

Name \_\_\_\_\_

Introduction to the series:

*A Life Transformed (1 Peter) – Weeks 5-8*

We live in a culture where you are your own boss, and you do what you want. Peter's first letter shows us another way to live – *A Life Transformed*. In this next section of the series, Peter wants us to know that this transformed life has a different way of honoring authority and that we demonstrate God's authority over our lives by submitting to the earthly authorities. Peter encourages us to transform the way we honor authority in all of society as well as in our marriages. This transformation will allow us to live a life where we are blessed because we are a blessing. It is my prayer that you will allow your life to be transformed as Paul wrote to the church in Romans 12:2: *"Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God."*

*Bendiciones, David Spalding*  
Campus Pastor – Calvario



*A Life Transformed*  
*(1 Peter)*  
**Week 6**

**Introduction To The 4G Guide**

*GATHER – GOD – GROUP – GIVE*

It's important that we *GATHER* each week as a church family. Still, God has so much more for us! He wants us to take what He's teaching and apply it to our lives. This is the heart of the 4G Guides. These guides are written to encourage you in your personal *GOD TIME* and in your small *GROUPS*. They are designed to help you understand what God is teaching and apply it to your daily life. Understanding and application allows you to then take what God is teaching and *GIVE* it to others.

Unless otherwise indicated, all scripture references are from the *English Standard Version* (ESV Text Edition: 2016) Bible.

*4G Series - 2021 - [www.cbcfamily.net/4g.html](http://www.cbcfamily.net/4g.html)*  
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Using The 4G Guide

Each week is divided into four sections:



**Gathering Time**

God calls us to worship together. On Sunday mornings we gather (in person or online) to worship, hear God’s message, and be challenged to apply His word. This booklet includes weekly sermon guides.



**Group Time**

We learn from one another! Each week, either on Sundays or at various other times, 4G Groups meet to dig deeper into the weekly material. This booklet features weekly Group Time outlines simple enough for anyone to facilitate. In addition, links to short video guides, sermon recaps, and other helpful resources are posted on our 4G web page. \*



**God Time**

Personal worship is vital to the Christian walk, so we have written five daily devotionals for each weekly topic. This is your time to meet with God one-on-one in a guided devotional format. Once the devotional time is finished, we encourage you to pray, seeking direction for the day.



**Family Time**

Family worship glorifies God. To help, we have created simple, once-a-week devotionals just for families. In addition to the weekly outline, video or story guide links may be posted on our 4G web page\* to help get the conversations flowing.

\* 4G Groups, video links, resources, and 4G Guides are posted weekly on our 4G web page: [www.cbcfamily.net/4g.html](http://www.cbcfamily.net/4g.html)



**The 3-Step Encouragement Process**

*Let us hold fast the confession of our hope without wavering, for he who promised is faithful. And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.*

Hebrews 10:23-25

1. Choose partners. Partners should be of the same gender. If there is an odd number, triplets are OK, but you need to work swiftly.
2. Partners ask each other these five questions:

	1) “Did you spend specific personal time in the <b>BIBLE</b> <u>each day</u> this past week?”	These are “Yes” or “No” questions.
	2) “Did you spend specific time in <b>PRAYER</b> <u>each day</u> this past week – not just for meals?”	Any hesitations or “Well...” responses are circled “No.”
	3) “Did you do something specific to show Godly <b>LOVE</b> to someone this past week?”	• If so, the partner briefly shares the encounter(s) with their partner and, on the provided line, writes the name(s) of the person(s) they showed love to, shared the gospel with, or discipled. • If not, leave the line blank.
	4) “Did you intentionally share the <b>GOSPEL</b> with anyone this past week?”	
	5) “Did you <b>DISCIPLE</b> anyone this past week?” (E.g.: Sharing any of the God, Group, or Family Times)	

3. To finish, each partner prays for the other. No matter how or what the partner has done over the past week, this is an intentional prayer of **encouragement** for the coming week!



