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ICE CREAM, SUSHI, TERIYAKI AND MORE..... 5

WEEKEND WEATHER

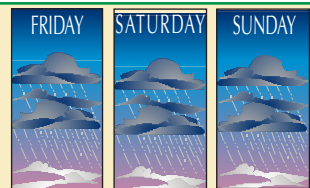
RAIN

Rain thru Sunday

HIGHS: 54-56

0 10 20 30 40 50 60 70 80 90 100 110

LOWS: 46-49



San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 34 • NO. 5

THURSDAY, FEBRUARY 1, 2024

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Fill It Up

Workers fill a trench with asphalt on West Juana Avenue in downtown San Leandro where AT&T had recently installed a new underground line.

Miley and Esteen Debate in Run-up To Supervisor Race in District 4

By Mike McGuire
San Leandro Times

In the race for the Alameda County Supervisor District 4 seat, candidates Nate Miley and Jennifer Esteen debated before several hundred people in Castro Valley on Jan. 20.

Voters in the district will have their say during the California primary on March 5.

Long-time incumbent Miley and challenger Esteen took turns addressed on a range of subjects, including housing and homelessness, public safety, and county services.

The event at the First Presbyterian Church of Hayward was sponsored by the Castro Valley and Eden Area Cham-

ber of Commerce, the League of Women Voters, the Small-town Society, and the First Presbyterian Church. Castro Valley Forum Managing Editor Michael Singer moderated.

The Fourth Supervisorial District includes portions of the cities of Oakland and Pleasanton, the unincorporated communities of Ashland, Castro Valley, Cherryland, El Portal Ridge, Fairmont Terrace, Fairview, Hill Crest Knolls, and a portion of Sunol. Supervisor Miley was first elected to the Board of Supervisors in 2000 and was appointed President of the



Nate Miley

Board of Supervisors in 2023. Miley concentrated on his long service record and his accomplishments in his nearly 24 years as a member and cur-



Jennifer Esteen

rent president of the Alameda County Board of Supervisors as well as his decade serving on the Oakland City Council. see SUPERVISOR, page 11

Elderly Woman Dies After Bike Hits Her at Bayfair

Sisters of woman say police won't show them report or let them see video of the collision

By Michael Singer
San Leandro Times

Judy Eisenberg's family is looking for answers following her death on Jan. 22 after she was hit by a bicyclist and fractured her skull on the concrete at Bayfair Mall earlier this month. She was 77.

Eisenberg was a longtime resident of San Lorenzo before moving to the East Coast five years ago to be closer to her children. She happened to be visiting family in the East Bay during the holidays and was shopping at Bayfair on

January 3.

San Leandro Police say Eisenberg was walking to the parking lot from Kohl's department store when a group of young people riding bicycles and "popping wheelies" quickly approached her from her right side. Investigators say surveillance footage from the store shows Eisenberg stopped near the curb to let the first rider pass.

Police said another rider see WOMAN, page 5

Toddler Returned to Mom after Carjacking

By Michael Singer
San Leandro Times

A 2-year-old was reunited with his mother last Tuesday after he had been kidnapped during a carjacking and later abandoned outside a business park in San Leandro.

In the afternoon of January 23, Oakland police responded to a report of a carjacking on 85th Avenue and G Street near

the Oakland Coliseum. The frantic mother on the call said her child was still in the back seat, according to San Leandro police.

Just before 4 p.m., the boy was found unharmed outside an office building on Abram Court in San Leandro, according to police. Surveillance video released by San see TODDLER, page 12

INSIDE YOUR TIMES

ART

San Leandran makes art out of utility markers. Page 2

MUSIC

Freiberg plays the hits of Jerry Lee Lewis. Page 3

HEALTH

Ambulance rides cost over \$3,000. Page 12

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Calendar.....	3
Classified Ads	8
Coupons	5
Crossword	9
Pets.....	2
Food	4
Homes	6
Home Services	8
Letters.....	10
Obituaries.....	11

MEETING SCHEDULES

CITY COUNCIL
Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD
Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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Pets of the Week



Citrus



Branch

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are both dogs, a chihuahua mix and a terrier mix.

Citrus is a 1-year-old chihuahua mix. She's a sweet girl looking for a lap to sit on and a face to lick. Citrus is spontaneous and loves to play with toys.

Branch is a 9-month-old terrier mix.

He has lots of energy, and needs someone to help grow his confidence.

Branch will go anywhere with you and enjoy every second with his new family.

To meet or adopt Citrus or Branch, call the Hayward Animal Shelter at 510-293-7200.



PHOTO COURTESY OF NANCY BROWN

"Triangulate" by Nancy Brown of San Leandro is on view at the Museum of Sonoma County in Santa Rosa.

SL Artist's Flags Fly in Sonoma

The work of San Leandro artist Nancy Brown will be on view through May 26 at the Museum of Sonoma County in Santa Rosa.

view through May 26 at the Museum of Sonoma County in Santa Rosa.

"Triangulate" is made up of 1,200 yellow flags arrayed at the foot of a tall tree, greeting visitors to the museum's art gallery. The vibrant colors draw your attention to the museum and art building.

The tree invites you to look up and "Triangulate" shifts your gaze downward. A dynamic balancing act is set in motion between earth and sky, old and new, man-made and natural.

"Triangulate" will be on view through May 26 as part of the exhibition, "A Question

of Balance: Selected Works from Pacific Rim Sculptors."

Brown creates site-specific installations using hundreds of landscaping/utility marker flags. The industrial materials and bright colors are a counterpoint to the natural landscape.

As time goes on, the steel stakes of the marker flags rust and disappear against the mulch, leaving a blanket of color floating above the ground.

The Museum of Sonoma County is located at 425 Seventh St. in Santa Rosa. Phone 707-579-1500, website: museumsc.org/

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Davis Street Children's Services

Community Calendar

Chinese New Year Story Time And Craft Session

Families are invited to join the Chinese New Year Story Time and Poems with Dragon Craft on Saturday, Feb. 3, from 10:30 to 11:15 a.m. at the San Leandro Main Library, 300 Estudillo Ave. Following the storytime, the family fun continues with a Lunar New Year Craft from 11:30 a.m. to 1:30 p.m., featuring the traditional red envelopes. This craft session is presented by the Asian Community Cultural Association of San Leandro. All are invited. Light refreshments served while supplies last. Free admission.

History for Kids: Redlining

Join the San Leandro History Museum for an interpretive children's program on the history of redlining on Saturday, Feb. 3, from 1 to 3 p.m. at the San Leandro History Museum, 320 W. Estudillo Ave. This program is intended for children grades 1 through 12, however adults are welcome to join. Be prepared to actively participate in reading and movement during this program. Email historymuseum@sanleandro.org if you have any questions. Registration is required. Visit: <http://tinyurl.com/redlininginslto> to register.

Friends of the San Leandro Library DVD Sale

The Friends of the San Leandro Library will host a DVD Sale on Saturday, Feb. 3, from 10 a.m. to 4 p.m.; and Sunday, Feb. 4, from 10 a.m. to 1:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. in San Leandro. Check out the large selection of DVDs at low prices. Buy 3 and get 1 for free. This sale is cash only. All proceeds benefit the San Leandro Library's programs and services.

League of Women Voters Meet-and-Greet

League of Women Voters of the Eden Area is hosting a meet-and-greet for members and guests on Saturday, Feb. 3 from 2:30 to 3:30 p.m. at 18003 Center Street in Castro Valley. Join the league for lively conversations and an opportunity to educate and engage voters and get out the vote. RSVP by Feb. 1 via email (lwvea57@gmail.com).

