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San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 29 • NO. 4

THURSDAY, JANUARY 24, 2019

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Brian Azevedo said property management and Walgreens didn't respond, so he's organizing a litter cleanup at Palma Plaza on Saturday.

Volunteers to Clean Up Palma Plaza on Saturday

Bryan Azevedo is organizing a community cleanup of Palma Plaza, 13808 East 14th St. in San Leandro, this Saturday from 9 to 11 a.m.

Gloves, vests, garbage bags, water and snacks will be

provided.

Azevedo said Palma Plaza is always a mess, so he decided to clean it up.

"I left messages and emails to property management with no response," Azevedo said. "I

didn't give up then. I called Walgreens corporate office and told them all about it and they told me they would get back to me. So until something gets done we are putting pressure on management

and we are having a community

cleanup there."

Just show up at 9 a.m., said Azevedo.

"Our students and community shop there," he said. "We deserve better."

-By Jim Knowles

Another Fence in Dispute in Council District 3

Lee Thomas' fence became a campaign issue in City Council District 3, now his opponent Victor Aguilar's fence is disputed

By Jim Knowles
San Leandro Times

Lee Thomas narrowly lost the 2018 election for City Council in District 3 and people think it was because of his fence.

Thomas had a dispute with his neighbor about a fence he wanted to build on his corner lot. He got an exemption from the zoning official to build the fence, but his next-door neighbor appealed and the issue went to the Board of Zoning Adjustments.

Thomas eventually pulled his request for a zoning variance to extend his fence on the side of his corner property on

Monterey Boulevard. But the dispute brought on accusations that Thomas used his political power to get a zoning change that wouldn't be possible for the average citizen.

Thomas has said that the fence might have made the difference in the election.

Now Thomas' opponent in the 2018 election, current City Councilman Victor Aguilar, is the one whose fence is in dispute. Aguilar even pointed out Thomas' fence issue during the campaign.

A few years ago, Aguilar built



PHOTO BY JIM KNOWLES

City Councilman Victor Aguilar's fence is now being questioned after his opponent Lee Thomas planned a fence that was disputed last year.

King's Ideas Remembered At City Forum

By Amy Sylvestri
San Leandro Times

The City of San Leandro and Unity in the Community celebrated Dr. Martin Luther King, Jr. with an oratorical festival, performances, and a special "barbershop forum" at the San Leandro Community Center on Monday.

A highlight of the program each year is seeing kids from San Leandro's schools perform. Some give readings of King's works and others compose their own poems and speeches.

Students Christopher Bishop and Isaac Deans gave a tandem presentation, taking turns at the microphone to talk about how King's message still resonates with youth of today.

"There was a man who had a dream to make all people equal," said Deans. "Dr. King did a lot for us and I want to thank him."

Bishop quoted one of King's speeches, saying "If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl. But whatever you do, you have to keep moving forward."

Jacqueline Wong memorized an original piece of her own writing, summing up with "They tried to kill the dream, but the dream remains."

Kennedy Johnson recited the Langston Hughes poem "I Dreamed a World:"

"I dream a world where man/ No other man will scorn/ Where love will bless the earth/ And peace its paths adorn/ I dream a world where all/ Will know sweet

freedom's way/ A world I dream where black or white/ Whatever race you be/ Will share the bounties of the earth/ And every man

see MLK, page 12

Council Looks at Mobile Home Rent

By Amy Sylvestri
San Leandro Times

Over two dozen speakers asked the City Council to do something about skyrocketing mobile home rents at a workshop last week.

The city is considering creating a possible mobile home rent stabilization ordinance, similar to the city's rent review policy for apartments, which offers non-binding mediation between tenants and property owners on disputes over rent increases.

The first speaker was John Busch, the 81-year-old lifelong San Leandro resident who was forced out of his home due to high rents last year and is currently homeless.

"I've seen too many people have to move," Busch told the

see RENT, page 10

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Documentary looks at California wildfires. [Page 2](#)

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Two arrested for car break-in spree. [Page 3](#)

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SL Rotary Club welcomes two new members. [Page 4](#)

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PETS OF THE WEEK

Dan



Bowie

The Pets of the Week at the Hayward Animal Shelter are Dan the kitten and Bowie the kitten.

Dan, a shy 9-month-old kitten, warms to new people with a little patience, TLC and sweet talk. He enjoys cheek rubs and behind the ear pets. Most of all, he loves fluffy, soft beds.

Bowie, a 9-month-old neutered kitten, is ready to go home with a patient, loving family. While a bit timid, he'll come to you for attention and pets if you are quiet and sweet with him.

For more information on Dan or Bowie, call the Hayward Animal Shelter at 293-7200.



Firefighters do a back burn on the Thomas Fire in a scene from the documentary.

City to Host Wildfire Documentary Film and Talk with Filmmaker

The award-winning documentary *Wilder than Wild: Fire, Forests, and the Future* will be shown at the San Leandro Main Library, 300 Estudillo Ave., on Thursday, Jan. 31, from 6 to 8 p.m. A panel discussion will follow.

The documentary reveals how fire suppression and climate change have exposed Western landscapes to large, high intensity wildfires.

In recent years, wildfires in California have changed from smaller fires burning in mostly remote areas to extremely de-

structive and deadly fires that have devastated urban areas close to wildlands.

The film explores the reasons for this change, from urban sprawl to a changing climate, and goes on to explore strategies that are being developed to help mitigate the impact of these fires.

After the screening, a panel discussion will look at how the issues raised in the film affect San Leandro and the Bay Area, including what people can do to prepare themselves for emergencies and help mitigate risks. The

panel includes filmmaker Kevin White and producer and writer Stephen Most, as well as staff from the City of San Leandro's Sustainability Office, and the police and fire departments.

The program is hosted by the City of San Leandro's Sustainability Office and San Leandro Public Library. The screening is part of a larger effort by the San Leandro Public Works Department's Office of Sustainability to make San Leandro a sustainable, livable city and strengthening the community's resilience to the impacts of a changing climate.

City Council to Hold Planning Session on Feb. 2

The San Leandro City Council invites the public to attend its annual planning session on Saturday, Feb. 2, beginning at 8:30 a.m. at the San Leandro Senior Center, 13909 East 14th St. The session will include time for the public to make comments and ask questions.

