



# School House Grill

GREAT FOOD! GREAT PRICES!

2603 North Rodgers Ave. Alton, IL 62002 | (618) 465-3298 Ext. 101

seniorservicesplus.org

## BREAKFAST MENU

### THE EGG BASICS

A) Hash browns and toast

WITH: One egg **\$2.99**

Two eggs **\$3.99**



B) Bacon, sausage or ham (**\$0.25**), hash browns and toast.

WITH: One egg **\$3.99**

Two eggs **\$4.99**

### OMELETS OR SCRAMBLES

Three farm-fresh eggs. Egg substitute or egg whites available. Add cheese **\$0.75**

**Veggie:** Spinach, tomato, onion, pepper and mushroom **\$3.99**

**Classic:** Bacon, sausage or ham, choice of cheese **\$4.49**

**Denver:** Ham, green pepper and onion **\$4.49**

**Everything:** Choose from all of the meat, veggies, 1 meat and cheese. Served with toast **\$6.25**

**Four-Cheese:** Swiss, American, Cheddar, Provolone **\$3.99**



### BREAKFAST BURRITO

Any of the above scrambles, with two eggs, and hash browns, wrapped in a traditional or spinach tortilla with cheese **\$4.49** In Gluten free wrap + **\$1.00**

### "SCHOOLWICH" BREAKFAST SANDWICH

Hard-fried or scrambled eggs on bagel, English muffin or croissant. **\$3.49**

#1: One egg, bacon or sausage, cheese

#2: Mini Denver omelet, cheese



### PANCAKES

Big, fluffy, griddled to order.

**Schoolhouse Buttermilk:** Stack of 3: **\$3.99** 1: **\$1.49**

**Crunchy Granola:** Stack of 3: **\$4.99** 1: **\$1.79**

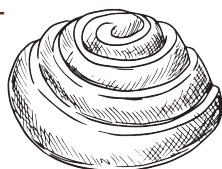
**Chocolate Chip:** Stack of 3: **\$4.99** 1: **\$1.79**

**Orchard:** Slathered with apple compote and cinnamon. Stack of 3: **\$5.49** 1: **\$1.99**

### CINNAMON ROLL FRENCH TOAST

Just as gooey, cinnamon and egg as you would think.

Two big slices **\$4.99**

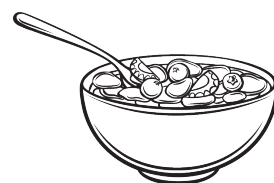


### BISCUITS AND GRAVY

Old-fashioned sausage gravy, split buttermilk biscuits. Subsidized by your heart Doctor.

Full order: Two biscuits **\$4.25**

Half order: One biscuit **\$2.99**



### OATMEAL

Made individually with milk, brown sugar.

Comes with our "condiment caddy" to tailor to your tastes.

Available vegan upon request **\$3.99**

### BREAKFAST COMBO PLATES

Add fruit and milk **\$1.25**

**Pancake:** 1 buttermilk pancake, 1 egg, 2 slices of bacon **\$3.99**

**B&G:** 1 biscuit, gravy, ham slice, 1 egg **\$5.49**

**Cinnamon Roll French Toast Special:** 2 slices, 2 eggs **\$6.29**

### SCHOOLHOUSE BIG PLATES

#7: 2 eggs, 1 pancake, 2 slices bacon, hashbrowns, 1 slice toast or English muffin **\$5.99**

#10: 2 eggs, 1 pancake, 2 slices bacon, 2 sausage patties, 1 slice ham, hashbrowns, 1 slice toast or English muffin **\$8.99**