Performance and Discussion with the Kalimba King

The Kalimba King, Carl Winters, introduces the African thumb piano on Tuesday, Feb. 6, at 6 p.m. at the San Leandro Main Library, 300 Estudillo Ave., as the library kicks off Black History Month. During this performance and presentation, you'll learn about the kalimba's role in African cultures, particularly Zimbabwe. You'll hear music played on ten kalimbas, in a variety of styles including blues, gospel, and pop. You'll even get a chance to play a kalimba yourself. No registration necessary for this free, in-person event.

Gardening with Nature

Come to a presentation on "How to Propagate Native Plants" by Laura Cornett, a Horticulturist from Las Positas College, on Saturday, Feb. 10, from 2 to 3:30 p.m. at the Manor Branch Library, 1241 Manor Blvd. The presentation will be followed by a Q&A session, native garden patio tour, and native plant giveaway.

The Alta Mira Club to Presents a Mystery Writers' Luncheon

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will host a Mystery Authors Scholarship Luncheon on Monday, Feb. 19, at noon. Award-winning mystery writers James L'Etoile, Camille Minichino, Ann Parker and Simon Wood will speak after a salad buffet luncheon. The lunch and program is \$25 per person. For reservations, email nancyfong@aol.com or call 510-483-1018.

CV Women's Club

Presents Talk on Isadora Duncan

The Castro Valley Women's Club, 18330 Redwood Road in Castro Valley, invites the community to hear Lois Ann Flood, classically trained dancer, present a free program on Isadora Duncan on Wednesday, Feb. 21, at 1 p.m. Ms. Duncan (1877-1927), born in San Francisco, famously performed and choreographed modern contemporary dance throughout Europe and the United States. Light refreshments will be served.

Spinouts to Perform the Hits of the Rockabilly Greats in Castro Valley

There's going to be "a whole lot of shakin' going on" at the Castro Valley Center for the Arts, Saturday, February 3, at 7:30 p.m. as Jared Freiburg featuring the Spinouts returns by popular demand.

Jared and the Spinouts, a San Francisco-based 3-piece band, celebrate the big names of the '50s and '60s. They celebrate Elvis to Sinatra with a healthy serving of Jerry Lee Lewis and the Big Bopper.

Jared was born and raised in Des Moines, Iowa. He began playing piano at five under the tutelage of his grandmother. While others his age listened to pop music of the day, Jared couldn't get enough "of the oldies." In 2015, he moved to Southern California to study Jazz Performance, but took a detour aboard the Norwegian Getaway to play the role of Jerry Lee Lewis in the Million Dollar Quartet, the Tony award-winning musical. Since then, he has toured the world sharing his passion for this rollicking music.

Castro Valley Arts Founda-



PHOTO COURTESY CV CENTER FOR THE ARTS

Jared and the Spinouts will play at the Castro Valley Center for the Arts.

tion Vice-President Mary Ann DeGrazia is excited that Jared can bring his show back to Castro Valley. "Everyone that

saw him in 2022, wanted to invite their family and friends back to his electrifying show. It is definitely high-octane."

For tickets: cvartsfoundation.org or call 510-889-8961. Parking is free. Bart is in walking distance.

City of SL to Hold Five Listening Sessions On Age-Friendly Action Plan

The City of San Leandro's Senior Commission and Human Services Department (HSD) are convening five community member listening sessions for particular populations of interest to discuss and submit their priorities for the City's first-ever Age-Friendly Action Plan.

During March, the City will facilitate one listening session each for Black and African American residents; Hispanic and Latinx residents; Asian residents; LGBTQ+ residents; and residents living with chronic illness and/or a disability, and their caregivers. Participants will receive food, drinks, and a \$50 Visa gift card for attending. The City will provide translation, interpre-



TIMES FILE PHOTO

The Flex Shuttle bus arrives at the San Leandro Senior Center.

tation and other accessibility resources during the sessions, as needed.

The city is convening these groups to create safe spaces

for community members to discuss complex and personal issues. You may identify with more than one group. If you do not identify with any of the groups, there are other opportunities to participate in the Age-Friendly planning process.

To join one of these sessions, apply at: <https://www.surveymonkey.com/r/T2JXL98>. Email Mike King at mk.pearstreetconsulting@gmail.com with any questions, or for more information about the Age-Friendly San Leandro initiative.

SL Players to Hold Auditions For *Murder on the Orient Express*

San Leandro Players will hold auditions for its spring production of *Murder on the Orient Express*, a classic murder mystery by Agatha Christie.

Auditions will be held on Tuesday and Wednesday, Feb. 6 and Feb. 7, from 7 to 8:30 p.m. at the San Leandro Museum/Auditorium 320 West Estudillo Ave. in San Leandro. Callbacks on Feb. 8 if necessary.

Rehearsals will run from February to early April when the show opens on April 6 and runs through May 5.

For more information visit our website www.slplayers.org.

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Chicken, Plain and Fancy

Nothing lends itself to new treatments than chicken. It can be fried, grilled, poached, roasted or broiled with any number of spring vegetables, fruits and nuts.

ROAST CHICKEN

- 1 (3-pound) chicken
- Stuffing (optional)
- 1/4 pound butter, softened
- 2 teaspoons finely crum-

bled
dried sage Salt
Freshly ground pepper

Rinse the chicken and pat dry. Remove fat pads at opening of the cavity. Fill body and neck cavities with stuffing, if desired. Blend butter and sage. Rub mixture inside and out, covering chicken all over. Season with salt and pepper. Place chicken, breast side up, using V-shaped rack to hold.

Roast at 350°F for about 50 minutes until meat thermometer registers 160°F, or make small slit with knife at second joint where leg connects. If juice run clear, chicken is done. If juices are pink, roast another 10 minutes. Remove and let stand for 10 minutes. Serves 4 to 6.

CHICKEN PARMESAN

- 4 boneless skinless chicken breast halves
- Salt and pepper
- 1/2 cup Italian breadcrumbs
- 1 egg, beaten
- 4 teaspoons butter
- 2 cups spaghetti sauce
- 4 slices Mozzarella cheese
- 1 teaspoon grated Parmesan cheese

Pound chicken to flatten and sprinkle with salt and pepper to taste.

Dip chicken in egg; then in bread crumbs and fry in butter in hot skillet, turning and browning for 10 minutes or until chicken is done.

Remove from skillet. Pour spaghetti sauce into skillet and heat thoroughly. Add chicken. Place slices of Mozzarella on top of chicken and sprinkle with parmesan. Cover and cook until cheese is melted. Serve with a side of spaghetti. Serves 4.

FRIED CHICKEN

- 1 quart buttermilk
- 2 teaspoons cayenne pepper, divided
- 2 (2-1/2-pound) fryer chickens, cut into 8 pieces
- 2 cups all-purpose flour
- Salt and freshly ground pepper
- Olive oil, for frying

Stir together the buttermilk and 1 teaspoon cayenne pepper in a large bowl; add chicken, turning to coat. Cover with plastic wrap, and refrigerate at least 6 hours or up to overnight.

In a large brown paper bag, combine flour with remaining 1 teaspoon cayenne, 1 teaspoon salt, and 1 tablespoon pepper; shake to combine. One at a time, place chicken pieces in the bag; shake to coat. Place

coated pieces on a clean plate or tray.

In a large skillet, heat 2 inches oil to 350°F. Using tongs, add chicken one piece at a time, being careful to not overcrowd pan. Fry, turning every 3 to 4 minutes, until deep mahogany in color, about 18 minutes. Remove chicken from skillet, and drain on a brown paper bag. Serve hot, warm, or cold. Yields 4 to 8 servings.

