

New Visions



St. Luke's Episcopal Church

October 2019

THE BISHOP'S VLOG

Following Jesus into Sabbath

POSTED BY CARLYE J. HUGHES ON SEPTEMBER 18, 2019



Dear Companions on the Journey,

How shall we follow Jesus in a world with competitive voices demanding our attention and allegiance? We might even ask ourselves if it makes sense to follow anything or anyone given the multiple betrayals of public trust by so many institutions, including the church. Following Jesus is further complicated by the variety of traditions claiming to know the true way to follow him.

It is enough to make one stop trying. We settle for a sense of peace on Sunday morning in preparation. But there is more in store for us. Jesus invites us to

come with him to a quiet place to rest (Matthew 6:30-31). Could it be that sabbath is a vital part of following?

I claim an affirmative response to that question for you and for me. Sabbath is crucial to our ability to follow Jesus. Our natural tendency is to complete one task, chore, goal, event, and then immediately prepare for the next. We often bypass the chance to reflect on what was completed, forget to celebrate completion, and move past rest in a headlong attempt to control

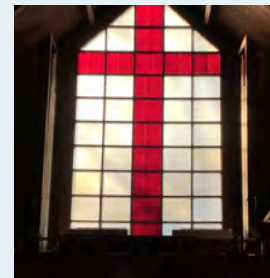
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Welcome to Our St. Luke's Newsletter

We invite you to worship with us .

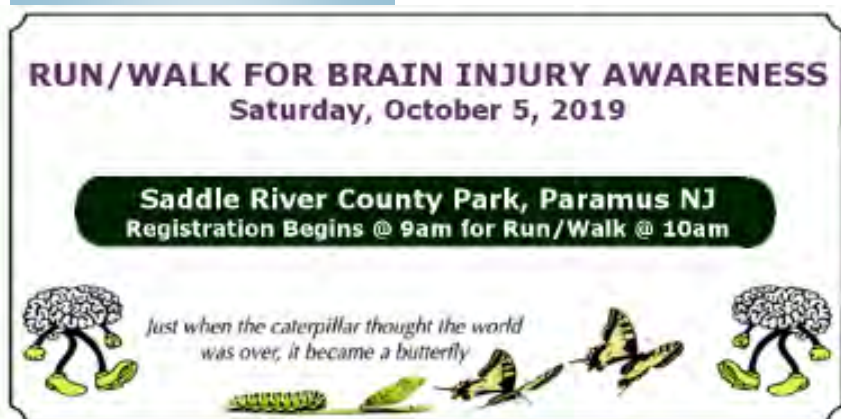
The Good News is that God's love is for ALL of us.

Come and See!



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Greg Paller is participating in the 2019 Run/Walk for Brain Injury Awareness to be held on Sat., Oct. 5. He has asked for contributions. If you wish to support his efforts, you may donate via his fundraising page at www.sponsor.gregpaller.com. He will also accept checks. Monies raised benefit Brain Injury Alliance of New Jersey (BIANJ), which provides critical programs to individuals who continuously deal with the life-altering effects of Brain Injury, whether they be survivors, caregivers, or family members.

Bishop Carlye's Vlog Continued from Page 1

outcomes. Our version of the famous Julian of Norwich quote could be, "All will be well, because I will make it so."

The only way to exit the endless treadmill of action is to follow Jesus to the quiet place for rest.

While weekly sabbath of worship, rest, reflection, and time with family and friends is restorative, most of us need something more. Retreat to nature, unscheduled time at a monastery or convent, and vacation away from familiar routines or surroundings are some of the

ways we can enter a deeper sabbath.

Whether your sabbath is a short break each day, a weekly commitment, or a spiritual retreat, living into sabbath will help you follow the one we profess as Savior of the World, Jesus. I look forward to hearing about your spiritual adventures in the quiet place of sabbath.

Grace and peace,

Bishop Hughes



Outreach: Walk-in Dinner Set for Oct. 17



St. Luke's will again join with our friends from the Lutheran Church of the Savior in Paramus to serve a nourishing dinner to "Walk Ins" at the Bergen County Housing, Health and Human Services Center (BHHHSC) in Hackensack.

As always this is an outreach effort on behalf of the Family Promise program in which the whole congregation can participate. You can help by cooking the one-pot dish at home (it's beef stroganoff this time!) for delivery to the Center, providing a salad or dessert and/or serving the meal to roughly 150 guests who will come to the facility.

Please sign up in the Parish Hall to help as you can. Copies of the recipe are available. See Janet Beddoe with any questions.

Family Promise has been feeding the hungry since 1991 and has served over 1.2 million meals via its network of local groups.



