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CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 30

WEDNESDAY, JANUARY 31, 2018

NO. 5

INSIDE YOUR FORUM

NEWS



Register Now

Jenny Lin Foundation
Summer Youth Music
Program is now open

Page 2

LIVING



Wing It

These Super Bowl
Sunday platters will make
you an automatic winner

Page 7

NEWS



Be Kind

Creekside Middle School
participates in 'The Great
Kindness Challenge'

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PHONE: (510) 537-1792



PHOTO BY FRED ZEHNDER

Chamber Installs Leaders for 2018

A large crowd was on hand last Thursday evening at the Moose Lodge for the installation of the Castro Valley/Eden Area Board of Directors for 2018. The new officers were sworn in by Assemblymember Bill Quirk. Shown from left, Hans Cho, Bryan Daylor (Treasurer), Kathy Anderson, Sandra Macias, Bill Mulgrew, Julie Sumiki, Captain Marty Neideffer, Zelma Byrd, David Gehrke (Vice President), Assemblymember Quirk, Peter Rosen (Vice President), Tim Castle (Board President), Cindy Torres (Vice President) and Brian Morrison (Vice President).

MILEY'S VIRTUAL SPEECH

County 'In Good Health Financially'

By Amy Sylvestri
CASTRO VALLEY FORUM

Alameda County Supervisor Nate Miley discussed a range of local issues — everything from homelessness to mattresses being dumped on the side of the road — during a live-streamed "State of the District" speech online last week.

On the county's \$3.1 billion budget, which had a \$108 million deficit this fiscal year, Miley lamented that for every dollar of property tax, the county only gets 15 cents, so the county depends on state and federal money for most of its funding.

That federal funding could be jeopardized, he said, if the county doesn't cooperate with the Trump administration on issues like immigration enforcement. But Miley said that he was committed to continuing to provide services for the county's immigrant population.

"We're doing that irrespective of what's happening on the federal level," he told viewers.



A screenshot from Nate Miley's "State of the District" speech.

Despite the large budget gap, Miley said the county is in "good health financially" and unemployment remains low.

He criticized Trump's tax plan, but said it remains to be seen how much it will affect his constituents.

"I'm hoping that this doesn't have a significant impact on the county, but we'll see how it plays out," said Miley.

He promoted a proposed \$140 million county sales tax on the June ballot which would fund early childhood education programs.

Switching gears, Miley said that Alameda County is in "the sports biz" despite the ongoing issue of a new stadium for the A's and the impending departure of the Warriors and Raiders. He wants to keep the A's at the Coliseum and he'd like to see an expansion football team return to Oakland.

Miley said affordable housing needs to be a priority in his district and discussed the feasibility of 200-square-foot tiny homes as one solution.

"I'd live in a tiny home, it's like living in a dormitory" said Miley, who went on to call the lack of affordable housing and increasing homelessness a "crisis that needs immediate attention."

Miley named helping seniors, violence prevention, and making sure the unincorporated areas are fairly represented in county governance as areas he'll focus on in 2018.

Finally, Miley talked about recreational marijuana, saying the county will have to develop regulations con-

see MILEY on page 10

MAC MEETING

Gary Dr. Barrier May Be Moved For a Short-Cut

By Amy Sylvestri
CASTRO VALLEY FORUM

A standing-room-only crowd at the Castro Valley Municipal Advisory Council (MAC) meeting Monday night heard an update from the county on the one-way closure of Gary Drive, and changes coming to some Caltrans-owned parcels.

At the intersection of Strobbridge Drive and Gary Avenue, there is a concrete island and two "Do Not Enter" signs that prevent people from turning left from the I-580 exit and into a residential area. It blocks only one lane and traffic can flow in the opposite direction, allowing people to leave the area.

The barrier was erected in 2005 and was originally going to be temporary. The county's Public Works Agency told the audience that opening up the other lanes would help with traffic circulation and the county does not typically put restrictions on a public street.

But most of the residents who addressed the MAC want the barrier to remain. It might add several minutes to their commute time by forcing them to use a longer route around the barrier, but it also prevents thousands of drivers from using their neighborhood as a short cut.

When the barrier was put up, a traffic study estimated that 4,000 cars per day were using the route. Now, with

see MAC on page 7

White Stripes to Be Painted on Stanton Avenue

The Alameda County Public Works Agency has been actively seeking innovative solutions to the long-standing issue of vehicles parked on dirt pathways or unimproved sidewalks.

These blocked pathways force pedestrians to walk into streets to maneuver around the obstacles.

As part of a new pilot program, the Public Works Agency will be installing white line striping in gutter areas to better define the area intended for use by pedestrians.

This first installment of white edge-line striping will appear along Stanton Avenue, between Castro Valley Boulevard and Somerset Avenue. Other locations in Castro Valley are also being evaluated for consideration.

A longer-term solution for Stanton Avenue is also in the works. After securing grant funding for sidewalk installation, the Public Works Agency has started preliminary design activities for sidewalks along Stanton Ave. between Castro Valley Blvd. and Miramar Avenue.

More information on the conceptual design will be available this spring.

For more on the edge line striping, contact the Maintenance and Operations Department at 510-670-5500.

Castro Valley Weather Jan. 31 - Feb. 4, 2018



Wednesday
Partly Sunny
High 65° Low 46°



Thursday
Partly Sunny
High 68° Low 47°



Friday
Partly Sunny
High 68° Low 50°



Saturday
Mostly Sunny
High 71° Low 50°



Sunday
Sunny
High 71° Low 49°

Almanac



Past Week's Rain: 00.45
Season To Date: 07.61
Normal To Date: 12.20
Season Average: 21.22

Moon Phases



Jan. 31



Feb. 7



Feb. 15



Feb. 23

Sun sets at 5:33 p.m. today, rises at 7:12 a.m. Thursday.

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Register for Lin Summer Music Program

The Jenny Lin Foundation Summer Youth Music Program is now open for registration for its 24th season.

All music students at the high school level and advanced musicians at the middle school level are invited to take advantage of this free opportunity to maintain their skills and to continue performing in a group during the summer.

Students in the six-week program may be eligible for scholar-

ships from the Youth Orchestra of the Southern Alameda County and Mission Peak Wind Symphony.

Last summer, some 300 musicians from 42 Bay Area schools enrolled in the program.

This year, participants will again be performing in three groups: Symphonic Orchestra (directed by Cary Nasatir), Symphonic Band (directed by Gregory Conway), and Chorus (directed by Diana Ryan).