"Our City Council is looking forward to our annual planning session, which will allow us to set the City's goals and priorities for the upcoming year," said Mayor Pauline Cutter. "This is one of the

most important meetings of the year, and the public's input will help us ensure we are allocating City resources to those matters most critical to our residents."

For more information, contact Deputy City Manager Eric Engelbart at 577-3391 or eengelbart@santeleandro.org.

Sign Up for SL Girls Softball

San Leandro Girls Softball will hold their last in-person registration on Wednesday, Jan. 30, from 6 to 8 p.m. at Mountain Mike's, 2150 Marina Blvd. in San Leandro. Girls 6 to 14 of all playing abilities are welcome.

St. Leander's Church Crab Feed

St. Leander's Church, 575 W. Estudillo Ave. in San Leandro, will hold a crab feed on Saturday, Feb. 9, from 5:30 to 9 p.m. Tickets are \$50 and are available in advance at the school office, 451 Davis St., from 7:30 a.m. to 4 p.m., Monday through Friday. All proceeds to go benefit St. Leander School.

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POLICE & FIRE



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Mountaineering Marvel

Alameda County Firefighter Curt Myers recently summited Mt. Vinson in Antarctica at 16,050 feet, which completed his goal of climbing the highest peaks on all seven continents.

Man Arrested for Stolen Truck

A patrolling San Leandro police officer arrested a man for stealing a truck and a variety of other offenses last week.

Anthony Nunes, 31, was spotted driving poorly in a white Dodge truck and pulled over at around 4:20 a.m. on Jan. 15, according to Lt. Isaac Benabou of the San Leandro police.

When the officer spoke with Nunes, he spotted a meth pipe and

noticed that the steering column of the truck was damaged and that the key didn't properly fit, Benabou said.

The officer called the registered owner of the truck who said that no one should be driving his truck and told police that he did realize that his truck was missing.

"We have to give credit to the observant officer who noticed the decoy key in the ignition," said

Benabou in a press release.

Nunes was charged by the Alameda County District Attorney's office this week with auto theft, possession of burglary tools and possession of drug paraphernalia.

Nunes remains in custody at Alameda County's Santa Rita Jail in Dublin in lieu of \$60,000 bail and his next court date is scheduled for today.

Gun Recovered in Case of Cop Who Accidentally Shot Himself

The off-duty Oakland police officer who accidentally shot himself in the Bayfair parking lot in December did not misplace his gun during the incident, as he previously told investigators.

The gun remained in the officer's custody in the aftermath of the shooting, according to Lt. Isaac Benabou of the San Leandro police.

The officer originally could not tell investigators what happened to it, but was able to turn it over to police the next day.

Benabou said that the officer apparently accidentally shot himself in the chest in the parking lot of the Chili's restaurant and told police that the gun misfired while he was showing the weapon to his cousin.

Benabou said there were no security cameras filming in the area so they could not use footage in the investigation, but he said they were satisfied with witness accounts that the shooting was an "accidental discharge."

In the immediate aftermath of the shooting, the injured officer drove himself to the apartment on the 400 block of Dolores Avenue

that he shares with his girlfriend. It was the girlfriend who called police.

The Oakland police department would not comment on

whether the officer was reprimanded for the incident, saying that it is against department policy to discuss personnel matters.

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San Leandro Man Shot and Killed at East Oakland Party

A San Leandro man was shot and killed in East Oakland late Saturday night.

The victim, 22, was at a house party just before midnight at a home on the 2000 block of 22nd Avenue, according to Oakland police. His identity has not yet been released.

Police say the victim was

outside the home with a group of other people when a shooter opened fire. The San Leandro man was the only person hit and he died at the scene. The shooter fled before officers arrived.

Police are working on determining a motive and whether the victim was the intended target. No arrests have been made,

police said. His death was the eighth homicide in Oakland so far this year.

Police and Crime Stoppers of Oakland are offering up to \$10,000 in reward money for information leading to the arrest of the killer. Call Oakland police at 238-3821 or Crime Stoppers at 777-8572.

Two Arrested for Overnight Car Break-in Spree in Lower Bal

Two men have been arrested for a spate of auto burglaries during the early morning hours of Jan. 15.

Oakland residents Caleb Smith, 20 and Maurice Griffin, 19, are suspects in at least five burglaries which took place in the area of 148th and Western avenues, according to Lt. Isaac Benabou of the San Leandro police.

Police received a call at around 4:20 a.m. that two suspicious men were walking in the neighborhood. When officers got to the area, they discovered that a car had been broken into.

Another officer arrived and found Smith and Griffin walking in the area. Smith was carrying a backpack that appeared to contain items from the burglary and Griffin was found to be in possession

of a window punch tool used to break glass, Benabou said.

Officers searched the neighborhood and found four additional auto burglaries all with broken windows. Items from the burglaries were confirmed to be in the possession of the suspects, Benabou said.

Both Smith and Griffin were charged with burglary by Alameda County District Attorney's office.



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NEIGHBORS

SL Rotary Welcomes New Members

The Rotary Club of San Leandro welcomed its newest members, Luana España and Leo Sheridan.

España is a Community Affairs Representative in the Social Responsibility Division at the Port of Oakland. Sheridan is V.P. of Sales for an automotive paint distributor in San Leandro and is also serving his second term in office on the San Leandro Board of Education.

Ms. España earned her bachelor of arts degree, in politics and Spanish literary studies from Occidental College and master of public policy degree from the Goldman School of Public Policy at the University of California, Berkeley. España has received numerous fellowships for her academic excellence, including the Eben Tisdale Fellowship, Fulbright United States Scholar Grant, UC Berkeley Public Policy and International Affairs Fellowship and the Ford Anderson Research Fellowship.

España has traveled extensively in Europe and Latin America and is an avid outdoor enthusiast. She is on the Executive Board for the Bay Area



Ms. Luana España



Mr. Leo Sheridan

Ridge Trail Council and the Multicultural Advisory Committee for the East Bay Regional Park District. She volunteers with Volunteers for Outdoor California and Pacific Coast Trail Runs.

Mr. Sheridan is a longtime resident of San Leandro. He and his wife, Michelle Sheridan, have one daughter, Kearsten. In his spare time, Sheridan loves coaching girls softball with Michelle. They co-founded San Leandro Girls Softball and are now into their fourth year. Sheri-

idan also enjoys golf and vacationing with his family.