New Visions, the newsletter of St. Luke's Episcopal Church, is published 10 times per year. Submissions for the upcoming month's issue should be *snail mailed* to **New Visions**, St. Luke's Episcopal Church, Massachusetts Ave. & Grant St., Haworth, NJ 07641; or e-mailed to claudiasmith@msn.com **by 20th of month**. **New Visions Board**: Editor: Janet Beddoe,

ECW Bazaar — THANKS TO ALL!



Thanks to all of our parishioners who helped with the ECW Bazaar fundraiser on Sat., Sept. 21. We netted \$2300 from The Journal advertising and merchandise sales for St. Luke's Outreach!

- * **The Journal** — Jo Stephenson did a wonderful job with the journal, which includes a full-page history of St. Luke's. Donna Sisti was super at generating income by signing up new advertisers.
- * **Greeter** — Helen Shaw greeted visitors and handed out The Journal.
- * **Boutique** — Linda Brescia and Donna Sisti handled sales of clothing and accessories
- * **Jewelry** — Diane Biesel did a great job of organizing the jewelry. Thanks to Maureen Bownes and Evelyn Rosenblatt for handling sales.
- * **Odds 'n' Ends** — Al Astorga & Lou Goldman were super salemen!
- * **Deli** — Jo Stephenson manned the booth, which featured samples of Donna Sisti's delicious homemade Italian salad dressing. Donna was also a floater, helping all who needed it.
- * **Bakery** — Baked good were plentiful and yummy. Thanks to sisters Christine Pellegrin, Jennifer Plunkett and Susanne Gelayder.
- * **Books +** — We appreciate everyone who donated to the always popular book table. Dave Biesel's son and daughter-in-law made a huge donation of sewing materials and trimmings and other housewares. Thanks to sisters Gladys Astorga and Priscilla Goldman for managing
- * **The Kitchen** — Tamera Lynch, Lisa Abrahamsen, Claudia Smith and Kay Lynch were spirited cooks in the kitchen.
- * **Counters** — Anne & Tom Caloz and Donna Sisti made sure our accounting of funds was right on target.

Apologies to anyone I have forgotten to acknowledge.

Special thanks goes to everyone who stayed behind — and to all the family guys who came at the end to help — to clean up. Unsold items were packed up and placed outside to be picked up on Monday by GreenDrop to benefit the American Red Cross.

— Linda Brescia

Bible Study 1st & 3rd Tuesdays



Bible Study, with Roberta as Mentor to the group, is offered **from 7:30 to 8:30 P.M. every first and third Tuesday of the month.** The invitation is open to all — members of St. Luke's, friends and neighbors, walk-ins. No prior experience is required, just a desire to dig deep into the Word.

Meetings are held sitting around the table in the Parish Hall and include study of the Bible lessons appointed for the day, prayer, reflection, occasional song (or musical offering), fellowship and a brief but lovely service of Compline Service. Bring your own Bible and, if you wish, simple food and/or drink to share. What you reflect deeply on during your Bible studies can lead to actions that will transform your life. Come try.

Sign Up to Host Coffee Hour

Everyone loves Coffee & Fellowship Hour on Sundays, but someone has to make the coffee. Please sign up in the Parish Hall. Invite someone else to help!



Outreach: Support Our Monthly CFA Programs

Help fill our grocery cart on the **second Sunday of every month!** Foodstuffs are blessed during the service and taken to the **Center for Food Action in Englewood**. To learn more about the vital work the CFA does to help feed our neighbors, click here:

<http://cfanj.org/who-we-are/>



Pick up a few extra items to donate and make a less fortunate family's week!

Consider joining the **Snack Pack Assembly Angels—usually working on 4th Sundays**. Snack packs help less fortunate kids who may not have a decent meal over a weekend when they can't eat at school. This year-round CFA program ensures that the teachers are able to place snack packs filled with nutritious meals very *discreetly* into the children's backpacks.



St. Luke's angels assemble snack packs after church.

Give to God what's right – not what's left over.

Financial donations to St. Luke's each year – in the way of a pledge or a one-time gift – make it possible for the doors to stay open; the A/C and heat to keep worshipers comfortable; for people to feel welcomed; and for the soul to be refreshed. Donations are offered from the abundance we all have received from God's gifts to us. Our resources – time, treasure and talent – each of these three makes it possible for us to share with one another, our friends, the neighbors around us, and the communities from which we come.

Our Annual Stewardship Campaign kicks off on Sun., Oct. 20 with a Pot-luck luncheon in the Parish Hall. Give prayerful thought to what St. Luke's and its mission means in your life.

