

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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THURSDAY, FEBRUARY 13, 2020



PHOTO BY JIM KNOWLES

Moon Over the Manor

The full moon rose over the Manor Shopping Center sign on Saturday night, just before the howling winds started to kick up later in the night and through Sunday.

MedShare Sends Face Masks to China

By Jim Knowles an Leandro Times

A San Leandro firm just shipped 1.5 million face masks have come down with the virus to China to help stop the spread in China, and over a thousand of the coronavirus.

Medshare's West Coast center health ministry. on Alvarado Street held a press conference on Monday on the is assisted by \$500,000 from the company's effort to stop the Coca-Cola Foundation, and UPS spread of the virus in China. Med- is providing the shipping. Share, headquartered in Atlanta, sends out-of-date or surplus med- home," said Curt Ferguson, ical equipment from the United president of Coca-Cola of Greater States to parts of the world where China and Korea. "Imagine if this it's needed - everything from happened here at Christmastime hospital beds to stethoscopes to when everybody was at home." medical machines.

with the hurricane in Haiti, Med-

Share responds where medical supplies are needed.

A reported 40,000 people have died, according to China's

In the China effort, MedShare

"I live in Shanghai. It's my

During a crisis, as there was war against the virus, said Amsee MEDSHARE, page 8



PHOTO BY JIM KNOWLES

China is fighting an all-out Ambassador Wang Donghua, Chinese Consul General of San Francisco, talked to reporters at the MedShare warehouse on Alvarado Street on Monday.

SAN LEANDRO • CALIFORNIA

Duplex Tenants Offered Money To Move Out

City Councilman Hernandez says city can help tenants

By Mike McGuire San Leandro Times

Tenants at an 80-unit apart- fault of their own were entitled ment complex along Thornally to relocation assistance from the Drive, just off Hesperian Boule- landlord. That assistance is more vard, are being offered money to than the landlord offered, he said. move out by the new owner, but City Hall has offered to help them stay if that is what they want.

The new owners offered \$4,000 to tenants who move out by April 13, and \$5,000 to tenants who move out by March 13. There was no suggestion where they should move to.

Tenants who called the information number on the landlord's Of Coronavirus letter say they were told that the apartments would be renovated and re-rented at almost double the current rents.

Hesperian Apartments came to a Friday night outdoor meeting organized by tenants to hear City city could do to help.

"Don't sign anything," Heration.

can stay here if that's what you to arrest its spread. want," Hernandez said.

sold, and that tenants forced to common in many animals. move out of units through no

Quarantines **Slow Spread**

The residents gathered in a

see TENANTS, page 16

By Linda Sandsmark San Leandro Times

Coronavirus was the topic of Some 75 residents of the a doctor-led discussion at Castro Valley Library on Monday night.

The overall message was that there's no need to panic at this Councilman Ed Hernandez tell time, despite rapidly changing them of their rights and what the information about the contagion's spread.

Longtime Castro Valley phynandez advised, pending the sician Dr. Mark Finch, Sr., an city's investigation of the situ- infectious disease specialist, said that while the disease is "We're going to work with "big news," quarantines in place the new owners to make sure you around the U.S. have done much

Corona viruses are so-Hernandez added that rent named for their crown (coroincreases were limited by state na)-shaped spikes when viewed law, even if the property was under a microscope. They are

see CORONAVIRUS, page 8

INSIDE YOUR TIMES				
*80s pop group The Jets to play Valentine's show. Page 2	Business7 Calendar4 Classified Ads12 Crime			
BUSINESS Chamber of Commerce awards businesses. Page 3 FOOD	Crime			
Here's the recipe for Valentine's cookies. Page 6 38,500 EVERY THURSDAY THE LARGEST FRE-DE INFRED NEWSPAPER IN THE FAST RAY	Letters			

OF THE WEEK San Leandro Times An independent hometown newspape

serving San Leandro, Ashland, San Lorenzo and Sheffield Village **EDITORIAL**

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Wolfgang

The Pets of the Week at the Barnes Court in Hayward, are She loves to be near people. Wolfgang the dog and Lelani the dog.

Wolfgang, a 2-year-old white patience and TLC, she comes husky mix, is shy and reserved. He around. Okay in an adult-only loves to explore on his own terms, home. some TLC to blossom. Okay with Hayward Animal Shelter at 510teens and older. 293-7200.

Alta Mira Club Mystery Tea

The Alta Mira Club, 561 at 11:30 a.m. Lafayette Ave. in San Leandro,

will host a Mystery Tea with followed by the speakers, is \$20. trict's upcoming Local Control prominent mystery writers Janet Limited seating. For reservations, Accountability Plan (LCAP) Tuesday, Feb. 25, from 6:30 to 10:30 a.m., at the Barbara Lee Finsilver, Cindy Sample and Si- email Nancyfong@aol.com or community forums. mon Wood on Monday, Feb. 17, call 510-483-1018.

Lelani

She's initially uncomfortable in

new situations but with a little



Hayward Animal Shelter, 16 who is easy to leash and walk. The Jets will play a show on Valentines night at the Bal Theatre in San Leandro.

Jets to Play the Bal for Valentines

Eighties pop music icons Leandro, on Friday, Feb. 14, at 8 Tickets are \$40 to \$98. For tickets The Jets will perform a live Val- p.m. The Jets had eight Top 10 or more information, visit www. is a bit of a couch potato, and likes For more information on entines Day concert at the Bal hits, including "Make It Real," BALTheatre.com or call the box being with people. He just needs Wolfgang or Lelani, call the Theatre, 14808 E 14th St. in San "You Got It All," and many more. office at 510-614-7700.

San Leandro Schools Planning Meetings

Tickets to the tea luncheon, the future. Attend one of the dis- which is on the ballot for March 3. School, presented in Chinese;

School District is planning for improvement bond, Measure N, to 8 p.m. at John Muir Middle

These meetings will also in- School, presented in Spanish; on Ave.), presented in English.

The San Leandro Unified clude details about the facilities Wednesday, Feb. 26, from 6:30 The meetings will be on and on Saturday, Feb. 29, from 9 to 8 p.m. at Bancroft Middle Health Center (2251 Bancroft

Every School in San Leandro School District Will Receive Measure N Funds



All Measure N Funds Will Stay in San Leandro to Improve Our Schools!

Learn more at www.sanleandransforgreatschools.com

Paid for by San Leandrans for Great Schools—Yes on N 2020—FPPC #1386769

- Modernize classrooms at the district's older elementary schools to meet academic and safety standards at new schools
- Replace aging classroom windows with new, energy efficient windows
- Replace remaining portable classrooms with new, permanent classrooms
- Renovate school kitchens and construct new, shaded outdoor student lunch areas with hydration stations
- Construct/redesign drop-off and pick-up areas for student safety
- Upgrade campus security by installing new intercom and emergency communications systems





Nate Offenberg gets his beard trimmed by barber Kevin Mercado at award-winning Barberian's Barbershop on Bancroft Avenue.

Chamber Honors Local Businesses and People

ACCO Engineered Systems as businesses of the year at the last year but prevailed in a tight merce's annual Business Awards Small Business award. gala held Jan. 30 at the Senior Community Center.

and business leader Arlene Lum, space, both at 1455 Hays St. and Chabot College dean Kristin Lima

facture mechanical systems such as HVAC for buildings.

CROSSWORD ANSWERS

H|A|R|D|||F|A|L|C|O|N|E|R

BICONVEXVASE

SILAS

WISCONSIN

OBOE

AMNIOFATA

ALPS

OSY

H E A T D I C E S

ZIRCONIUM

NOW

ARE

GIISTS

CASE

and Barberian's Barbershop won 379 Bancroft Ave., opened only ty Cultural Association. San Leandro Chamber of Com- race for the People's Choice Leader in Business award for

The Businessperson of the Leandro. Year award went to Shannon Top awards also went to Al- Hockley. She owns Shannon for her work in promoting busiameda County Industries (ACI), Leigh Associates, an environ- ness partnerships through such Geltor, Station SL owner Shannon mental graphic design firm, and events as East Bay Manufactur-Hockley, community volunteer Station SL, a business meeting ing Day. She serves as Chabot

Community Service award, hon-ACCO Engineered Systems, oring her decades of community & Technology Leader award. at 1133 Aladdin Ave., was named board positions, committee seats, Located at the Gate 510 center Business of the Year. They manu- and volunteer activity. These in- on Davis Street, they make ancluded serving as the chair of the imal-free collagen for cosmetics Asian Business Council and Vice products.

Job Opportunity –

degree preferred.

Please email resume to:

or fax to 510-483-4209.

ADVERTISING SALES REPRESENTATIVE

East Bay Publishing, the publisher of the San Leandro

Times & Castro Valley Forum newspapers, is seeking a

highly motivated, career-oriented account

executive. Experienced and college

howardm@ebpublishing.com

Barberian's Barbershop, at President of the Asian Communi-

ACI was awarded the legacy

Kristin Lima was recognized College's dean of Applied Tech-Arlene Lum received the nology & Business Innovation.

Geltor won the Innovation



Stabbing Is San Leandro's First Murder In Two Years

mother 's boyfriend.

The incident occurred Friday, Feb. 7, around 11:30 pm, when arrived on the scene and began ally stopped and was taken into San Leandro police officers were investigating the case. dispatched to the 500 block of Beverly Avenue for a stabbing that indicated the suspect was of our officers and detectives led assault.

Police arrived on scene and ing from multiple stab wounds. located the suspect driving his Police provided immediate first aid until paramedics arrived.

The victim was transported Leandro. to an area hospital, where he was pronounced dead.

An 18-year-old San Leandro is still being investigated. The 20-minute pursuit as far as Dubteenager, Ty Bothwellmitlitsk, suspect's mother witnessed the lin before turning back towards has been arrested for murder for stabbing and told police that the bay. allegedly stabbing to death his her son fled the residence in her vehicle after the incident.

