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| **Killingworth Young Peoples Club – COVID 19 – Risk Assessment** | | |
| **Activity:** Training | **Location:** Amberley Playing Fields | **Date Written:** 10/06/2020 |
| **Written By:** Sharon Beaton (Welfare Officer) |  |  |

| **Hazard** | **Who is at Risk** | **Control Required** | **Additional Controls** | **Who needs to carry out the action?** | **When is the action needed by?** | **Done** |
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| **Equipment** | Coaches/Children | Sanitise Equipment before and after each session.  Minimum amount of equipment used.  Only coaches to collect and handle any equipment used. | Make sure each coach has enough balls and equipment to alternate if doing more than 1 session a night. No children to collect any equipment in at the end of the training session | Coaches | Each training session |  |
| **Tested Positive for Covid 19** | Anyone who has tested positive | If you have tested positive and self-isolated for 7 days and feeling better you must have been cleared and prove this from the doctors before returning to training or games | Do not attend training or games until you are fully well and all symptoms are cleared. You will not be allowed to train or play games until you have been cleared by a doctor |  |  |  |
| **Covid 19 Symptoms developed during training or games** | Everyone | This will be very unlikely but if player/parent/Ref or coach develop symptoms at training or a game, separate them immediately from the group, if they are really ill call 999, If it is an adult and they are just feeling unwell they can drive home, if a child- the parent is to take them home and follow current guidelines. | If everyone has followed social distance guidelines all others at the session, there is no need to self-isolate | Everyone | All of the time |  |
| **Covid 19 Symptoms** | Everyone | Anyone that experiences Covid 19 Symptoms should not attend training or games. Get a test and only come back to the club if your test is negative.  If you have been in direct contact with a person who has tested positive you must self isolate for 14 days. Even if you get a test and it is negative. If you develop symptoms within the 14 days get tested and if this comes back positive you need to isolate for 7days from the positive test. If it is negative you must still fulfil your 14 days isolation. | Follow the FA guidance | Everyone | At all times |  |
| **Changing Rooms** | Players from Senior, Over 40s and reserve teams, referees and coaches | Only used for changing and showering and used as quickly as possible. Stagger the use of the changing rooms where possible and remain at least 1 metre apart whist changing/showering. | Full clean before and after use for showers and changing area. Open windows and doors whilst in the changing facilities to utilise full ventilation. | Players. Coaches and referees | Every use |  |
| **Access** | All attending training | Have 3 entrances and exits, all to have sanitising stations for children to sanitise their hands before and after training. | Communicate to parents so they know exactly where to go and what is expected of them. Coaches to meet their team at the relevant entrance and take the team to the training section ensuring 2 metre social distancing is adhered to. | Club, parents, coaches and children | At every training session a coach delivers |  |
| **Car Parking** | Coaches/Children | We have 3 car parks. Car park designated to each entrance/exit and communicated to parents and coaches. | Signage to direct parents to correct Car Park.  Monitor car parks at each training session and give feedback to parents if necessary. | Parents to park in the designated area | Before 15th June 2020 | done |
| **Toilet Facilities** | Coaches/Children/Parents | Considered the risks are too high | Closing the facilities and communicating this to parents | Club to advise all that we have no toilet facilities | Before 15th June 2020 | done |
| **First aid** | Coaches/Children | Coaches to have First aid kit available. | Do regular checks of kits. Replenish when needed | Committee/coaches |  | done |
| **Training facilities** | Coaches/Children | Have set designated areas for those training, with enough room to maintain 2m social distancing. | Set out an area clearly marked on a map that links to a car park/colour co-ordinated to match up. Each team will have their own area with enough room to adhere to all FA guidelines | Club to provide a map of training area clearly marked with the car park they are to use. | At every training session | Done |
| **Use of the 3G Facilities** | Coaches/Children/Parents | Sanitising station situated with a one way in and one way out | Parents advised to stand back from the fence to allow 1 metre for children to pass if necessary. | Coaches | At every training session |  |
| **Spectators** | Parents | Take their child to their designated training area. Stand in the area marked on the map provided and stand 2 metres apart if possible if not 1 metre. This also goes for when spectating at your child’s game. | Parents to ensure the children are 1 metre apart whilst walking to their designated area. If 2 metres available then stay 2 metres.  Please stand behind the designated respect line at all times | Coaches to share the clearly marked map with all parents/share this with opposition coaches | At every training session |  |