Sunday School Director Search

Christian Formation, as the church calls it today, is a fancy way of referring to **everything that makes us better, more joyful disciples of Christ**. While all ministry is formative, we use it here to refer to study and learning.

Learning about our faith is a crucial part of a child's development.

St. Luke's is a community of faith whose people are meant to support each other. If you're willing and think you may be able to step up and teach OUR children, then raise your hand.



MOST WANTED List

- Supermarket Gift Cards
- Canned Meat (tuna, chicken, etc),
- Canned Hearty Soups
- Canned Vegetables
- Macaroni & Cheese
- Peanut Butter & Jelly
- Tomato Sauce
- Cold Low-sugar Cereal and Oatmeal
- Powdered Milk and/or Boxed Milk such as Parmalat
- Canned Fruits
- Instant Potatoes
- 100% Juice
- Baby Formula & Diapers sizes 4, 5, 6
- Bar or Bottled Soap
- Toothpaste, Toothbrush & Dental Floss



Blessing of the Animals Service Set for Sunday, October 13



Parishioners bring their pets for last year's Blessing of the Animals service

MARK YOUR CALENDARS NOW!

Bring your beloved animal companions for a blessing, whether they are furry, fuzzy, finned, feathered, stuffed or digital. Invite your friends, too! Conducted during our service of Holy Eucharist and commemorating St. Francis of Assisi, it is always a joyous occasion!

We will also be accepting nonperishable food donations for our monthly ingathering to benefit the Center for Food Action in Englewood. Coffee and Fellowship Hour follows the service in the Parish Hall.

ALL ARE WELCOME!



Nutrition Facts

1-1/4 cups: 526 calories, 24g fat (13g saturated fat), 127mg cholesterol, 881mg sodium, 45g carbohydrate (9g sugars, 3g fiber), 31g protein.

Chef's Corner

Baked Spaghetti

Ingredients

1 package (16 oz) spaghetti
1 pound ground beef
1 medium onion, chopped
1 jar (24 ounces) meatless spaghetti sauce
1/2 teaspoon salt
2 large eggs
1/3 cup grated Parmesan cheese
5 tablespoons butter, melted
2 cups 4% cottage cheese
4 cups part-skim shredded mozzarella cheese
Chopped fresh basil, optional

Directions

1. Cook spaghetti according to package directions. Meanwhile, in a large skillet, cook beef and onion over medium heat until meat is no longer pink; drain. Stir in spaghetti sauce and salt; set aside.
2. In a large bowl, whisk the eggs, Parmesan cheese and butter. Drain spaghetti; add to egg mixture and toss to coat.
3. Place half of the spaghetti mixture in a greased 13x9-in. or 3-qt. baking dish. Top with half of the cottage cheese, meat sauce and mozzarella cheese. Repeat layers.
4. Cover and bake at 350° for 40 minutes. Uncover; bake until cheese is melted, 20-25 minutes longer. If desired, sprinkle with basil.

TOTAL TIME:

Prep: 25 min. Bake: 1 hour

Makes: 10 Servings

Find this and tons of other recipes at <https://www.tasteofhome.com/>

Godspeed to Chris & Karen!



We had a special cake at Coffee Hour to bid Bon Voyage to two very special people. Chris Emerizy and Karen Moylan will be seeking out a new church family as they get settled into their new home in Toms River. Go with God, Chris & Karen.

Meanwhile, they know the door is always open to them at St. Luke's because they will forever be part of our Parish Family. We know we'll be seeing them and their new pup for the Blessing of the Animals!



Words to Live By



“ Being a Christian is not essentially about joining a church or being a nice person, but about following in the footsteps of Jesus, taking his teachings seriously, letting his Spirit take the lead in our lives, and in so doing helping to change the world from our nightmare into God's dream. ”

— Presiding Bishop
Michael B. Curry



Praise God, from whom
all blessings flow;
Praise Him, all
creatures here below;
Praise Him above,
ye Heavenly host;
Praise Father, Son and
Holy Ghost.

— Hymnal 1982 , #380

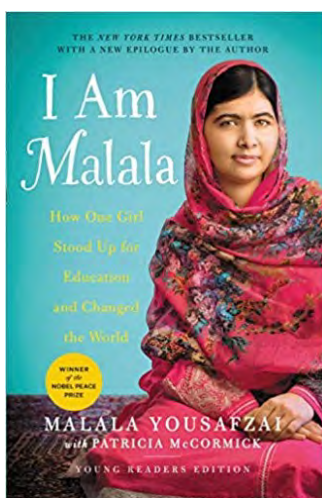
Between the Lines Book Club Schedule for 2019

Book Club Meetings are held at 7:30 P.M. on *Last Thursdays* at the Rectory unless otherwise noted.