WEEK 6: HELPING PEOPLE SEE JESUS



Group Time

ENCOURAGEMENT 1-on-1 / Date: \_\_\_\_\_

Y / N    Y / N    \_\_\_\_\_

\_\_\_\_\_    \_\_\_\_\_

LOOK BACK:

**Point:** *Because we trust God, our witness matters. Therefore, honor everyone with brotherly love and be a blessing to those in authority!*

- Review last week’s lesson. What did God teach you by praying for that authority? How were you blessed?

**Question:** When Adam and Eve chose to eat the forbidden fruit, what did they hope to gain?

**LOOK UP:** Watch this week’s Group Guide video on our 4G web page.

**Recap:** The power struggle between husband and wife began with the first man and woman. In the garden, both wanted the power of God, and it caused their relationship with Him to be broken. Then both would seek to have power over each other. Sinful behavior always results in a struggle for power.

In 1 Peter 3, we are given a godly blueprint for the marriage relationship. Wives are challenged to show the world their inner beauty as a fully committed partner to their husband. Husbands are challenged to put their wives first in all their decisions, lifting them up as precious partners. A relationship focused on God has no place for “me first” sentiment.

LOOK IN: Discussion Questions

- While nearly half of all marriages in the United States end in divorce or separation, the rate for “active Christians” is still 33%. Why?
- How could following 1 Peter 3:1-7 change this?
- Ladies: Discuss the last sentence of 1 Peter 3:6. What does this mean for you today? How does it apply?
- Men: Discuss the last 8 words of 1 Peter 3:7. What does this mean for you today? How does it apply?

LOOK FORWARD: Application

**Point:** *If I give up something temporary to help people find eternity, everyone wins!*

Honor Is Greater Than Power!

- Ladies: Read 1 Peter 3:4. List ways you can apply this verse.

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- Men: Read 1 Peter 3:7. List ways you can apply this verse.

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- If you are married, discuss your list with your spouse. How can you begin to apply one or two items this week? If you are single, how can you apply these items to other relationships?

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Pray for one another to be an honor and blessing to one another.

## WEEK 6: HELPING PEOPLE SEE JESUS

### God Time Day 1 – God’s Original Design



Honor is important in a marriage! Peter writes that God has a specific plan for husbands and wives and all Christians can learn from this – married or single.



Read 1 Peter 3:1-2

<sup>1</sup>Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, <sup>2</sup>when they see your respectful and pure conduct.

At the beginning of verse 1, what does Peter tell wives to do?

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In the second part of verse 1 and in verse 2, circle what may happen to husbands, even if they “do not obey the word?”

God desires for wives to “be subject” (or submit to) their husbands. This is so powerful that it can even lead to the salvation of an unbelieving spouse. To get a good understanding of the submission Peter talks about, we need to learn from God’s created order.



Read 1 Timothy 2:13

*For Adam was formed first, then Eve...*

Yes! God’s *original design* is that a wife would submit to her husband’s leadership. This reflects God’s created order. Submission is about function and order, not about status. Men and women are of equal value to God!

How important is it for a husband to be a good leader and not to abuse his authority? (For example, see 1 Peter 3:7 on Day 4 of this week’s God Times.)

Are things more likely to run smoothly when a wife submits to her husband’s leadership?



Spend time thanking God that He values men and women equally and that He made a plan for order and smooth function within marriages.

What is God challenging you to work on today?

### God Time Day 2 – Honor is Greater Than Power



In Genesis chapter three, after Adam and Eve’s sin, it says that Eve would “*desire to control*” her husband. Some people think power is the most important thing to have. But there is something greater than power and control. It’s honor.



Read 1 Peter 3:3-6

<sup>3</sup>Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— <sup>4</sup>but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God’s sight is very precious. <sup>5</sup>For this is how the holy women who hoped in God used to adorn themselves, by submitting to their own husbands, <sup>6</sup>as Sarah obeyed Abraham, calling him lord. And you are her children, if you do good and do not fear anything that is frightening.

Later this week, we’ll see that husbands are told to honor their wives. But today, we’ll focus on Peter’s instructions to wives to live in an honor-worthy way.

In the passage above, underline where adornment is *not* supposed to come from.

Where is it supposed to come from, instead? (See verse 4.)

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Wives, ask yourselves:

- Do I see submitting to my husband as a *beautiful adornment*?
- Do I see submitting to my husband as showing my *hope* (my faith and trust) *in God*?

