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CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 30

WEDNESDAY, JULY 11, 2018

NO. 28

INSIDE YOUR FORUM

LIVING



Summer Salads

Simple summer salads for a cool and healthy easy-to-make meal

Page 6

H&F



Signs of Stroke

Would you or your loved ones know what to do in the event of a stroke?

Page 9

NEWS



E-Waste Event

CVSan Recycles Day event next month at Canyon Middle School

Page 16

INDEX

Classified Ads	12
Community Calendar ...	4
East Bay Living	6
Health & Fitness	9
Homes	11
Horoscope	14
Obituaries	14
Our Town	3
Sports	8
Weather	2

PHONE: (510) 537-1792



PHOTO COURTESY OF ERIC NELSON

CONGRATULATIONS: from left, Emma Neal, Matthew Kuan, Kristie Lin, Alex Dughi, and Grant Kinsley.

Castro Valley Crocodiles Honor Graduating Senior Swimmers

The Castro Valley Crocodiles Swim Team recently honored its five graduating senior swimmers — Emma Neal (5 years), Matthew Kuan (5 years), Kristie Lin (10 years), Alec Dughi (5 years) and Grant Kinsley (4 years).

During their tenure, each contributed mightily to the team's success with both skill and sportsmanship, and in the process set a fine example for younger swimmers.

At the break of the final home meet, each swimmer stood for introduction and once done, the entire group dove off the blocks in unison for a victory lap, greeted on the opposite end by their parents.

The Crocodiles are celebrating their 20th year in the East Bay Swim League and having one of their best years ever with a current overall record of 4-1. They remain undefeated in their

division with two dual meets remaining before the July 28th Championship meet at Chabot College. The Champs meet will include all 12 EBSL teams with nearly 1200 swimmers.

The final dual meet of the season on July 21st will be the "Battle of the Valley" against the Chabot Marlins with the winner claiming bragging rights and the Castro Valley cup trophy!

—Eric Nelson

CV Pride Celebrates its 8th Year This Saturday

Castro Valley Pride is back for its 8th annual celebration this Saturday at Castro Valley High School, with a lineup of entertainers, speakers, food trucks and more than 70 vendors and community groups.

Billed as a family event, with no alcohol and no nudity, the afternoon event has 10 faith groups participating this year, more than any other pride event in the Bay Area, according to organizer Billy Bradford.

"We think it's important for our community to understand that our families are the same as theirs, and that we live right alongside them in Castro Valley and many other small East Bay communities," says Bradford.

"We shop at the same stores, our kids go to the same schools, and we

share the same visions and values that all small town Americans have."

This year, a second stage has been designated for family entertainment with karaoke and games for kids.

Among the bands that will be performing is "Standoff" from Castro Valley High School, and blues act JoAnne LeBlanc is back for her third year. Audio is being handled by Mel Speed of The Music Company/TMC Productions of Castro Valley.

Last year, some 2,500 attended the event and Bradford expects to have even a larger crowd on hand this year.

The free event is scheduled from noon to 5 p.m. at Redwood Road and Heyer Ave. in Castro Valley. For more information on this event, please visit: www.castrovalleypride.com/



Castro Valley Pride is back for its 8th annual celebration this Saturday at CVHS.

MAC Rejects Any CV Pot Businesses

By Amy Sylvestri
CASTRO VALLEY FORUM

Because Castro Valley Municipal Advisory Council (MAC) member Dave Sadoff did not attend this week's meeting, the planned election of a Chair for the council was put off until their next meeting.

At last week's meeting, member Ken Carbone was nominated by Sadoff to replace current Chair Marc Crawford, but Crawford seemed reluctant to step down and the discussion was tabled.

Monday night's meeting began with the MAC soundly rejecting a proposal from the county to allow businesses that deal with marijuana infrastructure.

Having already expressed desire to keep cannabis dispensaries out of Castro Valley, the MAC said on Monday that they don't want marijuana manufacturing, cultivation, or testing in the community either.

The county is currently visiting various community groups in the unincorporated areas to see whether they'd be open to such cannabis-related businesses.

Alameda County Supervisor Wilma Chan has also *see MAC on page 7*

GRAND JURY REPORT

Free Coliseum Tickets Being Used Unfairly

The Alameda County Civil Grand Jury, in its annual report on local government, has called out both the County and the Oakland/Alameda Coliseum authority for bad behavior in the way it distributes expensive tickets to sporting events and concerts.

The jury acts as a watchdog and investigates various public authorities, then releases a report of its findings each summer.

In its final report for 2018, the Grand Jury said public entities each get the same amount of free tickets to events at the Coliseum complex to give out to non-profits for fundraisers or other purposes that benefit the public.

"Indeed, access to free luxury suite tickets that can be raffled or auctioned would be a lucrative source of funds for revenue strapped non-profit community organizations," the Jury said. "This is especially true for high-demand/high-value tickets such as those to Golden State Warriors and Oakland Raiders games."

"It is spectacularly so for tickets to the Warriors post-season games, when luxury suite tickets sell on the open market for thousands, even tens of thousands, of dollars per seat," the Grand Jury wrote.

But the jury found that these tickets are not distributed ethically.

see TICKETS on page 15







Castro Valley Weather July 11 - 15, 2018



Wednesday
Fog then Sun
High 81° Low 59°



Thursday
Fog then Sun
High 81° Low 60°



Friday
Mostly Sunny
High 78° Low 59°



Saturday
Fog then Sun
High 78° Low 59°



Sunday
Fog then Sun
High 81° Low 60°

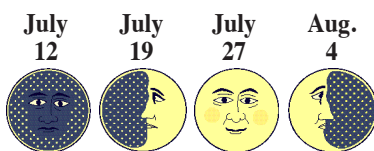
Almanac



Past Week's Rain: 00.00
Season To Date: 00.00
Normal To Date: 00.00
Season Average: 21.22

Sun sets at 8:32 p.m. today, rises at 5:58 a.m. Thursday.

Moon Phases



PG&E Offers Tips on How to Keep Your Cool This Summer

Hot temperatures are expected in the East Bay in the next few weeks and PG&E has these tips to help you cope.

Avoid strenuous activities in hot, direct sunlight. Drink plenty of water and avoid alcohol or caffeine when the weather is hot.

Pay attention to your body. Muscle cramps, dizziness and nausea may be signs of a heat-related illness.

Customers with air conditioners can cool their home for less as temperatures heat up:

Raise the thermostat when at home and turn it up when leaving: Customers can save on annual cooling costs for each degree the temperature is increased in their home during the hot summer months.

Set the thermostat to 78 degrees when at home, health permitting. Turn it up to 85 degrees when not at home.

Check air filters once a month: Heating and cooling consume the

most energy in the average home — up to 50 percent of total home energy use. Dirty filters cause your system to work harder to keep the area cool, wasting energy and money.

Consider purchasing a smart thermostat for your home: Through PG&E's Smart Thermostat Rebate, customers receive a \$50 rebate on the purchase of new smart thermostat to help save on home heating and cooling costs.

Visit PG&E's Marketplace to compare and shop for qualifying Energy Star models.

Maintain your air conditioner: Customers can lower their monthly energy bill by keeping air conditioning equipment working at top efficiency. PG&E's AC Quality Care Program offers a free AC assessment ahead of summer and list of available AC-related rebates.

For more on how to save this summer, visit pge.com/summer.

Village Bicycle Shop Heist

Eden Bicycles in the Village was broken into by a pair of thieves at just after 4 a.m. on Friday, July 6.

Security camera footage shows two men in a white van pull up in front of the shop and then exit the vehicle and checkout the storefront. The pair then smash a large front window, enter the store and steal three bikes before driving off.

According to the shop, the bikes that were stolen were among the less expensive bikes because others were locked down.

Castro Valley Cyclery reported a similar looking van and set of suspects tried breaking into that shop early one morning about a month ago, but ran off before stealing anything when interrupted by an employee.

GOT A NEWS TIP? CALL (510) 537-1792
OR EMAIL: fredz@ebpublishing.com

castro valley pride

awareness - community - diversity

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JOANNE LEBLANC &
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Public Help Sought in 2 Cold Cases

The Alameda County Sheriff's Office is asking for the public's help in solving a pair of cold care homicides in the unincorporated area from 2007.

