



Food to Fall For
AS FALL ARRIVES WE MOVE TO DISHES MADE OF
FRUITS AND VEGETABLES FROM THE FALL HARVEST 4

WEEKEND WEATHER
CLEAR Partly cloudy Friday
& sunny on Sunday
HIGHS: 73-85
0 10 20 30 40 50 60 70 80 90 100 110
LOWS: 57-60

FRIDAY

SATURDAY

SUNDAY

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 34 • NO. 38

THURSDAY, SEPTEMBER 19, 2024

SAN LEANDRO • CALIFORNIA



PHOTO COURTESY WASHINGTON HOMEOWNERS ASSOCIATION

Some of the younger members of the East West Kung Fu Academy demonstrate their skills at Washington Manor's Day in the Park on Saturday, September 7.

Washington Manor Celebrates At Annual Day in the Park

By Mike McGuire
San Leandro Times

More than a thousand people greeted the revival of Washington Manor's annual Day in the Park on Saturday, Sept. 7, enjoying performances, food and activities throughout the day, focusing

on the outdoors.

"It was excellent, exceeding all our expectations," said Bridget Salazar, president of the Washington Homeowners Association (WHOA), which sponsored the event in Washington Manor Park on Zelma Street.

The annual celebration began to mark the opening of the park in 1957, and was a treasured annual event until the 1980s. WHOA was working to revive it just before the pandemic hit, which put big public events temporarily

see MANOR, page 5

Firm Hired To Demolish Marina Buildings

But developer of marina project declares bankruptcy, leaving timeline for construction in question

By Michael Singer
San Leandro Times

The San Leandro City Council took the next step toward realizing its Monarch Bay Shoreline Project this week by voting to hire a Georgia-based firm to demolish abandoned buildings and to prevent further damage and vandalism in the area.

Although, the timeline for the eventual construction of the shoreline project is up in the air because the developer, CalCoast, has declared bankruptcy.

According to Austine Osakwe, a senior engineer with the city's Public Works Department, San Leandro will pay \$1,029,734.51 for the demolition work, which covers the contract, inspections, and contingencies for cost overruns. The demolition is expected to be complete by the end of the year, Osakwe added.

The demolition list includes the vacant San Leandro see DEMOLISH, page 12

Marina Development to Proceed Despite Bankruptcy

By Mike McGuire
San Leandro Times

The Marina area will get redeveloped despite the developer's recent bankruptcy, Mayor Juan Gonzalez said, following a gloomy TV news reports on the state of the shoreline. But there's still no date for a groundbreaking, he said

The city's loan to devel-

oper Cal Coast will also be repaid, the mayor said.

Gonzalez said that the bankruptcy was to reorganize the project financially, under Chapter 11, rather than shut it down under the bankruptcy code's better-known Chapter 7.

Also, he said, the bankruptcy only affects one part of the project, the single-family see BANKRUPTCY, page 12

Fire Fighters Drill on 9-11 Anniversary

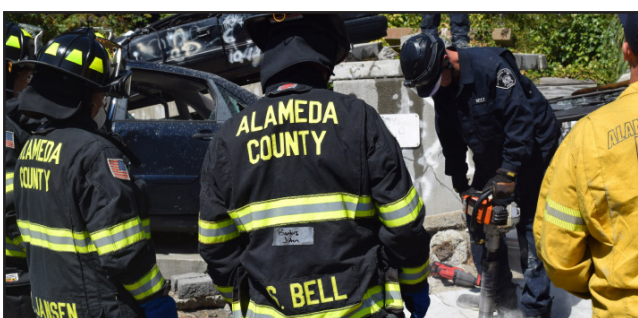
By Mike McGuire
San Leandro Times

On the anniversary of the day some 343 firefighters lost their lives at New York's World Trade Center, Alameda County's firefighters showed elected officials what they might face during a day doing their job.

Dozens of elected officials, including San Leandro

Mayor Juan Gonzalez and City Councilmember Xouhua Bowen, suited up on Wednesday, September 11 and carried out some of the challenges firefighters might face — to get an idea of what firefighters experience.

"The work the they do is quite difficult," Mayor Gonzalez said. "I love that they see DRILL, page 11



Firefighter Justin Sparrow demonstrates cutting through concrete to rescue victims.

INSIDE YOUR TIMES

NEWS

Inner Wheel Club installs new officers. **Page 3**

ART

Come to ArtFest 2024 Saturday at the library. **Page 3**

COMMUNITY

SL Rotary Club helps children in Guatemala. **Page 5**

38,500 EVERY THURSDAY
THE LARGEST FREE-DELIVERED NEWSPAPER IN THE EAST BAY

Calendar.....	3
Classified Ads	8
Crossword	9
Food	4
Homes	6
Home Services	8
Letters.....	10
Obituaries	11
Seniors.....	12

MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Zaira Duncan at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

EDITORIAL

Howard Morrison
Editor and Publisher
howardm@ebpublishing.com

Jim Knowles
Managing Editor
jimk@ebpublishing.com

Contributing Writers
Buzz Bertolero

Mike McGuire
Michael Singer
Carl Medford
Linda Sandsmark

PRODUCTION

Howard Morrison
Manager

Moxie Morrison
Assistant

Claudette Morrison
Business Manager

ADVERTISING

Display Advertising
Claudette Morrison
Classified Advertising
Patrick Vadnais

HOW TO REACH US

San Leandro Times
2060 Washington Ave.
San Leandro, California 94577

Office hours: Weekdays, 9 a.m. to 5 p.m.

Main Office: (510) 614-1555
Newsroom: (510) 614-1557
Sports: (510) 614-1561
Advertising: (510) 614-1555
Classified: (510) 614-1558
Fax: (510) 483-4209
Email: jimk@ebpublishing.com

www.ebpublishing.com



California
Newspaper
Publishers
Association
member

©2019 East Bay Publishing Corporation

Art in the Garden: Create Art with Native Plants

Learn about native plants, join some fun art activities, and take home starter plants and seeds to grow in your garden or in containers on your porch on Saturday, Sept. 28, from 1 to 3 p.m., on the patio at the Manor Library, 1241 Manor Blvd. in San Leandro. Presented by Homegrown Habitats San Leandro, sponsored by the City of San Leandro.

Health Fair at Praises of Zion

Praises of Zion Missionary Baptist Church, 1395 Bancroft Ave. in San Leandro, will host a Community Health Fair on Saturday, Sept. 28, from 11 a.m. to 2 p.m.

All are invited to enjoy yourself and find important information on mental health,

sheltering, abusive relationships, counseling on how to get help, cancer, food resource pantry and other information.

Free exercise classes at noon and 1 p.m. Free massages by a chiropractor, plus free food, games, face painting and jumpers for the kids.

CV Democratic Club Postcard Party Saturday

The Castro Valley Democratic Club, East Bay Women's Voices, the San Leandro Democratic Club and Mobilize will hold a postcard party on Saturday, Sept. 21, from noon to 2 p.m. at the Castro

Valley library, 3600 Norbridge Ave. Volunteers are welcome.

For more information, contact Jessica Hughes, chair of the Castro Valley Democratic Club Postcarding Committee at tenshibbb@gmail.com.



PHOTO COURTESY OF INNER WHEEL

Inner Wheel USA President Gloria Vasconcellos presented roses to the newly installed officers of Inner Wheel San Leandro – Amy Neuman, Kristi Barnes, Lynnette Flusche, Inez Dominguez, Jennifer Reed, Deborah Murchison, and Jeanetta Arenott.

Inner Wheel Installs New Officers For the Club's Upcoming Year

Inner Wheel Club of San Leandro celebrated its Annual Installation of Officers for 2024-25 in the lovely garden

of Historian Pat Duey.

Gloria Vasconcellos Inner Wheel USA President installed the officers during a beautiful ceremony with "appropriate personality" roses for each new officer — President Amy Neuman, Vice-President Kristi Barnes, Secretary Jennifer Reed, Treasurer Inez Dominguez, ISO Lynnette Flusche, District 517 Directors Jeanetta Arnott and Deborah Murchison.

Outgoing President Monika Williams received the honored Rose Council Award. Jeanetta Arnott won the Fun... raising Board and donated her honor to Meals on Wheels.

The event celebrated wonderful friendship, a beautiful luncheon, and excitement for a very successful new year. Email iwclubofsanleandro@gmail.com to find out more about the Inner Wheel Club of San Leandro.

Bay-O-Vista

COMMIT YOUR FAMILY TO BE FIT!

Babysitting Available
JOIN TODAY LIMITED SPOTS AVAILABLE
SEE NEW classes on WEBSITE AT BOVSWIM.COM

Yoga w/7 classes a week

Private Family Fitness, Gym, Swim & Tennis Club

One Time Initiation Fee (September Only)
\$1500 Family now \$700 Save \$800
\$800 Single now \$500 Save \$300

Pay Initiation fee & get September FREE
Pay dues for October & get November FREE

FREE MONTH
w/Annual Dues, Pay for 11mo. get 12mo. FREE
Offer exp 9/30/2024

Monthly Dues
Families = \$299
Singles = \$265

*Previous members of 12 months or less are not eligible for this promo. Not to be combined with any other offers.

8 NEW CHAMPIONSHIP PICKLEBALL COURTS

All Club features are included in your monthly dues. Except Babysitting, Swim lessons, Massage and Personal Training

See website BOVSWIM.COM FOR ALL OUR CLASSES AND FEATURES.

1881 Astor Drive-Directions: Lake Chabot Rd. is Open. Use View Drive or Fairmont to Lake Chabot Rd. to Club @ Astor Dr. during construction.

510-357-8366 • email: swim@bovswim.com

Forum on Saturday for State Senate District 9

Grayson and Rubio to speak

A Candidate Forum to meet candidates for state senate District 9 – Tim Grayson and Marisol Rubio – will be held on Saturday, Sept 21, from 9 to 10 a.m. at the First Presbyterian Church, 2490 Grove Way in Castro Valley.

The moderator will be Blaine C. Torpey, Superintendent of the Eden Area Regional Occupation Program.

The program will include live Spanish language translation. This forum is hosted by the Castro Valley-Eden Area Chamber of Commerce, Smalltown Society, and the League of Women Voters of the Eden Area.

State Senate District 9 covers cities along I-880 from Richmond to San Leandro.

