

COUSINS®



FRESH MARKET



FREE DELIVERY



FRESH LEAN
Ground Beef
\$11.99
3 LB.



Fresh Chicken Leg Quarters
\$8.99
10 LB.



Chicken Wings
\$12.00
3 LB.



Fresh Yams Or Collard Greens
\$5.50
LBS.



Hawaiian Punch Gallon
SELECT VARIETIES
\$12
3 FOR



Fresh Lamb Chops
\$6.99
LB.



Essential Everyday Salad Dressing
14 OZ., SEL. VAR.
\$6
2 FOR



5 Lb. Bag Fresh Russet Potatoes
\$6
FOR



Pillsbury Cake and Frosting
12 - 15.6 Oz.
\$5
2 FOR



Essential Everyday Sauce
14.5-24 OZ., SEL. VAR.
\$5
2 FOR



Xtra Laundry Detergent
96-97.8 OZ., SEL. VAR.
\$3.99



T-Bone Steak
\$7.99
LB.



Hi-C & Pack Drinks
SELECT VARIETIES
\$6
2 FOR



Kraft Velveeta Mac & Cheese
12 Oz. SEL. VAR.
\$6
2 FOR



Essential Everyday Flour
5 Lb. Bag
\$6
2 FOR



Little Huge Drinks
20 Ct., 8 OZ.
\$5.99



FRESH 12 Count Medium Eggs
\$5
3 FOR



GLACIER LAKES Spring Water
24 Pack
\$12
3 FOR



StoreRidge Ice Cream
Sel. Var. 46 Oz.
\$8
2 FOR



General Mills Cereals
Family Size Sel. Var. 18 - 19.5 Oz.
\$10
2 FOR



Essential Everyday Canned Vegetables
14.5-15.25 OZ., SEL. VAR.
\$5
4 FOR



Essential Everyday Ketchup
24 OZ., SEL. VAR.
\$5
4 FOR



Essential Everyday Chunk Light Tuna
5 OZ., SEL. VAR.
\$5
4 FOR



Imperial Margarine
1 Lb. Qrts.
\$5
3 FOR



Banquet Pot Pie
7 OZ., SEL. VAR.
\$5
3 FOR



Essential Everyday Pasta
12-16 OZ., SEL. VAR.
\$5
3 FOR



Stroehmann King White Bread
SEL. VAR.
\$7
2 FOR



ESSENTIAL EVERYDAY Vegetable Oil
40 OZ.
\$4.99

6411 Woodland Ave.
Philadelphia, PA 19142
215-729-1515

5429 West Girard Ave.
Philadelphia, PA 19131
215-877-8500

5704 Baltimore Ave.
Philadelphia, PA 19143
215-747-8700

Chester 3117 W. 9th St.
Chester, PA 19013
484-483-2500

STORE HOURS:
SUNDAY 8AM - 5PM
MON. THRU SAT. 8AM - 8PM

SALE DATES:
MARCH 1 - MARCH 31, 2026

FREE DELIVERY
ON PACKAGES & GROCERY ORDERS
WITH PURCHASE OF \$100.00 OR MORE CALL FOR MORE INFORMATION

We Accept: ACCESS VISA MASTERCARD DISCOVER AMEX WIC AVAILABLE

© Sale items not for retailers or wholesalers. We reserve the right to limit quantities. Not responsible for typographical errors. Some artwork for display purposes only & may not represent actual product.

COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

GROCERY!