Detectives followed leads possibly in San Francisco.

found a 62-year-old male suffer- 3:40 am, police investigators tenant Isaac Benabou. mother's vehicle across the homicide for 2020. San Leandro Bay Bridge back towards San had no murders in 2019 and one

Police attempted to stop the suspect. But he failed to pull booked into Santa Rita Jail in The motive for the crime over and instead led officers on a Dublin.

The suspect continued to flee from several police vehicles until San Leandro police detectives Castro Valley, where he eventucustody.

"The fast and thorough work to the swift arrest of the suspect," Within a short time, around said San Leandro Police Lieu-

> This is San Leandro's first in 2018.

Bothwellmitlitsk has been

PG&E Submits Plan For Fewer Fires, Shutoffs

mission (CPUC) on Friday.

extreme weather and wildfires.

The company's 2020 plan

Wildfire Mitigation Plan to the duration and to lessen the over- during a PSPS event, and adding California Public Utilities Com- all impacts of shutoffs while 23 transmission switches capable working to keep customers and of redirecting power and keeping The plan is designed to ad- communities safe during times substations and transmission lines dress the growing threats of of severe weather and high wild- energized in some areas during a fire risk.

These efforts include installits decades of cleaning up San includes changes to make public ing 592 automated devices on gation Plan is subject to public resafety shutoff (PSPS) events power lines to reduce the number view and approval by the CPUC.

PG&E submitted its 2020 smaller in scope and shorter in of communities without power PSPS event.

PG&E's 2020 Wildfire Miti-



RUINS



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Eight Elementary chools Unlimited **Opportunity**.

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NEIGHBORS



PHOTO BY JIM KNOWLES

Smoothing It Over

A road roller smooths out the blacktop as workers repair a rough spot of pavement recently in the Downtown Plaza.

ARTS & ENTERTAINMEN

CV Center for the Arts

Chicago the Tribute Come see Chicago the Trib- Redwood Road, Thursdays and plays on Fridays and Saturdays ute on Saturday, Feb. 22, at the Fridays from 3 to 5 p.m. (phone at 8 p.m., and Sundays at 2 Castro Valley Center for the 510-889-8961), or at the Castro p.m. Tickets are \$22 to \$27 Arts, 19501 Redwood Road. Valley Adult School, 4430 Alma and may be purchased online Enjoy listening to "Saturday in Avenue. the Park," "Does Anybody Really Know What Time It Is?" and their many other legendary hits, at 7:30 p.m. Tickets are Steel Magnolias opens at the by American writer Robert from \$38 to \$40 and can be pur- Chanticleers Theatre, 3683 Quail Harling, a comedy-drama about

chased at www.cvcfa.com; or at Ave. in Castro Valley, runs

***** Chanticleers Theatre Steel Magnolias



the Center Box Office, 19501 through March 1. The show at chanticleers.org or by calling 510-SEE-LIVE (510-733-5483). Group discounts also available. Steel Magnolias is a stage play the bond among a group of Southern women in northwest Louisiana. The title suggests the female characters are as delicate as magnolias but as tough as steel. The magnolia specifically references a magnolia tree they are arguing about at the beginning. Harling based this play on his experience with his sister's death. Director, actor, and designer spanning four decades in West Coast theatre, Kendall Tieck will make his Chanticleers Theatre directing debut with Steel Magnolias.

> Keep your out-of-town friends and family informed with a subscription to the San Leandro Times! ■ Did you know that the San Leandro Times will

mail the paper to anyone in the continental United States?

Call 614-1555 for details!

COMMUNITY CALENDAR

Deadline for Calendar Items is Friday for the Following Week

Meeting of the Libertarian Party

The Libertarian Party of Alameda County will meet tonight, Feb 13, at 7:15 p.m. at the Sons of Liberty Alehouse, in the Downtown Plaza, 150 W. Juana Ave. in San Leandro. Meet Libertarian candidate Jamie Dluzak, who is seeking to be a write-in candidate for California State Senate District 9. No membership required, free to attend, all political affiliations welcomed. For more information, visit lpac.us.

* Perry Yan Magic Show

The Manor Branch Library, 1241 Manor Blvd. in San Leandro, will present the Perry Yan Magic Show tonight, Feb. 13, at 6:30 p.m. The family magic show is best for ages 3 and up. For more information, call 510-577-7971.

* Un-Valentine's Day Mini-Golf

The San Leandro Main Library, 300 Estudillo Ave., invites everyone 18 and over to an Un-Valentine's Day Mini-Golf after-hours event on Friday, Feb. 14, from 6:30 to 8 p.m. Bring your friends or come alone. Mini Golf will be from 6:30 p.m. to 8 p.m. Admission is free. Pizza will be served while supplies last. Board games and video games will also be available. For more information, call the Library Information Desk at 510-577-3971.

***** Our Lady of Grace Polenta Dinner

Our Lady of Grace Church Hall, 3433 Somerset Ave. Castro Valley, will host the Italian Catholic Federation Polenta Dinner on Saturday, Feb. 15. Doors open at 6 p.m. Salad, polenta, sausage, bread, dessert, wine, soda and coffee. Entertainment and raffles. Price \$35 per person or \$250 for a table of eight. Reservations and payment required in advance. Deadline is Feb. 10. Send one check with the names of those at your table for 8 to; Lisa Crudo, 3718 September Court, Castro Valley, CA 94546, the same for individual reservations. For more information, call Lisa at 510-861-9835.

* Mystery Tea at the Alta Mira Club

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will host a Mystery Tea with prominent mystery writers Janet Finsilver, Cindy Sample and Simon Wood on Monday, Feb. 17, at 11:30 a.m. Tickets to the tea luncheon, followed by the speakers, are \$20. Limited seating. For reservations, call 510-483-1018 or email Nancyfong@aol.com.

Paws to Read

The Manor Branch Library, 1241 Manor Blvd. in San Leandro, will present Paws to Read on Feb. 18 from 3:30 to 5 p.m. for children in grades 1 to 5. Friendly therapy dogs look forward to hearing children read all kinds of books. Call the Manor Branch Library at 510-577-7971 or come in person to the library to sign up in advance for 20 minute reading sessions.

***** Panel on Caring for Older Adults

Join Center for Elders' Independence (CEI) on Tuesday, Feb. 18, from 4 to 6 p.m. at 1850 Fairway Drive in San Leandro. Bring your questions about caring for an older adult to an informative panel discussion with CEI doctors, psychologists, social workers and family caregivers that begins at 4:30. CEI supports East Bay seniors 55+ with multiple health challenges to live safely at home, not in nursing homes. The staff specializes in caring for older adults. This event is free and open to the public. Refreshments, free parking and eldercare resources provided. For more information, contact Dafina Dailey at ddailev@cei.org or 510-318-7136. To register visit: http://bit.ly/Feb18experts.

Meeting of the San Leandro Garden Club The San Leandro Garden Club will meet on Tuesday, Feb. 18, at the Alta Mira House, 561 Lafayette Ave. in San Leandro. The business meeting begins at 10 a.m., followed by a speaker at 11 a.m. Jolene Adams, past president of the American Rose Society, will talk about roses and answer questions. All are welcome. The San Leandro Garden Club is in its 55th year of promoting gardening and providing community support, and meets every third Thursday of the month from September to June. For more information, call Carla Francis at 510-582-5288.

* Meeting of the East Bay Rose Society

The East Bay Rose Society will hold its monthly meeting on Wednesday, Feb. 19, at 7:30 p.m. at the Lakeside Garden Center, 666 Bellevue Ave. in Oakland. Joe Truskot, a Master Rosarian and President of the Monterey Rose Society, will speak on Rose Rosette Disease. This disease is transmitted by microscopic mites and can devastate a rose garden. Truskot will show how to identify Rose Rosette and discuss ongoing research and potential remedies. Enjoy snacks and people who talk roses. For more information, visit www.eastbayroses.org.

* Hill and Valley Club Flea Market

The Hill and Valley Club, 1808 B St. in Hayward will hold its annual Flea Market on Saturday, Feb. 22, from 9 a.m. to 2 p.m., featuring household goods, clothing and accessories, jewelry, linens, appliances and electronics, books, toys, sewing and craft materials, and miscellaneous items. Lunch will be served in the café. Funds raised benefit several local charities. This is an indoor sale with plenty of parking available.

* Eden Cancer Support Groups

Eden Medical Center, 20101 Lake Chabot Road in Castro Valley, continues a partnership with Cancer Support Community in 2020 by offering free cancer support groups and quarterly cancer workshops. The Gentle Restorative Yoga workshop will be held on Thursday, Feb. 27, from 5:30 to 7:30 p.m. Learn how breathing and gentle movements promote healing and restores the body. It is also one of the best ways to fight fatigue and restore strength and balance. If you are going through cancer treatments, are on the road to recovery, or are a caregiver, this class is for you. Madelyn Kimball is a certified yoga trainer and will share her knowledge in this free workshop. Registration is encouraged by calling 925-933-0107. All Cancer Support Groups are held on the first and third Wednesday of each month from 6 to 8 p.m, also held at the address above, but no registration is needed for these drop-in groups.

* I.D.E.S. St. John Crab Feed

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have its annual Crab Feed on Saturday, Feb. 29, from 6 to 10 p.m. The dinner comes with salad, pasta, garlic bread, and dessert. Tickets are \$55 per person, and \$25 for children 6 to 12 years old. For more information or tickets call Darlene at 510-589-6536, Willie at 510-207-6326 or Frances 510-886-1568.

***** Bayfair Toastmasters

Bayfair Toastmasters is a small, growing club seeking new members who want to learn the art of public speaking. All are welcome to the club's weekly meetings every Wednesday from noon to 1 a.m. in the Bayfair Mall 2nd floor meeting room above the food court. For more information, call Noreen at 510-538-6025 or Wayne at 407-0048.



Mike Wolfe and Frank Fritz and their team will be coming and hope to find some historically significant objects.

'American Pickers' Coming To the East Bay in March

The reality TV show on the Pickers," will be coming to California and will film episodes in this area in March.

