life Module. You don’t get that kind of high technology in ordinary cars.

With eye-popping style, sprightly performance, and exclusivity, the i8 Roadster is highly prized, but it’s also highly priced. My tester, with the \$2,500 copper leather package and \$995 destination, came to \$166,795. Wow.

BMW offers plug-in hybrid capability in other vehicles that are much more practical, but that’s really missing the point. The i8 Roadster is a halo vehicle from a legendary brand that hardly needs one. It gives sex appeal and desirabil-

ity to BMW’s electric i-series, more electrified vehicles from which the more affordable but BMW in the coming years. polarizing i3 can’t. I’d really like to see an all-electric BMW sports car that looks like the i8. Stand by for many for 27 years.

Steve Schaefer lives in Castro Valley. He has been reviewing new cars in the Times for 27 years.



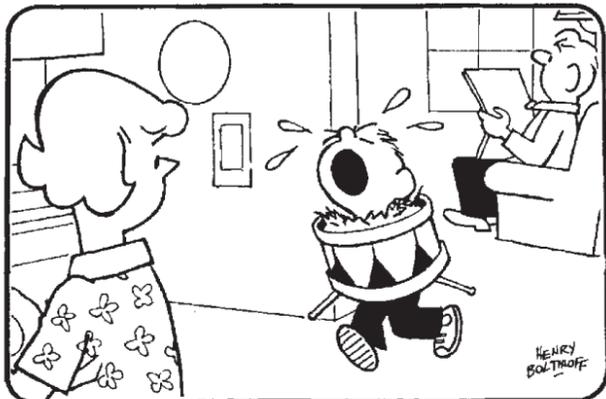
The standard audio system features a 12 speaker 360 W Harman Kardon HiFi system with HD tuner for digital radio reception.

HOCUS-FOCUS

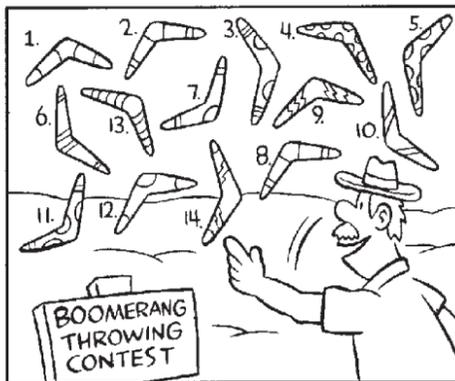
BY HENRY BOLTHOFF



Find at least six differences in details between panels.



Differences: 1. Window has been added. 2. Drum design is different. 3. Chair ruffle is missing. 4. Picture has been moved. 5. Mom’s earring is missing. 6. Mom’s hand is not seen.



AN ITEM YOU CAN’T GET RID OF! Can you spot two boomerangs that are exactly alike?

Answer: Two and eight.

AN INTERESTING WORD! There is a five-letter word that contains an additional five words within itself, without moving any of the letters around. You have two minutes to find it. This should be easy since I’ve already told you the answer.

Answer: The word “THERE.” The words are: THE, HERE, HER, HE, ERE.

LET’S ‘MARCH’ OUT OF WINTER WITH THIS PUZZLE! In the word square below, find the four five-letter words that match the following definitions. All words used must read the same, both across and down.

1. Comes in like a lion (MARCH, in place).
2. Hello and goodbye.
3. Something grand, or stately.
4. Monks, not the Monkeys, do it.
5. Stops forward motion.

M	A	R	C	H
A				
R				
C				
H				

Answers: 1. March. 2. Aloha. 3. Royal. 4. Chant. 5. Halts.

Junior Whirl

by Charles Barry Townsend

1.		A	R	T						
2.			A	R	T					
3.				A	R	T				
4.					A	R	T			
5.						A	R	T		
6.							A	R	T	
7.								A	R	T



WORD ART, NOT OP ART!

Can you paint a perfect word picture by correctly identifying the seven words listed? Each contains the word “ART.” Add the following hints to your word palette:

1. To move suddenly.
2. Columbus could have used one.
3. To go away from.
4. A self-important newcomer.
5. Used to sell vegetables years ago.
6. One who is needlessly troubled.
7. A term of endearment.

Answers: 1. Dart. 2. Chart. 3. Depart. 4. Upstart. 5. Pushcart. 6. Worrywart. 7. Sweetheart.

LIFESTYLE



A roasted Leg of Lamb is budget-friendly and can feed a crowd.

The Staple of Spring Roasts

Aculinary bridge across cultures, lamb is a common staple of spring cooking that dates back to ancient times and is rooted in a number of religious traditions.

It is the most popular meat consumed worldwide, but in this country it still ranks below beef, pork and poultry.

Lamb is simple to cook. One way to prepare leg of lamb is by sprinkling the outside with granulated garlic, black pepper, leaf thyme and a little rosemary; another way is with a Dijon mustard sauce. The lamb is baked at about 350°F for 30 minutes to the pound.

Probably the worst thing people do to lamb is overcook it or to smother it in mint jelly.

Lamb should not be cooked past an internal temperature of 150°F. And mint jelly just overpowers the taste of the meat. If you must have mint, try a mint-raspberry glaze that's much lighter than mint jelly.

Health-wise, lamb contains very little marbling, so the fat can easily be trimmed. It has about the same number of calories as beef and it is high in B vitamins, niacin, zinc and iron.

MARINATED LEG OF LAMB

2/3 cup olive oil
1/3 cup wine vinegar
1 medium onion, sliced

CryptoQuote answer

Learning without thought is labor lost; thought without learning is perilous.
— Confucius

2 cloves garlic, slivered
1 teaspoon ginger spice
1 teaspoon salt
1/4 teaspoon black pepper
1 (4- to 5-pound) leg of lamb

In bowl, combine oil, vinegar, onion, garlic, ginger, salt and pepper and mix well. Pour over lamb in shallow dish and refrigerate 6 hours or overnight, turning lamb occasionally. Drain lamb, reserving marinade, and place meat on rack in shallow roasting pan.

Roast at 325°F for about 2-1/2 hours or until done as desired, basting frequently with marinade. Makes 6 to 8 servings.

LAMB STEW WITH DILL

2 pounds boneless lamb from shoulder or breast, cut into roughly 1-1/2 inch chunks
8 shallots, peeled
12 very small new potatoes, washed
Salt and pepper

2 carrots, diced
1 cup frozen green peas
8 scallions, trimmed and cut into 2-inch sections
1/2 cup snipped dill leaves (or more, to taste)
Lemon wedges

Put lamb in a broad skillet over high heat; let sear, undisturbed, about 2 minutes, or until underside is nicely browned. Stir and add shallots and potatoes.

Cook a couple of minutes longer, and add salt and pepper and a cup of water. Stir, scraping bottom if necessary to loosen any meat bits that are sticking.

Turn heat to low, cover and simmer about 45 minutes, stirring once or twice.

Uncover and add carrots; stir once, re-cover and let simmer about 15 minutes more, or until lamb and potatoes are tender.

Uncover, add peas and scallions. Raise heat to boil away excess liquid. Taste and adjust seasoning.

Serve garnished with dill and accompanied by lemon wedges. Makes 4 servings.

LAMB SHANKS WITH LENTILS

1 pound dried lentils, rinsed
2 medium carrots, chopped
1 onion, chopped
4 sprigs thyme or 1 teaspoon dried thyme
1 tablespoon minced garlic
2 bay leaves
1 bottle red wine
4 lamb shanks
Salt and pepper to taste

Heat oven to 400°F. Combine first 7 ingredients in roasting pan or casserole and stir; bring to a boil on top of stove, then nestle lamb shanks among lentils, cover pan and put in oven. Lower heat to 350°F and let cook, undisturbed, for about an hour. Uncover and stir lentils gently; season with salt and pepper. Recover and cook about an hour more, until lentils are very tender and meat begins to pull away from bone. Don't worry about overcooking the lentils. When lamb is tender, uncov-

er pan, raise heat to 400°F and cook for another 15 minutes, just to brown top of shanks a bit. Makes 4 servings.