Great Smile

Fall into a lovely kiss

CALL NOW TO SCHEDULE YOUR CLEANING
(510) 929-5092

SAN LEANDRO DENTAL STUDIO

Community Calendar

Special Education Meeting on Zoom

Community Advisory Committee for Special Education (CAC) will have a Zoom meeting on Thursday, Sept. 19, from 5 to 6 p.m. Contact 510-537-3000 ext.1220 for information to attend online. CAC is a group of parents, community members, teachers and administrators working collaboratively to create an informed community which supports students' educational and learning experiences. The CAC also provides workshops, assist parents in understanding the special education programs and services.

Shoreline Cleanup and Resource Fair

Join Cynthia Prieto-Diaz, Civic Scientist with Engineers & Scientists Acting Locally and Eden Youth for a day of fun and collective action on Saturday, Sept. 21, from 9 a.m. to noon. Check in at the Marina Inn, 68 Monarch Bay Drive in San Leandro, next to Marina Park. Make a difference together by collecting trash to preserve our beautiful shoreline. Shoreline cleanup and resource fair, prizes for trash and recycling collected, free recycling of tobacco waste.

I.D.E.S. St. John Pizza & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will host a pizza lunch and Bingo on Saturday, Sept. 21, at noon. Tickets are \$15 and includes a salad, pizza and dessert and four Bingo cards. Extra Bingo cards for 25 cents each. For tickets, call Jenet Re at 510-483-1132, or Willie Calvo at 510-207-6326.

Family Play Date at the San Leandro Main Library

Enjoy a story, songs and a variety of play stations for families to enjoy on Saturday, Sept. 21, from 10:30 to 11:30 a.m. at the San Leandro Main Library, 300 Estudillo Ave. Start with a story, stay for a play date. Best for ages 0-5, but kids of all ages welcome. For more information, call 510-577-3960.

State Senate Candidates' Forum

A Candidate Forum to meet candidates for state senate District 9 – Tim Grayson and Marisol Rubio – will be held on Saturday, Sept 21, from 9 to 10 a.m. at the First Presbyterian Church, 2490 Grove Way in Castro Valley. The moderator will be Blaine C. Torpey, Superintendent of the Eden Area Regional Occupation Program. Includes live Spanish language translation. Hosted by the Castro Valley-Eden Area Chamber of Commerce, Smalltown Society, and the League of Women Voters of the Eden Area.

Plays Well with Others: Game Night

If you're a game lover, Manor Branch Game Night will feature party games Apples-to-Apples style on Thursday, Sept. 26, from 6 to 7:15 p.m. at the Manor Branch Library, 1241 Manor Blvd. Best for young adults and up. Call 510-577-7971 for details.

Drive-Through Voter Registration

The local Democratic campaign will hold two Drive-Through Voter Registration drives on Sept. 28 and Oct. 12 from noon to 4 p.m. at 1199 B St. in Hayward, corner of B and Second Street. The last day to register for the November election is October 21, so register soon.

Alta Mira Club Pancake Breakfast

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will hold a Pancake Breakfast on Saturday, Oct. 5, from 8 a.m. to noon. All-you-can-eat pancakes, fruit salad, sausage, coffee, tea, and juice. Adults \$15, children \$8, no charge for children under 5. For tickets, call Isobel Polvorosa at 510-955-7155 or purchase at the door.

Senior Citizens Exercise and Meditation

First United Methodist Church, 1600 Bancroft Ave. in San Leandro, invites senior citizens for seated exercise and guided meditation followed by conversation over healthy refreshments on Tuesday mornings from 10 to 11:30 a.m. through Nov. 12. Nurture your body, mind, and spirit while building community. Meet in the Chapel which is entered from Bancroft Ave. All are welcome, non-denominational. For more information, call the church office at 510-483-0606, Tuesday through Friday from 9 a.m. to 1 p.m.



SLAA Art on Display at the Main Library

The San Leandro Art Association invites the public to view its new members art show at the Gallery in the San Leandro Main Library, 300 Estudillo Ave., running through Oct. 7. The Gallery show coincides with ArtFest 2024, the art association's annual outdoor art show on the plaza in front of the main library on Saturday, Sept. 21, from 10 a.m. to 4 p.m. All are welcome.



PHOTO BY JIM KNOWELS

Classic cars will be on display at the Main Library on Saturday, similar to this 1966 Impala seen at Bob's Auto Repair on Washington Avenue last week.

Rides and Readers Car Show at the Library

The San Leandro Public Library's 3rd Annual Rides and Readers Car Show will be held on Saturday, Sept. 21, from 9 a.m. to 1 p.m. at the Main Library, 300 Estudillo Ave. Enjoy old and classic cars and learn about library resources and programs. Free admission.

Celebrate Hispanic Heritage Month With Crafts and Language at the Library

Play Mexican Lotería and participate in a craft activity while learning about the Latino/Hispanic culture and the Spanish language on Saturday, Sept. 28, at the San Leandro Main Library, 300 Estudillo Ave. For ages 5+ and families and caregivers.

Calendar Submissions

The Community Calendar is for publicizing nonprofit organizations, charities and community groups. Items can be emailed to jimk@ebpublishing.com or call 510-614-1557.

Spiritual, but not religious?

Watch 11:11am Live-stream at unitysanleandro.org or on Facebook Live

- We emphasize spirituality more than religion.
- We believe there are many paths to God.
- We show you how to transform your life through practical spiritual principles.
- Everyone is welcome.

SUNDAY 11:11 A.M.

We are now livestreaming and meeting in person at **Unity Church of San Leandro**
20121 Santa Maria Ave, Castro Valley, CA 94546

For Less than a Penny Per Paper You Can Promote Your Business.



To advertise call
Linda Nakhai: 510-915-1513
Claudette Morrison: 510-912-1490

San Leandro Times
2060 Washington Ave., San Leandro

Wishing You A
HAPPY FALL
Season!



Lovewell Team

(CA DRE #00689931, #01912817, #02187163)

"Lovewell Team" is a dynamic, award-winning Real Estate team
Call 510-351-5555 or visit us at
www.Lovewellteam.com

— A team you can love and trust —



Chicken Pot Pie

Some Favorites for Fall

Fall is right around the corner, arriving at 5:43 p.m. on Sunday. We have already begun seeing hints of the autumn

season. Leaves are starting to turn shades of red and brown and the weatherman has even hinted that there could be some light showers

in the Bay Area this week.

It's time of the year when we switch from lighter summer meals to heartier cool weather choices made with the abundance of fruits and vegetables from the fall harvest.

ROASTED FALL VEGETABLES

- 1 small butternut squash, cubed
- 2 red bell peppers, seeded and diced
- 1 sweet potato, peeled and cubed

- 3 Yukon Gold (or other baking potatoes), cubed
- 1 red onion, quartered
- 1 tablespoon chopped fresh thyme
- 2 tablespoons chopped fresh rosemary
- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- Salt and ground black pepper

Preheat oven to 475°F.

In a large bowl, combine the squash, red bell peppers, sweet potato, and Yukon Gold potatoes. Separate the red onion quarters into pieces, and add them to the mixture.

In a small bowl, stir together thyme, rosemary, olive oil, vinegar, salt, and pepper. Toss with vegetables until they are coated. Spread evenly on a large roasting pan.

Roast for 35 to 40 minutes in the preheated oven, stirring every 10 minutes, or until vegetables are cooked through and browned. Yields 12 servings

AUTUMN BEEF STEW

- 3 pounds beef chuck roast, cut into 1-1/2 in. cubes
- Salt and ground pepper
- 3 tablespoons olive oil, divided
- 1/4 teaspoon salt
- 2 medium onions, chopped
- 3 medium garlic cloves, minced
- 3 tablespoons flour
- 1 cup dry red wine
- 2 cups beef broth
- 2 bay leaves
- 1 teaspoon dried thyme
- 4 medium red potatoes, peeled, cut into 1-inch cubes

- 1 cup frozen peas
- 4 large carrots, peeled and sliced 1/4 inch thick

Dry beef thoroughly and season generously with salt and pepper.

Heat 1 tablespoon oil in heavy-bottomed pot over medium high heat. Add half the meat so that pieces are not touching and cook not moving until brown (about 2-3 minutes). Use tongs and rotate pieces until all sides are browned. Transfer beef to medium bowl, add another tablespoon oil to pan, repeating previous steps with other half of beef.

Reduce heat to medium and add remaining 1 tablespoon oil to now empty pan and swirl to coat bottom. Add onions and 1/4 teaspoon salt and cook, scraping bottom of pan for brown bits until softened (about 5 minutes).

Add garlic and continue to cook for 30 seconds. Stir in the flour and cook until lightly colored (1-2 minutes). Add wine, scraping the bottom and stirring until thick and flour is dissolved. Gradually add beef broth, stirring constantly. Add bay leaves and thyme and return to simmer, reduce heat to low, and cover. Simmer for 1 hour.

Add potatoes and carrots and a slurry of about 1/4 cup broth and 1 tablespoon flour. Leave uncovered, increase heat to medium and cook for another hour. Add peas, reduce heat to low, cover and simmer for 5 minutes. Discard bay leaves, adjust seasoning and serve immediately. Serves 6 to 8.

CHICKEN POT PIE

- 1 pound skinless, boneless

- chicken breast, cubed
- 1 cup sliced carrots
- 1 cup frozen green peas
- 1/2 cup sliced celery
- 1/3 cup butter
- 1/3 cup chopped onion
- 1/3 cup all-purpose flour
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon celery seed
- 1-3/4 cups chicken broth
- 2/3 cup milk
- 2 (9-inch) unbaked pie crusts

Preheat oven to 425°F.

In saucepan, combine chicken, carrots, peas, and celery. Add water to cover and boil for 15 minutes. Remove from heat, drain and set aside.

In the saucepan over medium heat, cook onions in butter until soft and translucent. Stir in flour, salt, pepper, and celery seed. Slowly stir in chicken broth and milk. Simmer over medium-low heat until thick. Remove from heat and set aside.

Place the chicken mixture in bottom pie crust. Pour hot liquid mixture over. Cover with top crust, seal edges, and cut away excess dough. Make several small slits in the top to allow steam to escape.

Bake in the preheated oven for 30 to 35 minutes, or until pastry is golden brown and filling is bubbly. Cool for 10 minutes before serving. Yields 8 servings.