The pickers hunt for valuable antiques and they are interested in finding unique collections and learning the interesting stories behind the items.

Mike Wolfe, Frank Fritz, and their team hope to give historically significant objects a new lease on life, while learning a thing or explore your hidden treasure. If two about America's past along you or someone you know has the way. They're always looking to discover something they've accumulation of antiques that never seen before.

American Pickers is look- part of the day looking through, History channel, "American ing for leads and would love to send your name, phone number,

location and description of the collection with photos to: ameri canpickers@cineflix.com or call The pickers 855-OLD-RUST. are interested in finding unique

a large, private collection or

the Pickers can spend the better

collections.

LEGAL NOTICE

NOTICE OF PETITION TO ADMINISTER ESTATE OF

Barry Lamont Thompson Case Number: RP20050801

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Barry Lamont Thompson.

A Petition for Probate has been filed by Michael Herrera, Sr. in the Superior Court of California, County of Alameda. The Petition for Probate requests that Michael Herrera, Sr. be appointed as personal representative to administer the estate of the decedent.

The PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 18, 2020, 9:31 a.m., Dept. 201, at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

IF YOU OBJECT to the granting of the petition you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Rachael N. Phillips

Law Offices of Ann Marshall Robbeloth

31 East Julian Street, San Jose, CA 95112 (408)371-5206 LEGAL 0219-SLT RP20050801 02/06/20, 02/13/20, 02/20/20

FILED **JANUARY 30, 2020** MELISSA WILK County Clerk ALAMEDA COUNTY -, Deputy Вy

FILE NO. 568102 FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Pediatric Language Therapy Associates located at 2242 Washington Ave., San Leandro. CA 94577, in Alameda County, is hereby registered by the following owner(s): Claire Ibrahim, 8033 Earl St., Oakland, CA 94605. This business is conducted by an individual. This business commenced N/A. /s/ Claire Ibrahim This statement was filed with the County

Clerk of Alameda County on date indicated by file stamp above Expires JANUARY 30, 2025 FEB 06, 13, 20, 27, 2020

0221-SLT

FILED **JANUARY 9, 2020** MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 567397 Deputy

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code

Sections 17900-17930 The name of the business(es): Aleyda's House Cleaning located at 1531 48th Ave., Oakland, CA 94601, in Alameda County, is hereby registered by the following owner(s): Aleyda Revelo Rivera, 1531 48th Ave., Oakland, CA 94601. This business is conducted by an individual. This business commenced 01/09/2020. /s/ Alevda Revelo Rivera This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 9, 2025

JAN 23, 30, FEB 06, 13, 2020 0210-SLT

Deadline Extended for Alameda County Women's Hall of Fame

difference in the community.

Honorees will be celebrated at the 27th Annual Alameda been inducted into the Alameda and contributions, and to sup-County Women's Hall of Fame County Women's Hall of Fame Luncheon and Awards Ceremony on Saturday, April 11, at the USS Hornet - Sea, Air and Space ing exceptional women leaders Alameda.

The deadline to submit a to Feb. 14.

The Women's Hall of Fame is ilies. accepting nominations in 13 categories: Business & Professions; Community Service; Culture & Art; Education; Emerging Leader; Environment; Health; Justice; Non-Traditional Careers; Philanthropy; Science, Technology, Engineering and Mathematics; Sports & Athletics; and Youth.

Submit your nominations in any of these categories today. A nomination can be submitted

Pursuant to Business and

Professions Code

Sections 17900-17930

BLACK MEN LIFE Insurance Foundation

located at 1972 Quebec Ave., San Leandro,

CA 94579, in Alameda County, is hereby

reaistered by the following owner(s): BLACK

MEN LIFE Insurance Foundation, 1972

Quebec Ave., San Leandro, CA 94579. This

business is conducted by a corporation. This

/s/ BLACK MEN LIFE Insurance Foundation

This statement was filed with the County

Clerk of Alameda County on date indicated

FEB 13, 20, 27, MAR 05, 2020

0222-SLT

FICTITIOUS BUSINESS

NAME STATEMENT

Pursuant to Business and

Professions Code

Sections 17900-17930

Hallibron located at 16077 Ashland Avenue.

#355, San Lorenzo, CA 94580, in Alameda

County, is hereby registered by the following

owner(s): Cornor Alexander Jr., 16077 Ash-

land Ave., #355, San Lorenzo, CA 94580.

This business is conducted by an individual.

This statement was filed with the County

Clerk of Alameda County on date indicated

JAN 23, 30, FEB 06, 13, 2020

0211-SLT

The name of the business(es)

This business commenced N/A.

/s/ Cornor Alexander Jr.

Expires JANUARY 15, 2025

by file stamp above.

FILED

JANUARY 15, 2020

ALAMEDA CÓUNTY

By-----, Deputy FILE NO. 567563

MELISSA WILK

County Clerk

The name of the business(es):

business commenced 1/29/2020.

by file stamp above.

Expires JANUARY 29, 2025

Nominations are being ac- whof, where there is also more Board of Supervisors and the Alacepted for the Alameda County information about tickets and meda County Commission on the Women's Hall of Fame, honoring sponsorships that affords deextraordinary women making a serving youth the opportunity to Hall of Fame is an annual event attend the event.

since its inception in 1993.

In addition to commend-Museum, 707 W. Hornet Ave. in from Alameda County, the an- out with more than 500 people nual event raises funds for youth scholarships and supports local ments of our inductees and to nomination has been extended nonprofit community partners contribute support to youth and serving women, youth and fam- community partners.

co-hosted by the Alameda County announced in early spring.

Natives Garden Tour Plant Event

Local nurseries specializing Works, 20095 Mission Blvd. in in California native plants will be Hayward, will host a pop-up sale open on Saturday, Feb. 22, from of hard-to-find California native 10 a.m. to 4 p.m.

A percentage of all purchases made on Feb. 22 will go to sup- for sale plus solar oven cooking port the Bringing Back the Na- demonstration. Beekeeper meet

Status of Women. The Women's held to recognize outstanding More than 250 women have women for their achievements port community partners serving women and families in Alameda County.

The event is expected to sell present to recognize the achieve-

The next group of Women's This countywide event is Hall of Fame inductees will be

FILED

JANUARY 16, 2020

ALAMEDA CÓUNTY

By-----, Deputy FILE NO. 567616

MELISSA WILK

County Clerk

online at http://www.acgov.org/ tives Garden Tour. Green Thumb and greet at 2 p.m.

plants.

Handmade soaps and pottery

FILED **JANUARY 29, 2020** MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 568025 By-

FICTITIOUS BUSINESS FICTITIOUS BUSINESS NAME STATEMENT

LEGAL NOTICES

NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

By-

The name of the business(es): "E" and "L" Property located at 862 Evergreen Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): (1) Christine Soledad Ortega Max (2) Edwin Stanley Barahona, 862 Evergreen Ave., San Leandro, CA 94577. This business is conducted by a Married Couple. This business commenced 01-16-20.

/s/ Christine Soledad Ortega Max, Edwin Stanley Barahona This statement was filed with the County Clerk of Alameda County on date indicated

by file stamp above. Expires JANUARY 16, 2025 JAN 30, FEB 06, 13, 20, 2020 0215-SLT

> FILED DECEMBER 31, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 567021 **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 Gabriella Gutierrez, CSR 9024 located at 1128 Billings Blvd., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Gabriella Gutierrez, 1128 Billings Blvd., San Leandro, CA 94577. This business is conducted by an individual. This business commenced N/A. /s/ Gabriella Gutierrez

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires DECEMBER 31, 2024 JAN 23, 30, FEB 06, 13, 2020 0212-SLT

FILED **JANUARY 22, 2020** MELISSA WILK County Clerk ALAMEDA CÓUNTY By -, Deputy FILE NO. 567719

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 The name of the business(es):

Concrete Rock Stamp Rental and More located at 16530 East 14th Street, San Leandro CA 94578, in Alameda County, is hereby reaistered by the following owner(s): Wendy Karina Nunez, 424 Pacifica Ave., Baypoint, CA 94565. This business is conducted by an individual. This business commenced N/A. /s/ Wendy Karina Nunez This statement was filed with the County

Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 22, 2025

FEB 06, 13, 20, 27, 2020 0218-SLT

FILED **JANUARY 15, 2020** MELISSA WILK County Clerk ALAMEDA CÓUNTY By-----, Deputy FILE NO. 567549 **FICTITIOUS BUSINESS**

NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

of the bus Safe Transportation Service located at 1215 Asbury Ct., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): (1) Fayez Aldahmi, 1781 Auseon Ave., Oakland, CA 94621 and (2) Muneer Alkabsh, 1215 Asbury Ct., San

Leandro, CA 94579. This business is conducted by Co-partners. This business commenced N/A. /s/ Fayez Aldahmi, Muneer Alkabsh This statement was filed with the County Clerk of Alameda County on date indicated

by file stamp above. Expires JANUARY 15, 2025 JAN 23, 30, FEB 06, 13, 2020

0213-SLT

LIFESTYLE

Capturing Hearts on Valentine's Day

inding the perfect Valen- 2 tablespoons unsweetened tine's Day present for the ways easy - so it's a good thing 1/4 teaspoon salt that almost everyone appreciates a sweet, homemade treat.

CHOCOLATE TRUFFLE COOKIES

4 (1-ounce) squares unsweetened chocolate, chopped

- cup semisweet chocolate chips
- 6 tablespoons butter
- 3 eggs

1 cup white sugar

1-1/2 teaspoons vanilla 1/2 cup all-purpose flour

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cocoa powder

one that you love isn't al- 1/4 teaspoon baking powder

1 cup semisweet chocolate chips

In the microwave or in a metal bowl over a pan of simmering water, melt unsweetened chocolate, 1 cup of the chocolate chips, and the butter stirring occasionally until smooth.

Remove from heat and set aside to cool.

