

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 30

WEDNESDAY, MAY 2, 2018

NO. 18

INSIDE YOUR FORUM

NEWS



CARH Café

Castro Valley's newest cafe serves coffee... and job training

Page 2

LIVING



Cinco de Mayo

This Saturday, celebrate with some dishes that are muy delicioso

Page 5

SENIORS



A Better Vaccine

New shingles vaccine provides superior protection for seniors

Page 6

INDEX

Agents in Action	10
Classified Ads	12
Community Calendar ...	4
Crosswords	14
Homes	9
Horoscope	14
Obituaries	14
Seniors	6
Sports	8
Weather	2

PHONE: (510) 537-1792



PHOTO BY FRED ZEHLER

U.S. Navy Veteran Jim Uhlik at the Castro Valley Veterans Memorial.

VETERANS MEMORIAL In Need of Your Help

Honoring veterans past, present, and future has always been the goal of Castro Valley veterans says Jim Uhlik, a U.S. Navy veteran of 10 years service who will become Commander of VFW Post 9601 later this month.

Stories of so many who have given so much to our country can be heard at Castro Valley's Veterans Memorial — all one has to do is listen and read the many brick inscriptions embedded there,

according Uhlik.

There is still room for more stories to be told, but the memorial is need of your help again.

Over the past four years VFW Post 9601 has hosted crab feeds, raffles, and other fundraisers and has received many public donations towards raising the \$85,000 still needed to complete the expansion project.

"Many citizens have been under the

impression that we were ready to build," says Uhlik. "But with each passing year, the price of the project has gone up."

Donations large and small can be made by going to CVVM.info or contacting Uhlik at 510-593-6703 or Anthony Lindsey at tony@cvvm.info

The memorial, which was dedicated on Veterans Day 2012, is located at Castro Valley Community Park on Quail Ave. just off Lake Chabot Road.

CVHS WINS PRESTIGIOUS CALIFORNIA CHORAL COMPETITION



Castro Valley High School's Madrigals and A Cappella have earned First Place at the 24th Annual Golden State Choral Competition, the most prestigious competition of its kind in California and the result of the students' hard work under the direction of their amazing director, Mrs. Larrysa Sadoway. Over the past 24 years, CVHS has received several trophies

at the statewide contest. The Madrigals competed in the chamber choir division and A Cappella competed in the concert choir division, and this year received First Place in both divisions. Only two choral programs have ever accomplished this in all the years of the competition. It is considered an honor just to be invited to sing at the annual event.

SEWER INSPECTION PLAN

Opponents Speak Up at Town Hall

By Amy Sylvestri
CASTRO VALLEY FORUM

The Castro Valley Sanitary District (CVSan) held a special town hall meeting at the library last week, outlining its plans for a new sewer lateral program which could potentially be costly to some homeowners.

CVSan wants to make it mandatory for older sewer laterals to be inspected upon sale of a home. Lateral are the lines that go from a house out to the main sewer lines under the street.

Repairs to a lateral can cost up to \$20,000 for a homeowner, but CVSan officials say some eligible homeowners can qualify for grants of up to \$2,000.

The laterals need checking because of inflow and infiltration (I&I), which is basically water from various sources entering the collection system that can cause sewer overflows.

District General Manager Roland Williams said that Castro Valley has an unusually high amount of I&I compared to neighboring towns because of its geography and that, during storms, waste water flow can be up to 10 times more than on regular days.

"Castro Valley is essentially shaped like a bowl and when our flows come in they all come in together and we have this high-peak event," said Williams. "We have to manage that or we get overflows and absolutely no one wants sewage outside of the system."

But many speakers at last Tuesday night's meeting opposed CVSan's plan.

One was Marc Crawford, chair of the Castro Valley Municipal Advisory Council who has been a vocal critic of the proposal. He said the timing of the inspections simply doesn't make sense and that CVSan was taking advantage of homeowners when they sell, presumably to get an influx of cash.

"I have to ask if anyone has thought of timing this to when (a lateral) has problems, not when you have money?" asked Crawford.

Others in the audience said they didn't see the point of replacing their laterals when some of the main lines in town are around 100 years old, so they might be connecting a brand new lateral line to a leaky main.

"What's the point of asking a private citizen to replace a lateral if the mains aren't fixed and sewage could still end up in our home?" asked one woman.

The replacement-upon-sale inspection policy, however, is becoming more common in the Bay Area.

CVSan estimates that 42 percent of Alameda County municipalities require it. Once inspected and repaired, a homeowner would get a certificate *see INSPECTION on back page*

MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

EDITORIAL

Fred Zehnder

Editor and Publisher

Jim Knowles

Managing Editor
jimk@ebpublishing.com

Amy Sylvestri

City Editor
amys@ebpublishing.com

Steve Schaefer

Auto Editor

Contributing Writers

Buzz Bertolero

Martha Kennelly

Carl Medford

Linda Sandsmark

PRODUCTION

Howard Morrison

Manager

Greg Benson

Art Director

Moxie Morrison

Assistant

OPERATIONS

Claudette Morrison

Business Manager

ADVERTISING

Display Advertising

Claudette Morrison

Classified Advertising

Patrick Vadnais

HOW TO REACH US

San Leandro Times
2060 Washington Ave.
San Leandro, California 94577

Office hours: Weekdays, 9 a.m. to 5 p.m.

Main Office: (510) 614-1555

Newsroom: (510) 614-1557

Sports: (510) 614-1561

Advertising: (510) 614-1555

Classified: (510) 614-1558

Fax: (510) 483-4209

Email: jimk@ebpublishing.com

www.ebpublishing.com



California
Newspaper
Publishers
Association
member

©2018 East Bay Publishing Corporation

Tour Local Native Plant Gardens this Weekend

The Bringing Back the Natives Garden Tour's Native Plant Extravaganza and the tour itself take place this weekend.

You can still register for the Sunday, May 6 Bringing Back the Natives Garden Tour. Garden guides are no longer being mailed, but you will receive links to a PDF of the guide in your confirmation e-mail.

This Saturday and Sunday, May 5 and 6 from 10 a.m. to 5 p.m., a Native Plant Extravaganza will take place in conjunction with the tour. Take advantage of this opportunity to shop for unique or hard-to-find native plants that are not normally available in most nurseries. In addition to shopping, free talks on gardening for pollinators, designing a native plant garden, dying with natives, the best choices for lawn conversions and more will be given at Ploughshares, Oaktown, Markham, East Bay Wilds, The Watershed Nursery, and Green Thumb Works on the week-end of the Tour.

Over 35 beautiful native plant gardens will be open for viewing.

Nature-themed art will be sold at eleven gardens; nature lovers will enjoy the handcrafted art, botanical and wildlife illustrations, cards, coasters, pouches, and more—purchase your Mother's Day gift here and a percentage of the proceeds will

go to support the tour.

Talks by local artists on how to make garden art mosaics, and how to get started with nature journaling will be offered on the day of the tour.

Jazz, bluegrass, guitar, sitar, woodwinds, and more will be performed at seven gardens. You can hear the award-winning Jazz Messengers (recently voted the best middle school jazz band in the nation), and the bluegrass playing, award-winning Barefoot Quales, among other excellent musical offerings.

Forty talks will be given in the gardens on the day of the tour.

Children's activities will be offered at Leslie Buck's Berkeley garden, where your children can roast marshmallows in the fire pit, and color native plant sheets in the art area. In San Lorenzo children can play Native American games, do make and take arts and crafts, make a wildflower seed pot to take home, and view the transparent bee hive of Joe's Honey all day. Children 16 and under do not need tickets; just close supervision.

A \$15 per person donation is requested to help cover the cost of putting on the tour. Please help ensure the tour's continuation by donating generously.

For more information or to see the full schedule at bringbackthenatives.net.



PHOTO COURTESY OF BRING BACK THE NATIVES

A bee does what comes naturally in an East Bay native garden. Check out 37 gardens in the Bringing Back the Natives tour this weekend.

Celebrate Asian American Heritage

Commemorate Asian and Pacific Islander Heritage Month with the Hayward Area Historical Society (HAHS).

Loyal Americans: Japanese American Imprisonment During World War II is the current exhibit in the special gallery at the HAHS Museum of History and Culture, 22380 Foothill Boulevard in Hayward.

An exhibition of artifacts and stories of people whose civil

rights were violated that also shows the courage and bravery of ordinary Americans in extraordinary circumstances.

This exhibition is supported by the Eden Township Japanese American Citizens League.

On Thursday, May 10, HAHS celebrates Children's Day from 10:30 to 11:30 a.m.

Children's Day is a Japanese holiday to celebrate children and express gratitude towards

mothers. Join HAHS for stories, crafts, and fun.

Geared toward children ages 1-5 and their caregivers.

Older siblings are always welcome; \$5 suggested donation.

On May 12, HAHS hosts *Stories from Camps* at 2 p.m.

Hear stories from WWII internment camps from family members of internees as well as those who experienced the camps first hand; \$5 suggested donation.

San Leandro Downtown Association presents



A Fun, Free, Family Bike Ride!

Round Trip From Casa Peralta

384 W. Estudillo Avenue, San Leandro

Two
Routes

For event details, please visit:

www.SanLeandroDowntownAssociation.org

www.BikeSL.org

Lunch
+
Raffle

Route #1 to Lake Chabot

Check-in 9:00 a.m.

START at 9:30 a.m.

A challenging mountain bike ride geared toward more experienced riders.

Route #2 to Marina Park

Check-in 9:30 a.m.

START at 10:30 a.m.

A flat ride on city streets, escorted by San Leandro police. Suitable for families.



PATTI'S SWIM SCHOOL

Where Swimming Happens

- Indoor Swim during Fall & Winter
- Ages 6 Months thru Adult
- Ideal for Children with Learning Differences
- Weekly and Intensive Lessons

We Have Taught Over 50,000 Individuals To Swim!

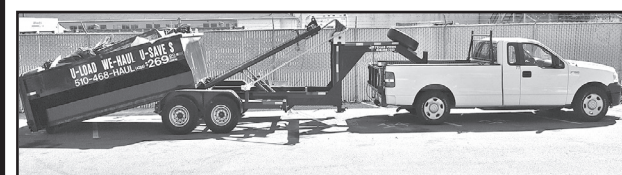
(510) 331-6610

4621 JAMES AVE. • CASTRO VALLEY • (OFF REDWOOD ROAD)

WWW.PATTISWIMSCHOOL.COM

Enrolling Now for Spring & Summer!

VOTED BEST SWIM CLASSES BY BAY AREA PARENTS & PARENTS' PRESS



U-LOAD WE-HAUL U-SAVE \$
510-468-HAUL (4285) • \$269⁰⁰ + DUMP FEES
1-866-U LOAD IT (856-2345)



PHOTO COURTESY OF ACFD

Backseat Drivers

Anybody who has ever seen a fire truck pass by with a firefighter steering in the back has probably wanted to give it a try. Last Friday, the current Alameda County Fire Department class of recruits went to the Alameda Naval Air Station so they would have plenty of room to practice how to “tiller,” or drive from the rear seat. Recruits practiced how to drive forward and backward in a straight line, forward and reverse serpentine, and random approaches to obstacles. Recruits also trained on high and low speed for avoidance and adapting to variations in approaches.

Kids Take Over SL City Hall

City Hall is usually full of grownups, but last Thursday it was overrun by dozens of enthusiastic kids as the city celebrated “Take Our Daughters and Sons to Work Day.”

The special day has been a national event for over 20 years, designed to get kids to consider what they want to do for their careers.

In San Leandro, this was the sixth year for the program and over 60 kids participated. The event is organized by Doreen Bueno, who works in the human resources department.

The kids had a chance to check out the City Council Chambers, look at police equipment, and get some hands-on time with the Public Works Department.

Red Cross Seeks Volunteers

The American Red Cross wants people to volunteer their time at “Sound the Alarm” home fire safety and alarm installation events planned for the Bay Area this month.

Help install alarms or donate. To sign up and to learn more about the Home Fire Campaign, visit soundthealarm.org/norcalcoastal.

CROSSWORD ANSWER

O	P	S	F	C	C	E	R	A	S	E
P	E	A	I	L	L	D	U	G	I	N
T	R	Y	B	O	A	R	D	G	A	M
I	T	S	S	T	R	A	Y			
C	H	O	P	H	A	J	A	M	E	N
			O	D	E	A	F	L	A	M
V	O	I	L	A						S
A	F	R	A	M	E	S	U	M		
S	T	A	R	N	U	T	O	I	L	Y
			S	I	S	A	L			D
N	O	T	R	E	D	A	M	E	A	N
T	R	A	I	N	G	E	E	H	A	S
H	E	R	O	D	E	N	S			O

Three Teens Arrested After an All-Day Robbery, Burglary Spree

Three 17-year-old boys were arrested in San Leandro on April 17 after an all-day crime spree that included multiple auto burglaries and strong robberies, police say.

San Leandro police officers were in the area of the Greenhouse Marketplace shopping center conducting a crime suppression operation at around 10 p.m. when they noticed the suspects acting suspiciously, according to Lt. Isaac Benabou of the San Leandro police.

Over the past few months, this area of the city has seen an increase in crime ranging from auto burglary to robbery, Benabou said.

During the patrol at the shopping center, officers noticed a vehicle parked in the lot occupied by three male teenagers.

After running the license plate, officers learned that the vehicle was wanted by another police department in connection with several auto burglaries earlier in the day.

While officers were watching the car, a victim from the 99 cent

store called 911 to report that she was robbed of her purse at the same location.

Officers then watched as one of the occupants exited the vehicle and committed burglary from a nearby parked car in the Foodmax parking lot, Benabou said.

At this point, several officers convened on the suspect and the suspect vehicle and took all three teens into custody.

Officers said that the robbery that occurred moments earlier at the 99 cent store was in fact committed by these suspects and the victim's purse was located in the vehicle. Also, officers found several other stolen items inside the vehicle belonging to victims from surrounding jurisdictions.

Detectives from other agencies responded and worked with SLPD investigators to sort out numerous alleged crimes.

“Our officers did an excellent job identifying a crime trend and appropriately executed a plan to catch the suspects,” said Benabou in a written statement. “We will not stand idly to these criminals while our citizens are victimized.”

A well planned, pro-active police operation led to the arrest of these perpetrators.”

All three juvenile suspects were arrested and confessed to the crimes.

The San Leandro police department does not disclose the names of juvenile suspects.

The Alameda County Juvenile District Attorney charged all three suspects with the felonies. Many related cases are still under investigation, according to the police department.