MEAT LOAF WITH MIXED VEGETABLES

- 3/4 cup evaporated milk
- 2 cups soft bread cubes
- 1/4 cup chopped onion
- 2 pounds lean ground beef
- 1-1/2 teaspoon salt
- 2 eggs, beaten
- 1 teaspoon dry mustard
- 1-1/2 cups frozen mixed vegetables, thawed

Pour milk over bread cubes and let stand until milk is absorbed. Stir in onion, ground beef, salt, eggs, and dry mustard; blend well. Stir in vegetables. Mix and shape into a loaf. Bake in loaf pan at 350° for 1-1/2 hours.

Cool for 5 minutes before turning out of pan. Serve with mashed potatoes and gravy. Yields 6 to 8 servings.

On Sale in September!

Terry Naturally Products

25% OFF Terry Naturally

EuroPharma.





Since 1969

HEALTH UNLIMITED

NATURAL FOODS

San Leandro

182 Pelton Center

(510) 483-3630

Castro Valley

3446 Village Dr.

(510) 581-0220



TRUGREEN

Caring for next spring's perfect lawn starts now.

Save now with

50% OFF*

Your First Service

AMERICA'S #1 LAWN CARE COMPANY

Let the experts at **TruGreen®** provide a tailored plan that can help your lawn look its very best year-round.



Our tailored lawn plans utilize the latest technology and techniques that help make your lawn green and healthy.



Our TruGreen Lawn Assessment® will examine your grass and soil types and tailor your plan based on the results.†

TruGreen will gladly visit your property as needed between scheduled visits to ensure your satisfaction*

Call for your **FREE**, no-obligation quote today!

1-888-926-3403

*Special price is for first Lawn service only. Requires purchase of annual plan, for new residential EasyPay, MonthlyPay, or PrePay customers only. Valid at participating TruGreen locations. Availability of services and/or products may vary by geography. Not to be combined with or used in conjunction with any other offer or discount. Additional restrictions may apply. Consumer responsible for all sales tax. †Purchase of annual lawn plan required for TruGreen Lawn Assessment, which is performed at the first visit. America's #1 lawn care company based on U.S. market share of professional lawn care companies. 2022 MMR Brand Health Tracker. *Guarantee applies to annual plan customers only. BBB accredited since 07/01/2012. ©2022 TruGreen Limited Partnership. All rights reserved. In Connecticut, B-0153, B-1380, B-0127, B-0200, B-0151.

HOROSCOPE by Salomé

© 2019 King Features Synd., Inc.



ARIES (March 21 to April 19): After much traveling this year, you're due for some relaxed time with family and friends. Use this period to check out situations that will soon require a lot of serious decision-making.



TAURUS (April 20 - May 20): Keep that keen Bovine mind focused on your financial situation as it begins to undergo some changes. Consider your money moves carefully. Avoid impulsive investments.



GEMINI (May 21 to June 20): You'll need to adjust some of your financial plans now that things are changing more quickly than you expected. All the facts you need haven't yet emerged, so move cautiously.



CANCER (June 21 - July 22): Personal and professional relationships dominate this period. Try to keep things uncomplicated in order to avoid misunderstandings that can cause problems down the line.



LEO (July 23 - August 22): That elusive goal you'd been hoping to claim is still just out of reach. But something else has come along that could prove to be just as desirable, if only you would take the time to check it out.



VIRGO (August 23 - Sept. 22): This is a good time to get away for some much-needed rest and relaxation. You'll return refreshed and ready to take on a workplace challenge that awaits you.



LIBRA (Sept. 23 - October 22): Confidence grows as you work your way through some knotty situations. Watch out for distractions from well-meaning supporters who could slow things down.



SCORPIO (October 23 - November 21): Consider spending more time contemplating the possibilities of an offer before opting to accept or reject it. But once you make a decision, act on it.



SAGITTARIUS (Nov. 22 - Dec. 21): You're in a very strong position this week to tie up loose ends in as many areas as possible. Someone close to you has advice you might want to heed.



CAPRICORN (Dec. 22 - Jan. 19): Congratulations! This is the week you've been waiting for. After a period of sudden stops and fitful starts, your plans can now move ahead without significant disruptions.



AQUARIUS (Jan. 20 - Feb. 18): You're in an exceptionally strong position this week to make decisions on many still-unresolved matters, especially those involving close personal relationships.



PISCES (Feb. 19 - March 20): The week starts off with some positive movement in several areas. A special person becomes a partner in at least one of the major plans you'll be working on.

CROSSWORD PUZZLE ANSWERS

P	A	T		A	S	I	F		H	E	M	I	
I	S	H		L	U	T	E		E	D	I	T	
E	T	A		G	R	O	U	P	H	U	G	S	
S	I	N	A	I		D	U	H					
				R	E	N	O		P	E	T	A	L
A	R	E	A	R	U	G	S		H	U	L	A	
H	U	D		S	M	E	L	T		T	O	M	
A	L	D	A		B	E	E	R	M	U	G	S	
B	E	A	C	H		S	W	A	B				
				C	O	G			N	A	N	N	Y
F	I	R	E	P	L	U	G	S		O	O	O	
A	D	D	S		A	M	O	I		M	A	L	
B	A	A	S		M	A	T	T		E	M	O	

Rotary Club Brings Smiles to Children in Guatemala

Club helps with life-changing surgery for children born with cleft palates

By Jennifer Reed
Special to the Times

For 20 years, the Rotary Club of San Leandro has helped bring smiles to more than 1,200 children in Antigua, Guatemala.

The Faces of Hope Project, led by our very own Rose Padilla Johnson and Jolene Bortz (member of Oakland Sunrise Rotary), provides life-changing surgery to Guatemalan children born with cleft lips

and/or palates.

Children born with a cleft can experience many serious challenges, such as difficulty feeding, poor growth and overall development, dental issues, frequent ear infections, hearing loss, and speech issues. Indigenous communities in rural Guatemala have a relatively high cleft lip prevalence rate compared with the global average.

The 2024 team, comprised of surgeons, anesthesiologists, pediatricians, nurses, dentists, and interpreters, kicked off our mission during the week of August 11, 2024. The group of volunteers were committed to helping bring smiles to children and families, completing 43 surgeries during the week.

A long-standing partnership with 'Asociación Compañero Para Cirugía' (ACPC) is critical to our success. This local boots-on-the-ground organization works throughout the year to identify children needing surgery. They also provide valuable education and resources for nutrition, helping ensure that the children are strong enough to

undergo surgery.

Their dedicated staff is multi-lingual, speaking the many dialects of the region, such as Q'eqchi', Poqomchi', Ixil, and Quiché, helping our



team with vital interpreting services.

Experience the profound impact of the Faces of Hope Project on the lives of the children and their families. Watch our video to witness their transformative journeys, from leaving their homes to receiving life-changing surgery, and then joyfully returning to their villages, ready to embrace a new life. The before-and-after images are truly remarkable.

Their journeys were filled



PHOTOS COURTESY OF THE ROTARY CLUB OF SAN LEANDRO

Jennifer Reed (interpreter) and Rose Johnson (FOH Director), members of the Rotary Club of San Leandro, in Guatemala. At left, Jennifer Reed and young patient, and a cleft palate operation in progress.

with challenges, but the rewards were equally inspiring, turning heartbreak into joy.

Video link - <https://www.youtube.com/watch?ap=desktop&v=kENpeysm7dc>

Or, go to Youtube and enter "Faces of Hope, Guatemala"

Manor: Children's games, bicycle clinic, hula-hoop relay race

continued from front page on hold.

WHOA has been rebuilding its membership and reviving events in the Manor since the pandemic eased, and this was the first year back for Day In The Park, Salazar said.

Performances and activities included the CA Sunlight Tai Chi Group, the Fun Lion Dancing Group, the East West Kung Fu Academy, karaoke, Iron Core Fitness, Zumba with

Sergio, DC Dance, and Palen's Martial Arts, all held in the park's amphitheater area.

There were also bike repair and pickleball clinics, and booths offered games to play, especially for children.

There was an entire children's area, a crafts area and free breakfast and lunch in the picnic area. Among the food volunteers were Mayor Juan Gonzalez, and City Councilman Fred Simon.

Families could compete in a three-legged race and a hula-hoop relay race, with prizes awarded for each.

Boy Scouts Troop 201 was on hand, as well as the Coast Guard. The Alameda Bee Association brought a working beehive, and challenged people to a game of "Find The Queen." They also gave advice on taking up beekeeping.

Mike's Pets and Feed offered advice on raising your



PHOTOS COURTESY WASHINGTON HOMEOWNERS ASSOCIATION

People gather at a bike clinic at the Day In The Park in Washington Manor Park.

own chickens. HomeGrown Habitats San Leandro gave information on native-plant gardening.

There was a financial literacy booth, several booths offering games from Litvinchuk Realty, a fire truck for kids to climb on, and a Washington Manor History Wall.

All the events, activities and food were free, sponsored

by WHOA. The group meets every 3rd Wednesday of the month from 6:30 to 8:30 pm at the Marina Community Center on Wicks Boulevard, and it's not necessary to own a home to join. Dues are \$10 per year.

The WHOA's aim is to bring together residents to learn more about what is happening in San Leandro in general, including crime and

safety, waste management, zoning and enforcement, road repair, city planning and construction, and neighborhood watch, and how these impact the Washington Manor neighborhood in particular.

The WHOA will hold a potluck holiday party and neighborhood roundtable at the Marina Community Center on December 7.



Juniper Corner provided a popular play area for kids on Sept. 7.

REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Pay Attention to Your Surroundings

By Carl Medford, CRS
Special to the Times

Growing up, our part of town was wrapped on 2 sides by a river, which served as a boundary between residential housing and an industrial zone. As a result, across the water to the south was one of North America's largest petroleum refineries, to the east was the city landfill and to the north was a chemical manufacturing facility and a creosote plant that coated telephone poles with the smelly preservative oil. Needless to say, we only had a 25% chance that the

air we were breathing in any given day was odor-free. We could tell exactly what direction the wind was blowing by simply sticking our nose out the front door.