In a large bowl, whip eggs and sugar until thick and pale, about 2 minutes. Stir in the vanilla and the chocolate mixture until well

Phổ

V HO

Seafood Noodle Soup, Chicken Noodle Soup, Beef Noodle Soup,

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Salad: Mixed Greens with Vinaigrette Dressing & Smoked Salmon.

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NOODLE SOUP

Combine the flour, cocoa, baking powder and salt; gradually stir into the chocolate mixture. Fold in remaining 1 cup chocolate chips. Cover dough and chill for at least an hour or overnight.

Preheat oven to 350°F.

Roll chilled dough into 1 inch balls. Place on ungreased cookie sheets so they are 2^{-1} inches apart. Bake for 9 to 11 minutes in the

preheated oven. Allow cookies to cool on baking sheet for 5 minutes before removing to a wire rack to cool completely.

SHORTBREAD

COOKIES

1 cup salted butter, cold and cut into pieces 1/2 cup granulated sugar

1 teaspoon vanilla extract 2-1/4 cups all-purpose flour

In a medium bowl of an electric stand mixer cream together butter, granulated sugar and vanilla extract until well combined

Add flour and mix until combined. Knead dough by hand for 5 minutes. It should end up soft and pliable, similar to play-dough, not sticky.

Form a ball, wrap tightly, and chill for about 30 minutes. While the dough is resting, preheat oven to 350°F. Line baking sheets with late until smooth and set aside to parchment paper and set aside. Roll dough out to about 1/2 inch

thickness, use a cookie cutter for shapes.

Place each cookie 2 inches apart on baking sheet. Bake 8-10 minutes, or until edges are golden brown. Immediately transfer to a wire rack to cool.

RED VELVET COOKIES

2 cups all-purpose flour 1/2 teaspoon baking soda 1/2 teaspoon salt

2 (1- ounce) squares unsweetened baking chocolate, broken into pieces

1/2 cup unsalted butter, softened

2/3 cup dark brown sugar, firmly packed

1/3 cup white sugar 1 large egg 1 tablespoon red food col-

orina 3/4 cup sour cream

1 cup semisweet chocolate

chips (optional) Preheat oven to 375°F with the rack in the middle position. Grease baking sheets or line with parchment paper. Sift together the flour, baking soda, and salt.

Break the chocolate squares into chunks, place in a microwave-safe bowl and microwave on High until the chocolate melts, about 90 seconds. Stir the choco-

cool.



butter, brown sugar, and white spoonfuls of the dough 2 inches the egg and beat until smooth.

sifted dry ingredients, stirring until well incorporated.

Beat in the sour cream and mix in the remaining dry ingredients. In a large bowl, beat 1/2 cup Fold in the chocolate chips. Drop

sugar until light and fluffy; pour in apart onto prepared baking sheets. Bake one sheet at a time in the pre-Mix in the red food coloring and heated oven until they spring back chocolate, scraping the bowl down when pressed, about 9 minutes. regularly, until evenly blended, Cool in the pans for 5 minutes beabout 30 seconds. Add half of the fore removing to cool completely on a wire rack.

CREAM CHEESE FROSTING

1/4 cup unsalted butter, softened

4 ounces cream cheese, at room temperature

1/2 teaspoon vanilla extract 2 cups confectioners' sugar, sifted

Red food coloring (optional)

Whip 1/4 cup butter, cream cheese, and vanilla until smooth. Blend in the powdered sugar in half cup portions until the frosting reaches the desired consistency. Add a few drops of red food coloring if desired.



Celebrate Valentine's Day Feb. 14 at LUKE'S GRILL Authentic Greek & Dtalian Cuisine Starting Feb. 16 to March 31, 2020, receive 15% Off OR 2nd Dinner 1/2 off for party of two people on Regular Menu Only with this coupon. (510) 614-1010 Make Your Reservations Now Seatings: 4:30 pm • 6 pm • 8 pm 1509 E. 14th St. • San Leandro



The San Leandro Times

TREAT YOUR VALENTINE

A Melt-in-Your-Mouth Valentine Favorite

ment of pure creamy bliss as it Boil mixture, without stirring, melts in your mouth.

The secret to making good (soft-ball stage). fudge is to follow the directions exactly and to have two important pieces of equipment – a pan that heats evenly and a good candy thermometer to ensure accurate but leave thermometer in place. temperature control.

OLD-FASHIONED CHOCOLATE FUDGE

Butter 2 cups sugar

1/2 cup unsweetened cocoa powder

- 2/3 cup whipping cream
- 2 tablespoons light corn syrup
- 2 tablespoons butter
- 1 teaspoon vanilla 1/2 cup coarsely chopped
 - walnuts

3-quart saucepan. Combine sugar, cocoa powder, cream and and cut pieces along score lines. corn syrup in pan. Stir slowly

ew homemade Valentine's over moderate heat until mixture Day gifts are as welcome as comes to boil. Cover saucepan for homemade fudge - smooth 2 minutes, then uncover and attach as velvet on the tongue and a mo- candy thermometer to side of pan. until thermometer reaches 234°F

> Meanwhile, line an 8-inchsquare baking pan with foil and lightly butter the foil.

> Remove saucepan from heat, Drop 2 tablespoons butter on top of candy mixture (do not stir in) and allow mixture to stand, without stirring, until temperature drops to 110°F.

Add vanilla, stir gently to incorporate, then beat mixture continuously with wooden spoon until fudge become very thick and almost holds shape when dropped from spoon. Stir in nuts and push mixture into prepared pan. While still warm, score candy with sharp knife into desired-size pieces.

After cooling until firm, use foil Generously butter sides of a to lift candy out of pan. Peel away foil, place candy on cutting board Makes 64 (1-inch) squares.

BAKERS' GERMAN CHOCOLATE FUDGE

- 2 cups semisweet chocolate chips 12 (1-ounce) squares Baker's
- German's Sweet Chocolate 1 (7-ounce) jar marshmallow
- creme
- 4-1/2 cups sugar tablespoons butter
- (12-ounce) can evaporated
- milk 1/8 teaspoon salt
- 2 cups chopped pecans or walnuts

Combine chocolate chips, German sweet chocolate and marshmallow creme in large bowl.

Combine sugar, butter, evaporated milk and salt in heavy skillet. Cook for 6 minutes, stirring constantly. Pour hot syrup over chocolate mixture. Stir with wooden spoon until smooth. Stir in pecans and spread into buttered 10x15-inch pan.

Let stand until firm; cut into 2-1/2 cups granulated sugar squares. Makes about 80 squares.

CAPPUCCINO WALNUT FUDGE

1 (14-ounce) can sweetened condensed milk 8 (1-ounce) squares semi-

sweet baking chocolate 1 tablespoon instant coffee powder

1/2 cup powdered sugar 1/2 cup chopped walnuts

Butter an 8-inch square pan. In a saucepan heat milk over low heat. Add chocolate and stir until melted; remove from heat.

Place instant coffee in a small bowl and mix in 3 to 4 tablespoons of chocolate mixture, stirring until coffee is dissolved.

Add coffee and powdered sugar to melted chocolate. Stir until smooth. Stir in walnuts and pour into prepared pan; cool. Cut into squares when firm.

CHERRY **DIVINITY FUDGE**

1/2 cup water



1/2 cup light corn syrup 1/4 teaspoon salt 2 large egg whites

- 1/2 cup chopped candied cherries
- 1 teaspoon vanilla

Combine first 4 ingredients in a heavy 3-quart saucepan; stir well. Cook over low heat, stirring constantly, until sugar dissolves.

Cover and cook over medium ring, until candy thermometer reg- Fudge.

isters 260°F. Remove from heat. Beat egg whites in a large mixing bowl at high speed of an elec-

tric mixer until stiff peaks form. Pour hot sugar mixture in a very thin stream over beaten egg white while beating constantly at high speed until mixture holds its shape (5 to 8 minutes). Quickly fold in candied cherries and vanilla.

Drop mixture by rounded teaheat 2 to 3 minutes to wash down spoonfuls onto a sheet of wax sugar crystals from sides of pan. paper. Cool completely. Makes Uncover and cook, without stir- about 1-1/4 pounds of Divinity



MedShare: Worldwide effort to prevent the spread of coronavirus

continued from front page bassador Wang Donghua, Chinese Consul General of San Francisco.

"I'm deeply impressed by what America has done," Donghua said. "What MedShare has done is improving the quality of life. We are grateful to you for providing these generous donations."

Donghua said China is optimistic but he also warned against over-reacting.

"China is cooperating with the international community in an



Chinese Consul General of San Francisco Wang Donghua

manner," Donghua said. "But in the U.S. there has been some irresponsible remarks and finger pointing. The number of cases in China is relatively small. Without the steps taken by China I think the number of cases outside China would be higher."

Donghua then expressed gratitude for the assistance to China. He then took part in a brief ceremony as MedShare Regional Director Eric Talbert called the speakers back up to mark the occasion with a ceremonial gong.

Donghua, Ferguson, Med-Share President Charles Redding, Kevin O'Brien of UPS, and David Kochman of Henry Schein Inc. all got up for the ceremony as photographers took pictures. "I lived for 4 years in China,

so this is personal to me," said MedShare President Redding.

SIRs Meets Monthly

SIRs, an organization of retired men, meets on the second Wednesday of each month at the Wedgewood Center at the Metropolitan Golf Links, 10051 Doolittle Drive in Oakland. Happy hour starts at 11 a.m., followed by lunch at noon.



Curt Ferguson from Coca-Cola, MedShare President Charles Redding, and Ambassador Wang Donghua ring the ceremonial gong as MedShare Western Regional Director Eric Talbert looks on.

Coronavirus: Doctor's advice

continued from front page

scientific designation is 2019nCo, is thought to have originated in Wuhan, China, where meat from wild and domesticated animals is sold. The first recorded human cases were detected last December.

The possibility of the virus spreading from person-to-person led U.S. officials to establish quarantine areas for people arriving from China, where much of the population is under quarantine. Dr. Finch said a quarantine that extensive has not happened before in his lifetime.