Rehearsals will be held at Can-

yon Middle School on Monday and Wednesday evenings from June 18 to July 27. The program will conclude with a free concert on July 27 at Chabot College in Hayward.

To register or for information, visit www.jennylinfoundation.org or email jhlin@sbcglobal.net.

The Jenny Lin Foundation is a non-profit Castro Valley organization established in 1994 following the murder of 14-year-old Jenny Lin.

SPORTS HALL OF FAME

During All Her Soccer Travels, Cameron Misses Castro Valley

Tenth in a series profiling the 16 new members of the Castro Valley Sports Hall of Fame. The induction banquet will take place April 21, 2018, at Redwood Canyon Event Center. For tickets, contact Ted Riche at 510-537-2048.

By Dave Del Grande
SPECIAL TO THE FORUM

The farther Mariah Cameron travels to pursue her passion to play soccer, the more she realizes one thing. She misses Castro Valley.

So when a professional team for which the former Castro Valley High standout was playing folded last year, leaving her to sort through other European options, Cameron made what on the surface might seem like an odd decision.

She came home.

"I spent a lot of time networking," said Cameron, who on April 21 will be inducted into the Castro Valley Sports Hall of Fame.

Part of that networking included talking to her old coaches at the Castro Valley-based 24-7 UK Soccer Academy. Heck, they went as far as to give her a job coaching one of their competitive teams while she was between teams of her own.



Mariah Cameron was team captain for three years at Washington State.

A year later, Cameron has been recruited to play for FC Lugano in Switzerland's top professional league as a glorified ringer. She was brought in for the second half of the season to help rescue the team from its current middle-of-the-pack status.

"I hope that is the effect I will have," Cameron chuckled when it was suggested she's been brought in as a hired gun of sorts. "They're changing my position."

Cameron was an All-American defender on Castro Valley teams that won three league championships in her four years. The team

her senior year reached the North Coast Section semifinals, setting the stage for Castro Valley -- led by Hall of Famers Micaela and Morgan Castain -- to claim the NCS title the following season.

But coaches all the way back to her rec days in the Castro Valley league have recognized Cameron is far too talented to just play defense. Fortunately, her high school coach also recognized this, pushing her forward to score the league-championship-clinching goal her senior year against Bishop O'Dowd.

Versatility has been Cameron's forte ever since she enrolled at Vannoy Elementary and then Canyon Middle School.

She played CYO basketball and youth volleyball, was one of two girls on the Canyon flag football team, ran track so well she once qualified for the Junior Olympics, and was the shortstop on a Castro Valley Synergy softball team that won a national championship.

All the while, she juggled a soccer career that often had her coaches scratching their heads.

"As I got older, I gravitated to fewer sports," she said of playing just soccer and softball in high school. "But there definitely were times when my soccer coach

see **SPORTS** on page 5

Say Goodbye to Nerve Pain



with it you may experience excruciating pain and/or some very strange symptoms...

There are three types of nerves in the body:

- 1. Autonomic nerves.** These nerves control the involuntary or partially voluntary activities of your body, including heart rate, blood pressure, digestion, and temperature regulation.
- 2. Motor nerves.** These nerves control your movements and actions by passing information from your brain and spinal cord to your muscles.
- 3. Sensory nerves.** These nerves relay information from your skin and muscles back to your spinal cord and brain. The information is then processed to let you feel pain and other sensations. Because nerves are essential to all you do, nerve pain and damage can seriously affect your quality of life.

What Are the Symptoms of Nerve Pain and Nerve Damage?

With nerve damage there can be a wide array of symptoms. Which ones you may have depends on the location and type of nerves that are affected. Damage can occur to nerves in your brain and spinal cord. It can also occur in the peripheral nerves, which are located throughout the rest of your body.

Autonomic nerve damage may produce the following symptoms:

- Too much sweating or too little sweating
- Lightheadedness
- Dry eyes and mouth
- Constipation
- Bladder dysfunction
- Sexual dysfunction

Damage to motor nerves may produce the following symptoms:

- Weakness
- Muscle atrophy

- Twitching, also known as fasciculation
- Paralysis

Sensory nerve damage may produce the following symptoms:

- Pain
- Sensitivity
- Numbness
- Tingling or prickling
- Burning
- Problems with positional awareness

In some instances, people with nerve damage will have symptoms that indicate damage to two, or even three, different types of nerves. For instance, you might experience weakness and burning of your legs at the same time. To further complicate matters we don't all develop the same way and different un-expected nerves can cause similar problems. This has made it very difficult to diagnose disorders caused by nerve damage based on which nerve "should" cause what.

That is, until now...

Recent advances in technology that detects nerve damage has led to more precise diagnosis for those people suffering with nerve damage disorders.

And more precise diagnosis leads to better results... results which have been published in major medical journals. With data published in 2014 showing success rates as high as 90% some back surgeons are recommending their patients try this treatment first before having back surgery (for nerve damage that leads to back pain and sciatica).

In Pleasanton, you can get your body scanned for nerve damage at Intero Chiropractic.

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world and a comprehensive easy to understand report on your state of health is call (925) 255-5805.

Mention this article (CODE: BOS37NVP1) and they will happily reduce their usual consultation fee of \$100 to just \$20. But hurry, for obvious reasons this is a time limited offer with only 100 reader consultations available at this exclusively discounted rate.

Don't suffer a moment longer...

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Call them now on (925) 255-5805 and bring this article to your appointment. You'll be entitled to a comprehensive evaluation to diagnose the cause of your problem and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message. So call now on (925) 255-5805 and message and quote this special discount (CODE: BOS37NVP1).

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Your nerve system is involved in everything your body does, from regulating your breathing to controlling your muscles and sensing heat and cold. Because your nerve system is so critical for your health when things go wrong



Conrad Cady, Laura Morgan and Danny Martin as they appear in Chanticleers' "Dial M for Murder" which will have its gala opening this Friday night.

Money, Blackmail, Murder As 'Dial M' Opens at Chanticleers

"Dial M for Murder," a timeless masterpiece of criminal intrigue, opens at Chanticleers Theatre in Castro Valley this Friday with Chanticleers' traditional complimentary hors d'oeuvres, desserts and beverage gala.

The play begins with social-climbing, seemingly-loving husband, Tony Wendice, plotting the murder of his wealthy wife, Margot, in order to claim her fortune for himself.

He arranges for the perfect crime, but things don't go quite according to plan. London's finest police investigators enter to untangle a web of clues and deceit, red herrings, back stabbings and blackmail that will keep audiences hooked from start to finish.