Years later, my wife and I managed to purchase our first home. As first-time buyers, our choices of location were limited by our budget, and so we bought on the outskirts of the city. Although we had a bit of a commute, we were proud of our home and, as long as we were at work weekdays, things were fine. One day, feeling a bit sick, I decided to stay home and was assaulted,

mid-morning, by a smell that seemed to melt the hair in my nostrils. It was intense, caustic and overwhelming, yet it disappeared mid-afternoon. The following day I was home again and the pattern repeated itself. A few days later, I chanced upon a neighbor and asked, "What is that unbelievable stench during the day?" "Oh," he said, "You don't know? Canada's largest fish canning plant is just a few blocks south of us and during weekdays, beginning mid-morning, they render the offal from the fish."

Over the past few years, with extremely limited inventory, some buyers have jumped on homes without paying adequate attention to their surroundings or potential issues. As a result, upon move-in, some have discovered they are closer to industrial zones than imagined, air quality is less than ideal, airplanes fly over continuously, train horns blare throughout the night, trucks use nearby roads as a shortcut to avoid the freeway, howling coastal winds make outdoor activities untenable, and more. Although mandatory seller disclosures and the Natural Hazard Disclosure Report will often reveal many of these issues, some buyers, eager to simply get a home, fail to read everything carefully.

COMPASS

1327 Castro Street
San Leandro
3 BR 1 BA 1174 SF | \$799,000
EastBayREALTOR.com

Louis Heystek
East Bay REALTOR®
510.928.5501
DRE 01771666

Our advice? Buyer beware. It is one thing to own a home – it is something else altogether to live there in comfort.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Mortgage Rates Drop to their Lowest Level Since February 2023

Mortgage rates have fallen more than half a percent over the last six weeks and are at their lowest level since February 2023. Rates continue to soften due to incoming economic data that is more sedate. But despite the improving mortgage rate environment, prospective buyers remain on the sidelines, as they negotiate a combination of high house prices and persistent supply shortages.

RECENT HOME SALES

Home sales information is compiled and provided by CalRE-source and includes Bedrooms, Square Feet and Year Built when available

Castro Valley

22028 San Miguel Avenue 94546: \$675,000 [2 BD - 986 SF - 1978
22063 Cameron Street 94546: \$900,000 [2 BD - 1,350 SF - 1947
21968 Orange Avenue 94546: \$905,000 [3 BD - 1,288 SF - 1948
3057 Lynette Street 94546: \$935,000 [1,685 SF - 1958
4326 Shamrock Way 94546: \$1,010,000 [3 BD - 1,145 SF - 1959
19652 Fremery Court 94546: \$1,050,000 [3 BD - 986 SF - 1950
4298 Veronica Avenue 94546: \$1,080,000 [3 BD - 1,410 SF - 1952
3510 Northwood Drive 94546: \$1,250,000 [3 BD - 1,531 SF - 1953
19423 Vaughn Avenue 94546: \$1,310,000 [3 BD - 1,749 SF - 1954
20382 Glenwood Drive 94552: \$1,510,000 [3 BD - 2,160 SF - 1991
6111 Greenridge Road 94552: \$1,700,000 [4 BD - 2,229 SF - 1974
4663 Manter Court 94552: \$1,770,000 [4 BD - 2,652 SF - 1971
4919 Proctor Road 94546: \$2,300,000 [4 BD - 2,889 SF - 1980
26465 Palomares Road 94552: \$2,385,000 [3 BD - 4,069 SF - 1977

TOTAL SALES: 14
LOWEST AMOUNT: \$675,000 **MEDIAN AMOUNT:** \$1,165,000
HIGHEST AMOUNT: \$2,385,000 **AVERAGE AMOUNT:** \$1,341,428

HAYWARD

680 Dartmore Lane #359 94544: \$545,000 [2 BD - 906 SF - 1988
2133 Boca Raton Street 94545: \$566,500 [3 BD - 1,128 SF - 1956
2248 Oak Creek Place 94541: \$611,000 [2 BD - 1,375 SF - 1972
956 Collins Court 94544: \$675,000 [3 BD - 960 SF - 1968
32543 Carlyle Street 94544: \$750,000 [3 BD - 1,031 SF - 1951
26628 Colette Street 94544: \$774,000 [4 BD - 1,120 SF - 1950
22462 Hesperian Boulevard 94541: \$820,000 [3 BD - 1,162 SF - 1952
25437 Huntwood Avenue 94544: \$835,000 [4 BD - 1,705 SF - 2009
1103 Gassett Court 94544: \$840,000 [3 BD - 1,087 SF - 1982
275 Sullivan Way 94541: \$865,000 [3 BD - 1,827 SF - 2011
238 Goodwin Street 94544: \$885,000 [3 BD - 1,086 SF - 1952
830 Barker Avenue 94541: \$900,000 [3 BD - 1,200 SF - 1955
1038 Palisade Street 94542: \$950,000 [4 BD - 1,906 SF - 1960
2725 Hansen Road 94541: \$1,100,000 [2 BD - 1,106 SF - 1936
23649 Stratton Court 94541: \$1,120,000 [4 BD - 1,640 SF - 1956
3576 Siskiyou Court 94542: \$1,175,000 [3 BD - 2,268 SF - 1973
24431 2nd Street 94541: \$1,235,000 [4 BD - 2,672 SF - 1958
3663 Skyline Drive 94542: \$1,395,000 [4 BD - 2,060 SF - 1976
28867 Bay Heights Road 94542: \$1,860,000 [5 BD - 3,489 SF - 2002

TOTAL SALES: 19
LOWEST AMOUNT: \$545,000 **MEDIAN AMOUNT:** \$865,000
HIGHEST AMOUNT: \$1,860,000 **AVERAGE AMOUNT:** \$942,184

see RECENT Home Sales, page 7



Antonio M. Cardenas

Real Estate Broker - Ballroom Dancer

"The Realtors In Motion"

(510) 326-4263

www.ListedbyAntonio.com • write2me2@aol.com

R.E. eBroker Group • DRE #00898737



SERVING SAN LEANDRO FOR 20+ YEARS

Your neighbors and real estate experts.
Have real estate questions? Please give us a call!



JULIE CUELLAS

REALTOR® • DRE #01252720

510.682.5665

julie@redoakrealty.com

juliecuelas.com



GREG NOVAK

REALTOR® • DRE #01721382

510.472.4770

greg@redoakrealty.com

gregnovakrealtor.com



CORY BOLLER

REALTOR® • DRE #02132597

510.221.3037

cory@redoakrealty.com

coryboller.com

OPEN HOMES

SAT. & SUN.
SEPTEMBER 21 & 22

CITY	SAT	SUN	ADDRESS	PRICE	BDR./BA.	REALTOR	AGENT	PHONE
C		1-4	170 Via Palos	\$824,000	3/2	Coldwell Banker	LauriePfohl	510-851-3551

CITY GUIDE

A = SAN LEANDRO • B = BRENTWOOD • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD
L = LIVERMORE • M = MODESTO • S = SAN RAMON • SLZ = SAN LORENZO • W = WALNUT CREEK • Z=ALAMEDA



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

Why Avocado Trees Aren't Your Best Bet

By Buzz Bertolero
The Dirt Gardener

I'm thinking of planting two different types of Avocados that ripen at different times. What are the best varieties to plant?

A Growing Avocados in the Bay Area is an iffy proposition. They do not tolerate the winter cold. Eighteen degrees is the lowest for the hardiest varieties. So, I'd expect some damage in most winters, just like citrus.

The next hurdle is space. Avocados are large evergreen trees, reaching a height of forty-plus feet with an equal spread. They are too large for most yards and impractical to protect from cold temperatures with a plant blanket or an anti-desiccant spray. There is a limited number of dwarf varieties that stay under fifteen feet, but they're not widely available. Avocados don't like to be overwatered and produce a lot of year-round plant litter. Once established, they're watered deeply once every three weeks, depending on the temperatures. So, planting under their canopy is not recommended. Zutano, Mexicola, and Hass are three standard varieties to consider. Zutano ripens in September and has green skin, while Mexicola is shiny black and ripens in October. Hass is a purplish black and produces year-round. Mexicola and Zutano are the best to plant for cold tolerance. Wertz, Little Cado, and Holiday are two dwarf varieties. They can be grown in containers, making it feasible for them to be moved to protect them from the cold. Also, Avocados starting from a pit or seed are unpredictable. You have to germinate the seed/pit, and then wait several years to see the growth and fruiting habit. So, you'll need to purchase named varieties. You'll find additional information about Avocado varieties, along with pictures of the fruits at <https://www.californiaavocado.com/how-tos/avocado-varieties>

Note: Avocados are divided into 'A' and 'B' varieties, depending on the time of the day the pollen is released. It is a common misconception that these types refer to male and female plant types that must be planted together for successful pollination. Type 'A' and Type 'B' refer to an avocado flower's life

cycle. All avocado flowers are both male and female at various points in their daily flowering, making it possible for avocado trees grown in areas with mild climates, like the Bay Area, to be fruitful without the help of another tree acting as a pollinator. Type 'A' varieties



By http://toptropicals.com/html/toptropicals/misc/using_images.htm - <http://toptropicals.com/pics/garden/04/3000/2574.jpg>, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=51321209>

HIRING

North-African/Berber -Culinary-Products Maker About You:

- Male/female
- At least one year of experience is preferred. Specialized in making Tunisian Couscous, Tunisian-style Harissa, and Olive Paste.
- Speaks fluent English and Arabic (preferably Tunisian dialect)
- Familiar with the North-African/Berber culinary culture.

About the Position:

- Hummus Heaven is famous in California Bay Area for delicious and nutritious Middle-Eastern, North-African/Berber flavoured culinary products ("Produits des terroirs"). Interesting Salary (negotiable) and benefits.

APPLY NOW!

Send Resume to mouradtc@yahoo.com
For further info contact: 650-392-4635
Hummus Heaven Restaurant



**Hummus Heaven
Restaurant**

**170 Via Palos • San Lorenzo • Asking \$824,000
Open Sunday 1:00 - 4:00**



3 bedrooms, 2 full baths 1,472 sq feet approximately, 7,205 sf lot
Expanded home on cul-de-sac. Hardwood floors throughout.
<http://170viapalos.com>

Laurie Pfohl

CRS • DRE # 00866660

LauriePfohl@gmail.com



**Coldwell Banker • 510-851-3551 • www.LauriePfohl.com
Realtor Associate Since 1984**

have flowers that open as females on the first morning and close that afternoon. The next afternoon, the flowers open again, but this time, they are males. They shed pollen for a few hours, and then the flower closes again, this time for good. Type 'B' varieties open as females in the afternoon of the first day before closing and they reopen the next morning as males. This information is important to the commercial grower to maximize their yield. It's not so for gardeners, as they produce more than enough without the additional cross-pollination.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com, and questions can be sent by email to buzz@dirtgardener.com.

