

# Amber's Story

## Part Two: Energy Medicine and Encounters with Non-Human Intelligences

### By Michael Mannion

**Editor's Note:** In the [first part](#) of this article, available on the [Journal](#) of the Mindshift institute, we learned that an “experiencer” called Amber —not her real name— feels she has undergone energy medicine procedures during her interactions with non-human intelligences. In Part II, we will explore this possibility and its implications.

*“Only those who can see the invisible can do the impossible.”*  
—Machelle Small Wright

Traditional Chinese Medicine, particularly acupuncture, traces its origins back to the “Visiting Immortals.” Who were (or still are!) these Visiting Immortals? Where were they visiting from? Were these entities the same beings that we now call extraterrestrials? A great deal of research and scholarship suggests that interactions in the past between human beings and non-human intelligences seem to be related to significant human advances, such as the development of agriculture and written language. Is there also a connection between contact with non-human intelligences and the development of what we call energy medicine?

### **Do “Experiencers” Undergo Energy Medical Procedures?**

In 1998, at a meeting held by a support group for people who have had encounters with non-human intelligences, the subject of the possible extraterrestrial use of energy medicine was brought up. The group members were asked if any of them had memories of undergoing energy medical procedures during their encounters. The discussion quickly went nowhere. However, after the meeting, a man in attendance—who is not an “abductee” or “experiencer”—offered some fascinating information.

He has spoken with a physician who has had ongoing encounters with non-human intelligences. According to this physician, energy medicine is a central part of the activities of these beings. The doctor himself has experienced many energy medicine procedures. He has memories of undergoing interventions at the hands of the non-human entities that are nearly identical to acupuncture. This physician said that the entities allowed him to remember their work on the meridians and acupuncture points of his own body.

The man who reported this noted that energy medicine is beyond the experience of most people, experiencers or abductees included. In his opinion, people remember mechanical devices, needles, probes and other objects involved in invasive procedures because they fit within our current framework and are familiar to us from ordinary human encounters with physicians, dentists, hygienists and other health practitioners. However, the average experiencer has little or no knowledge of energy medicine and, therefore, does not recognize such procedures when subjected to them. Experiencers usually perceive nothing

more than random lights and colors, sometimes in association with sensations of heat or vibration. They do not have a context in which they can understand the energy medicine experiences they are undergoing.

### **Amber's Energy Medicine Experiences**

In contrast, Amber's encounters with non-human intelligences seem to have led her directly to the study of energy medicine and healing. When we began our interview, I asked Amber if she could describe specific instances which showed how her experiences with non-humans were similar to things she experienced as a student of energy medicine. She thought for a moment and then this simple question summoned up a memory that stunned her.

"I've just realized an incredible connection between the two!" she exclaimed. Amber was silent a moment and then continued. "During my introductory weekend at the healing school that I attend, in a 'wholeness healing' exercise, I had an amazing experience with my partner in the dyad. We were asked to choose a partner. Normally, I would turn to the person next to me. Instead, I bolted across the room and asked a man—a stranger—to be my partner. This was completely out of character for me. During the exercise, I dropped into a state in which I could see him only as a glowing soul made of light. His two eyes were glowing brightly within the light. The rest of his body had lost all of its definition."

Amber became thoughtful and quiet. Then she said that her partner's appearance bore a striking resemblance to the being who has accompanied her on her return from experiences with non-human intelligences. "I never realized before how similar this event at the healing school was to the light being who returned with me in the tunnel," she said in awe. "I also experienced feelings of warmth and love. But I didn't feel the overwhelming sense of security and trust during the healing school exercise that I did in the encounter. Today, I wonder if this was 'shown' to me by the ETs to somehow encourage me to attend the healing school. The transformation of my partner into a light being had a powerful impact on me."

To Amber, it seemed that she had made what she calls a "soul connection" with another human being. "I saw a whole living being," she said. "He lost his whole body and was just glowing. His whole body became soft light. He became a wavy light. His eyes had a core light pouring out of them. I connected with him through his eyes, which were also completely connecting with me. I didn't know how he saw me or know if his experience was as powerful for him as mine was for me. But he seemed stunned. I was in a state of amazement at the pulsating energy I perceived. It wasn't about who he was or who I was. It was about this connection through energy. As we completed the exercise, we were both breathing together and were one vehicle of breath."

Amber told the man how he appeared to her during the exercise and she asked what was happening for him. To her surprise and delight, he told her that he was seeing her in the same way. "It was this experience," Amber said, "that made me know that I must attend this

healing school.”

In the first part of this article, Amber described a procedure she underwent during an encounter on a space ship. Her whole body underwent spasms, which gradually gave way to the following sequence of events: local muscle spasms; a feeling of tingling in different parts of her body; streaming sensations throughout her upper body; and, finally, a gentle, spontaneous rocking back and forth of her pelvis. We will come back to the possible significance of this sequence of events later in the article.