CHICKEN FRICASSEE

- 3 tablespoons olive oil, divided
- 1 medium onion, diced
- 8 ounces white mushrooms, sliced 1/8 inch thick
- 2 large carrots, peeled, cut in 2-inch pieces
- 3 zucchini, cut in 2-in. lengths
- 3 tablespoons butter, divided
- 1 (3-1/2 pound) chicken, cut in serving pieces
- Salt and pepper to taste
- 3 cups chicken broth
- 1/4 cup chopped fresh parsley
- 6 Idaho potatoes, peeled, cut in large chunks
- 1-1/2 cups shredded Jarlsberg cheese, divided

Heat 2 tablespoons olive oil in large skillet. Add onion, mushrooms, carrots and zucchini. Saute, stirring frequently, about 5 minutes. Remove vegetables from skillet and set aside.

In same skillet heat 2 tablespoons butter and remaining 1 tablespoon olive oil. Remove excess fat from chicken and some of the skin. Sprinkle with salt and pepper. Brown chicken in small batches until golden.

Remove chicken from skillet. Slowly pour chicken broth

into skillet, scraping up any brown bits; bring to boil. Return chicken to skillet. Add parsley. Bring to boil, reduce heat, cover and cook 30 minutes.

Meanwhile, cook potatoes till tender; drain and mash. In large bowl, stir 1 cup cheese into potatoes.

Place chicken in large oven-proof casserole. Add reserved vegetables and sauce from skillet. If sauce is thin, cook it (in skillet) over high heat till reduced somewhat, then add to casserole.

Spread potato-cheese mixture over top. Sprinkle with remaining 1/2 cup cheese. Continue baking 20 to 25 minutes or until chicken is thoroughly cooked and potato topping is slightly crusty and golden. Makes 6 to 8 servings.

CHICKEN CORDON BLEU

- 6 skinless, boneless chicken breast halves
- 6 slices Swiss cheese
- 6 slices ham
- 3 tablespoons all-purpose flour
- 1 teaspoon paprika
- 6 tablespoons butter
- 1/2 cup dry white wine
- 1 tablespoon cornstarch
- 1 teaspoon chicken bouillon granules
- 1 cup heavy whipping cream

Pound chicken breasts if they are too thick. Place a cheese and ham slice on each breast within 1/2 inch of the edges. Fold the edges of the chicken over the filling, and secure with toothpicks.

Mix the flour and paprika in a small bowl, and coat the chicken pieces.

Heat the butter in a large skillet over medium-high heat, and cook the chicken until browned on all sides. Add the wine and bouillon. Reduce heat to low, cover, and simmer for 30 minutes, until chicken is no longer pink and juices run clear.

Remove the toothpicks, and transfer the breasts to a warm platter. Blend the cornstarch with the cream in a small bowl, and whisk slowly into the skillet. Cook, stirring until thickened, and pour over the chicken. Serve warm. Yields 6 servings.

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HOROSCOPE by Salomé

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- ARIES (March 21 to April 19):** Is that Arian self-esteem in need of shoring up? Best advice: Do something that will make someone feel good about themselves. It will make you feel proud that you did it.
- TAURUS (April 20 - May 20):** It's time to prove to your detractors that you're way ahead of them when it comes to getting things done. So, be sure to avoid surprise distractions and complete that project as soon as possible.
- GEMINI (May 21 to June 20):** Be careful not to waste your precious energy on frivolous matters that don't advance your goals. Stay focused. There'll be enough time for fun and games after you reach your objective.
- CANCER (June 21 - July 22):** You've done well on your own, but now could be a good time to consider advice from confidantes, as long as you continue to let your own instincts be your primary guide.
- LEO (July 23 - August 22):** A belated New Year's "gift" could create a problem if you feel unwilling or unable to adjust your plans and accommodate the new development. Check out all options before deciding.
- VIRGO (August 23 - Sept. 22):** There's a possibility that you could be goaded into making a statement you might regret. It's important to stay cool no matter how heated the conversation gets.
- LIBRA (Sept. 23 - October 22):** A recent sad experience can become a valuable lesson. Examine it well and take what you've learned to help you make an important upcoming decision.
- SCORPIO (October 23 - November 21):** Lingering problems in a personal or professional partnership still need to be resolved so you can move on. Insist on more cooperation from everyone involved.
- SAGITTARIUS (Nov. 22 - Dec. 21):** That recent problem that made you feel emotionally trapped and physically exhausted is gone. Don't dwell on it. Instead, make new plans and set up other goals.
- CAPRICORN (Dec. 22 - Jan. 19):** Your creative talents combine with a strong domestic aspect this week, which means you can start on those home-improvement projects that you've been planning for a long time.
- AQUARIUS (Jan. 20 - Feb. 18):** It's a good time to anticipate an upcoming change in the near future. This could mean taking on a new career, going off to a new city or moving into a new home.
- PISCES (Feb. 19 - March 20):** Soon, you should be learning more about the motives of those who continue to pressure you into making a decision that you're still unsure about. Use this information wisely.

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Woman: Questions remain about collision that lead to death

continued from front page

swerved to avoid Eisenberg but crashed into her, sending her to the ground, slamming her head to the concrete and fracturing her skull.

Lieutenant Abe Teng of the San Leandro police told the Times, an officer arrived and spoke with the three cyclists involved, including an 11-year-old cyclist who collided with Eisenberg. He added that the officer who spoke with Eisenberg said she appeared to be dazed from the collision and fall.

She Was Dazed From the Collision

"Judy borrowed my car that day, and I got a phone call from the police department telling me that my sister was walking around confused and wondered if she was like this," Eisenberg's sister Cathy Tapia told the Times. "They asked me to come over and get my car and that they were taking her by ambulance to Eden Hospital."

Eisenberg was transported



Judy Eisenberg lived in San Lorenzo for years before moving back East.

and remained hospitalized at Eden Medical Center in Castro Valley until she passed away from her injuries on January 22.

San Leandro police say the boy was not cited for reckless negligence leading up to the collision and will likely not face criminal charges, that there was no malice.

"By all indications thus far, this incident was a tragic accident," Lt. Teng said.

Eisenberg's sisters, Tapia and Mary Lou Eggiman questioned the police investigation. They say an officer commented that Eisenberg was "tapped," but hospital officials categorized the injury to their sister as a "blunt force assault trauma."

The sisters also said they asked for a police report but haven't been allowed to see it. They say they told the police that Kohl's had surveillance

video but the police waited 3 to 4 days to pick up the video. And then police said Eisenberg's son is the only family member who can see the report or view the surveillance video because he has power of attorney.

With the increase in the number of large groups of bicycle riders blocking traffic and riding recklessly, the sisters say they're also concerned about the message Eisenberg's death sends to other young bicycle riders.

"Saying there's nothing you can do lets every 11-year-old think they can go ride bikes out there and they can do whatever they want because there's nothing the police can do to me," Tapia said. "We don't know if this boy and his friends know how seriously he injured Judy. We want to ask the community to tell these boys and their families of the tragic outcome of this accident. If you know of this group of bike riders or their parents, please spread the news of my sister's fate."



PHOTOS COURTESY OF CATHY TAPIA

Eisenberg is shown in this family photo hiking on the Appalachian Trail. She was here visiting relatives in Castro Valley when she went to a store at Bayfair and was knocked down by a bicyclist.

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REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Beware of Sensationalist Headlines

By Carl Medford, CRS
Special to the Times

Media outlets know bad news sells: the more sensational the headline, the more eyeballs they attract. Problem: while everyone reads the headline, a smaller number read the lead paragraph and even fewer read the entire article. As a result, the sensational details are boldly conveyed while the truth is buried deep in the article – where few readers

venture.

Headlines across the country are screaming that real estate sales have hit their lowest point since the foreclosure crisis. Consequently, readers might ascertain the market was flooded with homes that no one was buying. This could not be further from the truth. Headlines also infer that high interest rates are keeping buyers at bay: again, not true.