LAMB BURGERS WITH YOGURT SAUCE

1/2 pound ground lamb
1/4 teaspoon ground cumin
1/4 teaspoon paprika
Salt and freshly ground pepper
2 tablespoons goat cheese
1 tablespoon butter
Yogurt Sauce
1 pita bread, toasted and split in half, optional

Mix together lamb, cumin and paprika. Season to taste with salt and pepper. Form mixture into 2 large, flat patties. Place 1 tablespoon goat cheese in center of each. Fold each over to form semicircle, then shape into ovals that completely cover cheese.

Melt butter in skillet over medium-high heat. Add burgers and cook, about 5 minutes per side, until completely cooked through. Meanwhile, prepare Yogurt Sauce. Serve burgers plain or place each in 1/2 of toasted pita bread. Spoon in

sauce to taste. Serves 2.

For the Yogurt Sauce, combine 1/2 cup plain yogurt with 2 tablespoons minced green onions, a few drops of Tabasco, salt and ground white pepper. Stir to blend. Makes 2 servings.

LAMB CHOPS WITH ROSEMARY

4 (1-1/2 inch thick) lamb chops
1-1/2 tablespoons olive oil
1 tablespoon minced rosemary leaves
2 teaspoons minced parsley
1/4 cup red wine
3 tablespoons butter
Salt and freshly ground pepper

Brown chops in hot oil in large skillet. Turn heat to low and cook to desired doneness, about 7 minutes on each side for medium. Remove to warm platter.

Add rosemary, parsley and wine to skillet, heat to boiling and reduce slightly. Add butter and stir in.

Return lamb to pan and coat with sauce. Season to taste with salt and pepper and serve at once. Makes 4 servings.

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Documentary on Frances Marion To Screen Saturday at SL Library

A documentary film on the Hollywood scriptwriter Frances Marion will be shown this Saturday at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave.

No charge for admission.

Marion was a pioneer woman who fought for equal recognition and obtained it in Hollywood's male-dominated industry.

From 1915 to 1939, she was one of the most powerful talents in the movie industry, writing more than 200 movies as the world's highest paid screenwriter,



er, man or woman, and becoming the first screenwriter to win two Oscars. Hollywood moguls competed for her stories, and stars like Mary Pickford, Greta Garbo, and Clark Gable brought her characters to life in classics such as *The Champ*, *Poor Little Rich Girl*, *Anna Christie*, and *Camille*.

Now her fascinating life and times come alive in this documentary narrated by Uma Thurman and Kathy Bates. Footage from more than twenty of Marion's movies aligns with commentary by Leonard Maltin.

Pot: Revenue estimates high

continued from front page

Former San Leandro Mayor Stephen Cassidy now works for Bloom Innovations, which consults for NUG. He also asked that the tax rate be reduced.

Cassidy said that \$35 worth of pot winds up costing the customer \$41.77 when state excise fees and local sales and cannabis taxes are all added in. He said higher taxes will drive people to other cities or to the black market.

"Consumers are rational individuals," said Cassidy. "They shop for the lowest price. We aren't going to have successful cannabis businesses here unless you look at the tax rate."

In 2016, voters approved Measure NN which allows for a special city tax rate of up to 10 percent on pot revenue. On the Measure NN ballot, the city said that it estimates that it will receive around \$500,000 in annual marijuana tax when all three dispensaries are open.

But that estimation may have been over-confident, as revenue from marijuana sales have been well under predictions statewide, largely due to high tax rates. California took in \$345 million in legal cannabis tax revenue in 2018, not the \$1 billion that analysts predicted when adult use was legalized statewide.



Women In Business

Carrie Miles

REALTOR® / Notary
BRE # 01909263

Buying or selling your home can be a complex and stressful task — but, with a good Realtor, it doesn't have to be. My Midwestern values of integrity and hard work, combined with my desire to make buying or selling your home a truly positive experience, have been the key to my success as a Realtor.

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JENNY KIM HONG

IMMIGRATION ATTORNEY

I am the owner of a small boutique immigration law firm in San Leandro. I focus my practice to 100% immigration law, as I am committed to providing my clients with high-level, attorney-driven representation, allowing us to provide an individualized solution and success-driven outcome. We pride ourselves on our 99% approval rate. I enjoy assisting families, employers and business owners obtain legal residence, citizenship or naturalization, as well as other nonimmigrant visas. I chose "Omega" as the name to represent the beginning and end solution to one's immigration needs. Having recently moved my business to San Leandro from the San Jose area, I am enjoying the variety of clientele from San Leandro, Castro Valley, Hayward, Oakland, and neighboring cities. Our services also include: free consultations and Spanish-speaking legal assistants.



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Audra Elliott

Realtor®, Notary Public

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Dee-Anna Ramirez

REALTOR®
BRE # 01987602

I love the public service opportunities that real estate brings. As your committed Realtor®, I can demystify the complex and sometimes bewildering process of buying and selling. I find it a rich and rewarding experience to bring my clients' dreams of homeownership to fruition. As a homeowner in San Leandro for twenty years, I combine personal experience with professional training to help guide buyers and sellers in the local market, or to recommend an architect, contractor, and other tradespeople. I am a relationship-based realtor, and my commitment to my clients extends beyond any transaction. Truly, it is a labor of love to make all my clients feel at home with my stellar services.



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"I felt Tere went the extra mile to make this very trying experience as easy for me as possible. I would not hesitate to refer her." — A. Valenza

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Mayor Cutter to Deliver 'State of the City'

The City of San Leandro and the San Leandro Chamber of Commerce invite the public to the annual State of the City Address with Mayor Pauline Russo Cutter on Monday, March 25, at the San Leandro Senior Community Center, 13909 East 14th St.

The event will begin with a small reception at 6:30 p.m., followed by the program at 7 p.m. Mayor Cutter will focus her State of City address around this year's theme, "Building a Sustainable

Tomorrow, Together."

Mayor Cutter will also discuss her vision for the future, and update the community on topics related to housing, city finances, innovation, and efforts to address climate change. Other areas of her speech will highlight accomplishments from the past year, including new upgrades to public facilities and infrastructure, an influx of new local businesses and the mayor's broader priorities during her second term in office.

SL Scholarship Foundation to Host Dinner To Support High School Graduating Seniors

The San Leandro Scholarship Foundation invites the community to attend the 52nd Annual Scholarship Foundation Dinner to benefit scholarships for graduating seniors on Thursday, March 28, at the Senior Community Center, 13909 East 14th St. in San Leandro.

A silent auction will begin at 6 p.m. with dinner and entertainment following at 7 p.m.

This year's keynote speaker is Linda Granger, Trustee for the

"It's all for graduating San Leandro students' future."

Chabot-Las Positas Community College District, Superintendent of the Eden Area ROP and graduate of San Leandro High School. The San Leandro High School Jazz Band and Orchestra will also be part of the evening's

entertainment as well as a "sneak peek" of the spring musical production of "Gypsy."

Individual tickets are \$65 and Platinum/Gold/Silver sponsorship levels are also available and include dinner tickets. Tickets must be purchased in advance. RSVP by Friday, March 22. Tickets may be purchased online at www.SLSF.us under "events" or by calling 289-9225.

All proceeds go to college scholarships for San Leandro

High and San Lorenzo High School graduating seniors residing in San Leandro.

If you can't attend but want to donate, the foundation is happy to accept donations for scholarships from individuals, groups and businesses. It's all to support the graduating San Leandro students for a bright future.

For more information or advance tickets, call Chad Pennebaker at 289-9225 or email slsf@douglas.com.



Women In Business

Debbie Pfisterer CEO



With a love for business management and marketing, and all things food related, I have enjoyed building relationships with my customers as well as imparting my community minded values to my staff for over 25 years. Each event we do is a chance to create perfection and my company does that simply with a vision of community and soulful, honest food.