“Over the years at the healing school,” Amber said, “I had a few experiences, while receiving table work, that were similar to what I recalled during my regression session. They were not exactly the same, but they were similar. For example, while I did not experience the extreme whole body spasms at the healing school, as I did on the space ship, I have experienced smaller ones where parts of my body jerked.”

Amber also had sensations of floating three to four inches above the healing table. Her eyes were closed during these sessions and Amber did not see herself floating above the table. “I didn't see this but I had strong sensations of floating during a few energy healings.” Floating is a sensation commonly described by many people who have had encounters or experiences with non-human intelligences. “In my 1997 experience, the feeling of levitating off my bed and moving through the wall was similar to the feeling of levitating during the healing session.

Amber also recalled feeling tingling sensations during her healing sessions at school. “In group and table sessions, when I am doing the healing, I have felt a tingling in my hands. My hands have become unbelievably energized.” As the healing sessions progressed, Amber's sensations grew more intense. “I could feel the energy as if there were an opening at the top of my head and energy was streaming in. I felt the energy streaming down my arms to my hands. I remember wondering if the energy came from outside or if it came from within my body. I felt the energy must be coming through me and somehow I was lucky enough to be a conduit for it. I could see and feel the energy flowing out of my hands into the person on the table.” Amber paused and thought for a moment. “My hands felt energetically huge,” she continued. “Like a bear's paws. My hands were pulsating with energy. This has happened periodically over the three years.”

Amber described sensations of floating, body spasms, tingling and energy streaming throughout her body during her work at the healing school. These are all sensations that she also felt during a possible energy treatment she underwent at the hands of non-human intelligences. However, Amber did not experience the last phase of the sequence described above. “I have never experienced the gentle pelvic movements at the healing school that I did aboard the space ship,” Amber said. “The only other time I have had similar pelvic movements is after the climax of a sexual encounter. I sometimes experience the same gentle pelvic movements then, but not all of the time.”

People who undergo energy medical procedures here on earth often see colors in their mind's eye related to the treatment. Practitioners frequently relate these colors to work on

specific energy chakras of the body. In her regressions, Amber recalled being “pulled” or being moved through a tunnel. “I was amazed by the colors I saw,” she said. “The colors were suspended in the air in the tunnel. It was as if I were a car in a car wash, being pulled or moved through various washes. As I moved along in the tunnel, I was moving through two color 'washes.' I first saw a granite gray mixed with blue followed by a red mixed with the dark gray. As I was moving through the tunnel, I couldn't feel the colors on my skin. But I felt there was a reason that I was moving through them.”

## **The Implications of Energy Treatment by Non-Human Intelligences**

Energy medicine has been practiced on earth for millennia, yet it is little understood, even by its practitioners. One could make a case that, at their foundations, all forms of human medicine are energy medicine. All schools of medicine—even drug-oriented, technological allopathic medicine—recognize the existence of a natural healing force within the human organism. All healing is essentially self-healing and the various medical approaches are basically attempts to assist the body in healing itself or in preventing illness in the first place. Since we understand so little about ourselves and about our body's natural energy functions, it is not surprising that we understand even less about possible non-human energy interventions with experiencers.

It was around 1989-90 that Amber first became interested in other realities and subtle energies. But it was not until 1998 that she uncovered the encounter with non-humans that she now feels led her to change her life dramatically. “This encounter seems to have played a key role in my major life changes,” Amber asserted forcefully. “From all I can see, when looking at my life since this experience, something was activated in me, opened up, cleared out, jump-started—however you want to put it—after my ET experience. Maybe it was the 'energy washing' in combination with the other procedures I received that made this happen. After this experience, I began to make uncharacteristic decisions that took me to a completely new place. Slowly, I began to change my life, was attracted by entirely different things, and actively searched for a better understanding of spirituality. Gradually, I recognized that I needed to find out who I was and not live a life doing what I thought was expected of me.”

Amber now believes that the ETs were heightening the energy level in her body making her aware of things she had not felt before. “I had never felt the energy moving up my torso before,” she said. It was *my own energy!* It could be that this opened something that was already in me. I already had the capacity but I was vibrationally raised to a higher or deeper level of functioning. It had an expansive effect on me. The ET experience influenced me to be more selective in my choices in life. Since then, I have chosen things that are more akin to who I really am.

“A year or so after the extraterrestrial experience, which I was unaware of at the time, I went to see a psychologist for a different reason. Sometime during the first year we worked together, she asked me 'What do you want to be?' I answered immediately, 'A healer.' I had only recently left the business world. I was surprised, even embarrassed, by my answer. I

had no idea where the thought came from.”

Over the past year, Amber has come to the conclusion that it is highly likely that her interest in energy and healing, and in being a healer, was greatly affected by her encounters with non-human intelligences. “After my 1990 experience,” she said, “I slowly became in touch with feelings that were masked and hidden from me. I have read recently that many people who have encounters or abduction experiences develop an interest in healing and even go on to become healers. This may be true of me as well. I am excited about the possibility that my experiences have been leading me towards healing. I am now at a turning point in my life where I am making critical decisions and all of this contributes to my great interest in the questions surrounding contact with other intelligent life forms.”