Written as a stage play by Frederick Knott ("Wait Until Dark"), this murder mystery became well known as a film adaptation by yet another British master of suspense, Alfred Hitchcock.

Chanticleers production of the classic thriller is directed by Katrina Letheule who has worn many hats in the theater — actress, director and award-winning costumer. Audiences will remember her hilarious turn as Chris Gorman in Chanticleers' production of "Rumors" last season.

Cast includes veteran actors from all over the Bay Area, including C. Conrad Cady of CV, John Vincent Burke (SF), Mike Ettel (San Mateo), Danny Martin (Millbrae), and Laura Morgan (Dublin).

The show runs through Feb. 25. Curtain time on Fridays and Saturdays is 8 p.m., Sunday matinees start at 2 p.m. (no show on Feb. 4).

For tickets (\$25 general; \$20 for seniors, students and military; \$18 for everyone on Bargain Night, Feb. 3) call 510-733-5483 or visit chanticleers.org. Chanticleers' FlexPass (four tickets to use anytime during the season) is \$85/\$68. The theatre is located within the Castro Valley Community Park at 3683 Quail Avenue

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Shoplifter Caught

Sunday, January 28: at 3:48 p.m., Sheriff's deputies arrested a 26-year-old man from Newark on suspicion of shoplifting, two counts of possession of illegal drug paraphernalia, and trying to persuade another person not to testify against him. The man was caught leaving a grocery store on Redwood Road near Castro Valley Boulevard with an unspecified amount of unpaid merchandise. Deputies also reported the man had a warrant issued for his capture. The man was taken to Santa Rita Jail and held without bail.

Fight in Aisle 5

Sunday, January 28: at 12:15 a.m., a 22-year-old man from San Leandro was arrested on suspicion of assault and battery, damaging private property, and violating the terms of his parole. Deputies were called to a grocery store on Redwood Road near the Boulevard after store managers called about an altercation in the building. The man was subdued, handcuffed, and taken into custody.

Robbery Suspect Caught

Saturday, January 27: at 8:32 p.m., deputies arrested a 47-year-old woman from Oakland on suspicion of robbery at a grocery store on Redwood Road near Castro Valley Boulevard. The woman was additionally charged with violating the terms of her parole, and previously employing a minor in the sale of marijuana drugs. Store managers called the Sheriff's department after chasing the woman out of the store for stealing merchandise. The minor was caught

soliciting outside the store. Deputies handcuffed the woman and took her to Santa Rita Jail where she was held without bail.

Stolen Property

Saturday, January 27: at 7:10 p.m., a 31-year-old man from Suisun City (Solano County) was arrested on suspicion of possession of stolen property and violating the terms of his parole. Deputies were called to a grocery store on Redwood Road near Castro Valley Boulevard after store managers caught the man leaving with an unspecified amount of unpaid merchandise. The man was handcuffed and taken into custody.

Restricted Driving

Saturday, January 27: at 1:12 p.m., deputies pulled over and arrested a 36-year-old man from Castro

Valley on suspicion of driving under the influence of drugs, driving with a suspended license, and driving without a required device that checks his breath. The man was traveling on Lake Chabot Road near Fairmont Avenue when deputies stopped him. The man was also wanted as part of a warrant issued for arrest. Deputies took the man to Santa Rita Jail where he was held without bail.

Trespassing

Friday, January 26: at 5:43 p.m., a 59-year-old man from Castro Valley was arrested on suspicion of trespassing in a restricted area of a convenience store on Redwood Road near Wilson Avenue. Deputies were called to the scene after the store manager realized a patron was in a backroom area and see **REPORTS on back page**

Gacherieu Appointed HR Director of School District

The Castro Valley School Board has appointed Dustin Gacherieu as the District's Human Resources Director.

A 14-year veteran with the district, Gacherieu has been principal of Jensen Ranch Elementary School for the past three years. He has also served as a teacher, Summer School principal, and assistant principal of the adult school.

His time in the School District actually began much earlier — as a kindergartener at Chabot Elementary. He attended elementary, middle and high school in Castro Valley and served as the Student

Board Member as a high school student.

Gacherieu, who will begin serving in the new position on Monday, replaces Melinda Trammell who resigned in December.

School Superintendent Parvin Ahmadi said Gacherieu's commitment to the district is longstanding.

"He has done an outstanding job in every position he has held," she said.



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The Week Ahead

● Thursday, February 1: Parkinson's Support Group

Michael Galvin of Community Services for Independent Living will be speaker at the next meeting of the San Leandro Parkinson's Support Group at 10:30 a.m. tomorrow, at San Lorenzo Community Church, 945 Paseo Grande. For info, call Lona White at 510-276-3119.

● Friday, February 2: Eden Area Village Forum

A member outreach and forum meeting will be held at 2 p.m. this Friday at Hayward City Hall, 777 B Street, to hear about working together to help seniors remain in their homes, active and engaged in their community. For more information, visit: edenareavillage.org or email: info@edenareavillage.org

● Saturday, February 3: Hill & Valley Annual Flea Market

Don't miss the Hill & Valley Women's Club Flea Market from 9 a.m. to 2 p.m. this Saturday in their Clubhouse, 1808 B St., Hayward. Lots of parking nearby. Shoppers will find a wide choice of affordable merchandise: clothing, shoes, purses, jewelry, books, house and kitchenware, crafts and more. Also sandwiches and beverages at reasonable prices. Proceeds will benefit women's shelters, veterans and scholarships.

● Sunday, February 4: Screening of 'Viva La Causa'

The Castro Valley Community Alliance, in partnership with the Castro Valley Library, will host a screening of "Viva La Causa," a film that portrays how thousands of people from across the nation joined in a struggle for justice for the workers who put food on our tables. The film screening, from 2 to 4 p.m., will be followed by a panel discussion. For info, visit: sites.google.com/cv.k12.ca.us/cvcommunityalliance/home

● Sunday, February 4: Tot Talk Program

Congregation Shir Ami at 4529 Malabar Ave. in Castro Valley invites you to the free monthly Tot Talk program for children up to 5 years old and their parents/caregivers. Learn a little bit about being Jewish, socialize, and have fun from 11:30 a.m. to 12:30 p.m. this Sunday. We will be making crafts, so come prepared to get messy. RSVP to Bonnie at bonnie@congshirami.org if you would like to attend. For more information, visit www.congshirami.org or our Facebook page www.facebook.com/CongShirAmi.

● Monday, February 5: Composting & Gardening Workshop

Learn how to compost and start an edible garden at home, from 10 to 11:30 a.m. Monday at CVSan Offices, 21040 Marshall St. You must have a ticket to attend available only at Brown Paper Tickets.