While the market DID slow as interest rates began to rise in May, 2022, buyers woke up

in January, 2023, realized that the higher rates were here to stay and went out shopping in droves. And ran into a simple problem:

There were almost no homes available to buy.

Homeowners, especially those in markets like the high-priced San Francisco Bay Area, have refused en masse to put their homes on the market. Since over 60% of the homes in the USA have mortgages lower than 4%, potential sellers have had no incentive to sell a home with a low interest rate (as low as 2.65%) and replace it with a new property with a loan hovering around 7%. Additionally, having experienced massive gains in equity, many seller wannabes have learned they will incur massive capital gains bills if they sell. Consequently, many have sat on their hands hoping something will change.

With extremely low inventory and an army of buyers accepting the higher rates, competition for available homes has soared, resulting in multiple offers pushing home prices ever higher.

The Garden Bug

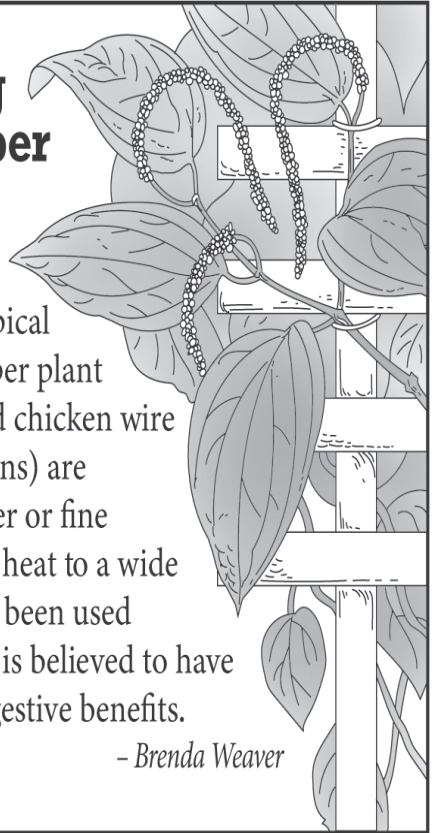
Growing black pepper

This plant is native to South India and is widely cultivated in tropical

regions around the world. A black pepper plant needs support such as a trellis or staked chicken wire as they grow. Its fruit (called peppercorns) are collected, dried and ground into powder or fine flakes which are used to add flavor and heat to a wide variety of dishes. Black pepper has also been used medicinally for thousands of years and is believed to have antioxidant, anti-inflammatory and digestive benefits.

Sources: balconygardenweb.com, wikipedia

– Brenda Weaver



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RECENT HOME SALES

Home sales information is compiled and provided by CalREsource and includes Bedrooms, Square Feet and Year Built when available

Castro Valley

19472 Yuma Street 94546: \$524,000 [3 BD - 1,488 SF - 1971
4578 Sargent Avenue 94546: \$901,000 [4 BD - 1,522 SF - 1940
19021 Stanton Avenue 94546: \$1,445,000 [4 BD - 2,525 SF - 1999

TOTAL SALES:

3

LOWEST AMOUNT: \$524,000 **MEDIAN AMOUNT:** \$901,000
HIGHEST AMOUNT: \$1,445,000 **AVERAGE AMOUNT:** \$956,666

Hayward

29581 Highgate Drive #219 94544: \$405,000 [1 BD - 643 SF - 1988
1241 D Street 94541: \$575,000 [2 BD - 968 SF - 1906
636 Sycamore Avenue 94544: \$600,000 [3 BD - 1,020 SF - 1950
21362 Haviland Avenue 94541: \$642,000 [2 BD - 952 SF - 1947
31011 Everett Court #3 94544: \$690,000 [2 BD - 1,435 SF - 1981
19648 Camden Avenue 94541: \$700,000 [4 BD - 2,395 SF - 1951
415 Culp Avenue 94544: \$720,000 [3 BD - 1,020 SF - 1950
619 Dean Street 94541: \$750,000 [3 BD - 960 SF - 1954
24025 La Paz Way #U27 94541: \$765,000 [2 BD - 1,412 SF - 1980
27278 Capri Avenue 94545: \$810,000 [3 BD - 1,128 SF - 1957
582 Paradise Boulevard 94541: \$850,000 [2 BD - 1,316 SF - 1942
26348 Saklan Road 94545: \$1,000,000 [3 BD - 1,854 SF - 2010
28477 Gulfport Circle 94545: \$1,160,000 [3 BD - 1,687 SF - 2008
2064 Jubilee Drive 94541: \$1,160,000 [3 BD - 1,922 SF - 2017
3422 Eureka Court 94542: \$1,355,000 [2,276 SF - 1979
28846 Bailey Ranch Road 94542: \$2,000,000 [3,705 SF - 2000
100 Dunfirth Drive 94542: \$2,560,000 [5 BD - 4,668 SF - 2018

TOTAL SALES:

17

LOWEST AMOUNT: \$405,000 **MEDIAN AMOUNT:** \$765,000
HIGHEST AMOUNT: \$2,560,000 **AVERAGE AMOUNT:** \$984,823

San Leandro

1456 Timothy Drive 94577: \$275,000 [3 BD - 1,015 SF - 1944
2077 Washington Avenue #105 94577: \$375,000 [1 BD - 726 SF - 1984
14473 Kings Court 94578: \$400,000 [2 BD - 1,035 SF - 1974
16347 Saratoga Street #104e 94578: \$520,000 [2 BD - 1,022 SF - 1981
1917 North Boulevard 94577: \$550,000 [3 BD - 1,252 SF - 1943
1218 139th Avenue 94578: \$730,000 [3 BD - 1,080 SF - 1947
16499 Liberty Street 94578: \$740,000 [3 BD - 1,400 SF - 2008
671 Black Pine Drive 94577: \$753,000 [3 BD - 1,111 SF - 1989
319 Farrelly Drive 94577: \$756,000 [2 BD - 1,367 SF - 1942
2042 Alvarado Street 94577: \$850,000 [4 BD - 1,779 SF - 1943
1697 Hickory Avenue 94579: \$875,000 [3 BD - 1,208 SF - 1953
15356 Mendocino Street 94579: \$925,000 [2,021 SF - 1955
16609 Winding Boulevard 94578: \$1,125,000 [3 BD - 1,797 SF - 1964

TOTAL SALES:

13

LOWEST AMOUNT: \$275,000 **MEDIAN AMOUNT:** \$740,000
HIGHEST AMOUNT: \$1,125,000 **AVERAGE AMOUNT:** \$682,615

How to Nix Gnats the Nontoxic Way

By Buzz Bertolero
Special to the Times

Six months ago, I purchased a Philodendron plant, and now I have little flying gnats all over the house. They're in my morning coffee and going up my nose. What a pain! How do I eliminate them without the plant or using any chemicals?

It sure sounds annoying, but the good news is that this problem can be easily corrected without chemicals. These flying gnats, or fungus gnats, are harmless, non-biting nuisance pests. Although, they have nothing to do with a fungus problem. You usually first notice them when the adults fly around the house, gather at a nearby window, or invade your personal space. The adult gnats are not strong fliers, have

a short life span, and multiply quickly, much like fruit flies. This makes the liquid gnat sprays a pain because you constantly have to spray the endless new generation of gnats. Once you understand their life cycle, they can easily control it without chemicals. The gnats breed and thrive in rich, moist, organic conditions; hence, the top layer of any potting soil is an ideal breeding ground. The adult female lays eggs in the organic layer, which then hatch—starting the life cycle again. The larva feeds on the root hairs and other organic materials before it emerges as an adult. The larva feeding on the roots usually doesn't do much damage. Interrupting the lifecycle by creating a dry, sterile environment is your solution, as it stops the breeding. You remove the top quarter to half-inch layer of soil and replace it with Growstone Gnat Nix. Gnat Nix is a very

porous recycled glass material, so water drains and dries quickly. Another solution is a small decorative or Aquarium rock. The dry, sterile conditions stop breeding practices within a few days and end the problem.