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Lynn Levin "Getting the job done right!" Real Estate Salesperson



Lynn is a multi-million-dollar producer with a focus on service and real estate with "a personal touch". She brings over 30 years of experience selling residential real estate in this area. She has been awarded the Bay East Association of Realtors' Grand Master Award and is a consistent Top Producer in her area. Lynn has been the President of Soroptimist International of the East Bay and currently is their Membership Chair. A few years ago she served as the district's Fellowship Director, awarding over \$100K to women completing their doctorates. Soroptimist is a worldwide group founded in Oakland in 1921 and dedicated to helping women and children locally and throughout the world. At the local level, the group's focus is on helping raise money for the indigent, battered and elderly members of the community. A recent addition is helping at-risk women become free from trafficking in the East Bay. Born in New York City in 1947 to an Italian-American family, Lynn attended Hunter College and then went on to own her own ethnic music store in Greenwich Village, "The House of Musical Traditions." She was an accomplished craftsperson, building dulcimers, and later did music management. Lynn has one son who she home schooled and who graduated from Dominican College on a tennis scholarship with a degree in business. And, of course, saving the best for last — 10 years ago, she was blessed with a beautiful granddaughter.

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Michelle Ross Miller Associate Broker • BRE# 0102751



Everyone benefits when the professional they hire has a genuine love for what they do. With over 30 years in the business, I can't imagine doing anything else.

Over the years, I've navigated many industry changes, each time acquiring new skills and problem-solving abilities. I consider those skills "tools" for use in the future, adding them to the knowledge I've gained throughout my career. Consistently overcoming the challenges of an ever-changing business makes me better able to meet the needs of my clientele.

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Serean Kimmel, Realtor® ReMax Accord, CA DRE#01770629



Serean has been by the far a hard-working realtor. She tries her hardest to find you a home that will fit your needs and that will leave you satisfied. I've only bought a house once prior and by far she is more attentive and caring. She made us feel like we mattered to her and that we were more than just business. It was by chance that we met but I am a firm believer that God puts certain people in your life at the right time. My family and I are beyond happy and satisfied with her service. She is a passionate individual that will fight her hardest for her clients. Serean fights for her clients and does her best for them in this case us. I would recommend her to my friends and family.
—The Navas Family

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Kathleen Robinson Golf Professional - Business Owner US Kids Top 50 Coach 2018



I am the Owner & Director of Instruction at the KMR Golf Academy at Skywest Golf Course in Hayward. I love helping players of all levels meet and exceed their golf expectations. My programs are designed to help refine techniques, gain skills, practice more effectively, create a golf mindset and seamlessly transition from practice to play. KMR Golf Academy offers coaching programs, group lessons, private lessons and more for adults and juniors. If you want to understand, improve and enjoy your golf game, be sure to check out the KMR Golf Academy.

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KRISTY PEIXOTO Realtor® GRI, CRS DRE#01256255 Associate with J. Rockcliff Realtors



The Kristy Peixoto Team is a partnership of experts who have a unique strategy with Buyers and Sellers to achieve their Estate, Ranch and Land of their Dreams in Castro Valley, Pleasanton, Sunol, Danville, Livermore.

Kristy Peixoto, Nancy Valett, Kimberly Coleman Stanley, Ranie Greer and Dannie Baker are excited to work with you side by side to achieve your Real Estate dreams. Our Specialties are Estate, Ranch, Land and Single Family Homes with Larger Lots. We would love to help you or someone you know with any of your real estate needs. The Kristy Peixoto Team has been in business for over 19 years. This Team is known for being #1 or the #2 Agents in the Pleasanton office and Top 3% at J. Rockcliff Realtors.

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Terry Martinez Realtor® / Partner VPSL / Notary



So much of Real Estate is relationships. San Leandro has been my home for 17 years. Being local gives me more than just a competitive edge... it also means I have a vested interest in our community. I have worked hard at establishing my career as a Realtor in the same community where I live, shop and am raising my five children! I get great pleasure from seeing past clients at community events, and knowing that business can evolve into friendship. In January 2013, Village Properties opened a beautiful second office, furthering my investment in San Leandro. It has been said that it is not work if you love what you do. That is exactly how I feel! As always, see you in the neighborhood!

Village Properties • 510-772-3746
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Tianne Rinetti-Vittoria REALTOR® / Owner



Born and reared in San Leandro, I was exposed to Real Estate my entire life, as my father, Al Rinetti, opened the doors to Rinetti & Co in 1970! I joined the family business in 1999 and now, 20 years later, I find myself appreciating everything that I have been taught, learned and loved doing on a daily basis is still very much alive within me. We have a fantastic team of professional associates, both family and friends that have made the success of my father's business survive and thrive for many years beyond his mentoring. We continue to make a difference in our community by helping sellers with the difficulties in selling their homes and buyers navigate through the stresses of entering into the market. This career is much more than a business to me, it is a life I chose to dedicate my time, love, patience and professionalism to.

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WOMEN IN BUSINESS

Don't miss out on the opportunity to be in this section when it publishes on Oct. 17, 2019.

REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



New Round of IPOs Could Reshape Real Estate Landscape

What do Airbnb, Lyft, Pinterest, Postmates, Slack and Uber have in common? All headquartered in San Francisco, they are planning to go public with much anticipated IPOs, creating an unprecedented wave of new millionaires.

The question is, "What to do with all that money?"

Nellie Bowles of The New York Times writes, "They want cars. They want to open new restaurants. They want to throw bigger parties. And they want houses."

Companies around the Bay Area are already planning to capitalize on the massive influx of newly minted wealth. San Francisco bike shops are gearing up their inventory of electric bicycles, many boasting prices of \$7,000 and more.

Party and private entertainment companies are preparing for the onslaught of celebratory gigs. Ice sculptors are sharpening their tools to carve ice

chairs with company logos, full-sized cars and anything else someone with more money than they know what to do with might imagine.

With San Francisco housing prices already amongst the highest on the planet, it is hard to imagine what a flood of new money might do to home values.

With minimal new construction to meet demand, many believe existing home values will soar, prompting numerous San Francisco homeowners to pull their homes off the market, hoping to capitalize once the IPO windfalls hit the street.

When tech firms such as Facebook and Google went public, home prices went up around the entire Bay Area. It is no secret, however, that employees of San Francisco tech firms want to live in the City and get as close to their companies as possible.

It is also a fact that the City does not have enough inventory to meet demand, so cities close are hoping to benefit as well.

Oakland has profited tremendously from San Francisco's housing woes. From a low average home price of \$286,000 in 2009, prices soared to a peak of \$984,000 in 2018, a jump of 344%.

In contrast, for the same period, San Leandro average prices increased 217%, San Lorenzo saw a bit larger increase at 231% while Castro Valley lagged behind at 191%.*

While San Francisco will be affected the most by the im-

pending IPOs, Central County homeowners are hopeful that the trickle-down effect will enhance their values as well. It is hard to imagine that, while the rest of the state is seeing decreasing prices, we may still be in for a boost in 2019.

*Data from Trendgraphix
Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

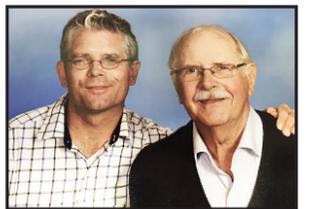


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Easy to Rid Plum Tree of Aphids; Heavy Pruning Won't hurt Artemisia

By Buzz Bertolero
SPECIAL TO THE TIMES

Every year, we get aphids on our flowering plum tree. I've read that ants transport aphids but I have never seen any ants in the area of these trees. What do I do to prevent the aphids? Also the tree is struggling. Half the tree has finished flowering while the other half is still bare and the branches are brittle. Can this tree be saved and will any pruning help?

The aphid problem is easy to solve. Once the leaves start to emerge be on the look out for any leaves that are curling. Once you see the curly leaf, spray the plum tree with insecticidal soap,

making two applications a week apart.