ACSO Bucket Fundraiser On CV Blvd.

On May 4 from noon to 7 p.m. and May 5 from 10 a.m. to 2 p.m., you'll find Alameda County Sheriff's Office employees collecting your spare change with all proceeds benefiting Special Olympics at 3473 Castro Valley Boulevard.

Stop by, say hi, and toss your spare change in their collection buckets.



14844 Lark St. San Leandro • \$550,000
2 Bedrooms, 1 Bath, 1018 Sq. ft. Built in 1946
Open House Sunday, May 6, 1-4 pm



Lovewell Team
(#00689931 & #01912817)
“Lovewell Team” is a dynamic, award-winning Real Estate team
Call 510-351-5555 or visit us at www.Lovewellteam.com
— A team you can love and trust —
Re/Max Accord Castro Valley



NOW HIRING DRIVERS!

- Paid Training Provided
 - Weekend Off
 - All Major Holidays Off
 - Full/Part Time Available
- We Need Compassionate And Committed Reliable Drivers.

No Calls Please, Apply in Person At:
GO-GREEN TRANSPORTATION
20630 John Dr., Castro Valley 94546

ANNIVERSARY SPECIAL 60 Years of Serving Local Families & Communities

Kids & Adults Can Exercise & Play All in One Place!

**Full Gym • Over 40 Group Exercise Classes • Open Lap Swim
Water Exercise Classes • Kids Pool • \$1 Babysitting • Kid Fit-plus & More!**

NO INITIATION FEE!*

Save \$400 - \$800

*When you join early and pay your first 2 months dues. Subject to change without notice. Offer exp. 5/31/18

**1 Mo. Free in MAY 2018
when you join early.**



**Join Our Club
Where Everyone
Knows Your Name**



LIMITED AVAILABLE SLOTS

Monthly Dues for Families = \$207

Monthly Dues for Singles = \$201

Membership includes the whole family up to 6 members. Lockers \$9.



Bay-O-Vista Private Family Fitness, Gym, Swim & Tennis Club

Visit Our Website and Watch Our Video. www.bovswim.com

Located on corner of 1881 Astor Dr. & Lake Chabot Rd., San Leandro

510-357-8366 • email: swim@bovswim.com

NEIGHBORS



Sisters Awarded Scholarships

Congratulations to Alessandra and Sofia Sotelo, who have each been awarded \$1,000 scholarships for private piano lessons.

These grants are two of five in the state awarded by the Music Teacher's Associ-

ation of California to dedicated students.

The Sotelo Sisters are well-motivated, and committed piano students of MTAC member Dr. Maureen Spranza, of San Leandro, with whom they have been studying for more than two years.

SCHOLASTIC ACHIEVEMENT

Wauson Liang of San Leandro was named to the dean's list for the fall semester of 2017 at Washington University in St. Louis, Missouri.

Liang is enrolled in the university's School of Engineering and Applied Science. To qualify for the dean's list in the School of Engineering

& Applied Science, students must earn a semester grade point average of 3.6 or above and be enrolled in at least 12 graded units.

ARTS & ENTERTAINMENT

HOROSCOPE by Salomé

© 2018 King Features Synd., Inc.



ARIES (March 21 to April 19) Taking advice isn't always easy for self-assured Rams and Ewes who think they know what's best. But it wouldn't hurt to listen to what close colleagues have to say.



TAURUS (April 20 to May 20) You know how to balance life's practical aspects with the poetic. This gives you a special edge this week in both your professional endeavors and your personal life.



GEMINI (May 21 to June 20) Focus on keeping a balance between your home-related activities and your workplace responsibilities. Be mindful of both without obsessing over one or the other.



CANCER (June 21 to July 22) A change in plans is likely as you discover more facts about a possible commitment. Continue to ask questions and, if you're not sure about the answers, demand proof.



LEO (July 23 to August 22) Be careful not to let that Leonine pride keep you from seeking wise, experienced counsel before making an important decision. A family member once again seeks your help.



VIRGO (August 23 to September 22) That surge of Virgo energy drives you to take on more work assignments. Be careful you don't overdo it, or you might find yourself overdone: i.e., burned out.



LIBRA (September 23 to October 22) Your decision to be upfront with colleagues on a touchy matter causes some consternation at first. But in the end, your honesty wins their trust and admiration.



SCORPIO (October 23 to November 21) As in the past, someone again wants to share a secret with you, knowing it will be safe. But do you really want to be this person's confidante? Think about it.



SAGITTARIUS (November 22 to December 21) As one of nature's straight shooters, you seek to correct misconceptions about a project. Do so, of course, but without giving away too much too soon.



CAPRICORN (December 22 to January 19) Creative pursuits continue to be strong in the gifted Goat's aspect. New friendships can come from sharing these experiences with like-minded art aficionados.



AQUARIUS (January 20 to February 18) Resolve lingering grumblings over your way of doing things by keeping your mind open to suggestions while continuing to show how your plans will work.



PISCES (February 19 to March 20) The perceptive Piscean might find that changing course in midstream isn't as workable as it would seem. Explore this option carefully before making a decision.

SL Players Present *Death by Design*

The San Leandro Players present *Death by Design*, a comedy/mystery with surprising twists, running through May 6 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro. Show times are Saturdays at 8 p.m. and Sundays at 2 p.m., plus a Friday show at 8 p.m. on May 4. Tickets are \$20 general, \$15 seniors, TBA members, under 12, students. For more information or reservations call 895-2573 or online at www.slplayers.org.

**WATCH
BATTERIES
DONE
RIGHT**

ALLPHIN JEWELERS

Since 1923

**155 Parrott Street
San Leandro • 357-3442**

Wednesday-Friday 11am-5pm
Saturday 11am-4pm

COMMUNITY CALENDAR

❖ Retro Juke Box Band at SL Library

In celebration of Older Americans Month, the Retro Juke Box Band will perform at the San Leandro Main Library, 300 Estudillo Ave., on Saturday, May 5, from 2 to 3 p.m. Admission is free. Retro JukeBox Band is a top dance band with an immense repertoire covering multiple genres including timeless 1920s to 1960s jazz, blues, Motown and retro versions of today's hits. For more information, call the information desk at 577-3971.

❖ Oro Loma Sanitary District Open House

Learn about the services and meet the staff at the Oro Loma Sanitary District open house on Saturday, May 5, (rain or shine) from 9 a.m. to 3 p.m. at 2600 Grant Ave. in San Lorenzo. See how the pipes, pumps and equipment are maintained, tour the plant and displays, and introduce young people to great career opportunities, a fun and informative day for everyone.

❖ S.L. Readers Roundtable

The San Leandro Readers Roundtable will meet on Saturday, May 5, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave., to discuss *We Were the Lucky Ones* by Georgia Hunter, the story of three generations of a Polish family who survive the Holocaust. All are welcome, and all books discussed are available for purchase in the Library's Booktique bookstore.

❖ All Saints Episcopal Church Food Pantry

All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro will host a food pantry on Saturday, May 5. Food is available to residents of Alameda County and volunteers are always welcome. Volunteers report at 11:30 a.m. The Hospitality Room with snacks for guests opens at 12 p.m. Food distribution is from 1 to 2 p.m. Cleanup generally ends by 2:30 p.m. For more information, visit saintsalive.net and click "Social Ministries."

❖ Bike San Leandro

Bicyclists will roll en masse on Sunday, May 6, from 9 a.m. to 12:30 p.m. as BikeSL (Bike San Leandro) comes back for its ninth year. This year's ride will start and end at Casa Peralta, 384 Estudillo Ave. Over 150 bicycle riders are expected to make the family trek to the San Leandro Marina and back, or the advanced trek to Lake Chabot and back. Registration starts at 9 a.m. for all. The advanced bike ride to Lake Chabot will leave at 9:30 a.m. and the family bike ride to the San Leandro Marina and back will leave at 10:30 a.m.

❖ 71st Annual Spring Rose Show

Hundreds of blooms from local gardens will be on display at the East Bay Rose Society's 71st Annual Spring Rose Show on Sunday, May 6, from 1 p.m. to 5 p.m. at the Lakeside Park Garden Center, 666 Bellevue Ave. in Oakland. Admission is free. Come talk to the growers, ask questions of trained rosarians, purchase rose plants, bid in a silent auction and vote for the people's choice winner.

❖ Equal Means Equal Film

The Castro Valley Community Alliance and the Castro Valley Library will host *Equal Means Equal*, a film that depicts women's rights, the ERA, income inequality, and other issues on Sunday, May 6 from 2 to 4 p.m. at the Castro Valley Library, 3600 Norbridge Ave. in Castro Valley. The screening will be followed by a panel discussion with Aisha Wahab, who is running for Hayward City Council.

❖ Native Plant Sale

The San Lorenzo High School environmental club will have its native plant sale and garden tour on Sunday, May 6, from 10 a.m. to 5 p.m. at the San Lorenzo High School, 50 E. Lewelling Blvd. Over 60 native species (500 plants) propagated by the students will be on sale at bargain prices. There will be garden talks by experts including "How to get rebates for lawn conversion" by East Bay Mud. There will also be children's activities and a fund raising Mexican lunch by the La Raza Club. For more information, visit www.bringingbackthenatives.net.

❖ Multicultural Night at Woodrow Wilson

The Parent Teacher Committee of Woodrow Wilson Elementary School, 1300 Williams St., presents a Multicultural Night on Friday, May 11, from 6 to 8 p.m. in the Multi-purpose Room. Enjoy an evening of food, activities and culture with Wilson School families. Admission is free and there will be \$1 food tickets available to purchase. All families welcome.

❖ The Musical *Peter Pan*

The Principled Academy Performing Arts Club presents the musical *Peter Pan*, Friday, May 11, and Saturday, May 12, at 7 p.m. at 2305 Washington Ave., San Leandro. Tickets are only \$7 (3 and under FREE) and are available at the school office or online at <http://www.principledacademy.org/tpa/html/performance.html> or at the door. For more information, call 351-6400.

❖ Alameda County Food Bank Drive

Paramedics Plus wants you help to fill an ambulance with food to deliver to the Alameda County Food Bank. The emergency medical service for the county, will host a food drive during the month of May. The goal is to fill 96 boxes of food – 192 cubic feet inside an ambulance. A donation of non-perishable food can be dropped off at the Paramedics Plus office at 575 Marina Blvd. in San Leandro on Monday through Friday from 8 a.m. to 5 p.m. during May.

❖ Neuropathy Support Group

The Neuropathy Support Group meets on the second Wednesday of the month from 1:30 to 2:30 p.m. at the First Presbyterian Church of Hayward, 2490 Grove Way in Castro Valley. Neuropathy is the tingling, numbness, burning pain in your feet, legs and or hands. There are 123 different illnesses that cause neuropathy. Let's talk. Join the discussion and learn multiple ways to deal and live with neuropathy. For more information, call Joy at 842-8440 from 9 a.m. to 8 p.m.

❖ San Leandro Toastmasters

The San Leandro Toastmasters meet on Thursday nights from 7 to 8 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The group fosters improved communication and public speaking. All levels of speakers from novice to seasoned are welcome.

❖ Hearing Loss Association Meeting

The Hearing Loss Association will meet on Saturday, May 12, at the Oakland Kaiser Permanente Hospital, Fabiola Bldg., 3801 Howe St., lower level, room G26. Refreshments are at 9:30 a.m. with the program starting at 10 a.m. Mariam Hambarchyan from NeoSensory will demonstrate their wristbands which capture sounds and translates them to vibrations. Hear through your skin. It works. Parking is free in the old garage across from Howe Street. For more information, email athos.artist@att.net or call Kay at 886-4717.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest.

Nurse: Amazed at what humans can endure

continued from front page

Avenue, which has since moved to Alameda. He was on the San Leandro "Drowning Darryls" Swim Team's 200 meter freestyle relay team that set a record in 2010, the year he graduated from high school.

He got a bachelor's degree in nursing at Dominican University of California and then began working at Stanford. He plans to go back to work this summer, but he couldn't pass up the chance to work on the Mercy.

So's favorite patient on the ship was a woman named Yaya, who for 10 years had hidden her face behind her clothing because of a large tumor in her jaw.

"She described her life to me as being over," So said. "She thought there was no future and that no one would accept her. And unfortunately, a majority of that was true."

When So asked her who were the strong people in her life, she replied her mother, father and her husband.

Yaya had two surgeries, one to remove the tumor, and a second to graft part of her hip bone to the titanium which would regrow her jaw.

So remembers just before Yaya was discharged from the hospital and they took the elevator up to the deck for some fresh air and the elevator got stuck.

"She was laughing so hard in the elevator that I couldn't figure out how to open the door!" So exclaimed.

With Yaya, and all the people in Cameroon, So was amazed at their toughness.

"It's amazing how high the pain tolerance and perseverance through suffering is. It puts it into perspective what humans are capable of conquering," So said.

A lot of Yaya's personality changed after the surgery, So said. She was more open to showing her face.

"I think it really changed her

life," So said. "It's unfortunate that so many people don't have access to health care. Her situation is unique but not uncommon."

"You can't change the world, but you can change one person's world – their future is now changed for the better," So said.

Mercy Ships is a Christian-based global charity that since 1978 had delivered medical services to over 2.6 million people, treated over 163,000 dental patients, and performed 89,000 life-changing or life-saving operations such as cleft lip and palate repair, cataract removal, orthopedic procedures, facial reconstruction and obstetric fistula repair.

But the ship's goal is to also longterm, training over 6,000 local professionals, including surgeons, and taught over 223,000 local people basic health care.

Mercy Ships was founded in Switzerland and operates four hospital ships. It's funded mainly through private donations, foundations and corporate donations. Volunteers working on the ships pay monthly fees, enabling Mercy Ships to deliver medical service at a fraction of the usual cost.

So did fundraising with family and friends to help pay his costs to work on the ship. Everyone on the ship pays, not just doctors and nurses, but housekeepers, I.T. people, and engineers.

"Doctors and nurses get the spotlight but it's the people behind the scenes that make it work," So said. "And they're from countries all over the world."

Though Mercy Ships is a Christian-based program, you don't have to be Christian to work on the ships or to be a patient.

"A lot of people in North Cameroon are Muslim, but that doesn't exclude anybody," So said. "That was inspiring to me – the whole idea of mercy, providing free health care with no strings attached."