Note: Growstone Gnat Nix is available online at <https://www.htgsupply.com/products/growstone-gnat-nix/> and <https://www.planetnatural.com/product/gnat-nix/>

My container roses are still blooming. Should I prune them now or wait? Also, should they be sprayed with a dormant spray after pruning?

I wouldn't delay pruning my roses just because they're in bloom. However, it is early enough in the pruning season not to be in any great rush, so you can wait if you choose.

after pruning, clean up all the debris around and under the bushes, and strip off any foliage on the canes that remain from the previous year. Finally, loosen or relocate the metal name tag. The wire griddles the stem all too often, causing it to die. So you don't lose the tag, I'd attach it to a nail at the top of a

wooden stake and place it in the container(s).
Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com, and questions can be sent by email to buzz@dirtgardener.com.

WEEKEND GARDENER

Flower Bulbs

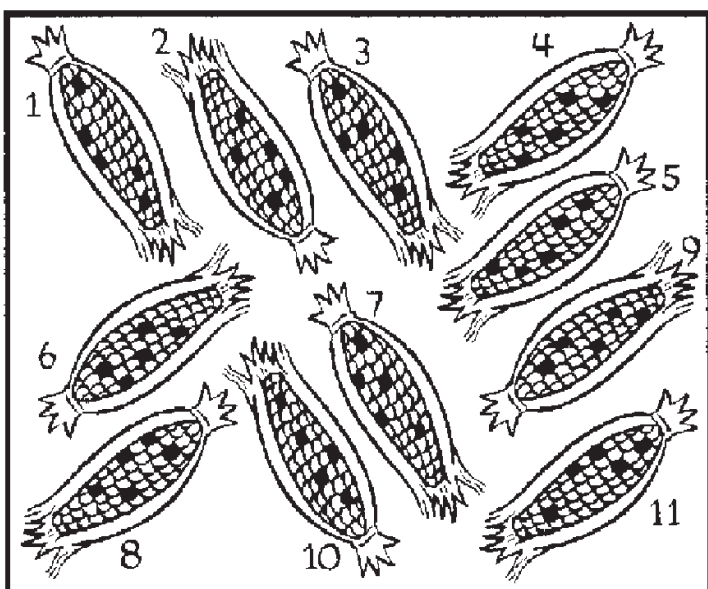
February is the month to start planting gladioluses. Select bulbs now and follow up with additional plantings at three-week intervals to extend the blooming season. Other bulbs for spring and early summer bloom that can be planted now include achimenes, agapanthus, amaryllis, tuberous begonias, calla lilies, canna lilies, dahlias, daylilies and irises.

Vegetables

Although nighttime temperatures continue to drop to the low 30s, seeds in the garden will germinate, but very slowly. Sow beets, celery, carrots, chard, chive, collards, garlic, leafy lettuce, mustard, parsley, peas, radishes, spinach and turnips. Keep an eye out for snails and slugs as the seeds germinate.

Weeds

While the ground is wet from our latest rains, pull weeds before they form seeds. Be sure to remove the entire root system so they don't sprout again. Avoid using weed-killing chemicals, as they just add pollution to your yard's soil.

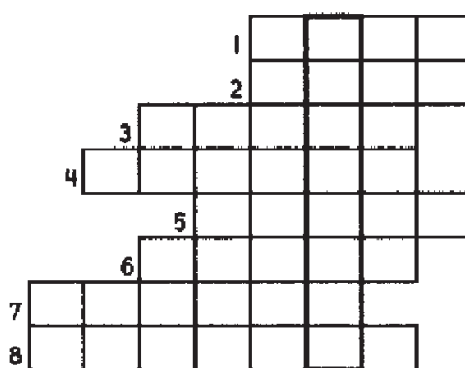


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Junior Whirl

by Charles Barry Townsend

FALL IN THE COUNTRY!



It's time for you to do your chores. In our grid there is room for eight words pertaining to this time of year. The following hints should help you celebrate the season.

1. Often seen with just one horse.
2. This is enjoyed by man or beast.
3. This is what apples turn into.
4. Large, colorful squash-like fruits.
5. You see your breath when he arrives.
6. Field robbers.
7. Type of leaves.
8. What the time on the farm is.

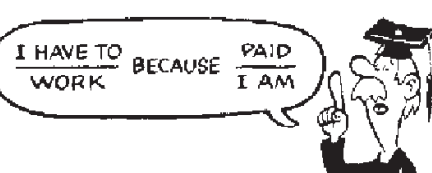
There is a dark frame around one of the columns in the grid. If you correctly solve the puzzles, the letters in the frame, top to bottom, will spell out how farmers celebrate when work is done.

The dark framed column spells "Hoedowns."
Answers: 1. Shay. 2. Corn. 3. Cider. 4. Gourds. 5. (Jack) Frost. 6. Crows. 7. Autumn. 8. Harvest.

IT'S HARVEST TIME! Two of the above ears of decorative corn are exactly alike. Can you "pop" up with the answer in 30 seconds?

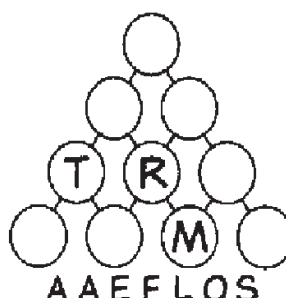
Answer: Ears 2 and 8.

A WISE OBSERVATION! All right, students, you have two minutes to solve Professor Flunkum's rebus complaint.



Answer: "I have to overwork because I am underpaid."

CHAIN REACTION! Take the seven letters printed below the diagram and place them in the circles so that eight four-letter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top circle.



Answers: Top to bottom, left to right: Fats, fale, fare, farm, fore, form, foam, foal.

Illustrated by David Coulson

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MELISSA WILK
January 04, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603173

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and Professions Code
Sections 17900-17930
The name of the business(es):
Supreme Cleaning Service, located at 545 Medford Ave, Hayward, CA 94541. Alameda County, is hereby registered by the following owner(s): Emanuela Garcia Trejo, located at 545 Medford Ave, Hayward, CA 94541. This business is conducted by An Individual. This business commenced N/A /s/ Emanuela Garcia Trejo
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 03, 2029

FILED
MELISSA WILK
January 24, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603585

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and Professions Code
Sections 17900-17930
The name of the business(es):
Jaroche Esthetics, located at 14895 E 14th Street Suite 420, San Leandro, CA 94578 / 16675 Rolando Ave., San Leandro CA 94578. Alameda County, is hereby registered by the following owner(s): Mayram Arias De La Cruz, located at 16675 Rolando Ave., San Leandro CA 94578. This business is conducted by An Individual. This business commenced N/A /s/ Mayram Arias De La Cruz
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 23, 2029

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FILED
MELISSA WILK

January 18, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603448

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Terencia Antonio Insurance Agency, located at 1403 Kelley Ave, San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Maria Terencia E. Antonio, located at 1403 Kelley Ave, San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 02/01/22
/s/ Maria Terencia E. Antonio
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 17, 2029

FILED
MELISSA WILK

January 18, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602487

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Sorrento Auto Sales Inc., located at 22268 Mission Blvd., Hayward, CA 94541. Alameda County, is hereby registered by the following owner(s): Sorrento Auto Sales Inc, located at 22268 Mission Blvd., Hayward, CA 94541. This business is conducted by a Corporation. This business commenced N/A
/s/ Karina Suse Bibiano Nunez
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 17, 2029
FEB 01, 08, 15, 22, 2024
1050- SLT

