



Menus

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts
Morning Snack	Apple slices, Raisins & Rich Tea biscuit	Breadsticks, sliced apple and carrot batons	Mini Cheddars, sliced pear, orange segments and Raisins	Cream Crackers, soft cream cheese, apple and cucumber	Rice cakes, cooked ham slices, orange segments and carrot batons
Lunch – Main	Spaghetti Bolognese, homemade tomato sauce, peas & Sweetcorn	Crispy skin jacket potato, baked beans, cheese & Pork sausage	Chicken & leek pie, in-house chicken stock sauce with puff pastry top & Floret veg	Creamy tomato & Herb pasta bake with mixed vegetables	Salmon & Bass fish pie in dairy free white sauce with dairy free mash potato top, sliced carrots & peas
Lunch – Vegetarian	Quorn spaghetti Bolognese, homemade tomato sauce, peas & Sweetcorn	Crispy skin jacket potato, baked beans, cheese & Linda McCartney sausage	Quorn chicken & leek pie, in-house vegetable stock sauce with puff pastry top & Floret veg	Creamy tomato & Herb pasta bake with mixed vegetables	Crispy coated No Fish Fingers, dairy free mash with sliced carrots & peas
Lunch – Dairy Free	Spaghetti Bolognese, homemade tomato sauce, peas & Sweetcorn	Crispy skin jacket potato, baked beans, Vitalite dairy free cheese & Pork sausage	Chicken & leek pie, in-house chicken stock sauce with Free From puff pastry top & Floret veg	Free from Tomato & Herb Pasta Bake with mixed vegetables	Salmon & Bass fish pie, dairy free white sauce with dairy free mash potato top, sliced carrots & peas
Lunch – Dessert	Fruit Fromage Frais	Blueberry muffin	Strawberry, Black current & Orange Jelly	Fruity short bread biscuit	Chocolate brownie & vanilla Ice Cream
Lunch – Dairy Free Dessert	Alpro strawberry dairy free Fromage Frais	Fresh fruit	Strawberry, Black current & Orange Jelly	Free From short bread	Free from Vanilla Ice Cream
Afternoon Tea	Tomato soup & Toast soldiers & fruit selection	Salt & vinegar rice cake, Cheddar cheese cubes, sliced ham & fruit selection	English toasted muffins with butter and chicken slices, ready salted crisps & fruit selection	Selection of sandwiches – Cheese, lemon Curd, Jam & Marmite, Rich Tea biscuit & fruit selection	Melba toast, soft cream cheese, carrot sticks & hummus with jam & apricot Tart
Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts
Morning Snack	Cheese straws, coleslaw, raisins & cherry tomatoes	Cracker bread, cucumber, ham & carrot sticks	Cheddar cheese cubes, raisins bread sticks & hummus	Sweet & salt popcorn, sliced apple & pear	Melba toast, pate, peppers & carrot batons
Lunch – Main	Lemon & herb chicken, white rice, peas & wholemeal fajita rap	Quorn shepherd's pie, dairy free mash top & mixed country veg	Pork sausage, sweet potato & swede mash, cabbage & onion gravy	Breaded cod fish cake, parsley sauce, couscous with peppers, red onion and courgette	Lamb hot pot with sliced potato top and casserole veg
Lunch – Vegetarian	Quorn lemon & herb chicken, white rice, peas & wholemeal fajita rap	Quorn shepherd's pie, dairy free mash top & mixed country veg	Linda McCartney sausage, sweet potato & swede mash, cabbage & onion gravy	Breaded vegetable burger, couscous with peppers, red onion and courgette	Quorn mince hot pot with sliced potato top and casserole veg
Lunch – Dairy Free	Lemon & herb chicken, white rice, peas & wholemeal fajita rap	Quorn shepherd's pie, dairy free mash top & mixed country veg	Pork sausage, sweet potato & dairy free swede mash, cabbage & onion gravy	Breaded cod fish cake, parsley sauce, couscous with peppers, red onion and courgette	Lamb hot pot with sliced potato top and casserole veg
Lunch – Dessert	Chocolate chip cookies	Strawberry Swiss roll & custard	Rocket ice-lollies	buttery flapjack bites	Angel slice cake
Lunch – Dairy Free Dessert	Free from oat cookies	Free from jam and lemon tart	Rocket ice-lollies	Free from raspberry & coconut flapjack	Free from angel slice cake
Afternoon Tea	Warm crumpets, ready salted crisps & fruit selection	Selection of rolls- cream cheese and cucumber, tuna & sweetcorn, chicken & bacon or grated cheese & fruit selection	4 cheese pizza, mixed salad & breadsticks	Beans on toast & fruit selection	Toasted bagel, cheddar cheese cubes & cooked ham slices & fruit selection
Menu 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts	Selection of cereals, toast with spreads, fresh fruit and yoghurts
Morning Snack	Cheese straws, cucumber slices, cherry tomato's & pears	Tortilla chips, sour cream & chive dip, carrot sticks and raisins	Salt & vinegar rice cakes, cooked ham slices, cream cheese & apples slices	Wholemeal pitta bread, bread sticks, hummus, & apples	Cheese and biscuits & sliced pears and oranges
Lunch – Main	Turkey meat balls, Fusilli tomato pasta, peas & sweetcorn	Roast chicken, roast potato's, Yorkshire pudding, mixed veg & gravy	Beef lasagne & garlic baguette	Pork sausage, mash, fine green beans & onion gravy	Fish fingers, oven chips & mushy peas
Lunch – Vegetarian	No meat - meat balls, Fusilli tomato pasta, peas & sweetcorn	Quorn roast chicken, roast potato's, Yorkshire pudding, mixed veg & gravy	Quorn lasagne & garlic baguette	Linda McCartney sausage, mash, fine green beans & onion gravy	Vegetable fingers, oven chips & mushy peas
Lunch – Dairy Free	Turkey meat balls, Fusilli tomato pasta, peas & sweetcorn	Roast chicken, roast potato's, mixed veg & gravy	Dairy free beef lasagne & free from garlic baguette	Pork sausage, dairy free mash, fine green beans & onion gravy	Fish fingers, oven chips & mushy peas
Lunch – Dessert	Lemon drizzle cake	Banana	Strawberry angel delight	Cherry madeira cake	Ice cream cones, sprinkles, chocolate & strawberry sauce
Lunch – Dairy Free Dessert	Free from lemon drizzle slices	Banana	Soya milk Strawberry angel delight	Free from cherry Bakewell	Free from vanilla ice cream
Afternoon Tea	Revitas, cream cheese cooked ham & chicken slices & fruit selection	Tomato Flatbread, coleslaw, cheese straws & fruit selection	Spaghetti hoops on toast & fruit selection	Sausage rolls & scotch eggs, ready salted crisps & fruit selection	Hot Dogs & fruit selection

Menu 1 = 30.11/21.11/18.01/08.02/01.03/22.03

Menu 2 = 07.12/04.01/25.01/15.02/08.03/29.03

Menu 3 = 14.11/11.01/01.02/22.02/15.03/12.04