Pick off the curly leaves and dispose of them. This should protect the trees from any further attack for the year.

Aphids are inevitable on a wide range of plants. Even without the present of ants, aphids are mobile. They are present year round, but it is during the spring — with the flush of new growth — that they are the most active.

Your biggest concern should be the tree's health. The section that has not leafed out and is brittle is probably dead, so remove all it. Next, step back and take a hard look at what is left to decide if it's worth saving or if it needs to be replaced.

It will take several years for it to recover. Pruning will never cure what is ailing a struggling



BUZZ BERTOLERO
THE DIRT GARDENER

tree. Pruning only enhances the shape and form of trees and shrubs.

If you decide to keep the tree, remove those branches that hinder the overall shape of what's left. This has to be a judgement call on your part.

Next fertilizer with an all-purpose fertilizer to encourage the new growth and set up a regular watering schedule. And finally, I'd record the progress with a digital camera or smart phone.

I have several plantings of Artemisia Powis. I understand that I'm supposed to prune them back in the spring to keep them full. How much can I prune without damaging

them? I'd like to prune them so that I'm not having to trim them during the summer. They grow so fast and get rather leggy.

Artemisia Powis can be pruned back to the ground. You can use a string trimmer or a pair of loppers. The new growth will emerge from the base of the plant. You're not going to damage them with a severe hair cut.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com or to [Facebook.com/BuzzBertolero](https://www.facebook.com/BuzzBertolero).

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When a Sagging Door Needs Repair

By Samantha Mazzotta
Special to the Times

Sometime wood doors or door frames become so misshapen over the years that they need to be fixed.

The problem can be as simple as adjusting the hinge pins of the door, or as complex as resetting them (which isn't too complex, it's just a two-person job).

Sticking, dragging doors – or doors that won't close completely – can have a number of causes. In newer houses, a door's hinges might have been placed incorrectly, or the mortise of the door might not be deep enough (or too deep).

Checking the depth of the mortise is simple: run a finger along the hinge leaf that's set into the door. If the leaf isn't flush with the wood, the trouble may lie there. The new wood might have swollen slightly, as well.

In an older home, the door probably opened and shut for

years with no problem, meaning the hinges are (or were) set just fine. However, the door frames of aging homes typically settle as time passes, and the frame could be slightly warped. The hinges also might have worked loose.

The first (and easiest) fix is to check all the hinges – tap them down into place if necessary – and tighten the screws holding the hinges to the door. If a screw won't tighten down, remove it, insert a wooden toothpick (or several) into the hole, and reinsert the screw.

If the door still sags, try putting a shim between the bottom hinge and the door. Remove the door completely from its hinges (this is where that second person comes in handy). Then, unscrew the bottom hinge leaf from the door.

Using the leaf (the flat part) as a template, cut a piece of non-compressible cardboard, particle board or sheet brass (available in various precut sizes at the hard-

ware store) to match. Punch out screw holes in the same area as on the leaf. Lay the shim against the door first, then fasten the hinge leaf to it. Rehang the door and check the fit.

Conversely, if the door latch were higher than it should be, you would place a shim in the top hinge.

Now, what if the latch lines up but the door still scrapes or sticks? Try covering the sticking edge with chalk, and open and close the door. Mark spots on the door edge where the chalk has rubbed away. Lightly sticking doors can be repaired by sanding the contact points. Don't sand too much, or the door won't fit tightly.

Home Tip: To easily sand away sticky spots from the bottom of the door, tape a piece of sandpaper to the floor and briskly move the door back and forth across it. Elevate the sandpaper with thin pieces of cardboard as the sanding process continues.

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Swap Plants with Your Neighbors this Saturday

The Spring Plant Exchange will be held from noon to 4 p.m. this Saturday, March 23, at 4500 Lincoln Ave. in Oakland.

The Plant Exchange is a community organization that

encourages resource sharing, reuse and recycling. The annual free event brings over 1,000 community members together, and throughout the year, we host several events that support

Oakland's designation as one of the greenest cities in the country.

The event features free gardening demos, advice by the Alameda County Master Gardeners, an exhibitors area, a food truck, and more. Visit www.theplatnexchange.org for more info.

Mortgage Rates Drop Further

The 30-year fixed-rate mortgage dropped to 4.31 percent last week, according to Freddie Mac's weekly survey.

“At 4.31 percent, the average 30-year fixed mortgage rate is at its lowest since February of last year,” said Sam Khater, Freddie Mac's chief economist. “While these low rates will certainly get the attention of prospective homebuyers, the supply of homes for sale remains stubbornly low.”

A year ago at this time, the 30-year fixed averaged 4.44 percent.

Fifteen-year home loans averaged 3.76 percent, down

from 3.83 percent. Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.84 percent, down from 3.87 percent.



Horsetail herb is often treated as a weed and destroyed. But it has been around since ancient times, and has been prepared as a juice, tea or tincture for many maladies such as ulcers, wounds, and kidney problems. It grows in wetlands in the temperate climate zones of the Northern Hemisphere, including Asia, North America, and Europe. Its ancestors grew as tall as trees in prehistoric times. - Brenda Weaver
Source: livelovefruit.com, bio-botanica.com

OPEN HOMES SAT. & SUN. MARCH 23rd & 24th

CITY	SAT	SUN	ADDRESS	PRICE	BDRM./BA.	REALTOR	AGENT	PHONE
A	—	1-4	2274 Belvedere Ave.	\$529,000	3/1.5	United Brokers RE	Tere Lee	510-305-8827
SH	2-4:30	2-4:30	30 Marlow Dr.	\$749,000	3/2	Marvin Gardens RE	Greg Novak	510-472-4770
H	1-4	1-4	3246 Bridle Dr.	\$749,000	3/2	Compass RE	Michelle Miller	510-701-3442
A	—	1-3	954 Lee Ave.	\$899,000	3/1.5	Robert Jones & Assoc.	Matt Jones	510-357-0120
C	1-4	1-4	18750 Walnut Rd.	\$1,025,000	3/3	J. Rockcliff RE	Lisa Ferraris	510-304-1271
H	1-3	1-4	3906 Arbutus Ct.	\$1,750,000	4/3	J. Rockcliff RE	Kristy Peixoto	925-251-2536

CITY GUIDE A = SAN LEANDRO • B = BERKELEY • C = CASTRO VALLEY • D = DANVILLE • F = FREMONT • H = HAYWARD • L = LIVERMORE
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All real estate advertised in the San Leandro Times is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The San Leandro Times will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

WEEKEND GARDENER

■ **Flowers**
Sow or transplant perennials such as coralbells, coreopsis, delphiniums, foxgloves, hollyhocks, lupines and Iceland poppies. A good selection of perennials is available in six-packs, 4-inch pots and one-gallon cans at local nurseries and garden centers.

■ **Cuttings**
Start some new plants by rooting 3-to-4-inch long stem cuttings of dianthus, dusty miller, spurge, blue marguerite, fuchsias, geraniums, lavenders, chrysanthemums, sedums and succulents. Pinch or cut off the lowest pair of leaves, then plant the cutting in a 2-inch pot mixture of moist peat and coarse sand. Put a clear plastic cup over the cutting to form a mini greenhouse until it roots.