'There are efforts going on said

of up to 14 days, travelers from China may be isolated for up to two weeks so as not to inadvertently spread the virus. Anyone

The respiratory virus, whose these travelers and who shows who slipped past the quarantine symptoms (cough, fever, upper and you become ill, Finch said airway congestion, diarrhea, and

I know it sounds scary but I think we here are pretty well protected. - Dr. Mark Finch, Sr., an in-

fectious disease specialist

later shortness of breath) may be isolated as well. With an incubation period I think we here are pretty well protected," Finch said. "You shouldn't be avoiding people because of their ethnicity.'

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who has been in contact with you get exposed to someone you should call your primary physician, contact an Emergency Room and explain your symptoms, and - only when the ER is warned and prepared - should you don a mask and go in.

At present there is no vaccine for the virus. People should take the same common-sense precautions as they do in general: avoid contact with sick persons, disinfect surfaces that may be contaminated with germs, wash hands thoroughly, and avoid touching nose, eyes and mouth with unwashed hands.

Dr. Finch reminded the audience that influenza causes thou-"I know it sounds scary, but sands of deaths each year, which should be cause for concern. He recommended everyone get a flu shot.

> "I get the flu shot every year," he said. "It's a safe vaccine, and prevents severe infection, and death.'

SL Players to Hold Auditions

Auditions for San Leandro Players Spring production of The Man Who Came to Dinner will be held on Monday and Tuesday, Feb. 24 and Feb. 25, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave.

Ensemble cast, no pay, non-AEA. Male and female roles, all ages and ethnicities are encouraged.

Rehearsals will be evenings Monday through Thursday, beginning on Monday, March 2. Open auditions; appointments possible. Performances will be on weekends from April 18 to May 17.

Moy Wong and other Coca-Cola employees attended the press conference. Wong works at Coca-Cola's Walnut Creek office. Her t-shirt reads, "Please Drink Coca-Cola."



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now to prevent it from getting a foothold outside China," Finch

HEALTH & FITNESS

Is Your Life Full of Headaches? Rethink Popping the Painkillers

By Dr. Suhyun An SPECIAL TO THE FORUM

Headaches remain a common source of pain in the U.S., but the frequency and severity differ widely among sufferers, and how to avoid headaches altogether is still a head-scratcher. The first remedy for most

people is to take a painkiller. But this may not always be the best or safest option.

Whether it's aspirin, acetaminophen, naproxen, ibuprocan work well - if you don't use them too often.

Using too much pain medicine can make your headache worse and cause other problems as well. And you may also have headaches more often as a result. You might want to rethink

Free Cancer Workshop at **Eden Medical**

Eden Medical Center is continuing its partnership with the Cancer Support Community in 2020 by offering a series of free support groups and quarterly free cancer workshops.

The first workshop will be "Gentle Restorative Yoga" from 5:30-7:30 p.m. on Thursday, Feb. 27, when those attending will learn how breathing and gentle movements promote healing and restore the body. This form of yoga is also one of the best ways to fight fatigue and restore strength and balance.

If you are going through cancer treatments, are on the road to recovery, or are a caregiver, this class is for you. Madelyn Kimball, a certified yoga trainer, will share her knowledge during this session

All workshops are held on the second floor of the Eden Medical Center's Medical Office Building at 20101 Lake Chabot Road. Registration is encouraged by calling 925-933-0107.

Mark your calendars for these upcoming workshops: "Eating for Healing" on May 21, "Yoga for Self-Care" on Aug. 20, and "Sugar, Blood Sugar & Cancer" on Nov. 12, all from 5:30 to 7:30 p.m.

Cancer Support Groups are held on the first and third Wednesday of each month from 6 to 8 p.m. also in the Office Medical Building. No registration is needed for these dropin groups. If you are interested in different workshop topics, please call Eden Medical's Cancer Data Services at 510-727-2718.



fen, or another medicine, these Using too much pain medicine can make your headache worse and cause other problems as well. And you may also have headaches more often as a result.

popping a painkiller every time wears off. you get a headache. There are other ways to deal with or reduce reliever, always follow the dosthe frequency of headaches: Painkiller overuse

Side effects. Non-prescription Non-drug solutions analgesics, commonly taken for headaches, can have serious side aches occur for many reasons: effects if taken too often. For example, if you regularly take acetaminophen (paracetamol) for screen time, etc. Tweaks in several days, you could damage your daily routine can reduce your liver. These drugs can also the number of headaches or micause kidney problems. Aspirin and ibuprofen sometimes cause of water, monitor your caffeine gastric bleeding."

Rebound headache. An additional problem you may encoun- cise, and have a healthy diet. ter if you take pain relievers regularly is a medication over- help you devise lifestyle changuse headache, also known as a es. Write down when you get rebound headache.

This is caused by regular, beforehand. long-term use of medication to treat headaches, such as mi- aches get in the way of daily life, graines. It becomes less effec- it's time to talk to a doctor. The tive and your headache comes following occurrences should back as soon as the medicine cause someone to seek medical

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age recommendations on the label."

Make lifestyle changes. Headlack of sleep, poor diet, stress, excessive computer or phone graines you have. Drink plenty and alcohol intake, have a consistent sleep schedule, get exer-

Tracking your headaches can one and what you were doing

See a doctor. If your head-

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advice: severe headaches that come on quickly; a headache accompanied by fever, stiff neck, rash, confusion, seizure, double vision, weakness, numbness or difficulty speaking; a headache increasing in severity despite rest and pain medication; taking pain relievers more than twice a week; certain actions like bending over or coughing that bring on a headache.

Your primary care physician is a good place to start, but headaches can be complex, and neurologists and headache specialists have special training to help them figure out the type of headache you have and its causes.

Use natural therapies. Many natural therapies can be useful. Your headache specialist may suggest stress management such as relaxation exercises and meditation, physical therapy, cognitive behavior therapy, biofeedback, massage or acupuncture." Whether or not you suffer

from frequent, severe headaches, migraines, or just the occasional tension headache, you should try to limit the use of over-thecounter and prescription drugs. Meanwhile, you should always be vigilant about your lifestyle habits.

Dr. Suhyun An (www.drsuhyunan.com) is the clinic director at Campbell Medical Group in Houston and an expert on regenerative medicine.

Do I Have Severe Asthma?

Better understand your asthma, so you have better control of your symptoms.					
		Well Controlled	Uncontrolled	Difficult- to-treat	Severe
\bigcap_{ϵ}	Daily asthma symptoms and activity limitations		1		-
(^N _z	Waking up at night due to asthma		 Image: A second s		 Image: A second s
Ľ	Daily use of quick-relief medicine		1		 Image: A second s
V.	Asthma episodes requiring an oral corticosteroid, emergency room visit or hospital stay		~	~	~
Ľ.	Use of multiple medium to high-dose long-term controller medicines			~	~
乙	Biomarkers are positive for type 2 or non-type 2 inflammation				~

How to Tell if You **Have Severe Asthma**

While the majority of the key and is attainable even if you more than 25 million Americans do have severe asthma. living with asthma enjoy active, symptoms are part of daily life, American Lung Association webdespite using high dose asthma site, where you can take the My medicines and avoiding triggers.

sion, and limiting the ability to doctor for a more productive conwork or go to school, severe asth- versation. ma is dangerous, and is responsible for 50 percent of all asthma asthma is the first step to taking

Is your asthma under control? healthy lives, for others, severe To find out, start by visiting the Asthma Control Assessment and Does this sound familiar? If access a downloadable summaso, you could have severe asthma, ry of its findings to take to your a type of asthma that affects ap- next doctor's appointment. Visit proximately 5-10 percent of those Lung.org/severe-asthma for more with the condition. Increasing the information, as well as to access risk of death, illness, and depres- questions that you can ask your

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will be a minor event or the

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to backyard with patio, lawn area and shed, great for entertaining, gardening and play. Off the hallway are 3 bedrooms and hall bath with shower over tub. Additional features include all new exterior and interior paint, gleaming refinished hardwood flooring, dual pane windows, new garage door and motor, new lighting fixtures, new cabinet and closet hardware and new gas stove. Close to all amenities, including 580 freeway and Bart. All this and so much more!



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Prune Damage After Last Cold Spell

By Buzz Bertolero Špecial to the Times *I've noticed that my* passion vines are not looking very good, as the foliage is sparse and brown. They were planted several years ago. I've never pruned them, so when is the

It's too early to know if that is the case this year. We've had several cold spells this winter, and there still may be another so I wouldn't be in a hurry to prune off the damage as yet.

This would be the same advice for citrus, bougainvilleas, hibiscus, Mandevilla, and other frost-sensitive plants. The



damaged foliage will act as an umbrella to protect the undamaged leaves underneath.

The last date we would expect frost is March 15, but it does vary from year to year. You could prune off the cold weather damage anytime after that date. Personally, I'd wait until April when I saw the new growth. I'd then know exactly where to cut back.

Passion vines are an aggressive grower so they will take a severe trimming, which is necessary to keep them contained. Ultimately, how far you trim them back is a judgment call on your part.

I'd also pay attention to the growth on the backside of the plant. All too often aggressive vines are planted on a fence. and unfortunately, they intrude into a neighboring yard Your neighbor may not be thrilled with the unwanted intrusion so Buzz.Bertolero

cut this growth off.

Another containment technique is to prune them off at the ground every three to four years.

They're fed annually with Dr. Earth All-Purpose Fertilizer after pruning. I would recommend similar pruning with Jasmine polyanthus, hardenbergia, and trumpet vines. With evergreen vines such as a passion vine, you need to be proactive in maintaining them each year; otherwise, they can get out of control.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgarden-

er.com and questions can be sent by email to buzz@ dirtgardener.com or on Facebook at Facebook.com/





improvements coming after the into 2020, most San devastating 1994 Northridge Francisco Bay Area res- shaker that caused 72 fatalities.