| **Personnel belongings and Behaviour** | Coaches/Children | All Children to have full kit on before training, only bring a clearly marked water bottle, no one else to use this water bottle and be kept 2 metres apart.  No spitting will be allowed.  All boots and kit to be clean before each training session. Boot laces to be fastened.  All belongings to be collected at the end of the training session. | The information to be communicated to each parent prior to training starting, have full agreement to the new training plan from each parent before allowing the child to train |  |  |  |
| **Injury during training** | Children/Coaches | Parent/Guardian to be informed and requested to deal with child if an injury occurs.  Provided coaches with PPE in case the injury is serious and they can deal with this. Disposable bag to dispose of any PPE used. | Communicate with coaches to ensure they always have PPE before each training session. | Committee |  |  |
| **Administering First Aid** | Coaches | Only administer first aid if you are fully trained and your certificate is still in date. When looking after a child please still adhere to the social distance guidance, if anyone is seriously ill or injured during training or a game the first aider must where appropriate PPE equipment. Disposable gloves, apron and mask. | PPE equipment must be disposed off in a bag correctly. All parties to fully sanitise hands after administering any first aid. |  |  |  |
| **Coach to Child ratio** | Children/families/Coaches | Ensuring that all Coaches are sticking to the FA guidelines to 1 coach 5 Children, training 2 metres apart. | No rotation (if more than one coach) or mixing of groups during sessions.  Checks by the committee to make sure adherence is met. | Coaches | 31st July 2020 |  |
| **Coach to child ratio from 27th July 2020** | Children/families/Coaches | A group of 30 children/adults can train together. For example: if there are 2 coaches there can be 28 children or if 4 coaches only 26 children. | In training keep to these groups and don’t mix with other training sessions. Introduce track and trace to ensure we understand who has been in contact with whom. | Coaches |  |  |
| **Timings of training** | Parents/Children/Families | Only having 45 Minute session with a 30 Minute break to allow those to leave and any new training session to come in. | Communicating clearly to parents start and finish times.  Will review this after first week of training to see if we need to increase change over time.  Coaches to be advised they must stick to timescales | Coaches/parents and children |  |  |
| **Changes to training times from 27th July 2020** | Parents/Children/Families | Increase training sessions to 90 minutes if required. With regular breaks.  These training sessions can have competitive drills included | During breaks clean any equipment, wipe down balls. Ensure all children use their own drink bottles and no sharing. | Coaches/  Children |  |  |
| **Goalposts** | Use of goal posts permitted as of 20th July 2020 | Collect the Goal posts from the compound and clean them with the products provided, before putting them back into the compound they will be cleaned again. | Use the products provided by the committee to clean the goals before use and after use. | Coaches |  |  |
| **Games** | From 1st August competitive games | You can arrange a match against another team and play competitively. | Ensure all children and officials and coaches have sanitised before, at each break and after the game.  GK to ensure they have cleaned their gloves before each game.  Clean the ball during the game when it is convenient. | Coaches/  Children/  officials |  |  |
| **During Games** | From 1st August competitive games | No parents to touch the football when goes out for a throw in, where possible use a new sanitised ball. Reduce the amount of people touching the football. | Have various sanitised balls available to use and any that come off the pitch to be sanitised before used again. | Coaches/ referees/ Children |  |  |
| **Training Facilities** | From 20th July coaches are free to look at what area is free on KYPC to train comfortably | Make sure you have enough room for your training session. Ensuring you are far enough away from other training sessions. | When leaving your training session ensure there is a safe route to exit the premises adhering to the 2 metre rule where possible and if not at least 1 metre. | Coaches/  Children/  Parents |  |  |
| **Tournaments** | All attending | Make sure you follow all Covid 19 guidelines that the organiser has put in place, make sure you wash your hands and stay in designated areas. | Take own sanitiser to use regularly | All involved |  |  |
| **Travel to Tournaments** | Everyone | Try not to share a vehicle with those outside your household or support bubble.  If you need to:   * Share the transport with the same people each time * Open windows for ventilation * Travel side by side or behind other people rather than facing each other * Consider seating arrangements to maximise distance between people * Clean your car between journeys ensuring door handles and any areas that may have been touched * Wear face masks |  | Everyone who is travelling |  |  |