Gary Wayne Jones was shot to death on June 28, 2007 while buying gas at the ABE station near the intersection of Lewelling and Mission boulevards in Hayward. Investigators believe that the 37-year-old John was the victim of a robbery.

Ther suspect was described as a Hispanic male, about 17 to 20 years old, around 6 feet tall, will long, dark hair.

The suspect's vehicle was described as an early 1990s model silver Dodge or Plymouth minivan with tinted rear windows and a luggage rack on the roof.

In a separate incident, Marco Antonio Velasquez, 27, was shot on July 1, 2007 near the corner of A Street and Princeton Ave. in Cherryland.

Velasquez died a short time later on the 300 block of Smalley Ave., about a block and a half away from where he was shot.

Police believe that Velasquez may have been confronted by two black males and, after an argument, one of the men shot Velasquez. Authorities say that several rounds were fired and Velasquez was hit twice.

Anyone with info is asked to call the sheriff's office at 510-667-3661 or the anonymous tip line at 510-667-3622.



PHOTO BY TAMMY MACKIN

Water Main Break On Somerset Ave.

The Alameda County Fire Department responded to a break in a service line that connects to the water main on Somerset Ave. between Stanton Ave. and Sprague Court just after 7:30 p.m. last Wednesday. The incident caused minor flooding and a shut-down of water service in the neighborhood for several hours. The East Bay Municipal Utility District arrived within minutes to make repairs and restore service.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Driving Under Influence Of Alcohol

Sunday, July 8: at 2:50 a.m., Sheriff's deputies arrested a 25-year-old man from Oakland on suspicion of driving under the influence of alcohol. The man was traveling on John Drive near Castro Valley Boulevard when deputies spotted him driving erratically. Deputies report the man failed his field sobriety test and he was taken into custody.

Public Intoxication and Probation Violation

Saturday, July 7: at 9:14 p.m., a 38-year-old woman from Hayward was arrested on suspicion of public intoxication and violating the terms of her probation. Deputies stopped the woman for questioning outside a business on Center Street near Grove Way when they noticed she was unable to answer questions directly. The woman failed her field sobriety test and was taken into custody.

Grand Theft Auto By Wanted Man

Thursday, July 5: at 11:04 p.m., deputies arrested a 28-year-old man who gave no address on suspicion of grand theft auto. The man was spotted trying to break into a car in the Castro Village Shopping center on Castro Valley Boulevard. Deputies also reported the man had an outstanding warrant issued for his capture. The man was taken to Santa Rita Jail and held without bail.

Assault and Battery

Thursday, July 5: at 10:54 p.m., a 53-year-old man from Hayward was arrested on suspicion of assault and battery. Deputies responded to an emergency call about an altercation outside a business on Redwood Road near Grove Way. The man was also wanted as part of a warrant issued for his arrest. Deputies handcuffed the man and took him to Santa Rita Jail pending \$5,000 in bail. The victim was treated at the scene.

Stealing Hospital Property

Thursday, July 5: at 9:44 p.m., deputies arrested a 61-year-old man with no permanent address on suspicion of stealing nearly \$1,000 worth of hospital property and possession of stolen property. The man was also wanted as part of a warrant issued for his capture. Deputies were called to Eden

Medical Center on Lake Chabot Road after hospital security caught the man trying to leave with medical supplies in his pockets. The man was taken to Santa Rita Jail pending \$20,000 in bail.

Traffic Stop Puts Two in Jail

Thursday, July 5: at 12:33 p.m., two people were arrested following a traffic stop at the corner of Orange Avenue and Dolores Avenue. Deputies charged the driver—a 54-year-old man from Castro Valley—with possession of illegal drug paraphernalia. The passenger—a 33-year-old woman from Fremont—was charged with contempt of a court order. The woman also had an outstanding warrant issued for her arrest. Deputies took the woman to Santa Rita Jail pending \$2,500 in bail. The man was taken into custody.

see REPORTS on back page

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Sat, July 21, 1pm - Gus Wedemeyer's 3 O'Clock Jump
Sat, July 21, 6pm - South 46
Sun, July 22, 3pm - Johnny Mahalo and The Wild Coconuts

Fri, Jul 27, 8pm - Re-wind, That 80's Band
Sat, July 28, 6pm - The Simms Band
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The Week Ahead

● Wednesday, July 11: Women Engineers Showcase

Join us as Castro Valley High School's Society of Women Engineers opens up an interactive engineering fair that invites you to examine and play with a variety of activities that explore and celebrate all aspects of STEM (Science, Technology, Engineering, Mathematics) from 3:30 to 5:30 p.m. today at the Castro Valley Library. Through these activities, the society hopes to expose kids to mechanical engineering and some of the accomplishments of female engineers, all while encouraging young people to pursue their interests in STEM. All ages are welcome, fun for the whole family.

● Thursday, July 12: Ice Cream Social Luau

The Aitken Senior Center at 17800 Redwood Road in Castro Valley will host its annual Ice Cream Social Luau from 1:30 to 3 p.m. tomorrow. Beat the heat and enjoy some ice cream with your friends and family. All ages welcome. Dress in Hawaiian attire to get into the spirit. We will have ukulele music and Hawaiian dancers to teach you some Island moves. Sundaes are just \$2 each — please bring exact change or small bills only.

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CASTROVALLEYFORUM.COM

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ARIES (March 21 to April 19) Your zeal for challenges usually works well for you. But this week it's best to avoid jumping into new situations without more information. Vital news emerges by the weekend.



TAURUS (April 20 to May 20) Once again, the Bovine's patience pays off as that pesky problem works itself out without taking too much of your valuable time. A new task opens interesting possibilities.



GEMINI (May 21 to June 20) Those suggestions you want to share need to be set aside for a while so you can focus on the job at hand. There'll be time later to put your ideas into a workable format.



CANCER (June 21 to July 22) Be sure about your sources before you use the information in any decision you reach about your new project. Some of the data might be out of date or misinterpreted.



LEO (July 23 to August 22) A sudden challenge might rattle you at first. But pump up that strong Lion's heart with a full measure of courage, and face it with the continuing support of family and friends.



VIRGO (August 23 to September 22) Watch your expenses this week so you can have a financial cushion to fall back on should things tighten up later this month. Money matters ease by the 1st.



LIBRA (September 23 to October 22) Uncertainty over workplace policy creates anxiety and confusion among your colleagues. Don't be surprised if you're asked, once again, to help work things out.



SCORPIO (October 23 to November 21) The workweek keeps you busy tying up loose ends and checking data that needs to be verified. The weekend offers a chance to relax and restore your spent energies.



SAGITTARIUS (November 22 to December 21) This is not the best time to go to extremes to prove a point. Better to set a sensible goal now and move forward. There'll be time later to take the bolder course.



CAPRICORN (December 22 to January 19) A step-by-step progression is the better way to move ahead. Taking shortcuts could be risky at this time. Important news arrives on the 1st.



AQUARIUS (January 20 to February 18) Avoid getting drawn into workplace disputes that should be handled by those directly involved. Instead, spend your energy developing those new ideas.



PISCES (February 19 to March 20) You still need to be prudent about money matters. But things start to ease by the end of the week. A weekend encounter with an old friend brings welcome news.

● Thursday, July 12: Toddler Time: "Recycling"

Recycling reduces the amount of waste that gets sent to landfills, conserves natural resources, and saves energy. Toddler Time is a family program geared toward children ages 1-5 and their caregivers. Older siblings are always welcome. This special program will be from 10:30 to 11:30 a.m. tomorrow at the HAHS Museum of History & Culture, 22380 Foothill Blvd. in Hayward. Suggested donation is \$5.