### SIDES, ADDITIONS AND SUBSTITUTIONS

Egg whites or egg substitute **\$1.25**

Add Cheese (American, Cheddar, Swiss, Provolone, Cheddar Jack) **\$0.50**

Cream cheese **\$0.50**

One egg, any style **\$0.99**

Two eggs, any style **\$1.79**

Hard-boiled egg **\$0.99**



**Bacon:** Double-smoked, 2 pieces: **\$1.99** 4 pieces: **\$3.79**

**Ham:** Hickory smoked, grilled. 1 slice **\$1.99**

**Sausage:** Breakfast patties (2) **\$1.69**

**Hash Browns:** Crisp-edged **\$1.99**

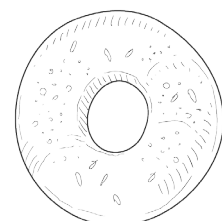
Wheat, rye, white, english muffin, raisin bread, plain or toasted with butter: **\$1.59**

Bagel with butter: **\$1.99**

Bagel with cream cheese: **\$2.49**

Gluten-free bread: **\$1.00**

Cottage cheese: **\$1.99**



WE ARE  
**Meals On Wheels**  
So no senior goes hungry.

ALL PROCEEDS BENEFIT:

# LUNCH MENU

## SALAD BAR 5.49

Available daily after 11am. Eat-in or take out. Our famous build-you-own meal. Two soups of the day, and a constantly rotating selection of fresh vegetables, fruits, seeds, protein and marinated salads, dressings and accompaniments.

**Soup of the day:** Cup \$1.99

## SIDE ORDERS AND APPETIZERS

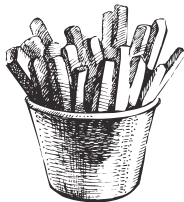
**Crinkle-Cut Fries:** \$1.75

**Sweet Potato Waffle Fries:** \$1.99

**Onion Rings:** \$2.99

**Cauliflower cheddar bites:** With touch of ale in the batter \$2.99

**Toasted Ravioli:** Cheese-filled, crisp fried, with marinara \$2.99



All sandwiches and wraps are served with chips and a pickle. Substitute hot vegetable of the day • fruit cup (4oz.) • carrot sticks with ranch dip **+.25** or small garden salad **+.50**

**Cheese:** American, Swiss, Cheddar, Pepper jack, Provolone

**Bacon:** \$1.00

## BURGERS

**¼ lb. Classic:** Hand-pattied ¼ lb. fresh lean beef, cheese, grilled to order with lettuce, tomato, pickles, on wheat or white bun \$3.99

**Patty Melt:** Our hand-pattied burger, grilled on rye with sautéed onions and swiss \$4.99

**½ lb. Big Double Burger:** 2 patties of bliss \$5.25

**Black Bean Burger:** Tender, tasty, tongue-tingling, vegetarian (contains egg white) and cheese. Grilled to order. \$4.99

## "NOT A BURGER"

### CHOOSE YOUR PROTEIN:

**Grilled Chicken:** Boneless breast, marinated.

Grilled to order \$4.99

**Grilled Salmon "Burger":** ¼ lb., mild and savory.

Grilled to order \$5.49

### CHOOSE YOUR FLAVOR:

**Nekkid:** Unseasoned and perfectly simple

**School House:** Coated in Chef's "secret" spices

**BBQ:** Sprinkled with our smoky apple wood spice, BBQ sauce

**Lemon-Pepper:** Citrus-kick spiced

**Taco:** Mild Southwestern spice, with Salsa

### CHOOSE YOUR PRESENTATION:

**Sandwich:** Lettuce, tomato, pickles, on cornmeal white or honey-wheat bun.

**Wrap:** Wheat or spinach tortilla with lettuce, tomato, red onion.

**Salad:** On fresh greens with tomato, cucumber, onion \$0.50

Add Feta \$0.75

## SALAD BOWLS

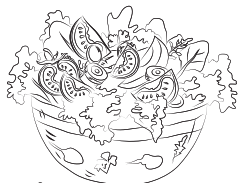
See our salad bar for dressing choices.

**The Alton Chef Salad:** Crisp Greens; ham, turkey, tomato, cucumber and egg \$4.99

**Chloe the Greek:** Crisp greens, Feta, artichokes, red onion, tomato, black olives, Greek vinaigrette \$4.99

With chilled chicken breast \$5.99

**Small Garden Salad:** \$1.99



## QUESADILLAS

Served bubbling hot, cut in 4 pieces, with a side of salsa, sour cream on request.