As the interview came to a close, Amber recalled an experience that may have been a prelude to her encounters. Whether it was or not, it was significant in that it signaled a change in her life's direction, even though she was unaware of that at the time. “Just before I moved to the East Coast,” Amber said, “I lived in the mountains out west. There I developed a friendship with two people who were devotees of Siddha Yoga. This was my first exposure to Eastern spirituality. Over the next year, I went to two weekends called Intensives at which I received Darshan from their guru, Gurumayi Chidvilasananda.”

Amber encountered the phenomenon of kundalini at this meeting with the guru. “It is said that the kundalini—the energy that travels in the body from the base of the spine upward through the chakras—is activated during an audience, or Darshan, with a true guru. Although I liked the teachings, I did not become a devotee or otherwise follow this practice. However, shortly thereafter, I did undertake my first 'Cosmic Consciousness' action.”

Amber drove with some friends to the saddle of Independence Pass in Aspen, Colorado before sunrise to witness the harmonic convergence of planets. “I think it was in either 1986 or 1987,” she said. “We were there for the harmonic convergence. As dawn broke, with eight of us huddled under a big blanket, we took turns speaking. I made a declaration to expand my life, to understand life in a broader sense. We were in this incredible place at a moment of intense planetary power. I didn't understand these things then but it was fascinating to me. Not long after this experience, a series of emergencies in my business forced me to leave the mountains and move to the East Coast, where I had the transformative ET experience with the symbols I described. I sometimes wonder if this was an opening that made the ETs interested in making contact with me. Or was it that earlier encounters with ETs opened me to this new arena?”

Prior to her recent regression work, Amber was a “tabula rasa” as far as the extraterrestrial phenomenon was concerned. She had read nothing about UFOs, the abduction phenomenon, interdimensional travelers, metaterrestrials, ultraterrestrials, crashed discs, reverse engineering or the like. Things have changed. “Now I am excited about reading other people's experiences,” she said. “I find myself completely absorbed in reading about ET information. Reading about what others have gone through helps me to reflect on my own encounters.”

For Amber, as for many involved in exploring human encounters with non-human intelligences, there is an exciting sense of being at the beginning of things. “I am fascinated by the light, vibration, energy and energy medicine phenomena that are associated with UFOs and encounters with non-humans,” she said. “The whole subject of subtle energy is intriguing to me. It seems that these ET experiences are responsible for awakening me to other realities. This has led to my personal and professional transformation, to a profound change in my inner and outer life. I want to go further with my healing studies and will continue at school to do healing work. I believe it is a good fit for me though I am not sure now what form it will take. I think I may want to work as a healer with abductees or experiencers. This is a question that is on my mind lately—why don't I work with experiencers? Why don't I use what I have learned at the healing school and elsewhere to help? I know I have more work to do, but I am moving in that direction.”

## Conclusion

Many men and women who have had encounters with non-human intelligences have developed profound interests in healing and become healers. A large percentage of experiencers or abductees also become intensely interested in energy phenomena, such as energy medicine. Amber is not unique in this sense. One aspect of Amber's encounter may be unique or at least rarely reported. During the procedures Amber underwent, there was *asequence of physical responses* to the non-human activities that may be recognizable to one familiar with a form of energy medicine called orgone therapy.

Orgone therapy was developed by the pioneering physician-scientist Wilhelm Reich. It is not to be confused with the plethora of so-called “Reichian” therapies which usually bear very little resemblance to the therapy Reich practiced. Those who wish to learn about orgone therapy can read Reich's ground-breaking books, *The Function of the Orgasm* and *Character Analysis*. There the reader can delve deeply into Reich's work on orgone (life) energy and its applications to human health and happiness.

Amber reported that she experienced intense whole body muscle spasms; less intense, local muscle spasms; a sense of tingling in various areas of her body; a streaming sensation of energy moving throughout her organism; and finally a gentle, spontaneous movement of her pelvis. The *sequence of events* Amber described is similar to what may occur over the course of a successful treatment with orgone therapy. It does not occur during a single session of orgone therapy, but rather, over a period of months or years. The gentle, spontaneous pelvic movements are usually a sign that the individual's chronic and rigid muscular and character armoring is softening, allowing the bioenergy to course more freely through the organism.

At the completion of a successful course of orgone therapy, patients often undergo the kind of basic changes in their attitudes toward sexuality, love, work and social interactions that Amber has experienced since her encounters. Patients usually become more genuine, more their true selves. They frequently make dramatic, positive changes in their lives. They feel a deeper contact with reality on all levels.

Could it be that Amber's encounter with non-human intelligences involved neither the study of human sexuality nor genetic engineering, but rather, the administration by non-human intelligences of a transformative energy medicine? Is there a connection between the physical orgone energy medicine demonstrated scientifically and used therapeutically by Reich and Amber's energy treatment, which proved to be profoundly transformative over the ensuing years? These questions will be explored further in other articles. They involve fundamental aspects of the human-ET relationship that are not understood and that deserve further exploration.

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