FILED
MELISSA WILK

December 21, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602952

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Generations Notary Service, located at 62 Oakes Blvd #6 San Leandro, CA 94577 / P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 12/21/23
/s/Jennifer Neira Heystek
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires December 20, 2028
JAN 11, 18, 25, FEB 01, 2024

FILED
MELISSA WILK

December 07, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602953

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Wild Ladybug Creations, located at 62 Oakes Blvd #6 San Leandro, CA 94577 / P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 12/01/23
/s/Jennifer Neira Heystek
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JAN 11, 18, 25, FEB 01, 2024
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ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603436

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Happy House Daycare, located at 33841 11th Street, Union City, CA 94587. Alameda County, is hereby registered by the following owner(s): Maria Salgado, located at 33841 11th Street, Union City, CA 94587. This business is conducted by An Individual. This business commenced 01/18/24
/s/ Maria Salgado
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 17, 2029
JAN 25, FEB 01, 08, 15, 2024
1041- SLT

FILED
MELISSA WILK

January 18, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603461

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Ten Ton Consulting, located at 659 Broadmoor Blvd., San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Ten Ton Consulting Inc, located at 659 Broadmoor Blvd. This business is conducted by a Corporation. This business commenced 02/25/14
/s/ Michelle Huitema
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires January 17, 2029
FEB 01, 08, 15, 22, 2024
1050- SLT

FILED
MELISSA WILK

December 21, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 602953

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Generations Midwifery Service, located at 62 Oakes Blvd #6 San Leandro, CA 94577 / P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 12/21/23
/s/Jennifer Neira Heystek
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires December 20, 2028

FILED
MELISSA WILK

December 29, 2023
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 603102

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
Yan&O, located at 197 Medford Ave Hayward, CA 94541. Alameda County, is hereby registered by the following owner(s): Oliverio Soto Linda, located at 97 Medford Ave Hayward, CA 94541. This business is conducted by An Individual. This business commenced 12/12/23
/s/Oliverio Soto Linda
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
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1080- SLT

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1	2	3		4	5	6	7		8	9	10	11
12				13					14			
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21	22				23		24					
25				26		27		28		29	30	31
32			33		34		35		36			
37				38		39		40		41		
				42		43		44		45		
46	47	48				49		50				
51						52		53			54	55
56						57				58		
59						60					61	

ACROSS

1 TV schedule abbr.
4 Rotate
8 Exerciser's target
12 Slithery fish
13 Layered cookie
14 Greek vowel
15 Selflessness
17 Seize
18 Chapeau
19 Slogan
21 Garden figurines
24 Use henna
25 Post-op area
26 Apply cream
28 College study
32 Close by
34 "Gee, ya think?"
36 Golfer's cry
37 Campfire leftovers
39 Clothing protector
41 Sandwich meat
42 "-- been real"
44 By and large
46 Opposite of candor
50 Eggy quaff
51 Bern's river
52 Halite
56 Egyptian deity
57 Shrek, for one
58 Half of CIV
59 Society newbies
60 French perfume brand
61 Prom rental

DOWN

1 Afternoon get-together
2 Ann Patchett's "-- Canto"
3 However
4 Praised loudly
5 Mentalist Geller
6 Take it easy
7 Wanderer
8 Biblical cover-up?
9 Petty of "Tank Girl"
10 -- impasse
11 Innocent one
16 Ewe's mate
20 Workout venue
21 Actress Gershon
22 Mark Harmon TV series
23 Melancholy
27 Fella
29 "Atlas Shrugged" hero
30 Exam format
31 "Ratatouille" rat
33 Patty Hearst, for one
35 "Tell --" (Streisand/Dion song)
38 Fr. holy woman
40 Monopoly job
43 Seafood selection
45 Cyclades island
46 Stated
47 Lighten
48 Baby's bed
49 Boo-Boo's buddy
53 -- -Magnon
54 Lucy of "Elementary"
55 Box office buys, slangily

ANSWERS ON PAGE 4

Volunteer Teams Go Out to Make Count of Homeless

By Michael Singer
San Leandro Times

Early last Thursday morning, thousands of volunteers canvassed East Bay neighborhoods, business zones, and known homeless camps to count the number of people experiencing homelessness in Alameda County.

Small teams of outreach specialists, staff from the county, and volunteers looked for people sleeping outside, in vehicles, in emergency shelters, and in transitional housing.

The homeless people were also asked survey questions to help county service agencies spot trends, understand the shortage of affordable housing and services, and adjust as needed.

Alameda County Health Care Services Agency, which includes the Office of Homeless Care and Coordination, conducts the Point-In-Time Count (PIT) census every two years as required by the US Department of Housing and Urban Development (HUD).

"Homelessness is a challenge that touches all of our

lives," said county Health Care Services Agency director Colleen Chawla. "By approaching this situation with empathy and compassion and honoring people's lived experience, we can make a difference."

The 2019 Point-In-Time Count (PIT) classified 8,022 people as homeless in Alameda County. The survey was not conducted in 2021 due to COVID-19 considerations. When the PIT returned in 2022, volunteers counted 9,747 people as homeless.

This year's homeless count used a different approach compared to previous years. Volunteers were sent to locations where homeless people are known to be living, as well as to other areas.

Moe Wright, co-chair of the board of directors of Alameda County's Continuum of Care (CoC)—a community planning body led by a team of county and city stakeholders committed to ending homelessness—says this is a more accurate method that relies



PHOTO COURTESY OF ENVIRONMENTAL LOGISTICS, INC.

Every two years, volunteers go to encampments like this one in Hayward to gather critical information on the magnitude of homelessness in our area.

less on statistical assumptions, as in years past.

"With over a thousand interviewers spreading out all over Alameda County, we can create an accurate profile of our un-housed neighbors," Wright said.

Survey information in-

cluded questions about demographics, health conditions, employment, veteran status, housing history, COVID-19 impact, and connection to the community.

Questions added to this year's count will ask for details about gender and gender

identity. Volunteers will also ask the homeless about their interactions with the criminal justice system, including law enforcement and the courts.

Survey data will also be used to examine racial disparities, especially for Black people and Native Americans, two

of the most disproportionately affected by homelessness, according to statistics from EveryOne Home, a non-profit aimed at ending homelessness in Alameda County.

A full, detailed analysis of the PIT count results is expected this summer.

Boost Your Mood with Fragrant Indoor Plants

By Melinda Myers
Special to the Times

There's no need to visit a spa for a bit of soothing aromatherapy. Grow fragrant plants indoors to improve your mood and promote a sense of relaxation.

Gardenias may be the first fragrant flowering plant that comes to mind. They can be challenging but are worth the effort. Grow them in moist acidic soil, in bright light, and surrounded by other plants or on a gravel tray to increase the humidity.

Jasmines are known for their sweet fragrant flowers. Arabian jasmine (Jasmine sambac) will flower indoors several times throughout the year if it receives sufficient light. Consider adding artificial lights to boost flowering. Grow this plant in a warm draft-free location and allow the soil to dry several inches below the surface before watering again.

Citrus are valued for their fruit, but they also produce fragrant flowers. Give them bright light and keep the soil slightly moist for the best results.

Stephanotis floribunda was frequently used in wedding bouquets. Grow it in a sunny window and watch for flowers to appear in spring

on new growth. Complete all necessary pruning as soon as the plant stops flowering.