España and Sheridan both hope to utilize their skills to give back to the local community.

The Rotary Club of San Leandro meets Wednesdays at noon at the Englander Sports Pub & Restaurant.

For more information about the club and upcoming events, e-mail the club's Outreach Coordinator, Leah Hall, at lhall.rotarysl@gmail.com or visit www.sanleandrorotary.org.

ARTS & ENTERTAINMENT

❖ Brian Copeland at Douglas Morrisson Theatre

Not a Genuine Black Man, Brian Copeland's legendary hit and

San Francisco's longest-running one-man show, will hit the stage Friday, Jan. 25, at 8 p.m. at the Douglas Morrisson Theatre,

22311 N. Third St. in Hayward. This critically acclaimed show, written and performed by Copeland, explores Copeland's childhood experiences as a member of one of the only African American families growing up in a 94% white suburb of San Leandro. For tickets (\$35 in advance, \$40 at the door) visit www.dmtonline.org/not-a-genuine-black-man

❖ Film Screening & Panel Discussion

The documentary film *Wilder Than Wild*, will be shown on Thursday, Jan 31, from 6 to 8 p.m. at the Main Library, 300 Estudillo Ave. The film reveals how fire suppression and climate change have exposed our forests and wildland-urban landscapes to large, high-severity wildfires, and explores strategies to mitigate the impact of these fires. Following the 1-hour film, there will be a panel discussion with filmmaker Kevin White, producer/writer Stephen Most, and representatives from the Alameda County Fire Department and San Leandro Police Department. This event is co-sponsored by the Public Works – Sustainability Office.

HOROSCOPE by Salomé

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ARIES (March 21 to April 19) Seeing the silly side of some really ridiculous situations helps give the Lamb a new perspective on how to handle them. Some important contacts can be made this weekend.



TAURUS (April 20 to May 20) Try to complete your outstanding tasks by midweek. This leaves you free to take advantage of new possibilities -- both professional and personal -- opening up by week's end.



GEMINI (May 21 to June 20) With both your creative side and your energy levels rising this week, you should be able to tackle that too-long-neglected project again. A family member might have important news.



CANCER (June 21 to July 22) An explanation you requested seems to be more confusing than enlightening. You should insist on clarifications now, rather than deal with problems that might arise later.



LEO (July 23 to August 22) Your energy levels might be ebbing a bit. But that's no excuse for taking catnaps when you could be working on those unfinished tasks. There'll be time to curl up and relax by week's end.



VIRGO (August 23 to September 22) It's a good time to get those ideas out of your head and into a readable format if you hope to have them turned into something doable. A good friend is ready with worthwhile advice.



LIBRA (September 23 to October 22) Careful -- you might be stepping into dangerous territory if you decide to "exaggerate" the facts too much. Remember: The truth speaks for itself and needs no embellishment.



SCORPIO (October 23 to November 21) Although your workplace successes have earned you many admirers, there are some colleagues who are not among them. Be careful how you proceed with your new project.



SAGITTARIUS (November 22 to December 21) You might have to go into great detail to explain why you're currently reluctant to make changes to an already prepared plan. Be sure you have all the facts to back yourself up.



CAPRICORN (December 22 to January 19) Travel plans might still be uncertain. But instead of getting upset about the delay, open yourself up to other possibilities, and begin checking out some alternative destinations.



AQUARIUS (January 20 to February 18) Changing conditions might require you to alter some of your plans. While you might be agreeable to this, be prepared with explanations for those who do not want changes made.



PISCES (February 19 to March 20) Although you might have to deal with some detractors who aren't too kind in their critiques, you gain points when you're willing to stand up and defend your work.

**READ &
RECYCLE!**

COMMUNITY CALENDAR

❖ Mystery Writers Forum

The San Leandro Library invites residents to the Murder Most Foul Forum and book signing at the San Leandro Main Library, 300 Estudillo Ave., on Saturday, Jan. 26, from 2 to 4 p.m. Local mystery authors Eileen Rendahl, Gigi Pandian, Catriona McPherson and Terry Shames will discuss their fascinating writing experiences and their most recent publications. A question-and-answer session and book-signing will follow the forum. For more information, call the library information desk at 577-3971.

❖ St. Leander School Open House

St. Leander School, 451 Davis St. in San Leandro, will have an open house on Saturday, Jan. 26, from 2 to 4 p.m. Interested families are invited to meet teachers, tour classrooms and meet other students and their families. Grades pre-K through eighth grade.

❖ Eden Garden Club

The next meeting of the Eden Garden Club will be Monday, Jan. 28, at 9:30 a.m. at the Moose Lodge, 20835 Rutledge Road in Castro Valley. The speaker will be Tommy Fenster, a staff member of StopWaste of Alameda County who will speak on compost and the carbon farming connection. Meetings are free and guests are always welcome. For more information, call 209-7366.

❖ Hill & Valley Women's Club Flea Market

The Hill and Valley Women's Club, 1808 B St. in Hayward, will hold its annual Flea Market on Saturday, Feb. 2, from 9 a.m. to 2 p.m. This super rummage sale will feature household goods, clothing and accessories, jewelry, linens, appliances and electronics, books, toys, sewing and craft materials, and miscellaneous items. Lunch will be served in the club's café. Funds raised benefit several local charities. Plenty of parking available. Come early for the best selection.

❖ Soroptimist Annual Crab Feed

Soroptimist International of the East Bay will host its Annual Crab Feast and Silent Auction on Saturday, Feb. 2, from 6 to 10 p.m. at the Hayward-Castro Valley Moose Lodge, 20835 Rutledge Road in Castro Valley, with a Mardi Gras themed all-you-can-eat crab feast and silent auction. No-host cocktail hour from 6 to 7 p.m. Steak entrée optional with reservation. Live entertainment and 50/50 raffle. Call 886-7010 for tickets before Jan. 27.

❖ Shrimp Fest at Alta Mira Club

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will host a shrimp fest on Saturday, Feb. 2, with all-you-can-eat shrimp, pasta, salad, bread and ice cream. Social hour at 5 p.m., dinner at 6 p.m. Opportunity drawing for prizes, 50/50 drawing. Tickets are \$45. For tickets or more information, call Carol at 305-5393.