Earthquake Retrofitting Costs

Consequently, homes built to newer building codes are typically connected directly to slab foundations and include numerous shear walls and mechanical connectors throughout.

This still leaves, however, a significant number of homes throughout the region sustheir dwellings regardless of the ceptible to earthquake-related damage.

Most Bay Area homes are comprised of wood-frame construction and those most likely to be impacted have crawlspaces which include cripple walls, living areas over garages or, in the case of homes built before the 1950's, may have little or no anchor bolts adequately connecting the home to the 1930's, with the most significant foundation.

Older properties with unreinforced masonry walls are also at significant risk.

Homeowners interested in making seismic upgrades to their homes have often faced significant engineering and retrofitting costs.

Hoping to standardize upgrades and lower related







will be ready.

documents/175158." Michael Mahoney, Geophysicist for FEMA states, "These publications are a great resource for owners who want to improve the seismic resilience of their homes." He adds, "Seismic retrofitting may mean the difference between a homeowner being able to live in their home

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after an earthquake or being forced to evacuate.' It is not a matter of "if" but "when" the next local quake

will occur. Wise homeowners Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general con-

expenses, the California Earth-

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ment Agency (FEMA) have

combined forces to produce a

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A recent news release by the

Assessment and Retrofit of

California Earthquake Au-

thority informs, "Contractors,

architects, engineers and skilled

homeowners who are planning

to retrofit certain types of at-risk

residential structures can order

the free publication, consisting

of a "prestandard" and sev-

eral plan sets prepared by the

Applied Technology Council,

by calling (800) 480-2520 or

download them at https://www.

fema.gov/media-library/assets/

ings.

two-volume publication entitled

quake Authority (CEA) and the

tractor. This article is sponsored by the Central County Marketing Association.





How to Update Home Lighting to be Easy on the Eyes

If you ever experience eyevision or headaches, it may be overwhelming choice when it ing makeover.

lighting can be intensified by us- decision. Luckily, manufacturrecent survey, commissioned by comfortable light that's easy on lighting manufacturer, Signify, say they spend eight hours or more a day under artificial light. defined specific lighting quali- ple, yet effective eye yoga exer-

people will be short sighted by strobe, glare and dimming ef-2050.

cerns about eye health and the steps they are taking to support the Philips LED light bulbs that percent of U.S. consumers in the lighting that's easy on the eyes. same Signify survey say they believe good lighting is benefi- and avoid discomfort, try the cial for eye health, a 2017 Signify study found only 21 percent percent consider light quality.

For many consumers, the onds or more, every 20 minutes, strain, tired itchy eyes, blurry disconnect may stem from to allow them to relax. time to give your home a light- comes to home lighting and es with 100 percent UV protecfrom not having enough infor- tion to help protect your eyes Problems caused by bad mation to make an informed from the sun. It's helpful to keep ing it for longer, something most ers are taking steps to improve are always nearby. Also considhouseholds should keep in mind, lighting quality and help guide er spending a bit more time in as 74 percent of Americans in a consumers in their search for natural light and less in artificial the eves.

The World Health Organiza- ty parameters, which take into cises into your daily routine for tion predicts that 50 percent of account factors such as flicker, a few minutes daily. fects that can affect one's eye ups with an eye specialist, who Unfortunately, there's a dis- comfort. Consumers can look connect between people's con- for an EyeComfort label on signs of any eye condition or product packaging to identify eye comfort at home. While 80 meet the standards for quality are beyond one's control, why

following:

take that into account when pur- (computers, smartphones, tele- mean happier, healthier eyes chasing light bulbs, and only 29 visions) for extended periods of and better quality of life. time, close your eyes for 20 sec-

• If outdoors, wear sunglassa pair in your bag or car, so they light.

• Exercise and strengthen For example, Signify has your eyes by incorporating sim-

> · Schedule regular checkwill be able to detect the first disease.

While certain eye conditions not do what's in your power to To further protect your eyes protect your family from eyestrain and related discomfort? The simple DIY project of up-• If you are in front of screens grading your home lighting can

Statepoint

Spray Fruit Trees in Fall

By Buzz Bertolero pecial to the Times What is the best spray plan for peach and other fruit trees? What if rain prohibits on scheduled dates?

Peach leaf curl is the primary concern with peaches and nectarines which should be treated. I suggest you apply a copper fungicide dormant spray. You need to start with one applica- first application is best made



stage Rain is a big problem as it will wash the peach leaf curl spores into the open buds and infect them. Hence, you want clear dry conditions when the trees are in bloom.

You can spray now, but your

in the fall. With the other fruit trees except for citrus, one application of a copper fungicide made in January-February is sufficient.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgarden-

er.com and questions can be sent by email to buzz@ dirtgardener.com or on Facebook 120 at Facebook.com/ GARDENER Buzz.Bertolero



Plant a Tree

Arbor Day is celebrated in California in March, so make a plan-and pick a spot-to plant a tree.

Before it Rains Again

If the weather is nice this weekend, get out and do some serious work. Finish pruning roses, grapes and deciduous fruit and nut trees. (If you want more grape vines, stick a few of the pruned cuttings into the ground-they root easily.) Put any bulbs that haven't been planted into the ground right away. Pull weeds while the ground is still very moist and before they take over everything.

Repot Cymbidiums

If your cymbidium orchids are bulging out of their containers, repot them from now until the end of June. Remove the old bark, discard dead roots and rotted bulbs, and transfer the entire plant into a larger container filled with cymbidium mix or bark. You can also split up the plant into groups of three to five bulbs with leaves and repot each division individually.



fruits, vegetables, or herbs. Only a small, sunny area is needed for your pots. • You can choose a **raised garden bed**. This works for smaller properties, or if you prefer multiple small beds instead of one large plot. • You can plan an **in-ground garden**. Make sure the area receives good sun, then plan its dimensions, what you will plant in it, and how much you will plant. Prepare the soil and the water source to be used. Schedule

the planting and maintenance. – B. Weaver Source: morningchores.com



Tips for Creating the Perfect Home Office

With more people nationwide opting to create their own businesses or work for their employer remotely, the home office has become one of the most used spaces of the house, with many people spending more than eight hours a day in this room. If you're one of these people, the kitchen table just won't cut it if you're looking to get serious and organized.

To create a dedicated workspace that is beautiful, smart and functional, consider the following tips:

Tip 1: Design a space where you'll enjoy spending time. Simple touches like lighting, a bright touch of paint or a wide-open window, can help create an inviting ambiance, and so can the addition of certain accessories. Instead of opting for a simple ceiling light fixture, dare to add a pop of style and color with a new ceiling fan. Not only can this addition make your space more comfortable, it can elevate your décor, with th ceiling as the centerpiece. Options from Hunter Fan Company like the Norden or Hepburn can bring the Satin Copper trea from the kitchen to the office. while new finishes in some of the brand's fan favorites, such as the Cranbrook in Dove Gre or Blush Pink, will fit seamlessly into a bright and inviting space.

air quality, you'll be adding beauty to the space. To save precious desk-space, consider a few hanging planters, opting for plants that thrive indoors, such as spider plants or jade.

As the wheels turn and your creative juices start flowing, nothing can be more distracting than a creaking ceiling fan or a light that just doesn't do the trick. A simple switch can make all the difference. While a desk lamp might solve your lighting problem, why not opt for a fixture that can solve both of those issues at the same time? Tech-savvy ceiling fan options from Hunter Fan Company like the Tunable White LED Dempsey, allow you to adjust the temperature of the light, ensuring your fan will operate quietly, keep you cool, and work as unite function with your personhard -- and as late -- as you do. With its dimmable remote, you

can adjust the light temperature for your eyes, using warm white lighting for nighttime work and cool white lighting to perk you up in the morning. Such details will help any entrepreneur avoid Tip 3: Don't forget function! distraction and create a more productive work environment.

Tip 4: Get personal. You may be doing business, but when it comes to decorating, it's time to mix in the personal. Items such as photographs of friends and family or reminders of previous accomplishments will bring you joy and help you stay motivated. Whatever you do, don't settle for completely bare walls!

Gone are the days of dark wood-paneling, moody lighting and rolodexes. Today's most effective home offices are brighter, more welcoming, and al style.

Statepoint

can elevate your décor, with the	RECENT HOME SALES
ceiling as the centerpiece. Op-	
tions from Hunter Fan Compa-	Castro Valley ————
ny like the Norden or Hepburn	3011 Barlow Drive 94546: \$735,000 3 BD - 1,020 SF - 1951
can bring the Satin Copper trend	22689 Canyon Terrace Dr 94552: \$768,000 4 BD - 1,607 SF - 1997
from the kitchen to the office,	19260 Buren Place 94552: \$933,000 4 BD - 1,887 SF - 2000 3054 Todd Court 94546: \$1,070,0003 BD - 2,629 SF - 1990
while new finishes in some of	TOTAL SALES: 4
the brand's fan favorites, such	LOWEST AMOUNT: \$735,000 MEDIAN AMOUNT: \$850,500
as the Cranbrook in Dove Grey	HIGHEST AMOUNT: \$1,070,000 AVERAGE AMOUNT: \$876,500
or Blush Pink, will fit seam-	San Leandro ————
lessly into a bright and inviting	1490 Thrush Avenue 94578: \$375,000 2 BD - 749 SF - 1994 1540 Oriole Avenue 94578: \$435,000 2 BD - 1,073 SF - 1922
space.	2511 Outrigger Drive 94577: \$475,000 2 BD - 1,073 SF - 1922
Tip 2: Add life. Add color	2292 Transom Way 94577: \$520,000 1,125 SF - 1978
and vitality to your home office	137 Savoy Way 94577: \$589,000 1,723 SF - 1978
with some plant life. Not only	TOTAL SALES: 18
will you be improving indoor	LOWEST AMOUNT: \$375,000 MEDIAN AMOUNT: \$475,000 HIGHEST AMOUNT: \$589,000 AVERAGE AMOUNT: \$478,800
will you be improving indoor	HIGHEST AMOUNT: \$589,000 AVERAGE AMOUNT: \$478,800



12 THURSDAY, FEBRUARY 13, 2020

San Leandro Times

CLASSIFIED



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THURSDAY, FEBRUARY 13, 2020 **13**



Redwood Christian Schools Honors 2020 Court at Annual Homecoming

Ashleigh Nicole Johnson named 2020 Redwood homecoming queen

Redwood Christian High School honored its 2020 Homecoming Court at the Annual Homecoming Games on Saturday, Jan. 18.