Plumeria are the fragrant flowers often used in Hawaiian leis. Provide bright light, moist well-drained soil, and fertilize throughout the summer to promote flowering. Allow the soil to go a bit drier during the winter. Don't panic if the plants go dormant and drop their leaves in winter. New leaves will appear as temperatures warm.

String of pearls (*Curio rowleyanus*) is a trailing succulent with leaves that resemble peas. Grow these in a brightly lit location that is a bit cooler in the winter. This along with slightly drier soil in winter can promote flowering. Its cinnamon fragrance is one you'll remember.

Another succulent that may reward you with flowers is hoya. Keep the soil a bit moister during the summer when the plant is actively growing. Allow the soil to dry slightly when the plant is resting during the winter.

High humidity in spring and summer followed by cooler temperatures and drier soil in winter will encourage pot-bound plants to flower. Watch for fragrant flowers to form on the long leafless stems.

Give the leaves of scented

geranium (*Pelargonium*) a pet and enjoy the lemon, rose, apple, peppermint, or pine fragrance. Although grown for their scented foliage they also produce pretty but less showy flowers. Place the plants in areas where you brush past the leaves or can easily give them a pat to release and enjoy the fragrance.

Find a cool spot in your home away from drafts of hot and cold air for your lavender plant.

Make sure the plant receives plenty of sunlight from a south-facing or similar window. Consider adding artificial lights to increase your success.

Water thoroughly when the top inch of soil is dry to the touch. Pour off any excess water that collects in the saucer.

Visit your local independent garden center or reputable online plant retailers that are more likely to sell these in winter.

Then clear out some space on a sunny windowsill or invest in a few plant lights and start growing some fragrant plants.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook, 2nd Edition* and *Small Space Gardening*. She hosts *The Great Courses* "How



PHOTO COURTESY OF MELINDAMYERS.COM

Fragrant plants, like gardenias, add beauty indoors, boost mood, and promote relaxation.

to Grow Anything" instant video and DVD series and the nationally syndicated Melin-

da's Garden Moment radio program. Myers is a columnist and contributing editor

for *Birds & Blooms* magazine. Myers' website is www.MelindaMyers.com.

Supervisor: Candidates talk about the county jail, mental health

continued from front page

Esteen focused on her public service record as a psychiatric emergency nurse, community activist, member of the Eden Area Municipal Advisory Committee (MAC) and—until recently—as the vice chair of the Alameda Health System Board. She also called attention to what she

“People don’t get cured in jail. They get cured in the community.”

— Jennifer Esteen

thinks should have happened during Miley’s tenure, especially in recent years.

For example, Esteen said she was running for supervisor partly due to seeming lawlessness in local communities, particularly along Hegenberger Road and 98th Avenue in Oakland. She said that while the county has had a crime prevention strategy for 20 years, it has never fully invested in it.

Miley countered by touting

his work in fighting illegal sideshows, which he said have almost been eliminated in the unincorporated areas. He said he continues to support the efforts of law enforcement officers and has enjoyed the support of their organizations.

Miley also gave examples of community programs he has supported that will hopefully prevent crime, such as the REACH Ashland Youth Center

“I really value everything I’ve done for you in the past,” Miley said to applause.

Esteen got her own rounds of applause when she said there was an opportunity for a generational change in District 4 and that unchanged county policies have been a sore spot for some residents, such as housing and public transportation.

“We have a need, and it has not been met for 24 years,” Esteen said.

The candidates agreed that mental health was a major problem in the county. Miley said it would be his top priority if re-elected, adding that dealing with it effectively would make an impact on other issues, such as homelessness.

Esteen said that much of the mental health care the county provides is at the Santa

Rita Jail, where a high proportion of inmates suffer from mental health problems and where there have been a high number of inmate deaths. She called for moving much of that care from the jail to the community.

“People don’t get cured in jail,” Esteen said. “They get cured in the community.”

“It’s not a sprint. It’s a marathon, and you have to keep plugging at it.”

— Nate Miley

Miley called for providing good mental health care in the jail. He said he didn’t want people with mental health problems in jail, but the county is required to give them mental health care if they are there.

Esteen called for fighting homelessness, in part, by keeping people in their current homes. She called on the supervisors to pass tenant protections that were introduced when the county lifted its pandemic evictions moratorium.



PHOTO BY MIKE McGUIRE

Candidates for Alameda County supervisor in District 4, which includes Ashland, Cherryland and San Lorenzo, squared off at a forum held at the First Presbyterian Church, 2490 Grove Way in Castro Valley on Saturday, January 20. From left, incumbent supervisor Nate Miley, challenger Jennifer Esteen, and moderator Michael Singer, who is also managing editor of the Castro Valley Forum.

That effort failed due to abstentions by supervisors in February of last year.

Miley said he wanted protections both for tenants and for small landlords. He said he opposed the eviction moratorium because he saw it as overly broad, not being closely linked to COVID. Miley said he supports Proposition 1 on the March ballot for home-

less services and housing. He added he supports wraparound services for the homeless as well as providing housing.

Each candidate was asked what they would do about the frequent complaint of businesses about delays in getting permits in the unincorporated areas for new or expanding businesses.

Miley said that the county was trying to expedite permitting and approvals, and that he was pushing to make sure the county’s “one-stop shop” for this was working properly. He added that in providing county services generally, “It’s not a sprint. It’s a marathon, and you have to keep plugging at it till you get it right.”

Esteen had a different view of the delays. Pampas Cafe, she said, had moved into a prime location next to Trader Joe’s – but it took 18 months because of delays attributed to the county. By contrast, when she spoke to restaurant owners in the Lake Chabot Public Market in Castro Valley, though, she found that things had moved swiftly for them.

“It’s not inefficiency, it’s favoritism, and that has no place,” she said to applause.

In an area of common ground, both candidates agreed to support Castro Valley as an incorporated city if that’s what Castro Valley voters want.

Student from San Leandro on Hofstra Dean’s List

Victoria Orozco of San Leandro excelled during the Fall 2023 semester at Hofstra University, achieving a GPA of at least 3.5 to earn a spot on the Dean’s List. Victoria’s major is Television Production

& Studies.

Hofstra University in Hempstead, New York is a dynamic community of nearly 11,000 students dedicated to civic engagement, academic excellence and becoming

leaders in their communities and their careers. Students can choose from approximately 175 undergraduate program options and 200 graduate program options in the liberal arts and sciences, education,

health professions and human services, the Peter S. Kalikow School of Government, Public Policy and International Affairs, the Fred DeMatteis School of Engineering and Applied Science.

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Grief follows no standard path or time frame. There is no right or wrong way to experience grief. Often, emotions will ebb and flow, and you may find yourself in need of support at different times and in different ways.

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The services are offered at no charge, even if your loved one was not on Hope’s Hospice service.

If you’re unsure whether you’re ready to join a support group, inquire about the 1-hour Introduction to Grief

class. This short program is open to both the bereaved and friends of a grieving person who want to learn about the grief process.

Hope’s grief support services are free of charge, but they require pre-registration. Call 925-829-8770 on weekdays, from 9 a.m. to 5 p.m. A brief assessment is required. Support groups are conducted either online by Zoom or in-person as noted in the descriptions below.

General Grief
Virtual gathering on Zoom on Mondays from 6 to 7:30 p.m. from April 8 to May 27.

Spousal/Partner Loss
In-person group on Mondays from 6 to 7:30 p.m. from

April 8 to May 27.

Loss of a Child
Virtual gathering on Zoom on Wednesdays from 6 to 7:30 p.m. from April 10 to May 29.

Spousal/Partner Loss
Virtual gathering on Zoom on Tuesdays from 6 to 7:30

p.m. from April 9 to May 28.

Services for Teens, call for dates. Groups are offered once per quarter. If you cannot make the dates noted above, call our office to put your name on the interest list for the following quarter.

