



Welcome to the November edition of Southborough Dental Practice Newsletter.

What strange times we find ourselves in, so much uncertainty and worry, however here at Southborough Dental Practice we want to reassure all of our loyal patients that we are here for you, offering emergency care and some routine treatments. Our Hygienists Lisa and Sue are happy to be back to work offering hygiene appointments, however due to the current guidelines only hand scaling is provided. We have been very fortunate to be able to obtain a good source of PPE, (personal protective equipment) to enable us to be able to offer you our usual high standard of care but with the reassurance that we can provide treatment in a safe way. Cross infection control is not new to the dental team, hand washing, gloves and masks have been routine for many years, we have a very well equipped decontamination room, with state of the art autoclave systems in place ensuring a high standard of decontamination.

The new routines do mean that after using any air and water generated procedures we then need to leave the surgery empty for one hour, this is called fallow time, to be able to utilise our time effectively this has involved some alterations to our appointment booking, we appreciate your understanding that we may not be able to offer your normal time slots.

Now for some light hearted news...

We are so pleased to be able to now announce that we have 2 new arrivals planned for early next spring, Our Dentist Hannah and Nurse Paige are both going to be welcoming new additions to their families in March, very exciting times.

We have also had a few birthdays recently, early October our lovely Hygienist Lisa was the first of our special birthdays, it's rude to ask a ladies age before you ask.. Then on the 20<sup>th</sup> of October we celebrated Dr Panos reaching 40 and Dr Romulo 50, it is not a normal year so unable to go out to

celebrate we had a fun , socially distanced lunch party in our staff room, Our very own star baker Kayleigh made individual birthday cakes and we enjoyed Pizza from Southborough Pizza shop.

The news on the 31<sup>st</sup> October that we are now going in to another months lockdown was initially a little worrying , however we have been reassured by NHS England that medical appointments, including Dental visits will not be affected during this period, so Southborough Dental will be continuing to offer care, however we are unable to allow patients to wait in the waiting room and you will be asked to only arrive at the practice for scheduled appointments. We do have a reduced Reception team, however we do have a new telephone system that allows you to leave messages and one of our team will get back to you as soon as possible.

With Christmas just around the corner and shopping being a bit restricted, why not consider buying your loved ones a gift voucher towards a whitening treatment or a Hygienist appointment, give them something to smile about, we still have our whitening treatment on a special price of £290.00.

Look out for our Facebook page for news and up to date information.

Stay safe and we look forward to welcoming you all back in the hopefully not too distant future.

