



August and September 2022 Donation Guide

The next collection dates are Saturday and Sundays
9.30 am to 5 pm

August – 27th and 28th
September – 24th and 25th

PLEASE NOTE: SPECIALLY REQUESTED ITEMS BELOW

SHOPPING LIST FOR MOST NEEDED ITEMS - THANK YOU!

- **TIN FRUIT**
 - **TIN MACARONI CHEESE**
 - **TIN CUSTARD**
 - **LOGLIFE MILK - GREEN OR BLUE**
 - **SMALL JARS OF INSTANT COFFEE**
 - **READY MADE JELLY AND MICROWAVEABLE SPONGE PUDDINGS**
 - **PACKETS OF INSTANT MASH POTATO - SMASH**
 - **PACKETS OF INSTANT COUS COUS**
 - **PACKETS OF PASTA AND SAUCE**
 - **CEREAL BARS**
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- **PACKS OF CHOCOLATE BARS - KITKAT, PENGUINS, CLUBS ETC**

HOUSEHOLD AND TOILETRIES NEEDED PLEASE - THANK YOU!

- **SHAVING FOAM**
 - **DISPOSABLE RAZORS**
 - **SHOWER GEL**
 - **MEN AND LADIES DEODORANT**
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- **NON-BIO AND BIO LAUNDRY TABLETS**

Thank You very much for your support

Gravesham Foodbank hosted by RCCG Life Start

Connections & supported by Gravesham Churches Together

Registered charity number 1135341 Registered in England & Wales

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