● Saturday, July 14: 8th Annual Castro Valley Pride Event

Everyone is invited to join Castro Valley Pride to embrace diversity and resist intolerance, from noon to 5 p.m. this Saturday at the Castro Valley High School Stadium Plaza, Redwood Road and Heyer Street. Family-friendly and alcohol-free, the event features entertainment by House of Fab, Joanne LeBlanc & the Fugitive Blues Band, The Kippy Marks Band, Standoff and East Bay Digital Sound, with Emcee Charmalina. For more info, visit www.castrovalleypride.org

● Saturday, July 14: Redwood Chapel Annual Car Show

Redwood Chapel at 19300 Redwood Road in Castro Valley will hold its annual Flatheads Car Show this Saturday, July 14. For more information, call 510-886-6300 or visit redwoodchapel.org

● Saturday, July 14: Why Men Like Quilts

What do men like in quilts? Hear the answer at this Saturday's meeting of the Amador Valley Quilters when four husbands of members — Jack Brophy, Frank Chambers, George Crozier, and Jeff Lenigan — share and explain their favorite quilts. Meetings are held the second Saturday of the month from 1:30 to 4 p.m. at Pleasanton Middle School, 5001 Case Ave., Pleasanton. Guests are welcome.

● Saturday, July 14: The Rapture of Raptors

Experience watching raptors riding the winds, catching the currents, soaring and diving for prey, and meet falcons, hawks and an eagle at a special adult nature presentation from 4 to 5:30 p.m. this Saturday at the Sulphur Creek Nature Center, 1801 D St. in Hayward. To register (\$18) visit www.haywardrec.org or call 510-881-6700.

● Saturday, July 14: Sports Collectors' Show

American Legion Post 68 is hosting a Sports Collectors' Show from 10 a.m. to 3 p.m. this Saturday at the Hayward Veterans Building, 22737 Main Street. If you would like to take part in this event, contact Edward Castillo, P.O. Box 122, Hayward 94543, or call 510-348-7771, or email ercastillo@yahoo.com

● Saturday, July 14: Essential Skills for Family Caregivers

Learn about basic skills such as wound care, operating medical equipment, bathing, understanding medical terminology and implementing personal and home safety measures at a class on Essential skills for the family caregiver this Saturday from 9:45 a.m. to noon. This free class will be held at Hope Hospice, 6377 Clark Ave., Suite 100, Dublin. Register online at HopeHospice.com

● Saturday, July 14: 'Relay for Life' Fund-raiser

Bring a picnic, enjoy local wines, dance to a live band, all while supporting the American Cancer Society at a special Relay for Life fundraiser from 5 to 8:30 p.m. Saturday at Chouinard Winery, 33853 Palomares Road, Castro Valley. Call Joanne at 510-331-3335 for reservations.

● Saturday, July 14: Hearing Loss Picnic CANCELLED

Because of poor response to our invitation, and with so many people traveling, the Bay Area Chapter has had to cancel our Saturday plans for another family picnic. We hope this doesn't inconvenience anyone.

● Sunday, July 15: Prepping Your Garden for Fall

One of the many benefits of our climate is being able to garden year-round. Fall is a great time to garden. Let's get ready by attending a special session at the Castro Valley Library from 2 to 4 p.m. this Sunday. Taught by Lori Caldwell — The Compost Gal — the class will cover techniques for transitioning to a fall garden. You'll learn about cool-weather crops, seed-starting, crop rotation, sheet mulching, and planting natives. This program is free and no advanced registration is required.

● Sunday, July 15: Auditions "Four Men in Paris"

Auditions for "Four Men in Paris" will take place from 1 to 4 p.m. this Sunday at Smalltown Society in Castro Valley. Casting 5 men and 5 women for this touching Civil Rights Movement drama to be performed by Plethos Productions at the Douglas Morrisson Theatre October 12-14. Auditions are by reservation only at plethos.org

● Monday, July 16: Municipal Advisory Council Meeting

The Castro Valley MAC will hold a regular meeting at 6 p.m. on July 16 at the Castro Valley Library. Visit acgov.org/bc/cvmac for agenda.

● Tuesday, July 17: Buon Tempo Family-Style Dinner

Everyone is welcome to attend the next Buon Tempo Italian American Club's family dinner at 7 p.m. on July 17 at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. Chef Craig Durao's team will serve a five-course dinner of pork spare ribs. Dinner is \$15 for members, \$20 for non-members. Red and white wine and soda are included. Happy hour at 6:30. Reserve by Friday, July 13, by calling the Buon Tempo dinner line at 510-483-6929 (option 1). For info about events/membership, visit www.buontempo.org.

● Tuesday, July 17: Rotary: "An Update on PG&E"

The Rotary Club of Castro Valley will host Tom Guarino and Laura Wetmore from PG&E who will provide an update on PG&E locally. The program and a buffet lunch take place at Redwood Canyon Golf Course in Castro Valley from noon to 1:30 p.m. The cost of lunch is \$20. Make reservations by 9 p.m. on Sunday, July 15, by contacting Rotary at cvrotary@iCloud.com or 510.402.5123. More information is available at castrovalleyrotary.org.

● Wednesday, July 18: Senior Financial Abuse Workshop

The Aitken Senior Center at 17800 Redwood Road in Castro Valley will present a Financial Abuse Awareness Workshop from 10 to 11 a.m. on July 18 when a representative from Wells Fargo will help you identify and protect yourself against elder financial abuse. Learn how your identity can be compromised, ways to protect your information and what to do if you experience identity theft or fraud. To sign up for this free seminar, or for more information, call 510-881-6738.

Arts & Entertainment

THEATRICAL & MUSICAL PERFORMANCES

● Support Community Theatre! This Friday and Saturday, July 13-14, Castro Valley Dramatic Arts Academy presents Jane Martin's **"Double Double,"** at 6:30 p.m. and Shakespeare's **"A Midsummer Night's Dream,"** at 7:45 p.m. at the Douglas Morrisson Theatre, 22311 N. 3rd St. in Hayward. For tickets (suggested donation of \$30 adults/\$20 students for both shows, \$20/\$15 for single show) visit cvdaa.org

● **"Oklahoma!,"** Rodgers & Hammerstein's classic Broadway musical, will be presented by Woodminster Summer Musicals and Producers Associates, Inc. at 8 p.m. on July 12, 13, 14 and 15 at Woodminster Amphitheater, Joaquin Miller Park, Joaquin Miller Road at Upper Sanborn Drive, in Oakland. Tickets at 510-531-9597 or www.woodminster.com or at the box office before any performance.

● **"Summer Concert: Six Continents of Music,"** will be presented by the Morrisson Theatre Chorus under the direction of César Cancino, featuring lively, tropical, and romantic rhythms from around the world, at 8 p.m. on Friday and Saturday, July 20-21, and at 2 p.m. on Sunday, July 22, at the Douglas Morrisson Theatre, 22311 N. Third St., Hayward. For tickets (\$18, \$15, \$12), visit www.dmtonline.org or call 510-881-6777.

● **"The Mousetrap,"** by Agatha Christie, will be presented by the San Leandro Players from July 21 to Aug. 19 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro. A group of strangers trapped by a snowstorm discovers that a murderer is among them. Show times are Saturdays at 8 p.m. and Sundays at 2 p.m., plus the Fridays of Aug. 10 and 17 at 8 p.m. Tickets are \$20 general, \$15 seniors. For more information or for reservations, call 510-895-2573 or visit www.slplayers.org

AT THE GALLERIES

● **The Magic of Collaboration**, an exhibit showcasing an array of collaborators from family members to artist collectives, continues at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. For more information, visit adobegallery@haywardrec.org or call 510-881-6735.

● **"Black & White in Black & White: Images of Dignity, Hope, and Diversity in America,"** a collection of early 20th Century portraits of African Americans in Nebraska printed from glass plate negatives, will be on display in the Community Gallery at the HAHS Museum of History & Culture, 22380 Foothill Blvd. in Hayward through Aug. 19. The images were taken between 1910 and 1925.

● **#Climate Change: An Unfolding Emergency** featuring the works of more than 20 artists is being presented by Sun Gallery, 1015 E St. in Hayward. For more info on the exhibit, call the Sun Gallery at 581-4050 or visit www.SunGallery.org

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MAC: County Will be Holding Series of Meetings on Marijuana Manufacturing Facilities

continued from front page

ready indicated she didn't want such businesses in San Lorenzo, and Supervisor Scott Haggerty has said he doesn't want any more in the unincorporated east county area, either.