RECENT HOME SALES

SAN LEANDRO

continued from page 6

14101 East 14th Street #212 94578: \$309,000 [1 BD - 642 SF - 1986
55 East 14th Street 94577: \$421,000 [2 BD - 1,377 SF - 1942
1063 Martin Boulevard 94577: \$680,000 [2 BD - 895 SF - 1942
60 Castro Street 94577: \$699,000 [2 BD - 768 SF - 1925
390 Bellevue Drive 94577: \$700,000 [2 BD - 939 SF - 1941
830 Saint Marys Avenue 94577: \$710,000 [2 BD - 1,201 SF - 1926
1734 141st Avenue 94578: \$730,000 [2 BD - 1,172 SF - 1943
1645 Halsey Avenue 94578: \$800,000 [2 BD - 998 SF - 1945
15324 Ruggles Street 94579: \$838,000 [4 BD - 1,377 SF - 1955
727 Arguello Drive 94578: \$853,000 [3 BD - 1,391 SF - 1955
3583 Del Monte Way 94578: \$920,000 [3 BD - 1,495 SF - 1955
949 Bridge Road 94577: \$1,360,000 [3 BD - 2,252 SF - 1931
2399 Lagoon Court 94579: \$1,438,000 [4 BD - 2,778 SF - 1999

TOTAL SALES:

13

LOWEST AMOUNT: \$309,000 **MEDIAN AMOUNT:** \$730,000
HIGHEST AMOUNT: \$1,438,000 **AVERAGE AMOUNT:** \$804,461

Robert Jones and Associates

**For All Your
Real Estate Needs**

**We Are
Here For You**



— Matt Jones & Bob Jones

142 JOAQUIN AVE. • SAN LEANDRO • 510-357-0120
RobertJonesandAssociates.com

Be prepared before the next power outage.



**It's not just a generator.
It's a power move.™**

Receive a free 5-year warranty with qualifying purchase* - valued at \$535.

**Call 510-826-1463 to
schedule your free quote!**

**Terms and Conditions apply.*

GENERAC®

ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 60,000

TO PLACE A CLASSIFIED AD

CALL

510-614-1558

NEWS

510-614-1557

EMAIL

Classifieds@ebpublishing.com

TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day

www.sanleandrotimes.com

www.castrovalleyforum.com

2060 Washington Ave., San Leandro, CA 94577

CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:

MONDAY BY 5:00 P.M.

Call 510-614-1558 (Mon. - Fri., 9 a.m - 5 p.m.)

VISA, MASTERCARD & DISCOVER ACCEPTED

AUTOS / TRUCKS

\$35

10 words

(1 week)

GARAGE SALES

\$35

10 words

(1 week)

HELP WANTED

\$35

10 words

(1 week)

MISC. FOR SALE

\$35

10 words

(3 weeks)

RENTALS

\$35

10 words

(1 week)

SERVICES

\$35

10 words

(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD ADDITIONAL WORDS ARE \$1.00 EACH

CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

ANNOUNCEMENTS

You can run a classified ad for a little as \$35 a week. Your ad runs in both of our newspapers, the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday. You can also save by placing your ad on our website at castrovalleyforum.com or sanleandrotimes.com. We'll call you for your credit or debit card info for payment. To place an ad by phone call Patrick Vadnais at 510-614-1560, Mon-Fri 9 a.m. - 1 p.m.

Thanks to our many Readers who SUPPORT OUR ADVERTISERS!

CONCRETE SERVICE

S.L. CONCRETE SERVICE Drive-ways, Sidewalks, Stamped Concrete, Retaining Walls, Tree and Drain Service. Lic.#982202. 510-856-8937.

CONTRACTOR SERVICE

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

FENCES/DECKS

Fence wobbly? Call Randy's Fence Reinforcement and save thousands! 510-706-6189.

FENCES/DECKS

*SPECIALIZING IN WOOD FENCES, DECKS & RETAINING WALLS. Replace or repair, paved walkways, yard cleaning, tree trimming, topping or removal, garage cleaning & debris removal. Insured & Bonded #8189. Jerry 510-410-2427.

GARAGE SALES



HUGE GARAGE SALE 9/21, 7am-5pm. Crafts, arts, framed photos & misc. 1366 Sayre Street, San Leandro.

GARAGE SALES

ESTATE/GARAGE SALE 9/21 & 9/22, 9am-4pm. 2415 W. 135th Ave., San Leandro.

GARDENING

*BEAUTY GARDEN LANDSCAPING Design - Construction - Maintenance. Cleanups, New Lawn, Artificial Grass, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852. www.beautygardenlandscaping.com

JAIME'S GARDENING Maintenance, Trimming, Clean-ups, Hauling, Sprinkler Repair/Timers. FREE Estimates. Insured. 510-299-9583

HOPE YOU FIND just the job you are looking for!

GARDENING/TREE SERVICE

NAVA'S COMPLETE LANDSCAPING: Mowing, trees, cleanup, hauling, FREE estimates. 510 512-5857.

HANDYMAN SERVICE

HANDYMAN/ LANDSCAPING SERVICE. Maintenance, Cleanups, Hauling, Fences, Decks/ Patios, Painting, Repairs, Tree Work, Concrete. 510-712-4318.

HAULING SERVICE

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/ outside cleanups. 510-715-1578.

IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE. SLTimes

MISC. FOR SALE

NEW red size 18 girls dress with beautiful puffed up roses. \$50. Call 415-239-0561.

HOME SERVICES DIRECTORY

Child Care

We provide childcare in a safe nurturing and inclusive environment



Now Enrolling
Call Now to
schedule a tour
Ages 2-6 year olds

FUTURE STARS ACADEMY
WHERE DREAMS BEGIN
Hablamos Español
864-341-4002
FutureStarsAcademy77@gmail.com
futurestarsacademy-wheredreamsbegin.com
Castro Valley, CA
#015701047

Construction

full carpentry / building service
Fully licensed / bonded / insured since 1992



CA Lic # B 659828
Kevin@Biddlebuilders.com
510-359-6632

BIDDLE BUILDERS LLC

Construction



Cal One
Services
DESIGN
CONSTRUCTION
REMODELING

Residential
&
Commercial



Building Care General Contr.
CSLB# 1087383
510-706-1304

Drainage/Structural

Alameda Engineering
Since 1989

• RETAINING WALLS
• DRAINAGE SYSTEMS
• FOUNDATION REPAIRS
• SEISMIC UPGRADES
• CONCRETE CONSTRUCTION

www.alameda-engineering.com
510-537-6550
General Engineering Contractors
License# 562641
alamedaengineering@comcast.net

Gardening / Tree Service



PEREZ
Gardening &
Maintenance

TREE SERVICE
Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

CALL 510-385-2122
FREE ESTIMATES
EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

Handyman

HANDYMAN
SERVICES
Serving Castro Valley &
San Leandro for 28 Years
Big or Small —
We Do It All!
(925) 548-4202

Roofing



BANNER
ROOFING COMPANY

20% DISCOUNT
CELEBRATION
30th
ANNIVERSARY

NEW ROOFS & REPAIRS
RAIN GUTTERS INSTALLED & REPAIRED
RESIDENTIAL & COMMERCIAL ROOFING
Dry - Rot & Termite Structural Repairs
Decking - Soffits - Fascias - Rafters - Gables - Etc
14349 WASHINGTON AVE SAN LEANDRO
FREE ESTIMATES LICENSE # 657692
510-895-4433

House Cleaning



Tender Loving Care
House Cleaning Service
Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY
EMPLOYEES COVERED BY WORKERS' COMP STATE DISABILITY INSURANCE
Specializing in detailed cleaning tailored to your home
FREE ESTIMATES
Email: PATTYATTLIC@AOL.COM
www.tlc-housecleaning.com
510-481-9193
BONDED & INSURED • ALL TAXES PAID

Painting

Diego Painting

• Residential/
Commercial
• Interior/
Exterior
• Power Washing



FREE ESTIMATES
Lic. #855054 • diegopainting@comcast.net
www.diegopainting.com
(510) 331-6152

Plumbing

CAPELLI PLUMBING
& DRAIN CLEANING
Compare
Our Prices!
FREE ESTIMATES
24/7 SERVICE
Trenchless Sewer Repair

Military & Senior Discounts
Family Owned & Operated
510-969-4358
LIC. #1026755

Hardwood Flooring

FERREIRA'S
HARDWOOD FLOORING
Sand • Install • Refinish
Glista • Oil Base
25 Years Experience
FREE ESTIMATES
Call Jeff Today!
510-366-6491
Lic. #803455

Roofing



Wonderlin
ROOFING SYSTEMS
Castro Valley Lic. #642517 • Insured/Bonded



FAMILY OWNED & OPERATED since 1992
Reroofs • Repairs
Dry Rot Repair
Seamless Pre-painted Gutters
FREE ESTIMATES
\$200.00 OFF
COMPLETE REROOFING WITH TEAR-OFF
One Coupon Per Customer • Expires 10/31/24
(510) 538-1530
www.WonderlinRoofing.com

Roofing

Lic. #311818


K REED ROOFING
Complete Residential & Commercial
Roof Systems
(510) 357-5116
Call Now For A Free Written
Roof Analysis & Estimate
Serving San Leandro & The Entire
Bay Area. For Those Who Demand
Superior Personalized Attention.
SINCE 1975 / FULLY INSURED

Roofing / Gutters / Solar



RIDOUT
ROOFING CO.
~ SINCE 1922 ~
ALL TYPES OF ROOFING & GUTTERS
P.V. SOLAR / SKYLIGHTS
FREE ESTIMATES
SENIOR DISCOUNTS
(510) 351-1922
621-A WILLIAMS • SAN LEANDRO
STATE CONTRACTORS LICENSE NUMBER 260176

REAL ESTATE AGENTS



Are you interested in buying or selling a home or property?
Would you like the help of a Professional Agent?
For assistance call ...

RENTALS

LANDLORDS – Advertise your units! A vacancy day is money lost forever ... R. Bowman

RENTALS/RV SPACES

RV/ Trailer space in San Leandro and Oakland& Hayward. \$950/ month. Call 510-481-9901.