Homecoming Queen and King, Ashleigh Nicole Johnson and Xavier Cherry were joined by the rest of the 2020 Homecoming Court in the Bruce D. Johnson Gymnasium on the RCS Middle and High School campus.

King Xavier has been a student at the Redwood Christian Schools since kindergarten.

Each court member was escorted by a parent as the Masters of Ceremonies Redwood Christian Schools Superintendent Dr. Al Hearne and Principal Ben Warner read student-provided information and personal letters written by family members.



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BRESLOW IMAGING PHOTO BY CATHY BRESLOW OF

Members of the 2020 Redwood Christian High School Homecoming Court (back row, from left) Senior Prince Thunder Reyez (Trey) Gallarzan of San Leandro, Homecoming Queen Ashleigh Nicole Johnson of Richmond, Homecoming King Xavier Cherry of San Leandro, Senior Prince Danny Barquero of Hayward; (front row) Senior Princess Olivia Clausen of Castro Valley, Senior Princess Hannah Stirling of Castro Valley; Junior Princess Netanya Buenrostro of San Leandro, Sophomore Princess Madelynn Francis of Livermore and Freshman Princess Pilar Portillo of San Lorenzo.

Buon Tempo Dinner

The Buon Tempo Club is having a family dinner on Tuesday, March 3, at 7 p.m. at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. in Castro Valley. Happy hour is 6 p.m. The dinner is \$15 for members, \$20 for non-members. Make reservations by Friday, Feb. 28, by calling the Buon Tempo dinner line at 510-483-6929.

LOCAL DEATHS

Early Voting and Vote By Mail for March 3 Primary

Presidential Primary Election is to you. available at the Alameda County Registrar of Voters' Office. Office online Vote by Mail application at hours are 8:30 a.m. to 5 p.m., Monday through Friday.

this election is from Monday, Feb. 25, by 5 p.m. Feb. 3, through Tuesday, Feb, 25.

by Mail ballot at any time from a Vote by Mail ballot. An applica-Feb. 3 through Feb. 25 for the tion for a Vote by Mail ballot that March 3 Presidential Primary is made by any person other than Election by one of the following the registered voter is a criminal ways: completing the application on the back of their Voter Information Pamphlet, sending via fax to 510-272-6982, by mail to the Registrar of Voters Office, or call the Registrar of Voters at 510-272-6973, to re- Voters at 510-272-6973.

Early Voting for the March 3 quest for a ballot to be mailed

Voters may also complete the www.acvote.org/vbm. All Vote by Mail ballot requests must be The Vote by Mail period for received no later than Tuesday,

Only the registered voter Voters may request a Vote himself or herself may apply for offense.

The Alameda County Registrar of Voters' Office is located at: an email, send a written request 1225 Fallon Street, Room G-1, Oakland.

For more information, visit acvote.org or call the Registrar of

Un-Valentines Day Mini-Golf

brary, 300 Estudillo Ave., invites 8 p.m. Admission is free. Pizza everyone 18 and over to an will be served while supplies last. Un-Valentine's Day Mini-Golf Board games and video games after-hours event on Friday, Feb. will also be available. For more 14, from 6:30 to 8 p.m. Bring information, call the Library Inyour friends or come alone. Mini formation Desk at 510-577-3971.

The San Leandro Main Li- Golf will be from 6:30 p.m. to

Marian Pereira

Marian Pereira passed on January 31, 2020. She was a native of Hawaii and graduated from Sacred Hearts Academy. She was married to Raymond Pereira for 48 years and survived the attack on Pearl Harbor. At age 86 she was still enjoying bowling on a league. She was an active member for many years with the Eagles Club. Marian was a beautiful hula dancer and was even in parades and on a post card. She is survived by her daughter Raynette Lavine, granddaughter Lisa Rowe, "grandson" Ken Rowe, and great-granddaughter Catitia Rowe.

Her services will be held in March at Saint Felicitas.

Wilma Ruth (Batteate, Lewis) Castillo

December 1, 1920 ~ January 2, 2020

Castillo passed Wilma away peacefully on January 2020 2. marking the beginning of her 100th year in the loving care of Carol Pekkari. She graduated from Castlemont High School in 1939. Wilma worked and loved the San Leandro Boys Club for 50 years as secretary. Over those years, she saw many boys and co-workers walk through those doors, some needing



a home away from home and a warm heart to welcome them... that was our Mom. She raised her children within those club walls as well: Susan, Kip, Jeff, Kelly and Shane; grandchildren Jason, Megan, Sunnie, Zach, Cliff, Martin, Mika, Nico and Presley; and 7 great-grandchildren. She was presented with the Distinguished Service to Youth Award in 1995 and National Service to Youth Award in 2003 for her years of service and dedication to the Boys Club which were some of her proudest moments. Wilma was preceded in death by Phillip "Babe" Castillo, husband and best friend, her parents Alfred & May Batteate, brothers Sonny and Bud. She lived a life full of love and dedication to her family and dog Bella. Celebration of life will be held at 12 p.m. on February 23, 2020 at the San Leandro Veterans Hall - 1105 Bancroft Avenue, San Leandro.

SAN LEANDRO TIMES OBITUARIES

may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number. A fee will apply depending on the length. A photo can be added for an additional cost. For assistance, call 510-614-1555.

0 **Ruth Rosaria Thomas** February 18, 1928 – February 2, 2020

Ruth Rosaria Thomas, a resident of San Leandro for over 60 years passed away peacefully surrounded by family. She was 91 years old.

She was born in Puunene, Maui, where she spent her childhood. She later moved to Honolulu to go to work, then married on March 27, 1954 to her husband of 65 years, Mead Thomas. She is survived by her loving



husband and soulmate, three devoted children, Audrey and husband John Louis, Charlene and Tom, six cherished grandchildren, Joey, Kelley, Derek, Danny, Erica and Jennifer. She is also survived by her loving sister, Laura, and many loving nieces and nephews.

She is preceded in death by her beloved father and mother Senon and Maura Cateel, her brothers, Billy and Loreto, and sisters, Alice and Rose.

She is remembered by many for her love of cooking, baking, arts and crafts, generosity, thoughtfulness, friendliness and sense of wit. She had a heart of gold. She loved shopping and always bought gifts for everyone. Her outfits always matched from head to toe. She was a real fashionista. She was a devoted Catholic who went to St. Felicitas Church religiously for 60 years.

A mass will be held Friday, February 21, 2020 at Noon at St. Felicitas Church, 1662 Manor Blvd. in San Õ Leandro, Ca 94579. There will be a celebration of life in the Social Hall afterwards. 70



'Chicago the Tribute' Coming to CV Center for the Arts on Feb. 22

Eight musicians create the great Chicago sound

By Terry Liebowitz Special to the Times

"Chicago the Tribute" brings the iconic sounds of "the rock them 13th in top American Artists and roll band with horns" to the of all time. Chicago was the first Joe Gotch, Andy Delano, Dave Castro Valley Center for the Arts, rock and roll group to sell out at Saturday, Feb. 22 at 7:30 p.m.

Come enjoy an evening of "Does Anybody Really Know the Park," and "Will You Still powerful horns, rich vocals and Foundation.

Love Me?"

In their heyday, Chicago inducted into the Rock and Roll Hall of Fame in 2016.

Billboard magazine ranked Carnegie Hall.

Chicago's legendary hits from group of eight accomplished see www.cvartsfoundation.org/ the '70s and '80s including musicians, based out of the shows Sacramento area, who create What Time It is?" "Saturday in the great Chicago sound with member of the Castro Valley Arts

a rockin' rhythm section.

Lead singer Paul Benavidez accumulated 23 gold albums and explains, "To be a great Chicago 18 platinum albums. They were tribute band, you have to be a great band, period. We bring you that famous fusion of rock, jazz, funk and soul."

Brian Hack, Tony Odda, Metzker, Greg Burch, and Barry Reynolds round out the band. Chicago the Tribute is a For ticket information, please

Terry Liebowitz is a founding

The Castro Valley Center for the Arts will host 'Chicago the Tribute' on Saturday, Feb. 22. The band creates the powerful horns and vocals of Chicago's sound.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Helpful Electric Car Review Editor:

Thank you to Steve Schaefer for his Feb. 6 story, "Farewell to My Chevy Bolt EV.

I am considering an electric car for the first time, so I really appreciated reading Steve's account of his long-term use of an electric model.

Nearly all auto reviews focus on the bells and whistles of brand-new models. I find it much more helpful, before buying a car, to find out how well a particular model has performed for its owners over a period of a few years.

Electric cars do present a higher upfront price than their non-electric counterparts, but Steve made a convincing case that he came out ahead on his total cost with his very low operating expenses.

He also fairly explained some of the drawbacks of EV ownership, yet still the advantages prevailed for him.

I may not purchase a Chevy Bolt, but Steve's review did much to convince me that the next time I buy a car, my money will be more wisely spent if I buy electric. That's the kind of car review I find helpful.

-Sterling Kinnell, San Leandro

An Investment with Benefits Editor:

The San Leandro Education Foundation (SLED) believes that when a child succeeds, we all succeed. For this reason, the SLED Board of Directors has endorsed Measure N, a school bond measure on the March 3, 2020 election ballot.

Measure N can support every student succeeding by expanding upon construct tion projects that have already occurred in our schools. Additionally, many critical needs remain as identified in the district's comprehensive facilities needs assessment. Measure N will complete this work by funding necessary renovation and modernization projects at every school in the district.