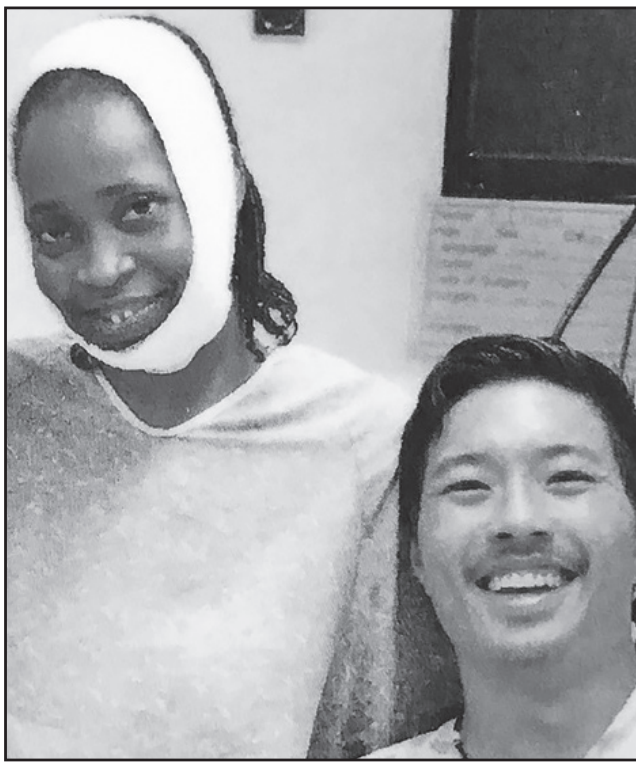


PHOTO COURTESY OF MERCY SHIPS

Kevin So (right) with Yaya after her surgery having fun on the hospital ship after the kids on the ship insisted on painting So's thumbnail.

Ban: Brother stranded

BAN continued from front page

of timing that kept his older brother Jamal, his wife, and five kids from entering the county. Essa and his other siblings became U.S. citizens when they were born because their father had already secured American citizenship but because Jamal as already born, he did not automatically. The rest of the Alharbis have been in America since the year 2000 when Essa was 10-years-old.

The Yemeni Civil War has been going on since 2015. According to the United Nations, approximately 13,000 people have been killed during the conflict including more than 5,000 civilians.

Alharbi says his brother and his family had already fled Yemen and were months into the immigration process when the travel ban came in 2017. They had already gone through medical evaluations and interviews at the American Embassy in Djibouti.

"They were close to getting visas almost a year ago," said Alharbi. "They are running away from violence. It costs us \$2,000 or \$3,000 per month to send them rent and other help but we aren't considering having them go back to Yemen. No way."

Alharbi says another family-member's wife and kids are stuck in a similar situation at an embassy in Malaysia.

"They got plane tickets to where they could to get out of Yemen," said Alharbi. "That's our personal problem, but you've got to see it's happening to so many people."

Alharbi says he's gotten a lot of support from his customers as his family goes through this even when his store was closed for business.

"Our neighbors have been great," said Alharbi. "Most people came back after the protest was over to support us. But even if we did take a loss, that's not a loss for me if our voices were heard."

**Saturday,
May 19**

Neighborhood Cleanup Day

Keep your neighborhood clean and green! Pull out your old, unused items from the attic in preparation for San Leandro's annual Citywide Garage Sale and Spring Cleaning Event.



EVENT FEATURES

Citywide Garage Sale ~ 8am - 1pm

Host a garage sale at your home. The City will provide free advertising, including a map and listing in the May 17 edition of the *San Leandro Times*.

Spring Cleaning Event ~ 10am - 3pm

Bring appliances, mattresses, electronics, scrap metal, clean wood/yard trimmings, tires household batteries and fluorescent lamps. Residents may also drop off cell phones, chargers, CDs, DVDs and audio and video tapes for recycling.

SIGN UP TO PARTICIPATE

You can sign up online or complete and submit this form by May 9th to receive free garage sale advertising and/or access to the recycling event.

Name: _____

Address: _____

Phone: _____

Email: _____

Signature: _____ Date: _____

I would like to participate in:
(check all that apply)

- ☐ Citywide Garage Sale
☐ Spring Cleaning Event

SUBMIT TO: City of San Leandro Recycling Program

14200 Chapman Road

San Leandro, CA 94578

Web www.RecycleSanLeandro.org Phone (510) 577-6026

Email Recycle@SanLeandro.org



D Beauty Salon & Day Spa

15100 Hesperian Blvd. • #102 • San Leandro • 510-481-7888
10-MINUTE DRIVE FROM CASTRO VALLEY

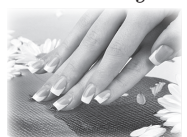
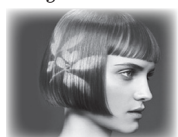
Services: Skin Care, Hair Cut, Color, Highlights, Perm, Permanence Straightening, Waxing, Pedicure, Manicure, Shellac, Fake Nails, Foot Reflexology, Body Massage, Body Scrub



OUR CUSTOMERS' #1 CHOICES:

- Oil Body & Shoulder Massage & Stone Foot Massage
\$50 (90 minutes) • \$65 (120 minutes)
You can also request warm stones for your whole back
- Sea Salt Body Scrub & Stone Foot Massage • \$60 (90 minutes)
- Deluxe Pedicure & Warm Stone Massage • \$35

Trimming, shaping and cuticle grooming. Paraffin treatment with mask and warm towels. Nourishing, buffing and polishing. Callous treatment with sugar scrub or sea salt. Hot stone massage and warm lotion massage.



- Basic Facial:\$50/70 minutes
- Men's Haircut:\$12 & up
- Women's Haircut:\$20 & up
- Eyebrow Wax:\$10 & up
- Basic Pedicure & Manicure:\$30/person
- Gel Manicure (Shellac Manicure):\$25/set

PRICES MAY CHANGE AT ANY TIME

www.BeautySalonNdaySpa.com • www.sanleandrofootspa.com

AUTOMOTIVE

Mini Electrifies Countryman

By Steve Schaefer
San Leandro Times

The Countryman is the largest of the four MINI models and is also the brand's only all-wheel drive offering. Now, it's also MINI's first electrified model sold to consumers. It received major changes for its second generation, which was introduced in stages last year.

While MINI's EV excitement is focused on the upcoming all-electric small hatchback, the Countryman offers a taste of electrification to urban folks who want what plug-in-hybrids (PHEVs) are known for — electric commuting during the week and unlimited travel on the weekends. That's better than a regular hybrid, which has no plug, and combines a gasoline engine and electric motor to improve fuel mileage ratings.

PHEVs offer varying amounts of battery power. The Countryman's 7.6-kWh lithium-ion battery, which hides under the rear seat, provides an EPA-rated 12

miles of all-electric range. That's low on the list, as most other PHEVs offer EV ranges in the teens and twenties, or as much as 53 miles in the Chevrolet Volt. That makes a difference on how much pure electric driving you can do.

My Melting Silver Metallic test car, for example, got me about 2/3 of the way to or from work before the petrol began to flow. I dutifully plugged in at each end, and fully charged the small battery overnight on 120-volt current at home or by lunchtime on the 240-volt Level 2 ChargePoint chargers at work.

The Countryman cleverly delivers all-wheel drive by placing a 134-horsepower 1.5-liter gas engine up front, driving the front axles, and an 87-horsepower electric motor in back, driving the rear ones. The total system horsepower is 221, and 284 lb. ft. of torque, enough to send the Countryman from 0-60 in a satisfying 6.8 seconds. The system switches back and forth based on road conditions

to provide extra traction when needed.

Naturally, how you drive determines how long your battery power will last. You can also use three different settings to configure how it's used. In AUTO eDRIVE, you get pure electric driving up to 55 mph, and the gas engine kicks in when needed (or when the battery is depleted). In MAX eDRIVE, you can drive in pure electric mode up to 78 mph (illegally), with the engine dropping in only if you exceed that. The SAVE BATTERY mode uses the engine only, keeping the battery charged above 90 percent for use later, for example, in town after a long freeway trip, where the EV mode is most effective.

Like most PHEVs, the Countryman's instrument panel provides some feedback on energy use and regeneration. A gauge on the left has a Power section, when the energy is flowing out of the battery, and a Charge section below it for when coasting or braking is generating power. The eBoost area of the dial shows when the motor is working with the engine for maximum performance.

The EPA gives the S E Countryman ALL4 (the plug-in-model) ratings of 65 MPGe for Electricity + Gasoline, and 27 MPG for when it's using gas only. I averaged 35.5 MPG during my test week.

The Countryman is just slightly bigger than the new Clubman, making it the largest MINI ever (a Maxi?). The main differences between the two big MINIs are the Countryman's all-wheel-drive capability, and its 4.6-inch taller stance.

The new Countryman is also



The MINI Cooper S E Countryman ALL4 is the first model of the British brand to have a plug-in hybrid drive that is purely electric and therefore emissions-free.

larger than its predecessor. It's 8.1 inches longer on a 2.9-inch longer wheelbase, which translates into substantially increased rear legroom. It's 1.3 inches wider, which adds up to two inches of shoulder room. Despite these increases, the car is still relatively compact, although the efficient space utilization makes it technically a midsize car per the EPA.

Since the brand re-emerged in the U.S. in 2002 with its all-new Cooper hardtop (hatchback), it has appealed to people looking for motoring joy with a side of quirkiness. The large central dash display now holds audio and other information rather than the speedometer, but it has colors that react to setting changes. It still features toggle switches for windows and even the ignition.

The Countryman is assembled in Born, Netherlands, and contains half German parts, including its engine. The six-speed automatic



The cockpit features a yellow start/stop unit and a performance display in the instrument cluster.

transmission is Japanese.

My test car, with several options, including the \$500 paint color, came to an even \$40,000, including destination charges. The base price is \$36,800.

The Countryman will surely win over its traditional audience — stylish urban folks who

want a slightly taller and roomier crossover vehicle with the MINI charms — and a small nod towards environmentalism. The EPA assigns the car just a 3 for Smog, but a commendable 8 for Greenhouse Gas. If you have a 10-mile commute, you could be driving the MINI as an EV all week.

CALL FOR YOUR SPRING
AUTO CHECK-UP

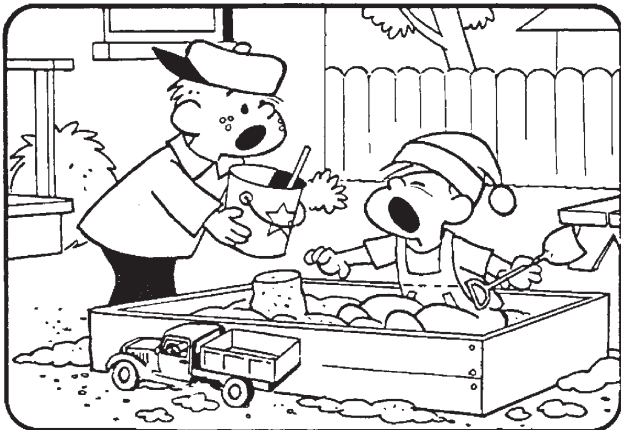
FULL SERVICE AUTO REPAIR

Your Dealer Alternative • Serving San Leandro Since 1970
We Service All Foreign & Domestic MakesDORALS
Auto RepairQUALITY
FACTORY SCHEDULED
MAINTENANCE

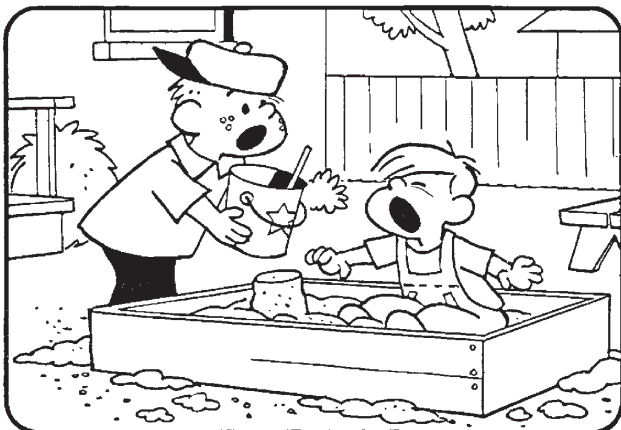
2000 MERCED ST. • SAN LEANDRO • 352-4221

MON-FRI • 8:30-5:30 / SAT BY APPT. ONLY
www.doralsautorepair.com

HOCUS-FOCUS

BY
HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Falling is lower. 2. Sleeve is shorter. 3. Truck is missing. 4. Fence top is different. 5. Cap is missing. 6. Shovel is missing.

RIDDLE CARD

1. When was beef the highest?
2. What does the cartoonist like to draw best?
3. When is a doctor most annoyed?
4. Which burns longer, a wax candle or a tallow candle?
5. What can turn without ever moving?



©2018 King Features Synd., Inc.

Answers: 1. When the cow jumped over the moon. 2. His salary. 3. When he's out of patients. 4. Neither. They both burn shorter. 5. Milk; it can turn sour.

PITCH AND SPELL! Using the baseballs, knock down one pin at a time so that a new word is spelled out on the remaining pins.



Answer: One solution is: Hearth, heart, heal, eat, at, a.

PUZZLERS, START YOUR ENGINES! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in Grid A contain the same letters as the corresponding words in Grid B.

1. Where bears live.
2. Cost per item.
3. Dull pain.
4. Clothing or accessories.

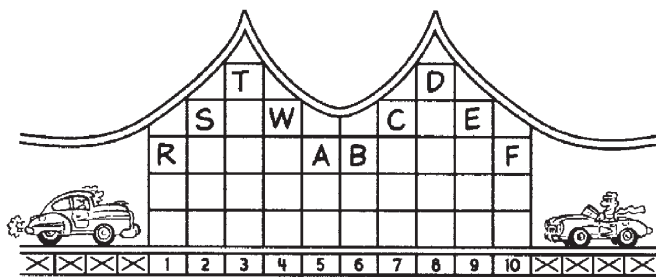
GRID A				
D				
R				
A				
G				

GRID B				
S				
T				
E				
R				

Answers: 1. Den-sen-d. 2. Rate-send. 3. Ache-tear. 4. Gear-rage.

Junior Whirl

by Charles Barry Townsend



Illustrated by David Coulson

A WORD BRIDGE

The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.

1. A type of saw.
2. A type of paper.
3. Something forbidden.
4. To become smaller.
5. To feel poorly.
6. A type of window.
7. Used in basket-making.
8. Found in history books.
9. Speaks all languages.
10. A bad thing to do.

Answers: 1. Rip (ripsaw). 2. Sand (sandpaper). 3. Taboo. 4. Wane. 5. Ail. 6. Bay. 7. Cane. 8. Dates. 9. Echo. 10. Fil.