Whether we are a wife, single woman, husband, or single man, there is an important point we can draw from this passage: the inside is more important than the outside. We should seek to live an honorable life.

What will you do today to show honor to someone?



What one change will you make today to be a more honorable person?

## WEEK 6: HELPING PEOPLE SEE JESUS

### God Time Day 3 – What do People See?



Reread 1 Peter 3:4 in the CSB translation:

*...but rather [let your beauty come from] what is inside the heart — the imperishable [or unfading] quality of a gentle and quiet spirit, which is of great worth in God’s sight.*

Underline the words “*what is inside the heart.*”



Circle any words that describe the “*imperishable quality.*”

Wives, ask yourselves: “Do I focus on developing the beauty of my spirit? Do I draw attention to myself or to Christ?”

Everyone: Do you draw attention to yourself or to Christ?

What change will you make to set your heart on making Jesus your priority? (E.g., I will spend time in worship today, I will pray, I will study my Bible, I will serve, etc.)

### God Time Day 4 - Who Do I Lift Up?



Read 1 Peter 3:7

*Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you of the grace of life, so that your prayers may not be hindered.*



Circle what type of “*way*” husbands are supposed to live with their wives.

Fill in the blank: What should a husband show his wife?

“...showing \_\_\_\_\_ to the woman...”

“*Weaker vessel*” may sound offensive, but Peter makes the point that though husbands are often physically stronger than their wives, they should never abuse their strength and power. The focus is not on a woman’s weakness, but on the husband’s behavior! As Peter says, women are equally valuable “*heirs*” (recipients) of the “*grace of life*” (eternal life).



Do you make it a priority to show understanding and honor to others? Pray and ask God to help you see all people as co-heirs of equal value.

### God Time Day 5 – Help People See Jesus



Memorize Matthew 5:16

*In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.*

While the previous passages we’ve studied this week were originally written to husbands and wives, there are lessons for everyone! Married or single, we can let our “*light shine before others*” and bring glory to God.

Work through the following questions. If you are married, consider working through them with your spouse. As you go through them, think in terms of how you can (or will) let your light shine.



1. **Is your relationship with God the highest priority?** (Examine where you spend your time, money, and attention.) Confess any sin and ask God to help you make Him your ultimate priority.

2. - **For married couples: Does your marriage help others see Jesus?**

- **For singles: Do your relationships help others see Jesus?**

In what areas do you do this well? Where is there room to improve? (Showing others honor, serving, sharing the Gospel, etc.)

This week we’ve focused primarily on marriage— on wives living in an honor-worthy way and husbands showing honor to their wives. But there are lessons here for all Christians, whether married or single!



How is (or isn’t) your life worthy of honor? List your own answers or circle an area below you will commit to growing in:

Sharing Jesus / serving others / prayer / spending time with God / giving / faithfulness / other: \_\_\_\_\_.

Pray that God would transform you into a more honor-giving and honor-worthy person.

In all our relationships, we can point to Jesus.



## Family Time

### Main Idea:

Our family is called to help people see Jesus.



### Key Verse: Matthew 6:33

*But put God's kingdom first. Do what he wants you to do. Then all those things will also be given to you.*

### Set it Up:

Start by having everyone get a piece of lined paper and a pen/pencil. Say, "Each one of us is going to write a letter to someone to thank them." You might need to spend a little time helping the kids think of who they write a thank you note to and what they might say in the note. Say, "When we write thank you notes to other people, we are showing them that they are important to us and that we want to honor them and what they have done."

Now check out this video that talks about honoring others and why it is so important.



### Watch: Week 6 Video

This week's video is on the playlist of the CBC YouTube channel or go to [cbcfamily.net](http://cbcfamily.net) and click on 4G Guides for the video link under the Family Guide section.



### Discuss:

What did Douglas say *honor* means? Re-watch this part if the kids are not able to remember.

What did Douglas say the Bible says about honoring others?

Should we tell people about how awesome we are or how awesome they are?



### Encourage:

Reread the verse for this week in Matthew 6:33. God wants us to put others first and then worry about ourselves. Go around to each person in the family and have everyone else say one thing they like about them. As you do this, remind everyone that it is important to honor others first.