October 24 **I am Malala**- Malala Yousafzai (Eating out—venue TBA)

November -- No meeting

December 5 Dinner out —venue TBA



I am Malala: How One Girl Stood Up for Education and Changed the World

The bestselling memoir by Nobel Peace Prize winner Malala Yousafzai.

I Am Malala. This is my story.

Malala Yousafzai was only ten years old when the Taliban took control of her region. They said music was a crime. They said women weren't allowed to go to the market. They said girls couldn't go to school.

Raised in a once-peaceful area of Pakistan transformed by terrorism, Malala was taught to stand up for what she believes. So she fought for her right to be educated. And on October 9, 2012, she nearly lost her life for the cause: She was shot point-blank while riding the bus on her way home from school.

No one expected her to survive.

Now Malala is an international symbol of peaceful protest and the youngest ever Nobel Peace Prize winner. In this Young Readers Edition of her bestselling memoir, which has been reimagined specifically for a younger audience and includes exclusive photos and material, we hear firsthand the remarkable story of a girl who knew from a young age that she wanted to change the world -- and did.

Malala's powerful story will open your eyes to another world and will make you believe in hope, truth, miracles and the possibility that one person -- one young person -- can inspire change in her community and beyond.

*“For all that has been. For all that is.
For all that is yet to be. We give you thanks, O Lord! “
— Dag Hammarskjöld*

REGULAR EVENTS

Healing Service

3rd Sundays, in the Chapel after service

Next: Oct. 20

Bible Study CONTINUES

1st & 3rd Tuesdays @ 7:00 P.M.

Next: Oct. 1 & 15

CFA Monthly Food Drive

2nd Sundays @ Service

Vestry Meeting

2nd Tuesdays in the Parish Hall @ 7:30 P.M.

Parishioners are welcome to attend any time.

Next: Oct. 8

Parish Fun Night

3rd Sundays @ 6:00 P.M.

Everyone is invited to bring a potluck dish to share. Be prepared to have fun in spite of yourself. Board games are played and silliness abounds. If you've never tried it, check it out!

Next: Oct. 20

Snack Pack Assembly

Usually 4th Sundays @ Noon

Next: Oct. 27

Book Club

Last Thursdays @ 7:30 P.M. in The Rectory or Venue as Announced

Next: Oct. 24

PRAYER LIST



Please keep in your thoughts and prayers these members of our parish and extended family:

Edith Biondi, Rachel Lynch, Doug Lynch, Roxanne Gabriel, Maryellen Pais, Quinn Rosa, Linda Stephenson, Patricia Stephenson, Michael Snyder, Diane Kansas, Kenny Calderon, Jason Edone, Tresten, Sue Pastore, Chan, Hung-Kwong & family, Carol Maxfield, Lee Harper, Michael McCarten, Arnie O'Callaghan, Eileen LaViola, Elizabeth Secari, Donna Sisti, Patricia Danko, Muriel Brandt, Fran Gibilaro, Leah Ogena Collins, Thomas Chase, Jimmy Rivera, Nate Creamer, Denilson Interiano, the family of Marie Cummins, Dr. Leonard Scalfani, the family of Barbara Biesel Stinnett, the families of the Rev. Alex H. MacDonnell and Anthony A. Brilakis, Bob MacDonald, Megan Miller

To add names to our prayer list, please call: Sue Gonci, 201-220-3090

OR Email the Church office at Office@StLukesHaworth.org

We review our Prayer List is monthly to keep it current and manageable for those who pray regularly. Please contact Sue if you wish to keep people on the list. You may also write names in the book on the Chapel Altar. Loved ones who are sick or suffering in any way may also be remembered in prayer during the **service of Healing, held on the 3rd Sunday right after our 10:30 service of Holy Eucharist.**

October Birthdays & Anniversaries

23 Erin Plunkett



If you don't see your special day in our monthly listings, please e-mail the editors and we'll gladly add it!

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and all infirmity: Be present in your goodness with your servants, that their weakness may be banished and their strength restored; and that, their health being renewed, they may bless your holy Name; through Jesus Christ our Lord. *Amen.*



St. Luke's symbol is the ox. This may explain the fact that he is patron saint of butchers. In art, Luke is represented by a winged ox. The ox represents the sacrificial aspect of Jesus' ministry and the wings remind us that the Gospel of Jesus Christ is to travel throughout the world.

Grace happens.

All the time. Grace is God's gift to us. The signs of God's grace are abundant. Some are dramatic. Many at first glance seem mundane. All are potentially life transforming.