● Tuesday, February 6: Community Tree Fruit Gleaning

Come participate in a Castro Valley tree fruit gleaning to save food that otherwise may have gone uneaten. Assemble at CVSan Offices at 21040 Marshall Street at 3 p.m. Tuesday and then visit pre-approved sites in Castro Valley to harvest fruits and vegetables till 5:30. All gleaned food will be donated to a Castro Valley food pantry.

● Tuesday, February 6: Ohlone Audubon Meeting

Meredith Elliot will discuss Least Terns and how diet plays a role in their recovery at the next public meeting at 7:30 p.m. at Niles Discovery Church, 36600 Niles Blvd. in Fremont. The California Least Tern is an endangered species largely due to habitat loss. While a lot of effort in the recovery of this species is devoted to managing breeding sites and managing predators, not much attention is given to what this species eats. For info visit website www.ohloneaudubon.org.

● Tuesday, February 6: Buon Tempo Family Dinner

The Buon Tempo Club invites everyone to a six-course family-style chicken pasta dinner (including wine) at 7 p.m. on Feb. 6, with an open bar at 6:15, at Mt. Tabor Hall at Transfiguration Church, 4000 E. Castro Valley Blvd. Reservations (\$15 members, \$20 guests) must be made by Feb. 2 by calling 510-483-6929. For info about upcoming events or about Buon Tempo membership, visit www.buontempo.org.

● Tuesday, February 6: CV Rotary: 'Local Park Lands'

Susan Ewing Haley, Supervisory Curator of the Golden Gate National Recreational Area (GGNRA) Park Archives & Records Center, will discuss the history of the GGNRA, including the old Nike missile bases at Lake Chabot and other topics of local interest, at the Castro Valley Rotary Club's buffet lunch from noon to 1:30 p.m. Tuesday at Redwood Canyon Golf Course, 17007 Redwood Road. Make lunch reservations (\$20) by 9 a.m. on Feb. 5 by contacting Jim Negri at 650-996-9173 or at ciaojim_cvrotary.org. More info available at castrovalleyrotary.org

● Wednesday, February 7: 'Finding Wellness' Series Begins

The Aitken Senior Center at 17800 Redwood Road is hosting a 4-week series of Wednesday classes for those 60 and over, exploring health and well-being as it relates to the brain, heart, liver and gut. The classes will be held from 2 to 3 p.m. beginning Feb. 7. Learn tips and tricks on how to maintain a healthy lifestyle from a nutritional, physical and emotional perspective. Space is limited. Call the Senior Center at 510-881-6738 to register

● Wednesday, February 7: Diabetes Support Group

Rajinder Singh, Diabetes Educator with the Alameda County Public Health Dept., will be leading an open forum discussion group at the San Leandro Diabetes Support Group meeting at 4 p.m. on Feb. 7 at Carlton Senior Living 1000 E. 14th St, San Leandro. For more info, call Amber Bennett at 510-636-0660.

● Thursday, February 8: Recycled Art & Toys

Bring your children to experience hands-on Science, Technology, Engineering, Arts, and Math (STEAM) learning from 3:30 to 5 p.m. at the Castro Valley Library where they can upcycle materials and make fun toys and art with them, part of CVSan's Zero Waste Week.

● Saturday, February 10: Eden Awards

Join the Castro Valley/Eden Area Chamber of Commerce in recognizing exceptional community members who have gone above and beyond their duties – awards for Volunteer of the Year, First Responder of the Year, Teachers of the Year, and Business of the Year, to be held from 6 to 10 p.m. on Feb. 10 at Redwood Canyon Golf Course, 17007 Redwood Road. Buy tickets online at www.EdenAreaChamber.com

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

● **"Mission to Mars,"** a speech by Dr. Pascal Lee of the NASA Houghton Mars Project on the first steps underway toward achieving the first human mission to the Red Planet, will be presented free at 7 p.m. on Wednesday, Feb. 21 by the Castro Valley Educational Foundation.

● **"Wake the Dead,"** the world's only Celtic All-Star Grateful Dead Jam Band, will appear at the Castro Valley Center for the Arts at 7:30 p.m. on Saturday, February 24. This hot Northern California group has been blending Celtic traditional music and the songs of the Grateful Dead since 2000, pleasing Deadheads and Celtoids alike! If you can't quite imagine how this works, come and find out.

THEATRICAL & MUSICAL PERFORMANCES

● **"Dial M for Murder,"** will be presented by Chanticleers Theatre from Feb. 2 (this Friday) through Feb. 25. Best known as a film by Alfred Hitchcock, this timeless masterpiece of construction and plotting weaves a tangled web of clues and red herrings, back-stabbings and blackmail that will keep you hooked from start to finish. Performances are at 8 p.m. Fridays, Saturdays and on Thursday, Feb. 22, and at 2 p.m. on Sundays at the theatre, 3683 Quail Ave., in the park just off Lake Chabot Road in Castro Valley. For info or tickets (\$20-\$25, and \$18 on Bargain Night Feb. 3), call 510-733-5483 or visit chanticleers.org

AT THE GALLERIES

● **29th Annual Children's Book Illustrator Show**, a local favorite of young and old alike, is currently at the Sun Gallery, 1015 E St. in Hayward, featuring a wide variety of artists and their books. This Saturday, Jan. 27, a special Artists Reception and meet-and-greet will be held from 1 to 4 p.m. at the Gallery. A free art class for children will be held Saturday morning at 11 a.m. at the Gallery. Admission is free. Normal gallery hours are Friday through Sunday from 11-5.

● **"Anything Goes, Almost,"** an exhibition by A.R.T. Inc. members, will open with a public artists' reception from 1 to 3 p.m. this Saturday, Jan. 27, at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. See the Gallery's Artist-in-Residence, Philip Denst, at work during exhibit hours starting Feb. 1. For more information, call 510-881-6735.

Submissions to The Forum

Items for the Community Calendar as well as news submissions must be received by 6 p.m. Friday for inclusion in the following Wednesday's newspaper. Send information in an email to: fredz@ebpublishing.com.

CASTRO VALLEY FORUM CASTROVALLEYFORUM.COM

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Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Helen Burkett, Advertising Design Mgr.
helenb@ebpublishing.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Patrick Vадnais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 Mpominville4582@aol.com

Linda Nakhai, Advertising Sales
915-1513 lnakhai@comcast.net

Amy Sylvestri, News
amys@ebpublishing.com
510-614-1561

Jim Carrizo, Sports
jimcvsports@gmail.com
510-967-3759

Reporters & Writers:

Linda Sandsmark

Michael Singer

Gene Ososky

Carl Medford

Terry Liebowitz

Linette Escobar

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ATHLETES OF THE WEEK



Dakine Hoops Basketball Team Members

This week's Athletes of the Week are the members of Castro Valley's Dakine Hoops basketball team.

