



Sarah "Sandy" Lombardi

I am trained and have much experience working with adults and children. I have training and experience in family systems theory, adult psychotherapy, developmental psychology, divorce recovery, children's adjustment issues specific to divorce, conflict resolution, mediation techniques, alienation issues, communication theory, legal aspects of divorce, and domestic violence. I have worked in the field of counseling since 1986. In 1992 I completed all the educational and work experience necessary to become a Licensed Professional Clinical Counselor. I have worked with children and parents to understand issues that effect children and how to resolve conflict for the sake of the children. Previous to counseling I was a teacher. As a teacher I could see the effects of parents divorcing on children. I have extensive training in parenting having completed training in three different parenting programs. I am a parent of four adult children and the grandparent of ten grandchildren. My education, work experience and my life experiences have given me much insight into working with families and understanding children's needs.

Vista Psychological & Counseling Centre, LLC
1201 South Main Street, Suite 100
North Canton, Ohio 44720



Vista Psychological & Counseling Centre

**High Conflict
In Divorce
And Post
Co-Parenting
Issues**

Educate, Assess, Mediate

Educate:

Educate parents regarding the impact of parental conflict on the child's development.

Educate parents regarding anger management, communication skills, negotiation skills and children's issues when parents divorce.

Assess:

Assist parents in shifting from being former spouses to parenting their children as co-parents.

Reduce emotional attachment to the marital relationship.



Help parents to identify their contribution to the conflict that occurs. Identify impasses to effective communication and design interventions to overcome these impasses. Identify and reduce behaviors that create parent alienation.

Recognize the therapeutic needs of the family members and make appropriate referrals.

Communicate with the attorneys of the two parties.

Mediate:

Advocate for and safeguard the emotional and physical needs of the children.

Maintain appropriate parental behaviors.

Ensure parental access to the children.

Monitor time sharing arrangement, assess the necessity to modify or adjust arrangements as a means to reduce parental conflict.

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Cost of Service

\$60 per 90 minute session

\$30 per parent

\$240 retainer

\$120 per parent

Covers

2 initial individual intake sessions

3 joint sessions

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