❖ Free Food for Federal Workers

Federal workers are invited to get free food at the Food Pantry at All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro, on Saturday, Feb. 2. Sign up begins at noon. Come at 1 to 2 p.m. with your grocery bags. Fresh fruits, vegetables, and breads, as well as packaged foods are available. The only requirement is that you live in Alameda County. The Food Pantry is a project of All Saints Neighborhood

Center. The Pantry is open the first Saturday of every month.

❖ I.D.E.S. St. John Lunch & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will host a hot and cold crab feed on Saturday, Feb. 2, with dinner beginning at 6 p.m. The menu includes salad, pasta, crab and garlic bread. Tickets for adults is \$50, children 6 to 12 is \$25. There will also be a prize raffle and a 50/50 raffle. For tickets or for more information, call Darlene at 589-6536, Willie at 207-6326 or Frances at 886-1568.

❖ Buon Tempo Club's Family Dinner

The Buon Tempo Club's next family dinner will be on Tuesday, Feb. 5, at 7 p.m. at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. in Castro Valley (located across from the 580 Marketplace). Chef Jessica Gorham Pacheco and crew will be serve a five course family style dinner of chicken with pasta. Red and white wine and soda are also included. Happy hour is at 6 p.m.. The dinner is \$15 for members, \$20 for non-members. Make reservations by Friday, February 1, by calling the Buon Tempo dinner line at 483-6929 (option 1). For more information about events or membership see the website at www.buontempo.org.

❖ "Be Mine" Valentines Ball

The 13th Annual "Be Mine" Valentines Ball, hosted by Creekside Community Church and Stepping Stones Growth Center, 951 MacArthur Blvd. in San Leandro, will be on Friday, Feb. 8, from 6 to 9 p.m. Please RSVP by Feb. 4 by calling Kaitlin Howell at 568-3331 or email khowell@steppingstonesgrowth.org. For more information, visit www.steppingstonesgrowth.org. This event is open to the public. Volunteers are needed to assist in a variety of ways throughout the evening. To find ways to lend a helping hand, contact Kaitlin Howell.

❖ St. Leander's Church Crab Feed

St. Leander's Church, 575 W. Estudillo Ave. in San Leandro, will hold a crab feed on Saturday, Feb. 9, from 5:30 to 9 p.m. Tickets are \$50 and are available in advance at the school office, 451 Davis St., from 7:30 a.m. to 4 p.m., Monday through Friday. All proceeds go to benefit St. Leander School. For more information, call 351-4144.

❖ Fundudes Musical Benefit Performance

The Fundudes will perform a musical benefit for the North Valley Community Foundation and to fire victims and their families on Saturday, Feb. 9, from 2 to 5 p.m. at Zocolo Coffeehouse, 645 Bancroft Ave. in San Leandro. A \$10 donation is suggested.

❖ SL Rotary Endowment Annual Crab Feed

The San Leandro Rotary Endowment is having its annual Crab Feed on Saturday, Feb. 16, at the San Leandro Boys and Girls Club, 401 Marina Blvd. Social hour begins at 5:30 p.m. and dinner, catered by Miraglia's Catering, starts at 7 p.m. Tickets are \$50 per person and may be purchased by visiting www.sanleandrorotary.org or by contacting Aisha Knowles at 828-9199. Proceeds from the event support local service projects and non-profit organizations such as Davis Street, Community Impact Lab, Meals on Wheels and the San Leandro Education Foundation.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.

HEALTH & FITNESS

10 Health Goals for 2019

With the new year well underway, this is the perfect time to review your personal goals and how you can make positive health choices in the coming year.

The American Medical Association offers these 10 recommendations to help you determine where you can make the most impactful, long-lasting improvements to your health.

1. Learn your risk for type 2 diabetes by taking the self-screening test at [DoIHavePrediabetes.org](#). Steps you take now can help prevent or delay the onset of type 2 diabetes.

2. Be more physically active. Adults should do at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity.

3. Know your blood pressure numbers. Visit [LowerYourHBP.org](#) to better understand your numbers and take necessary steps to get your high blood pressure -- also known as hypertension -- under control. Doing so will reduce your risk of heart attack or stroke.

4. Reduce your intake of processed foods, especially those with added sodium and sugar. Also reduce your consumption of sugar-sweetened beverages and drink more water instead.

5. If your health care professional determines that you need antibiotics, take them exactly as prescribed. Antibiotic resistance is a serious public health problem and antibiotics will not make you feel better if you have a virus, such as a cold or flu.

6. If consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans -- up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.

7. Talk with your doctor about tobacco and nicotine use and quit. Declare your home



and car smoke-free to eliminate exposure to secondhand smoke.

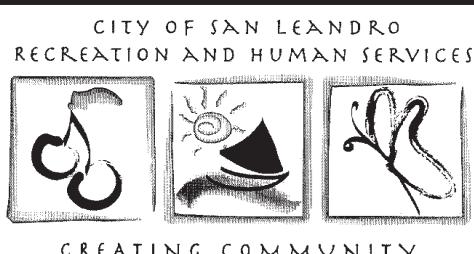
8. Pain medication is personal. If you are taking prescription opioids, follow your doctor's instructions, store them safely to prevent diversion or misuse, and properly dispose of any leftover medication.

9. Make sure your family is up-to-date on their vaccines, including the annual influenza vaccine for everyone age six

months or older.

10. Manage stress. A good diet and daily exercise are key ingredients to maintaining and improving your mental health, but don't hesitate to ask for help from a friend or mental health professional when you need it.

The lifestyle choices you make now will have long-lasting impacts. So, this new year, prioritize your long-term health by forming great habits.



This issue of the San Leandro Times contains the City of San Leandro Recreation and Human Services Department Spring Activities Guide.

If your copy of the Times does not include the Spring brochure, call 510-614-1555 or stop by the Times office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.

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Jose., a Yelp from Hayward



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I am not an attorney. I can only provide self help services at your specific direction.

Alameda Legal Document Assistant_Reg #: 134

Making Difficult Caregiving Decisions To Be Covered in Free Saturday Class

Handling sensitive topics and making difficult decisions, especially when emotions are high, is never easy.

To help family caregivers, Hope Hospice presents, "Making Decisions about Caregiving," this Saturday, January 26, from 9:45 a.m. to noon at Hope Hospice, 6377 Clark Ave., Suite 100 (2nd floor), Dublin.