They participated in the third Annual XBA Winter Classic and won the Championship over the weekend of January 20-21, at the Jamtown facility in Oakland.

Dakine Hoops won their first 2 games against San Jose Elite's blue team 56-31 and their yellow team 41-36, to finish Saturday's pool play with two wins.

Sunday's playoffs started with a 36-17 semi-finals win over ASA prime green, to send Dakine into the Championship game. Dakine battled against NorCal Xpress and brought home the Championship trophy after a 44-35 win.

Pictured from left: Riley La Rosa, Ekam Sandhu, Joshua Racimora, Marcelles Allen, Michael Li, Travis Simmons, Aadi Malali, Avi Rajbhandary and Head Coach Armando. Missing from the photo are Shriyans Vittal, James Ren, Porter Tien and Coach John.

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Last Week's CVHS Basketball & Soccer Results

BASKETBALL

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70-33 WIN VS. ARROYO
54-32 WIN VS. BERKELEY

CVHS JV GIRLS
46-38 WIN VS. ARROYO
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51-45 WIN VS. ENCINAL
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66-57 LOSS VS. BERKELEY

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40-39 WIN VS. ENCINAL
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SOCCER

CVHS VARSITY GIRLS
2-1 WIN VS. O'DOWD
2-1 WIN VS. BERKELEY

CVHS JV GIRLS
2-0 LOSS VS. O'DOWD
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2-0 LOSS VS. O'DOWD
4-1 WIN VS. ARROYO

CVHS JV BOYS
2-0 WIN VS. O'DOWD

SPORTS NOTES

Basketball

Swag basketball is holding try-outs for sixth, seventh, and eighth grade boys from 9 to 11 a.m. on Sunday, Feb. 11 at Bancroft Middle School, 1150 Bancroft Ave. in San Leandro. For more information contact Joseph@ebswag.com or Dina@ebswag.com. There is a \$10 tryout fee.

Senior Softball

The HARD Senior Softball League is looking for players for the upcoming season in 3 divisions, all with room for new players. The 50-plus division plays on Thursday mornings, the 60-plus division plays on Tuesday mornings, and the 70-plus division plays on Wednesday mornings. All games start at 9:30 a.m. and are played at Alden Oliver Sports Park in Hayward. The league schedule runs from late March through late September. All new players must attend at least one of the "rating days" that will be on Feb. 6, 13, and 20 at Castro Valley Community Center. For more information, visit www.HARDSeniorSoftball.com. or contact John Ironside 925-828-2314 JohnIronside6@hotmail.com or Mike Carroll 510-531-8075 rtkm@comcast.net or Lanny Witt marlan4551@att.net.



Sports: Cameron Elected to Hall of Fame

continued from page 2

would tell me: 'Kick that soccer ball. You're a lot better player when it's not softball season.'"

Among dozens of accomplishments that would make the top of most girls' lists -- including getting to play varsity softball on the same team as older sister Danielle -- the game-tying goal against O'Dowd (Castro Valley needed just a tie to win the league title) stands out.

"My grandfather had just died," she recalled. "My grandmother and grandfather had been at every game I had ever played in all the sports. My grandmother was there (at the O'Dowd game). It was very emotional."

"It was a two-fold emotional night because we were playing for the championship, too. And it was Senior Night as well."

One negative of splitting time in high school between soccer and softball was it confused recruiters. It wasn't until Cameron made it clear she'd be going forward in soccer that Washington State invited her to visit and made her an offer.

Cameron was so impactful for the Cougars both on and off the field as a freshman, the coach made her the team captain as a sophomore. It's a title and responsibility she cherished for three years, two of which ended in knee surgeries.

"You always hear about things in college that are applicable later in life," he said. "Being 19 years old and learning how to manage a



group of 30 girls from the ages of 18 to 22 ... that was a huge time of growth for me."

After a year off to recover from her second surgery, Cameron continued her education and soccer playing in England, earning a Masters degree while gaining the type of experience that eventually would make her a key "free agent" signing in Switzerland.

Now as she prepares for a new soccer life -- one of a striking midfielder -- the 26-year-old is more appreciative than ever of the op-

portunities she got playing sports in Castro Valley.

"I will always think of Castro Valley as my training ground," she said. "Running up Seven Hills Road, the stadium, the bleachers, running through town ... it's like the city has been my training structure since I was a kid."

"I've run all the hills at Canyon, Vannoy, Creekside. I've gone to do ball work in all the same places. Castro Valley has just given me all the tools I've needed to hone my skills as an athlete."

CV Man Drowns Off Maui Beach

A 67-year-old Castro Valley man drowned while snorkeling off of a state park beach on Maui just after noon on Saturday, Jan. 20. His identity had not been released as of yesterday.

Authorities said the man had been snorkeling with friends about 60 feet offshore at Kamaole Beach Park III in South Maui when they spotted him unresponsive in the water. He was brought ashore where lifeguards and paramedics were unable to resuscitate him.

The Castro Valley man was the second East Bay man to drown while snorkeling off the same beach in less than a week. The other victim who died three days earlier, was identified as Brian Beyer, 50, of Oakland.

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San Leandro Times/Castro Valley Forum

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Only \$20 (10 words or less — \$1.00 for each additional word). For more information, call Patrick at 614-1558.



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Miley: State Of the District

continued from front page
cerning delivery, cultivation, and other factors, now that recreational use has become legal.

"We aren't naive enough to think that there won't be issues associated with cannabis," said Miley, but he said it should be regulated like alcohol and cigarettes.

The Board of Supervisors is creating a public awareness campaign called "weed can wait" to discourage young people from using pot before they are 21.

Miley said the main take away from his talk is that the people of District 4 – which includes Castro Valley, Ashland, Cherryland and parts of Oakland – should get involved in local government and shouldn't hesitate to call his office at 272-6694 with any issue.

"Get involved and get engaged," said Miley. "We can't do this on our own."

The entire speech can be seen at facebook.com/pgl/SupervisorMiley

Letters to the Editor must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. Email Letters to: fredz@ebpublishing



PHOTO COURTESY OF TERESA HENDREN

Celebrating National School Choice Week

Redwood Christian Schools joined with private schools from around the U.S. on Monday morning to celebrate National School Choice Week, a nonpartisan effort to raise awareness about the choices parents have regarding educational options for their children. Superintendent Al Hearne addressed a gathering of parents at Redwood Christian Elementary, commending them for being actively involved in choosing where their children go to school.