God created us, but God was not – and is not, finished with creating. God keeps showing up. God is very much at work. Our job as God's creatures, is to pay attention to God's grace. And to join with God in God's work.

Thanks to Our Advertisers!


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St. Luke's Episcopal Church/Haworth

October 2019						
◀ September						November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Thanks to Fr. Paul Gulya, our Guest Priest for 10/13, 10/20 and 10/27	NOTE START TIME ON THOSE SUNDAYS IS 10:00 AM	1 5-7:30AM Dream Church 7:30 PM Bible Study	2 5-7:30AM Dream Church 7-10 PM Dream Church	3 5-7:30AM Dream Church 8L30 AM – AA Early Morning Women's Mtg 10 AM – AA Women's Mtg	4 Francis of Assisi, Friar, 1226 5-7:30AM Dream Church 7-10 PM Dream Church	5 5-7:30AM Dream Church 9:30 AM Altar Guild 7-9 PM AA Open Meeting 7-10 PM Dream Church
6 Pentecost 17 10:30 A.M. Morning Prayer Noon -Coffee Hour/ Fellowship 1-5 Dream Church	7 10 AM – AA Women's Mtg	8 5-7:30AM Dream Church 7:30 PM Vestry	9 5-7:30AM Dream Church 7-10 PM Dream Church	10 5-7:30AM Dream Church 8:30 AM – AA Early Morning Women's Mtg 10 AM – AA Women's Mtg	11 5-7:30AM Dream Church 7-10 PM Dream Church	12 5-7:30AM Dream Church 9:30 AM Altar Guild 7-9 PM AA Open Meeting 7-10 PM Dream Church
13 Pentecost 18 10:00 AM Blessing of the Animals & Holy Eucharist CFA Food Ingathering Noon - Coffee Hour/ Fellowship 1-5 Dream Church	14 Columbus Day 10 AM – AA Women's Mtg 7:30 PM AGO program: Music That Makes Community – Old Paramus Reformed Church - Ridgewood	15 5-7:30AM Dream Church 7:30 PM Bible Study	16 5-7:30AM Dream Church 7-10 PM Dream Church	17 5-7:30AM Dream Church 8:30 AM – AA Early Morning Women's Mtg 10 AM – AA Women's Mtg 3-6 PM Walk-in Dinner/Hackensack	18 Saint Luke the Evangelist 5-7:30AM Dream Church 7-10 PM Dream Church	19 5-7:30AM Dream Church 9:30 AM Altar Guild 7-9 PM AA Open Meeting 7-10 PM Dream Church
20 Pentecost 19 10:00 AM Holy Eucharist with Stewardship Campaign Launch 11:30 – Healing Service in Chapel Coffee Hour/ Fellowship 1-5 Dream Church 6 PM Parish Fun Night & Potluck	21 10 AM – AA Women's Mtg	22 5-7:30AM Dream Church	23 Saint James of Jerusalem, Brother of our Lord Jesus Christ and Martyr, c. 62 5-7:30AM Dream Church 7-10 PM Dream Church	24 5-7:30AM Dream Church 8:30 AM – AA Early Morning Women's Mtg 10 AM – AA Women's Mtg 7:30 PM – Book Club Dinner Out	25 5-7:30AM Dream Church 7-10 PM Dream Church	26 5-7:30AM Dream Church 9:30 AM Altar Guild 7-9 PM AA Open Meeting 7-10 PM Dream Church
27 Pentecost 20 10:00 AM Holy Eucharist 11:30 – Snack Pack Assembly, Coffee Hour/ Fellowship 1-5 Dream Church	28 Saint Simon & St. Jude, Apostles 10 AM – AA Women's Mtg	29 5-7:30AM Dream Church	30 5-7:30AM Dream Church 7-10 PM Dream Church	31 Halloween 5-7:30AM Dream Church 8:30 AM – AA Early Morning Women's Mtg 10 AM – AA Women's Mtg	Animal lovers: Mark your calendars now for the Blessing of the Animals – this year at 10 A.M.on Sun., Oct. 13 during our service. Invite your friends – furry and otherwise.	

St. Luke's Episcopal Church

St. Luke's is a church in the Episcopal Diocese of Newark, N.J. We seek to be a bridge between traditions and communities.

We welcome *anyone* who wants to learn and grow in the knowledge and love of God.

Our members come from many different traditions but are joined together through a love of Christ and our neighbors.

We are located at the cross-roads of Demarest, Haworth, Dumont, and Cresskill.

Check It Out!

Look inside to check out our upcoming services and events!



St. Luke's Episcopal Church

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