The class will cover formulating a care plan, distance caregiving and working together with family members.

Any community member engaged in the role of family caregiver or expecting to soon become a caregiver is invited to attend this class. Light refreshments will be served. Register online at [HopeHospice.com](#) or contact Debbie Emerson at debe@hopehospice.com

Hope Hospice now offers a monthly caregiver support group that provides an environment in which caregivers can connect and share with others in similar situations. The group meets from 12:15 to 1:45 p.m., immediately following the Family Caregiver Education series class.

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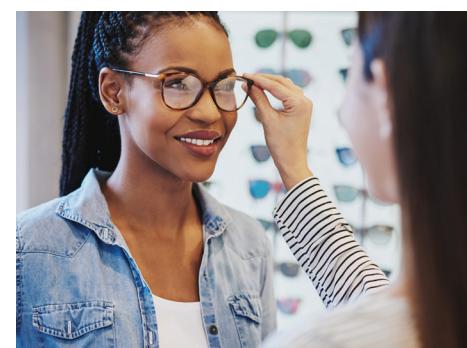
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REAL ESTATE GALLERY

REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



DYI Meets Disaster

It is no secret contractors are becoming harder to find, let alone show up on time.

With escalating Bay Area home prices, many tradespersons have departed for cheaper locales. Additionally, recent fires to the north have siphoned off many contractors, resulting in significant delays in nailing down trades and dramatic increases in rates. In this new reality, many are thinking DIY.

Results vary.

A few hours watching HGTV can convince anyone that doing it yourself is fun and easy. A recent survey by the National Association of Realtors shows an increase in popularity amongst younger generations for DIY home improvement projects. All is not as easy as it might appear, however.

"We've seen people take on a lot more than they could deal with," Joanne Theunissen, the remodeling chair of the National Association of Home Builders, told realtor.com. "Be cautious. If it looks easy on TV, understand it's not."

In fact, of those that started a DIY project, approximately 1/3 hired a professional to either complete or redo the job.

Realtor Magazine goes on to state, "Fifty-five percent of DIYers say their projects took longer to complete than they expected, and more than half said their project was physically more difficult than they anticipated as well."

Fifty-five percent of respondents also said their finished project didn't look as good as they had hoped. About 8 percent of respondents said their homes were damaged because of their DIY attempts."

ImproveNet, a company dedicated to connecting professionals with homeowners, recently surveyed 2,000 individuals who had a DIY fail.** The average number of attempted projects was 8, and a whopping 63% regretted at least one of the projects they attempted. The top 10 DIY projects most likely to end in disaster?

1. Installing floor tiles
2. Replacing a ceiling
3. Refinishing hardwood floor
4. Installing carpet

5. Finishing a basement
6. Installing hardwood flooring
7. Refinishing cabinetry
8. Installing sprinklers
9. Installing a shower/bath
10. Interior painting

Other items further down on the list include installing roofs, wallpapering, decks, plumbing fixtures, fencing, doors, windows and concrete work. DIY electrical projects also made the list.

It is easy to understand the allure of tackling a DIY project – after all, there are the projected cost savings and bragging rights if you succeed. In reality, however, there is more to it than meets the eye.

Bottom line? You might not want to try this at home.

*REALTOR® Magazine, 1/9/2019

**www.improvenet.com/2019-home-improvement-statistics

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.


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458 Diehl Avenue • New Broadmoor Listing! Open Houses Saturday and Sunday from 1-4 pm.

Enjoy effortless living in this gorgeous split level Mediterranean. From the charming front porch to the wonderful back yard, 458 Diehl Avenue is a special place! Over the years, thoughtful remodeling choices preserved the architectural beauty of the 1920's while incorporating desirable amenities that buyers are looking for. Encompassing approx. 1670 sq ft. of living space, the open floor-plan features lots of natural light, 3 spacious bedrooms, 2 full bathrooms, inlaid hardwood floors and a large remodeled kitchen. The master suite has an updated private bath and three closets- one of them is a walk-in! The back yard was clearly designed for fun. The excellent entertaining spaces center around a large pergola covered deck and include fire pit and play areas. Offered at \$795,000. For more information, contact Michelle R. Miller, Associate Broker, of Compass Real Estate at 510-701-3442. BRE# 01012751



WEEKEND GARDENER

■ Assessing Your Soil

Planting instructions usually say, "Place in soil with good drainage." But how do you know whether or not your soil drains well? If water forms puddles in your flower beds and stays there for a time after a rain, it is *not* draining well. Another test: Dig into the soil within 48 hours after a normal rain. If the soil breaks up without clumping, then it has good drainage. But, if the soil sticks together like Silly Putty, the drainage is poor. You can increase drainage in heavy soil by adding compost or peat moss. Building a raised flower bed will also work.

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A	1-4	1-4	2274 Belvedere Ave.	\$539,000	3/1.5	United Brokers RE	Tere Lee/Malanie Yan	510-305-8827
A	—	1-4	946 Kenyon Ave.	\$710,000	2/2	Coldwell Banker	Laurie Pfohl	510-851-3551
A	1-4	1-4	458 Diehl Ave.	\$795,000	3/2	Compass RE	Michelle Miller	510-701-3442
C	1-4	1-4	2960 SYDNEY	\$799,000	3/3	INTERO	Jennifer Dicker	650-701-5599
C	1-4	1-4	18925 Edwin Markham Dr.	\$1,499,000	4/3	RE/MAX Accord	Leslie Peterson	510-697-1208

CITY GUIDE

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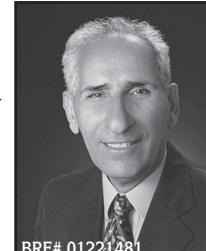
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When to Feed Roses and Control Diseases

By Buzz Bertolero
SPECIAL TO THE TIMES

Q After pruning my roses, is there any special winter fertilizer I should apply? Also, what should I treat the bare stems with to minimize the rose rust, and black spot this year?

A While there isn't any special type of winter fertilizer for roses, they do need to be fed, but it's a bit early to start. I'd wait another month or when the new growth is about a one-half inch long to make my first application.

There are a lot of great rose foods available, so no one brand or type is the best. Dr. Earth is a good organic fertilizer. Miracle Grow is perfect for those who love to fertilize often. And for those like me who infrequently fertilize, there is Osmocote, a time-release fertilizer that is applied every four months.