MAC member Carbone said that, marijuana aside, he couldn't see how such a business would fit into Castro Valley.

"I can't see anywhere that would remotely support this; it's too industrial," said Carbone.

MAC member Chuck Moore said he doesn't like the county foisting any type of business on communities.

"I want to see us asking for business rather than having businesses dumped on us," said Moore.

And MAC member Linda Tangren said that the MAC may oppose the idea, but that doesn't mean the Board of Supervisors won't ignore their desires just like they did when they voted last year to double the number of cannabis dispensaries allowable in the unincorporated area.

"Are we just spinning our wheels here?" asked Tangren.

The county will be holding a series of meetings on marijuana manufacturing facilities and the matter is set to go before the Board

of Supervisors Unincorporated Services Committee on Tuesday, July 25 at 6:30 p.m. at the San Lorenzo Library, 395 Paseo Grande.

Also at Monday's meeting, the MAC heard again from the First Presbyterian Church about their plans to build six "tiny homes" for the homeless on their property at 2490 Grove Way.

The church has been before the MAC several times in hopes of getting a conditional use permit, but once again the council told them their plans were not complete — even if their goals are admirable — so the council tabled the issue again for a future meeting.

The major issue that needs to be resolved before the MAC could give approval is whether the tiny home project would legally be considered a mobile home park, in which case it would be subject to more state regulations even if they were approved by the MAC and the county.

"I don't think the church is aware of the minefield they are stepping in," said Crawford, who urged the church to vet the project with the state department of Housing and Community Development.

The church has received \$200,000 from Alameda County to build the infrastructure of the

project — the six small structures, fencing, and security cameras. Last year, the county estimated that there are about 50 homeless people currently living in Castro Valley, with many in encampments by the creek, but there are no exact figures on the homeless population.

As in past meetings, a few neighbors spoke at Monday's meeting, saying the project is not a good fit for the area and will lead to increased traffic, decreased property value, and other issues.

Neighbor Claire Orr told the MAC that she was concerned that "the feel-good aspects are overshadowing" other factors includ-

ing the safety of people living in the area, where there have been a few car break-ins.

"I know there is the 'not in my backyard thing,' but this is literally in my backyard," said Orr. "I'm unnerved by the lack of security."

MAC Chair Marc Crawford reiterated that he knows the church has good intentions, and added that MAC is already being flexible by considering allowing a residential use for a commercial zone, but they just can't let church do whatever they'd like.

"It's not anything goes," said Crawford. "We have to do things legally."

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ATHLETES OF THE WEEK



Castro Valley Girls Synergy Softball Team

This week's Athletes of the Week are the members of the 12U Castro Valley girls Synergy softball team. They finished 4-1 at the NorCal Softball Championships in Sunnyvale over the weekend of June 23-24, which qualified them for the USA California State Games in San Diego's Region 10 Tournament.

Throughout the weekend, Synergy beat South Valley Stealth 16-10, the PH Panthers 12-7, the Spirit of Morgan Hill 15-3, and Sunnyvale Shockwave 12-6, before losing 3-2 against the Millbrae Mischeif. With their wins, they qualified for a trip to San Diego and will be competing there this weekend, July 13-15.

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VOLLEYBALL

Register Now for USYVL

The United States Youth Volleyball League (USYVL) registration for the 2018 fall program in Fremont, is now open.

The instructional volleyball league will provide boys and girls ages 7-15 the opportunity to learn and play volleyball in a fun, safe, and supervised environment.

The eight-week developmental league provides participants instruction twice per week, designed to teach basic volleyball skills, in a positive environment. The program is structured around the principles of participation, teamwork, skill development, sportsmanship, and fun.

Practices and games operate in a coed format and offer participants the opportunity to develop self-esteem and confidence.

USYVL's Fremont league will begin Sept. 12 and will run through Nov. 3, at Irvington Community Park. Practices for the league will be held on Wednesdays from 5:30-6:30 p.m. and games on Saturdays 10 to -11 a.m.

Registration for participants is available online at www.usyvl.org



DSAL, Andre Ward Boxing Event July 14

The Alameda County Deputy Sheriffs' Activities League (DSAL) Boxing Academy, in association with the legendary Andre 'S.O.G.' Ward, will host an amateur boxing event and outdoor festival entitled 'The Generation NEXT Showdown' on Saturday, July 14, at the Hayward Adult School gymnasium.

The Generation NEXT Showdown will feature more than 20 amateur boxing matches and a full day of family friendly activities, including, a rock wall, bouncy house, face painting, special intermission entertainment, food, and more. In addition, guests can attend a meet-and-greet with Ward. Tickets for The Generation NEXT Showdown are only \$15 for general admission and \$25 for ringside and are currently available at <http://www.acdsal.org/> and www.andresogward.com. All proceeds from the event will benefit the Alameda County DSAL Boxing Academy.

The DSAL Boxing Academy provides free coaching, training, fitness, and mentoring for underserved youth in the community. Deputies volunteer time to coach youth and to raise money to pay for equipment and scholarships. This gives community members ages 8 and above, a chance to increase their fitness levels, gain self-confidence, learn boxing basics, and work their way up to advanced training. The Academy was proud to host the USA Boxing-sanctioned 'Summer Night Fights' in 2017 and the California Golden Gloves State Finals in 2018.

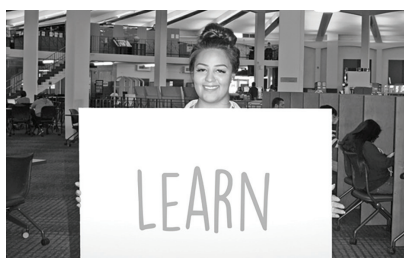
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- Thursday, August 9 from 5:30 - 8:00 p.m.
- Saturday, August 11 from 10:30 a.m. to 1:00 p.m.
- Sunday, August 12 from 10:30 a.m. to 1:00 p.m.

Fall Tryouts for Synergy 18 Gold will take place at Castro Valley High's Varsity Field on:

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IT'S IMPORTANT TO RECOGNIZE Signs of Stroke

STROKE AFFECTS MORE THAN 795,000 people in the United States every year. Also known as a "brain attack," a stroke occurs when a blood vessel that carries oxygen to the brain is blocked by plaque (*acute ischemic stroke*) or ruptures and bleeds (*hemorrhagic stroke*).

If you suspect stroke, call 911 immediately. Receiving immediate medical attention for a stroke before it starts affecting brain function is important. Stroke is serious; quick treatment can be the deciding factor between recovery and disability.

How To Recognize Stroke
Would you or your loved ones know what to do in the event of a stroke?
It's important to recognize all the ways in which stroke can present itself to be best prepared in the case of a medical emergency as the *see STROKE on page 10*

Consider Alternatives to Opioids To Manage Pain After a Surgery

If you're having surgery, you can expect to be sore and uncomfortable for a few days, whether you're recovering at home or in the hospital.

But it's best to limit opioids or avoid them altogether, opting for alternatives to manage pain and discomfort, recommends the American Society of Anesthesiologists (ASA).

Unfortunately, many patients leave the hospital following surgery with a prescription for 30 or more highly addictive opioid pills (e.g., Vicodin, hydrocodone and oxycodone), and about 6 percent are still using them three months or longer after the procedure.

"Nobody needs a prescription for 30 or 50 opioids, and even those who are in major pain should only take them for a day or two," said ASA President James D. Grant, M.D., M.B.A., FASA. "There are effective alternatives. Many people don't need opioids at all or at least should drastically



It's best to limit opioids or avoid them altogether

reduce the amount they take."

Addiction can start after taking only a few opioids. More than 2 million Americans abuse these medications, which can create a feeling of euphoria and make the body believe the drug is necessary for survival.

Since 2000, opioid overdose deaths in the U.S. have increased 200 percent.

Don't take that chance. ASA offers advice for coping with pain and discomfort as you recover from surgery.

● Ask about alternatives.