Join the City for a Cinco de Mayo Celebration Tomorrow

The City of San Leandro's 20th Annual Cinco de Mayo Celebration is tomorrow, May 4 at 6 p.m. at the Marina Community Center, 15301 Wicks Boulevard.

The free fiesta will feature mariachi music, regional Mexican Aztec dances, and theatrical performances by the Ballet Folklorico Costa De Oro.

Children will have the opportunity to make traditional Mexican arts and crafts. Spanish

translation and an ASL sign language interpreter will be available. Light refreshments will be served and photo booth pictures will be available for purchase.

"San Leandro is one of the most diverse cities in the United States, and this event represents yet another great occasion for us to celebrate that diversity," said Mayor Pauline Cutter. "These types of city-sponsored activities always provide a fun, fam-

ily-friendly opportunity for the public to come out and spend times with their neighbors and fellow community members."

This event is made possible by the City of San Leandro and donations from several local businesses and individuals including the The Optimist Club of San Leandro, Ballet Costa De Oro, A Time to Remember Photo Booths, Los Pericos, and Roccab's Cafe and Deli.

Town Hall for Districts 1, 2, and 5

Mayor Pauline Russo Cutter and the San Leandro City Council announced that a Town Hall meeting will be held on Monday, May 14th from 7:00 PM – 8:30 PM for residents of San Leandro City Council Districts 1, 2 and 5.

The meeting will take place at the Senior Community Center located at 13909 East 14th Street.

The event is being hosted by District 1 Vice Mayor Deborah Cox, District 2 Council Member Ed Hernandez and District 5 Council Member Corina Lopez.

The agenda for the evening

includes updates from each of the three council members on various projects that are occurring throughout Districts 1, 2, and 5, as well as substantial open time for questions from the public on any topics concerning city government.

Staff from all city departments will be in attendance throughout the event in order to provide additional information or answer questions. Refreshments will be available.

For San Leandro community members who may be unsure of

the specific City Council district in which they reside, please visit the city's website at www.sanleandro.org under the City Council tab.

Another meeting focusing on Districts, 3, 4, and 6 hosted by council members Lee Thomas, Benny Lee, and Pete Ballew will be scheduled in the coming months.

For additional information about the event, please contact Eric Engelbart, Deputy City Manager at eengelbart@sanleandro.org or (510) 577-3391.



TIMES FILE PHOTO

The celebration will include mariachi music, regional dances, and performances by the Ballet Folklorico Costa De Oro.

Jewish Films at the SL Museum

The San Leandro History Museum, 320 W. Estudillo Avenue is featuring two films this Saturday, May 5, back-to-back at 11:15 a.m. and again at 2 p.m.

Joe's Violin, nominated for the 2017 Academy Awards in the Documentary Short category, will be shown first, followed by the full length film *Nora's Will* by award winning Mexican director

and writer, Mariana Chenillo. *Nora's Will* (Cinco Dias Sin Nora) is in Spanish with English sub-titles and is not rated (parental guidance is suggested). Admission is free, no tickets required.

Joe's Violin tells the story of 91-year-old Holocaust survivor Joe Feingold and 12-year-old Brianna Perez. The two are brought together by chance after Feingold

donates a violin to an instrument drive for public school students held by a New York City public radio station. The film weaves Feingold's history of fleeing the Nazis as a teenager in Warsaw, his years in a Soviet labor camp in Siberia with Perez's story as the daughter of immigrants from Dominican Republic.

Nora's Will is Mariana Chenillo's first feature film as a director and writer. Before dying, Nora schemes to make José, her ex-husband, take care of her corpse.

But the only flaw in the plan - a photograph forgotten under the bed - will lead to an unexpected outcome reminding us that the biggest love stories are sometimes hidden in the smallest places.

For more information call 577-3991 or email asilveira@sanleandro.org.

San Leandro Times

PRESENTS

The Senior Guide



The bi-monthly Senior Guide is one of the San Leandro Times' most popular Advertising sections. The San Leandro area's sizeable senior population always makes this guide a great advertising vehicle.

CIRCULATION • 37,500

**DEADLINE FOR SPACE RESERVATIONS:
FRIDAY, MAY 11, 2018, 5 P.M.**

NEXT SECTION WILL RUN ON MAY 17, 2016

For more information, call:

Claudette Morrison 510-912-1490 • Mary Florence 510-861-3270 • Linda Nakhai 510-915-1513

San Leandro Times

2060 Washington Avenue • San Leandro, California 94577

FAX (510) 483-4209

(510) 614-1555

KIM BROS. JEWELRY • 357-4069

14393-A WASHINGTON AVE. • SAN LEANDRO (NEAR PAK 'N' SAVE)
OPEN WED-FRI 10 (ISH) AM-6PM / SAT 11 (ISH) AM-5PM / CLOSED SUN-TUES

Jewelry Special Bargain of the Week!

25%-50% OFF*

*Selected Merchandise • Expires 5/31/18.

\$800 NO LIMIT!

Battery Replacement
REGULARLY \$11.00 • EXCEPT LITHIUM
With this ad. Expires 5/31/18.

20% OFF

Jewelry & Watch Repair
With this ad. Expires 5/31/18.

3-PIECE COUNTER HEIGHT SET



Includes
drop leaf and
2 stools

**SPECIALLY
PRICED AT
\$329⁰⁰**

SOLD AS SET
ONLY

SAVINGS IN ALL DEPARTMENTS!

Dupree's
FURNITURE

"Make your house a Dupree's home"

43
Years
Experience

1900 E. 14th St. • San Leandro

357-3000

www.Duprees-Furniture.com

Dupree's
Furniture
CREDIT

OPEN MONDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY

Senior Center Open House Today

The San Leandro Senior Community Center celebrates Older Americans Month with an Open House today, May 3 from 4p.m. to 6 p.m., 13909 East 14th Street.

Come explore the center and learn how to "Engage at Every Age," this year's theme for Older Americans Month.

Enjoy light refreshments and tour the Center, stopping to view various classes and activities in action - everything from Alexander Technique to Zumba Gold.

Nobody's Perfect Dog rescue group will have adoptable dogs available to meet and greet.

No pre-registration is required - drop in event.

For more information, call Customer Service at 577-3462.

Avoid Financial Scams

By Gene L. Osofsky, Esq.

Special to the Times

Q: My 91-year-old father has a substantial brokerage account and likes to manage it himself. Yet I worry that he could easily fall victim to financial scams. Is there anything I can do to protect him?

A: Yes, there may be. The Financial Industry Regulatory Authority (FINRA), which regulates firms and professionals selling securities in the United States, recently received permission from the SEC to activate two new rules to protect senior investors:

One rule now requires member brokers to make reasonable efforts to ask investor clients, age 65 years and older, to designate a Trusted Contact Person (TCP) whom the broker may contact if the broker reasonably believes that financial exploitation has occurred or may be attempted, or where the investor shows signs of dementia or diminished capacity.

Where exploitation is suspected, a companion rule authorizes the broker to place a temporary hold on the disbursements of funds from the customer's account, pending further investigation.

These two rules are the result of a growing realization that financial exploitation of seniors is a very real problem, not only for the senior investors, but also for the brokerage firms when financial abuse is suspected.

Previously, there were issues of privacy which prevented the broker from contacting family members when suspicious activity was detected, and prior FINRA rules prevented brokerage firms from halting suspected transactions without risking liability.

The scope of the problem became apparent to FINRA after it placed into service its Securities Helpline for Seniors in April 2015: during its first two years of its operation, it fielded more than 8,600 calls seeking help and recovered more than \$4.3 million for seniors. For Senior Helpline, call 1-844-574-3577.

For now, the new rules only apply to new accounts or to accounts that are updated, but not yet to existing accounts. That said, it is anticipated that the rule will soon apply, as well, to existing accounts even without an update.

The new rules protect not only seniors, but also younger persons aged 18 and older whom the bro-

ker reasonably believes have a mental or physical impairment which renders such individuals unable to protect their own interest.

I sense from your question that your father might take offense if you asked permission to monitor his accounts.

The nice thing about the new FINRA rules is that the request will come from the broker, rather than from you, and to that extent may be more palatable to your father and other senior investors.

Where the brokerage firm suspects financial exploitation, and initiates a hold on disbursements, it must immediately begin an investigation to determine whether the hold may be extended.

The initial hold is limited to 15 days, but may be extended an additional 10 days if there is sufficient cause. A hold can be further extended by court order where the facts so warrant.

Another option is to consider elder protection monitoring through services such as EverSafe. This account monitoring sends alerts when suspicious activity is detected showing unusual withdrawals, deposits, changes in spending patterns, changes in passwords and identity theft.

EverSafe also enables subscribers to designate trusted advocates to receive these alerts, and can assist with creating a recovery plan in the event of loss.

Monitoring is on a paid subscription basis, and customers of some brokerage firms can qualify for a discount, e.g. Fidelity customers.

For more go to www.EverSafe.com or call 1-888-575-3837.

Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com

JORDAN LAW WINKLER LAW

Living Trusts &
Trust Administration
Probate • Wills
Real Estate • Litigation

— Give Us a Call —
Most Initial Consultations
Are Free

(510) 357-3403
1883 East 14th Street
San Leandro

New Shingles Vaccine Protects Seniors Better

By Jim Miller

Special to the Times

If you're 50 or older, there's a new shingles vaccine on the market that's far superior to the older vaccine, so now is a great time to get inoculated. Here's what you should know.

Shingles, also known as herpes zoster, is a burning, blistering skin rash that affects around 1 million Americans each year.

The same virus that causes chickenpox causes shingles. What happens is the chickenpox virus that most people get as kids never leaves the body. It hides in the nerve cells near the spinal cord and, for some people, emerges later in the form of shingles.

In the U.S., almost one out of every three people will develop shingles during their lifetime.

While anyone who's had chickenpox can get shingles, it most commonly occurs in people over age 50, along with people who have weakened immune systems. But you can't catch shingles from someone else.

Early signs of the disease include pain, itching or tingling before a blistering rash appears several days later, and can last up to four weeks.

The rash typically occurs on one side of the body as a band of blisters that extends from the middle of your back around to the breastbone. It can also appear

above an eye or on the face or neck.

In addition to the rash, about 20 to 25 percent of those who get shingles go on to develop severe nerve pain (postherpetic neuralgia, or PHN) that can last for months or even years. And in rare cases, shingles can also cause strokes, encephalitis, spinal cord damage and vision loss.

New Shingles Vaccine

The Food and Drug Administration recently approved a new vaccine for shingles called Shingrix (see Shingrix.com), which provides much better protection than the older vaccine, Zostavax.

Manufactured by GlaxoSmith-Kline, Shingrix is 97% effective in preventing shingles in people 50 to 69 years old, and 91 percent effective in those 70 and older.

By comparison, Zostavax is 70 percent effective in your 50s; 64 percent effective in your 60s; 41 percent effective in your 70s; and 18 percent effective in your 80s.

Shingrix is also better than Zostavax in preventing nerve pain that continues after a shingles rash has cleared — about 90 percent effective versus 65 percent effective.

Because of this enhanced protection, the Center for Disease Control and Prevention recommends that everyone age 50 and older, receive the Shingrix vaccine, which is given in two doses, two to six months apart.

Even if you've already had



shingles, you still need these vaccinations because reoccurring cases are possible. The CDC also recommends that anyone previously vaccinated with Zostavax be revaccinated with Shingrix.

You should also know that Shingrix can cause some adverse side effects for some people, including muscle pain, fatigue, headache, fe-

ver and upset stomach.

Shingrix is (or will soon be) covered by insurance, including Medicare Part D prescription drug plans, but be aware that the shingles vaccines are not always well covered.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Reverse Mortgage

Live more comfortably today, and be better prepared for tomorrow.



HIGHTECHLENDING
THE NEW WORLD OF MORTGAGE BANKING

If you (or your spouse) are 62 years or older, a reverse mortgage can be used to provide greater financial flexibility so you can live life to the fullest by:

- Turning Home Equity into Cash
- Paying off existing Mortgage(s) and Other Debt
- Having No Monthly Mortgage Payments
- FHA Insured & HUD Regulated for Seniors



510-583-8123

Lori Reisfelt

Reverse Mortgage Consultant

NMLS #291773

"I pledge to provide straight forward information and excellent service."

HighTechLending, Inc. Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. NMLS #7147. Licensed in CA# 4130937.
2030 Main Street #350, Irvine, CA 92614.

NMLS Consumer Access: www.nmlsconsumeraccess.org



O'BRIEN AFTER-HOURS URGENT CARE

NEW EXTENDED HOURS: M,T,T,H,F 10AM-9PM • W 6-9PM • S/S 2-6PM

Private, Personal Care
(We don't store your records on the internet)
Sorry, no insurance contracts

20100 Lake Chabot Road • Castro Valley

510-914-0854 Across the street from Eden Hospital

FRAMES
50%
OFF
PLUS
2ND PAIR FREE*



FASHION
FOR EVERYONE

Site for
Sore Eyes*

SAN LEANDRO | Fashion Faire Place Shopping Center

15100 Hesperian Blvd. | 510.276.6000

SiteforSoreEyes.com | Book your appointment online today!

Most Insurance Plans Accepted | Financing Available

*Must purchase frames and lenses. Free second pair from large selection of single-vision clear plastic lenses. Some restrictions may apply. Not combinable with insurance or other offers. See store for details. Offer expires 6/30/18.



Dental Implants

Whether one or more teeth are missing, it is critical that implants are precisely placed so that your restorative dentist can create a beautiful as well as functional restoration that feels completely natural. Implants are the finest alternative to missing teeth — far superior to dentures and partial denture restorations, with many advantages over fixed bridgework. Your new teeth should feel and look natural, and allow you to enjoy your life.



- We accept all PPO insurance
- We accept Dental
- We accept DHMO plans*
- Free implant consultations**
- Senior discount (15%) on implants



Don't be afraid to Smile.

"For years, I felt like a part of my body was missing — because my teeth were. My dentist told me that dental implants would make me feel and look a lot better. OK, I said. Now, I'm thrilled. I can smile, eat anything, and enjoy a good laugh with my friends."

1436 Clarke St. • San Leandro • (888) 270-0610 ext. 5

www.sfdentalgroup.com

*Delta Care, United Health Care, Pacific Union Dental, Health Net, Secure Horizon, Blue Shield
**By appointment only

Landmark Villa

Senior Residential & Assisted Living



- 24 Hour Care • Socializing
- Activities • Chef Prepared Meals
- Housekeeping • Laundry
- Quality of Life • Independence
- Legacy

Private and Shared Apartments Available!

