

Swimming Lessons

Ages 3 & Up June 6-August 3 (8 weeks)

Fee: \$112



Tuesdays, Wednesdays, or Thursdays

30 minute lessons between 1:00pm-4:00pm (15 minutes before and after lesson to change & shower—no time to wash and dry hair)

Children need to be potty trained.

Absentees are not eligible for refunds or make up lessons. See qrcp.org for details on swimming lesson skills

Learning to swim at Quentin Road is so much fun! With 90° warm water, a variety of pool toys, slides, small classes and happy instructors, your child will love the water!

The Quentin Road Instructors use a skill based program referencing the YMCA and the American Red Cross as guidelines for our swimming lessons. Class size is limited to 4 to 1 for Preschool, and 6 to 1 for Kindergarten and up. We have a minimum of 2 Lifeguard Certified Instructors and an additional Lifeguard poolside at each lesson. If their swim lesson is during their scheduled camp day, they will be accompanied to and from the pool area.

No Lessons on June 22, July 4, or July 12

Checklist:

Oa separate swim bag, no plastic grocery bags

Obathing suit • Boys: loose fitting swim trunks with a lining (no speedos)

- Girls: modest one piece bathing suit, or two-piece that does not show off midriff (ex. tankini)
- Oa towel
- Oa comb or brush
- Olong hair must be tied back
- Ogoggles with your child's name on
- them (not required, but recommended)

 Oswim shoes (not required, but recommended)

Register at grcp.org