Roses are heavy feeders, so whatever fertilizer you choose, reapply it regularly right through October.

Start your rose disease control program after pruning. Rose canes should be sprayed with Bonide Copper Spray, but first strip off any of the remaining leaves and remove all the debris from under the plant(s).

My solution is Bayer Ad-

Ideally, this is done before the new growth is too far along. This is a preventive measure to remove any of the local sources for the diseases. It sort of sanitizes the area.

The spores from black spot, rust, and mildew, can over-winter in this material. The spores are airborne, so there is a better than average probability that they'll return with wet, damp and rainy conditions.

The length of time moisture remains on the leaves after the sun goes down triggers the problems. The damaged leaves show up some 10 to 18 days after being infective.

Last spring, the rose diseases were a big problem almost until Mother's Day, because of the wet spring. So applying a rose fungicide to foliage is recommended and, again, there are a lot of choices.

No fungicides will eradicate the diseases, they only control them. So, depending on the weather, repeat applications must be made until the rainy season concludes.

Also, keep in mind that to be effective, the fungicide must be on the foliage before the moisture arrives, not afterward. This can be challenging with all the other things that can be happening during a week.

My solution is Bayer Ad-

vanced All In One Rose Care. It feeds my roses, provides a systemic fungicide for six-week control of the rose diseases, and finally as a bonus takes care of the Aphids, Thrips, and Spider

Mites. It is available in a liquid and easy to apply granules.

Unfortunately, Bayer All In One Rose Care is not an organic solution, and I only use it in the spring until the rainy season has

concluded. You can certainly separate these into individual tasks, but I prefer one and done.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's

website is www.dirtgardener.com and questions can

be sent by email to buzz@dirtgardener.com or on Facebook at Facebook.com/Buzz.Bertolero



LEGAL NOTICE

FILED
JANUARY 9, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 553810

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:
STARLITE DENTAL located at 506 Estudillo Avenue, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Parvez Taylor, D.D.S., INC., 506 Estudillo Avenue, San Leandro, CA 94577. This business is conducted by a corporation. This business commenced on N/A.
/s/Parvez Taylor
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Expires JANUARY 9, 2024

JAN. 17, 24, 31, FEB. 7 2019

FILED
JANUARY 9, 2019
MELISSA WILK
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FILE NO. 553870

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/s/Roche George
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Expires JANUARY 9, 2024

JAN. 17, 24, 31, FEB. 7, 2019

FILED
DECEMBER 27, 2018
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/s/Jose de Jesus O. Acosta
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JAN. 17, 24, 31, FEB. 7 2019

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JANUARY 11, 2019
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FILE NO. 553952

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/s/Arely Patricia Quiroz Urbina
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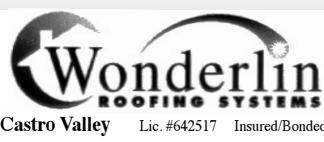
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Rent: Council hears both sides on mobile home rent increases

continued from front page

council. "Some of them have become homeless. I'm sure glad we've gotten to the point where we can make some changes."

City staff said they've looked at surrounding cities to see how San Leandro might craft its mobile home rent stabilization regulation. San Leandro currently has nine mobile home parks with

855 spaces.

In Fremont, a mobile home rent arbitration process is available for people who have rent hikes of over \$10 per month. Hayward limits increases to 3 percent of rent per year, Oakland to 5 percent, and Union City to 7 percent before the city offers rent review.

The new ordinance would

likely also apply to recreational vehicles that are used for permanent habitation and reside in mobile home parks.

"We want to establish a more efficient way of reviewing and protecting residents from arbitrary rent increases to their

a rent control platform, said that a mobile home rent stabilization ordinance was in front of the city council as far back as 1986.

"It's really time that we get this done for the residents of San Leandro," said Shafer. "It's been a while. People are looking for relief and they need this relief. Let's do something with some substance for these people."

Carol Stieben said she was forced out of her trailer home due to rent increases. She said that the park where she lived used to be a real community with neighbors who looked out for each other, but that sense of community was broken up when so many had to move away.

"I'm the new face of homelessness," said Stieben. "I worked hard all my life. I'm used to fighting. There's no reason I should be in this shape. It was a community, now it's all busted up."

Deborah Acosta, San Leandro's former Chief Innovation Officer, spoke in her capacity as a board member of Mission Bay Homeowners Association. She told the council that mobile home rent stabilization is particularly important for senior citizens.

"Mobile homes are relatively affordable, however seniors are vulnerable," said Acosta.

Former City Councilman Jim Prola also spoke in favor of rent stabilization.

"I want to remind you that San Leandro is the city of kindness," said Prola. He suggested

an ordinance with rent increases limited to the increase of the Consumer Price Index as being most fair for renters and landlords.

But there were also a handful of speakers from various landlord and property management groups who told the council that

“People are looking for relief and they need this.”

— Jeremy Shafer, rent control advocate

they were sympathetic about rate increases, but that sometimes higher rents are necessary to maintain the quality of life at a park. They said some people will simply sell off the land if they can't make money, which would leave renters without recourse.

"Unfortunately, the ordinance could prevent beautification and upgrades," said Bill Mulgrew of the Rental Housing Association of Southern Alameda County. "Prudent business people are loath to invest in something when there is a chance of not making back their investment."

Doug Johnson of the Western Manufactured Housing Community Association read an email from the owner of the Bal Trailer Court, who described himself as a senior citizen who depends on income from his renters to live. The Bal Trailer Court was founded by his grandfather and he said he does his best to keep rents reasonable.

"My family has always kept the park well-maintained and always charged reasonable, affordable rents," Johnson read. "The upgrades and improvements have costs thousands and thousands of dollars. Limiting my ability to cover these costs would be detrimental."

Ryan Jasinsky spoke on behalf of Brandenberg, Staedler & Moore – property owners of Mission Bay Mobile Home Park, the site of over 40 percent of San Leandro's mobile homes.

"My experience has shown that rent control hinders owners ability to reinvest in their communities," said Jasinsky.

After hearing more than two hours of testimony, the City Council said that setting up a mobile home rent ordinance is a priority for them.