RENTALS/WANTED

WANTED: Small house rental for single retired woman. Call 415-960-8516.

Help for the homeowner means business for you!



San Leandro Times
HOME SERVICES GUIDE
Call 614-1558

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

SERVICES

HANDYMAN & CONTRACTORS
You can run a classified ad for a little as \$35 a week. Your ad runs in both of our newspapers, the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday. You can also save by placing your ad on our website at castrovalleyforum.com or sanleandrotimes.com. We'll call you for your credit or debit card info for payment.
To place an ad by phone call Patrick Vадnais at 510-614-1560, Mon-Fri 9 a.m. - 1 p.m.

SUNROOM/PATIO COVER

abovetherestpatio.com
yelp, facebook, nextdoor
Financing OAC. Lic.#803409.
209-834-1771

TREE SERVICE

*A CAREFUL TREE SERVICE.
Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE** Estimates. Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum
DON'T LET ANOTHER WEEK SLIP BY!
– A vacancy day is money lost forever –
To place an ad call 510-614-1558

LANDLORDS - Advertise your units!
– A vacancy day is money lost forever –
R. Bowman

NEED - MUSIC LESSONS or PIANO TUNING?
Check the Classified Ads under "MUSICAL SERVICES" for help.

Find More Local News in the Times

To advertise call
Claudette Morrison: 510-912-1490
Linda Nakhai: 510-915-1513

Rock of Ages with the music of Bon Jovi Bad Company & Journey



Sat., Sept 28, 2024 8:00PM \$30

\$10 OFF COUPON

Present this coupon at the door or order ticket online at baltheatre.com, enter CODE: EVENT to receive a \$10 discount.

HISTORIC BAL THEATRE
14808 E. 14th St., San Leandro 510-614-7700

THE TIMES CROSSWORD

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18			19				20					
			21		22	23		24		25	26	27
28	29	30					31		32			
33				34				35		36		
37			38		39				40			
41				42		43						
			44		45			46		47	48	49
50	51	52					53	54		55		
56					57					58		
59					60					61		

- ACROSS
- 1 Bit of butter
4 "Dream on!"
8 Half (Pref.)
12 "Kinda" suffix
13 Mandolin's kin
14 Redact
15 LAX info
16 Embraces among team members, say
18 Mideast peninsula
20 "Gee, ya think?"
21 Nevada city
24 Pansy part
28 Floor coverings
32 Luau dance
33 Paul Newman film
34 Refine metal
36 Male turkey
37 "M*A*S*H" star
39 Pub vessels
41 Sand castle site
43 Clear the decks?
44 Gearwheel tooth
46 Mary Poppins, e.g.
50 Hydrants
55 Tic-tac-toe win
56 Totals
57 Mine, to Marcel
58 -- de mer
59 Sheepish remarks
60 Swimmer Biondi
61 Moody rock genre
- DOWN
- 1 Slapstick arsenal
2 Italian wine region
3 Compared to
4 North African capital
5 California's Big --
6 "Am -- blame?"
7 Family fight
8 Sneaky laugh
9 Sch. URL ender
10 "Top Gun" target
11 TGIF part
17 Young seal
19 Coach Parseghian
22 Feeling no pain
23 Curved moldings
25 Ballet wear
26 Sleep like --
27 Felonious flights
28 Melville captain
29 Hold sway
30 Icelandic epic
31 Whole lot
35 Trains, buses, etc.
38 Entry
40 CEO's deg.
42 Jump
45 Glitz partner
47 Alaskan seaport
48 Linguist Chomsky
49 Present-day "carpe diem"
50 "Terrifi!"
51 Wyo. neighbor
52 Vitamin stat
53 Hollywood's Thurman
54 Acquired
- ANSWERS ON PAGE 4

LEGAL NOTICES

FILED
MELISSA WILK

August 22, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608838

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Debbie's Skin Care Oasis, located at 2187 E 14th Street, San Leandro, CA 94577 / 1533 Knox Street Castro Valley, CA 94546 Alameda County, is hereby registered by the following owner(s): Debbie Ray Esguerra, located at 2187 E 14th Street, San Leandro, CA 94577. This business is conducted by a Individual.
This business commenced N/A
/s/Debbie Ray Esguerra
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 21, 2029
AUG 28, SEP 4, 11, 18, 2024
1701 - SLT

FILED
MELISSA WILK

August 22, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608837

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Montesito Village, located at 22144 Montgomery Street, Hayward, CA 94541 / 719 Bloom Street, San Leandro CA 94577 Alameda County, is hereby registered by the following owner(s): Lulio Laos, located at 719 Bloom Street, San Leandro CA 94577 / Brenda Zarate 1700 California Street Suite 904 / Alfredo Montes 719 Bloom Street, San Leandro CA 94577. This business is conducted by Co-partners.
This business commenced N/A
/s/Lulio Laos
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 21, 2029
AUG 29, SEP 5, 12, 19, 2024

FILED
MELISSA WILK

July 25, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608210

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Creative World, located at 1007 87th Ave., Oakland, CA 94621 Alameda County, is hereby registered by the following owner(s): JAD & EMD, located at 1007 87th Ave., Oakland, CA 94621. This business is conducted by a Corporation.
This business commenced 08/16/2016
/s/Essie Day
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires July 24, 2029
AUG 29, SEP 5, 12, 19, 2024
1700 - SLT

FILED
MELISSA WILK

August 26, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608899

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Anon Box LLC, located at 2104 Bancroft Ave San Leandro, CA 94577 Alameda County, is hereby registered by the following owner(s): Anon Box LLC, located at 2104 Bancroft Ave San Leandro, CA 94577. This business is conducted by a Limited Liability Company. This business commenced N/A
/s/August Enderlin
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 25, 2029
SEP 5, 12, 19, 26, 2024
1710 - SLT

FILED
MELISSA WILK

July 22, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608123

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
GBBB - God Base Beauty Butter, located at 16450 Kent Ave., #233 San Lorenzo, CA 94580 Alameda County, is hereby registered by the following owner(s): Gwendolyn Johnson, located at 16450 Kent Ave., #233 San Lorenzo, CA 94580. This business is conducted by a Limited Liability Company. This business commenced N/A
/s/Gwendolyn Johnson
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires July 21, 2029
SEP 5, 12, 19, 26, 2024
1712 - SLT

FILED
MELISSA WILK

August 23, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 608858

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
La Raza Market, located at 16411 E. 14th Street San Leandro, CA 94578 / 1431 Nob Hill Ave. Pinole, CA 94564 Alameda County, is hereby registered by the following owner(s): DP Brothers Inc., located at 1431 Nob Hill Ave. Pinole, CA 94564. This business is conducted by a Corporation. This business commenced N/A
/s/Puskar Regmi
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 22, 2029
SEP 12, 19, 26, NOV 03, 2024
1720 - SLT

NEED TO PLACE A LEGAL AD?



FILED
MELISSA WILK

September 9, 2024
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 609175

FICTITIOUS BUSINESS
NAME STATEMENT
Pursuant to Business and
Professions Code
Sections 17900-17930
The name of the business(es):
Hazard Serves, located at 2600 San Leandro Blvd #1701 San Leandro, CA 94578 Alameda County, is hereby registered by the following owner(s): Derek C. Wilson, located at 2600 San Leandro Blvd #1701. This business is conducted by An Individual. This business commenced N/A
/s/Derek C. Wilson
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires August 22, 2029
SEP 19, 26, OCT 03, 10, 2024
1730 - SLT

CALL 510-409-4250

HOME SERVICES

Whatever your specialty, the place to advertise is in the...

HOME SERVICES DIRECTORY

Delivered to 32,736 homes in San Leandro, over 20,000 homes in Castro Valley, and another 8,264 are delivered to businesses and libraries.



Roofing & Painting

San Leandro Painting & Roofing

Family Owned Since 1966 Bonded & Insured
Lic. #883326

• Residential and Commercial Roofing
• Re-roofing • Attic Ventilation
• Roof Repair • Rain Collection Systems
• Attic Ventilation • Certified Roof

510-798-9674

Child Care



Licensed Child Care
Nurturing Environment
Contact Us Today
This Ad Space Could be Yours! To reserve this ad space call advertising Sales Rep Patrick Vадnais at 510-614-1560


Gardening/Landscaping

LANDSCAPING, MAINTENANCE & TREE SERVICE

• General Cleanup & Maintenance
• Lawn Mowing, Edging & Weeding
• Tree Removal, Topping & Trimming
• Hillside Cleanup, Hauling & Shaping
• Brick Work, Patios & Retaining Walls

CALL FOR A FREE ESTIMATE
510-712-4318

Plumbing



Residential/Commercial PLUMBING
All Types / Reasonable
This Ad Space Could be Yours! To reserve this ad space call advertising Sales Rep Patrick Vадnais at 510-614-1560

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. Letters can be edited for clarity or length. Letters are the views of the author and not necessarily the views of the newspaper or its advertisers. E-mail letters to: letters@ebpublishing.com or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Tension in the Campaign

Editor,

I want to take a moment to address a couple of things that have come up during this campaign. First, let me say I'm sorry if any of my signs have been put up or taken down where they shouldn't have been. There was a misunderstanding at one household where I thought I had permission to replace my opponent's sign with mine. That was on me, and I apologize for the confusion. I've tried to reach out to the homeowner to apologize directly, and I want to make it clear—I won't be touching anyone else's signs. I'll also make sure everyone helping with my campaign knows to do the same.

Now, about the library incident: I got into a situation where things got heated with an opponent's supporter. I stepped in to protect my mom, but I recognize I could have handled things differently. I've asked for the video to be made public so you can see for yourselves that I wasn't the aggressor and was actually the first to back down. But still, I know I could've de-escalated better, and I'll do my part to avoid any confrontations going forward.

We've seen some real tension in this campaign, and I'm just as tired of it as many of you are. This kind of stuff isn't productive, and it's not the kind of energy we need in San Leandro. I'll do better, and I'm asking everyone supporting me to keep things civil, too. Let's focus on what really matters—working together to improve our city.

Thank you for holding me accountable. I appreciate your support and will keep working hard to earn your trust.