 CHEF BOYARDEE CAN OR MICROWAVE PASTA 7.5-15 OZ., SEL. VAR. 3⁹⁵ FOR	 COFFEE MATE COFFEE CREAMER POWDER 10.2-15 OZ., SEL. VAR. 3⁹⁹	 ESSENTIAL EVERYDAY APPLE SAUCE 6 PACK 24 OZ., SEL. VAR. 2⁹⁶ FOR	 HANOVER CANNED BEANS 15.5 OZ., SEL. VAR. 3⁹⁵ FOR	 KELLOGG'S 12 CT. POP-TARTS 20.3 OZ., SEL. VAR. 4⁹⁹	 NABISCO COOKIES 9.21-14.03 OZ., SEL. VAR. 4⁹⁹
 MOTT'S JUICE BOXES 8 OR 6 PACK 48-54 OZ., SEL. VAR. 2¹⁰ FOR	 MOTT'S APPLE JUICE 64 OZ., SEL. VAR. 2¹⁰ FOR	 BELVITA BREAKFAST BISCUITS 8.8 OZ., SEL. VAR. 3⁹⁹	 BETTY CROCKER FRUIT SNACKS 4.5-8 OZ., SEL. VAR. 2⁹⁸ FOR	 CHICKEN OF THE SEA TUNA 2.5-5 OZ., SEL. VAR. 3⁹⁵ FOR	 ESSENTIAL EVERYDAY PANCAKE SYRUP 24 OZ., SEL. VAR. 2⁹⁷ FOR
 SUNSHINE PUFFED OR SNAP'D CHEEZ-IT 5.75-7.5 OZ., SEL. VAR. 4⁹⁹	 KELLOGG'S 8 CT. POP-TARTS 13.5 OZ., SEL. VAR. 3⁹⁹	 MAZOLA CORN OR VEGETABLE OIL 40 OZ. 5⁹⁹	 PLANTERS PEANUTS 16 OZ., SEL. VAR. 3⁹⁹	 ACT II MICROWAVE POPCORN 16.5-16.75 OZ., SEL. VAR. 2⁹⁸ FOR	 ESSENTIAL EVERYDAY BROTH 32 OZ., SEL. VAR. 2⁹⁵ FOR
 ESSENTIAL EVERYDAY BAKING SUGAR 2 LB., SEL. VAR. 2⁹⁶ FOR	 ESSENTIAL EVERYDAY PASTA SAUCE 23-24 OZ., SEL. VAR. 2⁹⁵ FOR	 HUNGRY JACK PANCAKE MIX OR SYRUP 24-32 OZ., SEL. VAR. 3⁹⁹	 NABISCO CHIPS AHOY! OR PREMIUM CRACKERS 9.5-17 OZ., SEL. VAR. 3⁹⁹	 OLD EL PASO STREET TACO KITS 10.6-12.1 OZ., BEEF, BIRRIA, OR TORTILLA 3⁹⁹	 OLD EL PASO TACO SHELLS 3.95-5.4 OZ., SEL. VAR. 3⁹⁹
 OLD EL PASO TACO OR FAJITA DINNER KITS 8.8-12.5 OZ., SEL. VAR. 3⁹⁹	 OLD EL PASO TACO SAUCE 9 OZ., MILD OR MEDIUM 3⁹⁹	 RICE-A-RONI OR PASTA RONI SIDES 1.97-7.2 OZ., SEL. VAR. 2⁹⁵ FOR	 HORMEL SPAM 12 OZ., SEL. VAR. 4⁹⁹	 COLLEGE INN STOCK OR BROTH 32 OZ., SEL. VAR. 2⁹⁶ FOR	 ESSENTIAL EVERYDAY CANNED FRUIT 15-15.25 OZ., SEL. VAR. 2⁹⁵ FOR
 ESSENTIAL EVERYDAY COOKING SPRAY 5-6 OZ., SEL. VAR. 2⁹⁶ FOR	 ESSENTIAL EVERYDAY PINEAPPLE 20 OZ., SEL. VAR. 2⁹⁵ FOR	 COUNTRY TIME, KOOL-AID, TANG DRINK MIXES 18-20 OZ., SEL. VAR. 3⁹⁹	 PILLSBURY FROSTING 12-16 OZ., SEL. VAR. 2⁹⁵ FOR	 PILLSBURY CAKE OR BROWNIE MIX 15.25-18.4 OZ., SEL. VAR. 2⁹⁵ FOR	 WISH-BONE SALAD DRESSING 15 OZ., SEL. VAR. 2⁹⁷ FOR
 PEARL MILLING CO. PANCAKE MIX OR SYRUP 24-32 OZ., SEL. VAR. 3⁹⁹					

MORE GROCERY!