Call today for a Free
Lunch & Tour
510-276-2872

License#015601501



Yes, we are
Pet Friendly!

21000 Mission Blvd., Hayward CA 94541

REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Show Me the Money, Honey

With home prices soaring like a SpaceX rocket, it should be no surprise appraisers are having difficulty appraising homes at current contract prices.

Since the current inventory of homes-for-sale is at an all-time low, buyers, scrambling to get a home before they are priced out, are throwing money willy-nilly at every decent home they can find to compete with multiple offers.

Result? Appraisals are coming in low and buyers must make up the difference from their pockets if they want to complete the sale.

If they can.

And there's the rub. It's what separates buyers that land a home from those who do not. In a nutshell, it's cash. Lots of it. In fact, in many parts of the Bay Area, sellers are insisting that all offers come with no appraisal contingency.

In other words, regardless of the appraisal value, by removing the appraisal contingency buyers are stating that they will not use a low appraisal to try to renegotiate the price or cancel the contract.

In addition to removing the appraisal contingency, we are currently seeing many offers with all contingencies removed, which means that buyers will make up the difference between a low appraisal and the contract price or stand to lose their deposit.

As an example, if a buyer with an 80% loan and 20% down writes an offer for \$900,000 on a home listed at \$800,000, their down payment will be \$180,000 and the loan will be \$720,000. If the home only appraises for \$800,000, however, the lender will only lend 80% of the appraised value, which is \$640,000. This means the buyer will need to come up with an additional \$80,000 in cash to make up the difference.

Fine if the buyer has the cash. If not, the transaction is in trouble.

To prevent this from happening, listing agents are requesting that offers be accompanied by a buyer's verification of available funds. They want to see recent statements for bank and/or investment accounts actually showing the required amount of liquid

cash.

Our team went a step further and developed an appraisal calculator that, once the offer price, projected appraisal price and available funds are entered, tells us immediately whether a deal will fly or not.

While some buyers object to revealing financial statements, sellers are saying, "Show me the money, honey." It's the only way they can be sure the offer is viable or not.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Mortgage Rates Jump to Highest Level in More Than Four Years

Demand remains high despite borrowing costs

Average mortgage rates last week continued their upward trajectory, rising to highs not seen since late summer of 2013, according to Freddie Mac's weekly survey.

The 30-year fixed-rate mortgage averaged 4.58 percent last

week, up from 4.47 percent the week before. A year ago at this time, the 30-year rate averaged 4.03 percent.

Fifteen-year rates averaged 4.02 percent, up from 3.94 percent. A year ago at this time, the 15-year rate averaged 3.27 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.74 percent last week, up from 3.67 percent.

"Mortgage rates are now at their highest level since the week of August 22, 2013," said Sam Khater, Freddie Mac chief economist. "Despite the increase in borrowing costs, demand for home purchase credit remains solid."

The Mortgage Bankers Association reported in their latest mortgage applications survey that activity was up 11 percent from a year ago.



Single-level Home with Lots of Upgrades — Isn't That What You've Always Wanted?

No more climbing stairs. This beautiful single-level home in the prestigious Bay-O-Vista neighborhood is ready for a new owner. Located at 1572 Benedict Drive in San Leandro, this fine home features a completely remodeled kitchen with new appliances, beautiful hardwood floors, energy-efficient double-pane windows and new interior doors. In over 2,110 sq. ft., other features include 3 bedrooms, 2.5 bathrooms, family and formal dining rooms, 2 fireplaces and large backyard with fruit trees. Asking Price: \$774,975. Presented by "The Realtors In Motion." Take a Virtual Tour at www.ListedByAntonio.com. Open Sunday Noon to 3:30 p.m. We'll show your house to the world! For more information, call Antonio M. Cardenas at 510-326-4263.

RECENT HOME SALES

San Leandro

1326 Ardmore Drive	94577: \$915,000	[3 BD - 2,667 SF - 1957
109 Dabner Street	94577: \$570,000	[2 BD - 992 SF - 1898
493 Dolores Avenue	94577: \$766,000	[3 BD - 1,314 SF - 1900
285 Elsie Avenue	94577: \$659,000	[3 BD - 1,228 SF - 1946
730 Oakes Boulevard	94577: \$1,004,000	[3 BD - 2,476 SF - 1941
1222 Seeley Street	94577: \$367,000	[3 BD - 1,026 SF - 1951
2077 Washington Ave	94577: \$372,500	[2 BD - 888 SF - 1984
1221 136th Avenue	94578: \$625,000	[3 BD - 1,638 SF - 1950
1470 164th Avenue	94578: \$680,000	[3 BD - 1,564 SF - 1963
15956 East 14th Street	94578: \$415,000	[2 BD - 918 SF - 2008
935 Figueroa Drive	94578: \$710,000	[3 BD - 1,435 SF - 1955
1554 Oriole Avenue	94578: \$600,000	[7 BD - 2,133 SF - 1951
1644 Oriole Avenue	94578: \$610,000	[2 BD - 1,022 SF - 1946
14068 School Street	94578: \$665,000	[3 BD - 1,376 SF - 1956
15482 Blue Heron Court	94579: \$690,000	[3 BD - 1,321 SF - 1999
15452 Heron Drive	94579: \$740,000	[4 BD - 1,651 SF - 1998
1136 Mersey Avenue	94579: \$650,000	[3 BD - 1,096 SF - 1950
1146 Mersey Avenue	94579: \$679,000	[3 BD - 1,148 SF - 1950
1936 Vining Drive	94579: \$740,000	[3 BD - 1,524 SF - 1958
14647 Wiley Street	94579: \$675,000	[3 BD - 1,492 SF - 1951

TOTAL SALES:	20		
LOWEST AMOUNT:	\$367,000	MEDIAN AMOUNT:	\$670,000
HIGHEST AMOUNT:	\$1,004,000	AVERAGE AMOUNT:	\$656,625

Castro Valley

19527 Center Street	94546: \$1,000,000	2 BD - 1,259 SF - 1925
2303 Farley Street	94546: \$800,000	3 BD - 996 SF - 1948
17370 Robey Drive	94546: \$660,000	3 BD - 1,307 SF - 1948
2742 Sydney Way	94546: \$758,000	4 BD - 1,635 SF - 1952
2845 Sydney Way	94546: \$875,000	4 BD - 1,856 SF - 1992
17793 Vineyard Road	94546: \$719,000	3 BD - 1,427 SF - 1957
2537 Watson Street	94546: \$620,000	2 BD - 1,016 SF - 1948

TOTAL SALES:		7
LOWEST AMOUNT:	\$620,000	MEDIAN AMOUNT: \$758,000
HIGHEST AMOUNT:	\$1,000,000	AVERAGE AMOUNT: \$776,000

3253 Jamie Way	94541: \$750,000	3 BD - 1,640 SF - 1984
3024 Rafahi Way	94541: \$700,000	3 BD - 1,278 SF - 1955
22652 Sonoma Street	94541: \$675,000	3 BD - 1,262 SF - 1989
21990 Thelma Street	94541: \$610,000	3 BD - 1,200 SF - 1955
28760 Barn Rock Drive	94542: \$1,160,000	4 BD - 3,045 SF - 1996

Charming Storybook Tudor • 738 Chetland Road
2 Bedrooms, 2 Baths, + Family Room — 1,650-sq.-ft.
ASKING PRICE: \$719,000 • OPEN SUNDAY 2-4



RINETTI
& CO.
REALTORS

Carrie Miles, Realtor • 510-735-5223
BRE # 01909263 • carriemiles@gmail.com

VP
Village Properties
& ASSOCIATES
PROPERTY
MANAGEMENT &
REAL ESTATE SALES
Sam & Jessica Medina
510.481.8400

"Your Neighbor & Realtor!"

NEW LISTINGS • ALL OPEN SUNDAY 1-4

561 Warwick Avenue • San Leandro
4 bedrooms, 2 baths

733 Arbor Drive • San Leandro
3 bedrooms, 2.5 baths

337 Farrelly Drive • San Leandro
2 bedrooms, 2 baths

Call Terry for more information

varos
CONSTRUCTION
Real Estate

BRE # 01726031

TERRY MARTINEZ, BROKER/OWNER
NORTH SAN LEANDRO SPECIALIST
"Living & working in our community!"
510.772.3746
TERRY@TERRYMARTINEZ.NET
1031 MACARTHUR BLVD. • SAN LEANDRO



SELL YOUR CAR OR TRUCK NOW!

Advertise your vehicle for 3 weeks in the San Leandro Times and 3 weeks in the Castro Valley Forum for only...

\$35
10 words maximum
(\$1.00 for each additional word)

This offer is for private party ads only (no dealers). Items must be priced and only one item may be listed for sale. You may change the asking price at anytime (no other changes are allowed). You may cancel your ad at anytime (there are no refunds available on this \$35 special). Other restrictions may apply. For more information call Patrick at 614-1558.

FOR RENT!

2355 Lakeview Dr., San Leandro • 3 bedrooms, 2 baths • \$2,995/month

252 Stoakes Ave., San Leandro • 3 bedrooms, 1.5 baths • \$3,000/month

See details, pictures and application online at **www.deadrch.com**

581 E. 14th St.
San Leandro

SINCE 1923
DEADRICH
REAL ESTATE

632-1234
www.deadrch.com
CBRE #00360465



Antonio & Alexia Cardenas
"Realtors in Motion"
Ballroom Dancers

"The Agents with the Visual Tours"
(510) 326-4263

Visit us @
www.ListedbyAntonio.com

R.E. eBroker Inc. • A Virtual Real Estate Brokerage

Robert Jones and Associates

Selling San Leandro Since 1964 • www.RobertJonesandAssociates.com

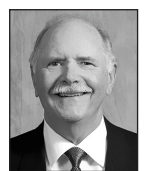
Rj



Matt Jones



John Chovanes



Robert Jones

We're here for you!

142 JOAQUIN AVE. • SAN LEANDRO • 357-0120

Mold Is Hazardous to Home and Health

By **Samantha Mazzotta**
SPECIAL TO THE TIMES

If you've been noticing a mildew odor in your bathroom, that smell is most likely from mold growth. If you can't visually locate a patch of mildew or mold, such as in lower corners of the wall or the shower, contact a plumber. It's very likely that a water leak somewhere behind the wall is causing the mold problem.

Even a small amount of mold in a home can trigger allergies or breathing problems in many people. It's also a warning signal

that water is damaging important parts of your home – not just the drywall but the wood framing, sheathing, foundation and more.

A leaky supply or drainpipe can mean water is dripping behind the walls. A plumber can inspect these pipes without causing damage to the rest of the bathroom. The plumber will then recommend the best action to take to stop the moisture damage and remove the mold. If mold is affecting carpet or wallpaper in the area, you'll need to replace those items as well.

If dampness is a constant prob-

lem in the bathroom, make sure the room is getting adequate airflow, even if the original problem is repaired. An exhaust fan is fairly inexpensive and quickly removes humidity from the bathroom – for example, after a hot shower. In most states a fan is required by building codes, and the plumber likely will recommend you install one if there isn't one already.

Home Tip: Clean up mold with a mild detergent rather than bleach, which can irritate your lungs.

© 2018 King Features Synd., Inc.

OPEN HOMES

SATDAY & SUNDAY
MAY 5TH & MAY 6TH



CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
A	—	1-4	14844 Lark St.	\$550,000	2/1	Re/Max Accord	The Lovewell Team	510-351-5555
S	2-4:30	2-4:30	11743 Cranford Way	\$849,000	3/2.5	Marvin Gardens RE	Greg Novak	510-472-4770
A	—	2-4	738 Chetland Rd.	\$719,000	2/2	Rinetti & Co. RE	Carrie Miles	510-735-5223
A	—	12-3:30	1572 Benedict Dr.	\$774,975	3/2.5	RE eBroker Group	Antonio Cardenas	510-326-4263
C	1-4	1-4	2464 Mikemary Ct.	\$799,000	3/2	Berkshire Hathaway	Cathy Brent	510-381-1065
C	1-4	1-4	18328 Joseph Dr.	\$799,000	3/2	Berkshire Hathaway	Cathy Brent	510-381-1065

CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = CONCORD
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA

THINKING ABOUT BUYING OR SELLING?
CONTACT ONE OF THESE...

AGENTS IN ACTION



Sharon Luther
Senior's R.E. Consultant
Re/Max Accord
Sharon.Luther@comcast.net
510-435-8842



Suzanna Chew Realtor®
Serving the East Bay Since 2004
J. Rockcliff Realtors
schew@rockcliff.com
510-326-4125



Sam Chiu 趙
Active in the East Bay since 1989
Berkshire Hathaway
Home Services
510-305-5767



Karl Schonian
The Agency Real Estate & Finance
(510) 357-0000
Real Estate & Mortgage Services
A Tradition of Excellence



Dave Adams
Realtor
COLDWELL BANKER
dave@davecadams.com
(510) 637-8136



Greg Novak, DRE# 01721382
Not Your Parents' Realtor
Marvin Gardens Real Estate
greg@marvingardens.com
510-472-4770



Nasser Haghighi
Alliance Bay Realty
510-415-1612
nasserhag@att.net
San Leandro Resident Since 1976



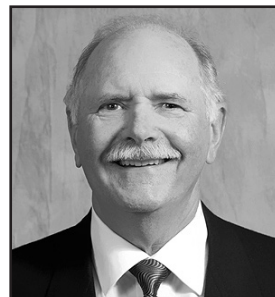
Terry Martinez
Varos Real Estate
"Your Neighbor & Realtor"
510-772-3746
terry@terrymartinez.net



Tere Lee, CRS
"Trust A Professional Who Cares"
United Brokers Real Estate
www.tereleehomes.com
(510) 305-8827



Carrie Miles
Realtor®
RINETTI & CO. REALTORS
miles Carrie@yahoo.com
510-735-5223



Robert Jones
Serving San Leandro since 1964
Robert Jones & Assoc.
142 Joaquin Ave. • San Leandro
357-0120



Matt Jones
Realtor
Robert Jones & Assoc.
142 Joaquin Ave. • San Leandro
357-0120



Wayne Gregori
The Gregori Group RE, Inc.
Broker/Owner
510-219-3887
GregoriGroup.com



Peggy Lucas
Realtor
Better Homes & Gardens/RP
peggy.lucas@bhghome.com
510-289-6309



Lynn Levin
Berkshire Hathaway Home Services
(Formerly Prudential)
510-593-7377
www.lynnlevin.com



Louis Heystek
Better Homes and Gardens RE
Bay East Achievement Club
510-928-5501
Louis.Heystek@BHGHHome.com



Jill Gregori
The Gregori Group RE, Inc.
Realtor®/Owner
510-909-4888
GregoriGroup.com



Bob Frey
Broker Associate
Re/Max Accord
BobFreyHomes@gmail.com
510-220-8459



Jessica Medina
Village Properties, Realtor/Owner
"Your Neighbor & Realtor"
JessicaMedina@VillageProperties.net
510-750-0216



Judy Rose - CRS, SRES
ReMax Accord
Serving the East Bay 38 Years
judy@judyrose.com
510-220-6206



David Lam, Broker
Experience, Commitment:
Your Realtor for Life
DRE 01343016
408-439-0547



Jason Woodbury
Keller Williams Realty
Sell with Me - Woodbury
CA BRE#01994560
925-872-0090



Stella Hui
Coldwell Banker-Castro Valley
Deliver Stellar Service
www.StellaRealtor.com
510-604-3816



Mario A. Reyes
Coldwell Banker
www.marioreyesrealtor.com
mario.reyes@cbrnocal.com
510-329-7644

ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

TO PLACE A CLASSIFIED AD

CALL 510-614-1558
FAX 510-483-4209
EMAIL Classifieds@ebpublishing.com
ONLINE www.ebpublishing.com

TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day
www.sanleandrotimes.com
www.castrovalleyforum.com
 2060 Washington Ave., San Leandro, CA 94577

CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:
MONDAY BY 5:00 P.M.
 Call 510-614-1558 (Mon. - Fri., 9 a.m. - 5 p.m.)
 VISA, MASTERCARD & DISCOVER ACCEPTED

ALL - CLASSIFIEDS

WANTED: Reel to reel music tapes (new or used). Call Patrick at 510-517-3351.