Bryan Azevedo
San Leandro

Azevedo's Proposals Send City Downhill

Editor,

In response to Adrian Norberto's letter stating he is responsible for displaying a massive re-elect Bryan Azevedo sign on his van, no one personally "hates" Azevedo. Many rightly object to Azevedo's breaking of the rules and stream of bone-headed proposals while our city is going downhill.

One of Azevedo's first actions in office was nominating to a city commission his former campaign manager who was vehemently an-

ti-police and repeatedly said online "ACABs," including gay and lesbian police officers. "ACABs" stands for All Cops Are Bastards. Fortunately, the rest of the City Council figured this out and forced Azevedo to withdraw the nomination.

Then right after he lost his race for mayor, Azevedo tried to reward another political supporter by renaming the San Leandro Main Library after this person. Azevedo wanted it done on an expedited basis reserved for emergency ordinances. Again, we were fortunate that the City Council put a stop to Azevedo's plans.

Just this month, at the City Council meeting on how to revive the San Leandro economy, Azevedo's "bright idea" was to spend millions of tax dollars on constructing an indoor ice-skating rink at the Bayfair Mall that the city would charge residents to use. The City Council immediately shot down Azevedo's ice folly.

Being a City Council member is not about who takes the most selfie photos or can organize a community clean up. It's about focusing on the major issues facing our city today and in the future, and working to solve these issues.

Azevedo has served four years in office, including as our Vice Mayor. Is San Leandro better off or in worse condition than it was four years ago? We all know the answer.

Lawrence Andrews
San Leandro

Supporting Ed Hernandez

Editor,

We have been San Leandro residents for over three decades. We participate in community events, support local businesses and do our part to fulfill our civic duties.

Over the years, we have gotten to know Ed Hernandez and his family and find him to be an honest, service oriented, hardworking family man. These are the characteristics that we look for in our elected officials. Mr. Hernandez is a former City Council Member and current candidate for City Council.

On Thursday September 5th, we hosted a meet and greet event in our home for Ed Hernandez. We invited family, friends and neighbors to attend to come and hear his vision for San Leandro. Those in attendance had the opportunity to speak with the candidate individually and heard his presentation about his priorities and

vision. Mr. Hernandez spoke of his most recent endorsements including the San Leandro Firefighters, San Leandro Police Officers Association and the NorCal Carpenters Association. Our guests left feeling more informed and decisive on how to cast their votes.

Days after hosting our event, several incidents took place involving Bryan Azevedo City Council Member. The scuffle that took place at the Library on Saturday September 7th that left two people physically injured, video surveillance of Mr. Azevedo removing Mr. Hernandez's yard signs and replacing them with his own, and let us not forget about the van with the huge banner in violation of San Leandro city ordinance. This behavior is not only unbecoming of someone seeking re-election but unacceptable.

To us, the choice is clear. We are confident that there are many San Leandro residents who long for positive changes that will move our city forward and stand with us in electing the best candidates to serve our city.

Amada and Ed Robles
San Leandro

Charge Admission

Editor,

I am writing to bring attention to the recent "debate" between our esteemed politicians, Brian Azevedo and Lee Thomas which unexpectedly turned into a wrestling match at our beloved Main Library. While the event certainly provided some unexpected entertainment, I must express my disappointment at the lack of prior notice for such a showdown of physical prowess.

If a rematch is being contemplated, might I suggest a more organized and charitable approach. Instead of a political debate, why not consider a charity boxing match? This time, let's ensure proper promotion with posters plastered around town, tickets sold in advance, and all proceeds donated to the needed repairs at Casa Peralta.

Not only would such an event draw a larger, ticket-buying crowd eager to witness the clash of the titans, but it would also serve a noble purpose by supporting a public cause.

Let's turn this unexpected scuffle into a positive opportunity for unity, entertainment, and philanthropy.

Don A. Weingarten
San Leandro

Detox Centers Needed To Help Homeless

Editor,

The problem of most unhoused people is the use of drugs and alcohol. Building shelters for them is a good idea, at the same time there should be some detox centers to help them to get over their drug and alcohol habits.

The inner spirit of most human

beings wants to kick the shackles of bad habits like the use of drugs and alcohol but they always need help. Take the story of the founder of Alcohol Anonymous, Bill W. With the help of the twelve steps he was able to overcome his addiction and help thousands of men and women to overcome the ravages of alcohol. I am not an expert on budget but I am sure that some of the money allotted to help the unhoused can be used to open a detox center or at least an outpatient clinic where they can get some help in cleaning up their bad habits.

There is an unhoused man who has made himself comfortable on Barrow Street in my neighborhood. My heart goes out to him and I would like him to go to a shelter. But then his cronies come in the evenings to smoke weed with him and so he would not like to go to a shelter where there are rules and regulations to follow.

Such people should be approached by social workers to get them to the detox centers. A good example of a detox center is the one that is being built in San Diego by the Catholic Church. I hope many cities and States will follow this example and open detox centers to help the growing unhoused population.

A detox center in San Leandro will be an example for other cities. I would like the mayor and the City Council to seriously consider this option.

Bella Comelo
San Leandro

Reopening Lake Chabot Road Not Yet Justified

Editor,

I have heard many assertions about the need to reopen Lake Chabot Road. The City Council members asked good questions on Sept. 9th. I am writing to highlight additional important questions not yet answered.

First and foremost, if LCR is a needed evacuation route, isn't opening to regular traffic contrary to that goal? Roads degrade due to weight traveling over them. If LCR remains open only to emergency vehicles, degradation will slow and it will stay usable much longer waiting for the day, heaven forbid, it is needed by residents to evacuate. Also, one-lane regular use means even faster degradation.

Second, what is the benefit of preserving it for daily, as distinct from emergency, use? For the problem of traffic turning on Astor and through neighborhood streets, there's a cheap, simple solution: add another barrier above Astor, so it can't be used for through traffic coming up from Castro Valley. Current traffic (60% below 2018 levels) can easily be redirected to I-580 or Fairmont Drive, adding only a few minutes to most trips. This barrier might require

county collaboration.

Finally, is it a needed evacuation route at all? Patty Breslin's Aug. 29th letter had good points on this, which I haven't seen rebutted convincingly. The overall number of exits (three, or four with 150th) seems sufficient. More expert advice could change my mind, but it hasn't been presented.

For all these questions, before the city pursues fuller reopening, citizens will expect full answers from credentialed experts. If they don't, and we end up draining our transportation budget to preserve a shortcut of convenience (federal funds typically require local match!), the city will hear from a lot more angry people than Bay-O-Vista can muster.

John Minot
San Leandro

Lake Chabot Road Needs to Reopen

Editor,

The City Council needs to make decisions that uphold the greater good. They should not allow a vocal few, who want to keep Lake Chabot Road permanently closed, bully them into jeopardizing the public safety of 3500+ residents in Bay-O-Vista that need LCR opened as the emergency evacuation route it is.

For months, a few people have been pushing to turn 2,100 linear feet of closed Lake Chabot Road into a permeant car-free zone. Please keep in mind that this road is adjacent to a Regional Park with over 70 miles of trails, but their goals don't end there. Their real stated aim is to convert all of LCR, up to Fairmont into a bikes-only route and to allow the road "to return to nature." LCR is an imperative arterial for evacuations. The city needs to reopen it now to alternating one-way traffic with signals at either end.

Lake Chabot Road needs repairs also to prevent homes on Astor Court from sliding down the hill. These concerns have been dismissed by some, viewing these neighbors as a "small group of mostly wealthy" individuals who supposedly don't need safety. Bay-O-Vista has a large, vulnerable population, with many elderly residents, and some with small children, all who will need additional time to evacuate in the case of an emergency. Their answer to this is to have residents climb over a barbed wire fence and hike out through a field of tall flammable grass.

Please open Lake Chabot Road NOW to alternating one-way traffic with signals at either end so that the road becomes a usable and known route for Bay-O-Vista residents to get to safety.

Please do the right thing for the greater good of San Leandro. Don't allow a few bullies to risk the public safety of 3,500+ residents.

Greg Novak
San Leandro

Fire Drill: Civilians get a feel for the work of a firefighter

continued from front page

have all this protective gear that keeps them safer. But people don't know how much it weighs and how hot it gets inside it."

The firefighters and guests gathered at the Alameda County Fire Department's training facility at 890 Lola St. in San Leandro for Fire Ops 101, presented by the department and Firefighters Local 55. The facility is located on a side street just off Alvarado Street, near the Cherrywood

neighborhood.

Alameda County Fire Chief Willie McDonald spoke about the hundreds of firefighters, 70 police officers and several thousand civilians who lost their lives on 9/11, and led those present in a moment of silence.

Next, there was a 9/11-style tower climb, with guests and firefighters donning gear quickly, grabbing pre-positioned gear, and charging up smoke-filled staircases of the Fire Department's tower at the

training facility.

"It's hard work climbing lots of stairs with gear, when it's on fire all around you," said Captain Francis Blay of Berkeley's Station 19 as he helped Mayor Gonzalez put on his gear for the tower climb.

"We're trained extensively, but training can't anticipate everything you actually encounter," Blay said.

Councilmember Bowen said it was an honor to step into the shoes of the firefighters, even for a short time.

"I saw how much dedication, hard work and selflessness it takes to carry out that role," Bowen said. "Even first putting on the mask, and taking those first steps, I was very anxious. It's hard to overcome the anxiety as well as the sheer physical demands of the job."

She then carried the gear up the steps of the tower and realized just how heavy the gear is.

"I was only in the flames in the burning trailer (a later exercise) for a minute, and got to turn on the hose, but I realized how much you need training, as well as courage, to stay there and put out the fire," Bowen said.

"It was a first-rate experience," she said. "One thing I learned is that we all have to take fire safety very seriously as individuals. A fire can happen at any time, and happen quickly, so you need to have an emergency plan."

Bowen said it would nice if the fire department could expand this exercise beyond elected officials to leaders of nonprofits and other groups, or even members of the public, to spread that awareness.

The civilian guests also got to race into a fire, though at ground level, carrying hoses, breathing apparatus and other gear to extinguish a fire in the department's Fire Trailer. Unlike most real fires, the fire's source was propane which could be easily turned off safely if necessary.

Captain John McInnis of the Training Division, with 25 years experience, told the civilians they had to pay attention to their communications gear.

"Smoke muffles sound," he told them. "Firefighting is not something you know. You have to train. It goes against everything your body is telling you, which is 'get out of here!'"

