



The Chatterbox

AUGUST 2017



6800 Parkside Cr DeForest, WI 53532 GM: (608) 846-7900 Sales & Marketing: (608) 846-4640 www.theparksidevillage.com

EVENTS:

- 1) Women's Breakfast / B I N G O
- 2) Men's Breakfast
- 4) Farkle Dice Party
- 8) Lunch Bunch / Cribbage
- 11) Coffee Hour (hosted by Lucy Crook, Rita Shaw, Gretchen Kurth) / Social Committee meeting/ "500" cards
- 15) Annual Golf Outing at Lake Windsor & Game party & luncheon/ B I N G O
- 17) Movie day (10 am & 2 pm)
- 18) Farkle Dice party 21) Solar Eclipse
- 22) Sr Day Farmers Market/ Birthday Bash / Cribbage
- 24) Parkside Ladies Field trip/ Mary's Boutique Fall Preview
- 25) Coffee Hour (hosted by Alice & Bob Hebel, Ann Hahn & Bill Levitus) / "500" cards
- 29) B I N G O *Looking ahead: Sept 2) Potluck Brunch*



Birthday Bash Time!!

**Join us on Tuesday
afternoon, August
22nd at 2:30 pm for**

our celebration of both July and August Birthdays. There will be cake and ice cream along with singing. All the participants who come who have a birthday in either July or August will be put in for a drawing for a \$20.00 cash prize. Hope to see you there! Last month's winner was Bob Hebel.

A Total Solar Eclipse (the first since 1979)

On Monday August 21, a solar eclipse will cut across the entire United States. And wherever you are, you *will* be able to see it. Even though the "totality" — the area where the sun is completely blocked out by the moon — is only 70 miles wide, the whole country (even Alaska and Hawaii) will experience a partial eclipse. According to a chart where I put our zip code in says we should experience in our area the eclipse will peak at 1:15:14 pm CDT, when the moon obscures 84.3% of the sun. The government agency noted the only safe way to look directly at partially eclipsed or uneclipsed Sun are via special-purpose solar filters, including "eclipse glasses" or handheld solar viewers.

"Homemade filters or ordinary sunglasses, even very dark ones, are not safe for looking at the Sun," NASA wrote in its guidelines.





Our Annual Golf Outing will be

Tuesday, August 15th at 8 AM Tee-Time

*****FUN!!! FOOD!! PRIZES!!!***** All Parkside Village Residents are invited to partake in our Annual Golf Outing at Lake Windsor Country Club. Your golf skill level makes no difference as we play Best Ball for just Nine Holes. So if you have a set of clubs and just want some fresh air,

please sign up to join us. Carts are provided for all players in fact they are preferred to keep play moving. Once we finish golfing we usually have a putting contest by the Clubhouse.

Tee Time is 8:00 AM and **Registration is through August 8th.**

All Parkside Village Residents are invited to a light lunch back at Parkside Village in the Community Room at Noon after the Golf Outing. For those that don't wish to golf, but would like to Socialize there may be card games from 10:00 on in the Community Room on August 15th. There is a **sign up sheet for the Lunch** on the Bulletin Board. Must **RSVP by August 11th for lunch.**



Sunflower Days:

Sunflower Days at the Pope Farm Conservancy has become a beautiful annual event for many thousands of people. Visitors from near and far come to see this visual phenomenon...a 9-acre sunflower field with over a half million sunflowers in bloom!

It is **truly a magical experience!**

Dates: August 12-20, 2017

This is their best estimate for peak sunflower bloom. Visitors are still welcome to come and see the sunflowers outside the dates of this event.

Times: The Conservancy is open daily from sunrise until sunset.

All parking areas close 20 minutes before sunset. Many of the parking areas fill up in the evenings and on weekends. To avoid traffic and parking issues, we recommend coming to view the sunflowers from dawn to 9am on weekdays.

Cost: This event is free and open to the public. No registration is necessary. Parking Areas: Main Entrance on Old Sauk Road, Middleton. The closest parking to the sunflower viewing areas will be the two lower parking lots by the main entrance on Old Sauk Road.

The upper parking lot on Old Sauk Road is reserved for the elderly, disabled, and families with small children. This lot closes 20 minutes before sunset.



LUNCH BUNCH:

Tuesday, August 8th at 11:30 am.