Only take opioids when you are in extreme pain. Medications such as ibuprofen (Motrin), naproxen (Aleve) and acetaminophen (Tylenol) can help with pain and soreness. While it's never a good idea to rely on any type of pain pills for too long, these medications are not addictive and are far less risky than opioids.

● Manage your expectations.

Everyone feels pain differently, but soreness and discomfort after surgery are normal and will improve within a day or two. These sensations are less severe than pain, which is usually sharp or intense. You usually don't treat muscle soreness after a hard workout with an opioid, so if you are sore, and not in severe pain, try ibuprofen or naproxen.

see OPIOIDS on page 10

Free Classes at Hope Hospice Teach Essential Skills for Family Caregivers

Many family caregivers are asked to perform a variety of medical or nursing tasks to enable a loved one to remain at home.

To help caregivers learn about basic skills such as wound care, operating medical equipment, bathing, understanding medical terminology and implementing personal and home safety measures, Hope Hospice presents a class titled "Essential skills for the Family Caregiver" from this Saturday, July 14.

Any community member engaged in the role of family caregiver or expecting to soon become a caregiver is invited to attend

these classes. The class will be held from 9:45 a.m. to noon in the 2nd floor conference room at Hope Hospice, 6377 Clark Ave. in Dublin.

Register online at HopeHospice.com or contact Hope Hospice Community Health Educator Debbie Emerson at debe@hopehospice.com.

Hope Hospice's Family Caregiver Education Series offers 14 classes designed to provide training, education, support, and resources for those caring for loved ones with chronic or disabling conditions.

To download a copy of the class

schedule, go to HopeHospice.com and select the Family Caregiver Education Series.

These classes are available at no cost to all community members; however, donations to Hope Hospice are greatly appreciated.

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Modern Workplace Technology Unlocks Possibilities for Those with Hearing Loss

By Sara Toler, Au.D.
SPECIAL TO THE FORUM

Technology continues to transform all aspects of work in America, improving productivity and making it easier to communicate.

Modern workplace technology has also unlocked new possibilities for people with hearing loss and the companies that hire them. New tools and software let them overcome many of the challenges that may have impeded their career success in the past, helping them to work to their full potential as high-performing employees.

While hearing aid technology certainly helps, many other technologies developed for the workplace can transform how employees with hearing loss go about their workday.

Helpful New Technology

1. Video technology—The use of video in the workplace has grown tremendously and it's become easier and more affordable to use this medium in introductions on your career page, orientation materials for new hires, and ongoing training programs for employees.

Graduations

Rachel Meer of Castro Valley, graduated this spring from Ohio Wesleyan University. Meer earned a Bachelor of Arts degree. Ohio Wesleyan University is one of the nation's premier liberal arts private universities located in Delaware, Ohio.



Today's technology can make work life easier for people who have a hard time hearing.

By making sure these videos include closed captioning, this powerful tool can help people with hearing loss learn about your organization, get up to speed once on the job and keep learning throughout their careers.

2. Instant messaging—Face-to-face meetings, phone calls and videoconferencing can all be difficult for employees with hearing loss. If they can't make out what's being said, they could miss important details or work directions.

The growing use of instant messaging software in the workplace helps eliminate that problem. There are now numerous platforms for communicating one on one or in group chats, letting employees with hearing difficulty easily understand their managers and peers.

3. Voice-to-text devices and apps—Special telephones that translate a speaker's voice into readable text have been around for years but new technology takes it a step further. Many apps can translate speech directly via a smartphone's microphone and display what's said on the device's screen. This provides a more portable and accessible way to ensure those with hearing loss don't miss out on important work conversations.

4. Video relay service—For employees who rely on sign language, work meetings can pose some challenges, especially if a live interpreter isn't available. However, through video relay services, a live sign language interpreter can help connect the two parties.

Through video from a smartphone or other device, the inter-

preter can translate what the other party says into sign language for the hard-of-hearing individual during an interview or an important business meeting.

Including People With Hearing Loss In The Conversation

With today's advanced technology, including discreet yet powerful hearing aids, it's easier than ever for someone with hearing challenges to communicate at work.

By removing barriers that traditionally limited how such individuals interacted with their colleagues, employees with hearing loss can be active participants and contributors in any work situation, from business-critical meetings to friendly discussions with their co-workers.

For further facts, visit www.signiausa.com.

—North American Precise Synd., Inc.

Stroke: The F.A.S.T Signs

continued from page 9
symptoms don't always appear the same in every person.

Many people may be familiar with the F.A.S.T. signs of stroke, but could you recognize all 10 signs?

1. Confusion
2. Difficulty Understanding
3. Dizziness
4. Loss of Balance
5. Numbness
6. Severe Headache
7. Trouble Speaking
8. Trouble Walking
9. Vision Changes
10. Weakness

As with most symptoms, these are not unique to stroke but if they appear quickly and are out of the ordinary, they may indicate a serious condition that requires immediate attention.

If you recognize any combination of these signs, it's okay to "overreact." Suspicion is enough reason to take action and call 911. Do not wait for symptoms to subside. The right care—right away—

has the potential to save both lives and quality of life.

Who Is At Risk?

While a stroke can happen to anyone at any time, certain factors can place your loved ones at an increased risk of having a stroke. One of the best ways to protect them from stroke is to know their risks and do what you can do to help reduce them.

While you can't control age or family history, there are many manageable risk factors that can lower your loved one's chances of stroke.

Some healthy life choices that decrease risk include:

- Not smoking or using tobacco products
- Limiting alcohol consumption
- Maintaining a healthy diet
- Exercising regularly.

Learn More:

To learn more about stroke and how to recognize all 10 signs and symptoms, visit www.signsofstroke.org.

—North American Precise Synd., Inc.

Opioids: Be Aware of Other Downsides

continued from page 9

● Be an active participant in your own care.

While you are in recovery, the nurse will ask you if you are in pain and if so, how much.

Be descriptive in explaining how you feel. If you are in major pain, ask that the opioid prescription be written for a small amount, and only take them for a day or two, three at most.

Your pain will improve significantly within a few days whether or not you take opioids.

Unused pills can fall into the

wrong hands. In fact, more than half of people who misuse prescription painkillers get them from a friend or relative.

● Be aware of other downsides to opioids.

Opioids cause severe constipation and often don't manage pain as well as people expect. Additionally, they can cause hyperalgesia, or an increased sensitivity to pain.

"The opioid crisis is huge and affects everyone, rich and poor, male and female. It's got to stop, and reducing opioid use during recovery after surgery is a big part of

the solution," said Dr. Grant.

"Those who are in continued severe pain after surgery should ask a physician anesthesiologist or other pain specialist about alternative strategies to manage pain, including exercise, nerve blocks and non-opioid medications."

For more information, review ASA's National Pain Strategy.

To learn more about the critical role physician anesthesiologists play before, during and after surgery, visit asahq.org/WhenSecondsCount

—BrandPoint

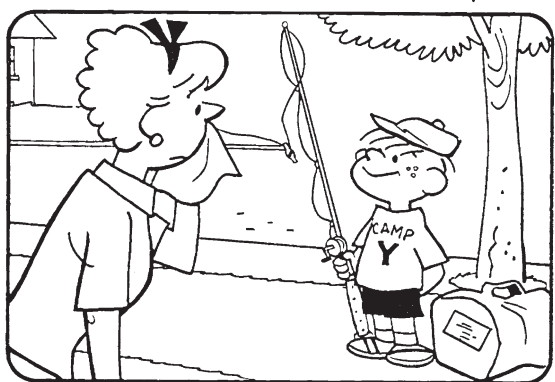
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BY
HENRY BOLTINOFF



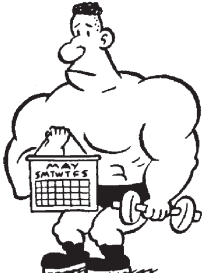
Find at least six differences in details between panels.



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RIDDLE CARD

1. What has more feet in winter than in summer?
2. What fastidious animal reminds you of a flower?
3. Which is the strongest day of the week?
4. On which side of a pitcher is the handle?
5. How can you make a coat last?