CONCRETE SERVICE

***AFFORDABLE CONCRETE.** Driveways, Walkways, Patios, Retaining Walls, etc. Lic.#868589. 510-575-1163

***NAI CONCRETE & LANDSCAPING** Patios, Driveways, Walkways, Asphalt, Foundations, Stamp Concrete, Retaining Walls, Landscaping, Sprinklers, Tree Service, Drainage, Fencing. Lic.#570826. 510-967-2447.

THANK-YOU

for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

CONTRACTOR SERVICE

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

ELECTRICAL SERVICE

***NEIL ELECTRIC.** Commercial/ Residential/ Remodels. No Job to Small. Lic.#882448. Troy 510-470-2695/ 510-584-7810.

VIEW the CLASSIFIED Ads
 Online at

sanleandrotimes.com or
castrovalleyforum.com

For help or for more info call
510-614-1558. E.B. Publishing

EMPLOYMENT WANTED

*LOOKING FOR WORK?

Check the **Help Wanted** ads on the next page of this newspaper.
Also: Limited Time Offer! You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call **510-614-1558** to place an ad or for more info. (Some restrictions may apply)

FENCES/DECKS

A.T. WOOD FENCES & DECKS Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

Help for the homeowner means business for you!



San Leandro Times
HOME SERVICES GUIDE
Call 614-1558

GARAGE SALES



ESTATE SALE 5/5, 10am-. Misc. items. 4563 Malabar Avenue, Castro Valley.

ESTATE SALE!!! 5/5, 8am-4pm. Cash only! 2332 Vegas Avenue, Castro Valley.

HUGE GARAGE SALE 5/5 & 5/6, 9am-4pm. Contractor's tools and materials, household, everything. 3600 Star Ridge Road, Hayward.

GARAGE SALE 5/3 - 5/10, 9am-4pm daily. Tools, scales, antiques, clothes, household, misc. 1129 San Leandro Blvd., San Leandro. (Antiques and electronics by appointment 510-917-3474).

GARAGE SALE 5/5, 9am-3pm. Furniture, household, toys, misc. 217 W. Broadmoor, San Leandro.

ESTATE SALE Fri. 5/4 & Sat. 5/5, 9am-5pm. 1646 Sidney Avenue, San Leandro.

GARDENING

***ANY YARD WORK.** Cleanups and Maintenance. Free Estimates. Call 510-798-1833.

***BEAUTY GARDEN LANDSCAPING** Design - Construction - Maintenance. Cleanups, New Lawn, Artificial Grass, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852.

***NAVA'S COMPLETE LANDSCAPING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857

JAIME'S GARDENING Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/ Timers. FREE Estimates. Insured. 510-299-9583

Katsura Landscaping. Professional hand pruning. Landscape design/ install/ consultation. Garden clean-up and redesign. Call Mike 510-828-4854. Contr. Lic.#858145

LUIS GARDENING & HAULING SERVICE. Maintenance, Mowing, Weeding, Cleanups, Hauling, etc. Insured. Unlicensed. 510-499-5453

MY GARDENER. English speaking professional gardening services. CA Lic.#440372/ Insured. Specializing in one time yard cleanups. 510-537-0464.

GIVEAWAYS

FREE - Men's Schwinn Mesa GS bicycle. Includes rack, bags, extra seat and helmet. Needs air in tires and a little TLC. Call 510-688-2955

FREE - Redwood & Pine tree cuttings (truck loads only). *Also* scrap construction wood (good for camping/ outdoor burning only). *Isa* construction leftovers firewood for indoor burning. Call 7:30am - 3:30pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

FREE - Two black reclining sofa chairs in good condition. Call 510-828-4241.

HANDYMAN SERVICE

Do you need a HANDYMAN? We do almost everything. FREE Estimates. Call 510-828-4241

TORRES, A PERFECT HANDYMAN

•Honest •Dependable •Responsible
 Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

I'm Back!
HONEST RELIABLE HANDYMAN
 (510) 385-1544
Lmramos@comcast.net

HOME SERVICES DIRECTORY

Concrete/Foundations

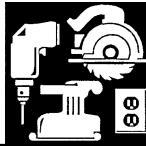
FOUNDATIONS UNLIMITED

New Concrete Foundations
 Complete Foundation Repairs
 Retaining Walls
 Garage Slabs
 Driveways
 Basements & More
415-377-3756
 LIC. # 558937

*Whatever your specialty...
 The place to advertise is in the...*

HOME SERVICES DIRECTORY

Delivered to over 20,000 homes in Castro Valley, 32,736 homes in San Leandro, and another 8,264 are delivered to businesses and libraries.



Construction

GOLDEN GATE ENTERPRISES, INC. GENERAL CONTRACTOR

Additions / Remodels
 Kitchens / Baths • French Drains
 Foundations / Dry Rot
 Retaining Walls / Patios
 Decks / Construction & Repair

(510) 909-8552
 FREE ESTIMATES • LIC. #818840
www.bayareacontractor.com

Fences/Decks

Fence Leaning? Don't Replace... Repair & Save!

***Reinforcement of existing fences is my only buisness, Rotted posts are my specialty.**

FREE ESTIMATES!
510-706-6189
 Randy McFarland

Gardening

MY GARDENER

Get your yards ready for summer enjoyment!

English Speaking
 One-time Yard Cleanups
 Weekly, Monthly & Quarterly Services

Call 510-537-0464
 License #769174 • Insured

Gardening/Landscaping

LANDSCAPING, MAINTENANCE & TREE SERVICE

- General Cleanup & Maintenance
- Lawn Mowing, Edging & Weeding
- Tree Removal, Topping & Trimming
- Hillside Cleanup, Hauling & Shaping
- Brick Work, Patios & Retaining Walls
- Fences, Flower Beds & Painting

CALL FOR A FREE ESTIMATE
510-712-4318

Thank-You...

*Landscaping Maintenance & Tree Service
 for advertising with us for over 2 years!*

LANDSCAPING, MAINTENANCE & TREE SERVICE

- General Cleanup & Maintenance
- Lawn Mowing, Edging & Weeding
- Tree Removal, Topping & Trimming
- Hillside Cleanup, Hauling & Shaping
- Brick Work, Patios & Retaining Walls
- Fences, Flower Beds & Painting

CALL FOR A FREE ESTIMATE
510-712-4318

*We truly appreciate all
 of our advertisers!*

San Leandro Times / Castro Valley Forum

Landscaping

HANSEN LANDSCAPE CONTRACTOR

**Beat the Summer Rush
 Call Us Today!**

Come visit our beautiful 1/2-acre outdoor educational landscape show yard!

Call 510-537-0464
www.hansenlandscape.com

CA LIC. # 440372
 Bonded/Insured

Roofing / Gutters / Solar

RIDOUT ROOFING CO. ~ SINCE 1922 ~

ALL TYPES OF ROOFING & GUTTERS
 P.V. SOLAR / SKYLIGHTS

**FREE ESTIMATES
 SENIOR DISCOUNTS**

(510) 351-1922
 621-A WILLIAMS • SAN LEANDRO
 STATE CONTRACTORS LICENSE NUMBER 260176

Painting

Coast Brushworks

- Residential & Commercial
- Interior & Exterior Painting
- Drywall
- Home Restoration
- Custom Finishes

510-919-7903
Coastbrushworks.com
 Lic. #662915

Roofing

Lic. #311818
K REED ROOFING
 Complete Residential & Commercial Roof Systems
(510) 357-5116

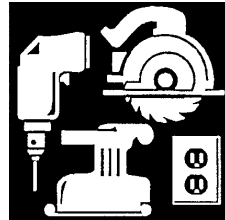
**Call Now For A Free Written
 Roof Analysis & Estimate**

Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.
 SINCE 1975 / FULLY INSURED

Whatever your specialty, the place to advertise is in the...

HOME SERVICES DIRECTORY

Delivered to 32,736 homes in San Leandro, over 20,000 homes in Castro Valley, and another 8,264 are delivered to businesses and libraries.



Roofing

Wonderlin ROOFING SYSTEMS

Castro Valley Lic. #642517 • Insured/Bonded

FAMILY OWNED & OPERATED
Over 25 Years Experience
 Reroofs • Repairs • Inspections
 Dry Rot Repair • Seamless Gutters
 (Pre-painted)
FREE ESTIMATES



\$200.00 OFF
 COMPLETE REROOFING WITH TEAR-OFF
 One Coupon Per Customer • Expires 8/30/18

(510) 538-1530

We Specialize in Residential Roofing

HANDYMAN SERVICE

ENRISA CONSTRUCTION. Remodeling, Kitchens, Baths, Drainage, Foundations, Retaining Walls, Painting/ Landscaping. Lic.#1022942. FREE Estimates. Hablamos Español. Juan 510-798-2959
EnrisaConstruction@gmail.com

HOME IMPROVEMENT. FREE Estimates. Residential Interior/ Exterior. Roofing, Painting, Concrete, Sheetrock, Fencing, Ceramic Tile, Texturing, Decks, Siding Repair, Bathrooms/ Kitchens, Remodeling, Carpentry, Power Washing, etc. Jose Cruz 510-294-9017.

KING CONSTRUCTION, a Father & Sons Remodeling and Plumbing Company since 1972. Construction and Plumbing Specialists. Room Additions, Baths, Kitchens, Decks, Seismic Retrofits, Furnace, Hot Water Heaters, and ALL Home Repairs. Lic.#273546. Bonded/Insured. Call George King 510-483-7126 or 510-882-5169.
gwkconstruction@gmail.com

HAULING SERVICE

***SMALL/LARGE JOBS.** Wood, trash, concrete, furniture. Low rates. 510-268-1412/ 510-631-5463.

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/ outside cleanups. 510-715-1578.

HEALTH CARE SERVICES

Caregiver available. Do you or your senior need short-term or on-going health care assistance. Meal prep, errands, light housekeeping, etc. \$25/hr. Call Lori 518-637-8222.

HELP WANTED



The City of San Leandro is now accepting online applications for:

Recreation and Human Services Manager - \$9,392-\$11,414/month

For more detailed information, please visit www.sanleandro.org.
EOE

Ready to change your lifestyle? Looking for an at home business opportunity? Scheduling interviews now to see if this is for you! Call Julia 510-710-1231.

Part-Time Help wanted in sandwich shop 6:30AM - 2:pm, 3 or 4 days in San Leandro. Text 510-301-2214.

Part-time helper needed for computer prepared legal briefings. Pam 415-960-8516, San Leandro.

Office Assistant team member needed with retail and/or banking experience, Mon-Fri. 8:30am-5:00pm. 510-346-9800.

Hansen Landscape Contractor seeking Landscape/ Gardening assistants. Full-time to include benefits and part-time no benefits positions available. Based out of Castro Valley. \$16 start with quarterly increased to \$18 after a year. Must have CDL, good DMV. Please do not call, please email: hansen.steve@comcast.net

VIEW the CLASSIFIED Ads Online at
sanleandrotimes.com or castrovalleyforum.com

For help or for more info call **510-614-1558.** E.B. Publishing

HELP WANTED

Do you love helping people? Carlton Senior Living is the place for you! Now Hiring, various positions and schedules. Walk-ins welcomed 1000 E.14th St. or visit our website www.CarltonSeniorLiving.com to apply online.

P/T Line Breakfast Cook needed 8am-2pm. Apply at 1600 Washington Avenue in San Leandro.

EL BURRITO LOCO in Castro Valley hiring experienced Mexican Food Cook (8am-noon, 6-days) and also cash register attendant (noon-5pm, 6-days) 20859 Redwood Rd. Call 510-695-7544.

***CONNIE'S NATURAL CLEANING** Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment www.conniesnatural.com
Call 510-506-5053

CELIA'S HOUSE CLEANING. 30-years experience. Free Estimates. Excellent references. 510-909-0915.

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

EDITH'S HOUSE CLEANING Excellent references. Free estimates. Low rates. 510-314-7030.

WALTON'S JANITORIAL Licensed / Bonded / Local For a **SPARKLE CLEAN OFFICE** or Home
Windows • Floors
• Carpets • Restrooms
Phone 352-7948
Member of S.L. Chamber of Comm.

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

LOST & FOUND

FOUND - Ring 4/22 (Sunday) at Pak N Save parking lot in San Leandro. Call 510-798-4500 and provide a description if this might be your ring.

Misc. For Sale

Dirt Devil carpet cleaner (like new) \$175. Cash only. Call Mary 510-861-3270, Castro Valley.

Double deep gravesite at Lone Tree Cemetery in Hayward. Call 510-393-6675.

Pink and gray chickies **high chair** with white and gray interchangeable trays, in excellent condition. \$25. Call 510-881-7662.