RECENT HOME SALES

San Leandro

1570 165th Avenue #212	94578: \$310,000	1 BD - 546 SF - 1987
1201 147th Avenue #C	94578: \$350,000	2 BD - 996 SF - 1974
15683 Cranbrook Street	94579: \$567,500	3 BD - 1,084 SF - 1958
327 West Broadmoor Blvd	94577: \$625,000	2 BD - 1,074 SF - 1930
806 Moraga Drive	94578: \$637,500	3 BD - 1,114 SF - 1954
15352 Sunnyhaven Street	94579: \$643,000	5 BD - 2,361 SF - 1956
1398 Manor Boulevard	94579: \$678,000	5 BD - 1,558 SF - 1951
946 Kenyon Avenue	94577: \$700,000	2 BD - 1,497 SF - 1948
15210 Andover Street	94579: \$710,000	3 BD - 1,706 SF - 1950
522 Mitchell Avenue	94577: \$720,000	3 BD - 1,291 SF - 1926
928 Maud Avenue	94577: \$747,000	3 BD - 1,352 SF - 1946
13921 Tahiti Road	94577: \$760,000	3 BD - 1,128 SF - 1961
1591 Carpentier Street	94577: \$800,000	2 BD - 1,123 SF - 1986

TOTAL SALES: 13
LOWEST AMOUNT: \$310,000 **MEDIAN AMOUNT: \$678,000**
HIGHEST AMOUNT: \$800,000 **AVERAGE AMOUNT: \$634,461**

Castro Valley

20153 Forest Avenue	94546: \$495,000	2 BD - 1,044 SF - 1986
3115 Grove Way	94546: \$525,000	2 BD - 726 SF - 1953
3093 Grove Way	94546: \$690,000	3 BD - 1,931 SF - 1951
19716 Redwood Road	94546: \$764,000	3 BD - 1,392 SF - 1984
4830 Lodi Way	94546: \$895,000	3 BD - 1,682 SF - 1954
18057 Joseph Drive	94546: \$935,000	3 BD - 1,921 SF - 1957
19216 Masterson Place	94552: \$1,000,000	3 BD - 2,228 SF - 1985
20974 Manter Road	94552: \$1,030,000	3 BD - 2,628 SF - 1965
7991 Pineville Circle	94552: \$1,050,000	4 BD - 2,340 SF - 1995

TOTAL SALES: 9
LOWEST AMOUNT: \$495,000 **MEDIAN AMOUNT: \$895,000**
HIGHEST AMOUNT: \$1,050,000 **AVERAGE AMOUNT: \$820,444**

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SENIORS

New Law Makes Organ Donations Easier

Q My wife and I are about to prepare Advance Health Care Directives, with an option to donate our organs. I hear there is a new law that touches on this. Do you know anything about this?

By Gene L. Osofsky, Esq.
Special to the Times

A Yes. The new law is AB 3211, effective January 1, 2019, and designed to make it easier for persons who use the statutory form Advance Health Care Directive (“Directive”) to donate organs upon death.

If you use the basic statutory form, the law simplifies the check-off-the-box choices, reducing them from six down to only two.

It provides that — unless you opt out of organ donations — the default directive is that you have consented to same. It also clarifies that your failure to opt for organ donation in the Directive, does not prevent your election to do so on your DMV Driver’s License.

The purpose behind the new law is to increase the number of available organs for life-saving transplantation. Reportedly, there are 23,000 Californians awaiting lifesaving organ transplantations.

However, the most significant feature of the new law is to authorize the temporary medical procedures necessary for doctors to evaluate and/or maintain your organs and/or tissues for harvesting and transplantation.

This change was, I believe, designed to address the appar-

ent inconsistency in a Directive, whereby an individual might opt not to prolong life if he/she were comatose, but whereby that same person had opted for organ donation.

Now, without violating your choice not to artificially prolong your life, it can nevertheless be temporarily prolonged just for the limited purpose of evaluating and maintaining your organs for transplantation.

To me, this makes good sense and avoids the medical-legal dilemma that the transplant team might otherwise face.

Notwithstanding the new law, you may still opt out of organ donations, and you can also still specify for what purpose your organs may be used, i.e. transplant, therapy, research, or education.

Note: if you do not wish to make organ donations, you must specifically opt out on the form. If you fail to specifically opt out, but do not otherwise indicate that you do not wish organ donations, then an “authorized individual” on your behalf may still opt for organ donation after your passing.

see DONATION on page 15



How Seniors Can Stop Robocalls

By Jim Miller
Special to the Times

Robocalls make up around 50 percent of all phone calls today, and it’s only getting worse.

Americans were hit with 26.3 billion robocalls in 2018, a whopping 46 percent increase from the year before. Fortunately, there are a variety of tools available today that can help you greatly reduce them.

• Register Your Numbers

If you haven’t already done so, your first step to limiting at least some unwanted calls is to make sure your home and cell phone numbers are registered with the National Do Not Call Registry.

To sign up, visit DoNotCall.gov or call 888-382-1222.

While this won’t stop illegal robocalls, it will stop unwanted calls from legitimate for-profit

businesses who are trying to sell you something. But be aware that political organizations, charities and survey takers are still permitted to call you, as are businesses you’ve bought something from or made a payment to in the last 18 months.

• Home Landline Tools

To stop calls on your home phone, set up the “anonymous call rejection” option. This is a free landline-calling feature available from most telephone companies. It lets you screen out calls from callers who have blocked their caller ID information — a favorite tactic of telemarketers.

To set it up, you usually have to dial *77 from your landline, though different phone services may have different procedures to set it up. Call your telephone service provider to find out if they offer this feature, and if so, what you need to do to enable it.

Another solution is to sign up for Nomorobo, which is a free

service for landline phones (if you have a VoIP landline carrier).

Nomorobo uses a “simultaneous ring” service that detects and blocks robocalls on a black list of known offender numbers. It isn’t 100 percent foolproof, but it is an extra layer of protection. To sign up or see if Nomorobo works with your phone service provider, visit Nomorobo.com.

• Cell Phones Tools

To stop unwanted robocalls and texts to your cell phone, ask your carrier about caller ID options that help identify, filter or prevent callers that aren’t legitimate.

For example, AT&T provides their subscribers a free app called “AT&T Call Protect” that has automatic fraud-blocking and suspected spam-warnings, and you can manually block unwanted calls.

Starting this month, Verizon is offering free spam alerting and see ROBOCALLS on page 15

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SENIORS

Does Medicare Cover Vision Services?

By Jim Miller
Special to the Times

Many people approaching 65 are unclear on what Medicare does and doesn't cover when it comes to vision services. The good news is that original Medicare covers most medical issues like cataract surgery, treatment of eye diseases and medical emergencies. But unfortunately, routine care like eye exams and eyeglasses are the beneficiary's responsibility.

Here's a breakdown of what is and isn't covered.

Eye exams and treatments: Medicare does not cover routine eye exams that test for eyeglasses or contact lenses. But they do cover yearly medical eye exams if you have diabetes or are at high risk for glaucoma.

They will also pay for exams to test and treat medical eye diseases if you're having vision problems that indicate a serious eye problem like macular degeneration, dry eye syndrome, glaucoma, eye infections or if you get something in your eye.

Eye surgeries: Medicare will cover most eye surgeries that help repair the eye function,

including cataract surgery to remove cataracts and insert standard intraocular lenses to replace your own.

Medicare will not, however, pick up the extra cost if you choose a specialized lens that restores full range of vision, thereby reducing your need for glasses after cataract surgery. The extra cost for a specialized lens can run up to \$2,500 per eye.

Eye surgeries that are usually not covered by Medicare include refractive (LASIK) surgery and cosmetic eye surgery that are not considered medically necessary.

Eyeglasses and contact lenses: Medicare does not pay for eyeglasses or contact lenses, with one exception: If you have had a conventional intraocular lens inserted during cataract surgery, Medicare will pay for eyeglasses or contact lenses following the operation.

Ways to Save

Although original Medicare's vision coverage is limited to medical issues, there are ways you can save on routine care. Here are several to check into.

- Consider a Medicare Advantage plan: One way you can

get extra vision coverage when you join Medicare is to choose a Medicare Advantage plan instead of original Medicare.

Many of these plans, which are sold through private insurance companies, will cover routine eye care and eyeglasses along with all of your hospital and medical insurance, and prescription drugs. See Medicare.gov/find-a-plan to shop for plans.

- Purchase vision insurance: If you get routine eye exams and purchase new eyeglasses annually, a vision insurance plan may be worth the cost. These policies typically run between \$12 and \$20 per month. See Ehealthinsurance.com to look for plans.