Answers: 1. A skating pond. 2. A dandy lion (dandelion). 3. Sunday, because all the rest are weak (week) days. 4. On the outside. 5. Make the trousers and vest first.

FIND THE "MAGIC" NUMBER! What number can you add to each figure in our math expression to make the statement correct?

Answer: Place a "2" above and to the right of each figure. This will "square" each figure, giving the correct expression: $9 + 16 = 25$

HERE'S A "HONEY" OF A PUZZLE! At right is a word square. You are challenged to find the four five-letter words that match the definitions below. All words used must read the same both across and down.

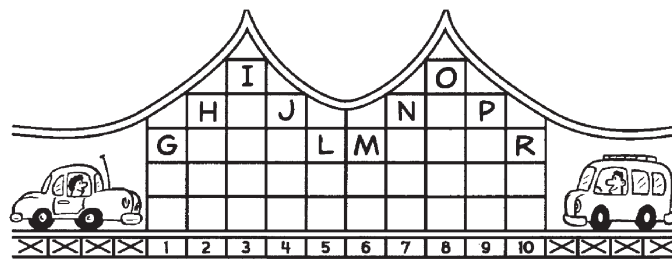
1. Looking very pale.
2. To look with favor upon.
3. Hives (given).
4. To single out.
5. What hives are.

Answers: 1. Ashen. 2. Smile. 3. Smile. 4. Elect. 5. Nests.

Junior Whirl

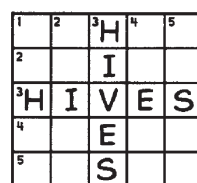
by Charles Barry Townsend

A WORD BRIDGE!



The bridge above contains 10 supporting words. We give you the first letter of each word, plus plenty of hints.

1. A long, narrow fish.
2. A metal fastener.
3. Found on computer screens.
4. Jazz musicians' talk.
5. Record of ship's progress.
6. A boy's best friend.
7. A colorful sign.
8. Often referred to as golden.
9. Eastern pocket bread.
10. Slang for wonderful



Answers: 1. Gar. 2. Hasp. 3. Icons. 4. Jive. 5. Log. 6. Mom. 7. Neon. 8. Oldie. 9. Pita. 10. Rad.

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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Peak of the 2018 Market Behind Us?

It's no secret the 2018 Bay Area housing market is in a league of its own.

Record low inventory, a hot economy, strong wages and rising interest rates are just a few of the metrics driving the record-breaking market upwards. But have we peaked?

2018 began normally enough with home prices in Alameda County reversing themselves from December's slide and heading upward. Although upward market gains at the beginning of the year is old news (we've seen strong property value increases the past 6 Januarys), the strength of 2018's surge caught everyone off guard.

Starting with a December 2017 average price in Alameda County of \$956,000, we just ended June at \$1,128,000 — an incredible 6-month increase of 17.99%.

While this good news for sellers, it further compounds the issue for those trying to buy. 17.99% is a massive increase and dramatically outpaces same period average wage increases. Additionally, increasing mortgage rates are whittling away at affordability, making the effective increase in home prices higher yet.

There may be good news on the

horizon for buyers, however. June average prices have represented the peak of the yearly market cycle the past 4 years in a row, and early indicators seem to suggest this year may be no different.

It is a historical pattern worth watching.

The first five months of our local market are typically the strongest, with the highest number of transactions going pending every May and then closing in June.

Not only is June the peak of the market with the highest number of closed transactions, it also represents the yearly pinnacle for prices. While June posts the highest number of closings, it also shows a decrease in number of homes going pending. With fewer homes entering escrow, July closings are always lower and, typically, prices decline as well.

Over the past 4 years, closings and prices have eased from July to the end of the year, and then, in classic "lather, rinse and repeat" fashion, shot up again the following January.

If that pattern holds true, then the market has peaked for 2018 and we can expect lower prices and fewer transactions for the remainder of the year.

Currently the trend is holding, as pending sales dipped in June as anticipated and contract prices lowered as well. While good news for buyers, it's a frustrating time for sellers who are left wondering why offers and prices have suddenly diminished.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Discouraging Spiders from Building Webs at Windows

By Buzz Bertolero
Special to the Forum

Despite my best efforts, I have a stubborn spider, that continues to build spider webs in the corners of my kitchen window. I don't have anything against spiders, but I do like to have this window open. What can I do to make this spot unattractive to spiders?

I'm not sure that I have an excellent answer to the spider problem. There are over 3,000 varieties of garden spiders. As a group, they are pretty shy, so they tend to run away and steer clear of humans.

Spiders are, believe it or not, very beneficial in controlling garden insects, so we don't want to remove them with pesticides. Yes, there are some poisonous spiders (the Black Widow spider poses the only threat in the Bay Area).

Spiders trap their food in the cobweb they produce which is formed mostly at night. They continue to revisit this area because it's an excellent source of food.

Night flying bugs are also attracted to the windows because of the light. If possible, install a yellow



sional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)

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L	—	1-4	906 Dolores St.	\$629,000	4/2.5	Fracisco Realty	Mike	925-998-8131
B	—	1-4	1771 Via Escondido	\$650,000	3/2	Re/Max Accord	Lovewell Team	510-351-5555
A	2-4:30	2-4:30	2273 Sitka St.	\$659,000	3/1	Marvin Gardens RE	Greg Novak	510-472-4770
A	—	1-3	2642 Darius Wy.	\$810,000	3/2	Robert Jones & Assoc.	Matt Jones	510-357-0120
L	2-4:30	2-4:30	6522 Village Dr.	\$849,000	4/3	Coldwell Banker	Stella Hui	510-604-3861
C	2-4	—	20967 Glenwood Dr.	\$1,000,888	3/2.5	Smart Start RE	Pamela Porter-Ester	510-407-2244

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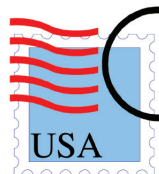
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LETTERS
TO THE EDITOR

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Blames Division and Strife on Lack of a Common Tongue

Editor:

The CV Forum ran a column ("Count Me In: CV's Diversity," Page 15, June 6) which mentioned CVUSD has students speaking 45 different languages under the (seemingly automatically positive) proclamation of "diversity." I've been wondering – is this positive?

If all of these students have mastered English proficiency, then yes. They will be able to converse when they travel abroad and communicate with those who visit us from other nations. A wonderful skill set to have.

However...if the foreign language is a primary tongue *and* merely a substitute for proficient English...

I have had the privilege of coaching soccer for 14 years starting when my kid was 4. I have had the greatest collection of CV parents during that time.

Positive, helpful, friendly people from all walks of life (including teachers from CVUSD). You would *never* imagine this group turning violent. The one time it *almost* happened was at a soccer match where the other team's parents were conversing in a foreign tongue.

Lack of a common language resulted in assumptions based merely on tonality. Tempers flared. Conflict almost erupted – because no one understood each other.

The lack of a common tongue will condemn any group of people to division and strife. Look at the story of the Tower of Babel in Genesis 11 and see the result. Even Babel Magazine says

"most multilingual countries...contain many monolingual speakers in somewhat segregated communities." Note the word "segregated." Not a desirable outcome, but almost inevitable where disparate languages are present.

So is linguistic diversity automatically a good thing? I would say the same as the recent articles about those ambiguous signs reading "CV Stands United Against Hate." It depends on the context. The answer is a definitive "maybe."

—Stacy Spink, Castro Valley

Thankful for Quick Restoration of Water After Main Break

Editor:

8:30 p.m. on July 4 found our neighbors and us without water as an 8-inch water main broke at the bottom of our hill!

This was especially challenging as we had our grandchildren and their parents staying with us. A call to the EBMUD emergency number was answered promptly and I was told that they were on-site waiting for PG&E to clear digging site of underground wires for a safe repair.

And the Alameda County Fire Department showed up, too!

We prepared ourselves for a long night of no water. When we went to bed around 11:00 p.m., the EBMUD response team was still working on it. They worked tirelessly throughout the night and when I checked at 2:00 a.m., we had water back at full pressure!

Thank you so much to the EBMUD response team (and Director Frank Mellon and the rest of the board) that was not only ready to serve, but served so promptly! Thank you from your Betrose Court neighbors!