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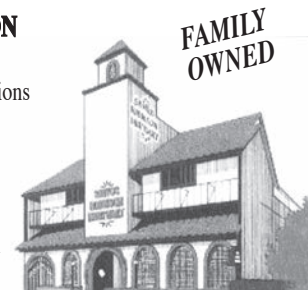
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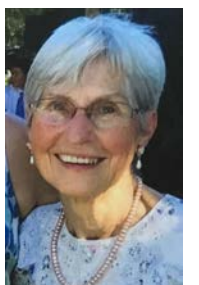


Obituaries

Charlene Nelson Kehret

October 17, 1935 ~ January 23, 2024

A profoundly kind and compassionate person who showered her family and friends with love, Charlene Nelson Kehret passed away peacefully in the presence of her husband Earl, children Rebecca Shafi, Rick Kehret and Amy Cassidy, and other family members on January 23, 2024. Born in Princeton, Illinois, on October 17, 1935, Charlene resided most of her life in San Leandro.



Charlene served as an Elder at Bethel Presbyterian Church. For two decades, Charlene cooked dinners for Building Futures which supports individuals and families experiencing homelessness or domestic violence.

In addition to her husband, children and their spouses, Charlene is survived by seven grandchildren. A memorial service will take place at Bethel Church. In lieu of flowers, please consider making a donation to Building Futures (www.bfwc.org).

County Health Tries to Cut Costs of Expensive Ambulance Service

By Michael Singer
San Leandro Times

A basic ambulance ride in Alameda County costs \$3,664.87, even if you are not going to the emergency room, according to the Alameda County Health Care Services Agency (HCSA). And if additional services are needed, the cost can be higher.

So, health officials say they are looking at an alternative tiered-service approach to improve service in the county and help residents avoid high-cost ambulance bills.

The agency recently announced it will open its ambulance service contract to new bids this summer, with the contract starting in 2026 when

its current contract with Falck US expires.

While many sick and injured people need a ride to the emergency room, EMS Director Lauri McFadden says ambulances are frequently used to transport patients between facilities or clinics. In some cases, these ambulance rides are not the best care for

the patient and can be unnecessarily costly and ineffective.

"We're doing away with the usual one-size-fits-all approach, where anyone who calls 911 for health reasons is transported to an emergency room," McFadden said. "This new approach will allow our health professionals to support each patient with the care

that's best for them, whether through the emergency room, on-site treatment, or connection to other care outside the emergency response system."

Whichever ambulance company wins the contract, EMS officials say the service must also focus on reducing known disparities in emergency care outcomes for at-risk

and historically underserved populations.

"Before we decided to put this contract out to bid, we consulted local EMS partners to help our residents get the timely and high-quality emergency care we all deserve," said Colleen Chawla, director of the Alameda County Health Care Services Agency.

Toddler: 2-year-old dropped off by an office building on Abram Court

continued from front page

Leandro police shows the stolen late-model white sedan stopping in the cul-de-sac. The driver could be seen getting out of the vehicle with the child in his lap, walking behind the car, placing the child on the street, and then driving away.

A Kaiser Hospital shuttle bus driver noticed the child and stopped to help while other people in the area pitched in to assist and call the police.

A San Leandro police officer monitoring Oakland's police radio made the connection between the carjacking and the abandoned 2-year-old and helped get the child back to the

mother that afternoon, according to Lieutenant Abe Teng.

"Once our officers made the connection, they notified Oakland Police and let them know the child had been

found," Lt. Teng told ABC7.

The mother told police that her cell phone was still in the vehicle and used an app to locate the stolen car. Marin County Sheriff's deputies eventually

found the vehicle abandoned in a parking lot at a McDonald's in a community called Strawberry near U.S. 101.

With the help of surveillance video, Marin County

deputies and Tiburon Police stopped Viorel Andrei Morari, 35, of Oakland, and charged him with suspicion of kidnapping, carjacking, and child abuse.

Assumption School Sets a Fundraising Record for Davis Street's Hot Breakfast Program

In a year marked by continued high holiday sales and spending, the kids at Assumption School turned consumerism on its head, using Christmas purchases to help others in need by raising \$11,000 through their annual St. Nick's Boutique.

The school is donating this money to fully fund Davis Street Family Resource Center's Hot Breakfast Program for low-income preschoolers, as it has done for the last 28 years. Funds will also supply move-in kits for families experiencing domestic violence through the Building Futures'

program. In the last 9 years, Assumption School has raised and donated \$71,000.

Former Assumption parent and local San Leandro celebrity Brian Copeland started the St. Nick's Boutique, a long-standing tradition at Assumption School and a way for students to directly impact their community.

Families donate gently used items or make cookies and plant arrangements to be auctioned off or sold at the boutique. Students from kindergarten through 8th grade delight in attending the boutique and picking out gifts for

mom, dad, and grandma—in a rare opportunity to shop for themselves in many cases. The St. Nick's Boutique embodies the spirit of giving by providing kids the opportunity to give to their loved ones

while also giving to the larger community.

As Phuong Hathaway, a parent and one of the fundraising organizers for the last 8 years described the event, "It brings us great joy

knowing that we can make a huge impact in our community helping both low-income preschoolers and women experiencing domestic violence. St. Nick's Boutique is the epitome of giving back."

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SLHS United Parents Crab Feed

The San Leandro High School United Parents will host a crab feed on Friday, March 9, from 6 to 9 p.m. at the San Leandro Boys & Girls Club, 2200

San Leandro Blvd. Tickets are \$70. Order by March 1. (www.32auctions.com/SLH-SUPCrabFeed2024) Pre-sold tickets only. No-host bar and dessert bar, raffle, auction

items. All proceeds fund programs directly supporting students. For more information or if you need to pay by check, email slhsunitedparents@gmail.com.

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¿Quieres hablar sobre el Plan Maestro de Recreación y Parques?
Únase a nosotros para esta jornada de puertas abiertas sin cita previa:
Sábado, 10 de febrero
10 am - 1 pm
Centro Comunitario Marina
15301 Wicks Blvd, San Leandro, CA

¡ESTÉN ATENTOS A LAS ACTUALIZACIONES!
Obtenga más información en: <https://www.sanleandro.org/rpmasterplan>
Suscríbase al boletín en: <https://www.sanleandro.org/rpmasterplan>

请加入我们的娱乐和公园总体规划愿景研讨会!

San Leandro
BETTER TOGETHER, OUTSIDE

圣利安德罗市正在制定一份娱乐和公园总体规划, 并需要您对其娱乐和公园系统的未来提出建议! 请加入我们参加一个无需预约的开放日工作坊。

想讨论一下娱乐和公园总体规划吗?
请加入我们的这个无需预约的开放日:
2月10日星期六
上午10点 - 下午1点
Marina社区中心
15301 Wicks Blvd, San Leandro, CA

保持关注以获取最新信息!
了解更多信息: <https://www.sanleandro.org/rpmasterplan>
在此注册新闻通知: <https://www.sanleandro.org/rpmasterplan>

Please join us for a Recreation and Parks Master Plan workshop!

San Leandro
BETTER TOGETHER, OUTSIDE

The City of San Leandro is creating a Recreation and Parks Master Plan, and needs your input on the future of its recreation and park systems! Please join us for a drop-in open house workshop.

Want to talk about the Recreation and Parks Master Plan?
Join us for this drop-in open house:
Saturday, February 10th
10am - 1pm
Marina Community Center
15301 Wicks Blvd San Leandro, CA

STAY TUNED FOR UPDATES!
Learn more at: <https://www.sanleandro.org/rpmasterplan>
Sign-up for the newsletter at: <https://www.sanleandro.org/rpmasterplan>