

# MAY 2023 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:30-11:30 <b>Center Singers</b> , Rm 2207	<b>2</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)	<b>3</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:45-11:45 <b>Ukulele</b> , Rm 2201	<b>4</b> 9:30-11:00 <b>Tai Chi</b> , Social Hall	<b>5</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 <b>Young at Art</b> , Arthur Ctr. 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)
<b>8</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:30-11:30 <b>Center Singers</b> , Rm 2207 11:45-12:45 <b>Book Club</b> , Rm 2200	<b>9</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)  <b>TOUR TUESDAY 10:30 AM</b> <b>(group tours)</b>	<b>10</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:45-11:45 <b>Ukulele</b> , Rm 2201  <b>12:00 – 1:00 BOARD MTG</b> <b>Rm. 2208</b>	<b>11</b> 9:30-11:00 <b>Tai Chi</b> , Social Hall	<b>12</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 <b>Young at Art</b> , Arthur Ctr. 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)  <b>MOTHER'S DAY SOCIAL</b> <b>12 Noon - Social Hall</b>
<b>15</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:30-11:30 <b>Center Singers</b> , Rm 2207	<b>16</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)	<b>17</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:45-11:45 <b>Ukulele</b> , Rm 2201	<b>18</b> 9:30-11:00 <b>Tai Chi</b> , Social Hall <b>11:15-12:15 – YOGA</b> , <b>Social Hall</b>	<b>19</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 <b>Young at Art</b> , Arthur Ctr. 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)
<b>22</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:30-11:30 <b>Center Singers</b> , Rm 2207 <b>SPECIAL DAY TRIP!!!</b> <b>More info to come...</b>	<b>23</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)	<b>24</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:45-11:45 <b>Ukulele</b> , Rm 2201	<b>25</b> 9:30-11:00 <b>Tai Chi</b> , Social Hall <b>11:30-12:30 - Spring</b> <b>Into Health- Rm 2200</b>	<b>26</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-12:30 <b>Young at Art</b> , Arthur Ctr. 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)
<b>29</b> <b>SHEPHERD'S CENTER IS</b> <b>CLOSED</b>  <b>**MEMORIAL DAY**</b>	<b>30</b> <u>LINE DANCE IN SOCIAL HALL</u> 9:30-10:15 <b>Beginner Line Dance</b> 10:15-11:00 <b>Intermed I Line Dance</b> 11:00-11:45 <b>Intermed II Line Dance</b> (Casual Gym Group Meetup 10:30)	<b>31</b> 9:30-10:30 <b>Aerobics</b> , Social Hall 10:45-11:45 <b>Ukulele</b> , Rm 2201 <b>CANCELED</b>		