—Bruce D. & Linda Johnson, Castro Valley

Wants to See New Candidates on Ballot for CVSan Board

Editor:

Two Board of Director positions will be on the Nov. 6 General Election Ballot.

Nomination papers can be filed with the Alameda County Registrar of Voters. The Nomination Period is July 16 to Aug. 10, 2018. During this period, all candidates must file nomination documents and their declarations of candidacy for office.

Please consider running for the CVSan Board of Directors.

—Ken Owen, Castro Valley

School Board Members Honored by Union Endorsement

Editor:

We are very honored that the Castro Valley Teachers Association has endorsed us for another term on the Board of Education. More importantly, we greatly appreciate the excellent work that the teachers do for our students every day.

Castro Valley Unified School District is an extraordinary team. Recently, the California Department of Education named CVUSD as a California Exemplary District, one of only 23 out of more than 1100 school districts in the state.

That achievement was the work of inspired and passionate teachers, terrific support staff, outstanding administrators, dedicated and caring parents, and an amazingly supportive community.

We are humbled by the teachers' vote of confidence and proud to be part of this extraordinary community.

—Gary Howard, Castro Valley

—Dot Theodore, Castro Valley

Says 'Socialism is Not a Dirty Word'

Editor:

I am happy to see the letters wondering about hate in our community. Like the other writers opposing the policies of our current president, I agree with most, but I feel that one of the correspondents used the word "socialism" incorrectly.

The broad definition of socialism is: "a political theory advocating state ownership of industry." This means the people – and not any single person or entity – own the factories and means of making things. It also means that these items are collectively owned by the citizens and not by any one person.

Our current president is not pursuing a policy of socialism; he is a model capitalist and as such, strives to own as much as he possibly can.

In the opposite, Bernie Sanders and other self-professed "social democrats" want to "share the wealth" or have the citizens own everything, like socialist countries; e.g. Denmark, Sweden, Canada and Norway, to name a few.

In this way, citizens can democratically own and control everything; not a single person like our president or his wealthy friends.

It is probably the direction we should be moving because citizens of socialist countries have better standards of living, healthcare and education. In other words, socialism is not a dirty word! Look it up for yourself if you don't believe me.

Otherwise, I am pleased to see a move away from the ideas and policies of the current administration which are aimed at putting ownership of everything to as few wealthy individuals as possible.

—George Reinheimer, Castro Valley

Hate Crimes: Cautions Against Jumping to Conclusions

Editor:

After Peter Hauer's letter ("Accuses Minorities and Left-Wingers of Creating 'False Impression that America is Still Rife with Hate'," Letters, June 20) informed us that many alleged hate crimes are really fake, I thought this good news would be welcomed by everyone. After all, isn't it wonderful that America is not nearly as racist as many people believe?

But the letters in reply to this good news were positively angry. Apparently the myth that America is still a racist society is a cherished delusion for leftists, which they refuse to abandon easily.

For example, Kay Athos (*Questions Peter Hauer's Claims About Bogus Hate Crimes*, Letters, June 27) and Carol Sholin (*Advises Against Using Google Search to Validate Claims*, Letters, July 4) refuse to seriously consider any evidence that some alleged hate crimes are really fake.

Ms. Athos even misquoted President Trump three times. And Ms. Sholin wrongly assumed that Mr. Hauer's Google search for "fake hate crimes" could only have turned up "multiple hits" for the same story. Wrong. My own search revealed 14 separate cases in the past two years, with most resulting in criminal charges for making false police reports.

Mr. Hauer made two cogent inferences about hate crimes. First, real hate crimes must be fairly rare (or at least far less common than most people think). Otherwise, leftist provocateurs would not feel the need to stage them.

The second inference is that these fakers have an evil motive; i.e. scaring racial minorities into voting for Democrats. Well, I cannot imagine any other motive for such dishonest behavior, can you? That does not mean Mr. Hauer or I think that racial minorities are stupid (as Ms. Sholin unfairly claimed). Many smart people get fooled by these fake stories.

So the next time you hear about a hate crime, don't assume it is true. But don't assume it is fake either. Don't jump to any conclusions, until a suspect has been identified, or better yet, convicted.

—Karl Becker, Castro Valley

Urges Letter Writer to Stop Watching Fox News

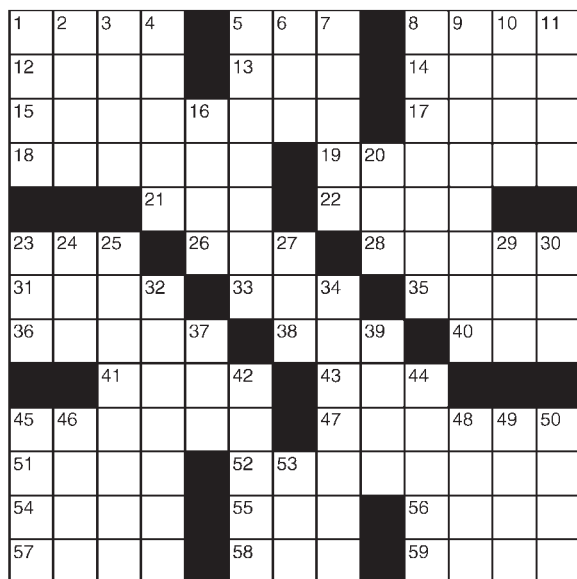
Editor:

I suggest Mr. Hauer stop watching Breitbart and Fox News. His viewing habits are making him so paranoid that he is concocting conspiracy theories about racist acts.

Or is it that, like Trump, he cannot accept the true facts of the situation, such that anything contrary to right wing views has to be fake?

—Robert Thomas, Castro Valley

THE FORUM CROSSWORD



ACROSS

- 1 Departed
- 5 "Gosh!"
- 8 Capri or Wight
- 12 Wheelbase terminus
- 13 Scepter
- 14 Mast
- 15 Punishing, in a way
- 17 Erstwhile acorns
- 18 Fares, at times
- 19 British P.M., 1945-51
- 21 "-- the season ..."
- 22 Crucifix
- 23 Lived
- 26 AAA job
- 28 Grand tales
- 31 Rose fruit
- 33 Unruly bunch
- 35 Within (Pref.)
- 36 Give a speech
- 38 Kids' card game
- 40 Understand
- 41 Hear the alarm
- 43 Decay
- 45 Film festival city
- 47 Rock concert staffer
- 51 Low-pH
- 52 Sending unwanted emails
- 54 Hindu royal
- 55 Work unit
- 56 Taro root
- 57 Indication
- 58 Born
- 59 Tofu beans

DOWN

- 1 Final
- 2 World's fair
- 3 Antiaircraft fire
- 4 Doctrine
- 5 Astronaut Gus
- 6 A billion years
- 7 -- Allan Poe
- 8 U-235, e.g.
- 9 Big name in sporting goods
- 10 Victoria, for one
- 11 Gaelic
- 16 Make bootees
- 20 Sock part
- 23 Personal question?
- 24 Atmosphere
- 25 Generating
- 27 "Holy mackerel!"
- 29 B-F link
- 30 Drunkard
- 32 Stunt double, e.g.
- 34 Rapid outpouring
- 37 -- out a living
- 39 Space
- 42 German city
- 44 Domesticates
- 45 Lot wares
- 46 Antioxidant berry
- 48 "Thank You" singer
- 49 Race place
- 50 Hollywood clashers
- 53 Opposite of "post-"

ANSWERS ON PAGE 15

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LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters.

Email letters to: fredz@ebpublishing.com
or mail to: The Forum
P.O. Box 2897,
Alameda, CA 94501.



Paul Keim performing at The Lab: Open Mic.

This Week at Smalltown

• Thursday, July 19 — The Lab: Open Mic

The Lab is a monthly Open Mic that allows musicians, poets, and other artists to workshop pieces they are working on, in front of and among friends. Everyone is welcome! Sign-ups start at 6:50. First performances start around 7:15 p.m. Sets run between 10-15 minutes (depending on number of performers).