The Lunch Bunch will be meeting at the DeForest Family Restaurant.

No reservations are needed since we order off the menu at that time. However please call Betty Lund, 846-4865 or Joan Sullivan at 829-0529, so they have a count of ladies for setting up of tables, etc. All ladies residing in the DeForest/Windsor area are invited.

DEFOREST FARMERS MARKET UPDATES:

The DeForest Farmers market can be found in the parking lot of the Village Hall until the end of the season which is October 24th. It is held every Tuesday from 3-6 pm. The market is in full swing now with a great variety of vegetables, fruits, flowers, honey and other goodies and entertainment too. The address of the DeForest Village hall is 120 S. Stevenson Street. There is some construction so watch for detour signs.



SENIOR DAY AT THE MARKET!!

Tuesday, **Aug 22nd** 3-6 pm.
There will be a
bus pick up

and return that day. Please call Sue at the DeForest Community and Senior Center to arrange a ride. There will be no cost for the transportation thanks to The DeForest Parks & Natural Resources and the Colonial Club from Sun Prairie. There will be other special events happening as well as all the fresh produce and foods. The Center's phone number is 846-9469 ask for Sue.



Mary's Unique Boutique Fall Preview & Sales Event

Stop in and see our Community Room converted into a Boutique for the day! On **Thursday, August 24th from 10 am– 3pm** you can view and shop new Fall fashions, take advantage of some sale items and get some personalized tips on scarf tying, fashion trends, coordinating outfits and accessories, etc...in a comfortable atmosphere.

What a great opportunity and you don't have to travel all the way to New Glarus or Waterloo to see everything. Mary is bringing it all to us. Family & Friends always welcome!

CONGRATS!! TO THIS MONTH'S STAYING ACTIVE WINNERS ~

David Manthe and Betty Kamin who both win a \$10.00 Pick n Save Gift Card.

All are invited to join in on the fun. Stop in the office and see Julie or Todd. Remember: Exercise reduces stress and increases endorphins in the brain-which improves mood, reduces depression, and helps keep us active and involved. It also improves balance and muscle strength which can reduce falls. Outdoor exercise supplies the body with Vitamin D which is needed for good brain function. Always talk to your Physician before starting new exercise routines.

QUICK TRAVEL TIP FROM AARP: (worth a try?...pool noodles generally cost around \$1)

Pool noodle to boost your energy

Cut off a 15-inch segment, and stash it in your bag. Slouching — inevitable on a long plane or car ride — can lead to low energy and depression, according to one study. Place the noodle at the small of your back to ensure proper posture, says physical therapist Matt Minard.

Ladies Monthly Breakfast is scheduled for August 1st at 9 am at the DeForest Family Restaurant. Great kick start to the month!

.....

The Men's Breakfast will be Wednesday, August 2nd at 8:30 am also at DeForest Family Restaurant and menu for both the ladies and the men is whatever you want it to be! They have everything from eggs to waffles to gyro omelets to pie ala mode! Plan on going and having a good time. If you know of any new residents that might enjoy going ask them along. The most important thing is have a great time!

Smile corner:

How To Grow Strawberries

Farmer Evans was driving his John Deere tractor along the road with a trailer load of fertilizer. Tim a little boy of eight was playing in his yard when he saw the farmer and asked, 'What've you got in your trailer?'

'Manure,' Farmer Evans replied.

'What are you going to do with it?' asked Tim.

'Put it on my strawberries,' answered the farmer.

Tim replied, 'You ought to come and eat with us, we put ice-cream on our strawberries.'

Our new Lobby TV!!

We have installed a new TV on the wall in the lobby cove. It is an informational TV which will be on from 8 am– 5 pm Monday thru Friday weekly. It will show items such as the current weather, events of the week, this months newsletter and also our brand new video. A **big thank you** needs to go out to all the residents who helped out during the shooting of the video. We needed to grab folks here to be “the stars” and everyone was so kind and cooperative. I think the production really captured the essence of Parkside Village **“where the living is easy”** and fun too!! Stop up and see it if you haven't already.

Looking Ahead: Labor Day Weekend Potluck Brunch is being planned for **Saturday, Sept. 2nd at 10 am.** The Halverson's and Peterson's will be graciously hosting this event. Watch the bulletin board for more information and sign up's.