Measure N will also enable the school district to obtain state matching funds. The state does not pay for school district construction and modernization without a local match of funds.

San Leandro schools have made tremendous progress over the past decade due in large part to the generous financial support of San Leandro voters. Our community has benefited immensely from this investment.

Strong public schools are essential to our quality of life and the future well-being of San Leandro. Please join the SLED Board of Directors in keeping our schools and our city moving forward by voting Yes on Measure N.

-Morgan Mack-Rose, Executive Director

San Leandro Education Foundation

Continue the Progress Editor:

Four years ago, the San Leandro School Board conducted an assessment of facility needs of the schools in the district. The assessment identified nearly \$300 million in essential construction and renovation projects.

As a result, the School Board placed Measure J1, a \$104 million bond, on the 2016 ballot to start the work. The Measure J1 construction projects are being completed on time and on budget. Some of these projects include:

· Repairing leaky roofs, dated plumping, and electrical systems

· Installing heating and HVAC systems districtwide

• Enhancing student safety with security lighting and emergency communications

• Upgrading classrooms, libraries, and science labs

• Replacing deteriorating portables Measure N, a \$198 million bond, has been placed on the March 3 ballot to finish the work identified in the original facilities assessment. Delaying the work will only increase costs.

Measure N will fund projects at every school in the district. Some of the projects include:

· Safety drop-off/pick-up areas at several of the schools

· Constructing new Science, Engineering, and Career Technical Education classrooms at San Leandro High School

· Replacing the last of the aging portables with new permanent classrooms at the elementary and middle schools • Replacing single-pane windows with new energy-efficient windows

· Constructing a new gymnasium with multi-use flexibility at San Leandro High School

All funds from Measure N will be dedicated to improving our schools for the children of San Leandro today and for future generations. Funds cannot be taken by the State or spent on administrator or staff salaries. An independent oversight committee and yearly audits will ensure all funds are spent properly.

Our community, our schools, and our children have benefited tremendously from previous bond measures San Leandro voters have approved. Let's continue this progress. Please join me in voting YES on Measure N.

-Peter Oshinski, President San Leandro School Board

Reply to West's Letter

Editor:

You've got to love the all important First Amendment that defines democracy. Not to mention: Truth, Accountability and Justice. None of which is honored by the so called President of our great country. History will find him as the greatest deterrent to democracy ever.

Any misunderstanding of a locally based world should now be recognized as superseded by the fact we're all living in a global community. Localized countries' wars will escalate to the world stage. With growing intentions toward annexations by Russia, China, Israel, conflict is inevitable.

Humans have always been a warring species. And it's still spawned by territorial aggression in an ever crowded world of diminishing size.

Growing military might with superpowers tending towards territorial acquisition and dominance will force the ultimate confrontation. Anyone who believes the US military will be the end all protection against future errant sion has their head buried in the sand. The major military powers have similar military strength. Without a well crafted peace and prosperity for the disadvantaged confrontation is inevitable.

Education is our most valuable tool for salvation. Which will be born out only through future generations who are able to recognize the inherent constraints of errant religious beliefs, their intents, and continued military aggression on all fronts to silence all positions but their own

-Dwight Pitcaithley, San Leandro

INQUIRING REPORTER

Your favorite food?

Oysters, but I'm allergic to them. I can't eat them anymore. **Jennifer Vecchitto**

San Francisco, works in San Leandro



- Asked around town



I like lasagna, but I can't eat it. I can't eat carbohydrates. But I like beef and broccoli and grilled chicken - no carbs.

> **Robert Larieau** Antioch, works in San Leandro



I like Italian, penne pasta or ravioli, and a good bottle of wine. Waseem Khan Dublin

I like almost any fruit -

oranges, apples, mangoes,

tangerines. They're sweet

and juicy. It's like eating

candy but it's healthy.

Carter Scovill

San Leandro

and mashed potatoes. My mother would make chicken. She would bake it, fry it, barbecue it. She was a great cook. I loved her cooking.

San Francisco





I like chicken, fried chicken **Maggie Piper**

Tenants: Residents aren't sure if they'll be forced to move out

continued from front page side yard, where lights had been strung up, seats put out, a sound system set up and a table with coffee and desserts placed off to the side. They braved a slightly chilly night to hear what Hernandez had to say and to ask questions.

The buildings, which date back to World War II, had been owned for years by Groyer increase, to new owners Hespe- LC/Acadian Property Group. rian Apartments LLC, located on Fletcher Lane in Hayward.

fornia Secretary of State's office citizens share the complex with show, however, that "Hesperian middle-aged people and young that even if they had signed an

We're having a hard time figuring out what to do.

- Adalberto Villalobos

Homes, who charged rents below in San Diego and La Jolla. Ms. two-bedroom duplex, according what other area apartments have Abbot's LinkedIn page identifies come to demand. Groyer sold her as a regional portfolio manin the fall, just after a small rent ager for MC Investment Partners

While none of original 1940s no compensation. tenants still live there, a few do Documents from the Cali- go back to the late 1950s. Senior Shannon Abbott, with addresses Homes bought the complex in

The Castro Valley Forum and San Leandro Times Present...

1959, several tenants said. There was no mention of later rent increases in the Jan. 29 letter. But several tenants at the meeting said when they called the information number in the letter, they were told that rents would rise to \$2,500 a month after the

renovations. Current rents in the complex are around \$1,300 a month for a to tenants.

A few were told that if they didn't take the offer now, they would have to move out later with

Phone calls to the new owners for comment were not returned. Hernandez told the tenants

Apartments LLC" is registered to families with children. Groyer agreement to move out, they might be able to rescind that if they had signed it "under duress." If they have not yet signed anything, they are not committed to moving out, even if they had agreed verbally.

> Being told to move out now with some compensation versus being forced to move out later without compensation sounded like duress, Hernandez said.

> Hernandez stressed that he is not an attorney, though he is a licensed real estate agent and thus knows something about housing transactions.

> One couple at the meeting, upon hearing the new informa-

BUSINESS Sept. 21 (CVF) & 22 (SLT), 2016 Here is your chance to tell your career success story in the Castro Valley Forum and the San Leandro Times. These special pages pay tribute to the women movers and shakers in our community.

Whether you have started your own business, manage a local retail store, sold over a million dollars in real estate or have been a community leader, this section salutes top women employees and entrepreneurs through photo profiles.

City Councilman Ed Hernandez speaks at a meeting or-

ganized by tenants last Friday night.

Deadline: Thursday, Sept. 15 (CVF), & Friday, Sept. 16 (SLT), 2016, at 4 p.m. 2 columns by 3 inches BOTH PUBLICATIONS **Cost: Your Name** \$235 Your Title My expertise includes sales and San Leandro

management in advertising and printing, new account development, and customer service on established accounts.

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The apartment complex as seen from Thornally Street. Is the landlord's offer one that the tenants can refuse?

tion, said they had initially agreed higher rent. to the owners' offer, but had been planning to live temporarily had they taken the offer.

Based on their income, they elsewhere in San Leandro or nearby cities, they said.

announced, some tenants were that has to be followed, and the This came just after a small rent unsure how to respond to the offer.

"We're having a hard time figuring out what to do," Adalkids, and they'd need to find a new school."

His brother Luis Villalobos, whose apartment is near Adalberto's, worried he wouldn't be able to find a new apartment at anywhere near the rent he'd been paying.

The average two-bedroom apartment in San Leandro currently rents for \$2,311 a month, according to apartment-search websites.

A letter sent to tenants by San Leandro Housing Specialist Kimberly Anderson said the landlords told her department that the letters sent to tenants were not termination notices. But the owners did not reveal to her if termination notices were being planned for later.

California's new law limiting rent increases and no-fault evictions prevents a landlord from telling tenants to move out so they can charge new tenants a

But the law allows asking or new owner." changed their minds. They had telling tenants to move out so the landlord can safely do a major being displaced when we're short with an adult son in Concord, renovation of the units, with a of housing anyway," Liao said. then look for a house out of state rent increase likely to follow its completion.

wouldn't even qualify for renting being forced out by a renovation, Avenue got a notice Jan. 17 from either. What the city does have, their longtime landlord, Groyer said Community Development Homes, telling them the build-Before the meeting had been Director Tom Liao, is a process ing had been sold, tenants said. city is investigating whether it increase. has been.

process," he said. "And there's a them that their security deposits berto Villalobos said. "We have limit to how much rents can go up had been transferred over as well.

in a year, whether or not there's a

"We're trying to avoid people

The residents of the approximately 80 duplexes on Thornally No city law blocks tenants Drive, Corbett Court and Central

Grover told the tenants to pay "People have to have due rent to the new owners, and told

Lunch Menu at **The Senior Center**

Lunch provided by Spectrum Community Services

A low-cost senior lunch provided by Spectrum Commu- served.

nity Services is served on weekdays at the San Leandro Senior with okra, red beans, brown Center, 13909 East 14th St. Everyone age 60 and up

refused for lack of funds. (\$10 for those under 60.)

reserve a lunch (1-510-825- cake. 9793) or sign up at the Senior Center.

week, Feb. 17 to Feb. 21, is:

Monday-Holiday, no lunch

Tuesday - Chicken gumbo rice, pears.

Wednesday - Albondigas can have lunch. A suggested entree soup, tossed vegetable donation is \$3.75, but no one is salad, tortilla chips, applesauce.

Thursday - Sloppy joe on whole wheat bun, vegetable Call 24 hours ahead to medley salad, grapes, birthday

Friday - Tuna salad sandwich, minestrone soup, spin-The menu for lunch next ach salad with fruit and nuts, bananas.





The San Lorenzo Adult School Watercolor Class, Studio 820, has watercolor paintings on display at the San Leandro Main Library through March 27.

Many of the artists are longtime residents of San Leandro, San Lorenzo, Castro Valley, Hayward and Fremont, and many of their paintings are for sale.



Times only

Cost:

\$165

Castro Valley

Forum only **Cost:**

\$135

For more information call:

Melody Morrison