LETTERS TO THE EDITOR

CV Making Needed Strides Toward Inclusivity

Editor:

We've lived in Castro Valley for over 30 years, and I'm extremely happy about some wonderful movement in our rapidly evolving community

First, I want to give a belated but heartfelt thanks and congratulations to the Eden Area Interfaith

Council for their uplifting Light Parade entry, which highlighted winter light celebrations of various faiths in our community. And did you see their beautiful multi-faith holiday banners in the Hayward City Rotunda?

Second, Castro Valley Schools Superintendent Parvin Ahmadi has developed an extraordinary Community Alliance, "a collaborative group of Castro Valley community and educational leaders, students, and families" which "advocates for compassion, understanding, and acceptance" so that all community members are "safe,

respected, and valued." (The quotations are from the Community Alliance website.)

The Alliance is currently hosting a series of social justice films and meaningful community dialogues at the CV Library. (Next is "Viva La Causa" on Feb. 4 at 2 p.m.)

The Community Alliance is also sponsoring Season of Service, Period of Peace from Jan. 15 (Martin Luther King's birthday) to March 31 (Cesar Chavez's birthday) which will consist of planned projects in the schools and the community encouraging kindness and peace.

We are so fortunate to have such an inspired and inspiring educator leading our school district and helping our community.

Don't think Castro Valley needs this movement toward inclusivity and respect? We had a sign in front of our home that said "No matter where you are from, we're glad you're our neighbors" in English, Spanish, and Arabic. Several months ago, someone walked across our front lawn and thoroughly scratched out the Arabic.

The sign is two-sided, so we just turned it around. A few days ago, the Arabic was scratched out again, and this time a big pile of dog poop was placed in front of it. So, while we're making great strides, we still have work to do.

—Karen Gelender
Castro Valley

Obituaries

CASTRO VALLEY FORUM OBITUARIES

may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. Brief notices are published free. Longer obituaries, including pictures, are available for a fee. For help, call Patrick Vadnaïs at 510-614-1558

■ DUTRA, Henry A. "Hank," Jr. ■ FURRIER, Emil Elmer, Jr.

Henry "Hank" A. Dutra, Jr., 1938 - 2018. On January 4, 2018 Henry passed away after a long illness. A memorial is planned for 1 p.m. this Saturday, February 3, at Holy Sepulchre Cemetery in Hayward.

Emil Elmer Furrier Sr.

Emil Elmer Furrier Sr., a long-time resident of Castro Valley, passed away on January 26, 2018. He was 101 years old. He was preceded in death by his loving wife of 75 years, Marie D. Furrier in October of 2013.

Mr. Furrier was a WWII U.S. Army Veteran and served in Germany. He joined the Masonic Lodge and was a Past Master twice of the San Leandro Lodge in San Leandro, CA. Mr. Furrier and his wife were actively involved with other Masonic Groups such as White Shrine, Eastern Star as well as being active in the Shiners Organization.

In his younger years, he helped build the Yosemite National Park Golf Course as well as assisted in putting up of the cables on Yosemite's Half-Dome that still help adventurers today.

He retired from Jorgensen Steel in Oakland, CA. Then went to work as the Range Master of the Castro Valley Gun Range. He retired from there to care for his wife who had been diagnosed with Alzheimer's. He cared for her himself until her passing in October, 2013.

He is survived by his son Emil E. Furrier Jr. of Castro Valley, daughter Emma L. Leavitt of Hayward., grandchildren Debra Brunton of Fresno, Sandra Herrera of Hayward, David Case of Tulare, Tamara Rohrbaugh of Fresno and Michael Case of Bremerton, WA as well as ten great-grandchildren and five great-great-grandchildren. A family graveside service is to be held at the Chowchilla Cemetery on February 3, 2018 which would have been his wife's 100th birthday.

In lieu of flowers, the family wishes to request that you donate in his name to the Alzheimer's Association at www.alz.org to help fight this terrible disease.

Jess C. Spencer Mortuary, Inc. & Crematory, (510) 581-9133.



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Page Jr.

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Oxnard, California
Entered into Rest
January 27, 2018
Hayward, California



LOST DOG



Zoey is black & white and weighs about 13 pounds. She's very sweet and loving. Last seen in the backyard at the corner of Center and Heyer. Please call 510-706-2110.

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): You're eager to take on that new opportunity opening up as January gives way to February. Now all you need to do is resist quitting too early. Do your best to stay with it.



TAURUS (April 20 - May 20): Doff a bit of that careful, conservative outlook and let your brave Bovine self take a chance on meeting that new challenge. You could be surprised at how well you do.



GEMINI (May 21 - June 20): You might not want to return to the more serious tasks facing you. But you know it's what you must do. Cheer up. Something more pleasant soon will occupy your time.



CANCER (June 21 - July 22): As you dutifully tidy up your end-of-the-month tasks, your fun self emerges to urge you to do something special: A trip (or a cruise, maybe?) could be just what you need.



LEO (July 23 - August 22): Your achievements are admirable as you close out the month with a roar. Now you can treat yourself to some well-earned time off for fun with family or friends. (Or both!)



VIRGO (August 23 - Sept. 22): Be sure you know the facts before you assume someone is holding back on your project. Try to open your mind before you give someone a piece of it.



LIBRA (Sept. 23 - October 22): You might feel comfortable in your familiar surroundings, but it might be time to venture into something new. There's a challenge out there that's just right for you.



SCORPIO (October 23 - November 21): Your love of things that are new gets a big boost as you encounter a situation that opens up new and exciting vistas. How far you go with it depends on you.



SAGITTARIUS (Nov. 22 - Dec. 21): That recent workplace shift might not seem to be paying off as you expected. But be patient. There are changes coming that could make a big difference.



CAPRICORN (Dec. 22 - Jan. 19): While few can match the Goat's fiscal wizardry, you still need to be wary in your dealings. There might be a problem you should know about sooner rather than later.



AQUARIUS (Jan. 20 - Feb. 18): Easy does it when it comes to love and all the other good things in life. Don't try to force them to develop on your schedule. Best to let it happen naturally.



PISCES (Feb. 19 - March 20): A surprise decision by someone you trust causes some stormy moments. But a frank discussion explains everything, and helps save a cherished relationship.