- Check veterans benefits: If you're a veteran and qualify for VA health care benefits, you may be able to get some or all of your routine vision care through VA. Go to Vets.gov, and search for "vision care" to learn more.

- Shop around: Many retailers provide discounts – between 10 and 30 percent – on eye exams and eyeglasses if you belong to a membership group like AARP or AAA.



- You can also save by shopping at discount retailers like Costco Optical, which is recommended by Consumer Reports as the best discount store for good eyewear and low prices – it requires a \$60 membership fee. Walmart Vision Centers also offer low prices with no membership.

- Or consider buying your glasses online. Online retailers like WarbyParker.com, ZenniOptical.com, and EyeBuyDirect.com all get top marks from the Better Business Bureau and offer huge savings. To purchase glasses online you'll need a prescription.

- Look for assistance: There

are also health centers and local clinics that provide free or discounted vision exams and eyeglasses to those in need. To find them put a call into your local Lions Club (see Directory. LionsClubs.org) for referrals.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Robocalls: Call blocking apps

continued from previous page
call blocking tools to their users. T-Mobile offers free "Scam ID" and "Scam Block" to combat robocalls and spam. And Sprint customers can sign up for its "Premium Caller ID" service for \$2.99 per month to guard against robocalls and caller ID spoofers.

Call Blocking Apps

Another way to stop nuisance robocalls on your smartphone is with call blocking apps. These can identify who is calling you and block unwanted calls that show up

on crowd-sourced spam and robocaller lists.

Some top call blocking app for iPhones and Androids include Nomorobo (Nomorobo.com), Hiya Caller ID and Spam Blocker (Hiya.com) and Truecaller (Truecaller.com).

Nomorobo cost \$2 per month, while Truecaller and Hiya apps are free to use, but offer upgraded services for \$2 and \$3 per month.

Spam Proof Phones

There are also phones you can buy, like the Samsung Galaxy S,

Samsung Note, or Google Pixel phone that have built-in spam and robocall protection in place.

Samsung's Smart Call feature flags calls it suspects are spam, while Google Pixel phones have built-in spam call protection. With this feature, users with Caller ID enabled will get a warning if a suspected spam call or robocall is received.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.

Donation: Prepare forms

continued from previous page

An "authorized individual" would usually include a spouse or a Domestic Partner (as defined in the Family Code). However, apart from the decision to authorize organ donations, even a spouse or Domestic Partner may not be able to consent to the withdrawal of life-sustaining treatment; instead there must be "clear and convincing evidence" of your own wishes, and the decision as to whether that standard has been met would likely be up to a judge in the context of a legal proceeding brought for that purpose.

To be sure, the new law does not require that you use the statutory form. You may still prepare, or ask your attorney to prepare, a customized Directive

suitable to your specific wishes.

So, if you and your wife wish to authorize organ donations, and you opt to use the new statutory form, be sure to verify that it complies with the new law, fill it out completely and make your wishes clear on the form.

To those readers who have

already prepared Directives, I suggest that you review them to make sure your wishes are clear, and make it a point to discuss them with your designated Health Care Agents.

Gene L. Osofsky is an estate planning and elder law attorney in Hayward. Visit his website at www.LawyerForSeniors.com

SAN LEANDRO TIMES

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LOST - White gold wedding ring, around 2/5/19, in San Leandro. **REWARD.** 510-351-8984.

LOST: Small Beagle Shepherd Mix. Last seen 3/13 Proctor School. Call 510-512-4030. Has tags. Shy.

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Dropped: Chan, Carson, Valle voted to change focus of exercise

continued from front page

the funding which ended Urban Shield.

Instead of the \$5.5 million grant for Urban Shield, UASI gave the county \$800,000 for equipment and the wireless emergency alert system. The remainder of the grant money will likely

be redistributed to other Bay Area counties including Santa Clara, San Francisco, and San Mateo, who are all expected to apply for their own Urban Shield-type training next year.

The changes approved by the county board included:

- No longer calling the event

“Urban Shield” after an ad hoc committee deemed the term to be combative and not reflective of a community preparedness approach to training.

- Eliminating SWAT competitions in favor of more community disaster preparedness type training.
- Eliminating the vendor expo

that takes place at the Alameda County Fairgrounds during Urban Shield. Past products advertised at that event have included drones, guns, cameras, “smart” TASERS, body armor, and “Peacekeeper” brand expandable batons.

The Alameda County Sheriff’s Office had been vocal about

keeping Urban Shield as it is, accusing opponents of making false statements about the program in order to undermine the police.

“This is very concerning because a great deal of misinformation has been spread,” wrote Sgt. Ray Kelly in a press release. “First responders know the elimination or reduction of this program will make our region much less safe in responding to terror attacks,

natural disasters, mass casualties and other critical incidents.”

Urban Shield has been held in Alameda County each September since 2007 and over 100 agencies act in response to staged scenarios at several sites. Past Urban Shield exercises have included SWAT teams responding to a terrorism incident at the Oakland Airport and an active shooter on a BART train.

LOCAL DEATHS

Mary R. Fischer

October 8, 1925 – February 14, 2019

Mary Rose Fischer passed away on Valentine’s Day in Oakland, CA, the city in which she was born 93 years earlier to Portuguese immigrants, Joaquin and Maria Jesus Pelonio. She graduated with honors from McClymonds High School in 1944. Mary worked for the Oakland Unified School District for 41 years. After retiring from Skyline High School in 1985, she was employed by Edith Guthridge Wearing Apparel in San Leandro. She enjoyed traveling, gardening, cooking, entertaining, and was a devoted Oakland A’s fan. Despite years of health challenges, she remained determined, strong and positive. Mary was preceded in death by her husband, Emil, her longtime partner, Axel Petersen, her older brother, Alveno, and younger sister, Rose Francis Turner. She is survived by several nephews, nieces and dear friends. Sincere thanks to the staff at Piedmont Gardens and Telecare for their compassion and care. A Funeral Mass and reception will be held at the Church of the Assumption in San Leandro on March 23rd at 10:30 a.m. Private Interment at Holy Sepulchre in Hayward. In lieu of flowers, donations may be made to the Cancer Research Institute or a charity of your choice. Arrangements taken care of by Santos-Robinson Mortuary, 510-483-0123.



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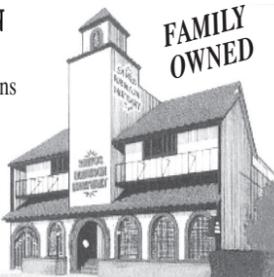
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Elizabeth “Betty” Souza

October 6, 1921 - March 11, 2019

Resident of Castro Valley

Imelda Elizabeth “Betty” Kamena was born in Oakland, CA on October 6, 1921. She passed away in her sleep on the morning of March 11, 2019. Betty was a long time resident of San Lorenzo, where she and her husband, Joe Souza, raised 4 children. In 2003, Betty moved to Castro Valley to live with family, and eventually moved in 2013 to Eden Villa senior residence living community (now the Villa at Castro Valley).

Betty was met in heaven by her husband, Joe, daughter JoeAnn, son John, daughter Kathy, and granddaughters Claudia and Dawna. She is survived by her son, Mike Souza and his wife Jan of San Leandro, her son-in-law, Rick Doerr and his wife Babs (Suzanne) of Castro Valley, 9 grandchildren and dozens of great and great-great-grandchildren.

Betty lived a long, healthy, adventure-filled life. She and her husband traveled extensively, their favorite destination being the Hawaiian Islands. Betty continued to travel after Joe’s passing and frequented Disneyland more times than anyone can recall! Her love of the theme park was captured permanently on her 75th birthday, when she had Mickey Mouse tattooed on her arm.

Betty’s love of music continued right up until she left this life. In her younger years, Betty taught piano and sang in church choirs. Many San Leandro and San Lorenzo residents remember Betty best as the singer of “Elvira” and “Bill Bailey” with the banjo band at Porky’s Pizza Palace every Thursday night, taking her final curtain call on February 28th of this year.