"The stories that you've shared are truly heart-wrenching," said Corina Lopez to the renters. "I'm really concerned for your welfare. We need to do something very proactive here."

Councilmen Ed Hernandez and Victor Aguilar both support

see RENT, page 12

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Sandina Forese (Sandi)

April 12, 1924 - January 21, 2019

Sandi Forese passed away, surrounded by her family, in the comfort of her daughter and son-in-law's Oakland home on January 21, 2019. She was a cherished mother, grandmother, and great-grandmother. Sandi was born in Oakland, the first child of Federico and Anna Markitello. Her parents immigrated from Bari, Italy in 1920. Sandi grew up in Oakland and proudly graduated from Oakland Technical High School. She married Michael Forese on December 25, 1941, which followed a three-year separation when Michael was drafted in the US Army and served in Europe. During this time Sandi worked at the Army Quartermaster. Michael preceded her in death in 2015, and they were married for 73 years.

Sandi is survived by her two daughters: Michelle Dotson of Reno, and Anita Waldron (Norbert) of Oakland, grandchildren Elizabeth Phelps (Eric) of Ambler, PA and Vincent Waldron (Tobi) of Reno, and great-granddaughter Alexis Phelps.

Sandi was a homemaker and spent many years volunteering for various organizations: March of Dimes, American Cancer Society, and President of Maxwell Park PTA, where she was awarded in 1962 a Lifetime Membership for her dedicated service. In 1971, Sandi and Michael moved to San Leandro where for the next thirty-five years she served as an Axillary Volunteer for Humana/San Leandro Hospital, and the San Leandro Surgery Center. Sandi was a member of the Assumption Woman's Club, belonged to numerous bridge clubs, and the Tony Lema Woman's Golf Group. She served on the Bay-O-Vista HOA Board, and in 2003 she was appointed to the San Leandro Senior Commission and supported the construction of the San Leandro Senior Center. For many years she and Michael held Oakland A's season tickets, and hosted many social events. She loved being surrounded by family and friends.

Sandi's generous heart, her care and support for others will greatly be missed — yet never forgotten.

Her family is grateful to Sandi's dedicated caregivers of the past four years, and most recently the guidance and care from Vitas Healthcare.

Services will be held on Saturday, January 26th, 10:00AM at Santos-Robinson Mortuary, 160 Estudillo Ave. San Leandro, 94577, 483-0123. Burial will be private. In lieu of flowers, donations may be made in Sandi's memory to The Michael J. Fox Foundation For Parkinson's Research-www.michaeljfox.org or the charity of your choice.



Louise Walsh

August 6, 1922 - October 19, 2018

Louise Walsh, loving wife, mother and grandmother, died surrounded by her family Friday, October 19 at Eden Medical Center in Castro Valley. She was 96.

Daughter of Blanch and Howard Rosenberger, Louise was born in Washington D.C. As a child she enjoyed taking trips with her family and reading books, which grew to become a lifetime passion. A talented student, she attended Bucknell University and planned to be a librarian. But during her father's service in the Navy, she left school and moved to San Francisco in 1942 to live with her mother and brother Robert. On a train trip to the West Coast, she met her husband Eugene.

Eugene and Louise were married and lived in Berkeley, where their first son Richard was born. Soon they moved to Pleasant Hill, where sons Robert and Thomas were born. She was a dedicated mother and active member of the church as well as community groups and charity organizations. The family moved in 1965 to San Leandro, where she lived for the following nearly 50 years. She clerked at the Hayward library, volunteered in the classroom for the San Leandro Unified School District and was a member of the San Leandro Garden Club.

Following Eugene's death, she traveled to destinations such as Australia, London and Moscow. An avid news consumer, Louise closely followed politics and loved to discuss current affairs with relatives and friends. In her later years, she appreciated visiting family in remote parts of California. She was an inspiration to her loved ones and central figure in her family.

Louise is preceded in death by her husband Eugene. She is survived by three sons Richard Walsh (Mary), Robert Walsh (Susan) and Tom Walsh, as well as three grandchildren Devin Walsh, Lia Gordon (Sean) and Austin Walsh (Jillian) and two great-grandchildren Noah and Hudson Gordon. She was honored during a private ceremony.



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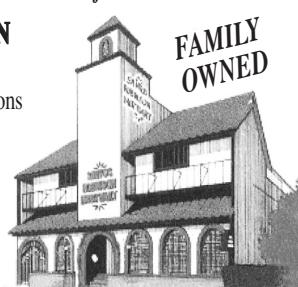
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MARIA L. TOSTE

TOSTE, Maria L., passed away at her home in San Leandro on January 21, 2019 at the age of 68. She died peacefully, surrounded by her loving family.

Born on August 18, 1950 and raised in Azores, Portugal, Maria immigrated to the United States in 1970, and lived in San Leandro for the last 48 years. She worked at various locations in San Leandro and Hayward, including Hudson Lumber, Simmons, Shaklee Corporation, and General Foods/Kraft, from where she retired after 20 years. Maria was very proud to have worked anywhere to help raise her three beautiful sons, Phillip, Frederick and Firmino, and provide them a good life. She was preceded in death by her father Jose Rocha, mother Bernardina Rocha, and brother Antonio Rocha. She is survived by her son and daughter-in-law Phillip and Amy, son Frederick, son Firmino, brother Jose Costa, and sister Maria Rocha.

Family and Friends are invited to attend services on Saturday, January 26, 2019. Visitation is from 9 a.m. to 11:30 a.m. with a Rosary beginning at 11:30 a.m. at Santos-Robinson Mortuary 160 Estudillo Ave., San Leandro. Flowers and condolences in care of Maria's family may be sent to the mortuary. Donations to the Cholangiocarcinoma Foundation in tribute to Maria can be made at cholangiocarcinoma.org. Santos-Robinson, Family Owned santosrobinson@sbcglobal.net

The Amazing Versatility of Onions

Salt and pepper aside, onions are the most indispensable flavoring agent in the world, providing layers of flavor, color, and texture to a wide variety of dishes and cuisines.

But their appeal goes beyond flavor when you consider their role as a health food. Low in sodium and containing no fat, they provide important nutrients and health-promoting phytochemicals, vitamin C, dietary fiber, and folic acid. Eating

raw onions is linked to reducing cholesterol levels. Studies have also shown that regular consumption of onions may be beneficial for reduced risk of certain diseases. Well worth shedding a few tears over!

