

## **Community Resources (MENTAL HEALTH)**

### **Centerstone**

Multiple Locations: 1921 Ransom Place, Nashville, TN; 230 Venture Circle, Nashville, TN; 2400 White Avenue, Nashville, TN. 4525 Harding Pike, Nashville, TN; 620 South Gallatin Road, Madison, TN

Services offered (may vary by location):

- Addiction Prevention
- Detox
- Crisis Stabilization
- Counseling
- Re-Entry Support
- Medication Management
- Transitional Housing
- Employment Assistance
- Job Coaching and Development
- Rehabilitation

Accepts various forms of payment such as most insurance carriers (including Medicare and Medicaid), cash, check, Mastercard, Visa, and American Express. Centerstone also offers grant-based programs to some low-income individuals upon approval.

Contact (615) 460-4357 Monday-Friday between 8 a.m.-5 p.m. CST for appointments. For the crisis hotline, contact (888) 291-4357 at any time.

### **Mental Health Cooperative**

Multiple Locations: 275 Cumberland Bend, Nashville, TN (Metro Center) & 1309 Bell Road, Suite 201, Antioch, TN

Services offered:

- 24-hr Emergency Psychiatric Services (Metro Center location-Free of charge)
- Crisis Stabilization
- Case Management
- Medication On-Site
- Counseling

Accepts all forms of TennCare and sliding scale payments. Other options are possibly available depending on income.

Contact intake line at (615)743-1555 Monday-Friday between 8 a.m.-4:30 p.m. For the crisis hotline, contact (615)726-0125 at any time.

**Park Center**

Multiple Locations:

948 Woodland Street, Nashville, TN; 4501 Gallatin Pike, Nashville, TN; 801 12th Avenue South, Nashville, TN

Services offered:

- Homeless Outreach Services
- Case Management
- Co-Occurring Disorder Services
- Psychiatric Rehabilitation
- Employment Support and Training
- SSI/SSDI Assistance
- Housing
- Education Assistance

Contact (615)724-6278 Monday-Friday between 8 a.m.-4 p.m. CST.

**United Neighborhood Health Services**

Multiple Locations: 601 West Due West Avenue, Madison, TN; 2195 Nolensville Pike, Nashville, TN; 442 Metroplex Drive, Bldg D, Nashville, TN; 395 Wallace Road, Bldg B, Suite 307

Services offered:

- Health Coverage Assistance
- Physical Exams
- Counseling
- Medication Management
- Homeless Services
- Medication Payment Assistance

Accepts TennCare, Medicare, most private insurance, cash, check, debit card payments, as well as offers a discount fee program.

Contact (615)227-3000 Monday-Friday between 8 a.m.-5 p.m. CST. You will need to make an appointment for a physical and ask for referral to behavioral specialist.

Winter Shelter Information (Nov. 1-March 31)

**Launch Pad (18-24 years)**

Location varies

Use website [www.nashvillelaunchpad.com](http://www.nashvillelaunchpad.com) to reserve bed.

**Oasis Winter Shelter (18-24 years old)**

1704 Charlotte Ave. Ste. 200, Nashville, TN 37202; 9 p.m.-8 a.m.)  
Contact (615) 327-4455.

**Room in The Inn (Women/Men)**

705 Drexel St., Nashville, TN 37203  
o Shelter for Men- arrive daily by 5:15 p.m.  
o Shelter for Women- arrive daily by 2:30 p.m.  
Contact (615) 251-7019 for more information.

**Nashville Rescue Mission (Women)**

1716 Rosa L. Parks Blvd., Nashville, TN 37208  
o New guests may arrive at any time; otherwise check-in is from 3:00-6:30 p.m.  
Contact (615) 312-1574 for more information.