Services will be held Thurs., March 21 at Santos-Robinson Mortuary in San Leandro, viewing from 4 p.m. - 8 p.m., with vigil service at 7 p.m. Funeral Mass to be held Fri., March 22 at 9:30 a.m. at Transfiguration Catholic Church in Castro Valley, to be followed immediately by burial procession to Lone Tree Cemetery in Hayward. In addition, there will be a celebration of life Thurs., March 28 at Porky’s Pizza Palace in San Leandro. Arrangements taken care of by Santos-Robinson Mortuary, 510-483-0123.

Cathleen Marie Travers

September 30, 1953 - March 16, 2019

Cathleen Marie Travers entered peacefully into rest in Oakland on March 16, 2019. She was 65 years old.

A lifelong Alameda County resident born on September 30, 1953, Cathleen was the only daughter blessed to LeRoy and Estelle Travers. She graduated from Arroyo High School and was a devoted Oakland A’s and Raiders fan. Cathleen enjoyed shopping, dancing, playing bingo and slot machines. She was generous with her time, donating her countless hours and her talents to Eden I & R of Hayward and Goodwill in Oakland. Cathleen was also a longtime member of Friendly Connections Senior Group, Young Ladies Institute and Native Daughters. She was a devoted daughter, sister, aunt and friend who will be deeply missed.

Cathleen is survived by her brothers, Dennis and Paul; sister in law, Elizabeth; nieces, Renee, Sarah and Jayme; great nephew, Connor; great niece, Lily and many cherished extended family and friends.

She was preceded in death by her parents, and sister in law, Lynn.

Visitation for Cathleen will be 6 pm to 8 pm on Tuesday, March 26th at Grissom’s Chapel & Mortuary, 267 E. Lewelling Blvd., San Lorenzo. The vigil service begins at 7 pm. Mass of Christian Burial will be celebrated at 10 am on Wednesday, March 27th at St. John’s Catholic Church, 264 E. Lewelling Blvd., San Lorenzo. Burial will follow at Holy Sepulchre Cemetery.



SL Rotary to Host Mixer at The Cooler

San Leandro Rotary will host its monthly evening mixer on Wednesday, March 27, from 6:30 to 8 p.m. at The Cooler, 1517 East 14th St. Network and meet local leaders.

Tickets are \$10 to \$15 per guest at the door.

Light refreshments provided

with a no-host bar. Advance registration suggested.

For more information about the club and upcoming events, e-mail Leah Hall at lhall.rotarysl@gmail.com or visit www.sanleandrorotary.org. RSVP at RotaryAtTheCooler.eventbrite.com.

Comedy Show to Benefit Women’s Group

Michael D. Booker and Plethos Production present “That’s What She Said,” an evening of standup comedy at The Englander Pub, 101 Parrott St. in downtown San Leandro,

on Saturday, March 30, at 7 p.m. The show is a benefit for Plethos Production’s Women’s Empowerment Nonprofit group. Tickets are \$10 by calling 582-4092.

THE TIMES CROSSWORD

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ACROSS

- Long sandwich
- Loathe
- Den
- Web address
- Pianist Gilels
- Competent
- Swelled head
- India’s movie industry
- Happen again
- Thanksgiving veggie
- “Show Boat” composer
- Club used in sand traps
- Robin Hood’s forest
- Night light
- Tin container
- Japanese wrestlers
- Movie trickery, for short
- Declare
- Actor Clint
- Archaeologist’s find
- Approach
- Chow down
- Actress Winona
- “American Gothic” painter
- Hearty quaff
- Top-notch
- Spherical do
- Work with
- Bosc or Bartlett
- Goblet feature
- Foundation

DOWN

- Litigious one
- Incite
- United nations
- New Testament book
- I love (Lat.)
- Up to
- ___ May Clampett
- Marshals et al.
- Blood-group letters
- Dockworkers’ org.
- Roulette bet
- Deviate off course
- Kiev’s country (Abbr.)
- Libertine
- ___ is an island
- Erte’s style
- Full of energy
- Oklahoma city
- “The Lion King” villain
- Own
- Organic compound
- Amount of medicine
- Fame
- Hot dog
- Like some humor
- Feline
- “___ the night before ...”
- Smear
- Otherwise
- Clarinetist’s need
- Space
- Fish eggs
- Santa ___ winds
- Frequently, in verse
- Raw rock

ANSWERS ON PAGE 3

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Senseless New Zealand Attack: 'We are Better than this'

Editor:

My heart goes out to the 49 victims and their families and friends and to all that were injured in this (New Zealand) senseless attack. There is too much hate in this world.

We are all human beings on this Earth. We need to look out for each other no matter what we look like or who we love or what religion we are or what political party we belong to. We are better than this.

—Bryan Azevedo
San Leandro

Time to Get Back to the Good Old Days and Fiscal Responsibility

Editor:

We are all aware of the fact that the City of San Leandro will be running somewhere between \$5 million to \$10 million per year in the red (ouch) through at least 2027 (double ouch) because of underfunded pension and retirement health care expenses.

When the current city council (6 out of 7) were voted into office years ago we were running in the black and the city was running like a Swiss watch. My, how things have changed!

The City of Oakland is also running in the red and the Oakland city staff asked the police officers for help with this crisis. What's so amazing is that the Oakland Police Officer Association, all 750 of them, that's 100%, elected to reduce their benefits by \$300 million to help out the city they love, God bless every one of them.

I wonder if our city council has asked our police department for the same kind of cooperation? I doubt it, knowing that our Mayor, Pauline Cutter, accepted a \$1,500 political contribution from the Police Officer Association for her last campaign.

It's time to shake up that old Swiss watch that quit working and get us back to the good old days when fiscal responsibility was the norm and not the exception.

—Brent Heath
San Leandro

Won't Put a Dime in Any San Leandro Parking Meter

Editor:

I'm glad someone else feels the same way about new meters being installed around town ("San Leandro 'Killing Business' With Sales Tax, Pelton Meiters," Letters, March 14).

Been a San Leandro resident for 40+ years, have rarely shopped inside Pelton Center, and won't in the future due to having to pay just to park in there.

I was even more surprised to find new meters installed outside Safeway on West Juana Ave. What "super genius" decided on this move? How much did each cost to install?

How long does the city expect to break even on them? How long until

the city decides to install them inside the Safeway/CVS parking lot? The city is already "taxing" us if they catch someone parking there for more than two hours.

What about the employees? Do they need to move their cars every two hours?

Switching to doing my grocery shopping over to Pak N Save seems a better idea, because I'll never put a dime into any San Leandro parking meter.

—Ken Kellogg
San Leandro

Homeless Parking at Fairmont Lot 'A Good Practical Temporary Use'

Editor:

Regarding the March 14, 2019 article "County to Let Homeless Live in Fairmont Lot," (Page One, March 14) I'm very proud to live in a community that is offering this option to those in need. This is the first time I'm hearing of such a program. It sounds like a good practical, temporary use of the parking lot.

I hope that the county also sets up the navigation center that is mentioned in the article. I feel that having both the overnight parking option, along with support that enables folks to re-establish themselves, is crucial.

—Wendy Smith
San Leandro

Celebrate Spring with Plant-Based Food Options

Editor:

Spring brings renewed enthusiasm for all sorts of endeavors; it's also a superb second chance to actualize those New Year's resolutions favoring more exercise and healthy eating.

The shift toward healthy foods is omnipresent. Fast-food chains like Chipotle, Starbucks, Subway, Taco Bell, and Wendy's all offer plant-based options. Vegan recipes are part of most food websites. Global Meat News reports that nearly half their consumers are reducing meat intake.

The financial community is taking note of innovative plant food start-ups, like Beyond Meat, or Impossible Foods. According to Gallup, plant food sales grew 8.1 percent in 2017 and exceeded \$3.1 billion last year. Britain's The Economist declared 2019 the "Year of the Vegan."