 Niagara 24 Pack Water 8 OZ. BTL. 3¹² FOR	 GLACIER LAKES 24 Pack Water 16.9 OZ. BTL. 3¹² FOR	
 General Mills Family Size Cereal CINNAMON TOAST CRUNCH, HONEY NUT CHEERIOS, LUCKY CHARMS 18-19.5 OZ., SEL. VAR. 2¹⁰ FOR	 Day's 2 Liter Soda SEL. VAR. 2⁹⁴ FOR	 Day's 12 Pack Soda 12 OZ. CANS, SEL. VAR. 3²¹ FOR
 Herr's Variety-Pack Chips Box 28 CT. 15⁹⁹		

PRODUCE!

 5 Lb. Bag Apples 2¹⁰ FOR	 Jumbo Yams 5⁹⁵ LBS. FOR	 5 Lb. Bag Fresh Russet Potatoes 2⁹⁶ FOR	
 Fresh Mangos 2⁹⁴ FOR	 5 Lb. Bag Oranges 6⁹⁹	 Loose Fresh Carrots 1⁹⁹ LB.	 Fresh Cabbage 3⁹² LBS. FOR
 10 oz. Bag Fresh Spinach 2⁹⁶ FOR	 2 Lb. Bag Onions 2⁹⁹	 Fresh Collard Greens 5⁹⁵ LBS. FOR	 Fresh Express Salad Mix 7-9 OZ., SEL. VAR. 2⁹⁷ FOR

COUSINS FRESH MARKET **LOWEST PRICES IN TOWN!**

MEAT!

 FRESH Chicken Drumsticks 10 \$7.99 LBS FOR	 FRESH Boneless Chicken Breast 3 \$11.99 LBS FOR	 FRESH Whole Chicken \$2.99 LB.	 FRESH T-Bone Steaks \$7.99 LB.
 FRESH Ground Turkey 2 \$9.99 LBS FOR	 FRESH Goat Meat \$5.99 LB.	 FRESH Lamb Chops \$6.99 LB.	 FRESH Pork Ribs \$3.99 LB.
 FRESH Center Cut Pork Chops \$3.99 LB.	 FRESH Pig Feet \$2.49 LB.	 FRESH Lean Ground Beef 3 \$11.99 LBS FOR	 FRESH BEEF Pepper Steaks \$7.99 LB.
 FRESH Shoulder Steaks \$6.99 LB.	 FRESH Beef Cubes \$7.99 LB.	 BEEF Top Round Steak \$6.99 LB.	 FRESH Beef Back Ribs \$3.99 LB.

DELI!

 FRESH SLICED American Cheese WHITE \$4.99 LB.	 CAROLINA Turkey Ham \$6.99 LB.	 DIETZ & WATSON Buffalo Chicken \$7.99 LB.	 FRESH SLICED Turkey Pastrami \$6.99 LB.
 FRESH SLICED Roast Beef \$8.99 LB.	 DIETZ & WATSON Provolone Cheese \$6.99 LB.	 FRESH SLICED Turkey \$6.99 LB.	 FRESH SLICED Cooper Cheese \$6.99 LB.
 DIETZ & WATSON Chicken Breast \$6.99 LB.	 FRESH Pork Sausage \$6.99 LB.	 DIETZ & WATSON Smoked Sausage 48 OZ. \$15.99 EA.	
 FRESH SLICED Turkey Bacon \$8.99 LB.	 FRESH SLICED Pork Bacon \$6.99 LB.	 FRESH SLICED Beef Bacon \$10.99 LB.	

SEAFOOD!

 2 LB. BAG Whiting Fillets \$9.99	 2 LB. BAG Whole Mussels \$8.99
 1 LB. BAG Salmon Fillets \$9.99	 1 LB. BAG Tilapia Fillets \$6.99
 2 LB. BAG Flounder or Swai Fillet \$12.99	 1 LB. BAG Imitation Crab Sticks \$3.99
	 1 LB. Imitation Crabmeat \$3.99

DAIRY!