Charming girl's canopy twin bed (oak color) with decorated headboard and matching hutch. \$149 for both. 510-397-6795.

Fax machine (with paper, ink and manual) \$40. Cash only. Call Mary 510-861-3270, Castro Valley.

NATIVE PLANT SALE Sun. 5/6, 10am-5pm at San Lorenzo High Environmental Club, 50 E. Lewelling, San Lorenzo. Over 60 native species. Bargains Student propagated plants. www.bringingbackthenatives.net

Marlin boat and 8' pool table, excellent condition. Lenny 510-635-3620.

MISC. WANTED

WANTED: Old toys, pedal cars, license plates, fishing tackle, etc. 510-886-3195.

WANTED: Old Comic Books, Toys, Magazines, etc. Call/ text 510-255-1848.

WANTED: Reel to reel music tapes (new or used). Call Patrick at 510-517-3351.

MISC. WANTED

WANTED: Two quiet rooms suitable for acupuncture/massage+ 1 small office. ADA accessible, Caryn 510-727-1238.

MUSICAL SERVICES LESSONS

EAST BAY MUSICIAN - Lessons, Good with Kids. Call 510-427-3955.

REAL ESTATE AGENTS



Are you interested in buying or selling a home or property?

Would you like the help of a Professional Agent?

For assistance call ...

***SCOTT HARRISON** - Realtor
Coldwell Banker **510-388-4536**

RENTALS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$2,195. 510-582-8389.
www.bartplazaapartments.com

Hayward 1-bedrooms \$1,325 - \$1,425, 2-bedrooms \$1,595 - \$1,695 (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

Hayward spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

San Leandro 4-Plex \$1,895, 1-Bdr, 1-bath, 900 sq.ft., lots of amenities. 510-483-4211.

RENTALS

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

San Leandro cottage \$1,500. Credit check. No smoking/ drugs. Single person. 510-599-9228.

RENTALS/COMMERCIAL

Commercial Property, 477 Callan Avenue, San Leandro. \$3,200 month. 1,917 sq.ft., 1st floor with private office downstairs. 510-346-6100, ex 24.

RENTALS/WANTED

WANTED: Rental space for my 23' live-in trailer. Leonard 510-228-7578.

SERVICES

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call **510-614-1558**
San Leandro Times/Castro Valley Forum

TREE SERVICE

***A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE Estimates.** Bonded. Call 510-581-7377.

YOUR INFO

NEED - MUSIC LESSONS or **PIANO TUNING?**
Check the Classified Ads under "MUSICAL SERVICES" for help.

HOME SERVICES DIRECTORY

Gardening/Landscaping



KATSURA LANDSCAPING

- Landscape Design/Install
- Professional Hand Pruning

ISA Certified Arborist | Contractor Lic. #858145
510-828-4854
www.arboristbayarea.com
mike@arboristbayarea.com
Serving the East Bay for Over 10 Years

Gardening / Tree Service



PEREZ Gardening & Maintenance

TREE SERVICE

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

CALL 510-385-2122

FREE ESTIMATES

EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

Handyman

HANDYMAN SERVICES

Serving Castro Valley & San Leandro for 28 Years

Big or Small — We Do It All!

(925) 548-4202

Hardwood Flooring

FERREIRA'S HARDWOOD FLOORING

Sand • Install • Refinish
Glista • Oil Base
25 Years Experience

FREE ESTIMATES
Call Jeff Today!
510-366-6491
Lic. #803455

House Cleaning



Tender Loving Care

House Cleaning Service
Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY

EMPLOYEES COVERED BY WORKERS' COMP STATE DISABILITY INSURANCE

Specializing in detailed cleaning tailored to your home

FREE ESTIMATES

Email: PATTYATTLCAOL.COM
www.tlc-housecleaning.com
510-481-9193
BONDED & INSURED • ALL TAXES PAID

Landscaping



Oakland Landscaping
ESTABLISHED 1976

COMMERCIAL & RESIDENTIAL IRRIGATION SYSTEMS/DRAINAGE

BRICK • CONCRETE • MASONRY
DROUGHT-TOLERANT LANDSCAPES
GARDEN LIGHTING • FENCING • SOD LAWNS
EROSION CONTROL
RETAINING WALLS: ROCK • STONE • WOOD • BLOCK

FREE ESTIMATES
CA LIC. #662406
SINCE 1976

510-917-8033
5900 COLISEUM WAY • OAKLAND, CALIFORNIA



Painting



Diego Painting

- Residential/ Commercial
- Interior/ Exterior
- Power Washing

FREE ESTIMATES

Lic. #855054 • diegopainting@comcast.net
www.diegopainting.com
(510) 331-6152

Plumbing

CAPELLI PLUMBING & DRAIN CLEANING

Compare Our Prices!

FREE ESTIMATES
24/7 SERVICE

 Military & Senior Discounts
Family Owned & Operated

510-969-4358
LIC. #904794

HOME SERVICES DIRECTORY

Utilize the best tool in your box...

Advertise!

Reach over 60,000 readers for one low price!

CASTRO VALLEY FORUM
San Leandro Times

For more information on how to advertise in this section, call Patrick at 614-1558.



Thank-You...

Ridout Roofing Co. for advertising with us for over 13 years!



RIDOUT ROOFING CO.
~ SINCE 1922 ~

ALL TYPES OF ROOFING & GUTTERS
P.V. SOLAR / SKYLIGHTS

**FREE ESTIMATES
SENIOR DISCOUNTS**

 **(510) 351-1922** 

621-A WILLIAMS • SAN LEANDRO
STATE CONTRACTORS LICENSE NUMBER 260176

We truly appreciate all of our advertisers!

San Leandro Times / Castro Valley Forum

San Leandro Competes at WACC Center Meet

By Andrew Joseph
San Leandro Times

Varsity boy and girl athletes from San Leandro High and Castro Valley High competed in the West Alameda County Conference (WACC) track and field meet with four other schools on Thursday at Hayward High.

Senior Pirate Jeremy Washington placed first overall in the long jump with 22'1". The jump was his season best until Saturday, when he jumped his new season record 22'5" at the Sacramento Meet of Champions.

"It takes a serious mind state to compete at a high level in this league," said Washington. "The goal this season is to personal record in everything, more so my jumps. To win big this year at WACC and NCS we have to stay healthy, stay away from injuries, and get stronger."

Other notable performances for the varsity men include Pirates' senior Dale Hodges who placed sixth in the long jump with a jump of 19'8", Castro Valley's Jared Flemming who placed second in the discus with a throw of 125'2" and second in the shotput with a distance of 44'6.5", San Leandro senior Jesse Reynoso who finished fourth in the 200 meter dash with a time of 23.50 and second place in the 400 meter dash with 53.94, Trojans' sophomore David Elliott who won the pole vault with 11', the Pirates' 4x100 team that placed

third with a time of 44.77, and Castro Valley's sophomore Caleb Davis who won first place in the high jump with a leap of 5'8".

"For me personally the focus today is to do my best and win, the focus as a team is to try to get first and second in the long jump with me and Jeremy," said Hodges. "Confidence, hard work, and strength is what it takes to perform well in the WACC."

Nearing the close of the regular season with WACC and NCS championships around the corner, this meet gives a preview of what the finals may be like this year. Though he did not compete in his signature event 100 meter dash at the WACC Center meet, San Leandro senior Femi Ajose will be a factor to watch for in the next few weeks during championship runs.

"It takes a lot of effort, concentration, and simply just showing up ready to practice," said San Leandro head coach Richard Ellison. "We're just looking to finish this season strong in the best position that we can."

Notables for the varsity women include Pirates' junior Kayla Lee who placed fourth in the 100 meter dash with 13.16, Castro Valley sophomore Nyah Paulding who placed first in the 200 meter dash with a time of 26.35 and first place in the 400 meter dash with a personal record of



PHOTO BY ANDREW JOSEPH

San Leandro No. 1 singles player Ben Duong hits a forehand in his match against Austin Ralleta of Mt. Eden on Tuesday.

1:01.37, San Leandro sophomore Mehkyla Clarke finished third in the 200 meter dash with a time of 27.64, and senior Trojan Allanah Lee who won the 100 meter hurdles with 16.12, won the triple jump with a distance of 40'1" and also won the long jump with a leap of 16'6.75."

"It takes passion, drive, initiative, and practice to do well at this level of competition," said San Leandro varsity girls' 4x100 team member Nichole Fairly. "My goal this

season is to break 12 seconds in my 100 meter time and break one minute in my 400 meter time. I think we can make it all the way to CIF State in the 4x100 if we can get out hand-offs right and get out knees up."

The Pirates look to make a statement this year at WACC, NCS and state finals with athletes like Ajose and Washington already making pace to perform well.

San Leandro's next meet is next Thursday at day one of

the WACC Championships at UC Berkeley and the CIF State Burrell Field, with day two on Championship finals are on Saturday, May 12. The NCS finals are on Saturday, May 26, at High School in Clovis.

LOCAL DEATHS

SANTOS-ROBINSON MORTUARY

— Supporting Local Churches and Families for Over 80 Years —

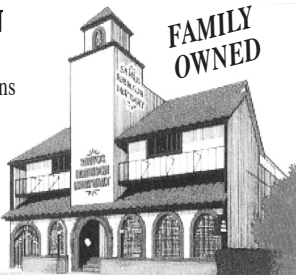
FUNERAL AND CREMATION PROFESSIONALS

Traditional Services • Cremation Options
Pre-Arrangements

Serving All Faiths and Cultures

510-483-0123

www.santos-robinson.com
CALIC. FD-81



SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985

Keep your out-of-town friends and family informed with a subscription to the Times!



■ Did you know that the Times will mail the paper to anyone in the continental United States?

Call 614-1555 for details!

Serving Families In Our Community
With Compassion and Service Excellence



San Leandro Funeral Home

407 Estudillo Ave.,
San Leandro, CA 94577
510.483.5300

www.sanleandro-fh.com
(Formerly Guerrero Mortuary)

Serving All Faiths

- Large Chapel
- Reception Room & Kitchenette

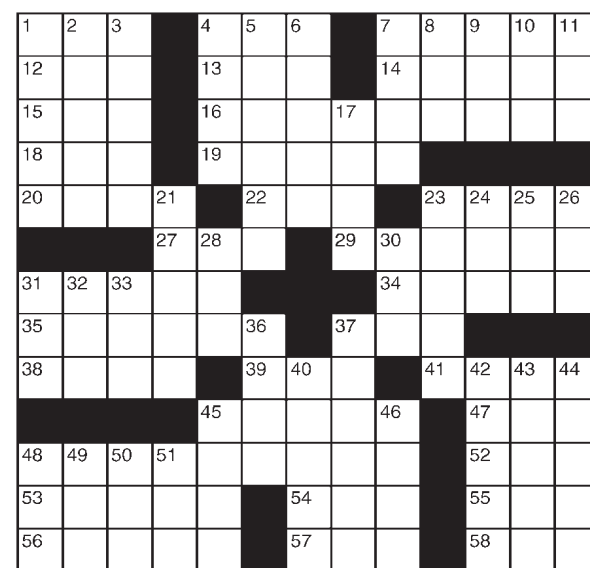


FD 442

SAN LEANDRO TIMES OBITUARIES

may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number. Brief death notices are published free. Longer-length notices, including pictures, are available for a fee. For further assistance, please call 510-614-1555.

THE TIMES CROSSWORD



ACROSS

- 1 Chances, for short
- 4 TV watchdog org.
- 7 Obliterate
- 12 Shell game need
- 13 Under the weather
- 14 Started eating
- 15 Take a whack at
- 16 Scrabble or Parcheesi
- 18 "Monty Python" opener
- 19 Wander off
- 20 Hack
- 22 Pilgrimage to Mecca
- 23 Prayer ending
- 27 Rhyming tribute
- 29 Burning
- 31 Magician's cry
- 34 Cow catcher
- 35 Triangular home
- 37 Total
- 38 Constellation component
- 39 Eccentric
- 41 Unctuous
- 45 Twine fiber
- 47 Payable
- 48 Indiana university
- 52 Literary collection
- 53 "Drops of Jupiter" band
- 54 "Golly!"
- 55 Owns
- 56 Villain in a Christmas tale
- 57 Halves of 25-Down
- 58 Scrap

DOWN

- 1 Vision-related
- 2 Australian city
- 3 Permission
- 4 Wee whoppers
- 5 Dress
- 6 Barton or Bow
- 7 Vortex
- 8 Carpet
- 9 Khan title
- 10 -- card (cellphone chip)
- 11 Away from WSW
- 17 Hindu royal
- 21 On top of the world?
- 23 Memorable mission
- 24 More, to Manuel
- 25 Type squares
- 26 Ultramodernist
- 28 Weir
- 30 Swine or bird --
- 31 Anatomical duct
- 32 Frequently
- 33 Glass of NPR
- 36 Oklahoma city
- 37 Pistil counterpart
- 40 Grammarian's concern
- 42 Coeur d'Alene's home
- 43 Moon-related
- 44 You'll get a rise out of it
- 45 Fax
- 46 Dregs
- 48 To the -- degree
- 49 Raw rock
- 50 Pitch
- 51 "Flying Down to --"

ANSWERS ON PAGE 3

Eva Lorraine Gill

Eva Lorraine Gill passed on April 26, 2018 at the age of 91 in Castro Valley, Ca. She was born on March 18, 1927 in Chicago, IL. She graduated from San Leandro High School, College of San Mateo and College of Notre Dame with a Masters degree.

Lorraine worked for and retired in 1991 from the County of San Mateo, serving in various departments throughout her career. In her retirement years she volunteered for the Senior Center, helping seniors understand the aspects of using a computer, earning a Volunteer of the Year Award. She was also a volunteer for the Friends of the Library which brought her many hours of pleasure.

She is preceded in death by her mother, Olga Frey and father, Henry Frey and former husband, Chester Gill. She is survived by her daughters, Christine Snyder, Janet Guthrie, granddaughter, Jennifer Dooley and brother, Vernon Frey. Also survived by the lovely ladies of the Library, Carol, Sue C., Sheila and Sue W. who provided her with many hours of companionship in her last year.

Mom is finally out of pain and at peace. She will be missed. At her request, there will be no services.

Free Citizenship Application Event Tomorrow

Ohlone College at 39399 Cherry St. in Newark will host a free Citizenship Application Day tomorrow, May 4, from 10 a.m. to 2 p.m..