**3 Cheese:** Monterey Jack, Provolone and Cheddar \$4.49

**Grilled Chicken:** Sliced breast, 3 cheeses, 4 pieces \$5.49

**Beef & Cheese:** Grilled sliced beef, onions, 3 cheeses \$5.49

## OTHER HOT CHOICES

Sure, we can turn most items into a wrap, just ask!

**Traditional Reuben:** Tender corned beef, Swiss, kraut and 1000 island grilled on rye. \$5.29

**Turkey Reuben:** Just like the traditional one, except it's more "gobbly". \$5.29

**Veggie Reuben:** Grilled black bean patty, "health" slaw, Swiss, roasted red pepper mayo on Rye. \$5.29

**Philly Cheese Steak:** Roast beef, Cheddar or Provolone, grilled onions and peppers on Hoagie. \$5.29

**Chicken Philly:** Just like our beef Philly, but with sliced and marinated, grilled chicken breast. \$5.29

**Fried Fish Sandwich:** Hand-breaded fillet, lettuce, tomato, on Hoagie, tartar sauce on side. \$4.99

**Downtown Dog:** ¼ lb. all-beef hotdog, on toasted Doggy Bun \$4.49

**Farmstead Grilled Cheese:** Cheddar, Provolone & Swiss on White, Wheat or Rye. This is serious cheese! \$3.99

**Bacon, bacon grilled cheese:** On white, wheat or rye \$5.49

## COLD SANDWICHES AND WRAPS

Choose: White • Wheat • Rye • Cornmeal Kaiser • Hoagie roll  
Wraps are Wheat or Spinach with lettuce and tomato, unless stated otherwise.

**Hickory Ham and Cheese** \$4.99

**Roasted Turkey Breast** \$4.99

**BLT:** Double-smoked bacon, lettuce, tomato, toast, mayo on the side \$3.99

**Super BLT:** Bacon, bacon, bacon and bacon. Lettuce and tomato, toast, mayo on side \$5.49

**Texas Turkey Club or Club Wrap:** Roast turkey, bacon, lettuce and tomato. Mayo on side. On 2 slices Texas Toast White, unless you tell us otherwise \$5.99

**Chicken Salad Sandwich or Wrap:** Roasted chicken, celery, lite mayo and herbs \$5.29

**Tuna Salad Sandwich or Wrap:** Tender and tasty with celery and egg \$5.29

**Greek Salad Wrap:** Our famous Greek salad (see Salad Bowls) Vegetarian with double feta \$4.49

With chilled chicken breast \$5.99

**Chicken Caesar Wrap:** Chilled, grilled chicken, crisp greens, tangy Caesar dressing, crunchy croutons \$5.99



## PLATTERS

Choose 1 side: chips and a pickle • hot vegetable of the day • fruit cup (4oz.) • carrot sticks with ranch dip **+.25** • small garden salad **+.50** • fries **+1.00**

**Fried Fish Platter:** Hand-breaded fillet, cooked to order \$4.99

**Fried Shrimp Platter:** 7, Fantails, tender and crunchy \$6.99

**Chicken Tenders:** 4, battered, crisp fried chicken tenders. Choose honey-mustard, Ranch or BBQ dip \$5.29

## LUNCH SUBSTITUTIONS

Gluten free bread \$1.00 add bacon \$1.00 add tomato \$0.50  
add cheese \$0.50 warm or chilled grilled chicken breast \$1.80  
carrot sticks + ranch dip \$1.50 hot vegetable of the day \$1.00

## BEVERAGES

Fresh brewed coffee (reg. or decaf.) \$1.25 Fresh brewed iced tea \$1.25 milk carton \$1.00 canned soda \$1.00 bottled soda \$1.35 juices & specialty drinks **priced as marked**

## DESSERTS

Made in-house. Priced individually. Ask your Hostesses.