• Saturday, July 21, 2-6 p.m. Smalltown Open Studio

Come connect with other Eden area artists in a shared and informal studio environment. We provide tables and chairs, you bring your art to work on. Free

• Thursday, July 26, 2-6 p.m. Open Door

It's about People. It's about community. It's about Collaboration. It's about random strangers and random events that somehow always seem to connect with you. It's about good stories, from good people, from all walks of life. It's about fun and creativity, justice and meaning. It's about the good things that bind us together. Every Thursday night Smalltown Society opens the door to "THE SPACE." Occasionally there's a film, a workshop, or planned discussions, more often there are unplanned connections and creations. A free and open workspace. Free Wi-Fi. Anyone is welcome. Come Join the Song. Free.

More details on these events and others: smalltownsociety.com. Smalltown Society is located at 22222 Redwood Road, CV.

Tickets: Being Used Unethically

continued from front page

"Expensive tickets seem to be treated as a perk of office or employment: They are often used repeatedly by the same elected or appointed officials and their staff members and not fairly distributed to other county workers."

And it said, "The most valuable tickets are seldom given to community groups that could use them as important fundraising tools."

"Although approximately 30 percent of tickets are given to worthy non-profit organizations for use in fundraising, almost none of the most valuable playoffs and finals tickets go to community groups."

For the Warriors' tickets to playoffs and finals games, only 10 tickets out of 407 went to non-profit organizations.

"The vast majority of employees who receive tickets are the staff members of the officials responsible for their distribution."

"While the county and the Coliseum Authority established ticket policies listing what sound like valid public purposes, in practice, the policies are used as a cover for the same officials and employees to use the tickets to perform "inspections" that never result in written reports."

And when reports were written, "they reported the wrong dates, the wrong events, the wrong recipients, and the wrong ticket numbers, and occasionally left off the alleged public purpose for which the tickets were distributed — the whole reason behind the creation of the reporting system."

Now the agencies that the grand jury addressed have 90 days to give a written response.

The full 131-page grand jury report is available at acgov.org/grandjury/reports.htm.



Investigators with the California Department of Motor Vehicles caught the offenders during 256 enforcement operations throughout the state.

Crackdown on Fraudulent Use of Disabled Person Parking Placards

An aggressive crackdown on the fraudulent use of disabled person parking placards resulted in 2,485 misdemeanor citations being issued between in the past 12 months.

Investigators with the California Department of Motor Vehicles (DMV) caught the offenders during 256 enforcement operations throughout the state.

Offenders have their placard confiscated and receive a misdemeanor citation that carries a \$250 to \$1,000 fine. The violation also appears on their driver record.

During the past year, the DMV increased

its enforcement efforts by holding as many as 24 operations each month. It also launched an awareness campaign to educate the public about the proper use of a disabled person parking placard.

Statistics show that, on average, one out of 10 people who DMV investigators contacted in the past 12 months were either illegally using a disabled person parking placard or parking in a disabled spot without a placard.

Large sporting and music events typically attract offenders who seek prime parking that is often offered at no cost.

CROSSWORD PUZZLE ANSWERS FOR JULY 11

LEFT	GEE	ISLE
AXLE	ROD	SPAR
SPANKING	OAKS	
TOKENS	ATTLE	
TIS	ROOD	
WAS	TOW	EPICS
HIPS	MOB	ENDO
ORATE	WAR	GET
WAKE	ROT	
CANNES	ROADIE	
ACID	SPAMMING	
RANI	ERG	EDDO
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Hazardous Material? Recycle It

Castro Valley Sanitary District will hold its CVSan Recycles Day event, 2018 from 8 a.m. to 2 p.m. on Saturday, Aug. 4, at Canyon Middle School.

Alameda County residents (not businesses) are invited to bring such household hazardous waste materials as paint, caustics, fluorescent bulbs, automotive chemicals and batteries, e-waste (computer equipment, TVs, etc.), syringes (in approved containers), and prescription and over-the-counter medicines for disposal.

This event is a partnership between CVSan and the Alameda County Household Hazardous Waste Facility.

Canyon Middle School is located at 19600 Cull Canyon Road.

For a full list of disposable items, visit www.cvsan.org/hhwe of their household hazardous waste and keeps these materials out of our landfill, groundwater, and bay."

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MISS MINION is all purrs, kisses, and cuddles. At 3 months old, she loves to play with toys and is very interested in cuddling with people. More info: Hayward Animal Shelter: (510) 293-7200.



GUS is 3-months-old. He likes to hide under things and pop out to an unsuspecting party. He wants to find a loving family soon. Info: Hayward Animal Shelter: (510) 293-7200.



MARMALADE is a male orange tabby, approximately 6 years old. He is a very friendly cat who loves to be petted, and gets along well with other cats. Info at: dustypawsrescue.org



FLORA is a sweet grey-striped tabby kitten with white bib and paws. She is 3-months-old and is very playful. For more information, please visit: dustypawsrescue.org

District Attorney's Office Warning: Don't Fall for Latest Phone Scam

The Alameda County District Attorney's Office has learned of a recent attempted scam in which people are receiving calls on cell and home phones from someone claiming to be from the Alameda County District Attorney's Office.

The callers leave messages or speak to the individual answering

the phone and addresses the call recipient by name and supplies a correct date of birth.

The caller claims to be collecting on a payday advance loan with a case number and demands an immediate cash payment be wired or the person will face arrest, prosecution and wage garnishment.

But the Alameda County District Attorney's Office never calls with a demand for money or payment. Any such calls are a scam and the public is warned not to respond with any kind of payment.

Anyone receiving such a call should report the attempted fraud by calling 510-383-8600.

Reports: Assault With a Deadly Weapon

continued from page 3

Assault with Deadly Weapon
Friday, July 6: at 1:18 a.m., deputies arrested two men outside a grocery store on Redwood Road near Castro Valley Boulevard. An emergency call from store security reported that one man—a 30-year-old man from San Francisco—was spotted leaving the store with

an unspecified amount of unpaid merchandise. A 41-year-old man from Walnut Creek, was charged on suspicion of assault with a deadly weapon. Deputies arrived to take both men into custody.

Refused a Breathalyzer
Monday, July 2: at 4:18 p.m., a 54-year-old woman from Red-

wood City was arrested on suspicion of public intoxication. Deputies stopped the woman for questioning on the sidewalk in front of an apartment on Stanton Avenue near San Carlos Avenue. The woman smelled of alcohol but refused to perform a breath test to verify her status. Deputies took the woman into custody.

Solid-Waste Specialist Sought by CVSan

The Castro Valley Sanitary District has begun accepting applications for the position of Solid Waste Specialist who would be responsible for the district's programs that reduce the generation of waste and divert it from the landfill.

This position also provides support for CVSan's solid waste man-

agement and collection, processing, and disposal services.

This is a full-time, non-exempt position that requires graduation from a four-year university and at least one year of verifiable experience either in developing and implementing solid waste recycling programs or in a field that provides

the required knowledge and skills for this position.

Experience using Adobe Creative Suite is highly desirable.

Visit www.cvsan.org/employmenttopps for more information and to apply. Applications will be accepted until 2 p.m. on Friday, July 27.

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TIMED EVENT: 12:00 noon everyone is to enter the pool! The Sequoians' record is 98 in the pool at one time. Let's see if we can break that record. Sequoians will have afternoon Music on the Lawn, planned activities and afternoon meals for the club's members and visitors to purchase. Office and gate will open at 10:00 a.m. Please see the website for full details.

Sequoians' Annual Luau - Saturday, July 28th

One of our **BIGGEST** events! Join our Hawaiian Luau of daytime activities including games, swimming, crafts, body art, fun nudist style clothes and accessories for purchase, hawaiian music, and no host bar. Luau dinner begins with appetizers in the late afternoon. Then, Hawaiian style cuisine for dinner. Yum!
LIVE MUSIC in the evening - dance to Bay Area favorite, Marilyn's Ghost. (<http://marilynsghost.com>)
Luau meal and dance = \$25 per person. / After July 15th = \$30 per person. Get your tickets soon!

Sequoians, Inc. is a private social membership club. When visiting, ask about membership options or check out the website for more info.