Interested persons will be able to review the step-by-step process of naturalization, meet with evaluators to assess their ability to naturalize, get application preparation and have applications reviewed by an immigration attorney or qual-

ified legal representative.

Those attending will need to bring two copies of their green card (front and back), a list of all the addresses where they have lived in the past five years, all the trips they have taken into and out of the US, and other documentation as specified when you register for the event.

The citizenship application fee (check or money order) is

\$725 if you are under 75 years of age, or \$640 if you are older. Application fee waivers are also available for low income individuals.

Pre-registration is recommended. To register, or for more information, call 510-251-2846, or, if Spanish-speaking 510-540-5296), or visit: www.ebnatz.org.

Parking at the campus is \$4 per car.

Food Pantry Saturday

All Saints Episcopal Church at 911 Dowling Blvd. in San Leandro will host a food pantry this Saturday, May 5, when food will be available to Alameda County residents from 1 to 2 p.m.

Volunteers are welcome and should report at 11:30. The Hospitality Room with snacks for guests opens at noon. For information visit saintsalive.net and click "Social Ministries"

Arts Awards Nominations Invited

Alameda County residents are invited to submit nominations for the 2018 Alameda County Arts Leadership Awards, which will recognize five people for their achievements and contributions impacting the arts.

Nominees must be residents of the county who are involved in any arts disciplines including music, dance, visual arts, literature, theater, film and video, crafts and new media.

Nominees may be artists, staff

or board members, volunteers, donors, supporters or advocates.

For official nomination instructions, phone 510-208-9646 or visit www.acgov.org/arts/awards. Nominations must be submitted online by Tuesday, May 15.

The Alameda County Arts Commission will review the nominations in June. Award recipients will be recognized in early October in conjunction with the County's celebration of California Arts Day and National Arts Month.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Says Union Power Declines in Joint Ventures with Management

Editor:

John Sherr's letter ("Calls for Support for Parcel Tax to Continue School Improvements," Letters, April 26) calling for a parcel tax to "build upon" the "quiet renaissance" in the San Leandro schools reflects the conservative approach of today's union leadership.

Sherr boasts of the collaborative relationship between the teachers' union and the district management. This Team Concept approach, working as a partner with management as opposed to confronting them as an organized independent force, is a major contributor in the decline of union power and living standards.

Now Sherr, the SLTA leadership and management are joining forces to increase taxes on workers and the middle class to place a local band aid over a nationally failing education system.

Recent events have shown us what works and what doesn't. In West Virginia, the official union leadership was brushed aside by a movement from below as education workers struck in a state where striking is illegal winning wage increases for themselves and all state workers. Teachers from Oklahoma to Arizona have been in the streets in unprecedented numbers shutting down state schools and for more funding.

All school districts will be slashing education further in the coming downturn as school board representatives carry out the dictates of big business.

Building on the recent events of mass action and linking with other forces fighting austerity is what will make real improvements in education. Building the movement to combat these assaults on working people will not be made easier by taxing ourselves.

There is no shortage of money as the \$800 billion offense budget or the \$786 million one billionaire made in 2017 shows.

The California Teachers Association to which the SLTA is affiliated, has 330,000 members and is part of the National Education Association with 3 million members.

This is where our power lies, fighting from a position of strength, not in joint ventures with management.

—Richard Mellor
San Leandro

The Smallest of Things that Bring Hope to the Hopeless

Editor:

May is Mental Health Month and San Leandro residents should be proud that their city is supporting innovative efforts that make mental health care easily accessible for those needing it most.

Thirty-one percent of Americans in poverty say they have, at some point, been diagnosed with depression, compared with 16 percent of the general population. Single women of color have the highest rates of poverty and depression in the country.

Women are twice as likely to be diagnosed with depression. Tragically, they are the least likely to receive mental health care because it is so hard to find a clinician who understands their culture, speaks their language and accepts their government insurance.

Without care, many of these women will turn to unhealthy coping mechanisms that exacerbate their condition.

Through financial support from the City of San Leandro, Eden Health District and others, Restore Women's Wellness Centers is providing psychotherapy and therapeutic support groups through a team of clinicians - six African Americans, one bilingual Spanish speaking Latino and one Caucasian.

The women we serve are on Medi-Cal, Medi-Care or HealthPAC, which means they live at or below 138 percent of the Federal Poverty Level guidelines.

On a daily basis they are seeking work while coping with single parenthood, bills, depression and anxiety, violent and toxic relationships, poor health conditions, lack of sleep and constant stress.

They often arrive at our office hungry, having not had time to eat, or no money to purchase food.

It's hard to concentrate when

you're hungry, but through the generosity of the City of San Leandro we are able to offer them granola bars, cheese crackers, nuts, and other small food items.

Sometimes it's the smallest of things that bring hope to the hopeless.

—Carole Fong
Executive Director
Restore Women's Wellness Centers

Calling for New Green Jobs Isn't

Editor:

In Jim Knowles' article ("Swalwell Calls for Assault Gun Ban," Page 1, The Times, April 26), Congressman Eric Swalwell stated that the key to green energy is tying it to new jobs.

Representative Swalwell is right: any solution to climate change that doesn't harness the power of the economy is doomed. But calling for new green jobs isn't enough.

Solar energy is poised to create thousands of new jobs, but the industry is throttled by policies that support and subsidize fossil fuels over renewable energy sources.

The real key to green energy and new jobs in the green economy is a Carbon Fee and Dividend plan, in which oil-producing and oil-importing companies would pay a fee (not a tax) into a fund from which a monthly dividend is paid to every person in the country, regardless of their energy use.

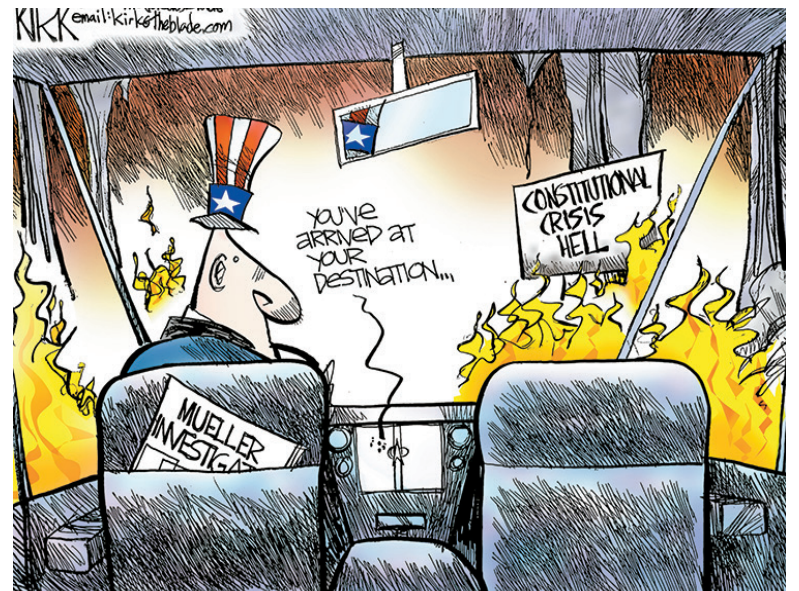
Such a plan will encourage oil companies to explore greener energy sources in order to reduce their fees, which in turn will create jobs in the renewable energy sector.

It will also encourage consumers to use more renewable energy in order to save on gas and oil, which will become slightly more expensive as a result of the fee (though this slight increase will be more than offset by the dividend). The minute oil companies start to profit from green energy development is the minute the tides of climate change will turn.

Market forces have the best chance of slowing climate change. Carbon Fee and Dividend legislation is supported by the Climate Solutions Caucus, a bi-partisan group of Congressional Representatives, of which Congressman Swalwell has applied to be a member.

It's time to take legislative action to leash the power of market forces to save our planet.

—Mal May
Castro Valley



SURVEY: MILLENNIALS HAVE A LACK OF KNOWLEDGE ABOUT THE HOLOCAUST



Outreach: Cops interact with SL youth

continued from front page

18 and he wants to implement a pilot program so kids can use their school IDs as library cards to make library access even easier. He estimated that 35,000 young people attended 738 event at city libraries last year.

Sherwood says the library has programs from teen book groups down to baby story time, with Lego club and doggie reading buddies in between.

Councilwoman Deborah Cox said that the city's libraries can't be overestimated as resources for San Leandro youth.

"You at the library probably watch more kids after school than most after-school programs," said Cox.

And San Leandro police go directly to San Leandro classrooms as early as preschool to connect with young people.

That practice has caused some pushback from the public in the past, though police say fostering strong community relationships helps keep kids out of trouble and prevents crime.

In 2016, dozens of parents attended school board meetings, urging the board not to allow cops into the classroom as part of the Gang Resistance Education

and Training or "GREAT" program. There is also "recess with the cops" where officers come to schools to play and field trip to the police station.

Proponents of officers in the classroom said it fosters healthy relationships between authorities and young people. Opponents said they didn't like to see lines blurred between teacher and police officer. Some parents questioned whether the officers would be gathering information on the students and their families during these informal interactions.

And the school board itself has been resistant in the past to allowing more cops in schools. In 2015, the San Leandro police department received grant money to double the number of officers on campuses from two to four, but the board unanimously voted against it.

But Captain Jamie Knox told the council that events such as Santa on Motors and National Night Out give young people and police a chance to interact in a less formal setting.

Councilman Pete Ballew also coaches San Leandro High football and said that SLPD Chief Jeff Tudor stops by the school often

to talk to his players.

"Our football players have the utmost respect for SROs (school resource officers)," said Ballew. "Those of us on the football team consider Chief Tudor a third SRO. I think that speaks to the culture of the police department."

But it couldn't go without comment that San Leandro police interaction with teens has gone wrong in the recent past.

Last November, former San Leandro police officer Marco Becerra, 26, was charged with statutory rape after allegedly having sex with a 17-year-old girl in the department's Explorer program for young people interested in law enforcement careers.

Becerra resigned from the department in October after admitting to having three sexual encounters with the girl last fall. Becerra had been a former Explorer himself.

Councilman Thomas asked what measures the department was taking to make sure nothing like that ever happens again.

"What is the SLPD doing about the safety of those in the Explorer program?" asked Thomas.

Knox that Explorers programs helped him and numerous other officers pursue their careers.

He said that Becerra's actions were an "isolated incident" and said officers have since received more training and held parent meetings. He added that their goal in the future is to have both male and female chaperones at Explorer events.

The City Council thanked Dong, Sherwood, and Knox for their departments' work and Councilman Benny Lee asked what more can be done in the future — he particularly wants more focus on kids in foster care and kids who come from families that don't speak much English at home.

"I am focusing on at-risk kids because I was an at-risk kid myself," said Lee.

Artful Steps Exhibition At Main Library Next Week

Beautiful, multi-media work created by Artful Steps artists with disabilities fills both the downstairs and upstairs galleries.

Special features in this exhibit include popular mosaics, original prints and a special series inspired by the work of famous artists.

The artwork will be showing until June 30th at the San Leandro Main Library, 300 Estudillo Avenue in downtown San Leandro.

For more information, contact Missy Brooks, Artful Steps Director at 510-567-2621 or email mbrooks@steppingstones-growth.org.

Open: Oro Loma Tours Food, Fun

continued from front page

Bay? A tour of the plant will help people understand how the process works.

Oro Loma's staff will be on hand during the open house to talk with young people about careers in operations, pipe maintenance, and more.

The Oro Loma Board of Directors will also be at the event to meet with the public and speak about Oro Loma's goals for the future, which include replacing at least 1.5 percent of its aging pipes annually while still maintaining the lowest rates in the Bay Area.

Visitors will also have a chance to speak with people from Save the Bay, who will be hosting a booth at their nursery site for native plants which is at the treatment plant.

Oro Loma handles waste and recycling and wastewater treatment for about 135,000 commercial and residential customers in parts of San Leandro, San Lorenzo, and Castro Valley.

Pets of the Week



Huxley



Koozo

The Pets of the Week from the Hayward Animal Shelter are Huxley the dog and Koozo the dog.

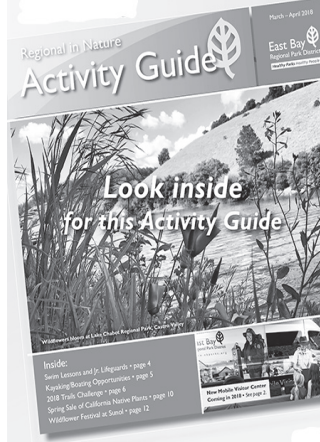
Huxley is a shy 2 yr old pup. Once he warms up, he loves to play, especially with balls. He gets along with other dogs, large and small. OK with kids 13 and older.

Koozo is a 4 yr old Chi, okay with teens and adults because he's not fond of a lot of handling. He enjoys walks and would make a great walking buddy.

Meet Huxley, Koozo, and lots of other adoptable pets at the Hayward Animal Shelter, 16 Barnes Court in Hayward. For more information, call 293-7200.

This issue of the San Leandro Times contains the East Bay Regional Park District May-June 2018 Activity Guide.

If your copy of the Times does not include the EBRP Activity Guide, call 510-614-1555 or stop by the Times office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.



SEMI-ANNUAL SALE
SATURDAY, MAY 5 • 9AM-7PM
20% OFF
ABSOLUTELY EVERYTHING

Chickens, Ducks, Other Birds, Rabbits, Guinea Pigs,
Rats & Mice, Fish, Arachnids, Reptiles & Amphibians
Expanded Urban Farm Store • Bee Keeping Supplies
HUGE inventory of Food and Feed (Including Organic) for your pets,
Fun and Unique Treats for your pets.
Terrariums, Aquariums, Bird Cages, Chicken Coops,
Leashes, Cage Bedding, Food & Water Dishes,
Feed Troughs, Bird Feeders, Cat Furniture, Dog Houses,
Hoof Trimmers, and So Much More!
710 E. 14th St. • San Leandro • 510-638-2005
www.MikesFeedAndPets.com

Can not be combined with any other offer. Limited to stock on hand. No rain checks. No holds. Offer valid May 5, 2018 only.



LARRY ROSA
PHOTOGRAPHY

WEDDINGS
EVENTS
PORTRAITS

Booking for 2018

Rosafoto.com
415.860.2860

BRING YOUR HOUSEHOLD
HAZARDOUS WASTE

FREE DROP-OFF EVENT

SUNDAY, MAY 6

9 am - 1 pm  **San Leandro**

Register for drop off time & location details:
www.stopwaste.org/onedayevent
or call **800-606-6606**



ALAMEDA COUNTY
HOUSEHOLD
HAZARDOUS WASTE