CLASSIC ONION PIE

5 cups onion, thinly sliced
1 tablespoon olive oil
1/2 cup ham, diced

1 cup low fat Swiss cheese, grated
3 teaspoons sugar
1 tablespoon flour
1 teaspoon salt
1 dash cayenne pepper
1/4 teaspoon black pepper
1/4 teaspoon nutmeg
3 eggs
1 cup milk
1 9-inch unbaked pie shell

Saute onions in olive oil until tender and translucent. Add ham and grated cheese. Combine sugar and flour with seasonings, and add to slightly beaten eggs. Add milk to egg mixture.

Put sauteed onion, ham, and cheese in a pie shell; pour milk and egg mixture over onions. Bake in pre-heated oven at 425°F for 35 minutes or until custard is set and golden brown. Serve warm. Yields 6 to 8 servings.



OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and *must be under 300 words*. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

San Leandro Rental Rates Called 'The Ultimate Blue-Light Special'

Editor:

You would be a fool to think about investing in the San Leandro apartment market.

San Leandro has the lowest, I repeat, the lowest rental rates in the entire Bay Area and rents only went up a puny 3% in 2018. That's the ultimate Blue Light Special if I was looking for an apartment in the Bay Area.

According to RentCafé.com, the lowest rents in December were in San Leandro where the average is \$1,947 (one bedrooms are \$1,788 and two bedrooms are \$2,109). The next lowest rates are in Hayward where the average is 4.5% higher at \$2,033 followed by Castro Valley @ \$2,123. From there the rates only go up as Danville is \$2,263, Fremont @ \$2,313, Alameda @ \$2,379, Pleasanton @ \$2,500, Oakland, lets not forget Oakland @ \$2,527 followed by Dublin @ \$2,537, Emeryville @ \$2,883 and easy going Berkeley @ \$3,123.

Based upon this factual information I see no reason why the City Council should waste any more of their valuable time discussing rent control until the San Leandro average goes up a minimum of 20% from current levels and this increase would still be a deal in the East Bay and hundreds less than the rest of the Bay Area.

—Brent Heath
San Leandro

Open Letter to the City Council On Signing Up for the EBCE

Editor:

I can't tell you how much I appreciate the way you signed me up for the EBCE without my knowledge or permission.

By way of returning the favor I went down to my nearest recruiter and signed you all up for a tour of duty with the United States Marine Corps.

You are expected to report to the nearest recruiting station within 15 days and will ship out to your duty post within the next four months. Goodbye and good luck.

—David F. Sigel
San Leandro

Says Hatred for Trump Fuels Opposition for the Wall

Editor:

Leo T. West is correct, we must build President Trump's wall. Some in this paper dispute that it works.

I challenge them, do they have fences or walls around their homes? Why? Because they work to help secure their homes and families. No less than Barack Obama, Chuck Schumer, Hillary Clinton are all on record that we must secure the border. They were for it when Mr. Obama was for it, but against it now. Why? Because they don't want President Trump to succeed with anything.

They say the wall won't work, but they know it will. That is why they resist, just to oppose President Trump.

I pray none of your daughters will suffer what Kate Steinle did at the hands of an illegal, or your sons like our own Officer Niemi, who were both shot and killed by illegal aliens.

This is not against immigration. Many have applied and been assimilated into our country and culture. But these illegal people are trying to cut in line to get all the freebies we give out. And you know it, too.

They are not fleeing persecution, they are wanting our stuff.

Your hatred of our president belies the truth behind your assertions against the wall. I wish you had more love for your neighbors here, like Mr. West, and less concern about people illegally breaching our borders, like the killers who murdered our officer and Kate.

I say Leo is right. Build the wall.

—Corey Anderson
San Leandro

Federal Employees Working Without Pay 'Looks Like Slavery'

Editor:

Is it legal for the Federal government to force employees to work without pay? This looks like slavery, which is constitutionally prohibited. Sure, Congress passed a bill requiring workers' reimbursement after the Trump shutdown ends, but that payment date is indefinite. Doesn't this also violate labor laws?

Putin's puppet President is destab-

bilizing the integrity and security of our government. He forces slavery on shutdown government workers so that the impact of their absence won't be felt by the general public.

The true absence of 800,000 government workers, including TSA inspectors, Securities and Exchange regulators, judges, firefighters and IRS accountants, could not be sustained for these long weeks of shutdown.

So, instead, the burden of Trump's desperate political shutdown piles on the backs of dedicated men and women who chose public service, working for what should be a reliable employer. Meanwhile, how can they pay their bills?

This just ain't right.

—Bruce Joffe
San Leandro

Mainstream Media Failing the Tohono O'dhams at the Border

Editor:

I fault the mainstream media for focusing too much on President Trump's narrative on the border wall between this country and Mexico and not enough focus on the narrative of Indigenous People known as the Tohono O'Dhams who live on both sides of the border and will be harmed and displaced by the wall.

Their homeland, which is 2.8 million acres, is between the Gila River in Arizona and the Sea of Cortez in Mexico.

Their territories existed even when the United States purchased it from Mexico in 1853 under the Gadsden Purchase.

If the mainstream media would have educated the majority of Americans about the Tohono O'Dhams, they would be against the wall and there would not have been any government shutdown.

—Billy Trice, Jr.
Oakland



Send a Letter to the Editor
Letters@ebpublishing.com

INQUIRING REPORTER

Historical figure would you like to have dinner with?

—Asked at Estudillo Center on MacArthur Boulevard



Obama, because I liked him when he was president. He's educated, and I would like to sit down with him and pick his brain.

Cherí Goodman
Oakland



President Kennedy. I'm not really political. I would just want to talk about family and how much the world loves him.

Gerry Milichichi
Castro Valley



George Washington, because I work for a dental office. I would ask him about his wooden teeth, and how did that work for him.

Yvonne Dutton
Hayward,
works in San Leandro



George Washington. He was a patriot. I would want to hear from him what was going on then, and find out what he thought of what's going on today. We don't have respect for political figures anymore.

Richard Puell
Castro Valley



Robin Williams, because I love him.

My aunt and uncle both met him when my uncle was going to have a liver transplant, and he was just very human, down to earth.

Stacy Pershing-Houtchens
San Leandro

