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www.lazaruswellnessclinic.com
(Company)

[www.lazaruswellness.com/
category/drs-blog/](http://www.lazaruswellness.com/category/drs-blog/) (Blog)

www.lazaruschiro.com (Company)

Top Skills

Holistic Health

Pain Management

Treatment

Certifications

Certified Nutrition Specialist

FirstLine Therapy (FLT)

Titleist Performance Institute (TPI)

Graston Technique (GT)

SpiderTech

Dr. Ryan Lazarus MSc, CNS, DC

Functional Medicine, Nutrition Specialist, Wellness Warrior
San Francisco Bay Area

Summary

I'm a Clinical Director, Wellness Consultant, Author, Researcher and Entrepreneur within the health and wellness field. I'm a board certified Functional Medicine Practitioner, Certified Clinical Nutritionist and have a Master's Degree in Nutrition and a Bachelor's Degree in Kinesiology. I'm currently an international speaker on personalized functional medicine and nutrition protocols. I'm an insulin dependent diabetic, a biohacker and have a deep passion for helping all patients using cutting edge functional medicine protocols.

Experience

Latitude 35 Leadership

Nutrition and Performance Coach

December 2018 - Present

Danville, California

<http://www.latitude35leadership.com/our-team.html>

Wellness Warrior Rx

Founder, Director

February 2015 - Present

Danville, California

Wellness Warrior Rx is an elite functional medicine wellness program that is personalized based on genetic and lab tests.

Functional Medicine Research Center

Principal Investigator

June 2018 - Present

Principal Investigator at Functional Medicine Research Center for study on the "Influence of an omega-3 SPM supplement on quality of life." This study investigates the therapeutic application of specialized pro-resolving mediators within a specific patient population.

Standard Process of Northern California
Functional Nutrition Consultant
2018 - Present

Provides clinical expertise and protocols in functional nutrition with presentations and lectures to physicians around the nation.

Lazarus Wellness Clinic
Functional Medicine Practitioner
January 2010 - Present
1734 Jefferson St.

Dr. Ryan Lazarus MSc, CNS, DC is certified in Functional Medicine, Certified Nutrition Specialist and holds a Masters in Functional Medicine and Clinical Nutrition. He implements functional medicine protocols with clinical nutrition strategies.

Metagenics
Speaker and Consultant
January 2013 - Present
San Francisco Bay Area

Lecture directly to physicians nationwide on therapeutic clinical strategies and sales strategies with emphasis on Diabetes, Ketogenic diets, Autoimmune protocols and Inflammation.

Lazarus Chiropractic Inc.
Clinical Director
January 2007 - Present
1734 Jefferson St. Suite A

Own and operate Lazarus Chiropractic Inc. which is Napa Valley's Exclusive Practice for Integrative Therapy. We utilize cutting-edge techniques including Active Release Technique™, Graston Technique™, SpiderTech Kinesiotaping™ and Functional Medicine.

Callisto Media
Nutritional Consultant
October 2014 - January 2016 (1 year 4 months)
Berkeley, California

Contributes and presents special edition of NY Times bestselling book and national nutrition program.

University of Western States
Functional Medicine Faculty

June 2014 - June 2015 (1 year 1 month)

Portland, Oregon Area

University of Western States Faculty for Metabolic Syndrome course.

Advantage Capital

Corporate Wellness Director

January 2011 - January 2012 (1 year 1 month)

Napa, Ca

Launched custom Corporate Wellness Program to over 60 employees Nationwide.

Education

Board for Certification of Nutrition Specialists

Certified Nutrition Specialist, Foods, Nutrition, and Wellness Studies, General · (2014 - 2018)

The Institute for Functional Medicine

IFMCP, Functional Medicine · (2012 - 2014)

University of Western States

Masters of Science in Nutrition and Functional Medicine, Functional Medicine for Diabetes · (2012 - 2014)

Palmer College of Chiropractic-West

DC, Doctor of Chiropractic · (2000 - 2004)

Cal Poly San Luis Obispo

Bachelor of Science (BS), Pre-Medicine/Pre-Medical Studies · (1996 - 2000)