THE FORUM CROSSWORD

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
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54				55				56		

ACROSS

- 1 Shopper's aid
- 5 "___ and Circumstance"
- 9 Frenzied
- 12 Sandwich treat
- 13 Vicinity
- 14 Rocks
- 15 Teeny
- 17 Gun lobby org.
- 18 Thwarts
- 19 Bad lighting?
- 21 Conversation starter
- 22 "Olympia" artist
- 24 Knighted woman
- 27 Stashed
- 28 Carey or Barrymore
- 31 ___ Baba
- 32 Literary collection
- 33 Before
- 34 Carte
- 36 Doctrine
- 37 Exercise target
- 38 Bygone airline
- 40 On the other hand
- 41 Top story
- 43 Critter
- 47 Slithery squeezer
- 48 Twins' home
- 51 Flightless bird
- 52 Tied
- 53 It's tied
- 54 Aachen article
- 55 ___ good example
- 56 Former frosh

DOWN

- 1 Barbershop item
- 2 Seed coat
- 3 Nevada city
- 4 Fencer's call
- 5 Campaign-funding grps.
- 6 Tulsa sch.
- 7 Blanc or Brooks
- 8 Song of praise
- 9 Troubadour
- 10 High (Pref.)
- 11 Campus bigwig
- 16 Schuss
- 20 Crimson
- 22 Capital of Belarus
- 23 Leading man
- 24 Weir
- 25 Hearty quaff
- 26 Labyrinth beast
- 27 Groundbreaking musical
- 29 Historic time
- 30 Charlotte's creation
- 35 Submachine gun
- 37 Pats down
- 39 Pinnacles
- 40 Inseparable
- 41 Sleeping
- 42 Heavy reading
- 43 Kournikova or Karenina
- 44 Stereo alternative
- 45 On
- 46 Wood strip
- 49 "___ had it!"
- 50 Profit

ANSWERS ON PAGE 4

REAL ESTATE GALLERY



Coming Soon

30-year owners are retiring, and will consider a trade for a Castro Valley town home or condo.

Peaceful Cul-de-sac with Pool and Spa with "Tropical Paradise" yard, landscaped to perfection. 4 bedrooms, 2.5 baths, approx. 2100 sq. ft. Outdoor BBQ pavilion, mature trees, lush garden areas, extremely private. Updated modern kitchen, huge formal dining room and family room with vaulted ceiling. Hardwood floors in most rooms, newer windows and HVAC system, newer refrigerator and washer/dryer included. Very convenient, lovely neighborhood close to shopping, schools, parks and BART. *This home is meticulously maintained and attractively priced!*

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Mortgage Rates Jump Again

Average fixed mortgage rates rose 1st week for the third consecutive week, according to Freddie Mac's weekly survey.

The 30-year fixed-rate mortgage averaged 4.15 percent last week, up from 4.04 percent the week before. A year ago at this time, the 30-year fixed rate averaged 4.19 percent.

Fifteen-year fixed-rate mortgages averaged 3.62 percent, up from 3.49 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.52 percent last week, up from 3.46 percent a week earlier.

RECENT HOME SALES

Castro Valley

20957 Ashfield Avenue	94546: \$975,000	4 BD - 2,910 SF - 1956
3284 Dominic Drive	94546: \$670,000	3 BD - 1,064 SF - 1955
3481 Middleton Avenue	94546: \$795,000	3 BD - 1,627 SF - 1955
2505 Miramar Avenue #111	94546: \$462,500	2 BD - 918 SF - 1988
18295 Pepper Street	94546: \$1,045,000	3 BD - 2,239 SF - 1959
21342 Rizzo Avenue	94546: \$558,000	2 BD - 1,100 SF - 1947
3848 Somerset Avenue	94546: \$1,000,000	8 BD - 5,856 SF - 1994
2322 Vestal Avenue	94546: \$600,000	2 BD - 1,018 SF - 1948
20111 West Ridge Court	94546: \$570,000	2 BD - 1,440 SF - 1977
25552 Crestfield Circle	94552: \$1,210,000	4 BD - 2,334 SF - 1998
24543 Palomares Road	94552: \$796,500	N/A BD - N/A SF - N/A

TOTAL SALES: 8

LOWEST AMOUNT: \$610,000 MEDIAN AMOUNT: \$823,250

HIGHEST AMOUNT: \$1,310,000 AVERAGE AMOUNT: \$892,750

San Leandro

687 Dolores Avenue	94577: \$716,000	2 BD - 1,794 SF - 1948
651 Durant Avenue	94577: \$850,000	3 BD - 1,855 SF - 1925
1785 Hays Street	94577: \$660,000	3 BD - 1,262 SF - 1929
2471 Limehouse Lane	94577: \$599,000	4 BD - 1,858 SF - 1978
949 Melcher Street	94577: \$551,000	3 BD - 1,164 SF - 1944
1374 Pacific Avenue	94577: \$538,000	4 BD - 1,011 SF - 1943
1129 Tulip Lane	94577: \$695,000	4 BD - 1,742 SF - 1994
789 Wrin Avenue	94577: \$810,000	5 BD - 3,161 SF - 1951
364 Anza Way	94578: \$670,000	3 BD - 1,384 SF - 1954
286 Caliente Drive	94578: \$405,000	2 BD - 1,060 SF - 1980
15991 Cambrian Drive	94578: \$705,000	3 BD - 1,170 SF - 1952
1930 Howe Drive	94578: \$612,500	4 BD - 1,922 SF - 1956
1944 Howe Drive	94578: \$612,500	6 BD - 2,262 SF - 1942
14777 Lark Street	94578: \$569,000	2 BD - 1,018 SF - 1945
14974 Patton Avenue	94578: \$643,000	3 BD - 1,452 SF - 1945
1026 Manor Boulevard	94579: \$600,000	3 BD - 1,020 SF - 1949
14499 Wiley Street	94579: \$450,000	3 BD - 1,096 SF - 1952

TOTAL SALES: 14

LOWEST AMOUNT: \$220,000 MEDIAN AMOUNT: \$627,500

HIGHEST AMOUNT: \$676,500 AVERAGE AMOUNT: \$582,393

New Law Mandates Pool Safety

By Carl Medford, CRS
Special to the Forum

Growing up in Northern Canada, winters were long, and private swimming pools were scarce.

As a child, I did not know a single family that had a house with a pool. So, consequently, we all visited community pools, all of which were indoors, covered and heated to withstand Canadian winters.

Private pools were so rare that a moose that decided to go swimming in a backyard pool in a wealthy neighborhood made the newspaper's front page. Turns out, it's much easier to get a moose into a pool than to get one out.

