



## PEANUT ALLERGY IMPORTANT REMINDERS

To help parents who do not have children with a peanut allergy, we wanted to provide an easy-to-check list of safe options you can bring to celebrate special occasions.

### PLEASE DO NOT BRING ANY FOOD THAT IS NOT SPECIFICALLY LISTED BELOW:

#### Special Birthday Treat Options

- **Rice Krispie Treats** (original) Kellogg's brand pre-packaged
- **Oreos** (plain-blue package, golden-yellow package)
- Barnum's Animal Crackers – Original only
- Jell-O gelatin and Jell-O pudding cups
- Kraft Handi-Snacks pudding cups
- Hunts pudding

#### Candy:

- **Skittles**
- **Starburst**
- All tootsie products (tootsie rolls, frooties, tootsie pops)
- Charms blowpops
- Dum Dums
- Dots
- Sugar Daddies (Caramel)Lifesavers (Original and Gummies)
- Push Pops
- Rolos

#### Drinks:

- Fruit/box drinks: (Minute Maid Juice, Capri Sun, Hi-C, Kool-Aid Jammers, Honest Juice)

#### Crackers:

- **Pepperidge Farm Goldfish Crackers:**
  - **Goldfish** – Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain
  - **Goldfish Flavor Blasted** – XPlosive Pizza, Xtra Cheddar, Slammin' Sour Cream & Onion
  - **Goldfish Mix-Up Adventures** – Pretzel & Flavor Blasted Xtra Cheddar, Xtra Cheesy Pizza
  - **Goldfish 100 Calorie Pouches** – Cheddar, Pretzel
- Annie's Homegrown Cheddar Bunnies
- Cheese Nips – Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
- Cinnamon Grahams – Plain, Low Fat
- Nabisco Grahams – Original
- Nabisco Honey Maid – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
- **Teddy Grahams** – Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini
- Saltines
- Original Ritz, Townhome Town House, Club
- Triscuit – Original, Reduced Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Fire Roasted Tomato & Olive Oil, Cracked Pepper & Olive Oil, Roasted Garlic, Rye with Caraway Seeds
- Triscuit Minis – Original
- Triscuit Thin Crisps – Original, Parmesan Garlic, Four Cheeses, Chile Pepper
- **Wheat Thins** – Original, Reduced Fat, Hint of Salt, Ranch, Reduced Fat Garlic & Herb, 100% Whole Grain, Sundried, Tomato & Basil, Multigrain, Parmesan & Basil



Ingredients and manufacturing processes change often so please check the label EVERY TIME.

#### Cheese/Dairy/Jello:

- Kraft Handi-Snacks Pudding Cups
- Kraft Handi-snacks: Premium Breadsticks 'n Cheese Dip, Mister Salty Pretzels 'n Cheese Dip only
- Yogurt:
  - Yoplait Gogurt
  - Stoneyfield (Yogurt Blends, Fruit on the Bottom, Yo Baby, YoTot, YoKids)

#### Cereal/Breakfast:

- **Fruit Loops**
- Cheerios: Original, Multi-Grain, Pumpkin Spice, Chocolate, Very Berry
- Chex (Rice, Corn, Wheat)
- Frosted Flakes
- **Alpha Bits**

#### Pretzels:

- **Rold Gold** – Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat, Cheesy Garlic
- Newman's Own – Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels

#### Popcorn:

- **Pop Secret**
- **Jolly Time**

#### Chips:

- **Doritos (any flavor)**
- **Cheetos**
- LAYS Ruffles
- Tostitos
- Sun Chips (Original, Sour Cream, Cheddar, Flavored)
- Fritos
- LAYS BBQ, Plain

#### Fruits and Veggies:

- Fresh Fruit
- Fresh Veggies
- Raisins (plain, not yogurt or chocolate covered)
- Craisins (Ocean spray)
- Applesauce cups
- Mandarin orange cups
- Pear or Peaches cups
- Fruit Snacks (Welch's, Mott's, Target Market Pantry)
- GoGo squeeze Applesauce, and Yogurt
- Mott's Applesauce

#### Dips:

- Kraft Ranch
- Hidden Valley Ranch

Ingredients and manufacturing processes change often so please check the label EVERY TIME.