Even in San Leandro, but more so elsewhere in the county and state, wild-land fires are a possibility, instructors said. One exercise involved digging trenches and fighting



PHOTOS BY MIKE MCGUIRE

Captain John McInnis instructs civilian guests in fighting a building fire at the September 11 Fire Ops 101 event. Below, firefighters and civilians prepared to put out a fire inside the Live Fire Trainer at the San Leandro training facility.



San Leandro Mayor Juan Gonzalez suited up as a firefighter for a day at the September 11 event held at the fire department's training facility at 890 Lola St. in San Leandro.

Harmony Fusion to Hold Open Rehearsal

Harmony Fusion, a women's a cappella vocal ensemble, will host a special open rehearsal guest night to welcome new singers from around the Bay Area in Monday, Sept. 23, from 7 to 9:30 p.m. at the Hill and Valley Women's Club, 1808 B St. in Hayward.

Harmony Fusion, a chapter of Sweet Adelines International (SAI), is open to female singers as young as high school age. The group generally meets Monday nights in Hayward. Guests are always welcome but September 23 is set aside as a special open rehearsal.

"If you have a good ear for music, we want you," says

member ship chair Joanne Morrison. "We're looking for women who love to sing and are interested in performing, chorus competitions, and improving their vocal skills."

All singers are welcome, with or without choral experience, to the guest night to find out if Harmony Fusion is a good fit for you. The ability to read music is not required.

At this special interactive rehearsal, visitors will experience what it's like to sing in the barbershop style as a member of Harmony Fusion. After a meet and greet, guests will join members on the risers to experience the joy of "ringing chords" together.

wildfires.

Car crashes are a more frequent hazard in San Leandro, and guests got to use the Jaws of Life to extricate realistic-looking injured victims (actually dummies) from a very realistic looking car crash.

Instructor Frank Harrah, from Station 24 in Ashland, showed the civilians that it might look like a passenger could easily exit a vehicle because the top part had been freed, while still trapped due to a collapsed dashboard pinning their legs.

Harrah showed them how to use the jaws to cut metal and bend it, without injuring the passenger further.

A collapsed building following a natural disaster or even a bad vehicle crash hid injured civilians who needed to be rescued in another exercise, led by Firefighter Justin Sparrow, also from Station 24.

"We have all kinds of heavy construction tools here, but we start off with jackhammers," Sparrow said. "You would be amazed how much

you can get done with two people on jackhammers."

Running out of Station 24, the Rescue Unit is the only specialized Level 1, 24/7, fully-staffed such unit in the

county, said Captain Brian Centoni.

"If any major event even remotely like 9/11 happened here, they're who would go in first," Centoni said.

DEERCREEK
FUNERAL SERVICE

CREMATION SERVICES

JAY SPENCER, FUNERAL DIRECTOR
Serving the Community Since 1967

Castro Valley Office: (510) 317-7890
Jay Spencer, DeerCreek2965@gmail.com

www.DeerCreekCremation.com

SANTOS-ROBINSON MORTUARY

— Supporting Local Churches and Families for Over 90 Years —

FUNERAL AND CREMATION PROFESSIONALS

Traditional Services • Cremation Options
Pre-Arrangements
Serving All Faiths and Cultures

510-483-0123

www.santos-robinson.com
CA LIC. FD-81

FAMILY OWNED



SENIORS

Exercise as We Age: Remember To Keep it Simple and Enjoyable

By Mitch Rothbardt
SPECIAL TO THE FORUM

There's nothing I hate more than articles telling people what exercises they shouldn't do after a certain age. Those exercises are fine when someone is 59 years and 364 days old, but not a day later?

Worst of all is that they show a fundamental lack of understanding about fitness.

I've trained hundreds of people in their 50s, 60s, 70s, and 80s, and every one of them has done the exercises that pop up in those articles.

And gotten great results.

They just do a version

that is appropriate for them. (By the way, that applies to people in their 40s, 30s, and 20s, as well.)

That's because age isn't nearly as important as we think. It's not that it means nothing, it just doesn't have to mean everything.

Show me someone who constantly complains about their age, and I'll show you someone who's probably done that for decades.

Show me someone who ignores their age and gets out there and does things and I'll show you someone living an interesting, vital, and fulfilling life.

Who do you want to be? When it comes to exercise, don't let ridiculous articles define you. Research has shown that exercise can help at any age, so find something you like doing and start doing it. Lift weights, walk, bike, dance, play softball... whatever you want to do, just go ahead no matter what the calendar says.

If you have specific



issues to work on, here's a quick rundown on the best exercises to help. Of course, ask your doctor for guidance on any serious health issues you may be dealing with. I'm not a doctor, and although I have auditioned to play one on TV, I didn't get the part.

Want to reduce chronic pain, improve bone density, increase body strength, or improve mobility? Try strength training.

Concerned about heart issues? Cardiovascular training is for you. Do you have high blood pressure or just want to improve your overall health? Any kind of exercise will do, but you have to do it.

I hope this helps you think about what you can do to feel better. Remember to keep it simple and enjoyable.

The most important thing you can get from a workout is the desire for another one.

Mitch is the owner and head trainer at Castro Valley Fitness. He loves answering your fitness questions at the dog park with Penny, Max, and Tex or by emailing him at: Mitch@CastroValleyFitness.com.

Demolish: Demolition at marina does not include the docks

continued from front page

Yacht Club and Spinnaker Yacht Club, a couple of storage sheds, permanent shades over the boat dock, six gangways, and five restrooms.

The demolition does not include removing the boat docks from the marina, according to City of San Leandro spokesperson Paul Sanftner. While the docks are eventually expected to be removed, they are part of the park designs and are not tied to the demolition on land.

The Marina, including the abandoned yacht clubs' buildings, boat yards, and parking lots, are planned to be redeveloped into a 13-acre park, hotel, and apartment buildings.

According to Osakwe, the bidding process started on September 4. The city received and compared three bids and recommended Penacor to the Council. To keep with the schedule to demolish the remaining buildings by the end of the year, staff also submitted emergency permit applications to the Bay Conservation and Development Commission (BCDC), the Army Corps of Engineers, and the California Water Resource Board.

Developer of Marina Declares Bankruptcy

Meanwhile, the redevelopment process has suffered a setback. On June 20, 2024, Cal Coast, the company hired to build the Monarch Bay Shoreline Project, filed for Chapter 11 Bankruptcy.

The developer was already on shaky ground. In February 2024, San Leandro filed a Notice of Default on a \$24.8 million loan it gave to Cal Coast to purchase the space to build, including converting the 9-hole golf course into housing.

San Leandro does not currently own the land. In December 2022, the city sold the single-family portion of the project to Cal Coast. The U.S. Bankruptcy Court Trustee currently holds the property.

According to Sanftner, the underlying property fully secures San Leandro's loan, so the city is not financially exposed. The city anticipates the bankruptcy process will last at least nine months.

The property that the developer purchased includes the western portion of the 9-hole Marina golf course. Per the project agreements, the developer will be required

to reconstruct the 9-hole golf course on the remaining golf course land that the city continues to own.

Representatives with Cal Coast were not immediately available for comment.

Community Development Director Tom Liao says San Leandro will continue to support development efforts at the marina but did not provide an official timeline.

"City departments continue working diligently with the developer, Cal-Coast, towards the development of the Shoreline project," Liao said. "Presently, staff has been in ongoing coordination with Cal-Coast on efforts to obtain permitting approvals and continue to do so during the bankruptcy process."

Mayor Juan Gonzalez says the vision is still to construct single-family homes and townhomes as well as building a new hotel, restaurant, banquet space, and retail units, but he was vague on when that might begin.

"The redevelopment will happen," Gonzalez said. "And if this developer is unable to execute, we will move forward with another developer when the opportunity presents itself."

Bankruptcy: Might have to find a new developer, says mayor

continued from front page

homes and townhouses near the golf course, the other side of Monarch Bay Drive from the water.

Design work on the project continues, he said, though any groundbreaking is delayed until the bankruptcy proceedings before a federal judge wrap up. Gonzalez said he expects the bankruptcy proceedings to take at least nine months, making it the spring of 2025 until the situation becomes more clear.

Gonzalez said he hopes the bankruptcy proceedings will encourage further financing and allow the project to proceed with Cal Coast.

"If they don't, we will find another developer and work with them," Gonzalez said.

The city holds the property, which it had sold to Cal Coast, as collateral on the loan, and its value exceeds what is owed, Gonzalez said.

The city has been working with Cal Coast since 2008 to redevelop the marina, but

no construction has begun. Plans for development were approved by the City Council in 2022.

Gonzales said that even without the bankruptcy the project would likely still be in the stage of finalizing designs and getting final approvals by city departments. That behind-the-scenes work by city departments continues, he said.

Cal Coast ran into problems getting financing after the city approved the project and the city agreed to lend them \$24.8 million later that year. It was a bridge loan, to allow the project to progress while the developer obtained other financing.

After making some payments through 2023, the developer stopped making them at the end of 2023 and the city declared them in default in February of this year. The bankruptcy, which only affects the Cal Coast subsidiary working on the single-family homes and townhouses, was filed in June.

City spokesperson Paul Sanftner said it is common for a developer and city to set up different legal entities for different parts of a large project. The other legal entities continue to work with the city on redeveloping other parts of the marina, he said.

The city has been attempting to redevelop the Marina since shortly after it decided in 2005 to stop expensive dredging of the waters and build housing and commercial structures there instead. (The federal government stopped paying for dredging the marina, as it had in the past.) Cal-Coast was chosen as master developer.

It would be over a decade and more than 100 meetings later that an overall plan for the site was developed and approved, in June 2022. That plan includes apartments, townhouses, single-family homes, a redesigned nine-hole golf course, a protected monarch butterfly habitat and a hotel.

WINKLER LAW

Living Trusts & Trust Administration
Probate • Wills
Real Estate • Litigation

— Give Us a Call —
Most Initial Consultations Are Free

(510) 357-3403
1883 East 14th Street
San Leandro

We're Here for You in This Next Stage of Care

Have a peace of mind knowing that helping hands are never far away. Take a tour of our senior living community today.

Carefield
Castro Valley

Assisted Living • Memory Care

510-925-2738

19960 Santa Maria Ave
Castro Valley, CA 94546

CarefieldCastroValley.com