Here in California, pools are much more common. While wildlife may occasionally end up in a pool, the real concern is children. A pool can be fun for children who are attended by responsible overseers.

On the other side of the coin, however, Child Health USA states that, in 2009, drowning was the leading cause of death

for children ages 1-4. Steve Barrow, program director with the California Coalition for Children's Safety and Health reveals that, from 2010 through 2015, more than 160 California children died of drowning and over 700 were hospitalized for near-fatal drownings.

I personally have friends who lost a child to a pool drowning when their 2 year old managed to get to an unattended pool. The family carries the grief of that unnecessary tragedy to this day.

As of January 1st, 2018, a new law, Senate Bill 442, states that all pools in California being built or remodeled must have not one but two safety features to keep children safe.

Introduced by Democratic State Sen. Josh Newman of Orange County, the bill was in response to families who had lost children to pool mishaps.

"When the families of victims came to me with ways to improve the outdated pool safety act, and thereby prevent others from experiencing the tragedies they had endured through

the drowning or near-drowning of a child, I was moved to act," informs Newman. "Residential pool drownings can be prevented, and SB 442 will go far toward reducing the pain and costs associated with pool drownings."

The new law mandates safety features that include fixed enclosures, certified removable mesh fencing, self-closing self-latching gates, locks, approved locking devices, alarms on doors and other alarms which detect surface motion, pressure, sonar, laser, and infrared type alarms.*

While an animal accessing a pool may be humorous, unintended visits by children are no laughing matter.

*For more information, go to www.caprado.org/articles/2017/12/21/law-expands-safety-requirements-for-new-swimming-pools-in-california/#list.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

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One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

CITY GUIDE

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O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA



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All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

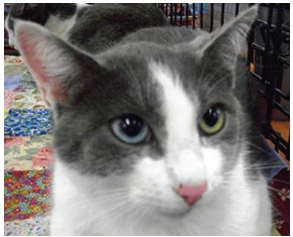
ADOPT-A-PET



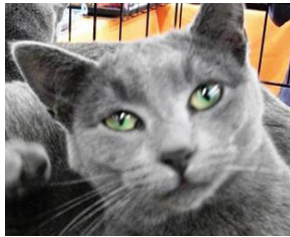
GEMMA would blossom in a home where she can relax and be herself. She needs a patient family who understands it may take time for her to adjust. Hayward Animal Shelter: (510) 293-7200.



FRANNIE is a friendly, spunky 3-year-old pup who's social and loves attention. She loves belly rubs and is very affectionate. OK with kids 8 yrs+. Info: Hayward Animal Shelter: (510) 293-7200.



ROZ is a lovely 9 month old grey and white cat, with one green eye and one blue eye. Roz has a gentle personality and enjoys affection. More info., visit: dustypawsrescue.org.



NALA is a lovely, nine month old cat with green eyes and a soft, plush grey coat. She loves to be loved and hopes you are the one to do it. For more, visit: www.dustypawsrescue.org

Reports: Assault, Battery

continued from page 3

wouldn't leave. The man also put up a fight with deputies asking him to leave. Deputies handcuffed the man and took him into custody.

Family Fight

Thursday, January 25: at 8:13 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Joseph Drive near Lamson Road. There, they arrested two people on suspicion of assault on a family member. A 44-year-old man at the home was charged with assault and assault with traumatic injury. A 40-year-old woman at the house was charged with assault and violating a restraining order. The couple was taken into custody.

Blocked from Business

Thursday, January 25: at 10:22 p.m., a 48-year-old man with no permanent address on suspicion of deliberate interference with a business and violating the terms of his parole. Deputies were called to a grocery store on Redwood Road near the Boulevard after store managers detained a man they say harassed customers. The man was handcuffed and taken into custody.

Assault and Battery

Thursday, January 25: at 2:55 p.m., deputies arrested an 18-year-old man on suspicion of assault and battery against a family member as well as stalking. An emergency call about a loud and aggressive-sounding argument sent deputies to a mobile home park on Castro Valley Boulevard near Bonnie Lane. The man was handcuffed and taken into custody. The victim was treated at the scene.

Driving Under the Influence

Wednesday, January 24: at 9:44 p.m., deputies pulled over and arrested a 35-year-old woman from Castro Valley on suspicion of driving under the influence of drugs and alcohol. The woman was traveling on Castro Valley Boulevard near Center Street when deputies stopped her for a warrant issued for her arrest. The woman failed her field sobriety test and was taken to Santa Rita Jail pending \$20,000 in bail.

Bowling for Booze

Tuesday, January 23: at 10:22 a.m., a 20-year-old woman with no permanent address was arrested on suspicion of public intoxication. Deputies approached the woman for questioning outside a bowling alley in the Castro Village shopping center. The woman failed her field sobriety test and was taken into custody.



Creekside School Shows Kindness

Creekside Middle School participated in The Great Kindness Challenge from January 23 to 27 along with over 10 million students in over 15 thousands schools in more than 90 countries around the world. Over 500 million acts of kindness last week, including a visit by Alameda County Sheriff's Deputy Jason Deitschman as well as a group from the Alameda County Fire Department to Alex McMurray's 6th graders at Creekside. The class prepared baked goods and other treats to show kindness to the heroes in our community.



WHERE CAN I
RECYCLE PAINT
& FLUORESCENT
BULBS?

DISPOSAL INSTRUCTIONS:

PAINT: One PaintCare location in Castro Valley accepts up to five gallons per day of interior and exterior paints sold in containers of five gallons or less (latex, acrylic, water-based, oil-based, enamel, deck coatings, primers, sealers, stains, shellacs, lacquers, varnishes, swimming pool paints, metal coatings, and rust preventatives).

- **KELLY MOORE** - 3090 Castro Valley Blvd.
(510) 690-9249

FLUORESCENT BULBS: Pete's Ace Hardware accepts fluorescent bulbs during business hours. For other participating retailers in Alameda County, visit www.bringembackac.org.

- **PETE'S ACE HARDWARE** - 2569 Castro Valley Blvd.
(510) 581-7633

HOUSEHOLD HAZARDOUS WASTE: Fluorescent bulbs and paint may also be taken to the closest Household Hazardous Waste facility. Facilities are located at 2091 West Winton Avenue, Hayward and 5584 La Ribera Street, Livermore. Visit www.household-hazwaste.org or call 1-800-606-6606 for directions, a schedule of drop-off days and hours, and for the Waste Delivery Form.

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*Some restrictions may apply. New members only. Offer expires Jan. 31, 2018.



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