 La Yogurt Yogurt 6 OZ., SEL. VAR. 10 \$10	 Tropicana Orange Juice 46 OZ., SEL. VAR. 2 \$10
--	--

FROZEN!

 BUTTERMILK WAFFLES 2 \$5	 Smucker's Uncrustables 7.2-8 OZ., EL. VAR. 2 \$8
---	---

 Essential Everyday Shredded Cheese 6.6 OZ., SEL. VAR. 2 \$6	 Keller's Butter Quarters 16 OZ., SEL. VAR. \$4.99	 Pillsbury Crescent, Orange or Cinnamon Rolls 8.13.9 OZ., SEL. VAR. \$3.99
 Pillsbury Cookie or Pizza Dough 7-16.5 OZ., SEL. VAR. \$4.99	 YoCrunch 4 Pack Yogurt Cups 16 OZ., SEL. VAR. \$3.99	 YoCrunch Yogurt 6 OZ., SEL. VAR. 2 \$3
 Kraft Shredded or Chunk Cheese 7-8 OZ., SEL. VAR. 2 \$6	 Turkey Hill Teas or Drinks 128 OZ., SEL. VAR. \$4.99	 Turkey Hill Teas or Drinks 64 OZ., SEL. VAR. 2 \$6

 TGI FRIDAYS APPETIZERS 8-11 OZ., SEL. VAR. \$5.99	 TOTINO'S PIZZA ROLLS 24.8 OZ., SEL. VAR. \$5.99	 ESSENTIAL EVERYDAY POTATOES 21.2-32 OZ., SEL. VAR. \$3.99	 ESSENTIAL EVERYDAY STEAMABLE VEGETABLES 12 OZ., SEL. VAR. 2 \$4	 LEAN CUISINE FROZEN ENTREES 6-11.5 OZ., SEL. VAR. 2 \$8	 BANQUET POT PIES 7 OZ., SEL. VAR. 3 \$5
 EVERYDAY ESSENTIAL FROZEN FRUIT 12-16 OZ., SEL. VAR. \$3.99	 ESSENTIAL EVERYDAY VEGETABLES 32 OZ., SEL. VAR. \$4.99	 EGGO WAFFLES OR FRENCH TOAST STICKS 10.75-14.8 OZ., SEL. VAR. 2 \$8	 FRIENDLY'S ICE CREAM 48 OZ., SEL. VAR. \$4.99	 FURLANI TEXAS TOAST 8-11.25 OZ., SEL. VAR. 2 \$6	 GROWN IN IDAHO FRIES OR PUFFS 5-5.5 OZ., SEL. VAR. \$3.99
 MRS. PAUL'S OR VAN DE KAMP'S BREADED FISH 18-24.6 OZ., SEL. VAR. \$5.99	 ON-COR FAMILY DINNERS 24-28 OZ., SEL. VAR. 2 \$10	 PILLSBURY TOASTER PASTRIES 7.2-11.7 OZ., SEL. VAR. 2 \$8	 HUNGRY MAN DINNERS 13.1-16 OZ., SEL. VAR. 2 \$8	 BLUE BUNNY ICE CREAM 46-48 OZ., SEL. VAR. \$4.99	 CELESTE PIZZA FOR ONE 5-5.5 OZ., SEL. VAR. 3 \$5

COUSINS FRESH MARKET MEAT & DELI PACKAGES!

FREE HOME DELIVERY

ON PACKAGES & GROCERY ORDERS \$100.00 OR MORE
FOR MORE INFORMATION BY PHONE:

WEST GIRARD AVE. 215-877-8500 • WOODLAND AVE. 215-729-1515 • BALTIMORE AVE. 215-747-8700 • CHESTER 484-483-2500

COUSINS FRESH MARKET

MEAT PLAN 1

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 2 LB. FRESH BEEF SHORT RIBS
- 3 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES



\$79⁹⁹

COUSINS FRESH MARKET

MEAT PLAN 2

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAK



\$99⁹⁹

COUSINS FRESH MARKET

MEAT PLAN 3

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMSTICKS
- 3 LB. FRESH BEEF BUTTER STEAK
- 2 LB. FRESH BEEF SHORT RIBS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBE
- 2 PKG. BAR-S HOT DOGS CHICKEN OR TURKEY