Reasons abound: The World Health Organization links processed meat consumption with elevated cancer risk. The U.S. Dietary Guidelines recommend reduced meat consumption. The media keep exposing factory farm atrocities. And animal agriculture is chief culprit in climate change.

We can celebrate spring by checking out the rich collection of plant-based food options in our local supermarkets. An internet search on vegan foods offers an unending variety of recipes.

—Kurt Champler
San Leandro

Leo West: 'The System is Rigged'

Editor:

On March 12, the *East Bay Times* published an article by Peter Hegarty titled "San Leandro OKs project near BART station" about an apartment complex of 687 units.

There's a profusion of these articles lately which try to create the picture of abundant rental units when homeless encampments keep on growing in and around every California city, thanks to the Democrats in Sacramento. Nothing in the San Leandro Times about it.

Here's the gold nugget of the article: "The developer will pay the City \$1,030,000 in lieu of offering 15 percent of the apartments as affordable, a requirement of the city."

In other words, the San Leandro City Council is willing to overlook city regulations in exchange for money. They have done the same thing with Tom Silva's project and screw the low income tenants.

Is there any accountability about where the money goes? Are the City Council members using it for their pet projects, like rainbow crosswalks? Because "affordable housing" for low income tenants is not being built.

For three years the San Leandro City Council has been stalling the implementation of a meaningful Rent Control Ordinance, dragging tenants from meeting to meeting until they give up. Even Victor "Build a Wall...around my house" Aguilar, who ran on a "Rent Control" platform is completely silent.

I've been on the "Waiting List" to get an apartment at the Fargo Senior Center and the Broadmoor Plaza for four years but my name never comes on top. It's a "Waiting List" for life. I also applied for an apartment at "La Vereda" project but my application didn't even enter the lottery. It's like His Excellency, the President of the United States Donald J. Trump said: "The system is rigged, folks." Yes, it is rigged.

—Leo T. West
San Leandro

President's Wall Denies Mobility To Indigenous Peoples

Editor:

President Trump unveiled his budget proposal which includes \$8.5 billion for his border wall between this country and Mexico. What he is not saying is that there are Indigenous Peoples known as the Tohono O'odhams who live on both sides of the two countries. Before the Europeans arrived here, the Tohono O'odhams crossed into Mexico all the time to meet with their relatives. They practice their religion and go to several sacred sites.

Now they are prevented by fences and the wall will make it worse. I urge the majority of Americans to fight President Trump's attempt to build a wall.

—Billy Trice Jr.
Oakland



Send a Letter
to the Editor

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INQUIRING REPORTER

Are you doing anything about climate change?

— Asked around town

I encourage everyone to recycle, and I'm riding my bicycle, as you can see. A lot of motorists don't respect the crosswalks, though.

Nicholas Venning
San Lorenzo



Hell, I don't know. Whatever I do won't make any difference. Everybody's just spinning their wheels. Nothing will change till the government changes. We got to stop the ice caps from melting. But I'd hate to see my '57 Chevy with a 327 engine go.

Bob Andrade
San Leandro

We recycle and we don't use our fireplace anymore. It still looks pretty, though.

Misty Ely
San Leandro



My family recycles everything, and I encourage others to do the same.

Zada Flowers
Oakland



I've been taking BART and getting involved in things I see on Facebook and politics that help the environment.

Dunbar Watson, Jr.
Union City



Wish: Program grants kids wishes

continued from front page
with disabilities.

"It's so nice to see everyone come together and begin making wishes come true all at once," said Kathy Hull, the founder of George Mark House.

Make-a-Wish Bay Area is celebrating its 35th year of service and they've granted 8,000 wishes since then, according to

"It's really an honor to do this for the children."

— Beth Nolan,
Make-a-Wish program director

program director Beth Nolan.

"We hope this is the beginning of many Wish Days at George Mark," said Nolan. "It's really an honor to do this for the children."

Kathryn Cleberg told the crowd about her son Charlie's wish, which was granted in 2011 when he was 11 years old. Charlie was born prematurely and has cerebral palsy. He is interested in all forms of transportation, plus he wanted to go to Chicago because he studied the route of Highway 41.

"We called it his 'planes, trains, and automobiles' wish,"



PHOTO BY AMY SYLVESTRI

Kathryn Cleberg shared the story of her son Charlie's wish at "Make-a-Wish Day" at the George Mark Children's House last week.

said Cleberg. "We crammed as many forms of transportation as possible into five days in Chicago."

Cleberg said that Charlie got to ride in a limo, an airplane, a double-decker tour bus, a water taxi and on the "L" train. He even got to go into the air traffic control tower at O'Hare Airport.

Charlie can't use his hands, but he was able to drive a train with his feet and also got to fly in a sheriff's helicopter down Michigan Avenue between the skyscrapers.

"It was a wonderful experience," said Cleberg. "Parents

of children like ours know we always have to be ready to fight for our kids — we fight with insurance, we fight for schooling. But there are two places I've never had to fight: George Mark and Make-a-Wish."

The George Mark House cares for about 220 kids per year for respite and end of life care and offers bereavement counseling and other services for families.

"This is such a wonderful day," said Hull. "Every bit of it makes me smile, especially the people who came together to do this. Make-a-Wish truly does magical things."

Arnold Pitches His Newest Invention to the Shark Tank

By Jim Knowles
San Leandro Times

Larry Arnold has another idea.

And this time he's even gotten a nibble from *Shark Tank*, the TV show where inventors pitch their idea to a panel of business titans.

Arnold's recent invention is a device for the elderly who can't get into a shower. Instead of spending \$18,000 remodeling a bathroom to be accessible, Arnold's invention makes showering as easy as sitting on the toilet.

The device that Arnold has named "My Favorite Shower" has a stand that fits around the toilet, so that water all goes down the toilet bowl.

"Instead of spending \$18,000 to remodel the bathroom, it costs \$699," said Arnold.

Last week, Arnold auditioned at a casting call held in Palm Springs for *Shark Tank*. They give you one minute, but Arnold said he got 8 minutes. They let you know in another week whether you'll get called back with a chance to be on the show, he said.

Whether he makes the show or not, Arnold will put his new invention into production in another six months.

Some may remember Arnold's past invention, called a Fawssit, a portable shower for people in a wheelchair that can be set up in the kitchen. He said



PHOTOS BY JIM KNOWLES

Inventor Larry Arnold sets up his shower to demonstrate how it works. Below, he's still wearing the *Shark Tank* wristband, and the mismatched shoes he wore to help make his point.

that four companies put it into production. Even though he applied for a patent, he said it's too expensive to fight it.

Arnold knows it's a long shot that he will appear on *Shark Tank* but he's keeping his hopes up.

"The lady told me, 'If you don't hear back after a week, move on with your life,'" he said.

But how did Arnold get 8 minutes to pitch his invention, when the limit is only 1 minute?

Arnold points to his shoes. One is brown and the other is



black.

How that got him the extra 7 minutes...well, that's a whole different story.

Arnold can be reached at his business, San Leandro Auto Upholstery, at 483-7841.

Don't Miss the Next Home Improvement Section

Spring HOME IMPROVEMENT

MARCH 28 & 29

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Meeting in Hayward to Explain New Utility Bills

The City of Hayward and East Bay Community Energy will hold a special community meeting Thursday, March 28, to help customers better understand their new utility bills.

Back-to-back, 1-hour programs will be held at Matt Jimenez Community Center, 28200 Ruus Road — in English from 5:30 p.m. to 6:30 p.m. and in Spanish from 7 p.m. to 8 p.m.

Representatives from EBCE will explain how to read the new bill and answer questions.

Over the past year, electricity customers in Hayward and other Alameda County cities have been shifted onto power procured by East Bay Community Energy (EBCE), rather than by PG&E.

The goal of EBCE and other agencies like it is to provide cleaner electricity without sacrificing reliability.