\$119⁹⁹

COUSINS FRESH MARKET

MEAT PLAN 4

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN DRUMS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH GROUND BEEF
- 3 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAKS



\$129⁹⁹

COUSINS FRESH MARKET

MEAT PLAN 5

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMS
- 3 LB. FRESH GROUND BEEF
- 5 LB. FRESH CHICKEN LEG QUARTERS
- 3 LB. FRESH BEEF BACK RIBS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH BEEF OXTAILS
- 3 LB. FRESH SHOULDER STEAKS
- 2 LB. FRESH BEEF SHORT RIBS
- (2) 1 LB. PKG. HOT DOGS CHICKEN OR TURKEY



\$149⁹⁹

COUSINS FRESH MARKET

FAMILY COMBO PLAN 6

- 10 LB. CHICKEN WINGS
- 10 LB. CHICKEN LEG QUARTERS
- 5 LB. CHICKEN DRUMSTICKS
- 2 WHOLE CHICKENS
- 3 LB. T-BONE STEAK
- 3 LB. BEEF SHORT RIBS
- 3 LB. GROUND BEEF
- 1 BAG SHRIMP
- 1 BAG TILAPIA
- 4 LB. TURKEY BABY WINGS
- 4 LB. TURKEY CHOPS



\$199⁹⁹

DELI PLAN 1

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. SMOKED TURKEY BREAST
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA



\$11⁹⁹

DELI PLAN 2

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY PASTRAMI
- 1/2 LB. ROAST BEEF
- 1/2 LB. SMOKED TURKEY BREAST



\$12⁹⁹

DELI PLAN 3

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA
- 1/2 LB. CORNED BEEF
- 1/2 LB. TURKEY BREAST



\$15⁹⁹

DELI PLAN 4

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. ROAST BEEF
- 1/2 LB. TURKEY HAM
- 1/2 LB. HONEY TURKEY BREAST
- 1/2 LB. BEEF BOLOGNA



\$16⁹⁹

DELI PLAN 5

- DIETZ & WATSON SPECIALS
- 1/2 LB. BUFFALO CHICKEN BREAST
 - 1/2 LB. PEPPER TURKEY BREAST
 - 1/2 LB. BEEF BOLOGNA
 - 1/2 LB. BBQ CHICKEN BREAST



\$17⁹⁹

DELI PLAN 6

- 1 LB. TURKEY BREAST
- 1 LB. TURKEY PASTRAMI
- 1 LB. TURKEY HAM
- 1 LB. BEEF BOLOGNA



\$19⁹⁹

DELI PLAN 7

- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. BUFFALO CHICKEN
- 1 LB. GOURMET TURKEY
- 1 LB. TURKEY HAM



\$25⁹⁹

DELI PLAN 8

- 1 LB. CORNED OR ROAST BEEF
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. PEPPER TURKEY BREAST
- 1 LB. BUFFALO CHICKEN
- 1 LB. BEEF BOLOGNA

\$30⁹⁹

COUSINS FRESH MARKET

BREAKFAST PORK PLAN 1

- 1 LB. PORK BACON
- 1 LB. PORK SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. PORK SCRAPPLE



\$25⁹⁹

COUSINS FRESH MARKET

BREAKFAST TURKEY PLAN 2

- 1 LB. TURKEY BACON
- 1 LB. TURKEY SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. TURKEY SCRAPPLE



\$27⁹⁹

COUSINS FRESH MARKET

BREAKFAST BEEF PLAN 3

- 1 LB. BEEF BACON
- 1 LB. BEEF SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. BEEF SCRAPPLE



\$34⁹⁹

* SALE ITEMS ARE NOT FOR RETAILERS OR WHOLESALERS * ALL MEAT SALES ARE FOR OVER THE COUNTER SALES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. SOME ARTWORK FOR DISPLAY PURPOSES ONLY & MAY NOT REPRESENT ACTUAL PRODUCT.